



NASM PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
[solidcore]	[solidcore] Coach Training	Workshop/Seminar	1.9	12/31/18	solidcore.co
4A Health & Performance Sciences	Real Recovery Workshop	Workshop/Seminar	0.7	12/31/18	www.4AHPS.com/events
9Round Franchising LLC	9Round Kickboxing	Workshop/Seminar	0.5	12/31/18	
AAHF - American Academy of Health and Fitness	Back Stability: Integrating Science and Therapy	Home Study	1.9	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Cancer and the Older Adult	Home Study	0.4	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Developing Agility and Quickness for Sports Performance	Home Study	0.6	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Exercise and Cancer Survivorship	Home Study	1.3	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Exercise Management of Chronic Diseases and Disabilities for All Ages	Home Study	1.9	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Fitness Assessment and Exercise Prescription for all Ages	Home Study	1.9	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	JrFit Youth Fitness	Home Study	1.9	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Nutrition for Special Dietary Needs	Home Study	1.0	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Prenatal and Postnatal Exercise Prescription	Home Study	1.0	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	SrFit Mature Fitness	Home Study	1.9	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	Strength Training Older Adults	Home Study	1.2	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	The Fitness Professional's Guide to Coaching Lifestyle Wellness	Home Study	1.9	12/31/18	www.aahf.info
AAHF - American Academy of Health and Fitness	The Janda System of Evaluation and Treatment of Muscle Imbalance	Home Study	1.9	12/31/18	www.aahf.info
Aaron L Mattes	Active Isolated Stretching	Workshop/Seminar	1.9	12/31/18	www.stretchingusa.com
Academy of Holistic Fitness	Enlighten Your Body	Home Study	1.9	12/31/18	http://academyofholisticfitness.com/yoga-fitness-certification-courses/enlighten+your+body+
Academy of Holistic Fitness	Holistic Fitness	Home Study	1.9	12/31/18	www.academyofholisticfitness.com
Academy of Holistic Fitness	Mind-Body Fitness for Personal Trainers	Home Study	1.9	12/31/18	www.academyofholisticfitness.com
Academy of Holistic Fitness	Practical Yoga for Personal Trainers	Home Study	1.9	12/31/18	www.academyofholisticfitness.com
Academy of Holistic Fitness	Pro-active Postural Restructuring	Home Study	1.9	12/31/18	www.academyofholisticfitness.com
Academy of Holistic Fitness	Yoga for Medical Exercise and Lifestyle Management	Home Study	1.3	12/31/18	
Academy of Holistic Fitness	Yoga Teacher Training	Home Study	1.9	12/31/18	www.academyofholisticfitness.com
ACCEPT Personal Training School	Anti Core Movement	Workshop/Seminar	0.4	12/31/18	
Achieve Wellness - Master Trainer's Academy	CE: Advanced SMR	Workshop/Seminar	0.4	12/31/18	www.mastertrainersacademy.com
Achieve Wellness - Master Trainer's Academy	Foundations of Corrective Exercise	Workshop/Seminar	0.8	12/31/18	www.mastertrainersacademy.com
ACM 360 PRO	Certified Exercise Therapy Specialist I	Home Study	1.2	12/31/18	www.ACM360PRO.com
ActivMotion Bar	ActivMotion Training	Workshop/Seminar	0.8	12/31/18	www.activmotionbar.com
AEA - Aquatic Exercise Association	AEA Arthritis: Lesson Planning Tips & Tools	Workshop/Seminar	0.2	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AEA Arthritis: Motivating Your Participants	Workshop/Seminar	0.2	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AEA Arthritis: Teaching Platforms	Workshop/Seminar	0.2	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AFP PRACTICAL & SKILL APPLICATIONS COURSE(Online)	Home Study	0.7	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AFP PRACTICAL & SKILL APPLICATIONS Workshop	Workshop/Seminar	0.7	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AQUABATA SHALLOW	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AQUATIC CARDIO PROGRAMS	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AQUATIC CIRCUIT APPS 2	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AQUATIC INTERVAL APPS	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AQUATIC KICK BOXING	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	AQUATIC RESISTANCE FORMATS	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING (ONLINE)	Workshop/Seminar	1.5	12/31/18	
AEA - Aquatic Exercise Association	ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE(Workshop)	Workshop/Seminar	0.6	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	BOOT CAMP DEEP	Home Study	0.3	12/31/18	
AEA - Aquatic Exercise Association	BOOT CAMP SHALLOW	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	CORE TRAINING + STRETCH TECHNIQUES	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	DEEPER APPLICATIONS 2	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	H2O BODY SCULPTING & RESISTANCE TRAINING	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	IAFC 2018 AEA INTERNATIONAL AQUATIC FITNESS CONFERENCE	Conference	1.9	12/31/18	
AEA - Aquatic Exercise Association	NEXT LEVEL NOODLE	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AEA - Aquatic Exercise Association	RATED M FOR MATURE	Home Study	0.3	12/31/18	
AEA - Aquatic Exercise Association	UPPER BODY CORE & MORE	Home Study	0.3	12/31/18	
AEA - Aquatic Exercise Association	What's New in Arthritis?	Workshop/Seminar	0.3	12/31/18	http://www.aeawave.com/
AeroRopes™ Training Systems, LLC	AeroRopes™ Instructor Training	Workshop/Seminar	0.6	12/31/18	aeroropes.com
AFAA	All AFAA courses are approved with NASM	Home Study		12/31/18	
AIReal Yoga	50 Hour AIReal Yoga Certificate	Workshop/Seminar	1.9	12/31/18	
AKT In Motion	AKT HAPPY HOUR CERTIFICATION	Workshop/Seminar	1.9	12/31/18	www.aktinmotion.com
Alexis Batrakoulis	Exercise for overweight and obesity: Bridging theory and practice	Workshop/Seminar	1.2	12/31/18	www.fitproworkshops.com
AIRabesque	AIRABESQUE FUNDAMENTALS LEVEL 1	Workshop/Seminar	1.9	12/31/18	
Amen Clinics	Brain Health Coaching Certification Course	Home Study	1.9	12/31/18	https://www.brainmhealth.com/courses/brainhealthcoaching
American Barre Technique, LLC	Barre Instructor Certification	Workshop/Seminar	1.6	12/31/18	www.abtbarre.com
American Council on Exercise (ACE)	ACE Applying Behavior Change Techniques Workshop	Workshop/Seminar	0.5	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Behavior Change Specialist	Home Study	1.9	12/31/18	http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE)	ACE Fitness Nutrition Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Functional Training Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Mind Body Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Senior Fitness Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Sports Conditioning Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Therapeutic Exercise Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Weight Management Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	ACE Youth Fitness Specialist	Home Study	1.9	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	0.8	12/31/18	www.acefitness.org

American Council on Exercise (ACE)	Metabolic Training Workshop	Workshop/Seminar	0.8	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	Movement Based Exercise Workshop	Workshop/Seminar	0.8	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	0.8	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	Small Group Training Workshop	Workshop/Seminar	0.5	12/31/18	www.acefitness.org
American Council on Exercise (ACE)	Sports Conditioning Workshop	Workshop/Seminar	0.8	12/31/18	www.acefitness.org
American Specialty Health (ASH)/Silver & Fit	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	1.3	12/31/18	Pre-qualification required. Contact SFINstructors@ashn.com for info.
Ananda Yoga & Fitness	Ananda Yoga & Fitness Indoor Cycling Training	Workshop/Seminar	0.8	12/31/18	www.anandayogafitness.com
Anatomy4Fitness, LLC	Musculoskeletal Anatomy Course	Workshop/Seminar	0.3	12/31/18	
Annette Lang Education Systems	Integrated Stretching	Workshop/Seminar	0.8	12/31/18	www.annettelang.com
Annette Lang Education Systems	The Fitness Professional as a Behavior Change Experience Designer	Workshop/Seminar	0.4	12/31/18	www.annettelang.com
Annette Lang Education Systems	Training the Pregnant and Postpartum Client	Workshop/Seminar	0.8	12/31/18	www.annettelang.com
AntiGravity® Fitness	AntiGravity® 1on1: D-kink	Workshop/Seminar	0.6	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Aerial Yoga 1	Workshop/Seminar	1.6	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Aerial Yoga 2	Workshop/Seminar	1.6	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® AIRbarre 1	Workshop/Seminar	1.6	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Fundamentals 1&2	Workshop/Seminar	1.9	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Just Kids 1&2	Workshop/Seminar	1.9	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Pilates 1	Workshop/Seminar	1.6	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Restorative Yoga	Workshop/Seminar	1.6	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Suspension Fitness 1	Workshop/Seminar	1.6	12/31/18	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Suspension Fitness 2	Workshop/Seminar	1.6	12/31/18	www.antigravityfitness.com
Anytime Fitness	Bodyweight Training	Workshop/Seminar	0.8	12/31/18	
Anytime Fitness	Selling Personal Training	Workshop/Seminar	0.8	12/31/18	
Anytime Fitness Corporate Office	AF Live Implementation	Workshop/Seminar	0.7	12/31/18	www.anytimefitness.com
Anytime Fitness Corporate Office	Anytime Fitness Consumer Week Training	Workshop/Seminar	1.9	12/31/18	www.anytimefitness.com
Anytime Fitness Corporate Office	Anytime Fitness Live Programming, powered by Alloy	Workshop/Seminar	0.7	12/31/18	www.anytimefitness.com
Anytime Fitness Corporate Office	Anytime Fitness NFT Operations Week	Workshop/Seminar	1.9	12/31/18	www.anytimefitness.com
Anytime Fitness Corporate Office	Anytime Fitness Trainer Basics	Home Study	0.3	12/31/18	www.anytimefitness.com
Anytime Fitness Corporate Office	PLEASE with the FC	Workshop/Seminar	0.2	12/31/18	www.anytimefitness.com
Anytime Fitness Corporate Office	Vitals 2018	Conference	1.5	12/31/18	
Apex Bodyworx, LLC	Introduction to Stretch Therapy	Workshop/Seminar	1.1	12/31/18	www.apexstretch.com
Applied Yoga Integration	Applied Yoga Integration	Workshop/Seminar	1.5	12/31/18	www.appliedyogaintegration.com
AquaBodyStrong	AquaBodyStrong Level 1 Yoga Fusion	Workshop/Seminar	0.8	12/31/18	https://www.aquastrong.com
AquaPhysical	FloatFit	Home Study	0.8	12/31/18	www.aquaphysical.com
Asana Charlestown	Asana Barre Teacher Training	Workshop/Seminar	1.9	12/31/18	www.asanacharlestown.com
Associação FITSalvador	HIRT® L-1: Scientific Basis and Practical Application	Workshop/Seminar	0.8	12/31/18	www.HIRT.pt
Association of Fitness Studios	Building an Organizational Culture, Leadership Skills and Putting Together a Great Team	Home Study	0.3	12/31/18	
Association of Fitness Studios	Business Planning, Accounting and Finance for Fitness Entrepreneurs	Home Study	0.2	12/31/18	www.afsfitness.com
Association of Fitness Studios	Creating Operational Standards, Systems, and Success Plans for Your Fitness Business	Home Study	0.3	12/31/18	www.afsfitness.com
Association of Fitness Studios	Delivering the Client Experience	Home Study	0.3	12/31/18	www.afsfitness.com
Association of Fitness Studios	Fostering a Safe & Ethical Business Environment	Home Study	0.2	12/31/18	www.afsfitness.com
Association of Fitness Studios	Starting Your Own Business - What it Takes to Launch a Successful Studio/Gym	Home Study	0.4	12/31/18	www.afsfitness.com
Association of Fitness Studios	The Essentials of Sales, Marketing and Branding	Home Study	0.4	12/31/18	www.afsfitness.com
Athletes Acceleration	Coaches Guide to Jump Training	Home Study	0.2	12/31/18	www.completejumpstraining.com
Athletes Acceleration	Complete Core	Home Study	0.4	12/31/18	www.completecoreaa.com
Athletes Acceleration	Complete Culture Blueprint	Home Study	0.3	12/31/18	www.completecultureblueprint.com
Athletes Acceleration	Complete Guide to Training the Female Athlete	Home Study	0.8	12/31/18	
Athletes Acceleration	Complete Olympic Lifting	Workshop/Seminar	0.3	12/31/18	www.completeolympiclifting.com
Athletes Acceleration	Complete Program Design	Home Study	0.5	12/31/18	www.completeprogramdesign.com
Athletes Acceleration	Complete Speed and Power Summit	Conference	1.3	12/31/18	www.speedandpowersummit.com
Athletes Acceleration	Complete Speed Games	Workshop/Seminar	0.3	12/31/18	www.completespeedgames.com
Athletes Acceleration	Complete Speed Training	Workshop/Seminar	0.4	12/31/18	www.athletesacceleration.com
Athletes Acceleration	Complete Sports Conditioning with Mike Boyle	Home Study	0.5	12/31/18	www.completeconditioning.com
Athletes Acceleration	Complete Sports Nutrition	Home Study	0.2	12/31/18	www.athletesacceleration.com
Athletes Acceleration	Complete Warm-up	Home Study	0.3	12/31/18	www.completewarmup.com
Athletes Acceleration	Complete Youth Training	Workshop/Seminar	0.3	12/31/18	www.completeyouthtraining.com
Athletic Performance Education Company (APEC)	National Accreditation in Strength and Conditioning (NASC)	Workshop/Seminar	1.9	12/31/18	www.APECOURSES.com
Australian Strength Performance	Fat Loss Specialization	Workshop/Seminar	1.9	12/31/18	
Australian Strength Performance	Hypertrophy Level 1	Workshop/Seminar	1.4	12/31/18	
Australian Strength Performance	Physique Transformation Level 1	Workshop/Seminar	0.7	12/31/18	
Autism Fitness (Theraplay-NY, LLC)	Autism Fitness Level I Certification	Workshop/Seminar	1.4	12/31/18	www.autismfitness.com
Axle Workout INC	The Axle Workout: Core Certification	Workshop/Seminar	0.8	12/31/18	theaxleworkout.com
Axle Workout INC	The Axle Workout: Full Body Certification	Workshop/Seminar	0.8	12/31/18	theaxleworkout.com
Axle Workout INC	The Axle Workout: Loaded Certification	Workshop/Seminar	0.8	12/31/18	theaxleworkout.com
Balanced Body	Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	Balanced Body Barre Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/18	pilates.com
Balanced Body	Balanced Body Movement Principles	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	Bodhi Suspension System® Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/18	pilates.com
Balanced Body	Chair and Barrels Module	Workshop/Seminar	1.9	12/31/18	pilates.com
Balanced Body	CoreAlign® Instructor Training 1: Foundations	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	CoreAlign® Instructor Training 2: Progressions	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	Enhanced Pilates Mat + Props	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	EXO Chair Training	Workshop/Seminar	1.2	12/31/18	pilates.com
Balanced Body	Konnector Instructor Training	Workshop/Seminar	1.6	12/31/18	pilates.com
Balanced Body	Mat 1 and 2 Instructor Training	Workshop/Seminar	1.9	12/31/18	pilates.com
Balanced Body	Mat 1 and Movement Principles Instructor Training	Workshop/Seminar	1.6	12/31/18	pilates.com

Balanced Body	Mat 2 Instructor Training	Workshop/Seminar	1.6	12/31/18 pilates.com
Balanced Body	Mat 3: Enhanced Pilates Mat & Props	Workshop/Seminar	1.6	12/31/18 pilates.com
Balanced Body	MOTR™ Instructor Training Fundamentals	Workshop/Seminar	0.8	12/31/18 pilates.com
Balanced Body	MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	1.6	12/31/18 pilates.com
Balanced Body	Orbit Training	Workshop/Seminar	0.6	12/31/18 pilates.com
Balanced Body	Pilates Arc	Workshop/Seminar	0.4	12/31/18 pilates.com
Balanced Body	Pilates Arc with Reformer	Workshop/Seminar	0.6	12/31/18 pilates.com
Balanced Body	Pilates Barrels Instructor Training	Workshop/Seminar	0.6	12/31/18 pilates.com
Balanced Body	Pilates Chair Instructor Training	Workshop/Seminar	1.4	12/31/18 pilates.com
Balanced Body	Pilates on Tour - New Orleans 2018	Conference	1.9	12/31/18 pilates.com
Balanced Body	Pilates on Tour - Studio Tour Boston 2018	Conference	1.9	12/31/18 pilates.com
Balanced Body	Pilates on Tour Chicago 2018	Conference	1.9	12/31/18 pilates.com
Balanced Body	Pilates on Tour London - London 2018	Conference	1.9	12/31/18 pilates.com
Balanced Body	Pilates on Tour Phoenix - Phoenix 2018	Conference	1.9	12/31/18 pilates.com
Balanced Body	Reformer 1 and Movement Principles Instructor Training	Workshop/Seminar	1.8	12/31/18 pilates.com
Balanced Body	Reformer 2 Instructor Training	Workshop/Seminar	1.6	12/31/18 pilates.com
Balanced Body	Reformer 3 Instructor Training	Workshop/Seminar	1.4	12/31/18 pilates.com
Balanced Body	Ring Around the World	Workshop/Seminar	0.3	12/31/18 pilates.com
Balanced Body	Small Ball Magic	Workshop/Seminar	0.3	12/31/18 pilates.com
Balanced Body	The Body 2	Workshop/Seminar	0.9	12/31/18 pilates.com
Balanced Body	Trapeze Table, Chair and Barrels Instructor Training: Module 1	Workshop/Seminar	1.4	12/31/18 pilates.com
Balanced Body	Trapeze Table, Chair and Barrels Instructor Training: Module 2	Workshop/Seminar	1.2	12/31/18 pilates.com
Balanced Body	Trapeze Table, Chair and Barrels Instructor Training: Module 3	Workshop/Seminar	1.2	12/31/18 pilates.com
Balanced Body	Trapeze Table/Cadillac/Tower Instructor Training	Workshop/Seminar	1.8	12/31/18 pilates.com
Balanced Habits	Balanced Habits Food Coach (Self Study)	Home Study	1.4	12/31/18 balancedhabitspartners.com
Ballroom Boogie Fitness, LLC	Ballroom Boogie Fitness	Workshop/Seminar	0.6	12/31/18
Barre by Jessica Diaz	Barre Teacher Training Program	Home Study	1.9	12/31/18
Barre Certification (IBBFA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	0.8	12/31/18 www.barrecertification.com
Barre Certification (IBBFA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar	1.9	12/31/18 https://barrecertification.com/
Barre Forte	Barre Forte	Workshop/Seminar	1.4	12/31/18 www.barreforte.com
Barre Intensity LLC	Barre Anatomy Workshop	Workshop/Seminar	1.0	12/31/18 www.barreintensity.com
Barre Intensity LLC	Barre Choreography Workshop 1	Workshop/Seminar	0.3	12/31/18 www.barreintensity.com
Barre Intensity LLC	Barre Intensity Instructor Training 1 day	Workshop/Seminar	0.9	12/31/18 www.barreintensity.com
Barre Intensity LLC	Barre Intensity Instructor Training 2 day	Workshop/Seminar	1.3	12/31/18 www.barreintensity.com
Barre Variations	Barre Variation Teacher Training	Workshop/Seminar	0.8	12/31/18
Barrenone Institute	Barrenone Movement and Mobility Specialist-1	Workshop/Seminar	1.0	12/31/18 chicgoathleticclubs.com
Barrenone Institute	Barrenone Movement and Mobility Specialist-2	Home Study	1.0	12/31/18 chicgoathleticclubs.com
Beachbody, LLC	CIZE Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	CIZE LIVE Instructor Training	Workshop/Seminar	0.7	12/31/18
Beachbody, LLC	CORE DE FORCE Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	CORE DE FORCE LIVE Instructor Training	Workshop/Seminar	0.7	12/31/18 www.beachbodylive.com
Beachbody, LLC	COUNTRY HEAT Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	COUNTRY HEAT LIVE Instructor Training	Workshop/Seminar	0.7	12/31/18 www.beachbodylive.com
Beachbody, LLC	INSANITY Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	INSANITY LIVE Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	P90X Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	P90X LIVE Instructor Training	Workshop/Seminar	0.7	12/31/18 www.beachbodylive.com
Beachbody, LLC	PIYo Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	PIYo LIVE Instructor Training	Workshop/Seminar	0.7	12/31/18 www.beachbodylive.com
Beachbody, LLC	TURBO KICK Instructor Training	Home Study	0.7	12/31/18 www.beachbody.com
Beachbody, LLC	TURBO KICK LIVE Instructor Training	Workshop/Seminar	0.7	12/31/18 www.beachbodylive.com
BeatBoss, LLC	BeatBoss Indoor Biking	Workshop/Seminar	1.4	12/31/18 www.beatboss.rocks
Belisa Vranich	The BREATHE Certification Teacher Training Program	Workshop/Seminar	1.9	12/31/18 https://www.thebreathingclass.com/
Bender Training Academy	Functional Flexibility and Fascia Fitness	Workshop/Seminar	0.6	12/31/18 www.bendertraining.com
Bender Training Academy	Functional Reformer level 1	Workshop/Seminar	1.9	12/31/18 www.bendertraining.com
Bender Training Academy	TueBar® Fitness	Workshop/Seminar	0.8	12/31/18
BloomFit Training, LLC	BloomFit Body Positivity Training	Workshop/Seminar	0.3	12/31/18 bloomfittraining.com
BloomFit Training, LLC	BloomFit Training Body Positive Fitness Workshop 2	Workshop/Seminar	0.3	12/31/18 bloomfittraining.com
BODY FX	Figure 8 Basic Instructor	Home Study	0.6	12/31/18
Body Kinetics, LLC	Enhancing Motivation to Exercise	Workshop/Seminar	0.2	12/31/18
Body Kinetics, LLC	Helping Clients Who Have Lower Back Pain	Workshop/Seminar	0.5	12/31/18
Body Kinetics, LLC	Nutrition Coaching for Personal Trainers	Workshop/Seminar	0.4	12/31/18
BOGAFIT	BOGAFIT	Workshop/Seminar	0.6	12/31/18 http://www.bogafitmat.com
Bolly Active	Bolly Active Licensed Instructor	Workshop/Seminar	0.9	12/31/18 www.bollyactive.com
BollyX	BollyX Instructor	Workshop/Seminar	0.7	12/31/18 www.bollyx.com
BollyX	BollyX® LIT 4-hour	Workshop/Seminar	0.4	12/31/18 www.bollyx.com
Boogie Bounce	One Day Training Workshop	Workshop/Seminar	0.7	12/31/18
Booty Barre	barreless	Workshop/Seminar	0.8	12/31/18 www.barreless.com
Booty Barre	BootyBarre PLUS	Workshop/Seminar	0.9	12/31/18 www.bootybarre.com
Booty Barre	BootyBarre plus Flex & Flow	Workshop/Seminar	1.8	12/31/18 http://www.bootybarre.com
BOSU	101 WAYS TO BOSU®!	Workshop/Seminar	0.2	12/31/18 www.bosu.com
BOSU	3D XTREME™ powered by BOSU®	Workshop/Seminar	0.6	12/31/18 http://www.bosu.com
BOSU	BOSU 3D XTREME: Creative Circuit Solutions	Workshop/Seminar	0.2	12/31/18 http://www.bosu.com
BOSU	BOSU Mobility & Stability For Active Aging	Workshop/Seminar	0.8	12/31/18 www.bosu.com
BOSU	BOSU® COMPLETE WORKOUT SYSTEM CERTIFICATION	Workshop/Seminar	0.8	12/31/18 http://www.bosu.com
BOSU	BOSU® COMPLETE WORKOUT SYSTEM INTRO	Workshop/Seminar	0.2	12/31/18 http://www.bosu.com
BOSU	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	0.2	12/31/18 http://www.bosu.com
BOSU	BOSU® HIIT EXTREME	Workshop/Seminar	0.2	12/31/18 http://www.bosu.com

BOSU	BOSU® Skills and Drills for Group Personal Training Certification	Workshop/Seminar	0.6	12/31/18 http://www.bosu.com
BOSU	BOSU® STRONG + STRETCHED	Workshop/Seminar	0.2	12/31/18 http://www.bosu.com
BOSU	BOSU® Up, Down, All Around	Workshop/Seminar	0.2	12/31/18 www.bosu.com
BOSU	BOSU®: Stability Ball Overhaul	Workshop/Seminar	0.2	12/31/18 http://Bosu.com
BOSU	Fluid Fusion	Workshop/Seminar	0.2	12/31/18
BOSU	Surge Pyramid Power	Workshop/Seminar	0.2	12/31/18
Box N' Burn Academy	Box N' Burn Academy Level 1 Certification	Workshop/Seminar	0.7	12/31/18 www.boxnburnacademy.com
Brain & Body Academy	HIRT L1 Course	Workshop/Seminar	0.8	12/31/18 http://www.brainbodyacademy.com
Brain & Body Academy	HIRT L2 Course	Workshop/Seminar	0.8	12/31/18 http://www.brainbodyacademy.com
Brain & Body Academy	HIRT L3 Course	Workshop/Seminar	0.8	12/31/18
Brain & Body Academy	S.R.E. (Safe Return to Exercise)	Workshop/Seminar	1.6	12/31/18
Brain & Body Academy	THUMP Boxing L1+2 Instructor Course	Workshop/Seminar	1.6	12/31/18 http://letstudio.blogspot.tw
Brain Body 360 (BB360)	The Ball Skills Playbook	Home Study	0.2	12/31/18 www.bb360training.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Adductors	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Exercise Selection	Workshop/Seminar	1.6	12/31/18 brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	1.6	12/31/18 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Program Design	Workshop/Seminar	1.6	12/31/18 www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Ankle Joint	Home Study	0.3	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Biceps Femoris	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Coracobrachialis	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Core Subsystems	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Cervical Flexor Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Neck Flexors	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deltoids	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	0.1	12/31/18 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Erector Spinae	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT))	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Flexor Hallucis Longus and Flexor Digitorum Longus	Workshop/Seminar	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 1 & 2	Workshop/Seminar	1.6	12/31/18 brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 1: Introduction	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Medius Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip External Rotator: Release and Lengthening	Home Study	0.1	12/31/18 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Flexor: Release and Lengthening	Home Study	0.1	12/31/18 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Internal Rotator: Release and Lengthening	Home Study	0.1	12/31/18 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Joint	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Infraspinatus and Teres Minor	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Knee Joint	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Latissimus Dorsi	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Levator Scapulae	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Extremity Dysfunction	Home Study	0.4	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Leg Dysfunction (LLD) Exercise Selection	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lumbar Extensor: Release and Lengthening	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lumbo Pelvic Hip Complex Dysfunction (LPHCD) Exercise Selection	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Cell Structure and Function	Home Study	0.1	12/31/18 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Length Tests	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Oblique Subsystem Integration	Workshop/Seminar	0.1	12/31/18 www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	0.2	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	0.2	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Major	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Minor	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Plantar Flexor: Release and Lengthening	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Popliteus	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Posterior Oblique Subsystem Integration	Workshop/Seminar	0.1	12/31/18 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lower Leg Dysfunction (LLD)	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction	Workshop/Seminar	0.4	12/31/18 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rectus Abdominis & Pyramidalis	Home Study	0.2	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rhomboids	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Scapular Muscles: Release and Lengthening	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	0.2	12/31/18 www.BrookbushInstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder External Rotator Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Joint	Home Study	0.3	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Soleus	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	0.3	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Subscapularis	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Supraspinatus	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tensor Fascia Latae	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Teres Major	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/

Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibia External Rotator: Release and Lengthening	Home Study	0.1	12/31/18 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Transverse Abdominis Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Activation	Home Study	0.1	12/31/18 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Muscle	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Dysfunction (UBD) Exercise Selection	Home Study	0.3	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Goniometric Assessment	Home Study	0.2	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Goniometric Assessment	Home Study	0.2	12/31/18 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/18 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	0.1	12/31/18 https://brentbrookbush.com/
Brown Dog Yoga	BDY Barre Certification	Workshop/Seminar	1.4	12/31/18
Brown Dog Yoga	BDY Cycle Training Program	Workshop/Seminar	0.9	12/31/18 www.browndogyoga.com
Bruce and Mindy Inc.	Cooking and Coaching	Workshop/Seminar	0.9	12/31/18 bruceandmindy.com
Bruce and Mindy Inc.	Fluid Strength	Workshop/Seminar	0.4	12/31/18 bruceandmindy.com
Bruce and Mindy Inc.	Gliding Total Body	Workshop/Seminar	0.4	12/31/18 bruceandmindy.com
Bruce and Mindy Inc.	One Day to Wellness	Workshop/Seminar	0.9	12/31/18 bruceandmindy.com
Bryan Guidry Training Systems, LLC	Boxing and MMA for Personal Training (workshop)	Workshop/Seminar	0.7	12/31/18
BUTI Yoga with Elisabeth Gold	BUTI Yoga Certification Program	Workshop/Seminar	1.9	12/31/18 butiyoga.com
C.H.E.K Institute	Advanced Program Design	Workshop/Seminar	1.6	12/31/18 http://www.chekinstitute.com
C.H.E.K Institute	Advanced Swiss Ball Training for Rehabilitation	Home Study	0.7	12/31/18 www.chekinstitute.com
C.H.E.K Institute	CHEK Holistic Lifestyle Coach Level 1	Workshop/Seminar	1.9	12/31/18 www.chekinstitute.com
C.H.E.K Institute	CHEK Holistic Lifestyle Coach Level 2	Workshop/Seminar	1.9	12/31/18 www.chekinstitute.com
C.H.E.K Institute	Healing Fungal and Parasite Infections – The Absolute Essentials	Home Study	0.7	12/31/18 www.chekinstitute.com
C.H.E.K Institute	Primal Pattern Movement: A Neurodevelopmental Approach to Conditioning	Home Study	0.5	12/31/18 www.chekinstitute.com
C.H.E.K Institute	Program Design	Home Study	0.7	12/31/18 www.chekinstitute.com
C.H.E.K Institute	Scientific Back Training 2nd Edition Correspondence Course	Home Study	1.9	12/31/18 www.chekinstitute.com
C.H.E.K Institute	Scientific Core Conditioning	Home Study	1.9	12/31/18 www.chekinstitute.com
C.H.E.K Institute	Scientific Shoulder Training (Home Study)	Home Study	1.6	12/31/18 www.chekinstitute.com
C.H.E.K Institute	Scientific Shoulder Training (Workshop)	Workshop/Seminar	0.8	12/31/18
C.H.E.K Institute	Swiss Ball Training	Home Study	0.8	12/31/18 www.chekinstitute.com
C.R.E.W. Wellness LLC	Personal Training Business Building Course	Workshop/Seminar	1.6	12/31/18
Camp Gladiator	CG Academy 2018	Workshop/Seminar	1.0	12/31/18 campgladiator.com
Cancer Exercise Training Institute	Breast Cancer Recovery BOSU® Specialist Advanced Qualification Certification	Home Study	1.9	12/31/18 www.thecancerspecialist.com
Cancer Exercise Training Institute	Cancer Exercise Specialist Advanced Qualification (Home Study)	Home Study	1.9	12/31/18 www.thecancerspecialist.com
Cancer Exercise Training Institute	Cancer Exercise Specialist Advanced Qualification (Workshop)	Workshop/Seminar	1.6	12/31/18 www.thecancerspecialist.com
Cardiopump Fitness, LLC	Cardiopump Kettlebell	Workshop/Seminar	0.9	12/31/18
Catalyst Athletics, Inc.	Online Weightlifting Coach Certification - Level 1	Home Study	1.4	12/31/18 www.catalystathletics.com
Chakaboom Fitness	CHAKABOONCE Instructor Training	Workshop/Seminar	0.8	12/31/18 www.chakaboomfitness.com
Chakaboom Fitness	The Chakaboom Fitness Experience, Professional Instructor Training	Workshop/Seminar	0.6	12/31/18 http://www.chakaboomfitness.com
Chameleon Sports Training	Training for Speed and Agility	Workshop/Seminar	0.6	12/31/18 C360sports.com
Chicago Kettlebell Club	Certified Kettlebell Coach, Level 1	Workshop/Seminar	0.8	12/31/18
Chicago Kettlebell Club	Certified Kettlebell Coach, Level 2	Workshop/Seminar	0.8	12/31/18
Cirque-It Fitness	Cirque-It Fitness: The Fundamentals	Workshop/Seminar	0.8	12/31/18 http://www.aerialates.com
Compact Health Pty Ltd	The Power of Calm	Home Study	0.5	12/31/18 www.courses-powerofcalm.com/the-power-of-calm
Core Academy	Core Academy	Workshop/Seminar	0.6	12/31/18
Core Athletica Inc.	Knocked-Up Fitness® Prenatal and Postnatal Exercise	Home Study	1.9	12/31/18 Knocked-UpFitness.com
Core Exercise Solutions	Postpartum Corrective Exercise Specialist	Workshop/Seminar	1.9	12/31/18
Core Health & Fitness	BoxMaster Instructor Workshop	Workshop/Seminar	0.5	12/31/18 www.corehandf.com/certification
Core Health & Fitness	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	0.8	12/31/18 www.corehandf.com/certification
Core Health & Fitness	Schwinn Cycling Online Classic Instructor	Home Study	0.7	12/31/18 www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling Workshop: All the Right Cues	Workshop/Seminar	0.2	12/31/18 www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: Class Design Crunch Time	Workshop/Seminar	0.2	12/31/18 www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: Leave Em Breathless	Workshop/Seminar	0.2	12/31/18 www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: Classic Instructor Certification	Workshop/Seminar	0.8	12/31/18 www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: Power Instructor Certification	Workshop/Seminar	0.8	12/31/18 www.schwinneducation.com
Core Health & Fitness	Schwinn® Cycling - Pedal & Pulse	Workshop/Seminar	0.2	12/31/18 www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling - Train Right 2 Ride Right	Workshop/Seminar	0.2	12/31/18 www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling: Super Star Substitute	Workshop/Seminar	0.2	12/31/18 www.corehandf.com/certification
Core Health & Fitness	StairMaster HIIT Instructor Training Program	Workshop/Seminar	0.4	12/31/18 www.corehandf.com/certification
Core Pilates NYC	Core Pilates NYC 's® Equipment Training Series: Reformer	Workshop/Seminar	1.9	12/31/18 http://www.corepilatesnyc.com
Core Pilates NYC	Core Pilates NYC 's® Equipment Training Series: Tower/Cadillac	Workshop/Seminar	1.6	12/31/18 http://www.corepilatesnyc.com
Core Pilates NYC	The Beginner Mat Training Course	Workshop/Seminar	1.9	12/31/18 http://www.corepilatesnyc.com
Core Pilates NYC	The Intermediate Mat Training Course	Workshop/Seminar	1.3	12/31/18 http://www.corepilatesnyc.com
CorePower Yoga	Yoga Sculpt Teacher Training	Home Study	1.9	12/31/18 www.corepoweryoga.com
CRUNCH FITNESS	360-3X	Workshop/Seminar	0.2	12/31/18 http://www.crunch.com
CRUNCH FITNESS	ABSOLUTION	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	Accelerate HIIT	Workshop/Seminar	0.3	12/31/18 www.CRUNCH.com
CRUNCH FITNESS	BADASS BOOTCAMP	Workshop/Seminar	0.4	12/31/18 www.crunch.com
CRUNCH FITNESS	BALLAST BALL PILATES	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	BALLAST BALL WORKOUT	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	BARRE ASSETS	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	BARRE BOOTCAMP	Workshop/Seminar	0.2	12/31/18 http://www.crunch.com
CRUNCH FITNESS	BELLY BUTT & THIGHS BOOTCAMP	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	BODYWEB WITH TRX	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	BOING WITH KANGOO	Workshop/Seminar	0.5	12/31/18 WWW.CRUNCH.COM

CRUNCH FITNESS	BOSU BODY	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	BOSU BOOTCAMP	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	CARDIO SCULPT	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	CARDIO TAI BOX	Workshop/Seminar	0.2	12/31/18 http://www.crunch.com
CRUNCH FITNESS	CHISEL	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	CRUNCH CLASSIC TRAINING	Workshop/Seminar	0.6	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	CRUNCH RIDE OF YOUR LIFE	Workshop/Seminar	0.6	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	ENGINE	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	Extreme HIIT	Workshop/Seminar	0.3	12/31/18 www.CRUNCH.com
CRUNCH FITNESS	FAT BURNING PILATES	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	FIT TO FIGHT	Workshop/Seminar	0.4	12/31/18 www.crunch.com
CRUNCH FITNESS	HIIT WORKOUT	Workshop/Seminar	0.4	12/31/18 www.crunch.com
CRUNCH FITNESS	INDOBOARDING	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	IRON MAT	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	JUMP START	Workshop/Seminar	0.4	12/31/18 www.crunch.com
CRUNCH FITNESS	LOOPED IN	Workshop/Seminar	0.2	12/31/18 www.crunch.com
CRUNCH FITNESS	OVERDRIVE	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	POLE DANCING	Workshop/Seminar	0.6	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	POWER BALL	Workshop/Seminar	0.2	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	Punch HIIT	Workshop/Seminar	0.3	12/31/18 www.CRUNCH.com
CRUNCH FITNESS	RETRO ROBICS	Workshop/Seminar	0.2	12/31/18 http://www.crunch.com
CRUNCH FITNESS	RIPPED DRIVE	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	RIPPED YOGA	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	SHREDDED	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
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CRUNCH FITNESS	STILETTO STRENGTH 3	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	STRENGTH & HEELS	Workshop/Seminar	0.2	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	STRIP BAR	Workshop/Seminar	0.2	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	Strong HIIT	Workshop/Seminar	0.3	12/31/18 www.CRUNCH.com
CRUNCH FITNESS	TREAD BOOTCAMP	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	TREAD-N-SHRED	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	VIDEOGRAPHY	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	XPRT POLE FITNESS LEVEL .5	Workshop/Seminar	0.4	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	XPRT POLE FITNESS LEVEL 3/4	Workshop/Seminar	0.7	12/31/18 WWW.CRUNCH.COM
CRUNCH FITNESS	YOGA BODY SCULPT	Workshop/Seminar	0.3	12/31/18 WWW.CRUNCH.COM
CRUNCH UNIVERSITY	360-3X	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	ABSOLUTION	Home Study	0.3	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	Accelerate HIIT	Workshop/Seminar	0.3	12/31/18 www.CRUNCH.com
CRUNCH UNIVERSITY	BARRE ASSETS	Home Study	0.3	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	BARRE BOOTCAMP	Home Study	0.2	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	BELLY BUTT & THIGHS BOOTCAMP	Home Study	0.3	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	BODYWEB WITH TRX	Home Study	0.3	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	BOSU BODY	Home Study	0.3	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	BOSU BOOTCAMP	Home Study	0.3	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	CARDIO SCULPT	Workshop/Seminar	0.3	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	CARDIO TAI BOX	Home Study	0.2	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	CHISEL	Home Study	0.3	12/31/18 http://www.crunch-u.com
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CRUNCH UNIVERSITY	IRON MAT	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	OVERDRIVE	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	Punch HIIT	Workshop/Seminar	0.3	12/31/18 www.CRUNCH.com
CRUNCH UNIVERSITY	RETRO ROBICS	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	STILETTO STRENGTH	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	Strong HIIT	Workshop/Seminar	0.3	12/31/18 www.CRUNCH.com
CRUNCH UNIVERSITY	Tread Bootcamp	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	TREAD-N-SHRED	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	TRX-X2	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	Videography	Home Study	0.1	12/31/18 http://www.crunch-u.com
CRUNCH UNIVERSITY	Yoga Body Sculpt	Home Study	0.1	12/31/18 http://www.crunch-u.com
CTMAXX	CTMAXX Level 1	Home Study	0.2	12/31/18
Cycling Fusion, LLC	Essentials Indoor Cycling Instructor Workshop	Workshop/Seminar	0.7	12/31/18 www.cyclingfusion.com
Dan-Z Fitness Pte Ltd	Official KpopX® Fitness Instructor	Workshop/Seminar	0.8	12/31/18 www.kpopxfitness.com
Davide Zanichelli	BabyGET! Instructor course	Workshop/Seminar	0.8	12/31/18 www.fit-up-solution.com
Davide Zanichelli	GET! Gymball Evo Training®	Workshop/Seminar	1.5	12/31/18 www.fit-up-solution.com
DC Concepts, LLC	Maximizing Your Power by Training from Blocks	Workshop/Seminar	0.8	12/31/18 http://www.dcblocksusa.com
DCAC Fitness Conventions Inc.	DCAC 2018 International Fitness Education Conference	Conference	1.9	12/31/18 www.dcacfitness.com
Debbie Roberts Seminars	Flexibility Coach	Workshop/Seminar	1.8	12/31/18 www.debbierobertsseminars.com
Debbie Roberts Seminars	Locomotive Power	Workshop/Seminar	1.8	12/31/18 www.DebbieRobertsSeminars.com
Debbie Roberts Seminars	Shoulder Dysfunction	Workshop/Seminar	1.8	12/31/18 www.debbierobertsseminars.com
Definitive Barre Fitness (DBF)	Definitive Barre Fitness Level I Certification	Workshop/Seminar	0.6	12/31/18 https://www.facebook.com/pages/Definitive-Barre-Fitness/111350185708394
DESIREE FITNESS	ACONDICIONAMIENTO FISICO	Workshop/Seminar	0.7	12/31/18
DESIREE FITNESS	ACONDICIONAMIENTO FISICO PARA LA OBESIDAD	Workshop/Seminar	0.7	12/31/18
DESIREE FITNESS	ASESOR NUTRILOGO EN FITNESS	Workshop/Seminar	0.6	12/31/18
DESIREE FITNESS	CROSS TRAINING	Workshop/Seminar	0.5	12/31/18
DESIREE FITNESS	ENTRENADOR PERSONAL	Workshop/Seminar	0.6	12/31/18
DESIREE FITNESS	ENTRENAMIENTO FUNCIONAL PARA LA SENECTUD	Workshop/Seminar	0.7	12/31/18

DESIREE FITNESS	FITNESS BARRE	Workshop/Seminar	0.8	12/31/18
DESIREE FITNESS	INDOOR CYCLING	Workshop/Seminar	0.6	12/31/18
DESIREE FITNESS	JAZZFIT	Workshop/Seminar	0.7	12/31/18
DESIREE FITNESS	KICK BOXING	Workshop/Seminar	0.5	12/31/18
DESIREE FITNESS	MASAJE DEPORTIVO	Workshop/Seminar	0.4	12/31/18
DESIREE FITNESS	PILATES	Workshop/Seminar	0.3	12/31/18
DESIREE FITNESS	RITMOS LATINOS	Workshop/Seminar	0.5	12/31/18
DESIREE FITNESS	STEP COREOGRAFICO	Workshop/Seminar	0.5	12/31/18
DESIREE FITNESS	YOGA FITNESS	Workshop/Seminar	0.5	12/31/18
DIAKADI	The Shoulder: function, injury reduction & mobility	Workshop/Seminar	0.1	12/31/18
Dorm Dads of America	Advanced Instructor Development (AID)	Workshop/Seminar	0.4	12/31/18
Dorm Dads of America	FreeStyle Cycle Certification	Workshop/Seminar	0.8	12/31/18
dotFIT, LLC	dotFIT Certification	Home Study	1.6	12/31/18 www.dotfit.com
Dr. Fuhrman Nutritarian Education Institute	Nutritarian Studies	Home Study	1.9	12/31/18 https://www.drfuhrman.com/learn/nutritarian-education-institute/programs/1/nutritarian-studies
Dr. Julian Cano LLC	Holistic Fitness and Nutrition Seminar	Workshop/Seminar	0.8	12/31/18
Dr. Sears Wellness Institute	Health Coach Certification-Adults & Seniors	Home Study	1.9	12/31/18 drsearswellnessinstitute.org
Dr. Sears Wellness Institute	Health Coach Certification-Families	Home Study	1.9	12/31/18 drsearswellnessinstitute.org
Dr. Sears Wellness Institute	Health Coach Certification-Pregnancy	Home Study	1.9	12/31/18 drsearswellnessinstitute.org
Dragon Door Publications	HKC Kettlebell Certification Workshop	Workshop/Seminar	0.8	12/31/18 http://dragondoor.com
Dragon Door Publications	PCC Progressive Calisthenics Certification Workshop	Workshop/Seminar	1.9	12/31/18 dragondoor.com
Dragon Door Publications	RKC Kettlebell Certification Workshop	Workshop/Seminar	1.9	12/31/18 dragondoor.com
DSW Fitness-Human Kinetics Continuing Education	Applied Health Fitness Psychology Print/Online CE Course	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Balance Training Print CE Course-3rd Edition With Book	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Bodybuilding Anatomy CE Course	Home Study	0.4	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Bodyweight Strength Training Anatomy CE Course	Home Study	0.4	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Cycling Anatomy CE Course	Home Study	0.4	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Essentials of Eccentric Training CE Course	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Facilitated Stretching Print/Online CE Course 4th Edition	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Functional Training CE Course	Home Study	0.8	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	High-Intensity Training for Women CE Course	Home Study	0.6	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	High-Performance Training for Sports CE Course	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Kettlebell Training Print/Online CE Course	Home Study	1.7	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Kinetic Anatomy	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Knee Stabilization	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Lifestyle Wellness Coaching, 2nd Edition	Home Study	1.9	12/31/18
DSW Fitness-Human Kinetics Continuing Education	Low Back Disorders CE Course, 3rd Edition	Home Study	1.1	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Maximum Interval Training CE Course	Home Study	1.0	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Methods of Group Exercise Instruction Print/Online CE course- 3rd Edition	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Monitoring Training and Performance CE Course	Home Study	1.0	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Periodization Training CE Course	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Pilates Anatomy CE Course	Home Study	0.5	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Plyometrics Print/Online CE Course	Home Study	1.3	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Postural Assessment CE Course	Home Study	0.5	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Pregnancy Fitness CE Course	Home Study	1.1	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Prenatal and Postpartum Exercise Design, 4E	Home Study	0.7	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Running Anatomy CE Course	Home Study	0.4	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Running Injuries: Strategies for Prevention and Intervention	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Running Mechanics and Gait Analysis	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
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DSW Fitness-Human Kinetics Continuing Education	Sports Nutrition with Nancy Clark Print/Online CE Course 5th Edition	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Stretching Anatomy CE Course, 2nd Edition	Home Study	0.4	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Triathlon Anatomy CE Course	Home Study	0.4	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Triathlon Science Print/Online CE Course	Home Study	1.9	12/31/18 www.humankinetics.com/continuing-education
DSW Fitness-Human Kinetics Continuing Education	Water Exercise CE Course	Home Study	1.0	12/31/18 www.humankinetics.com/continuing-education
DualStar Pilates Institute	Exero™ System	Workshop/Seminar	1.9	12/31/18 www.dualstarpilates.com
Dumbbells to Dollars	Dumbbells to Dollars	Workshop/Seminar	1.2	12/31/18 http://reportfit.com/courses/dumbbells-to-dollars/
Dynamax Inc.	Dynamax Coach Course	Workshop/Seminar	0.5	12/31/18 www.medicineballs.com
East Bank Club	East Bank Club Barre Chisel Instructor Training	Workshop/Seminar	0.2	12/31/18
Efren Buzzo	Salsa-Reggaeton Mix	Workshop/Seminar	0.4	12/31/18
Empower Training Systems, Inc.	Empower (Martial Fitness) Kickboxing Fitness Instructor Training	Home Study	1.9	12/31/18 www.empower-usa.com
Empower Training Systems, Inc.	Empower Self Defense Instructor Training – Phase 1 & 2	Home Study	1.9	12/31/18 www.empower-usa.com
EMPOWER!	2018 EMPOWER! Fusion Rosemont, IL	Conference	1.9	12/31/18
Escape Fitness Ltd	BATTLE ROPE PRODUCT TRAINING online	Home Study	0.2	12/31/18 www.escapefitness.com
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Escape Fitness Ltd	BULGARIAN BAG PRODUCT TRAINING online	Home Study	0.2	12/31/18 www.escapefitness.com
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Escape Fitness Ltd	CORE MOMENTUM TRAINER PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18 www.escapefitness.com
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Escape Fitness Ltd	ESCAPE KETTLEBELL PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18 www.escapefitness.com
Escape Fitness Ltd	GRIPR PRODUCT TRAINING online	Home Study	0.2	12/31/18 www.escapefitness.com
Escape Fitness Ltd	GRIPR PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18 www.escapefitness.com
Escape Fitness Ltd	KETTLEBELL INSTRUCTOR TRAINING COURSE	Workshop/Seminar	1.6	12/31/18 www.escapefitness.com
Escape Fitness Ltd	MEDICINE BALL (POWER TRAINING WITH MED BALLS) PRODUCT TRAINING online	Home Study	0.2	12/31/18 www.escapefitness.com
Escape Fitness Ltd	MEDICINE BALL (POWER TRAINING WITH MED BALLS) PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18 www.escapefitness.com
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Escape Fitness Ltd	PLYOMETRIC TRAINING PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18	www.escapefitness.com
Escape Fitness Ltd	SANDBAG PRODUCT TRAINING online	Home Study	0.2	12/31/18	www.escapefitness.com
Escape Fitness Ltd	SANDBAG PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18	www.escapefitness.com
Escape Fitness Ltd	SELF MYOFASCIAL RELEASE WITH ROLLERS PRODUCT TRAINING	Home Study	0.2	12/31/18	www.escapefitness.com
Escape Fitness Ltd	SELF MYOFASCIAL RELEASE WITH ROLLERS PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18	www.escapefitness.com
Escape Fitness Ltd	TIYR PRODUCT TRAINING online	Home Study	0.2	12/31/18	www.escapefitness.com
Escape Fitness Ltd	TIYR PRODUCT TRAINING WORKSHOP	Workshop/Seminar	0.2	12/31/18	www.escapefitness.com
Evidence for Exercise	Beginner and Intermediate Exercise for the Lower Back	Home Study	0.2	12/31/18	www.evidenceforexercise.org
Evidence for Exercise	Beginner and Intermediate Exercise for the Shoulder	Home Study	0.3	12/31/18	www.evidenceforexercise.org
Evidence for Exercise	Beginner and Intermediate Exercise for the Upper Back	Home Study	0.1	12/31/18	www.evidenceforexercise.org
Evidence for Exercise	Beginner and Intermediate Exercises for the Hip and Gluteals	Home Study	0.3	12/31/18	www.evidenceforexercise.org
Evidence for Exercise	Beginner and Intermediate Exercises for the Neck	Home Study	0.1	12/31/18	www.evidenceforexercise.org
Evidence for Exercise	Beginner Quadriceps Exercises for the Patellofemoral Pain	Home Study	0.2	12/31/18	www.evidenceforexercise.org
Evidence for Exercise	Beginner Yoga for the Lower Back	Home Study	0.1	12/31/18	www.evidenceforexercise.org
Evidence for Exercise	Intermediate Pilates for the Abdominals	Home Study	0.1	12/31/18	www.evidenceforexercise.org
Evolution Power Yoga	Anatomy of Yoga Series	Workshop/Seminar	1.9	12/31/18	http://evolutionpoweryoga.com
Excel Wellness Studio	Bridging the Gap between Medicine and Fitness. How to Navigate Cancer and Osteoporosis	Workshop/Seminar	0.8	12/31/18	
Exercise and Nutrition Works, Inc.	Certified Fitness Nutrition Specialist	Home Study	1.9	12/31/18	www.NutritionCertification.com
Exercise Etc.	A Dozen Practical Exercises for Seniors	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Able Bodies Balance Training	Home Study	1.0	12/31/18	http://exerciseetc.com
Exercise Etc.	Age Appropriate Strength Training	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Athletic Body in Balance	Home Study	1.9	12/31/18	www.exerciseetc.com
Exercise Etc.	Avoiding Common Fitness Injuries	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/power.html
Exercise Etc.	Balance & Fall Prevention	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/seniorfit.html
Exercise Etc.	Balance, Mobility & Function	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com
Exercise Etc.	Balance, Stability & Fall Prevention	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com
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Exercise Etc.	Conditioning to the Core	Home Study	1.0	12/31/18	http://exerciseetc.com
Exercise Etc.	Core Training Anatomy	Home Study	1.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Core Training for Seniors	Workshop/Seminar	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Core Training: Working Hard or Hardly Working?	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Dynamic Balance & Mobility	Home Study	0.2	12/31/18	www.exerciseetc.com
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Exercise Etc.	Exercise to Improve Neck & Back Function	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/
Exercise Etc.	Facilitated Stretching	Home Study	1.6	12/31/18	http://exerciseetc.com
Exercise Etc.	Fitness Illustrated	Home Study	1.0	12/31/18	www.exerciseetc.com
Exercise Etc.	Fitness Professionals Guide to Strength Training Older Adults, 2017	Home Study	1.2	12/31/18	http://exerciseetc.com
Exercise Etc.	Forever Young: Secrets of the Older Mind	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com
Exercise Etc.	Full Body Flexibility	Home Study	0.7	12/31/18	http://exerciseetc.com
Exercise Etc.	Functional Forever: Exercise for Independent Living	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Functional Mobility Drills	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/
Exercise Etc.	Functional Training	Home Study	1.0	12/31/18	http://exerciseetc.com
Exercise Etc.	Functional Training: Myths & Mystique	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Good Knee/Bad Knee	Workshop/Seminar	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	High Intensity 300	Home Study	1.0	12/31/18	http://exerciseetc.com
Exercise Etc.	High Intensity Interval Training	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/
Exercise Etc.	High Intensity Training: When Less is More	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Integrated Postural Training	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Kettlebell Training	Home Study	1.0	12/31/18	http://exerciseetc.com
Exercise Etc.	Life After Hip or Knee Replacement	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/
Exercise Etc.	Living Fearless: Exercise, Balance & Core Strength	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Making Connections: Challenging the Older Brain	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com
Exercise Etc.	Maximum Interval Training	Home Study	1.0	12/31/18	http://exerciseetc.com
Exercise Etc.	Myofascial Release	Workshop/Seminar	1.0	12/31/18	http://exerciseetc.com/
Exercise Etc.	Nancy Clark's Sports Nutrition Guidebook	Home Study	1.9	12/31/18	www.exerciseetc.com
Exercise Etc.	Never too Late: Functional Core Training for Seniors	Workshop/Seminar	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Nutrient Timing	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/
Exercise Etc.	Nutrient Timing for Peak Performance	Home Study	1.9	12/31/18	www.exerciseetc.com
Exercise Etc.	Optimal Muscle Training	Home Study	1.5	12/31/18	http://exerciseetc.com
Exercise Etc.	Polishing the Golden Years: Age-appropriate Conditioning Exercises	Workshop/Seminar	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Retired, not Expired: Integrated Strength Training Drills	Workshop/Seminar	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Secrets of Strength & Conditioning	Workshop/Seminar	0.2	12/31/18	http://exerciseetc.com/
Exercise Etc.	Sports Injuries Guidebook	Home Study	1.9	12/31/18	http://exerciseetc.com
Exercise Etc.	Standing Tall: Exercise and the Aging Spine	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Strength & Conditioning for Seniors	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Strength Training Anatomy	Home Study	1.0	12/31/18	http://exerciseetc.com
Exercise Etc.	Strength Training Past 50	Home Study	0.9	12/31/18	http://exerciseetc.com
Exercise Etc.	Strong Minds: Exercise & Cognitive Function	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	The Bionic Elder: Training with New Knees or Hips	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	The Defiant Senior: Exercise to Manage Chronic Illness	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	The HIIT Advantage	Home Study	0.7	12/31/18	http://exerciseetc.com
Exercise Etc.	The Knee: Top Trends in Training	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	The Shoulder: New School Training Techniques	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	The Vibrant Senior: Putting the FUN in Functional Training	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Understanding Shoulder Dysfunction	Home Study	0.2	12/31/18	www.exerciseetc.com

Exercise Etc.	Walk the Walk: Functional Ambulation Drills	Workshop/Seminar	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Walking Tall: Mobility Drills for Seniors	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Weight Management: Secrets & Lies	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	When Good Knees Go Bad	Home Study	0.2	12/31/18	www.exerciseetc.com
Exercise Etc.	Women's Home Workout Bible	Home Study	1.6	12/31/18	http://exerciseetc.com
Exercise Professional Education	Rethink Your Career by Rethinking Exercise	Workshop/Seminar	0.8	12/31/18	https://www.exerciseproed.com
exhale	exhale Barre Teacher Training Module 1	Workshop/Seminar	1.9	12/31/18	http://exhalespa.com/
exhale	exhale Barre Teacher Training Module 2	Workshop/Seminar	1.9	12/31/18	http://www.exhalespa.com
exhale	exhale Core Strengthening Series	Workshop/Seminar	0.4	12/31/18	exhalespa.com
exhale	exhale Glutes Strengthening Series	Workshop/Seminar	0.4	12/31/18	exhalespa.com
exhale	exhale Stretch Series	Workshop/Seminar	0.4	12/31/18	exhalespa.com
exhale	exhale Thigh Strengthening Series	Workshop/Seminar	0.4	12/31/18	exhalespa.com
exhale	exhale Upper Body Series	Workshop/Seminar	0.4	12/31/18	exhalespa.com
EXOS	EXOS Fitness Specialists Certification	Workshop/Seminar	1.2	12/31/18	www.teamexos.com
EXOS	EXOS Performance Specialist Certification	Home Study	1.9	12/31/18	www.teamexos.com
EXOS	EXOS Presents: Speedo Fit Training	Home Study	0.7	12/31/18	exoslearn.ideaefit.com
FGI d.o.o.	NirvanaFitness Breathe In course	Workshop/Seminar	1.9	12/31/18	http://nirvana.fitness/
Fierce Lotus	L3 Complete Fitness™ - Instructor Training Course	Workshop/Seminar	0.8	12/31/18	https://fiercelotus.com/
Fit and Functional/NFPT	Flexibility Specialist	Workshop/Seminar	0.5	12/31/18	www.trainereducator.com
Fit and Functional/NFPT	Functional Anatomy and Testing Online	Home Study	0.5	12/31/18	www.trainereducator.com
Fit and Functional/NFPT	Introduction to Marketing and Sales	Home Study	0.5	12/31/18	www.nfpt.com/cec-providers/fit-and-functional
Fit and Functional/NFPT	Introduction to Plyometrics	Home Study	0.6	12/31/18	www.trainereducator.com
Fit and Functional/NFPT	Introduction to Running Mechanics	Home Study	0.4	12/31/18	www.nfpt.com/running-mechanics
Fit and Functional/NFPT	Principles of Functional Exercise	Home Study	1.9	12/31/18	www.trainereducator.com
Fit and Functional/NFPT	Principles of Stretching	Home Study	0.3	12/31/18	www.trainereducator.com
Fit and Functional/NFPT	The Core	Home Study	0.6	12/31/18	www.trainereducator.com
FIT EDU	Assessment and Corrective Strategies for the Barbell Athlete	Workshop/Seminar	0.8	12/31/18	http://www.fit-edu.com/service/assessment-rehabilitation-techniques-barbell-athlete/
FIT EDU	Metabolic Conditioning: Movements and Program Designs That Deliver	Workshop/Seminar	0.8	12/31/18	www.fit-edu.com
FIT EDU	Movement Coaching: Deadlift, Squat, and Press	Workshop/Seminar	0.8	12/31/18	www.fit-edu.com
Fit For Birth, Inc	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	1.9	12/31/18	www.getfitforbirth.com
Fit4Health, LLC	Coaching to Maximize Client Results: For Personal Trainers	Home Study	0.4	12/31/18	https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/
FitCon	FitCon Summit 2018	Conference	1.2	12/31/18	
FitFixNow	5 Ways You're Losing Your Clients	Home Study	0.2	12/31/18	www.fitfixnow.com
FitFixNow	Boost Your Business with a Better Business Plan	Home Study	0.2	12/31/18	www.fitfixnow.com
FitFixNow	Expand your Reach with Online Face to Face Training	Home Study	0.2	12/31/18	https://www.fitfixnow.com/
FitFixNow	Fit Kids for Life: Reversing Childhood Obesity	Home Study	0.2	12/31/18	
FitFixNow	Helping Your Clients Become Their Best!	Home Study	0.5	12/31/18	http://www.fitfixnow.com
FitFixNow	HIIT for Clients: Getting More with Less	Home Study	0.2	12/31/18	https://www.fitfixnow.com
FitFixNow	Increase Your Income with Online Video Group Training	Home Study	0.2	12/31/18	www.fitfixnow.com
FitFixNow	Making EVERY Client a Success: A Toolkit for Behavior Change	Home Study	0.2	12/31/18	
FitFixNow	Nutrition for Fitness Professionals	Home Study	0.4	12/31/18	https://www.fitfixnow.com
FitFixNow	Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar	0.2	12/31/18	www.fitfixnow.com
FitFixNow	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	0.2	12/31/18	www.fitfixnow.com
FitFixNow	Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients	Home Study	0.2	12/31/18	www.fitfixnow.com
FitFixNow	The Midas Touch: Golden Clients in their Golden Years	Home Study	0.2	12/31/18	www.fitfixnow.com
FitFixNow	Training Aging Bones and Muscles	Home Study	0.2	12/31/18	http://www.fitfixnow.com
FitFixNow	Training the Aging Heart with Safety and Confidence	Home Study	0.4	12/31/18	www.fitfixnow.com
FitFixNow	Training Towards and Away From Knee and Hip Replacement	Home Study	0.3	12/31/18	
FitFixNow	Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom	Home Study	0.5	12/31/18	https://www.fitfixnow.com
Fitness Education Online	4 Steps to a Successful Bootcamp (Level 1)	Workshop/Seminar	1.0	12/31/18	www.fitnesseducationonline.com.au
Fitness Education Online	4 Steps to a Successful Bootcamp (Level 2)	Home Study	1.1	12/31/18	
Fitness Education Online	Online Training Essentials	Home Study	1.1	12/31/18	
Fitness Education Online	Social Media for PTs	Home Study	1.0	12/31/18	
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Advanced Balance and Corrective Exercise for Actively Aging Adults	Workshop/Seminar	0.7	12/31/18	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	ICES Approach to Training Baby Boomers and Seniors	Workshop/Seminar	0.7	12/31/18	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	ICES Approach to Training Baby Boomers and Seniors-Designing Programs	Workshop/Seminar	0.7	12/31/18	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Integrative Core Training For the Baby Boomers	Workshop/Seminar	0.7	12/31/18	http://www.fitnesseducationseminars.com
Fitness Learning Systems	The Science of Nutrition	Home Study	0.5	12/31/18	
Fitness Mentors LLC	Build Your Marketing Muscle: The Free Guide to Marketing for Personal Trainers	Home Study	0.5	12/31/18	www.fitnessmentors.com
Fitness Mentors LLC	Business & Sales: The Guide to Success as a Personal Trainer	Home Study	1.9	12/31/18	www.fitnessmentors.com
Fitness Mentors LLC	Speed Performance for Athletes	Workshop/Seminar	1.9	12/31/18	www.fitnessmentors.com
Fitness People Advancing Change (FPAC)	Grow Your Exercise Library	Workshop/Seminar	0.2	12/31/18	
Fitness Professionals (FitPro)	ViPR Active Aging	Workshop/Seminar	0.4	12/31/18	http://www.viprfit.com
Fitness Professionals (FitPro)	ViPR Kids	Workshop/Seminar	0.4	12/31/18	www.viprfit.com
Fitness Professionals (FitPro)	ViPR Loaded Movement Training Level 1	Workshop/Seminar	0.4	12/31/18	www.viprfit.com
Fitness Professionals (FitPro)	ViPR Loaded Movement Training Level 2	Workshop/Seminar	0.8	12/31/18	www.viprfit.com
Fitness Revolution	Integrative Corrective Exercise Approach	Home Study	0.9	12/31/18	http://frnation.com
Fitness Revolution	The S3 Training Method	Home Study	0.4	12/31/18	www.frnation.com
Fitness Solutions	Core Flyte™ Coach Specialization Course	Workshop/Seminar	0.4	12/31/18	www.flytefitness.com/pages/education
Fitness Solutions	Everlast F.I.T. Fundamentals: Striking Specialist Level 1	Workshop/Seminar	0.8	12/31/18	www.everlast.com/fitcerts
Fitness Superstore	2018 Albuquerque Strength and Conditioning Clinic	Conference	0.7	12/31/18	
FitnessFest Conference and Expo	FitnessFest at TheFitExpo: Los Angeles, CA	Conference	1.6	12/31/18	
FitnessFest Conference and Expo	FitnessFest Conference & Expo 2018: Phoenix/Mesa, AZ	Conference	1.9	12/31/18	
FitnessFest Conference and Expo	FitnessFest: Philadelphia 2018	Conference	1.6	12/31/18	www.fitnessfest.org
FitnessFest Conference and Expo	Medical Fitness Tour: Phoenix, AZ	Conference	1.4	12/31/18	
FitnessSF SOMA	Stretching Clinic	Workshop/Seminar	0.4	12/31/18	https://fitnesssf.com/trainer/maria-stevens/
FITOUR	Advanced Aqua Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Advanced Group Exercise Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com

FITOUR	Advanced Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Advanced Personal Training Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Advanced Pilates Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Advanced Yoga Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	BootCamp Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Core and Functional Fitness Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Group Barbell Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Group Exercise Primary Certification	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Kickboxing Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Myofascial Release Self Study	Workshop/Seminar	0.8	12/31/18	http://www.fitour.com
FITOUR	Pilates Reformer Level 1 Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Primary Aqua Live Workshop	Workshop/Seminar	0.8	12/31/18	www/fitour.com
FITOUR	Primary Aqua Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Group Exercise Live Workshop	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Indoor Cycling Live Workshop	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Personal Trainer Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Personal Training Live Workshop	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Pilates Live Workshop	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Pilates Self Study	Workshop/Seminar	0.8	12/31/18	www.fitour.com
FITOUR	Primary Yoga Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Stability Ball Self Study	Home Study	0.8	12/31/18	www.fitour.com
FITOUR	Step Self Study	Home Study	0.8	12/31/18	www.fitour.com
Flexibility Script, Laura Noyes LLC	Flexibility Script Assessments	Workshop/Seminar	0.8	12/31/18	www.FlexibilityScript.com
Focusmaster	Focusmaster Strike Training Workshop	Workshop/Seminar	0.5	12/31/18	http://www.focusmaster.com
Folk Fitness	FFYT (Folk Fitness Yuva Trainer) Shiksha	Workshop/Seminar	1.6	12/31/18	http://www.myfolkfitness.com/trainings/index?latlong=34.262621,-118.751214
Follow your Hart LLC	F-IT: The Business of Fitness	Home Study	1.5	12/31/18	kkhart.com
Foundation Training, LLC	Foundation Training Certification Course	Workshop/Seminar	1.9	12/31/18	www.foundationtraining.com
Fox Physio LLC	Mastering The Initial Assessment	Workshop/Seminar	0.4	12/31/18	foxphysio.org
Freedom Group Exercise LLC.	BANG Power Dance Up-Skilling Workshop	Workshop/Seminar	0.3	12/31/18	www.FreedomGroupExercise.com
Freedom Group Exercise LLC.	BANG Power Dance™	Workshop/Seminar	1.4	12/31/18	https://FreedomGroupExercise.com
Freedom Group Exercise LLC.	Freedom Barre Up-Skilling Workshop	Workshop/Seminar	0.3	12/31/18	www.FreedomGroupExercise.com
Freedom Group Exercise LLC.	Freedom Barre™	Workshop/Seminar	1.4	12/31/18	https://FreedomGroupExercise.com
Full Out Barre	Full Out Barre	Workshop/Seminar	0.8	12/31/18	www.fulloutbarre.com
Functional Aging Institute FAI	Anchor Point Training Certification	Home Study	0.8	12/31/18	www.anchorpointtraining.com
Functional Aging Institute FAI	Anchor Point Training Certification Workshop	Workshop/Seminar	0.8	12/31/18	www.anchorpointtraining.com
Functional Aging Institute FAI	Functional Aging Certificate	Home Study	0.5	12/31/18	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Group Exercise Specialist Certification	Workshop/Seminar	0.8	12/31/18	functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Group Exercise Specialist Workshop	Workshop/Seminar	0.8	12/31/18	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Specialist Certification	Home Study	1.0	12/31/18	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Specialist Workshop	Workshop/Seminar	0.7	12/31/18	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Summit 2018	Conference	1.9	12/31/18	
Functional Aging Institute FAI	Functional Core and Balance Certification	Home Study	0.3	12/31/18	https://functionalaginginstitute.com/
Functional Aging Institute FAI	Open the Door to Tai Chi	Home Study	0.8	12/31/18	www.taichisystem.com
Functional Aging Institute FAI	Open the Door to Tai Chi (Workshop)	Workshop/Seminar	0.8	12/31/18	www.taichisystem.com
Functional Medicine Coaching Academy (FMCA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	1.8	12/31/18	http://www.functionalmedicinecoaching.org
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	FMS LEVEL 1 CERTIFICATION SEMINAR	Workshop/Seminar	0.8	12/31/18	WWW.FUNCTIONALMOVEMENT.COM
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	FMS Level 1 Online Course	Home Study	0.2	12/31/18	http://WWW.FUNCTIONALMOVEMENT.COM
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	FMS Level 1: The Movement Experience	Workshop/Seminar	1.2	12/31/18	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	FMS Level 2	Workshop/Seminar	1.5	12/31/18	www.functionalmovement.com
Functional Training Institute	Fundamentals of Kettlebell Training Level 1 & 2	Workshop/Seminar	1.6	12/31/18	http://functionaltraininginstitute.com
Functional Training Institute	Master Functional Trainer Intensive	Workshop/Seminar	1.9	12/31/18	www.kettlebellinstitute.com.au
Functional Training Institute	The Fundamentals of Battling Ropes Training	Workshop/Seminar	0.8	12/31/18	http://functionaltraininginstitute.com
Functional Training Institute (Singapore)	Dual Zone Myofascial Release	Workshop/Seminar	0.8	12/31/18	http://www.fti-lwz.com/dual-zone-myofascial-release
Functional Training Institute (Singapore)	Swiss Ball Metabolic Training	Workshop/Seminar	0.8	12/31/18	www.fti-lwz.com
FUSION Tactical & Athletic Development	Integrated Exercise Guidelines for Fibromyalgia	Home Study	0.2	12/31/18	https://innovativeceus.com/CourseCategory.php?id=10
GET PULSED	Get Pulsed	Workshop/Seminar	0.7	12/31/18	www.getpulsed.com
Get RIPPED! Inc.	Jari Love's Total Body Fitness System - Get RIPPED! Instructor Training	Home Study	0.8	12/31/18	
Girls Gone Strong	Pre- & Postnatal Coaching Certification	Workshop/Seminar	1.9	12/31/18	
GlideFit	Cardio Wave	Workshop/Seminar	0.8	12/31/18	glidefit.com
Global Bodyweight Training, LLC	Animal Flow Level 1 Workshop	Workshop/Seminar	1.1	12/31/18	www.animalflow.com
Global Bodyweight Training, LLC	Animal Flow Level 2 Workshop	Workshop/Seminar	0.9	12/31/18	www.animalflow.com
GMP Fitness	ABC Fitness Training Specialist	Home Study	0.6	12/31/18	
GMP Fitness	Additives - Hidden Food Ingredients	Home Study	0.4	12/31/18	
GMP Fitness	Athletic Performance Specialist Part 1	Home Study	1.9	12/31/18	
GMP Fitness	Athletic Performance Specialist Part 2	Home Study	1.9	12/31/18	
GMP Fitness	Athletic Performance Specialist Part 3	Home Study	1.9	12/31/18	
GMP Fitness	Avocado - Naturally Good Fat	Home Study	0.6	12/31/18	
GMP Fitness	Avocados - All You Need To Know	Home Study	0.7	12/31/18	
GMP Fitness	Avocados - Weight Loss Benefits	Home Study	0.6	12/31/18	
GMP Fitness	Back Injury Prevention Specialist	Home Study	1.1	12/31/18	
GMP Fitness	Balance Performance Specialist Part 1	Home Study	1.9	12/31/18	
GMP Fitness	Balance Performance Specialist Part 2	Home Study	1.9	12/31/18	
GMP Fitness	Balance Performance Specialist Part 3	Home Study	1.9	12/31/18	
GMP Fitness	Balance Progressions Specialist	Home Study	0.6	12/31/18	
GMP Fitness	Cholesterol - Atherosclerosis and Heart Disease	Home Study	0.9	12/31/18	
GMP Fitness	Coconut Oil - Amazing Ways To Use	Home Study	0.4	12/31/18	
GMP Fitness	Core Performance Specialist Part 1	Home Study	1.9	12/31/18	

GMP Fitness	Core Performance Specialist Part 2	Home Study	1.9	12/31/18
GMP Fitness	Core Performance Specialist Part 3	Home Study	1.9	12/31/18
GMP Fitness	Core Training Specialist	Home Study	0.6	12/31/18
GMP Fitness	Cycling Injury Prevention Specialist	Home Study	0.8	12/31/18
GMP Fitness	Diet 101 – Mediterranean and Carbs	Home Study	0.8	12/31/18
GMP Fitness	Eating Plans – Healthy Diet Tips	Home Study	0.3	12/31/18
GMP Fitness	Enzyme Nutrition & Wellness Specialist	Home Study	1.9	12/31/18
GMP Fitness	Exercise Development Specialist	Home Study	1.5	12/31/18
GMP Fitness	Fibromyalgia Health Specialist Part 1	Home Study	1.9	12/31/18
GMP Fitness	Fibromyalgia Health Specialist Part 2	Home Study	1.9	12/31/18
GMP Fitness	Flexibility Performance Specialist Part 1	Home Study	1.9	12/31/18
GMP Fitness	Flexibility Performance Specialist Part 2	Home Study	1.9	12/31/18
GMP Fitness	Flexibility Performance Specialist Part 3	Home Study	1.9	12/31/18
GMP Fitness	Flexibility Training Specialist	Home Study	0.5	12/31/18
GMP Fitness	Golf Conditioning Specialist	Home Study	1.7	12/31/18
GMP Fitness	Golf Injury Prevention Specialist	Home Study	0.6	12/31/18
GMP Fitness	Golf Wellness Specialist	Home Study	0.5	12/31/18
GMP Fitness	Healing Teas - Ginger, Green and Matcha	Home Study	0.4	12/31/18
GMP Fitness	Healthy Herbs – Powerful Benefits	Home Study	0.6	12/31/18
GMP Fitness	Healthy Teas – Powerful Benefits	Home Study	0.6	12/31/18
GMP Fitness	Holistic Success Specialist	Home Study	1.9	12/31/18
GMP Fitness	Homeopathy & Sports Wellness Special	Home Study	1.9	12/31/18
GMP Fitness	Inflammation – Protect Your Body	Home Study	0.9	12/31/18
GMP Fitness	Knee Injury Prevention Specialist	Home Study	1.1	12/31/18
GMP Fitness	Longevity Wellness Specialist	Home Study	1.7	12/31/18
GMP Fitness	Lower Body Ball Specialist	Home Study	0.6	12/31/18
GMP Fitness	Nutrients – Powerful Health Benefits	Home Study	0.6	12/31/18
GMP Fitness	Posture Analysis Specialist	Home Study	0.6	12/31/18
GMP Fitness	Posture Performance Specialist Part 1	Home Study	1.9	12/31/18
GMP Fitness	Posture Performance Specialist Part 2	Home Study	1.9	12/31/18
GMP Fitness	Posture Performance Specialist Part 3	Home Study	1.9	12/31/18
GMP Fitness	Posture Performance Specialist Part 3	Home Study	1.9	12/31/18
GMP Fitness	Running Injury Prevention Specialist	Home Study	0.8	12/31/18
GMP Fitness	Spinal Health Specialist	Home Study	0.6	12/31/18
GMP Fitness	Sugar – What's In Your Food	Home Study	0.3	12/31/18
GMP Fitness	Tart Cherries – Antioxidant Super Fruit	Home Study	0.8	12/31/18
GMP Fitness	Thrive Biz - Team Inspiration	Home Study	0.8	12/31/18
GMP Fitness	Triathlon Injury Prevention Specialist	Home Study	1.2	12/31/18
GMP Fitness	Triathlon Performance Specialist Part 1	Home Study	1.9	12/31/18
GMP Fitness	Triathlon Performance Specialist Part 2	Home Study	1.9	12/31/18
GMP Fitness	Turmeric – Super Healing Spice	Home Study	0.9	12/31/18
GMP Fitness	Vital Signs – Blood Pressure and Pulse	Home Study	0.8	12/31/18
GMP Fitness	Vitamin D – Immune System Booster	Home Study	0.3	12/31/18
GMP Fitness	Weight Loss – Healthy Calorie Intake	Home Study	0.3	12/31/18
Gorilla Strong Kettlebell Club	Gorilla Strong Level 1 Kettlebell Instructor	Workshop/Seminar	0.5	12/31/18 www.gorilla-strong.com
Gray Institute	3D Movement Analysis & Performance System (3DMAPS) Home Study	Home Study	1.0	12/31/18 www.grayinstitute.com
Gray Institute	Anterior Chain Reaction	Workshop/Seminar	0.2	12/31/18
Gray Institute	Certification in Applied Functional Science	Home Study	1.9	12/31/18 www.grayinstitute.com
Gray Institute	Female Chain Reaction	Workshop/Seminar	1.4	12/31/18
GRIT Fitness	BODY SCULPT INSTRUCTOR	Workshop/Seminar	1.5	12/31/18
GRIT Fitness	powerbelle™ INSTRUCTOR	Workshop/Seminar	1.5	12/31/18
Health Adventure Courses International	Kinetic Level Training - Level 1	Workshop/Seminar	1.6	12/31/18
Healthworks Group	Assessment For the Sale	Workshop/Seminar	0.3	12/31/18 www.healthworksfitness.com
Healthworks Group	Assisted Stretching	Workshop/Seminar	0.3	12/31/18 http://healthworksgr.com/
Healthworks Group	Group Training 101	Workshop/Seminar	0.4	12/31/18 www.healthworksfitness.com
Healthworks Group	Programming – Principles & Practices Workshop	Workshop/Seminar	1.9	12/31/18 www.healthworksfitness.com
Healthworks Group	PT Sales 101: The What, When and How to Selling Personal Training!	Workshop/Seminar	0.3	12/31/18 www.healthworksfitness.com
Healthworks Group	Training the Pre/Post Natal Client	Workshop/Seminar	0.3	12/31/18 www.healthworksfitness.com
HeartZones USA	Heart Zones Training and Indoor Cycling	Workshop/Seminar	0.8	12/31/18 www.heartzones.com
HIIT Fitness	Create a Marketing Plan For Your Business	Home Study	0.1	12/31/18
HIIT Fitness	Muscular Adaptations and Goal Specific Programming	Home Study	0.2	12/31/18
HOT HIIT	HOT HIIT Teacher Training	Workshop/Seminar	1.9	12/31/18 www.hothiit.com
Hot Yoga Aptos	Hot Pilates Teacher Training	Workshop/Seminar	1.5	12/31/18 www.hotyogaptos.com
House of Payne Personal Training	Launching Your Personal Training Business	Workshop/Seminar	1.9	12/31/18 www.trainwithpayne.com
HRV Course	Foundations of Heart Rate Variability	Home Study	0.3	12/31/18 www.hrvcourse.com
Hyperice	Hyperice Vibration Technology + SMR Course: Level 1	Home Study	0.2	12/31/18 hyperice.com
Hyperwear	SandBell® Level 1 Training	Workshop/Seminar	0.4	12/31/18 www.hyperwear.com
ICAA International Council on Active Aging	ICAA's Leadership in Wellness Management	Workshop/Seminar	1.9	12/31/18 http://www.icaa.cc/certificate/overview.htm
IDEA Health & Fitness	10 New BIG Things in Small-Group Training	Home Study	0.2	12/31/18 www.idealife.com
IDEA Health & Fitness	2018 IDEA® Personal Trainer Institute - East	Conference	1.9	12/31/18
IDEA Health & Fitness	2018 IDEA® Personal Trainer Institute - South	Conference	1.9	12/31/18
IDEA Health & Fitness	2018 World Convention	Conference	1.9	12/31/18
IDEA Health & Fitness	A Different Look at Core Training: The Backside	Home Study	0.2	12/31/18 www.idealife.com
IDEA Health & Fitness	Abdominal and Core for the Aging Spine	Home Study	0.2	12/31/18 www.idealife.com
IDEA Health & Fitness	ACE IFT® - Integrated Fitness Training®	Home Study	0.2	12/31/18 www.idealife.com
IDEA Health & Fitness	ACE IFT®-Training Strategies for Clients with Chronic Conditions	Home Study	0.2	12/31/18 www.idealife.com
IDEA Health & Fitness	ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success!	Home Study	0.2	12/31/18 www.idealife.com
IDEA Health & Fitness	Active Resistance Training® Total Body Mat Practice	Home Study	0.2	12/31/18 www.idealife.com

IDEA Health & Fitness	Advanced Corrective Exercise	Home Study	0.3	12/31/18	www.idealife.com
IDEA Health & Fitness	Aging Strong	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	American Council on Exercise (ACE): Small-Group Training Workshop	Home Study	0.5	12/31/18	www.idealife.com
IDEA Health & Fitness	An Introduction to Holistic Nutrition	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Anatomy in Three Dimensions™: Common Knee Problems and Solutions	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Anatomy in Three Dimensions™: The Shoulder	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Anatomy of a Fitness Business	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2015 IDEA Fitness Journal Quiz 4: Reducing Risk Factors for Heart Disease	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and the Effects of Weight Training	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2016 IDEA Fitness Journal Quiz 2: Prepare for Summer Water Sports, and Use Hand Portioning	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2016 IDEA Fitness Journal Quiz 3: How the Exercise Gene Affects Workout Programs	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk	Home Study	0.1	12/31/18	
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	0.1	12/31/18	
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	0.1	12/31/18	
IDEA Health & Fitness	Are You Hungry or Stressed?	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Baby Boomers-The Truth About Stretching!	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Back to Basics With Anatomy	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Balanced Body™: Pilates Smart Core Challenge	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Balancing Hormones for Optimal Weight Loss	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Balancing Hormones through Nutrition	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Become a World Class Coach--Top Seven Must Do's to Create Success and Significance	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Carbohydrates-Their Role in Body Composition, Weight Management and Performance	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Cardio-Strength Circuits for Fun and Function!	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Communicating With Your Female Clients for Breakthrough Results	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Complete Program Design for the Obese/Overweight Client	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Core 3x3	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Core Conditioning Combos	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Core Connections: Progression Strategies to Enhance Core Function	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Corrective Exercise for Shoulder Impairments	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Creating Boot Camps for Zoomers	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Creating Emotionally Charged Exercise Experiences	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Creative Circuits--Five Steps to Better Program Design	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Designing a Self-Myofascial Release Program	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Eat to Win-Enhance Performance and Promote Recovery	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	EXTREME Equipment-LESS Boot Camp	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Fat-Loss Programming for Your Female Clients	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Key Terminology and Study...	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 2: Boosting the Daily Activity of Office Workers...	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 3: Nutrition News, and Navigating Health Claims on Food Labe	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 4: Powerful Health Benefits of Physical Activity	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 5: Understanding Pain	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/18	
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	0.1	12/31/18	
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	0.1	12/31/18	
IDEA Health & Fitness	Fit for Two—Pre- and Postnatal Training	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	From Neck to Knees...More Than Just Core!	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Functional Circuits for Aging Clients	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Functional Power Training for Older Clients, by FAI	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Goodbye Infobesity, Hello Action Plan!	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Group Exercise Applications for Training the Posterior Chain	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Heart Rate Variability - The Science of Recovery Based Training	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Heart-Core Circuit Training: The New Edition	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	HIIT Kickboxing and Drills by UrbanKick	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	HIIT Step	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	HIITs Blitz	Home Study	0.1	12/31/18	www.idealife.com

IDEA Health & Fitness	How Hormones and Metabolism Change the Training Game for Females	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	How to Create High Performance Outcomes	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	How to Run Your Own "Drop Two Sizes Challenge"	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	I Q U Do: The Art of Intelligent Coaching	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Improve Stability and Posture with a Stability Ball by CHEK Institute	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Innovative Drills for Small-Group Training	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Insights Into Functional Training and Corrective Movement	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Integrated Back Rehabilitation—Regression to Progression Course	Home Study	0.5	12/31/18	www.idealife.com
IDEA Health & Fitness	Intermittent Fasting – Science or Fiction?	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Isolation to Integration: Corrective Exercise	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2015 IDEA Fitness Journal Quiz 4: Understanding the Relationship Between Heart Rate...	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and NEAT Effects on Sustained Wei	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Protein Distribution	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 3: Effects of Food on Genetic Expression	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 4: Fitness Technology for Kids	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Sup	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/18	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Pre.	Home Study	0.1	12/31/18	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	0.1	12/31/18	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	0.1	12/31/18	
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 2: End the Cycle of Weight Bias	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 3: Abandon Stereotypes When Marketing to Older Adults	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 4: Recognizing Mindsets to Become a More Effective Trainee	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	June 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Hot and Cold Treatments for Musc	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	June 2016 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Capsaicin to Promote Satiety	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	June 2016 IDEA Fitness Journal Quiz 3: Fully Engage With Clients	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 2: Benefits of Exercise for Children, and Helping Stroke Surviv	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/18	
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for	Home Study	0.1	12/31/18	
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change	Home Study	0.1	12/31/18	
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss	Home Study	0.1	12/31/18	
IDEA Health & Fitness	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Little Tweaks for Big Results!	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	March 2015 IDEA Fitness Journal Quiz 2: Choosing the Right Diet	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	March 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Active Workstation Alternatives	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	March 2016 IDEA Fitness Journal Quiz 2: Brain Neuroplasticity and Aging, and Using Visualization...	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	March 2016 IDEA Fitness Journal Quiz 3: Mindless Eating Solutions	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering...	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/18	
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	0.1	12/31/18	
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	0.1	12/31/18	
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Peripheral Heart Action Training	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 2: Fall Prevention Strategies for Older Adults, and Tips for Eati	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 3: Factors in Low Testosterone	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 4: Get Clients Walking More	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through Int	Home Study	0.1	12/31/18	
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Home Study	0.1	12/31/18	
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Home Study	0.1	12/31/18	
IDEA Health & Fitness	Metabolic Meltdown	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Motivational Interviewing Skills Produce Targeted Results	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	New Insights into Chronic Pain	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	New Research on Protein, Metabolism, and Recovery	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	November-December 2015 IDEA Food and Nutrition Tips Quiz 1: Snacking Trends, Nutrients and Recommend	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	November-December 2015 IDEA Food and Nutrition Tips Quiz 2: Fiber and Gut Health	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	November-December 2016 IDEA Fitness Journal Quiz 2: Nutrition News, and Ankle Sprain Recovery and Pr	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	November-December 2016 IDEA Fitness Journal Quiz 3: Coach the Family as a Whole	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	November-December 2016 IDEA Fitness Journal Quiz 4: Physical Activity for Cancer Recovery and Preven	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	November-December 2016 IDEA Food and Nutrition Tips Quiz 1: Plant-Based Options for Protein	Home Study	0.1	12/31/18	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 2	Home Study	0.1	12/31/18	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 3	Home Study	0.1	12/31/18	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 4	Home Study	0.1	12/31/18	
IDEA Health & Fitness	November-December 2017 IDEA Food and Nutrition Tips Quiz 1	Home Study	0.1	12/31/18	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 1	Home Study	0.1	12/31/18	
IDEA Health & Fitness	Nutrition Basics and Nutrient Timing: What All Fitness Professionals Should Know	Home Study	0.2	12/31/18	www.idealife.com

IDEA Health & Fitness	Nutrition Myth Busters: Science Fact or Fiction?	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	October 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Dieting and the Latest Scienc	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	October 2016 IDEA Fitness Journal Quiz 2: Anticipate the Needs of Older Clients, and Understand the	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	October 2016 IDEA Fitness Journal Quiz 3: Exploring Reasons for Low Thyroid Function	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Pilates 50/50	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Pilates on the Ball	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Posture Improvement Workshop	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Power Core for Sports and Fitness Performance	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Promote Behavior Change With Better Coaching	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Protein Overload: Are You Eating More Than You Need?	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Proven Strategies to Build Your Brand Using YouTube	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Push, Pull, Bend, Twist, Squat And Lunge!	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Putting Heart into Mind-Body Training	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Quick Fix Workouts	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Restoring Fundamental Movement Patterns with Corrective Strategies	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Rock Solid!	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Scapular Stability: Shouldering the Load	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Dieting and Weight Regain	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 2: Help Golfers Improve Their Game and Avoid Injury, and Ov	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Veggie-Focused Nutrition an	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 4: Make the Gym an Inclusive Environment for Special Popula	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 5: HIIT for Endurance Athletes	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 1: Functional Aging	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 2: Sports Nutrition	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 3: Brain Health	Home Study	0.1	12/31/18	http://www.idealife.com
IDEA Health & Fitness	Six Steps to Better Program Design	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Smart Programming for the Peri- and Postmenopausal Woman	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Solutions for Training Postpregnancy Clients	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Spinal Stabilization Versus Pelvic Stabilization	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Strength and Conditioning Games for Improved Fitness and Performance	Home Study	0.3	12/31/18	www.idealife.com
IDEA Health & Fitness	Techniques to Rehabilitate and Protect the Knees	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Aging Club Member Crisis	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Better, Not Perfect, Nutrition Plan	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Business of Group Exercise – Beyond the Numbers	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The BYOB Workout	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Complete Idiot's Guide to Plant-Based Nutrition	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Eight Essentials of Program Design	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Gluteals and Their Link to Low-Back Pain	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Hidden Messages in Food	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Matrix – Innovative Group Strength Design	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The New ACE Integrated Fitness Training Model	Home Study	0.6	12/31/18	www.idealife.com
IDEA Health & Fitness	The Next Wave in Corrective Exercise: Rhythm and Timing	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Science of Functional Aging	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	The Ultimate Light Dumbbell Workout	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Three Technologies to Engage and Empower Clients Inside and Outside the Session	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Today's Food Conversation	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Todd Durkin's Boot Camp	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Total Massage, Relaxation and Beyond	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Training the Female Client	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Training the Pregnant Athlete	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	TRX® Essentials for Personal Training	Home Study	0.3	12/31/18	www.idealife.com/node/1329491
IDEA Health & Fitness	TRX® Rip™ Training: Sports Performance	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	TRX®-Training for Active Seniors	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Turbo Tabata	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Ultimate Back Exercises for Injury Prevention and Performance	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Understanding and Interpreting the Functional Movement Screen	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Understanding the Female Pelvic Core Neuromuscular System	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Using Function to Avoid Dysfunction in Aging	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Vital Anatomy-Functional Applications	Home Study	0.3	12/31/18	www.idealife.com
IDEA Health & Fitness	Weighing The Evidence Behind Nutrition Research	Home Study	0.1	12/31/18	www.idealife.com
IDEA Health & Fitness	Winning at Losing- Weight Management Made Simple	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Winning Group Strength Program Design	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Women, Metabolism and the Hormonal Highway!	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Women, Weights and Results	Home Study	0.2	12/31/18	www.idealife.com

IDEA Health & Fitness	XiT Extreme Interval Training: 2nd Edition	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Yoga Anatomy 101 Certificate	Home Study	1.0	12/31/18	
IDEA Health & Fitness	Yoga Progressions and Regressions	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Yoga: Adjust Me Puhleeeeee!	Home Study	0.2	12/31/18	www.idealife.com
IDEA Health & Fitness	Your Guide to Stronger Legs and Great Glutes!	Home Study	0.1	12/31/18	www.idealife.com
IHRSA International Health, Racquet & Sportsclub Association	IHRSA 2018 International Convention & Trade Show	Conference	1.9	12/31/18	
IKSFA-International Kettlebell Sport & Fitness Academy	IKSFA Kettlebell Sport Coach Level 1	Workshop/Seminar	1.6	12/31/18	www.iksfa.com
IKSFA-International Kettlebell Sport & Fitness Academy	IKSFA Kettlebell Sport Coach Level 2	Workshop/Seminar	1.4	12/31/18	www.IKSFA.com
In Health and Happiness	Postpartum Health and Happiness Through Exercise and Nutrition	Home Study	1.0	12/31/18	www.inhealthandhappiness.com
In Health and Happiness	Prenatal Health and Happiness Through Exercise and Nutrition	Home Study	1.0	12/31/18	www.inhealthandhappiness.com
Indoor Cycling	ICG Aging and Adaptation	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG Coach by Color LIVE Power: Play Program	Workshop/Seminar	0.8	12/31/18	www.ic-pro.org
Indoor Cycling	ICG Coach by Color Power Program	Home Study	0.8	12/31/18	www.ic-pro.org
Indoor Cycling	ICG COMPETITIVE CYCLING	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG DRI TRI	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG MUSIC AND MOTION	Home Study	0.3	12/31/18	www.ic-pro.org
Indoor Cycling	ICG NUTRITION	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG OVERTRAINING	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG PERIODIZATION IN TRAINING	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG Stages	Home Study	0.8	12/31/18	www.ic-pro.org
Indoor Cycling	ICG Stages-Workshop	Workshop/Seminar	0.8	12/31/18	www.ic-pro.org
Indoor Cycling	ICG Stretching	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG Survivor (Working with Cancer Survivors)	Home Study	0.4	12/31/18	www.ic-pro.org
Indoor Cycling	ICG Wattrate Power Certification – Stage 1	Home Study	0.8	12/31/18	www.ic-pro.org
Indoor Cycling	Myride+ Live; The Ergogenic Effect of Combining Music with Video	Workshop/Seminar	0.6	12/31/18	www.ic-pro.org
Indoor Cycling	Myride+ Online The Ergogenic Effect of Combining Music with Video	Home Study	0.3	12/31/18	www.ic-pro.org
Induro Cycling Studios, Inc	Induro Cycling Facilitator Training Distance Learning	Home Study	0.4	12/31/18	http://www.indurocycling.com/certifications/facilitators/
Induro Cycling Studios, Inc	Induro Instructor Training Distance Learning	Home Study	0.7	12/31/18	
Induro Cycling Studios, Inc	Induro Instructor Workshop	Workshop/Seminar	0.7	12/31/18	www.indurocycling.com
Inner Sprout-Kinected	FAMI - Level 2	Workshop/Seminar	1.0	12/31/18	
Inner Sprout-Kinected	FAMI (Functional Anatomy for Movement and Injuries)	Workshop/Seminar	1.9	12/31/18	http://famivorkshop.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level I	Workshop/Seminar	0.8	12/31/18	www.UltimateSandbagTraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level II	Workshop/Seminar	0.8	12/31/18	www.DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT One Day Workshop (updated)	Workshop/Seminar	0.4	12/31/18	DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration	Home Study	1.6	12/31/18	ultimatesandbagtraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration (Workshop)	Workshop/Seminar	0.4	12/31/18	
Inspired Athlethx Performance Academy	Inspired Athlethx Performance Academy(IAPA): Comprehensive Performance Mentorship: Level 1	Workshop/Seminar	1.9	12/31/18	
Inspired Athlethx Performance Academy	Inspired Athlethx Performance Academy(IAPA): Speed, Plyometric, and Agility(S.P.A) Level 1 Course	Workshop/Seminar	1.4	12/31/18	
Institute of Motion (IoM)	4Q Programming Specialist	Home Study	0.3	12/31/18	www.instituteofmotion.com
Institute of Motion (IoM)	Anatomy Live Expanded	Workshop/Seminar	1.9	12/31/18	www.instituteofmotion.com
Institute of Motion (IoM)	Effective and Complete Program Design for the Fitness Professional: The 4Q Model of	Workshop/Seminar	0.7	12/31/18	http://www.instituteofmotion.com
Institute of Motion (IoM)	Health Coaching Fundamentals Mentorship: Part 1	Workshop/Seminar	1.9	12/31/18	www.instituteofmotion.com
Institute of Motion (IoM)	Health Coaching Fundamentals Mentorship: Part 2	Workshop/Seminar	1.9	12/31/18	www.instituteofmotion.com
Institute of Motion (IoM)	Health Coaching Fundamentals on Platform	Workshop/Seminar	1.9	12/31/18	www.instituteofmotion.com
Interactive Fitness Trainers of America (IFTA)	ATHLETIC INTERVALS	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	BARRE CONDITIONING	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	BUILD YOUR BODY	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	EQUIPMENTLESS WORKOUT	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	ESSENTIALS OF TEACHING	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	FLOWING FLEXIBILITY	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	HARD CORE CONDITIONING	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	LEARN TO TEACH	Workshop/Seminar	0.8	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	MUSCLE AND MORE	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	POWERTRAIN	Workshop/Seminar	0.4	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	PT AND GROUP LECTURE	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	TOTAL BODY CONDITIONING AND CORE	Workshop/Seminar	0.2	12/31/18	www.ifta-fitness.com
International Group Fitness Institute	Back Synergy	Workshop/Seminar	1.3	12/31/18	http://www.impulsebodyfitness.com
International Group Fitness Institute	Impulse Body Fitness (EMS Electro Fitness)	Workshop/Seminar	1.2	12/31/18	www.impulsebodyfitness.com
IRON ANKLES	Iron Ankles Trainer Course	Workshop/Seminar	0.6	12/31/18	www.ironankles.com
James Menz	Advanced Examination: The Cardiovascular System	Workshop/Seminar	0.4	12/31/18	www.professormenz.com
James Menz	Advanced Examination: The Digestive System	Workshop/Seminar	0.4	12/31/18	www.professormenz.com
James Menz	Advanced Examination: The Muscular System	Workshop/Seminar	0.4	12/31/18	www.professormenz.com
James Menz	Advanced Examination: The Nervous System	Workshop/Seminar	0.4	12/31/18	www.professormenz.com
James Menz	Advanced Examination: The Skeletal System	Workshop/Seminar	0.4	12/31/18	www.professormenz.com
James Menz	Advanced Kinesiology: Mechanics, Motions & Muscles	Workshop/Seminar	0.4	12/31/18	
James Menz	Advanced Kinesiology: The Axial Region & LPHC	Workshop/Seminar	0.4	12/31/18	
James Menz	Advanced Kinesiology: The Lower Extremity	Workshop/Seminar	0.4	12/31/18	
James Menz	Advanced Kinesiology: The Upper Extremity	Workshop/Seminar	0.4	12/31/18	
James Menz	Nutrition Foundations	Workshop/Seminar	0.4	12/31/18	www.professormenz.com
Johann Francis	Fitness Nutrition Coaching: Habit Change for Active + Athletes	Home Study	0.7	12/31/18	
Josh Crosby	Rowing Education: Technique, Motivation and the Sport of Rowing	Home Study	0.4	12/31/18	
Julio A. Salado	BREAK OUT or Breaking Even: 3 Step Method for Proven Long-Term Weight Loss	Workshop/Seminar	0.3	12/31/18	https://www.fitnessfoundry.net
Juvo Board	Juvo Board Foundation Course	Workshop/Seminar	1.5	12/31/18	http://www.juvoboard.com
JYKinesiology, LLC	Concepts in Medical Fitness – Program Design and Application	Workshop/Seminar	0.3	12/31/18	www.JYKinesiology.com
JYKinesiology, LLC	Exercise Technique - Lower Body Biomechanics	Workshop/Seminar	0.3	12/31/18	
JYKinesiology, LLC	Exercise Technique - Upper Body Biomechanics	Workshop/Seminar	0.3	12/31/18	
JYKinesiology, LLC	Integrating Exercise Science and Corrective Exercise Guidelines	Workshop/Seminar	0.3	12/31/18	
Kangoo Jumps Fitness	Kangoo Boot Camp	Workshop/Seminar	0.8	12/31/18	www.kjfit.com

Kangoo Jumps Fitness	Kangoo Dance	Workshop/Seminar	0.8	12/31/18	www.kjfit.com
Kangoo Jumps Fitness	Kangoo Discovery	Workshop/Seminar	0.8	12/31/18	www.kjfit.com
Kangoo Jumps Fitness	Kangoo Kick & Punch	Workshop/Seminar	0.8	12/31/18	www.kjfit.com
Kangoo Jumps Fitness	Kangoo Power	Workshop/Seminar	1.6	12/31/18	www.kjfit.com
Ketogenic Living 101	Ketogenic Living Certified Coach	Home Study	0.3	12/31/18	
Kettlebell Athletics	Kettlebell Athletics Level 1	Workshop/Seminar	1.2	12/31/18	www.KettlebellAthletics.com
Kettlebell Athletics	Kettlebell Athletics Level 2 - Beyond the Basics	Workshop/Seminar	1.2	12/31/18	www.KettlebellAthletics.com
Keuilian Inc. / Fitness Business Summit	Fitness Business Summit 2018	Conference	1.6	12/31/18	fitnessbusinesssummit.com
KILO Strength Society	Advanced Strategies to Program Design	Workshop/Seminar	1.5	12/31/18	
KILO Strength Society	Body Composition Training Camp	Workshop/Seminar	1.9	12/31/18	
KILO Strength Society	Hypertrophy Training Camp	Workshop/Seminar	1.9	12/31/18	
KILO Strength Society	PRIMEIGHT Training Camp	Workshop/Seminar	1.9	12/31/18	
KILO Strength Society	Sports Specific Training Camp	Workshop/Seminar	1.9	12/31/18	
KIME Human Performance Institute	Blueprint for a Bulletproof Knee	Workshop/Seminar	0.8	12/31/18	
KIME Human Performance Institute	Blueprint for a Bulletproof Shoulder	Workshop/Seminar	0.8	12/31/18	
KIME Human Performance Institute	Blueprint for a Bulletproof Spine	Workshop/Seminar	0.8	12/31/18	
Kinesics Human Movement Systems	Kinesics Evaluation Course (KEC)	Home Study	0.5	12/31/18	http://www.kinesicshms.com
Kinesics Human Movement Systems	Kinesics Practical Evaluation Course	Home Study	0.5	12/31/18	www.kinesicshms.com
Kinesics Human Movement Systems	KTC 1: Kinesics Training Course 1	Workshop/Seminar	0.6	12/31/18	kinesicshms.com
Kinesics Human Movement Systems	KTC 2: Integrated Exercise	Home Study	0.4	12/31/18	www.kinesicshms.com
Kinesics Human Movement Systems	Posture	Home Study	0.4	12/31/18	www.kinesicshms.com
Kinesics Human Movement Systems	Theory	Workshop/Seminar	0.3	12/31/18	http://www.kinesicshms.com
Kinesio University	Certified Kinesio Taping Technician Level II: Advanced Training	Workshop/Seminar	0.4	12/31/18	www.kinesiotape.com
Kinesio University	KINESIO® CKTT® LEVEL 1 BASIC TRAINING	Workshop/Seminar	0.2	12/31/18	www.kinesiotaping.com
Kinesiology Institute for Performance Specialists (KIPS)	Business and Sales: The Guide to Success as a Personal Trainer	Workshop/Seminar	1.9	12/31/18	www.kipsonline.org
Kinesiology Institute for Performance Specialists (KIPS)	Core Performance Specialist	Home Study	1.9	12/31/18	www.kipsonline.org
Kinesiology Institute for Performance Specialists (KIPS)	Speed, Agility & Strength Training	Home Study	1.9	12/31/18	www.kipsonline.org
Kinesiology Institute for Performance Specialists (KIPS)	True Mace Training	Workshop/Seminar	1.9	12/31/18	
Kinesis, Inc	Anatomy Trains for Movement Professionals	Workshop/Seminar	1.4	12/31/18	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Structure and Function (3 day)	Workshop/Seminar	1.9	12/31/18	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Training I	Workshop/Seminar	1.4	12/31/18	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Training II	Workshop/Seminar	1.4	12/31/18	www.anatomytrains.com
Kinesis, Inc	Better Training, Faster Healing: Fascial Responses in Loaded Movement and Injury	Workshop/Seminar	1.4	12/31/18	www.anatomytrains.com
Kinesis, Inc	BodyReading 101	Workshop/Seminar	0.7	12/31/18	www.anatomytrains.com
Kinesis, Inc	BodyReading 102	Workshop/Seminar	0.7	12/31/18	www.anatomytrains.com
Kinesis, Inc	Fascia in Movement	Home Study	0.5	12/31/18	www.anatomytrains.com
Kinesis, Inc	Feeling Your Way Through the Lines	Home Study	0.3	12/31/18	https://www.anatomytrains.com/product/feeling-way-lines/
Kinesis, Inc	OD on Movement: Integrated and Intelligent Movement Solutions	Workshop/Seminar	1.4	12/31/18	
Kinesis, Inc	Resilience: Taking the Strain and Coming Back Stronger	Workshop/Seminar	1.4	12/31/18	
Kinesis, Inc	The Myofascial Web with Tom Myers	Workshop/Seminar	1.4	12/31/18	
Kinesis, Inc	Thomas Myers Immersion – Movement Mentorship	Workshop/Seminar	1.9	12/31/18	www.anatomytrains.com
Kinesis, Inc	Walking the Lines: Anatomy Trains, Gait, and Fascial Efficiency	Workshop/Seminar	1.9	12/31/18	www.anatomytrains.com
LA Fitness	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/18	
LA Fitness	Aqua Training	Workshop/Seminar	0.5	12/31/18	
LA Fitness	Aqua with equipment	Workshop/Seminar	0.3	12/31/18	
LA Fitness	Body Works	Workshop/Seminar	0.5	12/31/18	
LA Fitness	Body Works Choreography	Workshop/Seminar	0.2	12/31/18	
LA Fitness	Bootcamp Circuit	Workshop/Seminar	0.2	12/31/18	
LA Fitness	Bootcamp Circuit PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/18	
LA Fitness	Club Boxing Circuit	Workshop/Seminar	0.3	12/31/18	
LA Fitness	F.I.T.A™	Workshop/Seminar	0.7	12/31/18	
LA Fitness	F.I.T.A™ Advance Teaching Skills	Workshop/Seminar	0.7	12/31/18	
LA Fitness	Hip Hop	Workshop/Seminar	0.4	12/31/18	
LA Fitness	Indoor Cycling	Workshop/Seminar	0.5	12/31/18	
LA Fitness	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/18	
LA Fitness	Kickbox Cardio	Workshop/Seminar	0.4	12/31/18	
LA Fitness	Kickbox Cardio Choreography	Workshop/Seminar	0.2	12/31/18	
LA Fitness	Latin Heat	Workshop/Seminar	0.4	12/31/18	
LA Fitness	Mat Pilates	Workshop/Seminar	0.5	12/31/18	
LA Fitness	Power Circuit	Workshop/Seminar	0.3	12/31/18	
LA Fitness	Reformer Pilates for Fitness	Workshop/Seminar	1.2	12/31/18	
LA Fitness	Step Tech 1	Workshop/Seminar	0.3	12/31/18	
LA Fitness	Step Tech 2	Workshop/Seminar	0.3	12/31/18	
LA Fitness	Step Tech Choreography	Workshop/Seminar	0.2	12/31/18	
LA Fitness	Yoga Basics	Workshop/Seminar	0.8	12/31/18	
LA Fitness	Yogabeat™	Workshop/Seminar	0.6	12/31/18	
LA PALESTRA Center for Preventative Medicine	Case Management and Advisement	Workshop/Seminar	0.6	12/31/18	http://www.lapalestramastertrainercertification.com
LA PALESTRA Center for Preventative Medicine	Introduction to the LA PALESTRA Method	Workshop/Seminar	0.6	12/31/18	http://www.lapalestramastertrainercertification.com
LA PALESTRA Center for Preventative Medicine	Range of Motion	Workshop/Seminar	0.6	12/31/18	http://www.lapalestramastertrainercertification.com
Lateral Edge (JFJ LLC)	Lateral Edge Level I Slide Board Certification	Workshop/Seminar	0.5	12/31/18	lateraledgeonline.com
Lauren George Fitness	Have A Ball At The barre	Workshop/Seminar	0.2	12/31/18	
Lauren George Fitness	HIIT The Party At The barre	Workshop/Seminar	0.3	12/31/18	
Lauren George Fitness	Pilates Fundamentals For Group Fitness Instructors	Workshop/Seminar	0.5	12/31/18	
Lauren George Fitness	Pulse and Flow	Workshop/Seminar	0.2	12/31/18	
Lawrence Biscontini	Cardio	Workshop/Seminar	0.8	12/31/18	www.findlawrence.com
Lawrence Biscontini	Flexibility	Workshop/Seminar	0.8	12/31/18	www.findlawrence.com
Lawrence Biscontini	GFit Teaching Innovations	Workshop/Seminar	0.8	12/31/18	www.findlawrence.com
Lawrence Biscontini	Strength	Workshop/Seminar	0.8	12/31/18	www.findlawrence.com

Learn2Tape, LLC	K-Cuts Taping Systems eCourse Certification	Home Study	1.6	12/31/18	www.learn2tape.com
Les Mills	Advanced Instructor Module 2	Workshop/Seminar	1.7	12/31/18	www.lesmills.com/us
Les Mills	BODYATTACK 100 Instructor Workshop Education	Workshop/Seminar	0.3	12/31/18	
Les Mills	BODYATTACK 100 Release Kit Education	Home Study	0.2	12/31/18	
Les Mills	BODYATTACK 101	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	BODYATTACK Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	BODYATTACK Initial Module	Workshop/Seminar	1.6	12/31/18	www.lesmills.com/us
Les Mills	BODYATTACK® 99 COACHING THE BASICS: LAYER 1	Home Study	0.1	12/31/18	
Les Mills	BODYBALANCE 79 TRANSITIONS AND THE UNIQUENESS OF BODYBALANCE 79	Home Study	0.1	12/31/18	
Les Mills	BODYCOMBAT 74 REMOVING THE FILLERS AND MASTERING THE KICK KATA	Home Study	0.1	12/31/18	
Les Mills	BODYCOMBAT 75 Instructor Workshop Education	Workshop/Seminar	0.3	12/31/18	
Les Mills	BODYCOMBAT 75 Release Kit Education	Home Study	0.2	12/31/18	
Les Mills	BODYCOMBAT 76	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	BODYCOMBAT Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	BODYCOMBAT Initial Module	Workshop/Seminar	1.5	12/31/18	www.lesmills.com/us
Les Mills	BODYFLOW 80	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	BODYFLOW 80 Instructor Workshop Education	Workshop/Seminar	0.3	12/31/18	
Les Mills	BODYFLOW 80 Release Kit Education	Home Study	0.2	12/31/18	
Les Mills	BODYFLOW Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	BODYFLOW Initial Module	Workshop/Seminar	1.5	12/31/18	www.lesmills.com/us
Les Mills	BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!	Home Study	0.1	12/31/18	
Les Mills	BODYJAM 84 Instructor Workshop Education	Workshop/Seminar	0.3	12/31/18	
Les Mills	BODYJAM 84 Release Kit Education	Home Study	0.2	12/31/18	
Les Mills	BODYJAM 85	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	BODYJAM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	BODYJAM Initial Module	Workshop/Seminar	1.8	12/31/18	www.lesmills.com/us
Les Mills	BODYPUMP 104 TRIPLE EXTENSION	Home Study	0.1	12/31/18	
Les Mills	BODYPUMP 105 Instructor Workshop Education	Workshop/Seminar	0.3	12/31/18	
Les Mills	BODYPUMP 105 Release Kit Education	Home Study	0.2	12/31/18	
Les Mills	BODYPUMP 106 Quarterly Education	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	BODYPUMP Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	BODYPUMP Initial Module	Workshop/Seminar	1.5	12/31/18	www.lesmills.com/us
Les Mills	BODYSTEP 110 NOW OR LATER	Home Study	0.1	12/31/18	
Les Mills	BODYSTEP 111 Instructor Workshop Education	Workshop/Seminar	0.4	12/31/18	
Les Mills	BODYSTEP 111 Release Kit Education	Home Study	0.3	12/31/18	
Les Mills	BODYSTEP 112 Quarterly Education	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	BODYSTEP Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	BODYSTEP Initial Module	Workshop/Seminar	1.6	12/31/18	www.lesmills.com/us
Les Mills	BODYVIVE 3.1 / 45 - Innovations	Home Study	0.1	12/31/18	
Les Mills	BODYVIVE Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	BODYVIVE Initial Module	Workshop/Seminar	1.6	12/31/18	www.lesmills.com/us
Les Mills	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	1.9	12/31/18	www.lesmills.com/us
Les Mills	BORN TO MOVE Initial Module Preschool Only	Workshop/Seminar	1.2	12/31/18	www.lesmills.com/us
Les Mills	BORN TO MOVE Initial Module School Age Only	Workshop/Seminar	1.6	12/31/18	www.lesmills.com/us
Les Mills	CXWORX 29 GREAT TEACHNIQUE AND CLEAR COACHING	Home Study	0.1	12/31/18	
Les Mills	CXWORX 30 Instructor Workshop Education	Home Study	0.3	12/31/18	
Les Mills	CXWORX 30 Release Kit Education	Home Study	0.2	12/31/18	
Les Mills	CXWORX Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	CXWORX Initial Module	Workshop/Seminar	1.5	12/31/18	www.lesmills.com/us
Les Mills	General Education Q1 2018 Instructor Workshop Education	Workshop/Seminar	0.2	12/31/18	
Les Mills	General Education Q1 2018 Release Kit Education	Home Study	0.1	12/31/18	
Les Mills	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	LES MILLS GRIT Cardio 24 Instructor Workshop Education	Workshop/Seminar	0.2	12/31/18	
Les Mills	LES MILLS GRIT Cardio 24 Release Kit Education	Home Study	0.1	12/31/18	
Les Mills	LES MILLS GRIT Initial Module	Workshop/Seminar	1.5	12/31/18	www.lesmills.com/us
Les Mills	LES MILLS GRIT Plyo 24 Instructor Workshop Education	Workshop/Seminar	0.2	12/31/18	
Les Mills	LES MILLS GRIT Plyo 24 Release Kit Education	Home Study	0.1	12/31/18	
Les Mills	LES MILLS GRIT Strength 24 Instructor Workshop Education	Workshop/Seminar	0.2	12/31/18	
Les Mills	LES MILLS GRIT Strength 24 Release Kit Education	Home Study	0.1	12/31/18	
Les Mills	LES MILLS SPRINT 11 Instructor Workshop Education	Workshop/Seminar	0.2	12/31/18	
Les Mills	LES MILLS SPRINT 11 Release Kit Education	Home Study	0.1	12/31/18	
Les Mills	LES MILLS SPRINT Initial Module	Workshop/Seminar	1.4	12/31/18	www.lesmills.com/us
Les Mills	LES MILLS TONE 1 Instructor Workshop Education	Workshop/Seminar	0.2	12/31/18	
Les Mills	LES MILLS TONE 1 Release Kit Education	Home Study	0.1	12/31/18	
Les Mills	RPM 77 - Layer Coaching	Home Study	0.1	12/31/18	
Les Mills	RPM 78 Instructor Workshop Education	Workshop/Seminar	0.2	12/31/18	
Les Mills	RPM 78 Release Kit Education	Home Study	0.1	12/31/18	
Les Mills	RPM 79 Quarterly Education	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	RPM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com
Les Mills	RPM Initial Module	Workshop/Seminar	1.7	12/31/18	www.lesmills.com
Les Mills	Science of Motivation	Workshop/Seminar	0.5	12/31/18	www.lesmills.com/us
Les Mills	SH'BAM 31 Instructor Workshop Education	Workshop/Seminar	0.3	12/31/18	
Les Mills	SH'BAM 31 Release Kit Education	Home Study	0.2	12/31/18	
Les Mills	SH'BAM 30 - Floor Friends	Home Study	0.1	12/31/18	
Les Mills	SH'BAM 32 Quarterly Education	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	SH'BAM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/18	www.lesmills.com/us
Les Mills	SH'BAM Initial Module	Workshop/Seminar	1.5	12/31/18	www.lesmills.com/us
Les Mills	Sprint 10 - Power Training	Home Study	0.1	12/31/18	

Les Mills	The TRIP Initial Module	Workshop/Seminar	1.5	12/31/18	www.lesmills.com/us
Les Mills	TONE 2 Quarterly Education	Workshop/Seminar	0.1	12/31/18	www.lesmills.com/us
Les Mills	Trip 11 - State, Show, Say Recap - TRIP Summary, Being Athletic & Animated	Home Study	0.1	12/31/18	
Life Fitness	Creating Small Group Training Experiences	Workshop/Seminar	0.7	12/31/18	www.lifefitness.com
Life Fitness	Discovering Cardio and the Digital Experience	Workshop/Seminar	0.6	12/31/18	www.lifefitness.com
Life Fitness	Exploring Hammer Strength HD Elite/Athletic Day 1	Workshop/Seminar	0.7	12/31/18	lifefitness.com
Life Fitness	Exploring Hammer Strength HD Elite/Athletic Day 2	Workshop/Seminar	0.7	12/31/18	lifefitness.com
Life Fitness	General Product Training	Workshop/Seminar	0.8	12/31/18	www.lifefitness.com
Life Fitness	Introduction to Synrgy BlueSky	Workshop/Seminar	0.6	12/31/18	www.lifefitness.com
Life Fitness	Introduction to Synrgy360	Workshop/Seminar	0.7	12/31/18	www.lifefitness.com
Life Time Fitness	Life Time Personal Training Method	Home Study	1.9	12/31/18	mylt.life
Linda N. Magee	Outside the Box	Workshop/Seminar	0.3	12/31/18	
Linda N. Magee	Pilates TRIX	Home Study	0.3	12/31/18	
Linda N. Magee	TriPlanar TRIX	Home Study	0.3	12/31/18	
Lisa J. Hamlin	Senior Fit & Fun	Workshop/Seminar	0.3	12/31/18	
Lisa J. Hamlin	Specialized Military Fitness Programming	Workshop/Seminar	1.5	12/31/18	
Lisa J. Hamlin	Trigger Point Muscle Rejuvenation	Workshop/Seminar	0.8	12/31/18	
Lisa J. Hamlin	Yoga 24/7	Workshop/Seminar	0.4	12/31/18	
Lisa J. Hamlin	Yoga Burn & Firm	Workshop/Seminar	0.4	12/31/18	
Lisa J. Hamlin	Youth Fitness - Fit-4-Kids	Workshop/Seminar	0.8	12/31/18	
Lisafirefly LLC	YOGASPORT FX	Workshop/Seminar	0.7	12/31/18	lisafirefly.com
Living Wellness, LLC	Living Wellness Certification	Workshop/Seminar	1.2	12/31/18	www.LWGG.org
Los Angeles Galaxy	LA Galaxy Sports Science Synposium	Conference	1.5	12/31/18	www.lagalaxy.com
Low Pressure Fitness	Level 1 Instructor Training	Workshop/Seminar	1.5	12/31/18	
Low Pressure Fitness	Level 2 Instructor Training	Workshop/Seminar	1.5	12/31/18	
Low Pressure Fitness	LPF Introduction Workshop	Workshop/Seminar	0.2	12/31/18	www.lowpressurefitness.us
Lowcountry Roling, LLC	Hands on Stretching: Sports Massage Applications for the Training Environment	Workshop/Seminar	0.6	12/31/18	
Ma Strength	Ma Strength Level III Seminar	Workshop/Seminar	0.7	12/31/18	
Mad Dogg Athletics	2018 Pilates Empowerment Summit	Conference	1.5	12/31/18	www.pilatesempowermentsummit.com/
Mad Dogg Athletics	2018 World Spinning® and Sports Conditioning Conference	Conference	1.9	12/31/18	www.wsscconference.com
Mad Dogg Athletics	Becoming a Rockstar Instructor	Workshop/Seminar	0.8	12/31/18	www.spinning.com
Mad Dogg Athletics	Cadence, Heart Rate & Class Design	Workshop/Seminar	0.4	12/31/18	www.maddogg.com
Mad Dogg Athletics	Creating a Journey Ride	Workshop/Seminar	0.4	12/31/18	www.spinning.com
Mad Dogg Athletics	CrossCore Bridge	Workshop/Seminar	0.4	12/31/18	www.maddogg.com
Mad Dogg Athletics	CrossCore Bridge (Online)	Workshop/Seminar	0.4	12/31/18	www.maddogg.com
Mad Dogg Athletics	CrossCore® Foundations	Workshop/Seminar	0.6	12/31/18	www.maddogg.com
Mad Dogg Athletics	Let's Jump!	Workshop/Seminar	0.2	12/31/18	www.maddogg.com
Mad Dogg Athletics	Resist-A-Ball® Essentials Home Study	Home Study	0.4	12/31/18	www.maddogg.com
Mad Dogg Athletics	Resist-A-Ball® Foundation Instructor Training	Workshop/Seminar	0.8	12/31/18	www.maddogg.com
Mad Dogg Athletics	Spinning Instructor Certification	Workshop/Seminar	0.8	12/31/18	http://www.spinning.com/spinning-instructors/become-an-instructor.asp
Mad Dogg Athletics	Spinning Instructor Online Training	Workshop/Seminar	0.8	12/31/18	www.maddogg.com
Mad Dogg Athletics	SPINPower® Instructor Training	Workshop/Seminar	0.8	12/31/18	www.spinning.com
Mad Dogg Athletics	SPINPower® STONGER	Workshop/Seminar	0.4	12/31/18	www.spinning.com
Mad Dogg Athletics	Ugi Essentials Instructor Training	Workshop/Seminar	0.6	12/31/18	www.maddogg.com
Maple Tree Cancer Alliance	Exercise Oncology Specialist	Home Study	0.3	12/31/18	www.mapletreecanceralliance.org
Masala Dance & Fitness, Inc.	Bar Bhangra	Workshop/Seminar	0.7	12/31/18	www.masalabhangraworkout.com
Masala Dance & Fitness, Inc.	Masala Bhangra Level 1 Training: Foundations	Workshop/Seminar	0.8	12/31/18	www.masalabhangraworkout.com
Masala Dance & Fitness, Inc.	Masala Bhangra Level 2 Training: Expert	Workshop/Seminar	0.4	12/31/18	www.masalabhangraworkout.com
Masala Dance & Fitness, Inc.	Masala Bhangra Level 3 Training: Pro	Workshop/Seminar	0.5	12/31/18	www.masalabhangraworkout.com
MASHUP®	MASHUP®	Workshop/Seminar	1.1	12/31/18	http://www.mashupconditioning.com
Matrix Fitness	MX4: Functional Frame Small Group Training Course	Workshop/Seminar	0.5	12/31/18	www.matrixfitness.com
Matrix Fitness	Resistance Band Training	Workshop/Seminar	0.4	12/31/18	http://www.matrixfitness.com/en/group-training/
Matrix Fitness	Sprint 8	Workshop/Seminar	0.3	12/31/18	www.matrixfitness.com
Matthew Ibrahim and Dr. Zak Gabor	Hip Hinge 101 Workshop	Workshop/Seminar	0.7	12/31/18	www.matthew-ibrahim.com/workshops
Medical Fitness Education Foundation	Medical Fitness Tour	Conference	1.9	12/31/18	https://medicalfitnesstour.org/glassboro
Metafit Training USA	Metafit Coach Course	Workshop/Seminar	0.6	12/31/18	www.metafit-trainingusa.com
Mike Dolce MMA INC.	Dolce Diet Certified: Nutrition Counselor (Level-1)	Workshop/Seminar	1.4	12/31/18	www.TheDolceDiet.com
MindBodyBarre	MindBodyBarre Advanced Training	Workshop/Seminar	1.9	12/31/18	http://mindbodybarre.com
MIST Jackie Henderson	MIST - Muscle Integrated Soul Training	Workshop/Seminar	0.8	12/31/18	http://www.ablemindbody.com
Moba Fitness	Moba Program Design Course	Workshop/Seminar	0.2	12/31/18	
Moba Fitness	Moba Program Design Online Course	Home Study	0.2	12/31/18	
modelFIT	modelFIT method	Workshop/Seminar	1.9	12/31/18	www.modelFIT.com
Molon Labe Fitness Education	Advanced Fundamentals	Workshop/Seminar	1.8	12/31/18	www.dfmfit.com
Molon Labe Fitness Education	Advanced Price Presentations	Workshop/Seminar	0.2	12/31/18	www.mlfitnesseducation.com
Molon Labe Fitness Education	Basic Sales	Workshop/Seminar	0.2	12/31/18	
Molon Labe Fitness Education	Building Long Term Commitment	Workshop/Seminar	0.2	12/31/18	www.dfmfit.com
Molon Labe Fitness Education	Building Your Business	Workshop/Seminar	0.1	12/31/18	
Molon Labe Fitness Education	Business Management: Clients	Workshop/Seminar	0.2	12/31/18	www.mlfitnesseducation.com
Molon Labe Fitness Education	Business Management: Self	Workshop/Seminar	0.2	12/31/18	www.mlfitnesseducation.com
Molon Labe Fitness Education	Client Engagement	Workshop/Seminar	0.2	12/31/18	www.mlfitnesseducation.com
Molon Labe Fitness Education	Client Retention	Workshop/Seminar	0.1	12/31/18	
Molon Labe Fitness Education	Creating Compliance	Workshop/Seminar	0.2	12/31/18	www.mlfitnesseducation.com
Molon Labe Fitness Education	Handling Concerns	Workshop/Seminar	0.2	12/31/18	
Molon Labe Fitness Education	Personal Training Fundamentals	Workshop/Seminar	1.0	12/31/18	www.dfmfit.com
Molon Labe Fitness Education	PNF Stretch	Workshop/Seminar	0.3	12/31/18	www.dfmfit.com
Moms Into Fitness, Inc.	Prenatal & Postnatal Fitness Specialist	Workshop/Seminar	1.9	12/31/18	www.momsintofitness.com
Monthly Applications in Strength Sport (MASS)	MASS Course #1	Home Study	0.9	12/31/18	www.strongerbyscience.com/mass
Move it Nation, Inc.	Certified Roots-n-Riddims Instructor	Workshop/Seminar	0.5	12/31/18	

Movement Edge	Movement Edge Practitioner Training - Online Course	Home Study	0.8	12/31/18
Movement Edge	Movement Edge Practitioner Training - Workshop	Workshop/Seminar	1.5	12/31/18
Muscle Activation Techniques®	Jumpstart Program - Lower Extremity	Workshop/Seminar	1.6	12/31/18 www.muscleactivation.com
Muscle Activation Techniques®	Jumpstart Program - Trunk & Spine	Workshop/Seminar	1.6	12/31/18 www.muscleactivation.com
Muscle Activation Techniques®	Jumpstart Program - Upper Extremity	Workshop/Seminar	1.6	12/31/18 www.muscleactivation.com
Muscle Activation Techniques®	MAT® Lower Body Certified	Home Study	1.9	12/31/18 www.muscleactivation.com
Muscle System Consortia	Motor Control: Pathology, Assessment and Improvement- Philosophical Basis, Research, and Methodology	Workshop/Seminar	1.2	12/31/18 www.musclesystemconsortia.com
Muscle Therapy San Diego	The Muscle Re-Calibration System (MRS)	Workshop/Seminar	1.6	12/31/18 www.muscletherapysandiego.com
MUVZ Fitness	MUVZ Fitness	Workshop/Seminar	0.9	12/31/18 http://www.muvsfitness.com
MYbarre Fitness	MYbarre Instructor	Workshop/Seminar	1.9	12/31/18
Myobuddy	Recovery & Restore: Maintaining Fascia Health for Better Movement	Workshop/Seminar	0.4	12/31/18 www.myobuddy.com
Namirsa Inc.	Electronic Stimulation for Pain & Muscle Performance	Workshop/Seminar	0.2	12/31/18 namirsa.com
National Academy of Strength and Power	Certified Powerlifting Coach for Sports Competition	Home Study	1.0	12/31/18 http://naspower.org/
National Dairy Council	Understanding Dairy - From Farm to Recovery Fuel	Workshop/Seminar	0.6	12/31/18
National Exercise and Sports Trainers Association (NESTA)	Biomechanics Specialist (updated)	Home Study	1.9	12/31/18 www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	Heart Rate Performance Specialist	Home Study	1.9	12/31/18 www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	ITCA Certified Triathlon Coach	Home Study	1.9	12/31/18 www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	MMA Conditioning Coach	Home Study	1.9	12/31/18 www.mmaca.net
National Exercise and Sports Trainers Association (NESTA)	Muay Thai Fitness	Home Study	1.9	12/31/18 www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	NESTA Live 2-day Personal Trainer Certification Workshop	Workshop/Seminar	1.6	12/31/18 www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	Sports Nutrition Specialist	Home Study	1.0	12/31/18 www.nestacertified.com
National Exercise Trainers Association (NETA)	101 Ways to Bootcamp (3hr)	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	101 Ways to Bootcamp (5hr)	Workshop/Seminar	0.5	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	9 Rounds of TKO Fit Fest	Home Study	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Barre Connect Specialty Certification	Workshop/Seminar	0.8	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Barre Meets Bike Fit Fest	Home Study	0.3	12/31/18
National Exercise Trainers Association (NETA)	Becoming a Yoga Professional Certification	Home Study	1.0	12/31/18
National Exercise Trainers Association (NETA)	Body Weight Training	Workshop/Seminar	0.5	12/31/18 http://www.netafit.org
National Exercise Trainers Association (NETA)	Catching Some Zzzz's: Sleep your Way to Better Health & Performance	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Cycle 360: Cardio, Strength, and Core	Workshop/Seminar	0.5	12/31/18 http://www.netafit.org/index.htm
National Exercise Trainers Association (NETA)	Exercise for Parkinson's and MS	Home Study	0.3	12/31/18
National Exercise Trainers Association (NETA)	Fitness Yoga Specialty Certification	Workshop/Seminar	1.9	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Foam Roller Pilates Fit Fest	Home Study	0.3	12/31/18
National Exercise Trainers Association (NETA)	Foundations of Resistance Training Program Design	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Fun Group Training: Tread-N-Shred	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Glutes, Core, and More Fit Fest	Home Study	0.3	12/31/18
National Exercise Trainers Association (NETA)	HIIT it with YOGA	Workshop/Seminar	0.5	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	HIIT it with YOGA	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Indoor Cycling	Workshop/Seminar	0.7	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Intermediate Yoga Specialty Certification	Home Study	1.9	12/31/18
National Exercise Trainers Association (NETA)	Kettlebells Basic	Workshop/Seminar	0.7	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Kids Yoga Specialty Certification	Home Study	1.0	12/31/18
National Exercise Trainers Association (NETA)	Medicine Ball Pilates	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Medicine Ball Power	Workshop/Seminar	0.5	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Medicine Ball Power	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Personal Training Workshop	Workshop/Seminar	1.4	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Physical Activity for Special Medical Conditions	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Pilates Mat Specialty Certification	Workshop/Seminar	1.4	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Pilates Reformer Specialty Certification	Workshop/Seminar	1.4	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Prenatal Yoga Specialty Certification	Home Study	1.0	12/31/18
National Exercise Trainers Association (NETA)	Restorative Yoga Specialty Certification	Home Study	1.0	12/31/18
National Exercise Trainers Association (NETA)	Rock Solid Fit Fest	Home Study	0.3	12/31/18
National Exercise Trainers Association (NETA)	Rope Burn: The Ultimate Circuit Training Workout (3hr)	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Rope Burn: The Ultimate Circuit Training Workout (5hr)	Workshop/Seminar	0.5	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Senior Fitness Specialty Certification	Workshop/Seminar	0.7	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Senior POWER (3hr)	Workshop/Seminar	0.3	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Senior POWER (5hr)	Workshop/Seminar	0.5	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Senior Yoga Specialty Certification	Home Study	2.0	12/31/18
National Exercise Trainers Association (NETA)	Wellness Coach Specialty Certification	Workshop/Seminar	1.4	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Yoga for Special Populations	Home Study	1.0	12/31/18
National Exercise Trainers Association (NETA)	Yoga Foundations Specialty Certification	Workshop/Seminar	1.9	12/31/18 www.netafit.org
National Exercise Trainers Association (NETA)	Yoga Strong Specialty Certification	Home Study	2.0	12/31/18
National Personal Training Institute (NPTI)	Kettlebell Training Specialist	Workshop/Seminar	0.8	12/31/18
National Personal Training Institute of Ohio	Kettlebell Training for the Fitness Professional	Workshop/Seminar	0.7	12/31/18 www.nptiohio.edu
National Sports Performance Association	Certified Program Design Specialist	Home Study	0.4	12/31/18 www.nspa.org
National Sports Performance Association	Certified Speed & Agility Coach	Home Study	0.5	12/31/18 www.AthletesAcceleration.com
National Sports Performance Association	Certified Sports Nutrition Coach	Home Study	1.7	12/31/18
National Sports Performance Association	Certified Weightlifting Performance Coach	Home Study	0.5	12/31/18 http://athletesacceleration.com/
National Sports Performance Association	NSPA National Conference 2018	Conference	1.2	12/31/18 http://nspa.org/national-conference/
National University of Health Sciences	2018 Nutrition Conference	Conference	1.4	12/31/18 www.nuhs.edu/academics/college-of-continuing-education
Neuralpaths Training Systems	Neuralpaths Training Systems Workshop	Home Study	0.6	12/31/18
Neuro Target Systems w/ Dr. John Pietila	The NeuroTarget System – Class III	Workshop/Seminar	0.8	12/31/18 www.neurotargetsystem.com
Niel Asher Healthcare Ltd.	Anatomy of Sports Injuries-NAT Master Course	Home Study	0.3	12/31/18 www.nielasher.com
Niel Asher Healthcare Ltd.	Anatomy of Stretching-NAT Master Course	Home Study	0.3	12/31/18 www.nielasher.com
Niel Asher Healthcare Ltd.	Functional Anatomy of the Pelvis and Sacroiliac Joint - NAT Master Course	Home Study	0.6	12/31/18 www.nielasher.com
Niel Asher Healthcare Ltd.	Muscle Energy Techniques-NAT Master Course	Home Study	0.3	12/31/18 www.nielasher.com
Niel Asher Healthcare Ltd.	NAT Anatomy of Pain Trigger Point Course	Home Study	0.9	12/31/18 www.nielasher.com
Niel Asher Healthcare Ltd.	Power Lifting for Strength and Speed	Home Study	0.2	12/31/18

Niel Asher Healthcare Ltd.	Understanding and Treating the Vital Glutes NAT Master Course	Home Study	0.3	12/31/18	www.nielasher.com
Nikki Kendall	Healthy Healing: Understanding the Thyroid and Metabolism	Workshop/Seminar	0.2	12/31/18	
NIRSA Leaders In Collegiate Recreation	NIRSA 2018 Annual Conference & Campus Rec and Wellness Expo	Conference	0.9	12/31/18	nirsa.net/nirsa2018/
Northwest Fitness Education	2018 Spring Fitness & Training Forum	Conference	0.9	12/31/18	
NOUFLEX	BALANCE & CORE SPECIALTY by NOUFLEX	Workshop/Seminar	0.9	12/31/18	http://www.nouflex.com/nouflex-certification/
Obstacles2Success/Jan Berdar Training	Obstacle Course Certification (OCC) L1 "Let's Get Dirty"	Workshop/Seminar	0.8	12/31/18	www.janberdartraining.com
Off Road DC	Off Road Bike Certification Course	Workshop/Seminar	1.8	12/31/18	
OGorgeous, Inc.	POP Pilates Workshop	Workshop/Seminar	0.8	12/31/18	http://www.poppilateslife.com
Orange Theory (OT) Fitness	FLEX Method For Coaching Success	Workshop/Seminar	0.2	12/31/18	www.orangetheoryfitness.com
Orange Theory (OT) Fitness	Global Reset - Fitness	Workshop/Seminar	0.7	12/31/18	www.orangetheoryfitness.com
Orange Theory (OT) Fitness	Mini-Band Continuing Education	Workshop/Seminar	0.2	12/31/18	www.orangetheoryfitness.com
Orange Theory (OT) Fitness	OTFit Certification	Workshop/Seminar	1.9	12/31/18	https://www.orangetheoryfitness.com/
Original Strength Systems	OS Performance	Workshop/Seminar	0.9	12/31/18	www.OriginalStrength.net
Original Strength Systems	OS Pro RESET	Workshop/Seminar	1.5	12/31/18	www.OriginalStrength.net
Palm Beach Fit Body	FUNDAMENTAL OF LEADERSHIP & COACHING	Workshop/Seminar	1.9	12/31/18	
Parker Parks and Recreation Department	The Foundations and Application of Upper and Lower Body Lifts	Workshop/Seminar	0.4	12/31/18	
Parkinson Wellness Recovery	PWR!Moves® Instructor Training and Certification	Workshop/Seminar	1.5	12/31/18	
Parkour Generations Americas / Parkour Generations Ltd.	ADAPT Level 1	Workshop/Seminar	1.9	12/31/18	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	ADAPT Level 2	Workshop/Seminar	1.9	12/31/18	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness – Intro to Fitness	Workshop/Seminar	0.8	12/31/18	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness Specialist (PFS) Level 1	Workshop/Seminar	1.6	12/31/18	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness Specialist (PFS) Level 2	Workshop/Seminar	1.9	12/31/18	www.parkourgenerations.com
Pelvic Health Systems	Alignment Screening and Posture as it Relates to Pelvic Health	Workshop/Seminar	1.6	12/31/18	
Pelvic Health Systems	Digestion And Nutrition as it Relates to Pelvic Health	Workshop/Seminar	1.2	12/31/18	
Pelvic Health Systems	The Lyne Methodology - Simplifying Alignment Screenings and Solutions	Workshop/Seminar	0.8	12/31/18	
Pelvic Health Systems	Why Care about Pelvic Health?	Workshop/Seminar	1.2	12/31/18	
Penalty Box Fit	Penalty Box Fit	Home Study	0.3	12/31/18	www.penaltyboxfit.com
Perform Better	Perform Better 1 Day Learn by Doing Seminar	Workshop/Seminar	0.6	12/31/18	www.performbetter.com
Perform Better	Perform Better 3-Day Functional Training Summit Chicago	Conference	1.9	12/31/18	www.performbetter.com
Perform Better	Perform Better 3-Day Functional Training Summit Long Beach	Conference	1.9	12/31/18	www.performbetter.com
Perform Better	Perform Better 3-Day Functional Training Summit Orlando	Conference	1.9	12/31/18	www.performbetter.com
Perform Better	Perform Better 3-Day Functional Training Summit Providence	Conference	1.9	12/31/18	www.performbetter.com
Performance Cycling	Performance Cycling Essentials Plus (Level 1)	Home Study	0.9	12/31/18	www.performance-cycling.net
Performance Therapy Academy	Level 1 Performance Therapist Certification	Workshop/Seminar	0.8	12/31/18	www.performancetherapist.com
Performance Therapy Academy	Level 2 Performance Therapist Certification	Workshop/Seminar	0.8	12/31/18	www.performancetherapist.com
Personal Trainer Development Center	Online Trainer Academy	Home Study	1.9	12/31/18	http://onlinetraineracademy.theptdc.com
PESI Healthcare	Advances in Orthopedic Care: It's Not Just Broken Bones	Workshop/Seminar	0.6	12/31/18	www.pesihealthcare.com
Peyow Aqua Pilates	Peyow Aqua Pilates Funktional Barre 1	Workshop/Seminar	0.3	12/31/18	www.aquapilates.net
Peyow Aqua Pilates	Peyow Aqua Pilates Level 1 Beginner-Intermediate	Workshop/Seminar	0.6	12/31/18	www.aquapilates.net
Peyow Aqua Pilates	Peyow Aqua Pilates Level 2 Advanced Level	Workshop/Seminar	0.6	12/31/18	www.aquapilates.net
Physical Coaching Academy	Access & Correct	Workshop/Seminar	1.8	12/31/18	www.physicalcoaching.be
Physical Coaching Academy	Essentials of Healthy Nutrition Workshop	Workshop/Seminar	1.8	12/31/18	http://www.physicalcoaching.be
Physical Coaching Academy	Kettlebell Workshop	Workshop/Seminar	0.6	12/31/18	www.physicalcoaching.be
Physical Coaching Academy	Loaded Movement Training Workshop	Workshop/Seminar	0.6	12/31/18	www.physicalcoaching.be
Physical Coaching Academy	Olympic Lifting Workshop	Workshop/Seminar	1.2	12/31/18	www.physicalcoaching.be
Physical Coaching Academy	Program Design	Workshop/Seminar	1.9	12/31/18	www.physicalcoaching.be
Physical Coaching Academy	Suspension Training Workshop	Workshop/Seminar	0.6	12/31/18	www.physicalcoaching.be
PILOXING Academy, LLC	PILOXING® Barre Instructor Training	Workshop/Seminar	0.8	12/31/18	www.piloxing.com
PILOXING Academy, LLC	PILOXING® Knockout Instructor Training	Workshop/Seminar	0.8	12/31/18	www.piloxing.com
PILOXING Academy, LLC	PILOXING® SSP	Workshop/Seminar	0.8	12/31/18	www.piloxing.com
PILOXING Academy, LLC	THE MIX by PILOXING®	Workshop/Seminar	0.8	12/31/18	www.piloxing.com
PlyoJam	Plyometric-Infused Dance: Intro to PlyoJam	Workshop/Seminar	0.5	12/31/18	http://www.plyojam.com
PlyoJam	Plyometric-Infused Dance: Intro to PlyoJam (online)	Home Study	0.5	12/31/18	http://www.plyojam.com
PMc Fitness Solutions LLC	Core Training Exercise Specialist	Workshop/Seminar	0.6	12/31/18	http://petemccallfitness.com
PMc Fitness Solutions LLC	Kettlebell Training for Results	Workshop/Seminar	0.6	12/31/18	http://petemccallfitness.com
PoleMoves	Level 1 Pole Instructor Course	Home Study	1.5	12/31/18	www.polemoves.com
Pono Ola	Pono Board Trainer Basics Specialty Certificate	Home Study	0.4	12/31/18	https://ponoola.com
POUND® Rockout. Workout.	Generation POUND Pro Training	Workshop/Seminar	0.7	12/31/18	http://poundfit.com
POUND® Rockout. Workout.	POUND® Amplify	Workshop/Seminar	0.7	12/31/18	http://www.poundfit.com/certification-schedule/
POUND® Rockout. Workout.	POUND® Pro Training	Workshop/Seminar	0.7	12/31/18	www.poundfit.com/certification-schedule/
Power Systems, Inc.	PowerWave 2.0 Instructor Course	Workshop/Seminar	0.7	12/31/18	www.power-systems.com
PRECISION HUMAN PERFORMANCE	Cadaver Lab - Muscle Mechanics LIVE	Workshop/Seminar	0.6	12/31/18	WWW.PRECISIONHUMANPERFORMANCE.COM
PRECISION HUMAN PERFORMANCE	Exercise and Inflammation	Workshop/Seminar	0.8	12/31/18	precisionhumanperformance.com
PRECISION HUMAN PERFORMANCE	Exercise Design & Programming	Home Study	0.8	12/31/18	www.precisionhumanperformance.com
Precision Nutrition	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	1.9	12/31/18	www.precisionnutrition.com
Precision Nutrition	Precision Nutrition Level 2 Master Class	Home Study	1.9	12/31/18	www.precisionnutrition.com
Precor	4D PRO Bungee Fitness Trainer: Specialty Course for Queenax	Workshop/Seminar	0.4	12/31/18	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor	Queenax Functional Training Movement Design	Workshop/Seminar	0.4	12/31/18	www.precor.com
Precor	Queenax Fundamentals	Workshop/Seminar	0.2	12/31/18	
Precor	Queenax Small Group Program Design	Workshop/Seminar	0.3	12/31/18	www.precor.com
Precor	SUPERFUNCTIONAL™ MOVE	Workshop/Seminar	0.2	12/31/18	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor	UFO Specialization Course	Workshop/Seminar	0.2	12/31/18	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor	Ultimate Superfunctional: STACKS	Workshop/Seminar	0.4	12/31/18	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Primal Fit Miami	S.M.A.R.T. 360 Program Design	Workshop/Seminar	1.6	12/31/18	www.primatfit360miami.com
PRO Sports Club	Diabetes	Workshop/Seminar	0.2	12/31/18	
PRO Sports Club	Endurance Planning and Periodization	Workshop/Seminar	0.2	12/31/18	
PRO Sports Club	Foot Biomechanics & Post Rehab Principals	Workshop/Seminar	0.3	12/31/18	www.proclub.com/
PRO Sports Club	Hypertension	Workshop/Seminar	0.3	12/31/18	

PRO Sports Club	Hypertrophy	Workshop/Seminar	0.2	12/31/18
PRO Sports Club	Joint Degenerative Disease	Workshop/Seminar	0.2	12/31/18
PRO Sports Club	Knee Biomechanics and Rehabilitation Principals	Workshop/Seminar	0.3	12/31/18 www.proclub.com/
PRO Sports Club	Principals of Training and Program Design	Workshop/Seminar	0.2	12/31/18 www.proclub.com/
PRO Sports Club	Shoulder Biomechanics & Rehab Principals	Workshop/Seminar	0.3	12/31/18
PRONatal Fitness	PRONatal Fitness Pre/Postnatal Exercise Education	Home Study	1.9	12/31/18 www.pronatafitness.com
PRONatal Fitness	PRONatal Fitness: Training for Birth and Beyond	Workshop/Seminar	0.8	12/31/18 www.pronatafitness.com/fitness-professionals/overview
PT On The Net	8 Disciplines of Front Line Excellence	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Achieving Success through Specialization	Home Study	1.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Addressing and Preventing Low Back Pain	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Advanced Fitness Sales	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Bodyweight Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	BOSU Balance Trainer Power Programming	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Breath AS Medicine: Improving Health and the Training Experience	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Building the Skills and Confidence to Expand and Diversify Your Business	Home Study	1.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Cardiovascular Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Certificate In Health & Fitness Management	Home Study	1.0	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Client Assessment, Biomechanics, & Metabolism	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Client Relations & Business Management	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Closing the Sale	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Coaching	Home Study	0.2	12/31/18 www.ptonthenet.com
PT On The Net	Core Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Corrective Exercise Solutions to Postural and Movement Dysfunction	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Corrective Exercise Solutions: Foot and Ankle Pain	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Developing Leadership Skills	Home Study	1.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Effects of Hormones on Exercise and Well-Being	Home Study	0.1	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Female Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Fit for Daily Life	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Fitness Professional Education: Corrective Exercise	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Fitness Professional Education: Introduction to Functional Equipment	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Flexibility	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Flexibility Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Functional Anatomy	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Functional Flexibility	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Functional Integrated Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Functional Program Design	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Fundamentals of Balance	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Holistic Health & Stress Management	Home Study	0.2	12/31/18 www.ptonthenet.com
PT On The Net	Improving Foot and Gait Mechanics	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Indoor Rowing Technique and Programming	Home Study	0.1	12/31/18 www.ptonthenet.com
PT On The Net	Insurance Coverage and Claims for Fitness Professionals	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Introduction to Functional Equipment	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Loaded Exercises & Movement Based	Home Study	0.3	12/31/18 www.ptonthenet.com
PT On The Net	Lower Extremity Injury Prevention	Workshop/Seminar	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Macronutrients and Exercise	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Marketing Personal Training	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Mastery of the Science and Practices of Training	Home Study	1.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Motivating Clients	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Movement Based Appraisal (MOVE)	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Movement Based Flexibility	Home Study	0.8	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Movement Preparation	Home Study	0.1	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Non-Traditional Strength Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Performance Circuits	Home Study	0.1	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Periodization	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Personal Training Sales	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Personal Training Sales	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Practical Applications of Explosive Lifting and Advanced Strength Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Principles of Movement-Based Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Professionalism	Home Study	0.2	12/31/18 www.ptonthenet.com
PT On The Net	Program Design: Recovery	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome	Home Study	0.1	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Prospecting	Home Study	0.2	12/31/18 http://www.ptonthenet.com/cec-exams
PT On The Net	Re-assessments	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Renewals & Referrals	Home Study	0.2	12/31/18 http://www.ptonthenet.com/cec-exams
PT On The Net	Small Group Personal Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Social Media Marketing for Fitness Professionals	Home Study	0.4	12/31/18 www.ptonthenet.com
PT On The Net	Special Populations	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Steps to Success	Home Study	0.8	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Strategies for Assessing and Improving Balance	Home Study	0.1	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Strength Training	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Strength Training Program Design	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Stress Response to Exercise	Home Study	0.2	12/31/18 http://www.ptonthenet.com/cec-exams
PT On The Net	Systems and Strategies Essential for Success	Home Study	1.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Take Charge of Your Personal Training Services and Grow Your Business	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	The Muscular System	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams
PT On The Net	Time Management	Home Study	0.2	12/31/18 http://www.ptonthenet.com/cec-exams
PT On The Net	Training Prenatal and Postnatal Clients	Home Study	0.2	12/31/18 www.ptonthenet.com/cec-exams

PT On The Net	Understanding and Performing Valuable Fitness Assessments	Home Study	0.3	12/31/18	www.ptonthenet.com/cec-exams
PT On The Net	Understanding Fascia's Role in Movement and Training	Home Study	0.1	12/31/18	www.ptonthenet.com/cec-exams
PT On The Net	What Makes a Successful Personal	Home Study	0.1	12/31/18	http://www.ptonthenet.com/cec-exams
PT On The Net	Youth Training	Home Study	0.2	12/31/18	www.ptonthenet.com/cec-exams
PTA Global	Behavior Change in Exercise Workshop	Workshop/Seminar	0.7	12/31/18	www.ptaglobal.com
PTA Global	Exercise & Stress Management (ESM) Credential	Home Study	1.0	12/31/18	www.PTAGlobal.com
PTA Global	PTA Global Behavior Change in Exercise (BCE) Credential	Home Study	1.9	12/31/18	www.PTAGlobal.com
PTA Global	PTA Global Foundations	Home Study	1.9	12/31/18	www.PTAGlobal.com
PTA Global	PTA Global Mentorship 1	Home Study	1.5	12/31/18	www.PTAGlobal.com
Punk Rope, Inc.	Jump Rope Specialist Home Study	Home Study	0.4	12/31/18	www.punkrope.com
Punk Rope, Inc.	Jump Rope Specialist Workshop	Workshop/Seminar	0.4	12/31/18	www.punkrope.com
Punk Rope, Inc.	Punk Rope Instructor Course	Home Study	0.4	12/31/18	
Punk Rope, Inc.	Punk Rope Instructor Workshop	Workshop/Seminar	0.8	12/31/18	
RAD Mobility	RAD Mobility Level 1	Workshop/Seminar	0.4	12/31/18	http://www.radroller.com/pages/education
RAD Mobility	RAD Mobility Level 2	Workshop/Seminar	1.4	12/31/18	https://www.radroller.com/pages/education
RaqiSa®, The Belly Barre Workout	RaqiSa®, The Belly Barre Workout	Workshop/Seminar	0.6	12/31/18	www.raqisa.com
RealRyder® International LLC	RealRyder® Indoor Cycling Certified Instructor Training	Workshop/Seminar	0.8	12/31/18	http://www.RealRyder.com
RealRyder® International LLC	RealRyder® Indoor Cycling Certified Instructor Training	Home Study	0.4	12/31/18	http://realryder.idealifeit.com/realryder/realryder-indoor-cycle-certified-instructor-training
Recess Endurance Training	Recess Endurance Strength and Conditioning Specialist	Workshop/Seminar	1.3	12/31/18	recessendurance.com
RecoverME Body Restoration	Certified Movement & Restoration Specialist	Workshop/Seminar	1.6	12/31/18	https://www.primalfitmiami.com
RED Project Management Corp.	Building the Ultimate Back: From Rehabilitation to Performance	Conference	1.4	12/31/18	
RED Project Management Corp.	High Performance Training: Progressing backs from pain to performance	Conference	0.7	12/31/18	
RED Project Management Corp.	The Detailed Back Assessment: Reducing pain and enhancing performance	Conference	0.7	12/31/18	
Red Warrior Nation	R.E.D. Warrior® Instructor Certification	Workshop/Seminar	1.2	12/31/18	www.redwarrionation.com
Red Warrior Nation	R.E.D. Warrior® Online Training Workshop	Workshop/Seminar	0.8	12/31/18	www.redwarrionation.com
Red Warrior Nation	R.E.D. Warrior® Training Workshop	Workshop/Seminar	0.9	12/31/18	www.redwarrionation.com
Redcord USA	Active Intro	Workshop/Seminar	0.7	12/31/18	www.redcord.us
Redcord USA	Active Pro	Workshop/Seminar	1.4	12/31/18	redcord.myshopify.com/collections/redcord-active-medical-fitness-education-series
Redcord USA	Redcord Active Advanced: Corrective	Workshop/Seminar	1.4	12/31/18	www.redcord.us
Redcord USA	Redcord Active Multi-Suspension	Workshop/Seminar	0.7	12/31/18	WWW.redcord.US
REFIT®	REFIT® Instructor Training	Workshop/Seminar	0.6	12/31/18	http://shop.refitrev.com/collections/trainings
Rehabilitation Prague School	DNS Exercise II	Workshop/Seminar	1.2	12/31/18	
Rhythm Revolution, LLC	The Beat Clinic	Workshop/Seminar	0.6	12/31/18	www.rtribe.com
Rick McAvoy Aquatics	Hydro-Power	Workshop/Seminar	0.6	12/31/18	www.rickmcavoyaquatics.com
Rick McAvoy Aquatics	Medically Based Aquatic Fitness	Workshop/Seminar	0.8	12/31/18	www.rickmcavoyaquatics.com
River Valley Club	Heart Health	Home Study	0.2	12/31/18	
Rock Tape, Inc	FMT Basic	Workshop/Seminar	0.8	12/31/18	http://www.rocktape.com/education-research/functional-movement-techniques/
Rock Tape, Inc	FMT Performance	Workshop/Seminar	0.8	12/31/18	http://www.rocktape.com/education-research/functional-movement-techniques/
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades	Workshop/Seminar	0.8	12/31/18	www.rocktape.com/education-research/
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades Advanced	Workshop/Seminar	0.4	12/31/18	www.rocktape.com
Rolology Fitness	Rolology Fitness	Workshop/Seminar	1.9	12/31/18	
Rossiter LLC	Rossiter System - Rossiter Respiratory	Workshop/Seminar	0.8	12/31/18	
Rossiter LLC	Rossiter System Level 1 - Head to Toe	Workshop/Seminar	1.6	12/31/18	Rossiter.com
Rossiter LLC	Rossiter System Level 2 - More Power, More Techniques	Workshop/Seminar	1.6	12/31/18	Rossiter.com
Rossiter LLC	Rossiter System Level 3 - Speed, Agility & Consistency	Workshop/Seminar	1.6	12/31/18	Rossiter.com
Rossiter LLC	Rossiter System Level 4 - More Specific, More Precise	Workshop/Seminar	1.6	12/31/18	Rossiter.com
Rossiter LLC	Rossiter System Level 5 - PainSlayer	Workshop/Seminar	1.6	12/31/18	
Rossiter LLC	Rossiter System PainSlayer 1	Workshop/Seminar	1.6	12/31/18	Rossiter.com
Rossiter LLC	Rossiter System PainSlayer 2	Workshop/Seminar	1.6	12/31/18	
Rossiter LLC	Rossiter System PainSlayer 3	Workshop/Seminar	1.6	12/31/18	
RumbleRoller	RumbleRoller Foundations Course	Workshop/Seminar	0.4	12/31/18	www.rumbleroller.com
RumbleRoller	RumbleRoller Foundations Course (Home Study Version)	Home Study	0.3	12/31/18	
Run-Fit	14-Minute Metabolic Workouts	Home Study	1.0	12/31/18	
Run-Fit	Fitness Myths, Misconceptions, and Misinformation	Home Study	0.3	12/31/18	run-fit.com
Run-Fit	Marathon Running	Home Study	0.5	12/31/18	http://run-fit.com
Run-Fit	Recovery Nutrition	Home Study	0.4	12/31/18	run-fit.com
Run-Fit	REVO ₂ LUTION RUNNING	Home Study	1.9	12/31/18	http://run-fit.com
Run-Fit	Running for Weight Loss	Home Study	0.5	12/31/18	run-fit.com
Run-Fit	The Inner Runner	Home Study	0.5	12/31/18	run-fit.com
Run-Fit	Womens Running	Home Study	0.5	12/31/18	http://run-fit.com
Sadie Nardini	Yoga Shred Teacher Training	Home Study	1.5	12/31/18	courses.sadienardini.com
SALT Fitness Chicago	SALT Fitness Fundamentals of Anatomy + Movement	Workshop/Seminar	1.1	12/31/18	saltfit.com
Sanctband Active	Sanctband Active Summit 2018	Conference	1.3	12/31/18	
Savvier Fitness	Balletone	Workshop/Seminar	0.7	12/31/18	www.barreabove.com
Savvier Fitness	Barre Above Pilates Focused	Workshop/Seminar	1.2	12/31/18	www.barreabove.com
Savvier Fitness	Barre Above Prime Instructor Training	Workshop/Seminar	1.2	12/31/18	www.barreabove.com
Savvier Fitness	Elite HIIT Training	Workshop/Seminar	0.3	12/31/18	www.barreabove.com
Savvier Fitness	Let The Beat Drop	Workshop/Seminar	0.2	12/31/18	www.barreabove.com
Savvier Fitness	Muscular Endurance: Myths, Realities and Applications	Home Study	0.2	12/31/18	www.barreabove.com
Savvier Fitness	Tabata GX	Workshop/Seminar	0.7	12/31/18	www.barreabove.com
Savvier Fitness	The Musicality Method	Home Study	0.4	12/31/18	www.barreabove.com
SCW Fitness Education	2018 California MANIA® Conference	Conference	1.9	12/31/18	www.scwfit.com
SCW Fitness Education	2018 Florida MANIA® Conference	Conference	1.9	12/31/18	www.scwfit.com
SCW Fitness Education	2018 New York MANIA® Conference	Conference	1.9	12/31/18	www.scwfit.com
SCW Fitness Education	SCW Active Aging Certification	Workshop/Seminar	0.7	12/31/18	http://scwfit.com
SCW Fitness Education	SCW Advanced Functional Pilates Certification	Workshop/Seminar	0.7	12/31/18	www.scwfit.com
SCW Fitness Education	SCW Aqua Barre Certification	Workshop/Seminar	0.6	12/31/18	www.scwfit.com
SCW Fitness Education	SCW Aquatic Exercise Certification	Workshop/Seminar	0.8	12/31/18	http://scwfit.com

SCW Fitness Education	SCW Ballet Barre Certification	Workshop/Seminar	0.7	12/31/18 http://www.scwfitness.com/newsite.html
SCW Fitness Education	SCW Boxing Certification	Workshop/Seminar	0.7	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Core Training Specialist Certification	Workshop/Seminar	0.4	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Fierce Interval Resistance Exercise Certification	Workshop/Seminar	0.6	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Fitness Introduction to Meditation Certification	Workshop/Seminar	0.4	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Fitness Nutrition for the Active Ager Certification	Workshop/Seminar	0.4	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Fitness YOU – The Fitness Star! Certification	Workshop/Seminar	0.7	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Foam Rolling Certification	Workshop/Seminar	0.4	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Functional Flexibility Certification	Workshop/Seminar	0.4	12/31/18 http://scwfit.com
SCW Fitness Education	SCW Group Exercise Certification	Workshop/Seminar	0.8	12/31/18 http://scwfit.com
SCW Fitness Education	SCW Kettlebell Practical Certification	Workshop/Seminar	0.6	12/31/18 http://scwfit.com
SCW Fitness Education	SCW Lifestyle and Behavioral Coaching Workshop	Workshop/Seminar	0.4	12/31/18 http://scwfit.com
SCW Fitness Education	SCW Pilates Matwork Certification	Workshop/Seminar	0.8	12/31/18 http://scwfit.com
SCW Fitness Education	SCW Practical Guide to Hormones, Nutrition and Metabolism Certification	Workshop/Seminar	0.6	12/31/18 www.scwfit.com
SCW Fitness Education	SCW Sports Nutrition Certification	Workshop/Seminar	0.6	12/31/18 http://www.scwfitness.com/newsite.html
SCW Fitness Education	SCW Yoga I Certification	Workshop/Seminar	0.7	12/31/18 http://scwfit.com
SCW Fitness Education	SCW Yoga II Certification	Workshop/Seminar	0.4	12/31/18 http://scwfit.com
SCW Fitness Education	Ventura Family Conference	Conference	0.9	12/31/18
SCW Fitness Education	WATERinMOTION® Certification	Workshop/Seminar	0.7	12/31/18 www.scwfit.com
SH1FT	SH1FT 101	Home Study	0.8	12/31/18 WWW.SH1FTFITNESS.COM
SharQui - The Bellydance Workout	Online Sharqui Instructor Training	Home Study	1.0	12/31/18
SHAY-MCENTEE WELLNESS WORKS INC.	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	0.3	12/31/18
SHAY-MCENTEE WELLNESS WORKS INC.	ENERGY BREAK	Workshop/Seminar	0.3	12/31/18
SilverSneakers by Tivity Health	SilverSneakers BOOM MIND	Home Study	0.2	12/31/18
SilverSneakers by Tivity Health	SilverSneakers BOOM MOVE	Home Study	0.2	12/31/18
SilverSneakers by Tivity Health	SilverSneakers BOOM MUSCLE	Home Study	0.2	12/31/18
SilverSneakers by Tivity Health	SilverSneakers Circuit	Home Study	0.2	12/31/18
SilverSneakers by Tivity Health	SilverSneakers Classic	Home Study	0.2	12/31/18
SilverSneakers by Tivity Health	SilverSneakers Foundations	Home Study	0.5	12/31/18
SilverSneakers by Tivity Health	SilverSneakers Splash	Home Study	0.2	12/31/18
SilverSneakers by Tivity Health	SilverSneakers Stability	Home Study	0.2	12/31/18
SilverSneakers by Tivity Health	SilverSneakers YOGA	Home Study	0.2	12/31/18
SloBody	The No BS Yoga Guide & Videos for Personal Trainers	Home Study	1.9	12/31/18 http://slobody.com/yoga-for-personal-trainers/
Smart Tools	Level 1 Blood Flow Restriction Training	Workshop/Seminar	0.9	12/31/18 www.smarttoolsplus.com
SOMA	Advanced Functional Anatomy & Biomechanics: Mindsetting the Rings in Motion	Workshop/Seminar	0.8	12/31/18
SOMA	Advanced Program Design: 4 Steps to Elite Programming	Workshop/Seminar	0.8	12/31/18
SoulBody LLC	SoulBody Advanced Instructor Training	Home Study	0.7	12/31/18
Spartan Race Inc.	Spartan SGX Workshop	Workshop/Seminar	1.4	12/31/18 www.spartansgx.com
Spartan Race Inc.	Spartan Strong	Workshop/Seminar	0.7	12/31/18 http://www.spartansgx.com
Special Strong	Special Strong Trainer	Home Study	0.4	12/31/18
SPIDERfit Kids	Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy	Workshop/Seminar	0.7	12/31/18 www.powerfulplaycourse.com
Spin City Aerial Fitness	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Advanced Pole Fitness Instructor (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Anatomy and Physiology Foundations (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Beginners Aerial Sling Instructor (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Beginners Pole Fitness Instructor (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Intermediate Aerial Hoop Instructor (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	1.9	12/31/18 www.spincityinstructortraining.com
SPRY Method	Spry Method Online Specialty Certificate	Home Study	1.9	12/31/18
Stages Cycling	4-Hour Power	Workshop/Seminar	0.8	12/31/18 www.stagescycling.com
Stages Cycling	4-Hour Power (Online)	Home Study	0.4	12/31/18 www.stagescycling.com
Stages Cycling	Instructor Essentials	Workshop/Seminar	1.0	12/31/18 www.stagescycling.com
Stages Cycling	Instructor Essentials (Online)	Home Study	0.2	12/31/18 www.stagescycling.com
Stages Cycling	Introductory Stages Flight Training	Workshop/Seminar	1.2	12/31/18 www.stagescycling.com
Stages Cycling	Introductory Stages Flight Training (Online)	Home Study	0.4	12/31/18 www.stagescycling.com
Stages Cycling	Stages Power Pills - Optimal Interval Training	Workshop/Seminar	0.2	12/31/18
START Fitness/Fit to Fight	Boot Camp Instructor Course (Level 1)	Workshop/Seminar	0.8	12/31/18
START Fitness/Fit to Fight	Operation Craving Competition - Circuit Training Master Class	Workshop/Seminar	0.2	12/31/18
START Fitness/Fit to Fight	RESILIENCE WORKS: A Life Coaching Intensive with SGT Ken®	Workshop/Seminar	0.4	12/31/18 www.startfitness.com
Steve Nash Fitness World & Sports Club	nashFIT1	Workshop/Seminar	1.9	12/31/18 www.snclubs.com
StickMobility	Stick Mobility Level 1 Certification	Workshop/Seminar	1.3	12/31/18 https://stickmobility.com/certification/
StrengthOps	Kettlebell Essentials	Workshop/Seminar	0.4	12/31/18 www.strengthops.com
StrongBoard Balance	StrongBoard Balance Personal Trainer / Instructor Training	Workshop/Seminar	0.8	12/31/18 www.strongboardbalance.com
Sunshine Fitness Resources	Book Yourself Solid	Workshop/Seminar	0.8	12/31/18 http://www.sfresources.com
Sunshine Fitness Resources	GroupEx P.R.O. Management Systems	Workshop/Seminar	0.8	12/31/18 http://www.sfresources.com
Suples	Dynamic Movement Training with the Bulgarian Bag	Workshop/Seminar	0.9	12/31/18 www.suples.com
SweatShed by Crunch	Crunch's Signature Small Group Training	Workshop/Seminar	0.8	12/31/18
Synergence Teacher Training	YogaBarre Teacher Training	Workshop/Seminar	1.6	12/31/18
Synergence Teacher Training	YogaBurn Teacher Training	Workshop/Seminar	1.6	12/31/18 www.synergenceteachertraining.com
Tampa Bay Bodies	Line Dance Young and Old	Workshop/Seminar	0.8	12/31/18 linedanceyoungandold.com
Teachers College, Columbia University	Introduction to Electrocardiography	Workshop/Seminar	1.6	12/31/18 http://www.tc.columbia.edu/continuing-professional-studies
Team Alloy	Alloy: Personal Training Programming Certification	Workshop/Seminar	0.8	12/31/18 www.teamalloy.com
Technogym USA	Arke Foundation Workshop	Home Study	0.4	12/31/18 http://www.technogymusa.com
Technogym USA	Dual Adjustable Pulley	Workshop/Seminar	0.4	12/31/18 http://www.technogymusa.com
Technogym USA	Group Cycle Foundation	Workshop/Seminar	0.4	12/31/18
Technogym USA	Kinesis One	Workshop/Seminar	0.4	12/31/18 http://www.technogymusa.com

Technogym USA	Kinesis Station	Workshop/Seminar	0.4	12/31/18	http://www.technogymusa.com
Technogym USA	OMNIA	Workshop/Seminar	0.4	12/31/18	http://www.technogymusa.com
Technogym USA	SkillMill Introduction Workshop	Workshop/Seminar	0.4	12/31/18	
Technogym USA	SkillRow Foundation Workshop	Workshop/Seminar	0.4	12/31/18	http://www.technogymusa.com
Technogym USA	TEAMBEATS Introduction Workshop	Workshop/Seminar	0.4	12/31/18	http://www.technogymusa.com
Tennis Industry Association	Cardio Tennis L1 Training Course	Workshop/Seminar	0.6	12/31/18	www.tennisindustry.org
Tennis Industry Association	Cardio Tennis L2 Training Course	Workshop/Seminar	0.5	12/31/18	http://www.tennisindustry.org
The Abs Company	Introduction to Battle Rope ST: Level One	Workshop/Seminar	0.5	12/31/18	
The Abs Company	Introduction to Battle Rope ST: Level Two	Workshop/Seminar	0.5	12/31/18	
The Dailey Method	Basics of Barre	Workshop/Seminar	1.5	12/31/18	www.thedaileymethod.com
The FIT Institute	Integrated Functional Movement during Megaformer Class	Workshop/Seminar	0.3	12/31/18	www.thefitinstitutechicago.com
The Kinesis Centre	Training the Bariatric Client	Workshop/Seminar	0.2	12/31/18	http://www.thekinesiscentre.com
The MELT Method (Longevity Fitness, Inc.)	MELT Hand and Foot Training: New Science of the Human Body	Workshop/Seminar	1.9	12/31/18	www.meltmethod.com
The MELT Method (Longevity Fitness, Inc.)	MELT Instructor Level 2 Training	Workshop/Seminar	1.9	12/31/18	www.meltmethod.com
The MELT Method (Longevity Fitness, Inc.)	MELT Instructor Training Level 1	Workshop/Seminar	1.9	12/31/18	www.meltmethod.com
The MELT Method (Longevity Fitness, Inc.)	MELT NeuroStrength Level 1 Training	Workshop/Seminar	1.9	12/31/18	www.meltmethod.com
The Stretch Clinic	AIS for Fitness Professionals	Workshop/Seminar	1.9	12/31/18	www.thestretchclinic.com
The Stretch Clinic	Intro to Active Isolated Stretching	Workshop/Seminar	0.8	12/31/18	www.thestretchclinic.com
The ZEN Barre	Zen Barre Certification Home Study	Home Study	0.8	12/31/18	the-zen-barre.teachable.com
The ZEN Barre	Zen Barre Certification Workshop	Workshop/Seminar	0.8	12/31/18	www.thezenbarre.com
TheraGun	TheraGun Advanced Training Course	Workshop/Seminar	0.4	12/31/18	
TheraGun	TheraGun Foundations Training Course	Workshop/Seminar	0.4	12/31/18	
Throwback Fitness	Throwback Fitness Fundamentals	Workshop/Seminar	0.8	12/31/18	www.throwbackfit.com
Total Body Tabata (tm) LLC	Tabata Basic Instructor Training Certification Self Study Course	Home Study	0.8	12/31/18	http://www.totalbodytabata.com
Trainology	Trainology 101	Workshop/Seminar	0.8	12/31/18	www.trainology.net
Tress Marketing Solutions, LLC	FASTer Way to Fat Loss Certified Coach	Home Study	0.5	12/31/18	https://www.fasterwaytofatloss.com/certification/
TRIBE Team Training USA	TRIBE Team Training	Workshop/Seminar	0.5	12/31/18	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeCORE	Workshop/Seminar	0.4	12/31/18	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeFIT	Workshop/Seminar	0.4	12/31/18	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeKIDS	Workshop/Seminar	0.4	12/31/18	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeLIFE	Workshop/Seminar	0.4	12/31/18	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribePUNCH	Workshop/Seminar	0.4	12/31/18	www.tribeteamtraining.com
TriggerPoint Performance	Assessments to Performance: Using Mobility as the Foundation for Function	Workshop/Seminar	0.4	12/31/18	www.tptherapy.com
TriggerPoint Performance	Foam Rolling: Principles and Practices	Workshop/Seminar	0.4	12/31/18	www.tptherapy.com
TriggerPoint Performance	Foot & Lower Leg Mobility	Home Study	0.1	12/31/18	http://tptherapy.ideafit.com/courses
TriggerPoint Performance	GRID® Rolling: Foundations – Online Course	Home Study	0.1	12/31/18	www.tptherapy.com
TriggerPoint Performance	Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques	Workshop/Seminar	0.4	12/31/18	www.tptherapy.com
TriggerPoint Performance	Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques (8 hour)	Workshop/Seminar	0.8	12/31/18	www.tptherapy.com
TriggerPoint Performance	Myofascial Compression™ Techniques Foundations – Online Course	Home Study	0.2	12/31/18	www.tptherapy.com
TriggerPoint Performance	Myofascial Compression™ Techniques: The Evolution of Foam Rolling	Workshop/Seminar	0.7	12/31/18	www.tptherapy.com
TriggerPoint Performance	SMRT-CORE® Training (7hr)	Workshop/Seminar	0.7	12/31/18	www.tptherapy.com
TriggerPoint Performance	TriggerPoint Movement for UFC Gym	Workshop/Seminar	0.4	12/31/18	www.tptherapy.com
True Power Barre	True Power Barre Instructor Certification	Workshop/Seminar	0.9	12/31/18	www.truepowerbarre.com
TRX	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	1.8	12/31/18	TRXtraining.com
TRX	TRX For Yoga	Home Study	0.5	12/31/18	TRXtraining.com
TRX	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	0.4	12/31/18	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	0.8	12/31/18	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	1.6	12/31/18	www.trxtraining.com
TRX	TRX Functional Training Course (FTC)	Workshop/Seminar	0.7	12/31/18	www.trxtraining.com
TRX	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	0.7	12/31/18	www.trxtraining.com
TRX	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	0.7	12/31/18	www.trxtraining.com
TRX	TRX Group Training Course (GTC)	Workshop/Seminar	0.8	12/31/18	www.trxtraining.com
TRX	TRX RIP Training Course (RTC)	Workshop/Seminar	0.8	12/31/18	www.trxtraining.com
TRX	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	0.7	12/31/18	www.trxtraining.com
TRX	TRX Suspension Training Course (STC)	Workshop/Seminar	0.7	12/31/18	www.trxtraining.com
TRX	TRX Trainer Basics Course	Home Study	0.3	12/31/18	www.trxtraining.com
TRX	TRX Training Summit 2018	Conference	1.4	12/31/18	www.trxtraining.com
Tsunami Fitness, LLC	Tsunami Fitness Instructor Course	Workshop/Seminar	0.8	12/31/18	Tsunami-Fitness.com
Tsunami Fitness, LLC	Tsunami Fitness Instructor Training Online	Home Study	0.3	12/31/18	Tsunami-Fitness.com
Tuck Barre and Yoga	Barre Teacher Training Program	Workshop/Seminar	1.9	12/31/18	www.tuckbarreyoga.com
Tuina Sports	Sports Tuina Workshop	Workshop/Seminar	1.6	12/31/18	
Tune Up Fitness World Wide, Inc.	The Roll Model® Method - Ball Sequencing & Innovation	Workshop/Seminar	0.7	12/31/18	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	The Roll Model® Method - Correspondence Course	Workshop/Seminar	1.4	12/31/18	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	The Roll Model® Method –The Science of Rolling	Workshop/Seminar	0.8	12/31/18	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	Treat While You Train- Correspondence Course	Workshop/Seminar	1.1	12/31/18	www.tuneupfitness.com
Ultimate Movement, LLC (raisedbarre)	raisedbarre Instructor Training	Workshop/Seminar	1.2	12/31/18	
United Endurance Sports Coaching Academy	Running Coach Certification	Home Study	1.9	12/31/18	www.coachendurancesports.com
United Endurance Sports Coaching Academy	Triathlon Coaching Certification	Home Study	1.9	12/31/18	www.coachendurancesports.com
University of North Carolina Greensboro	FITEXPO2018	Conference	1.3	12/31/18	
Urbankick w/Shane Barnard & Miwa Natsuki	UrbanKick Instructor Training (LIVE)	Workshop/Seminar	0.8	12/31/18	www.urbankick.com
Urbankick w/Shane Barnard & Miwa Natsuki	UrbanKick Instructor Training (SELF STUDY)	Home Study	0.8	12/31/18	www.urbankick.com
UrbanPlay	UrbanPlay Coach Training	Workshop/Seminar	1.0	12/31/18	www.urbanplayfitness.org
US Fitness Holdings LLC	Personal Training - Member Integration, Business Planning and Program Design	Workshop/Seminar	0.1	12/31/18	www.onelifefitness.com
Vault Fitness	Indoor Cycling Training	Workshop/Seminar	0.7	12/31/18	www.vault.fit
VeraFlow	VeraFlow Instructor	Workshop/Seminar	1.6	12/31/18	www.veraflow.com
Vibe Ride	Vibe Ride Indoor Cycling	Workshop/Seminar	0.6	12/31/18	www.theviberide.com
Vicore Fitness	Terra Core Conditioning	Workshop/Seminar	0.5	12/31/18	http://www@vicorefitness.com
VicteliB	Boot Camp Challenge	Workshop/Seminar	1.9	12/31/18	www.victelib.com

VicteliB	Eat, Train, Repeat Q1	Workshop/Seminar	0.5	12/31/18	www.bootcamp-challenge.com
VicteliB	Eat, Train, Repeat Q2	Workshop/Seminar	0.5	12/31/18	www.bootcamp-challenge.com
VicteliB	Eat, Train, Repeat Q3	Workshop/Seminar	0.5	12/31/18	www.bootcamp-challenge.com
VicteliB	Eat, Train, Repeat Q4	Workshop/Seminar	0.5	12/31/18	www.bootcamp-challenge.com
VIVE BARRE	Barre Instructor	Workshop/Seminar	1.9	12/31/18	www.vivebarre.com
Watkins Aquatic Fitness Solutions	Aquatic Kick and Burn Boot Camp	Workshop/Seminar	0.3	12/31/18	www.watkinsaquaticfitness.com
Watkins Aquatic Fitness Solutions	Aquatic Personal Training	Workshop/Seminar	0.3	12/31/18	
Watkins Aquatic Fitness Solutions	Dynamic Deep Water Combos	Home Study	0.3	12/31/18	
Wellcoaches School of Coaching	Wellcoaches Core Coach Training	Home Study	1.9	12/31/18	www.wellcoaches.com
WERQ Fitness	WERQ Dance Fitness Professional Certification	Workshop/Seminar	0.8	12/31/18	www.WERQfitness.com
Wharton Health	Wharton's Active Isolated Flexibility Training	Workshop/Seminar	1.4	12/31/18	https://www.whartonhealth.com/whartonsevents/2018/3/3/whartons-flexibility-technician-workshop
willPower productions, llc	Climbing the Fitness Ladder	Workshop/Seminar	0.6	12/31/18	www.willPowerMethod.com
willPower productions, llc	The willPower Method - Phase I	Workshop/Seminar	0.8	12/31/18	www.willPowerMethod.com
willPower productions, llc	The willPower Method - Phase II	Workshop/Seminar	0.8	12/31/18	www.willPowerMethod.com
Workout Bar	Workout Bar Leader Course	Workshop/Seminar	1.0	12/31/18	
WorkoutAbility	Training a Disabled Population	Home Study	0.3	12/31/18	www.WorkoutAbility.com
WorkoutAbility	Training a Disabled Population Workshop	Workshop/Seminar	0.3	12/31/18	www.WorkoutAbility.com
World ZUU LLC	Release Series - December 2017	Workshop/Seminar	0.2	12/31/18	www.biomechaniks.com
World ZUU LLC	Release Series - February 2018	Workshop/Seminar	0.2	12/31/18	www.biomechaniks.com
World ZUU LLC	Release Series - January 2018	Workshop/Seminar	0.2	12/31/18	www.biomechaniks.com
World ZUU LLC	Release Series - March 2018	Workshop/Seminar	0.2	12/31/18	www.biomechaniks.com
Wukkout!	Wukkout! Instructor Training	Workshop/Seminar	0.7	12/31/18	http://wukkout.com/instructor-training
XCO Latin Workout by Jackie	XCO Latin Workout by Jackie	Workshop/Seminar	1.4	12/31/18	www.xcolatinworkout.com
Xodus Fitness	Steel Mace Modern Foundations & Coaching Level 2	Workshop/Seminar	0.6	12/31/18	www.steelmaceworkshops.com
Xodus Fitness	Steel Mace Modern Foundations Level 1	Workshop/Seminar	0.6	12/31/18	www.steelmaceworkshops.com
XPT	XPT Coaching Certification	Home Study	1.5	12/31/18	
YMCA of Greater Charlotte	Exercise Considerations and Prescription for Common Orthopedic Injuries Lower Quarter Pt 1	Workshop/Seminar	0.4	12/31/18	https://fs28.formsite.com/YOGC/YUniversity/index.html
YMCA of Greater Charlotte	Exercise Considerations and Prescription for Common Orthopedic Injuries Lower Quarter Pt 2	Workshop/Seminar	0.4	12/31/18	https://fs28.formsite.com/YOGC/YUniversity/index.html
YMCA of Greater Charlotte	How to Coach Healthy Eating	Workshop/Seminar	0.2	12/31/18	https://fs28.formsite.com/YOGC/YUniversity/index.html
YMCA of Greater Charlotte	Leading Others to Greatness	Workshop/Seminar	0.2	12/31/18	https://fs28.formsite.com/YOGC/YUniversity/index.html
YMCA of Greater Charlotte	Leading Others to Greatness: Part 2	Workshop/Seminar	0.3	12/31/18	https://fs28.formsite.com/YOGC/YUniversity/index.html
YMCA of Greater Charlotte	LINK Evaluation	Workshop/Seminar	0.4	12/31/18	https://fs28.formsite.com/YOGC/YUniversity/index.html
YMCA of Greater Charlotte	RollEasana: Myofascial Release through Yoga Postures, Foam Rollers and Therapy Balls	Workshop/Seminar	0.4	12/31/18	https://fs28.formsite.com/YOGC/YUniversity/index.html
Youfit Health Clubs	Youfit Master Youcoach Certification	Home Study	0.2	12/31/18	www.youfit.com
Your Body is Waiting, LLC	The Fascianation Method of Self-Myofascial Release	Workshop/Seminar	0.4	12/31/18	www.thefascinator.com
Zetlin Fitness	Push-Up Progression Specialist	Home Study	0.7	12/31/18	www.zetlinfitness.com
Z-Health Performance Solutions	Essentials for Elite Performance	Workshop/Seminar	1.9	12/31/18	http://zhealtheducation.com/