



## NASM PREFERRED PROVIDER PROGRAM

| Provider  | Title   | Course Type       | CEUs | Expires On      | Registration URL  |
|---|---|-------------------|------|-----------------|---|
| [solidcore]                                     | [solidcore] Coach Training  | Workshop/Seminar  | 1.9  | 12/31/19        | solidcore.co  |
| 1st Choice Personal Training Online CEUs        | Cardiorespiratory Training Concepts Course                        | Home Study        | 0.1  | 12/31/19        | https://www.fitnessceus.com                               |
| 1st Choice Personal Training Online CEUs        | Core Connection   | Home Study        | 0.1  | 12/31/19        | https://www.fitnessceus.com                               |
| 1st Choice Personal Training Online CEUs        | Flexibility Training Concepts Course                              | Home Study        | 0.1  | 12/31/19        | https://www.fitnessceus.com                               |
| 1st Choice Personal Training Online CEUs        | Posture & Movement Assessment Course                              | Home Study        | 0.1  | 12/31/19        | https://www.fitnessceus.com                               |
| 305 Fitness                                     | 305 Fitness Instructor Training                                   | Workshop/Seminar  | 1.9  | 12/31/19        |   |
| 9Round Franchising LLC                          | 9Round Kickboxing   | Workshop/Seminar  | 0.5  | 12/31/19        | 9round.com  |
| 9Round Franchising LLC                          | Kickboxing - Online Course  | Home Study        | 0.5  | 12/31/19        |   |
| Aaron L Mattes                                  | Active Isolated Stretching  | Workshop/Seminar  | 1.9  | 12/31/19        | www.stretchingusa.com                                     |
| Academy of Holistic Fitness                     | Holistic Fitness  | Home Study        | 1.9  | 12/31/19        | www.academyofholisticfitness.com                          |
| Academy of Holistic Fitness                     | Mind-Body Fitness for Personal Trainers                           | Home Study        | 1.9  | 12/31/19        | www.academyofholisticfitness.com                          |
| Academy of Holistic Fitness                     | Practical Yoga for Personal Trainers                              | Home Study        | 1.9  | 12/31/19        | www.academyofholisticfitness.com                          |
| Academy of Holistic Fitness                     | Yoga Teacher Training   | Home Study        | 1.9  | 12/31/19        | www.academyofholisticfitness.com                          |
| Accl. Speed LLC                                 | Unrestricted Movement for Athletic Performance                    | Workshop/Seminar  | 0.6  | 12/31/19        | https://acclspeedconsultants.com                          |
| ACM 360 PRO                                     | Certified Exercise Therapy Specialist I                           | Home Study        | 1.2  | 12/31/19        | www.ACM360PRO.com   |
| Active Life                                     | Active Life Coach Training Workshop                               | Workshop/Seminar  | 1.1  | 12/31/19        |   |
| Active Life                                     | Active Life Rx Coach Immersion                                    | Conference        | 1.9  | 12/31/19        | www.activelifex.com                                       |
| Active Sports Club                              | Empowered Fitness: A Model for Mind-Body Connection               | Conference        | 1.9  | 12/31/19        |   |
| ActivMotion Bar                                 | ActivMotion Training  | Workshop/Seminar  | 0.8  | 12/31/19        | www.activmotionbar.com                                    |
| ACUMOBILITY                                     | Acumobility Level 1 Course  | Workshop/Seminar  | 0.8  | 12/31/19        | acumobility.com   |
| Adaptive Project                                | Introduction to Adaptive Fitness Concepts                         | Workshop/Seminar  | 0.2  | 12/31/19        | NA  |
| AEA Aquatic Exercise Association & Aquastrength | AEA Arthritis: Lesson Planning Tips & Tools                       | Workshop/Seminar  | 0.2  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AEA Arthritis: Motivating Your Participants                       | Workshop/Seminar  | 0.2  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AEA Arthritis: Teaching Platforms                                 | Workshop/Seminar  | 0.2  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AFP PRACTICAL & SKILL APPLICATIONS COURSE(Online)                 | Home Study        | 0.7  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AFP PRACTICAL & SKILL APPLICATIONS Workshop                       | Workshop/Seminar  | 0.7  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | Aging Actively with Aquatics                                      | Workshop/Seminar  | 0.2  | 12/31/19        | aeawave.com   |
| AEA Aquatic Exercise Association & Aquastrength | AQUABATA SHALLOW  | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AQUATIC CARDIO PROGRAMS   | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AQUATIC CIRCUIT APPS 2  | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AQUATIC INTERVAL APPS   | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | AQUATIC KICK BOXING   | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING                      | Workshop/Seminar  | 1.5  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE(Workshop)         | Workshop/Seminar  | 0.6  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | Ballology   | Workshop/Seminar  | 0.2  | 12/31/19        | aeawave.com   |
| AEA Aquatic Exercise Association & Aquastrength | BOOT CAMP DEEP  | Home Study        | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | BOOT CAMP SHALLOW   | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | CORE TRAINING + STRETCH TECHNIQUES                                | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | Deep HIIT & Sculpt  | Workshop/Seminar  | 0.2  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | DEEPER APPLICATIONS 2   | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | H2O BODY SCULPTING & RESISTANCE TRAINING                          | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | H2O Circuits  | Workshop/Seminar  | 0.2  | 12/31/19        | aeawave.com   |
| AEA Aquatic Exercise Association & Aquastrength | HydroRevolution Online Training Program                           | Home Study        | 0.5  | 12/31/19        | aeawave.com   |
| AEA Aquatic Exercise Association & Aquastrength | NEXT LEVEL NOODLE   | Workshop/Seminar  | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | RATED M FOR MATURE  | Home Study        | 0.3  | 12/31/19        | aeawave.org   |
| AEA Aquatic Exercise Association & Aquastrength | UPPER BODY CORE & MORE  | Home Study        | 0.3  | 12/31/19        | aeawave.org   |
| Aerial Physique                                 | Aerial Physique Teacher Training                                  | Workshop/Seminar  | 1.9  | 12/31/19        |   |
| <b>AFAA</b>                                     | <b>All AFAA courses are approved with NASM</b>                    | <b>Home Study</b> |      | <b>12/31/19</b> |   |
| AKT, Anna Kaiser Technique                      | AKT Certification Program   | Workshop/Seminar  | 1.9  | 12/31/19        | www.theakt.com  |
| Aktiv Solutions                                 | Functional Training Experience Specialist                         | Workshop/Seminar  | 0.6  | 12/31/19        | www.aktivsolutions.com                                    |
| Alexis Batrakoulis                              | Exercise for overweight and obesity: Bridging theory and practice | Workshop/Seminar  | 1.2  | 12/31/19        | www.fitproworkshops.com                                   |
| Alignment Essentials                            | Warrior® Online Training Workshop                                 | Home Study        | 0.8  | 12/31/19        | www.alignmentessentials.com                               |
| Alignment Essentials                            | Warrior® Training   | Home Study        | 1.2  | 12/31/19        | www.alignmentessentials.com                               |
| Alignment Essentials                            | Warrior® Training Workshop  | Workshop/Seminar  | 0.9  | 12/31/19        | www.alignmentessentials.com                               |
| alive Academy                                   | Natural Product Advisor   | Workshop/Seminar  | 1.9  | 12/31/19        | www.aliveacademy.com                                      |
| Alpha Warrior                                   | Alpha Warrior Level 1 Accelerated                                 | Workshop/Seminar  | 0.7  | 12/31/19        | https://alphawarrior.com                                  |
| Alpha Warrior                                   | Alpha Warrior Level 2   | Workshop/Seminar  | 1.9  | 12/31/19        |   |
| Alpha Warrior                                   | Level 1 Certification   | Workshop/Seminar  | 1.2  | 12/31/19        |   |
| Amen Clinics                                    | Brain Health Coaching Certification Course                        | Home Study        | 1.9  | 12/31/19        | https://www.brainmdhealth.com/courses/brainhealthcoaching |
| American Academy of Health and Fitness (AAHF)   | Back Stability: Integrating Science and Therapy                   | Home Study        | 1.9  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | Cancer and the Older Adult  | Home Study        | 0.4  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | Developing Agility and Quickness for Sports Performance           | Home Study        | 0.6  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | Exercise and Cancer Survivorship                                  | Home Study        | 1.3  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | Fitness Assessment and Exercise Prescription for all Ages         | Home Study        | 1.9  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | JrFit Youth Fitness   | Home Study        | 1.9  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | Nutrition for Special Dietary Needs                               | Home Study        | 1.0  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | Prenatal and Postnatal Exercise Prescription                      | Home Study        | 1.0  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | SrFit Mature Fitness  | Home Study        | 1.9  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | Strength Training Older Adults                                    | Home Study        | 1.2  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | The Fitness Professional's Guide to Coaching Lifestyle Wellness   | Home Study        | 1.9  | 12/31/19        | www.aahf.info   |
| American Academy of Health and Fitness (AAHF)   | The Janda System of Evaluation and Treatment of Muscle Imbalance  | Home Study        | 1.9  | 12/31/19        | www.aahf.info   |

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| American Barre Technique, LLC                      | Barre Instructor Certification   | Home Study       | 1.6 | 12/31/19 | www.abtbarre.com   |
| American Council on Exercise (ACE)                 | ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals | Workshop/Seminar | 0.5 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Behavior Change Specialist   | Home Study       | 1.9 | 12/31/19 | http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx |
| American Council on Exercise (ACE)                 | ACE Certified Health Coach   | Home Study       | 1.9 | 12/31/19 |  |
| American Council on Exercise (ACE)                 | ACE Fitness Nutrition Specialist   | Home Study       | 1.9 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Functional Training Specialist   | Home Study       | 1.9 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Senior Fitness Specialist  | Home Study       | 1.9 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Sports Conditioning Specialist   | Home Study       | 1.9 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Sports Performance Specialty Program   | Workshop/Seminar | 1.9 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Sports Performance Workshop  | Workshop/Seminar | 0.8 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Weight Management Specialist   | Home Study       | 1.9 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | ACE Youth Fitness Specialist   | Home Study       | 1.9 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | Fitness Programming for Overweight Clients & Clients Affected by Obesity                       | Workshop/Seminar | 0.8 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | Metabolic Training Workshop  | Workshop/Seminar | 0.8 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | Movement Based Exercise Workshop   | Workshop/Seminar | 0.8 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | Personal Training Workshop: Client Communication, Assessment and Program Design                | Workshop/Seminar | 0.8 | 12/31/19 | www.acefitness.org   |
| American Council on Exercise (ACE)                 | Small Group Training Workshop  | Workshop/Seminar | 0.5 | 12/31/19 | www.acefitness.org   |
| American Fitness Professionals & Associates (AFPA) | Holistic Nutritionist Certification  | Home Study       | 1.9 | 12/31/19 | www.afpafitness.com  |
| American Specialty Health (ASH)/Silver & Fit       | Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course              | Home Study       | 1.3 | 12/31/19 | Pre-qualification required. Contact SFInstructors@ashn.com for info.                           |
| AMPD Golf Performance                              | AMPD Golf Performance Specialist   | Home Study       | 0.8 | 12/31/19 | www.ampdgolfperformance.com  |
| Anatomy4Fitness, LLC                               | Musculoskeletal Anatomy Course   | Workshop/Seminar | 0.3 | 12/31/19 |  |
| Andrea Varri                                       | Functional Kettlebell® Coach   | Workshop/Seminar | 1.5 | 12/31/19 |  |
| Annette Lang Education Systems                     | Integrated Stretching  | Workshop/Seminar | 0.8 | 12/31/19 | www.annettelang.com  |
| Annette Lang Education Systems                     | Training the Pregnant and Postpartum Client  | Workshop/Seminar | 0.8 | 12/31/19 | www.annettelang.com  |
| AntiGravity® Fitness                               | AntiGravity® 1on1: D-kink  | Workshop/Seminar | 0.6 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Aerial Yoga 1   | Workshop/Seminar | 1.6 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Aerial Yoga 2   | Workshop/Seminar | 1.6 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® AIRbarre 1  | Workshop/Seminar | 1.6 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Fundamentals 1&2  | Workshop/Seminar | 1.9 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Just Kids 1&2   | Workshop/Seminar | 1.9 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Pilates 1   | Workshop/Seminar | 1.6 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Restorative Yoga  | Workshop/Seminar | 1.6 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Suspension Fitness 1  | Workshop/Seminar | 1.6 | 12/31/19 | www.antigravityfitness.com   |
| AntiGravity® Fitness                               | AntiGravity® Suspension Fitness 2  | Workshop/Seminar | 1.6 | 12/31/19 | www.antigravityfitness.com   |
| Anytime Fitness (H2A2)                             | Mindshift  | Workshop/Seminar | 0.8 | 12/31/19 |  |
| Anytime Fitness Corporate Office                   | AF Live Implementation Training  | Workshop/Seminar | 0.7 | 12/31/19 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office                   | AF Live Technical Training   | Workshop/Seminar | 0.7 | 12/31/19 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office                   | Anytime Fitness NFT Consumer Week  | Workshop/Seminar | 1.9 | 12/31/19 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office                   | Anytime Fitness NFT Operations Week  | Workshop/Seminar | 1.9 | 12/31/19 | www.anytimefitness.com   |
| Anytime Fitness Corporate Office                   | Vitals   | Conference       | 1.5 | 12/31/19 | www.anytimefitness.com   |
| Apex Bodyworx, LLC                                 | Introduction to Stretch Therapy  | Workshop/Seminar | 1.1 | 12/31/19 | www.apexstretch.com  |
| Associação FITSalvador                             | HIRT® L-1: Scientific Basis and Practical Application  | Workshop/Seminar | 0.8 | 12/31/19 | www.HIRT.pt  |
| Association of Fitness Studios                     | Building an Organizational Culture, Leadership Skills and Putting Together a Great Team        | Home Study       | 0.3 | 12/31/19 |  |
| Association of Fitness Studios                     | Business Planning, Accounting and Finance for Fitness Entrepreneurs                            | Home Study       | 0.2 | 12/31/19 | www.afsfitness.com   |
| Association of Fitness Studios                     | Creating Operational Standards, Systems, and Success Plans for Your Fitness Business           | Home Study       | 0.3 | 12/31/19 | www.afsfitness.com   |
| Association of Fitness Studios                     | Delivering the Client Experience   | Home Study       | 0.3 | 12/31/19 | www.afsfitness.com   |
| Association of Fitness Studios                     | Fostering a Safe & Ethical Business Environment  | Home Study       | 0.2 | 12/31/19 | www.afsfitness.com   |
| Association of Fitness Studios                     | Starting Your Own Business - What it Takes to Launch a Successful Studio/Gym                   | Home Study       | 0.4 | 12/31/19 | www.afsfitness.com   |
| Association of Fitness Studios                     | SUCCEED! AFS' Annual Business Convention/Expo  | Conference       | 1.4 | 12/31/19 | www.afsfitness.com and www.succeedwithafs.com  |
| Association of Fitness Studios                     | The Essentials of Sales, Marketing and Branding  | Home Study       | 0.4 | 12/31/19 | www.afsfitness.com   |
| Assured Fitness                                    | GROUP EXERCISE: 101  | Workshop/Seminar | 0.8 | 12/31/19 |  |
| Assured Fitness                                    | Pressure Point: Muscle Rejuvenation  | Workshop/Seminar | 0.8 | 12/31/19 |  |
| Assured Fitness                                    | Senior Fitness - Senior Fit & Fun  | Workshop/Seminar | 0.8 | 12/31/19 |  |
| Assured Fitness                                    | Specialized Military Fitness Programming   | Workshop/Seminar | 1.5 | 12/31/19 |  |
| Assured Fitness                                    | Yoga 24/7  | Workshop/Seminar | 0.4 | 12/31/19 |  |
| Assured Fitness                                    | Yoga Burn & Firm   | Workshop/Seminar | 0.4 | 12/31/19 |  |
| Assured Fitness                                    | Youth Fitness - Fit-4-Kids   | Workshop/Seminar | 0.8 | 12/31/19 |  |
| Athletes Acceleration                              | Complete Speed and Power Summit  | Conference       | 1.4 | 12/31/19 | www.speedandpowersummit.com  |
| Aumakua Productions LLC                            | PolyFit  | Workshop/Seminar | 0.7 | 12/31/19 |  |
| Australian Strength Performance                    | Advanced Hypertrophy Level 2   | Workshop/Seminar | 1.9 | 12/31/19 | www.trainasp.com.au/education/   |
| Australian Strength Performance                    | ASP Coach Level 1 Certification  | Workshop/Seminar | 1.9 | 12/31/19 | www.trainasp.com.au/education/   |
| Australian Strength Performance                    | Fat Loss Specialization  | Workshop/Seminar | 1.9 | 12/31/19 |  |
| Australian Strength Performance                    | Hypertrophy Level 1  | Workshop/Seminar | 1.4 | 12/31/19 |  |
| Australian Strength Performance                    | Physique Transformation Level 1  | Workshop/Seminar | 0.7 | 12/31/19 |  |
| Autism Fitness (Theraplay-NY, LLC)                 | Autism Fitness Level I Certification   | Workshop/Seminar | 1.4 | 12/31/19 | www.autismfitness.com  |
| Axle Workout INC                                   | The Axle Workout: Full Body Certification  | Workshop/Seminar | 0.8 | 12/31/19 | theaxleworkout.com   |
| Axle Workout INC                                   | The Axle Workout: Loaded Certification   | Workshop/Seminar | 0.8 | 12/31/19 | theaxleworkout.com   |
| Balanced Athlete                                   | Balanced Athlete Level One Training  | Workshop/Seminar | 1.3 | 12/31/19 | balancedathlete.com  |
| Balanced Body                                      | Anatomy in Three Dimensions Instructor Training  | Workshop/Seminar | 1.6 | 12/31/19 | pilates.com  |
| Balanced Body                                      | Balanced Body Barre Instructor Training Comprehensive  | Workshop/Seminar | 1.6 | 12/31/19 | pilates.com  |
| Balanced Body                                      | Balanced Body Barre Instructor Training, Fundamentals  | Workshop/Seminar | 0.8 | 12/31/19 | pilates.com  |
| Balanced Body                                      | Balanced Body Movement Principles  | Workshop/Seminar | 1.6 | 12/31/19 | pilates.com  |
| Balanced Body                                      | Bodhi Suspension System® Instructor Training Comprehensive                                     | Workshop/Seminar | 1.6 | 12/31/19 | pilates.com  |
| Balanced Body                                      | Bodhi Suspension System® Instructor Training, Fundamentals                                     | Workshop/Seminar | 0.8 | 12/31/19 | pilates.com  |
| Balanced Body                                      | Mat 1 Instructor Training  | Workshop/Seminar | 1.6 | 12/31/19 | pilates.com  |
| Balanced Body                                      | Mat 3: Enhanced Pilates Mat + Props  | Workshop/Seminar | 1.6 | 12/31/19 | pilates.com  |
| Balanced Body                                      | MOTR™ Instructor Training Fundamentals   | Workshop/Seminar | 0.8 | 12/31/19 | pilates.com  |
| Balanced Body                                      | MOTR™ Instructor Training, Comprehensive   | Workshop/Seminar | 1.6 | 12/31/19 | pilates.com  |



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| Balanced Body  | Pilates on Tour - Boston 2019   | Conference       | 1.9 | 12/31/19 pilates.com                        |
| Balanced Body  | Pilates on Tour - Chicago 2019  | Conference       | 1.9 | 12/31/19 pilates.com                        |
| Balanced Body  | Pilates on Tour - London 2019   | Conference       | 1.9 | 12/31/19 pilates.com                        |
| Balanced Body  | Pilates on Tour - Phoenix 2019  | Conference       | 1.9 | 12/31/19 pilates.com                        |
| Balanced Body  | Pilates on Tour - Studio Tour Pittsburgh 2019   | Conference       | 1.9 | 12/31/19 pilates.com                        |
| Balanced Body  | Reformer 1 Instructor Training  | Workshop/Seminar | 1.6 | 12/31/19 pilates.com                        |
| Balanced Habits  | Balanced Habits Food Coach (Self Study)   | Home Study       | 1.4 | 12/31/19 balancedhabits.com                 |
| Barre Certification (IBBFA)                                      | Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor                | Home Study       | 0.8 | 12/31/19 www.barrecertification.com         |
| Barre Certification (IBBFA)                                      | Barre Level 1- Fundamentals of Barre Technique  | Workshop/Seminar | 1.9 | 12/31/19 https://barrecertification.com/    |
| Barre Shape  | Barre Shape Certification   | Workshop/Seminar | 1.9 | 12/31/19                                    |
| Barre Variations   | Barre Variation Teacher Training  | Workshop/Seminar | 0.8 | 12/31/19                                    |
| Barre Vida   | Barre Vida Certified Instructor Trainer   | Workshop/Seminar | 1.2 | 12/31/19 www.barrevidausa.com               |
| BarreFlow  | BarreFlow FIRE and Fe   | Workshop/Seminar | 0.4 | 12/31/19 barreflow.net                      |
| BarreFlow  | BarreFlow Instructor Training   | Workshop/Seminar | 1.2 | 12/31/19 barreflow.net                      |
| BarreFlow  | What the Tuck   | Workshop/Seminar | 0.2 | 12/31/19 www.barreflow.net                  |
| Be Well Personal Training  | Integrating the Thoracic Spine and Pelvis   | Workshop/Seminar | 0.4 | 12/31/19 www.jennpilotti.com                |
| Beachbody, LLC   | 2B Mindset  | Home Study       | 1.2 | 12/31/19 beachbodylive.com                  |
| Beachbody, LLC   | All-Star Presenter Workshop   | Workshop/Seminar | 1.2 | 12/31/19 beachbodylive.com                  |
| Beachbody, LLC   | CORE DE FORCE Instructor Workshop   | Home Study       | 0.7 | 12/31/19 www.beachbody.com                  |
| Beachbody, LLC   | INSANITY LIVE Express Instructor Workshop   | Home Study       | 0.2 | 12/31/19 www.beachbody.com                  |
| Beachbody, LLC   | INSANITY LIVE Instructor Workshop   | Workshop/Seminar | 0.7 | 12/31/19 www.beachbody.com                  |
| Beachbody, LLC   | P90X LIVE Express Instructor Workshop   | Home Study       | 0.2 | 12/31/19 www.beachbody.com                  |
| Beachbody, LLC   | P90X LIVE Instructor Workshop   | Workshop/Seminar | 0.7 | 12/31/19 www.beachbodylive.com              |
| Beachbody, LLC   | PIYo LIVE Express Instructor Workshop   | Home Study       | 0.2 | 12/31/19 www.beachbody.com                  |
| Beachbody, LLC   | PIYo LIVE Instructor Workshop   | Workshop/Seminar | 0.7 | 12/31/19 www.beachbodylive.com              |
| Beachbody, LLC   | The Ultimate Portion Fix  | Home Study       | 1.9 | 12/31/19 beachbodylive.com                  |
| Beachbody, LLC   | TURBO KICK LIVE Express Instructor Workshop   | Home Study       | 0.2 | 12/31/19 www.beachbody.com                  |
| Beachbody, LLC   | TURBO KICK LIVE Instructor Workshop   | Workshop/Seminar | 0.7 | 12/31/19 www.beachbodylive.com              |
| BeatBoss, LLC  | BeatBoss Indoor Biking  | Workshop/Seminar | 1.4 | 12/31/19 www.beatboss.rocks                 |
| Bender Training Academy  | Functional Flexibility and Fascia Fitness   | Workshop/Seminar | 0.6 | 12/31/19 www.bendertraining.com             |
| Body Barre   | Certified Body Barre Instructor   | Workshop/Seminar | 1.2 | 12/31/19 www.bodybarre.com                  |
| BODY FX  | Figure 8 Basic Instructor   | Home Study       | 0.6 | 12/31/19                                    |
| BollyX   | BollyX Instructor   | Workshop/Seminar | 0.7 | 12/31/19 www.bollyx.com                     |
| BollyX   | BollyX® LIT 4-hour  | Workshop/Seminar | 0.4 | 12/31/19 www.bollyx.com                     |
| Boogie Bounce  | One Day Training Workshop   | Workshop/Seminar | 0.7 | 12/31/19                                    |
| Booty Barre  | barreless   | Workshop/Seminar | 0.8 | 12/31/19 www.barreless.com                  |
| Booty Barre  | BootyBarre PLUS   | Workshop/Seminar | 0.9 | 12/31/19 www.bootybarre.com                 |
| Booty Barre  | BootyBarre plus Flex & Flow   | Workshop/Seminar | 1.8 | 12/31/19 http://www.bootybarre.com          |
| Box 'N Burn Academy  | Box N' Burn Academy Level 1 Course  | Workshop/Seminar | 0.7 | 12/31/19 www.boxnburnacademy.com            |
| Box 'N Burn Academy  | Box N' Burn Academy Level 2 Course  | Workshop/Seminar | 0.7 | 12/31/19 http://www.boxnburnacademy.com     |
| Box 'N Burn Academy  | Box N Burn Academy Online Course  | Home Study       | 0.9 | 12/31/19 www.boxnburnacademy.com            |
| Boxing & Barbells  | Boxing & Barbells Level 1   | Workshop/Seminar | 0.8 | 12/31/19 www.boxingandbarbells.com          |
| Boxing & Barbells  | Boxing & Barbells Level 1 (Self Study)  | Home Study       | 1.0 | 12/31/19 www.boxingandbarbells.com          |
| Boxing Express   | Boxing Express Round 1  | Workshop/Seminar | 1.0 | 12/31/19                                    |
| Brain & Body Academy   | S.R.E. (Safe Return to Exercise)  | Workshop/Seminar | 1.6 | 12/31/19                                    |
| Brain & Body Academy   | THUMP Boxing L1+2 Instructor Course   | Workshop/Seminar | 1.6 | 12/31/19 http://letstudio.blogspot.tw       |
| Brian Grant Foundation   | Exercise for Parkinson's (Home Study)   | Home Study       | 0.6 | 12/31/19 www.briangrant.org                 |
| Brian Grant Foundation   | Exercise for Parkinson's (Workshop)   | Workshop/Seminar | 0.6 | 12/31/19 www.briangrant.org                 |
| Brian Gryn   | Certified Intermittent Fasting Coach  | Workshop/Seminar | 0.3 | 12/31/19 briangryn.com                      |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Adductors   | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise            | Workshop/Seminar | 1.6 | 12/31/19 http://brentbrookbush.com          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Ankle Joint   | Home Study       | 0.3 | 12/31/19 http://www.brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Anterior Oblique Subsystem Integration  | Workshop/Seminar | 0.1 | 12/31/19 http://brentbrookbush.com          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Biceps Femoris  | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Cervical Spine  | Home Study       | 0.3 | 12/31/19 http://brentbrookbush.com          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Coracobrachialis  | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Corrective Exercise Lab   | Workshop/Seminar | 1.6 | 12/31/19 brentbrookbush.com/                |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deep Cervical Flexor Activation   | Home Study       | 0.1 | 12/31/19 http://www.brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deep Longitudinal Subsystem   | Home Study       | 0.1 | 12/31/19 http://brentbrookbush.com          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deep Longitudinal Subsystem   | Home Study       | 0.1 | 12/31/19 http://brentbrookbush.com          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deep Neck Flexors   | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deltoids  | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Does Movement Impairment Precede Knee Pain and Injury?  | Home Study       | 0.1 | 12/31/19 http://brentbrookbush.com          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Erector Spinae  | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT)) | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Flexor Hallucis Longus and Flexor Digitorum Longus  | Workshop/Seminar | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Functional Anatomy 1: Introduction  | Home Study       | 0.3 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Functional Anatomy 2: Muscular Function and Upper Body Muscles                                | Home Study       | 0.3 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Functional Anatomy 3: Lower Body and Core Muscles   | Home Study       | 0.3 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Gluteus Maximus   | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Gluteus Maximus Activation  | Home Study       | 0.1 | 12/31/19 http://www.brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Gluteus Medius Activation   | Home Study       | 0.1 | 12/31/19 http://www.brookbushinstitute.com  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip External Rotator: Release and Lengthening   | Home Study       | 0.1 | 12/31/19 https://brentbrookbush.com/        |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip Flexor: Release and Lengthening   | Home Study       | 0.1 | 12/31/19 https://brentbrookbush.com/        |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip Internal Rotator: Release and Lengthening   | Home Study       | 0.1 | 12/31/19 https://brentbrookbush.com/        |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip Joint   | Home Study       | 0.3 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Infraspinatus and Teres Minor   | Home Study       | 0.2 | 12/31/19 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Integrated Functional Anatomy of the Cervical Spine   | Home Study       | 0.3 | 12/31/19 brentbrookbush.com                 |

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|--|---|------------------|-----|----------|---|
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Intrinsic Stabilization Subsystem   | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">http://brentbrookbush.com</a>                           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Knee Joint  | Home Study       | 0.3 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Latissimus Dorsi  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Levator Scapulae  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lower Body Manual Muscle Testing (MMT)  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lower Extremity Dysfunction   | Home Study       | 0.4 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lumbar Extensor: Release and Lengthening  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Muscle Cell Structure and Function  | Home Study       | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">http://brentbrookbush.com</a>                           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Muscle Fiber Types  | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">brentbrookbush.com</a>                                  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Muscle Length Tests   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Overhead Squat Assessment (Part 1): Signs of Dysfunction  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns                         | Home Study       | 0.2 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Pectoralis Major  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Pectoralis Minor  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Performance Program Design  | Workshop/Seminar | 1.6 | 12/31/19 | <a href="http://brookbushinstitute.com">brookbushinstitute.com</a>                          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Plantar Flexor: Release and Lengthening   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Popliteus   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Posterior Oblique Subsystem Integration   | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">http://brentbrookbush.com</a>                           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Predictive Model of Lumbo Pelvic Hip Complex Dysfunction  | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://brentbrookbush.com">http://brentbrookbush.com</a>                           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Predictive Model of Upper Body Dysfunction (UBD)  | Home Study       | 0.3 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Rectus Abdominis & Pyramidalis  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Regional Interdependence: Hip and Ankle   | Home Study       | 1.0 | 12/31/19 | <a href="http://www.brentbrookbush.com">www.brentbrookbush.com</a>                          |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Regional Interdependence: Trunk and Lower Extremity   | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">brentbrookbush.com</a>                                  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Rhomboids   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Scapular Muscles: Release and Lengthening   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Self-administered Joint Mobilizations: Lower Extremity  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Self-administered Joint Mobilizations: Upper Extremity  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.BrookbushInstitute.com">www.BrookbushInstitute.com</a>                  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Serratus Anterior   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Serratus Anterior Activation  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Shoulder External Rotator Activation  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening                            | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Shoulder Joint  | Home Study       | 0.3 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Soleus  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Static Manual Release - Cervical Muscles 1  | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">brentbrookbush.com</a>                                  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Static Manual Release: Suboccipitals, Sternocleidomastoid (SCM), Scalenes and Cervical Extensors... | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">brentbrookbush.com</a>                                  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Sternoclavicular, Acromioclavicular and Scapulothoracic Joints                                      | Home Study       | 0.3 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Subscapularis   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Supraspinatus   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tensor Fascia Latae   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Teres Major   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibia External Rotator: Release and Lengthening   | Home Study       | 0.1 | 12/31/19 | <a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>                       |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Anterior   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Anterior Activation  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Posterior  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Posterior Activation   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Transverse Abdominis Activation   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Trapezius Activation  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Trapezius Muscle  | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Trigger Points and Muscle Fiber Dysfunction   | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com">brentbrookbush.com</a>                                  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Upper Body Goniometric Assessment   | Home Study       | 0.2 | 12/31/19 | <a href="http://brentbrookbush.com">http://brentbrookbush.com</a>                           |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Upper Body Manual Muscle Testing (MMT)  | Home Study       | 0.1 | 12/31/19 | <a href="http://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>  |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation                               | Home Study       | 0.1 | 12/31/19 | <a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>                       |
| Brown Dog Yoga   | BDY Barre Certification   | Workshop/Seminar | 1.4 | 12/31/19 |   |
| Brown Dog Yoga   | BDY Cycle Training Program  | Workshop/Seminar | 0.9 | 12/31/19 | <a href="http://www.browndogyoga.com">www.browndogyoga.com</a>                              |
| Bruce and Mindy Inc.   | Cooking and Coaching  | Workshop/Seminar | 0.9 | 12/31/19 | <a href="http://bruceandmindy.com">bruceandmindy.com</a>                                    |
| Bruce and Mindy Inc.   | Fluid Strength  | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://bruceandmindy.com">bruceandmindy.com</a>                                    |
| Bruce and Mindy Inc.   | Gliding Total Body  | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://bruceandmindy.com">bruceandmindy.com</a>                                    |
| Bruce and Mindy Inc.   | One Day to Wellness   | Workshop/Seminar | 0.9 | 12/31/19 | <a href="http://bruceandmindy.com">bruceandmindy.com</a>                                    |
| Burrell Education  | Advanced Pregnancy Wellness Practitioner - Level 2  | Home Study       | 1.0 | 12/31/19 | <a href="https://www.burrelleducation.com">https://www.burrelleducation.com</a>             |
| Burrell Education  | Breathe Better  | Home Study       | 1.0 | 12/31/19 | <a href="https://www.burrelleducation.com">https://www.burrelleducation.com</a>             |
| Burrell Education  | Meno Strength®  | Home Study       | 1.0 | 12/31/19 | <a href="https://www.burrelleducation.com">https://www.burrelleducation.com</a>             |
| Burrell Education  | Pelvic Flow and Freedom   | Home Study       | 1.0 | 12/31/19 | <a href="https://www.burrelleducation.com">https://www.burrelleducation.com</a>             |
| Camp Gladiator   | CG Academy 2019   | Conference       | 1.2 | 12/31/19 | <a href="http://campgladiator.com">campgladiator.com</a>                                    |
| Cancer Exercise Training Institute                               | Breast Cancer Recovery BOSU® Specialist Advanced Qualification Certification                        | Home Study       | 1.9 | 12/31/19 | <a href="http://www.thecancerspecialist.com">www.thecancerspecialist.com</a>                |
| Cancer Exercise Training Institute                               | Cancer Exercise Specialist Advanced Qualification (Home Study)                                      | Home Study       | 1.9 | 12/31/19 | <a href="http://www.thecancerspecialist.com">www.thecancerspecialist.com</a>                |
| Carrick Institute for Graduate Studies                           | 502: Cardiovascular Enhancement and Neuro-Integration   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="https://carrickinstitute.com">https://carrickinstitute.com</a>                     |
| Carrick Institute for Graduate Studies                           | 503: Metabolism and Neuro-Nutritional Strategies  | Workshop/Seminar | 1.9 | 12/31/19 | <a href="https://carrickinstitute.com">https://carrickinstitute.com</a>                     |
| Carrick Institute for Graduate Studies                           | 504: Neuro-Modulation of Human Performance  | Workshop/Seminar | 1.9 | 12/31/19 | <a href="https://carrickinstitute.com">https://carrickinstitute.com</a>                     |
| Catalyst Athletics, Inc.   | Online Weightlifting Coach Certification - Level 1  | Home Study       | 1.4 | 12/31/19 | <a href="http://www.catalystathletics.com">www.catalystathletics.com</a>                    |
| Center for Health and Fitness Continuing Education               | All About Ginseng (NTWM 205 previously)   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |
| Center for Health and Fitness Continuing Education               | Fitness for the Older Adult   | Home Study       | 0.5 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |
| Center for Health and Fitness Continuing Education               | Nutrition Essentials (NTWM 201 previously)  | Home Study       | 0.7 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |
| Center for Health and Fitness Continuing Education               | Preventing Knee Injuries  | Home Study       | 0.6 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |
| Center for Health and Fitness Continuing Education               | Preventing Lower Back Injuries (INPV 223 previously)  | Home Study       | 0.5 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |
| Center for Health and Fitness Continuing Education               | Preventing Shoulder Injuries  | Home Study       | 0.6 | 12/31/19 | <a href="http://www.center4healthandfitness.com">http://www.center4healthandfitness.com</a> |
| Center for Health and Fitness Continuing Education               | Q & A for Health and Fitness Professionals (MISC 264 previously)                                    | Home Study       | 0.4 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |
| Center for Health and Fitness Continuing Education               | Staying Injury Free (INPV 225 previously)   | Home Study       | 0.7 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |
| Center for Health and Fitness Continuing Education               | Strength Training for Youth (SPPL 286 previously)   | Home Study       | 1.2 | 12/31/19 | <a href="http://www.center4healthandfitness.com">www.center4healthandfitness.com</a>        |



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| Center for Health and Fitness Continuing Education | Weight Management (NTWM 203 previously)                               | Home Study       | 0.5 | 12/31/19 | www.center4healthandfitness.com               |
| Chair One Fitness                                  | Chair One Fitness   | Workshop/Seminar | 0.8 | 12/31/19 | www.chaironefitness.com                       |
| Chakaboom Fitness                                  | CHAKABOONCE Instructor Training                                       | Workshop/Seminar | 0.8 | 12/31/19 | www.chakaboomfitness.com                      |
| Chakaboom Fitness                                  | The Chakaboom Fitness Experience, Instructor Training                 | Workshop/Seminar | 0.6 | 12/31/19 | http://www.chakaboomfitness.com               |
| Chicago Kettlebell Club                            | Certified Kettlebell Coach, Level 1                                   | Workshop/Seminar | 0.8 | 12/31/19 |   |
| Chicago Kettlebell Club                            | Certified Kettlebell Coach, Level 2                                   | Workshop/Seminar | 0.8 | 12/31/19 |   |
| CoachAbility                                       | CoachAbility  | Workshop/Seminar | 1.1 | 12/31/19 | www.coachability.fit                          |
| Compact Health Pty Ltd                             | The Power of Calm   | Home Study       | 0.5 | 12/31/19 | www.courses-powerofcalm.com/the-power-of-calm |
| Core Athletica Inc.                                | Knocked-Up Fitness® Prenatal and Postnatal Exercise Specialist Course | Home Study       | 1.9 | 12/31/19 | Knocked-UpFitness.com                         |
| Core Exercise Solutions                            | Postpartum Corrective Exercise Specialist                             | Workshop/Seminar | 1.9 | 12/31/19 | www.coreexercisesolutions.com                 |
| Core Health & Fitness                              | BoxMaster Instructor Workshop   | Workshop/Seminar | 0.5 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Nautilus Human Sport Specialist Workshop                              | Workshop/Seminar | 0.8 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn Cycling Online Classic Instructor                             | Home Study       | 0.7 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn Indoor Cycling Workshop: All the Right Cues                   | Workshop/Seminar | 0.2 | 12/31/19 | www.schwinneducation.com                      |
| Core Health & Fitness                              | Schwinn Indoor Cycling Workshop: Class Design Crunch Time             | Workshop/Seminar | 0.2 | 12/31/19 | www.schwinneducation.com                      |
| Core Health & Fitness                              | Schwinn Indoor Cycling Workshop: Leave Em Breathless                  | Workshop/Seminar | 0.2 | 12/31/19 | www.schwinneducation.com                      |
| Core Health & Fitness                              | Schwinn Indoor Cycling: Classic Instructor Certification              | Workshop/Seminar | 0.8 | 12/31/19 | www.schwinneducation.com                      |
| Core Health & Fitness                              | Schwinn Indoor Cycling: How to WOW                                    | Workshop/Seminar | 0.2 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn Indoor Cycling: Power Instructor Certification                | Workshop/Seminar | 0.8 | 12/31/19 | www.schwinneducation.com                      |
| Core Health & Fitness                              | Schwinn Indoor Cycling: The Magic of Music                            | Workshop/Seminar | 0.2 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn Indoor Cycling: The Power Behind Power                        | Workshop/Seminar | 0.2 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn Indoor Cycling: To Breathless and Back Again                  | Workshop/Seminar | 0.2 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn® Cycling - Pedal & Pulse                                      | Workshop/Seminar | 0.2 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn® Cycling - Train Right 2 Ride Right                           | Workshop/Seminar | 0.2 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | Schwinn® Cycling: Super Star Substitute                               | Workshop/Seminar | 0.2 | 12/31/19 | www.corehandf.com/certification               |
| Core Health & Fitness                              | StairMaster HIIT Instructor Training Program                          | Workshop/Seminar | 0.4 | 12/31/19 | www.corehandf.com/certification               |
| Core Pilates NYC                                   | Core Pilates NYC 's® Equipment Training Series: Reformer              | Workshop/Seminar | 1.9 | 12/31/19 | http://www.corepilatesnyc.com                 |
| Core Pilates NYC                                   | Core Pilates NYC 's® Equipment Training Series: Tower/Cadillac        | Workshop/Seminar | 1.6 | 12/31/19 | http://www.corepilatesnyc.com                 |
| Core Pilates NYC                                   | The Beginner Mat Training Course                                      | Workshop/Seminar | 1.9 | 12/31/19 | http://www.corepilatesnyc.com                 |
| Core Pilates NYC                                   | The Intermediate Mat Training Course                                  | Workshop/Seminar | 1.3 | 12/31/19 | http://www.corepilatesnyc.com                 |
| CorePower Yoga                                     | Yoga Sculpt Teacher Training  | Home Study       | 1.9 | 12/31/19 | www.corepoweryoga.com                         |
| Country Fusion™                                    | Country Fusion  | Workshop/Seminar | 0.7 | 12/31/19 | www.countryfusion.net                         |
| CRUNCH FITNESS                                     | 360-3X  | Workshop/Seminar | 0.2 | 12/31/19 | http://www.crunch.com                         |
| CRUNCH FITNESS                                     | ABSOLUTION  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | BARRE ASSETS  | Workshop/Seminar | 0.4 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | BARRE BOOTCAMP  | Workshop/Seminar | 0.2 | 12/31/19 | http://www.crunch.com                         |
| CRUNCH FITNESS                                     | BELLY BUTT & THIGHS BOOTCAMP  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | BODYWEB WITH TRX  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | BOSU BOOTCAMP   | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | CARDIO SCULPT   | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | CARDIO TAI BOX  | Workshop/Seminar | 0.2 | 12/31/19 | http://www.crunch.com                         |
| CRUNCH FITNESS                                     | CHISEL  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | CRUNCH CLASSIC TRAINING   | Workshop/Seminar | 0.6 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | CRUNCH RIDE OF YOUR LIFE  | Workshop/Seminar | 0.6 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | FAT BURNING PILATES   | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | IRON MAT  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | OVERDRIVE   | Workshop/Seminar | 0.4 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | RETRO ROBICS  | Workshop/Seminar | 0.2 | 12/31/19 | http://www.crunch.com                         |
| CRUNCH FITNESS                                     | RIPPED DRIVE  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | RIPPED YOGA   | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | STILETTO STRENGTH   | Workshop/Seminar | 0.2 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | STILETTO STRENGTH 3   | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | TREAD BOOTCAMP  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | TREAD-N-SHRED   | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | VIDEOGRAPHY   | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH FITNESS                                     | YOGA BODY SCULPT  | Workshop/Seminar | 0.3 | 12/31/19 | WWW.CRUNCH.COM                                |
| CRUNCH UNIVERSITY                                  | 360-3X  | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | ABSOLUTION  | Home Study       | 0.3 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | BARRE ASSETS  | Home Study       | 0.3 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | BARRE BOOTCAMP  | Home Study       | 0.2 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | BELLY BUTT & THIGHS BOOTCAMP  | Home Study       | 0.3 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | BODYWEB WITH TRX  | Home Study       | 0.3 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | BOSU BOOTCAMP   | Home Study       | 0.3 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | CARDIO SCULPT   | Workshop/Seminar | 0.3 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | CARDIO TAI BOX  | Home Study       | 0.2 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | CHISEL  | Home Study       | 0.3 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | Fat Burning Pilates   | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | IRON MAT  | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | OVERDRIVE   | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | RETRO ROBICS  | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | STILETTO STRENGTH   | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | Tread Bootcamp  | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | TREAD-N-SHRED   | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | TRX-X2  | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | Videography   | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CRUNCH UNIVERSITY                                  | Yoga Body Sculpt  | Home Study       | 0.1 | 12/31/19 | http://www.crunch-u.com                       |
| CTMAXX   | CTMAXX Level 1  | Home Study       | 0.2 | 12/31/19 | CTmaxx.com                                    |
| CTY Fitness  | Commit Dance Fitness  | Workshop/Seminar | 0.7 | 12/31/19 |   |

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| CULTFIT Healthcare PVT LTD      | Cult Strength and Conditioning Level 0                           | Workshop/Seminar | 1.9 | 12/31/19  |
| Cycling Fusion, LLC             | Essentials Indoor Cycling Instructor Workshop                    | Workshop/Seminar | 0.7 | 12/31/19 <a href="http://www.cyclingfusion.com">www.cyclingfusion.com</a>                                 |
| D.A.T.-Fitness                  | D.A.T.-Fitness Instructor  | Home Study       | 1.4 | 12/31/19 <a href="http://www.datfitness.com">www.datfitness.com</a>                                       |
| Dan-Z Fitness Pte Ltd           | Official KpopX® Fitness Instructor                               | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.kpopxfitness.com">www.kpopxfitness.com</a>                                   |
| Davide Zanichelli               | GET! Gymball Evo Training®                                       | Workshop/Seminar | 1.5 | 12/31/19 <a href="http://www.fit-up-solution.com">www.fit-up-solution.com</a>                             |
| DCAC Fitness Conventions Inc.   | 2019 DCAC International Fitness Education Conference             | Conference       | 1.2 | 12/31/19 <a href="http://dcacfitness.com">dcacfitness.com</a>   |
| Debbie Roberts Seminars         | Flexibility Coach  | Workshop/Seminar | 1.8 | 12/31/19 <a href="http://www.debbierobertsseminars.com">www.debbierobertsseminars.com</a>                 |
| Defying Gravity Bungee Training | Defying Gravity Bungee Instructor Training                       | Workshop/Seminar | 1.0 | 12/31/19 <a href="http://www.DefyingGravityBungee.com">www.DefyingGravityBungee.com</a>                   |
| DESIREE FITNESS                 | ACONDICIONAMIENTO FISICO   | Workshop/Seminar | 0.7 | 12/31/19  |
| DESIREE FITNESS                 | ASESOR NUTRILOGO EN FITNESS                                      | Workshop/Seminar | 0.6 | 12/31/19  |
| DESIREE FITNESS                 | CROSS TRAINING   | Workshop/Seminar | 0.5 | 12/31/19  |
| DESIREE FITNESS                 | ENTRENADOR PERSONAL  | Workshop/Seminar | 0.6 | 12/31/19  |
| DESIREE FITNESS                 | MASAJE DEPORTIVO   | Workshop/Seminar | 0.4 | 12/31/19  |
| DIAKADI                         | Experts Insights on Exercise Prescription & Progressions         | Workshop/Seminar | 0.2 | 12/31/19 <a href="http://www.diakadibody.com">www.diakadibody.com</a>                                     |
| DIAKADI                         | Experts Insights on Online & Remote Training                     | Workshop/Seminar | 0.2 | 12/31/19 <a href="http://www.diakadibody.com">www.diakadibody.com</a>                                     |
| DIAKADI                         | Sports Performance for the Working Professional                  | Workshop/Seminar | 0.2 | 12/31/19 <a href="http://www.diakadi.life">www.diakadi.life</a>   |
| DIAKADI                         | The Fitness Entrepreneurs path to Freedom of Time and Money      | Workshop/Seminar | 0.2 | 12/31/19 <a href="http://www.diakadi.life">www.diakadi.life</a>   |
| Discover Strength               | Resistance Exercise Conference 2019                              | Conference       | 0.7 | 12/31/19 <a href="http://www.resistanceexercisecconference.com">www.resistanceexercisecconference.com</a> |
| Dr. Julian Cano LLC             | Holistic Fitness and Nutrition Seminar                           | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.drcano.net">www.drcano.net</a>   |
| Dr. Sears Wellness Institute    | Health Coach Certification-Adults & Seniors                      | Home Study       | 1.9 | 12/31/19 <a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>                   |
| Dr. Sears Wellness Institute    | Health Coach Certification-Families                              | Home Study       | 1.9 | 12/31/19 <a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>                   |
| Dr. Sears Wellness Institute    | Health Coach Certification-Pregnancy                             | Home Study       | 1.9 | 12/31/19 <a href="http://drsearswellnessinstitute.org">drsearswellnessinstitute.org</a>                   |
| Drums Alive                     | Drums Alive® Basic On-line Instructor Specialty Certificate      | Home Study       | 0.8 | 12/31/19  |
| Dumbbells to Dollars            | Dumbbells to Dollars   | Home Study       | 1.9 | 12/31/19 <a href="https://www.dumbbells2dollars.com/CEU">https://www.dumbbells2dollars.com/CEU</a>        |
| Empower Training Systems, Inc.  | Empower (Martial Fitness) Kickboxing Fitness Instructor Training | Home Study       | 1.9 | 12/31/19 <a href="http://www.empower-usa.com">www.empower-usa.com</a>                                     |
| Empower Training Systems, Inc.  | Empower Self Defense Instructor Training – Phase 1 & 2           | Home Study       | 1.9 | 12/31/19 <a href="http://www.empower-usa.com">www.empower-usa.com</a>                                     |
| EMPOWER!                        | Barbell Strength   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Define Your WHY behind Every Class from a Scientific Standpoint  | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | DJ SCHOOL: Music Mixology  | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | EDG Cycle  | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | EDG Sculpt   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | FEEDBACK: It's a 2-Way Street                                    | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | FIGHT IQ   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Gluteus MAXout   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Intense vs. Impressive   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Kettlebell Kombine   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Music Mastery  | Workshop/Seminar | 0.2 | 12/31/19  |
| EMPOWER!                        | No Bench Warmers   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | OWN IT: MARKETING AND BUILDING YOUR PERSONAL BRAND               | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Play the Cards   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Positive Resolution  | Workshop/Seminar | 0.2 | 12/31/19  |
| EMPOWER!                        | Power Stance: Mastering Non-Verbal Communication Methods         | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | PWR Cycle  | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Regeneration is the Missing Link to Complete Training            | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Talking the Talk   | Workshop/Seminar | 0.2 | 12/31/19  |
| EMPOWER!                        | Tapping Into Your Authentic Performer                            | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Tell Me More   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | The Art of Kettlebell Training                                   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | The Art of Transitions   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | The Ultimate Connection  | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | Warrior Sculpt   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | WTRX   | Workshop/Seminar | 0.4 | 12/31/19  |
| EMPOWER!                        | XTREME   | Workshop/Seminar | 0.4 | 12/31/19  |
| Entrenous LLC                   | Now What? The Road After Group Fitness Certification             | Workshop/Seminar | 0.3 | 12/31/19  |
| Entrenous LLC                   | The Chapel of Fitness: Group Fitness as a Spiritual Modality     | Workshop/Seminar | 0.3 | 12/31/19  |
| Equinox                         | Assessing The Shoulder For Optimal Health & Performance          | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | Become a Battle Rope Expert Workshop                             | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | Brain. Breath. Barefoot.   | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | EFTI T2 Curriculum for PT Managers                               | Home Study       | 1.9 | 12/31/19  |
| Equinox                         | EFTI T2 Curriculum for Returning Trainers                        | Home Study       | 1.9 | 12/31/19  |
| Equinox                         | Energy System Development  | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | Equinox EFTI Tier 2 Curriculum (Fast Track Live)                 | Workshop/Seminar | 1.9 | 12/31/19  |
| Equinox                         | Equinox EFTI Tier 2 Curriculum (Live)                            | Workshop/Seminar | 1.9 | 12/31/19  |
| Equinox                         | Equinox EFTI Tier 3+ Curriculum                                  | Workshop/Seminar | 1.2 | 12/31/19 <a href="http://www.Equinox.com">http://www.Equinox.com</a>                                      |
| Equinox                         | Metabolic Resistance Training Workshop                           | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | Nutrition Coaching   | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.Equinox.com">http://www.Equinox.com</a>                                      |
| Equinox                         | Prehab Rehab   | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | Progressive Bodyweight Training                                  | Workshop/Seminar | 0.6 | 12/31/19  |
| Equinox                         | Sleep and Optimal Performance Workshop                           | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.Equinox.com">http://www.Equinox.com</a>                                      |
| Equinox                         | Sustainable Training Workshop                                    | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.Equinox.com">http://www.Equinox.com</a>                                      |
| Equinox                         | Systematic Approach to Program Design                            | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | The Big Movement ROCS: Foot/Ankle Function, Assessment, Reaction | Workshop/Seminar | 0.4 | 12/31/19  |
| Equinox                         | Unlocking Mobility with Functional Strength Training             | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.Equinox.com">http://www.Equinox.com</a>                                      |
| Equinox                         | ViPR Training Workshop   | Workshop/Seminar | 0.4 | 12/31/19  |
| Evidence for Exercise           | Beginner and Intermediate Exercise for the Lower Back            | Home Study       | 0.2 | 12/31/19 <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>                     |
| Evidence for Exercise           | Beginner and Intermediate Exercise for the Shoulder              | Home Study       | 0.1 | 12/31/19 <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>                     |
| Evidence for Exercise           | Beginner and Intermediate Exercise for the Upper Back            | Home Study       | 0.3 | 12/31/19 <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>                     |
| Evidence for Exercise           | Beginner and Intermediate Exercises for the Hip and Gluteals     | Home Study       | 0.3 | 12/31/19 <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>                     |



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| Evidence for Exercise              | Beginner and Intermediate Exercises for the Neck                     | Home Study       | 0.1 | 12/31/19 | <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>  |
| Evidence for Exercise              | Beginner Quadriceps Exercises for the Patellofemoral Pain            | Home Study       | 0.2 | 12/31/19 | <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>  |
| Evidence for Exercise              | Beginner Yoga for the Lower Back                                     | Home Study       | 0.1 | 12/31/19 | <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>  |
| Evidence for Exercise              | Intermediate Pilates for the Abdominals                              | Home Study       | 0.1 | 12/31/19 | <a href="http://www.evidenceforexercise.org">www.evidenceforexercise.org</a>  |
| Evolution Athletics                | Corrective Exercise and Technology                                   | Workshop/Seminar | 0.5 | 12/31/19 |   |
| Evolution Power Yoga               | Anatomy of Yoga Series   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://evolutionpoweryoga.com">http://evolutionpoweryoga.com</a>   |
| Excel Wellness Studio              | Metabolic Flexibility After 40: Taming Mid-Life Metabolism with Food | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.excelwellnessstudio.com/subs/continuing_ed.html">http://www.excelwellnessstudio.com/subs/continuing_ed.html</a> |
| Exercise and Nutrition Works, Inc. | Certified Fitness Nutrition Specialist                               | Home Study       | 1.9 | 12/31/19 | <a href="http://www.NutritionCertification.com">www.NutritionCertification.com</a>  |
| Exercise Etc Inc                   | Age Appropriate Strength Training                                    | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Athletic Body in Balance   | Home Study       | 1.9 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Avoiding Common Fitness Injuries                                     | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com/power.html">http://exerciseetc.com/power.html</a>   |
| Exercise Etc Inc                   | Baby Boomer Balance  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Balance, Mobility & Function   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Balance, Stability & Fall Prevention                                 | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Brave New World: Managing Fall Risk & Chronic Disease                | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Cheap Tricks for Trainers  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Complete Guide to Foam Rolling                                       | Home Study       | 1.0 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Complete Guide to TRX® Suspension Training                           | Workshop/Seminar | 1.0 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Comprehensive Recovery Strategies                                    | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Conditioning to the Core   | Home Study       | 1.0 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Core Training Anatomy  | Home Study       | 1.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Core Training for Seniors  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Core Training: Working Hard or Hardly Working?                       | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Defying Gravity: Balance Drills for Seniors                          | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Dynamic Balance & Mobility   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Exercise & the Older Adult   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com/">http://www.exerciseetc.com/</a>   |
| Exercise Etc Inc                   | Exercise & the Older Shoulder  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com/">http://exerciseetc.com/</a>   |
| Exercise Etc Inc                   | Exercise to Improve Neck & Back Function                             | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com/">http://exerciseetc.com/</a>   |
| Exercise Etc Inc                   | Facilitated Stretching   | Home Study       | 1.6 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Fitness Illustrated  | Home Study       | 1.0 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Fitness Professionals Guide to Strength Training Older Adults, 2017  | Home Study       | 1.2 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Forever Fit: Protecting the Middle Aged Spine                        | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Forever Young: Secrets of the Older Mind                             | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Full Body Flexibility  | Home Study       | 0.7 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Functional Forever: Exercise for Independent Living                  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Functional Forever: Remedial Shoulder Exercises                      | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Functional Training  | Home Study       | 1.0 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Functional Training: Myths & Mystique                                | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Good Knee/Bad Knee   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | High Intensity 300   | Home Study       | 1.0 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | High Intensity Interval Training                                     | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com/">http://exerciseetc.com/</a>   |
| Exercise Etc Inc                   | High Intensity Training: When Less is More                           | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Integrated Postural Training   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Kettlebell Training  | Home Study       | 1.0 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Life After Hip or Knee Replacement                                   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com/">http://exerciseetc.com/</a>   |
| Exercise Etc Inc                   | Lift Weight to Lose Weight   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Living Fearless: Exercise, Balance & Core Strength                   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Making Connections: Challenging the Older Brain                      | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Myofascial Release   | Workshop/Seminar | 1.0 | 12/31/19 | <a href="http://exerciseetc.com/">http://exerciseetc.com/</a>   |
| Exercise Etc Inc                   | Nancy Clark's Sports Nutrition Guidebook                             | Home Study       | 1.9 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Never too Late: Functional Core Training for Seniors                 | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Nutrient Timing  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com/">http://exerciseetc.com/</a>   |
| Exercise Etc Inc                   | Nutrient Timing for Peak Performance                                 | Home Study       | 1.9 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Optimal Muscle Training  | Home Study       | 1.5 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Polishing the Golden Years: Age-appropriate Conditioning Exercises   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Proud & Powerful: Conditioning Drills for Older Adults               | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Pure Power: Integrated Rotational Training                           | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Ready, Set, Stop! Functional Deceleration Training                   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Remedial Exercise: Restoring Function to the Deconditioned           | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Retired, not Expired: Integrated Strength Training Drills            | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Secrets of Strength & Conditioning                                   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://exerciseetc.com/">http://exerciseetc.com/</a>   |
| Exercise Etc Inc                   | Sports Injuries Guidebook  | Home Study       | 1.9 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Standing Tall: Exercise and the Aging Spine                          | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Strength & Conditioning for Seniors                                  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Strength Training Anatomy  | Home Study       | 1.0 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Strength Training Past 50  | Home Study       | 0.9 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | Strong Minds: Exercise & Cognitive Function                          | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The Ankle: The Biomechanical Marvel                                  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The Bionic Elder: Training with New Knees or Hips                    | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The Defiant Senior: Exercise to Manage Chronic Illness               | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The Essential Hip: Reversing Gluteal Amnesia                         | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The HIIT Advantage   | Home Study       | 1.0 | 12/31/19 | <a href="http://exerciseetc.com">http://exerciseetc.com</a>   |
| Exercise Etc Inc                   | The Integrated Core: Coordinating the Inner & Outer Units            | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The Knee: Top Trends in Training                                     | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The Shoulder: New School Training Techniques                         | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | The Vibrant Senior: Putting the FUN in Functional Training           | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Tricks Every Trainer Should Know                                     | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |
| Exercise Etc Inc                   | Understanding Shoulder Dysfunction                                   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.exerciseetc.com">www.exerciseetc.com</a>  |

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| Exercise Etc Inc   | Walk the Walk: Functional Ambulation Drills   | Workshop/Seminar | 0.2 | 12/31/19 | www.exerciseetc.com                     |
| Exercise Etc Inc   | Walking Tall: Mobility Drills for Seniors   | Home Study       | 0.2 | 12/31/19 | www.exerciseetc.com                     |
| Exercise Etc Inc   | Weight Management: Secrets & Lies   | Home Study       | 0.2 | 12/31/19 | www.exerciseetc.com                     |
| Exercise Etc Inc   | When Good Knees Go Bad  | Home Study       | 0.2 | 12/31/19 | www.exerciseetc.com                     |
| Exercise Etc Inc   | Women's Home Workout Bible  | Home Study       | 1.6 | 12/31/19 | http://exerciseetc.com                  |
| exhale   | exhale Barre Teacher Training Module 1  | Workshop/Seminar | 1.9 | 12/31/19 | http://exhalespa.com/                   |
| exhale   | exhale Barre Teacher Training Module 2  | Workshop/Seminar | 1.9 | 12/31/19 | http://www.exhalespa.com                |
| exhale   | exhale Core Strengthening Series  | Workshop/Seminar | 0.4 | 12/31/19 | exhalespa.com                           |
| exhale   | exhale Glutes Strengthening Series  | Workshop/Seminar | 0.4 | 12/31/19 | exhalespa.com                           |
| exhale   | exhale Stretch Series   | Workshop/Seminar | 0.4 | 12/31/19 | exhalespa.com                           |
| exhale   | exhale Thigh Strengthening Series   | Workshop/Seminar | 0.4 | 12/31/19 | exhalespa.com                           |
| exhale   | exhale Upper Body Series  | Workshop/Seminar | 0.4 | 12/31/19 | exhalespa.com                           |
| EXOS   | EXOS Fitness Specialists  | Workshop/Seminar | 1.2 | 12/31/19 | www.teamexos.com                        |
| EXOS   | EXOS Performance Specialist   | Workshop/Seminar | 1.9 | 12/31/19 | www.teamexos.com                        |
| EXOS   | EXOS Presents: Speedo Fit Training  | Home Study       | 0.7 | 12/31/19 | exoslearn.ideafit.com                   |
| Explosive Fitness Performance  | Speed & Agility/Strength Workshop   | Conference       | 0.5 | 12/31/19 |   |
| Feldenkrais Institute of Arizona   | Weight Training the Feldenkrais Way   | Workshop/Seminar | 0.5 | 12/31/19 | www.feldenkrais-goldsand.net            |
| Fierce Lotus   | L3 Complete Fitness™ - Instructor Training Course   | Workshop/Seminar | 0.8 | 12/31/19 | https://fiercelotus.com/                |
| Fight Science Institute  | Fight Science Fight Performance Seminar   | Workshop/Seminar | 0.7 | 12/31/19 | www.fightscienceinstitute.com           |
| Fit and Functional/NFPT  | Introduction to Plyometrics   | Home Study       | 0.6 | 12/31/19 | www.trainereducator.com                 |
| Fit and Functional/NFPT  | Principles of Functional Exercise   | Home Study       | 1.9 | 12/31/19 | www.trainereducator.com                 |
| Fit and Functional/NFPT  | Principles of Stretching  | Home Study       | 0.3 | 12/31/19 | www.trainereducator.com                 |
| Fit and Functional/NFPT  | The Core  | Home Study       | 0.6 | 12/31/19 | www.trainereducator.com                 |
| Fit Body Boot Camp   | Fit Body Boot Camp World Conference   | Workshop/Seminar | 1.4 | 12/31/19 | fitbodybootcamp.com                     |
| FIT EDU  | Movement Coaching: Deadlift, Squat, and Press   | Workshop/Seminar | 0.8 | 12/31/19 | www.fit-edu.com                         |
| Fit For Birth, Inc   | Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)                      | Home Study       | 1.9 | 12/31/19 | www.getfitforbirth.com                  |
| FIT4MOM  | Body Back   | Home Study       | 0.4 | 12/31/19 |   |
| FIT4MOM  | Body Ignite Certification   | Workshop/Seminar | 0.3 | 12/31/19 | https://fit4mom.com/                    |
| FIT4MOM  | Fit4Baby  | Home Study       | 0.3 | 12/31/19 |   |
| FIT4MOM  | FIT4MOM Experience  | Workshop/Seminar | 0.7 | 12/31/19 |   |
| FIT4MOM  | FIT4MOM Foundations   | Home Study       | 0.8 | 12/31/19 |   |
| FIT4MOM  | FIT4MOM Regional Summit   | Workshop/Seminar | 1.1 | 12/31/19 | https://fit4mom.com/                    |
| FIT4MOM  | Run Club+   | Workshop/Seminar | 0.3 | 12/31/19 | https://fit4mom.com/                    |
| FIT4MOM  | Strides 360 Certification   | Workshop/Seminar | 0.3 | 12/31/19 | https://fit4mom.com/                    |
| FIT4MOM  | Stroller Barre  | Home Study       | 0.3 | 12/31/19 |   |
| FIT4MOM  | StrollerStrides   | Home Study       | 0.4 | 12/31/19 |   |
| FitCon   | FitCon Summit 2019  | Conference       | 1.2 | 12/31/19 | www.fitconsummit.com                    |
| FitFixNow  | 5 Ways You're Losing Your Clients   | Home Study       | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Boost Your Business with a Better Business Plan   | Home Study       | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Expand your Reach with Online Face to Face Training   | Home Study       | 0.2 | 12/31/19 | https://www.fitfixnow.com/              |
| FitFixNow  | Fit Kids for Life: Reversing Childhood Obesity  | Home Study       | 0.2 | 12/31/19 |   |
| FitFixNow  | Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness                | Home Study       | 0.3 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Helping Your Clients Become Their Best!   | Home Study       | 0.5 | 12/31/19 | http://www.fitfixnow.com                |
| FitFixNow  | HIIT for Clients: Getting More with Less  | Home Study       | 0.2 | 12/31/19 | https://www.fitfixnow.com               |
| FitFixNow  | Increase Your Income with Online Video Group Training   | Home Study       | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Making EVERY Client a Success: A Toolkit for Behavior Change  | Home Study       | 0.2 | 12/31/19 |   |
| FitFixNow  | Nutrition for Fitness Professionals   | Home Study       | 0.4 | 12/31/19 | https://www.fitfixnow.com               |
| FitFixNow  | Reinventing The Wheel: Fitness and Adapted PE for the Autism Population                             | Workshop/Seminar | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations                            | Home Study       | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Strong Minds Strong Bodies  | Home Study       | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Teaching Weight Loss Strategies for Personal Trainers   | Home Study       | 0.3 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients               | Home Study       | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | The Midas Touch: Golden Clients in their Golden Years   | Home Study       | 0.2 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Training Aging Bones and Muscles  | Home Study       | 0.2 | 12/31/19 | http://www.fitfixnow.com                |
| FitFixNow  | Training Injured Clients  | Home Study       | 0.3 | 12/31/19 | https://www.fitfixnow.com               |
| FitFixNow  | Training the Aging Heart with Safety and Confidence   | Home Study       | 0.4 | 12/31/19 | www.fitfixnow.com                       |
| FitFixNow  | Training Towards and Away From Knee and Hip Replacement   | Home Study       | 0.3 | 12/31/19 |   |
| FitFixNow  | Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom                      | Home Study       | 0.5 | 12/31/19 | https://www.fitfixnow.com               |
| FitFixNow  | Zen, Science and Better Client Results  | Home Study       | 0.4 | 12/31/19 | www.fitfixnow.com                       |
| Fitness Education Online   | Medball Essentials for Personal Trainers  | Home Study       | 1.0 | 12/31/19 |   |
| Fitness Education Online   | Online Training Essentials  | Home Study       | 1.1 | 12/31/19 |   |
| Fitness Education Online   | Social Media Essentials Level 2   | Home Study       | 1.0 | 12/31/19 | www.fitnesseducationonline.com.au       |
| Fitness Education Online   | Social Media for PTs  | Home Study       | 1.0 | 12/31/19 |   |
| Fitness Education Online   | Suspension Training Essentials for PTs  | Home Study       | 1.0 | 12/31/19 |   |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | Complete Knee, Ankle & Foot Conditioning  | Home Study       | 0.8 | 12/31/19 | www.iihfe.com                           |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | Complete Shoulder Conditioning 2.0  | Home Study       | 0.8 | 12/31/19 | www.iihfe.com                           |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | Female Fitness: Restore the Core while discovering its effects on the whole body                    | Workshop/Seminar | 0.7 | 12/31/19 |   |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | ICES Approach to Training Baby Boomers and Seniors  | Workshop/Seminar | 0.7 | 12/31/19 | www.iihfe.com                           |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | ICES Approach to Training Baby Boomers and Seniors-Designing Programs                               | Workshop/Seminar | 0.7 | 12/31/19 | www.iihfe.com                           |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | Integrative Core Training For the Baby Boomers and Seniors  | Workshop/Seminar | 0.7 | 12/31/19 | http://www.fitnesseducationseminars.com |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement... | Workshop/Seminar | 0.4 | 12/31/19 |   |
| Fitness Mentors LLC  | Business & Sales: The Guide to Success as a Personal Trainer  | Home Study       | 1.9 | 12/31/19 | www.fitnessmentors.com                  |
| Fitness Mentors LLC  | Pain Management Specialist  | Home Study       | 1.9 | 12/31/19 | www.fitnessmentors.com                  |
| Fitness Mentors LLC  | Program Design Specialist   | Home Study       | 1.9 | 12/31/19 | www.fitnessmentors.com                  |
| Fitness Mentors LLC  | Special Populations Exercise Specialist   | Home Study       | 1.9 | 12/31/19 | www.fitnessmentors.com                  |
| Fitness Professionals (FitPro)   | ViPR Loaded Movement Training Level 1   | Workshop/Seminar | 0.4 | 12/31/19 | www.viprfit.com                         |
| Fitness Professionals (FitPro)   | ViPR Loaded Movement Training Level 2   | Workshop/Seminar | 0.8 | 12/31/19 | www.viprfit.com                         |
| FitnessFest Conference and Expo  | FitnessFest Arizona 2019  | Conference       | 1.9 | 12/31/19 | www.fitnessfest.org                     |



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| FitnessFest Conference and Expo                 | FitnessFest Los Angeles 2019                                  | Conference       | 1.6 | 12/31/19 | <a href="http://www.fitnessfest.org">www.fitnessfest.org</a>  |
| FitnessGenes                                    | FitnessGenes Pro Trainer Education Workshop                   | Workshop/Seminar | 0.6 | 12/31/19 | <a href="http://www.fitnessgenes.com">www.fitnessgenes.com</a>  |
| FITOUR  | Advanced Aqua Self Study                                      | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Advanced Indoor Cycling Self Study                            | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Advanced Pilates Self Study                                   | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Advanced Yoga Self Study                                      | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | BootCamp Self Study   | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Core and Functional Fitness Self Study                        | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | FITOUR Advanced Barre Instructor Certification                | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | FITOUR Primary Barre Instructor Certification                 | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Group Barbell Self Study                                      | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Kickboxing Self Study   | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Myofascial Release Self Study                                 | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">http://www.fitour.com</a>   |
| FITOUR  | Pilates Reformer Level 1 Self Study                           | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Primary Aqua Live Workshop                                    | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www/fitour.com</a>  |
| FITOUR  | Primary Aqua Self Study                                       | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Primary Indoor Cycling Live Workshop                          | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Primary Indoor Cycling Self Study                             | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Primary Pilates Live Workshop                                 | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Primary Pilates Self Study                                    | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Primary Yoga Self Study                                       | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Stability Ball Self Study                                     | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FITOUR  | Step Self Study   | Home Study       | 0.8 | 12/31/19 | <a href="http://www.fitour.com">www.fitour.com</a>  |
| FitSteps  | FitSteps Instructor Training Program                          | Home Study       | 0.4 | 12/31/19 | <a href="http://fitstepsdance.com">fitstepsdance.com</a>  |
| Flexibility First Academy                       | Certified Flexibility Specialist: Level One                   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://www.flexibilityfirstacademy.com">www.flexibilityfirstacademy.com</a>                                  |
| Flexibility Script                              | Flexibility Script Assessments                                | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.FlexibilityScript.com">www.FlexibilityScript.com</a>  |
| Focusmaster                                     | Focusmaster Strike Training Workshop                          | Workshop/Seminar | 0.5 | 12/31/19 | <a href="http://www.focusmaster.com">http://www.focusmaster.com</a>   |
| Functional Aging Institute FAI                  | Functional Aging Group Exercise Specialist Certification      | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://functionalaginginstitute.com">functionalaginginstitute.com</a>  |
| Functional Aging Institute FAI                  | Functional Aging Group Exercise Specialist Workshop           | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.functionalaginginstitute.com">www.functionalaginginstitute.com</a>                                |
| Functional Aging Institute FAI                  | Functional Aging Specialist Certification                     | Home Study       | 1.0 | 12/31/19 | <a href="http://www.functionalaginginstitute.com">www.functionalaginginstitute.com</a>                                |
| Functional Aging Institute FAI                  | Functional Aging Specialist Workshop                          | Workshop/Seminar | 0.7 | 12/31/19 | <a href="http://www.functionalaginginstitute.com">www.functionalaginginstitute.com</a>                                |
| Functional Aging Institute FAI                  | Functional Aging Summit 2019                                  | Conference       | 1.9 | 12/31/19 |   |
| Functional Aging Institute FAI                  | Open the Door to Tai Chi                                      | Home Study       | 0.8 | 12/31/19 | <a href="http://www.taichisystem.com">www.taichisystem.com</a>  |
| Functional Aging Institute FAI                  | Open the Door to Tai Chi (Workshop)                           | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.taichisystem.com">www.taichisystem.com</a>  |
| Functional Medicine Coaching Academy (FMCA)     | Functional Medicine Coaching Academy Health Coaching Program  | Home Study       | 1.8 | 12/31/19 | <a href="http://www.functionalmedicinecoaching.org">http://www.functionalmedicinecoaching.org</a>                     |
| FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)          | FMS Level 1 Online Course                                     | Home Study       | 0.2 | 12/31/19 | <a href="http://WWW.FUNCTIONALMOVEMENT.COM">http://WWW.FUNCTIONALMOVEMENT.COM</a>                                     |
| FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)          | Functional Movement Screen - Level 1                          | Home Study       | 1.2 | 12/31/19 | <a href="http://www.functionalmovement.com">www.functionalmovement.com</a>  |
| FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)          | Functional Movement Screen - Level 2                          | Home Study       | 1.5 | 12/31/19 | <a href="http://www.functionalmovement.com">www.functionalmovement.com</a>  |
| Functional Training Institute (Singapore)       | Dual Zone Myofascial Release                                  | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fti-lwz.com/dual-zone-myofascial-release">http://www.fti-lwz.com/dual-zone-myofascial-release</a> |
| Functional Training Institute (Singapore)       | Swiss Ball Metabolic Training                                 | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.fti-lwz.com">www.fti-lwz.com</a>  |
| Girls Gone Strong                               | Girls Gone Strong L1 Certification                            | Home Study       | 1.9 | 12/31/19 | <a href="http://academy.girlsgonestrong.com">academy.girlsgonestrong.com</a>  |
| Girls Gone Strong                               | Moms Gone Strong Module 1: Trying to Conceive                 | Home Study       | 0.2 | 12/31/19 | <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>   |
| Girls Gone Strong                               | Moms Gone Strong Module 2: Pregnancy                          | Home Study       | 0.2 | 12/31/19 | <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>   |
| Girls Gone Strong                               | Moms Gone Strong Module 3: Post-Pregnancy                     | Home Study       | 0.2 | 12/31/19 | <a href="http://www.girlsgonestrong.com">http://www.girlsgonestrong.com</a>   |
| Girls Gone Strong                               | Pre- & Postnatal Coaching Certification                       | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://academy.girlsgonestrong.com">academy.girlsgonestrong.com</a>  |
| GloBarre  | GloBarre Essential Class                                      | Workshop/Seminar | 0.5 | 12/31/19 | <a href="http://globarre.com">globarre.com</a>  |
| Go Fitness Academy                              | Flexfit Pilates   | Workshop/Seminar | 0.8 | 12/31/19 |   |
| Gorilla Strong Kettlebell Club                  | Gorilla Strong Level I Kettlebell Instructor                  | Workshop/Seminar | 0.5 | 12/31/19 | <a href="http://www.gorilla-strong.com">www.gorilla-strong.com</a>  |
| Gorilla Strong Kettlebell Club                  | Gorilla Strong Level II Kettlebell Lifting Specialist         | Workshop/Seminar | 0.6 | 12/31/19 | <a href="http://www.gorilla-strong.com">www.gorilla-strong.com</a>  |
| Gorilla Strong Kettlebell Club                  | Introduction to Kettlebell Lifting                            | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.gorilla-strong.com">www.gorilla-strong.com</a>  |
| Gorilla Strong Kettlebell Club                  | Kettlebell Lifting for Explosive Power                        | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.gorilla-strong.com">www.gorilla-strong.com</a>  |
| Gray Institute                                  | 3D Movement Analysis & Performance System (3DMAPS) Home Study | Home Study       | 1.0 | 12/31/19 | <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>  |
| Gray Institute                                  | Certification in Applied Functional Science                   | Home Study       | 1.9 | 12/31/19 | <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>  |
| Gray Institute                                  | Chain Reaction  | Workshop/Seminar | 1.8 | 12/31/19 | <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>  |
| Gray Institute                                  | Female Chain Reaction   | Workshop/Seminar | 1.4 | 12/31/19 | <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>  |
| Gray Institute                                  | Functional Soft Tissue Transformation (FSTT)                  | Home Study       | 1.9 | 12/31/19 | <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>  |
| Gray Institute                                  | Gray Institute Functional Golf System                         | Workshop/Seminar | 1.6 | 12/31/19 | <a href="http://www.grayinstitute.com">www.grayinstitute.com</a>  |
| GRIT Fitness                                    | BODY SCULPT INSTRUCTOR  | Workshop/Seminar | 1.5 | 12/31/19 |   |
| GRIT Fitness                                    | CIRCUIT & INTERVAL INSTRUCTOR                                 | Workshop/Seminar | 1.5 | 12/31/19 | <a href="http://DALLASGRITFITNESS.COM">DALLASGRITFITNESS.COM</a>  |
| GRIT Fitness                                    | powerbelle™ INSTRUCTOR  | Workshop/Seminar | 1.5 | 12/31/19 |   |
| GRIT Fitness                                    | Revolution Cycling Instructor                                 | Workshop/Seminar | 1.5 | 12/31/19 |   |
| Halem Cycle                                     | From Good to Great  | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.harlem-cycle.com">www.harlem-cycle.com</a>  |
| Healthworks Group                               | Postural Analysis   | Workshop/Seminar | 0.5 | 12/31/19 | <a href="http://www.healthworksfitness.com">www.healthworksfitness.com</a>  |
| Healthworks Group                               | Small Group Training 101                                      | Workshop/Seminar | 0.5 | 12/31/19 | <a href="http://www.healthworksfitness.com">www.healthworksfitness.com</a>  |
| Healthworks Group                               | Training the Pre/Post Natal Client                            | Workshop/Seminar | 0.3 | 12/31/19 | <a href="http://www.healthworksfitness.com">www.healthworksfitness.com</a>  |
| HeartZones USA                                  | Heart Zones Training and Indoor Cycling                       | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.heartzones.com">www.heartzones.com</a>  |
| Hedstrom Fitness                                | 3D XTREME™ powered by BOSU®                                   | Workshop/Seminar | 0.6 | 12/31/19 | <a href="http://www.bosu.com">http://www.bosu.com</a>   |
| Hedstrom Fitness                                | BOSU® Advanced Programming Strategies                         | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.bosu.com">www.bosu.com</a>  |
| Hedstrom Fitness                                | BOSU® DOUBLE UP DOUBLE DOWN                                   | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.bosu.com">http://www.bosu.com</a>   |
| Hedstrom Fitness                                | BOSU® HIIT EXTREME  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.bosu.com">http://www.bosu.com</a>   |
| Hedstrom Fitness                                | BOSU® Mindful Movement & Mobility                             | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.bosu.com">www.bosu.com</a>  |
| Hedstrom Fitness                                | BOSU® Next Generation Balance Training                        | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.bosu.com">www.bosu.com</a>  |
| Hedstrom Fitness                                | BOSU® STRONG + STRETCHED                                      | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.bosu.com">http://www.bosu.com</a>   |
| Hedstrom Fitness                                | Surge® Hydro Performance Training                             | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.surgestrong.com">www.surgestrong.com</a>  |
| Hedstrom Fitness                                | Surge® Hydro Program Design                                   | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.surgestrong.com">www.surgestrong.com</a>  |
| Hedstrom Fitness                                | Surge® Hydro Training System                                  | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.surgestrong.com">www.surgestrong.com</a>  |
| human mama (Pre and Postnatal Fitness Training) | human mama   Pre and Postnatal Fitness Training               | Workshop/Seminar | 1.9 | 12/31/19 | <a href="https://www.human-mama.com">https://www.human-mama.com</a>   |
| Hyperwear                                       | SandBell® Level 1 Workshop                                    | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.hyperwear.com">www.hyperwear.com</a>  |

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| ICAA International Council on Active Aging | ICAA's Leadership in Wellness Management   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://www.icaa.cc/certificate/overview.htm">http://www.icaa.cc/certificate/overview.htm</a> |
| ICHOREO                                    | ICHOREO Instructor   | Workshop/Seminar | 0.9 | 12/31/19 |   |
| IDEA Health & Fitness                      | 21st Century Body Sculpt   | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | A Different Look at Core Training: The Backside  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success!                          | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Active Resistance Training® Total Body Mat Practice  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Advanced and Progressive Mechanics of Lifting and Strength Training                                  | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Anatomy of a Fitness Business  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Anatomy: Reconnect With Your Spine Muscles, by NFPT  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue       | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest                                      | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training          | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News         | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">http://www.idealife.com</a>   |
| IDEA Health & Fitness                      | April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears                                 | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats                                    | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire...  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and...   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation                             | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Assessment and Corrective Exercise Strategies for Improved Shoulder Function                         | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Back to Basics With Anatomy  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Balanced Body™: Pilates Smart Core Challenge   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Balancing Hormones for Optimal Weight Loss   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Balancing Hormones through Nutrition   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Battle Rope Mastery  | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Become a World Class Coach- Top Seven Must Do's to Create Success and Significance                   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Beyond Randomness: Exercise Selection Based on Movement Screening                                    | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods                                    | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients                                       | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Body-Weight Training-Amped Up  | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Can Technology Be Harnessed to Inspire Lasting Behavior Change?                                      | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Cardio-Strength Circuits for Fun and Function!   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist                 | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Communicating With Your Female Clients for Breakthrough Results                                      | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Complete Program Design for the Obese/Overweight Client  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Core Connections: Progression Strategies to Enhance Core Function                                    | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Creative Circuits - Five Steps to Better Program Design  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Cue Movement and Exercise With Abdominal Anatomy, by NFPT  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Cue Movement and Exercise With Hip Anatomy, by NFPT  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Designing a Self-Myofascial Release Program  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | East Meets West: A Mindful Approach to Health Coaching   | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Eating a Lower Inflammatory Diet   | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Extreme Equipment-LESS Boot Camp   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Fascia Release for Yoga  | Home Study       | 1.0 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Fascial Line Mobility  | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Fat-Loss Programming for Your Female Clients   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food        | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement                         | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention             | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News      | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News      | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training                              | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">http://www.idealife.com</a>   |
| IDEA Health & Fitness                      | February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry                        | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Food for Thought: Brain, Gut, Microbes, Diet   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | From Neck to Knees...More Than Just Core!  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | From the Hip   | Home Study       | 0.2 | 12/31/19 |   |
| IDEA Health & Fitness                      | Functional Assessment for Special Populations  | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Functional Balance Circuits for the Active Adult (ACE Mover Academy)                                 | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Functional Balance for the Active Aging Adult, by ActivMotion Bar™                                   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Functional Circuits for Aging Clients  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Functional Power Training for Older Clients, by FAI  | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS                 | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | GENERATE Buzz With Simple Marketing  | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | Goodbye Infobesity, Hello Action Plan!   | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Group Exercise Applications for Training the Posterior Chain   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | Hidden Secrets to Core Performance   | Home Study       | 0.2 | 12/31/19 |   |
| IDEA Health & Fitness                      | High-Intensity Kettlebell Training   | Home Study       | 0.1 | 12/31/19 |   |
| IDEA Health & Fitness                      | HIITs Blitz  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | How Hormones and Metabolism Change the Training Game for Females                                     | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | How to Run Your Own "Drop Two Sizes" Challenge   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | How to Safely Introduce Plyometrics Into Your Clients' Routines                                      | Home Study       | 0.2 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |
| IDEA Health & Fitness                      | I Q U Do: The Art of Intelligent Coaching  | Home Study       | 0.1 | 12/31/19 | <a href="http://www.idealife.com">www.idealife.com</a>  |



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| IDEA Health & Fitness | IDEA Personal Trainer Institute East (2019)  | Conference | 1.9 | 12/31/19                         |
| IDEA Health & Fitness | IDEA Personal Trainer Institute South (2019)   | Conference | 1.9 | 12/31/19                         |
| IDEA Health & Fitness | IDEA® World Convention   | Conference | 1.9 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Insights Into Functional Training and Corrective Movement  | Home Study | 0.2 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Insights Into Lower-Back Pain and Functional Solutions   | Home Study | 0.2 | 12/31/19                         |
| IDEA Health & Fitness | Intermittent Fasting: Science or Fiction?  | Home Study | 0.2 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer                         | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | It Takes Guts! Connecting the Brain, Diet and Microbiome   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause   | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Sup | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation            | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga        | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News       | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Pre. | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs             | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results                         | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules      | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health        | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | July/August 2018 IDEA Fitness Journal Quiz 4: Women and Physical Activity                            | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News            | Home Study | 0.1 | 12/31/19 http://www.idealife.com |
| IDEA Health & Fitness | July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News            | Home Study | 0.1 | 12/31/19 http://www.idealife.com |
| IDEA Health & Fitness | July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals                   | Home Study | 0.1 | 12/31/19 http://www.idealife.com |
| IDEA Health & Fitness | June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News                    | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | June 2017 IDEA Fitness Journal Quiz 2: Benefits of Exercise for Children, and Helping Stroke Survivo | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change                         | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News          | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for  | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change                        | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss  | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | Kettlebell Rehab: Hardstyle Methods in Corrective Exercise   | Home Study | 0.2 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Little Tweaks for Big Results!   | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Make Your Barre Classes a HIIT   | Home Study | 0.2 | 12/31/19                         |
| IDEA Health & Fitness | March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News                  | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering... | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits                 | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News         | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences             | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News         | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back                                   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | Mastering Fat Metabolism and Weight Management   | Home Study | 0.8 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W | Home Study | 0.1 | 12/31/19 http://www.idealife.com |
| IDEA Health & Fitness | May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends   | Home Study | 0.1 | 12/31/19 http://www.idealife.com |
| IDEA Health & Fitness | May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through Int | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics     | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | Metabolic Disruption   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | Motivational Interviewing Skills Produce Targeted Results  | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Motivational Interviewing: Help Clients Own the Talk That Drives the Walk                            | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition  | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 2   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 3   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 4   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November-December 2017 IDEA Food and Nutrition Tips Quiz 1   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 1   | Home Study | 0.1 | 12/31/19                         |
| IDEA Health & Fitness | October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical  | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating      | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating                     | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Olympic Lifting - The Mechanics and Progressions, by RedCon™   | Home Study | 0.2 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Optimize Function and Mobility With Strong and Stable Shoulders and Glutes                           | Home Study | 0.2 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Pain-Free Movement-The Science and Application (ACE Mover Academy)                                   | Home Study | 0.2 | 12/31/19                         |
| IDEA Health & Fitness | Pilates 50/50  | Home Study | 0.2 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Pilates on the Ball  | Home Study | 0.1 | 12/31/19 www.idealife.com        |
| IDEA Health & Fitness | Posture Improvement Workshop   | Home Study | 0.2 | 12/31/19 www.idealife.com        |

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| IDEA Health & Fitness  | Power Core for Sports and Fitness Performance  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track             | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Promote Behavior Change With Better Coaching   | Home Study       | 0.1 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Protein Obsessed: Sorting the Truth From the Hype  | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Protein Overload: Are You Eating More Than You Need?   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Proven Strategies to Build Your Brand Using YouTube  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Putting Heart into Mind-Body Training  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | REACH More Clients: Be Loud and Proud  | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Rescue Your Knees - Look at Your Feet  | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Restoring Fundamental Movement Patterns with Corrective Strategies                               | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Rock Solid!  | Home Study       | 0.1 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Run, Injury Free! Understanding Impact Forces, by EBFA   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics  | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | September 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News                              | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | September 2017 IDEA Fitness Journal Quiz 1: Functional Aging                                     | Home Study       | 0.1 | 12/31/19 | http://www.idealife.com         |
| IDEA Health & Fitness  | September 2017 IDEA Fitness Journal Quiz 2: Sports Nutrition                                     | Home Study       | 0.1 | 12/31/19 | http://www.idealife.com         |
| IDEA Health & Fitness  | September 2017 IDEA Fitness Journal Quiz 3: Brain Health   | Home Study       | 0.1 | 12/31/19 | http://www.idealife.com         |
| IDEA Health & Fitness  | SGT Ken® and Stephanie's Fitness Business Basics™  | Home Study       | 0.8 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | SGT Ken's Boot Camp™ Instructor Certification (Level One)  | Home Study       | 0.8 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Sleep Science for Fitness Professionals  | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Solutions for Training Post-pregnancy Clients  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Spinal Stabilization Versus Pelvic Stabilization   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Strength Training for Optimal Results  | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Techniques to Rehabilitate and Protect the Knees   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Better, Not Perfect, Nutrition Plan  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Business of Group Exercise – Beyond the Numbers  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The BYOB Workout   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Death of Crunches: 20 True Core Exercises  | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | The Female Glute Relocation Program  | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | The Female Lumbo-Pelvic Complex (ACE Mover Academy)  | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | The Female Physique-The Link Between Nutrition, Hormones and Strength Training                   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Forgotten Five: Essential Muscles for Functional Movement                                    | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Matrix - Innovative Group Strength Design  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Online Fitness Frontier  | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | The Roll Model® Fascial Makeover: Prioritize Your Periphery                                      | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | The Science of Functional Aging  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Ultimate Light Dumbbell Workout  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | The Warm-Up Makeover: Start With a Bang!   | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools                                       | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Three-Dimensional Kettlebell Training, by Functional Training Institute                          | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Today's Food Conversation  | Home Study       | 0.1 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Total Massage, Relaxation and Beyond   | Home Study       | 0.1 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Training Fascia - Research Developments in Fibrous Connective Tissue Training                    | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Translating Today's Nutrition Science for Your Clients   | Home Study       | 0.1 | 12/31/19 |                                 |
| IDEA Health & Fitness  | TriggerPoint™ Corrective Strategies for Hip Dysfunction  | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | TriggerPoint™ Corrective Strategies for the Foot and Ankle                                       | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | TriggerPoint™ for Movement: Hip and Shoulder Mobility  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement      | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Understanding and Interpreting the Functional Movement Screen                                    | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Understanding the Female Pelvic Core Neuromuscular System  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Upper Extremity Mechanics and Techniques   | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Using Function to Avoid Dysfunction in Aging   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Weighing The Evidence Behind Nutrition Research  | Home Study       | 0.1 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Winning Group Strength Program Design  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Yoga Anatomy 101 Certificate   | Home Study       | 1.0 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Yoga for Optimal Client Performance  | Home Study       | 0.2 | 12/31/19 |                                 |
| IDEA Health & Fitness  | Yoga: Adjust Me Puhleeeeee!  | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Yoga: Progressions and Regressions   | Home Study       | 0.2 | 12/31/19 | www.idealife.com                |
| IDEA Health & Fitness  | Your Guide to Stronger Legs and Great Glutes!  | Home Study       | 0.1 | 12/31/19 | www.idealife.com                |
| IHRSA International Health, Racquet & Sportsclub Association | IHRSA 2019 International Convention & Trade Show   | Conference       | 1.9 | 12/31/19 |                                 |
| Induro Cycling Studios, Inc                                  | Induro Instructor Training Distance Learning   | Home Study       | 0.7 | 12/31/19 |                                 |
| Innovative Fitness Solutions dba Ultimate Sandbag Training   | DVRT Level I   | Workshop/Seminar | 0.8 | 12/31/19 | www.UltimateSandbagTraining.com |
| Innovative Fitness Solutions dba Ultimate Sandbag Training   | DVRT Level II  | Workshop/Seminar | 0.8 | 12/31/19 | www.DVRTFitness.com             |
| Innovative Fitness Solutions dba Ultimate Sandbag Training   | DVRT One Day Workshop (updated)  | Workshop/Seminar | 0.4 | 12/31/19 | DVRTFitness.com                 |
| Innovative Fitness Solutions dba Ultimate Sandbag Training   | DVRT Restoration   | Home Study       | 1.6 | 12/31/19 | ultimatesandbagtraining.com     |
| Innovative Fitness Solutions dba Ultimate Sandbag Training   | DVRT Restoration (Workshop)  | Workshop/Seminar | 0.4 | 12/31/19 |                                 |
| Innovative Fitness Solutions dba Ultimate Sandbag Training   | PKM  | Workshop/Seminar | 0.7 | 12/31/19 | ultimatesandbagtraining.com     |
| In-Shape Health Clubs  | MOVE7 Training System  | Home Study       | 0.2 | 12/31/19 | www.inshape.com                 |
| In-Shape Health Clubs  | MOVE7: Senior Shape Up   | Home Study       | 0.1 | 12/31/19 | www.inshape.com                 |
| Interactive Fitness Trainers of America (IFTA)               | ATHLETIC INTERVALS   | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com            |
| Interactive Fitness Trainers of America (IFTA)               | BARRE CONDITIONING   | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com            |
| Interactive Fitness Trainers of America (IFTA)               | BUILD YOUR BODY  | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com            |
| Interactive Fitness Trainers of America (IFTA)               | EQUIPMENTLESS WORKOUT  | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com            |
| Interactive Fitness Trainers of America (IFTA)               | ESSENTIALS OF TEACHING   | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com            |
| Interactive Fitness Trainers of America (IFTA)               | FLOWING FLEXIBILITY  | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com            |
| Interactive Fitness Trainers of America (IFTA)               | HARD CORE CONDITIONING   | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com            |
| Interactive Fitness Trainers of America (IFTA)               | LEARN TO TEACH   | Workshop/Seminar | 0.8 | 12/31/19 | www.ifta-fitness.com            |



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| Interactive Fitness Trainers of America (IFTA) | MUSCLE AND MORE  | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com  |
| Interactive Fitness Trainers of America (IFTA) | POWERTRAIN   | Workshop/Seminar | 0.4 | 12/31/19 | www.ifta-fitness.com  |
| Interactive Fitness Trainers of America (IFTA) | PT AND GROUP LECTURE   | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com  |
| Interactive Fitness Trainers of America (IFTA) | TOTAL BODY CONDITIONING AND CORE   | Workshop/Seminar | 0.2 | 12/31/19 | www.ifta-fitness.com  |
| International Group Fitness Institute          | Impulse Body Fitness   | Workshop/Seminar | 0.8 | 12/31/19 | www.emsimpulse.com  |
| International Wellness Institute               | Sports Rehabilitation  | Workshop/Seminar | 1.9 | 12/31/19 |   |
| ISSN Asia                                      | ISSN-SNS   | Home Study       | 1.9 | 12/31/19 | www.issnasia.com  |
| Jacksonville University                        | Jacksonville University Human Performance Conference                       | Conference       | 0.7 | 12/31/19 | https://www.ju.edu/kinesiology/humanperformance/conference-2019.php |
| Jenni Lynn Fitness                             | B.Y.O.B. (Build Your Own Brand)  | Workshop/Seminar | 0.1 | 12/31/19 | www.jennilynnfitness.com  |
| Jenni Lynn Fitness                             | Coach and Command  | Workshop/Seminar | 0.3 | 12/31/19 | http://www.jennilynnfitness.com                                     |
| Jenni Lynn Fitness                             | Deck Blocks  | Workshop/Seminar | 0.3 | 12/31/19 | www.jennilynnfitness.com  |
| Jenni Lynn Fitness                             | Freestyle Flow   | Conference       | 0.3 | 12/31/19 | http://www.jennilynnfitness.com                                     |
| Jenni Lynn Fitness                             | Noodle Rx  | Workshop/Seminar | 0.3 | 12/31/19 | www.jennilynnfitness.com  |
| Jenni Lynn Fitness                             | S'WET Boot Camp  | Workshop/Seminar | 0.3 | 12/31/19 | www.jennilynnfitness.com  |
| Jenni Lynn Fitness                             | S'WET Challenge  | Workshop/Seminar | 0.3 | 12/31/19 | www.jennilynnfitness.com  |
| Jenni Lynn Fitness                             | S'WET Deep   | Workshop/Seminar | 0.3 | 12/31/19 | http://www.jennilynnfitness.com                                     |
| Jenni Lynn Fitness                             | S'WET Silver   | Workshop/Seminar | 0.3 | 12/31/19 | www.jennilynnfitness.com  |
| Jenni Lynn Fitness                             | Wave Warrior   | Workshop/Seminar | 0.3 | 12/31/19 | http://www.jennilynnfitness.com                                     |
| Jessi Haggerty RDN, CPT                        | The Nutrition & Body Image Coaching Course                                 | Workshop/Seminar | 1.9 | 12/31/19 | http://www.jessihaggerty.com/fitnesspro                             |
| JMG Fitness Consulting Inc.                    | Postnatal Fitness Specialist Academy                                       | Home Study       | 1.9 | 12/31/19 | www.jessiemundell.com   |
| Jolly Bodies                                   | QUICKSHOTS Instructor Workshop   | Workshop/Seminar | 0.8 | 12/31/19 | jollybodiesfitness.com  |
| Josh Crosby                                    | Rowing Education: Technique, Motivation and the Sport of Rowing            | Home Study       | 0.4 | 12/31/19 |   |
| Julio A. Salado                                | BREAK OUT or Breaking Even: 3 Step Method for Proven Long-Term Weight Loss | Workshop/Seminar | 0.4 | 12/31/19 | https://www.fitnessfoundry.net                                      |
| Julio A. Salado                                | How to Become An A-List Personal Trainer                                   | Workshop/Seminar | 0.2 | 12/31/19 | www.fitnessfoundry.net  |
| JYKinesiology, LLC                             | Concepts in Medical Fitness – Program Design and Application               | Workshop/Seminar | 0.3 | 12/31/19 | http://www.JYKinesiology.com  |
| JYKinesiology, LLC                             | Exercise Technique - Lower Body Biomechanics                               | Workshop/Seminar | 0.3 | 12/31/19 | http://www.JYKinesiology.com  |
| JYKinesiology, LLC                             | Exercise Technique - Upper Body Biomechanics                               | Workshop/Seminar | 0.3 | 12/31/19 | http://www.JYKinesiology.com  |
| JYKinesiology, LLC                             | Integrating Exercise Science and Corrective Exercise Guidelines            | Workshop/Seminar | 0.3 | 12/31/19 | http://www.JYKinesiology.com  |
| Keiser Corporation                             | Keiser PowerEd: Accelerate   | Workshop/Seminar | 0.3 | 12/31/19 | www.keiser.com  |
| Keiser Corporation                             | Keiser PowerEd: Climb  | Workshop/Seminar | 0.2 | 12/31/19 | www.keiser.com  |
| Keiser Corporation                             | Keiser PowerEd: Create   | Workshop/Seminar | 0.2 | 12/31/19 |   |
| Keiser Corporation                             | Keiser PowerEd: Empowered  | Workshop/Seminar | 0.3 | 12/31/19 | www.keiser.com  |
| Keiser Corporation                             | Keiser PowerEd: Foundations  | Workshop/Seminar | 0.8 | 12/31/19 | www.keiser.com  |
| Keiser Corporation                             | Keiser PowerEd: Foundations XP   | Workshop/Seminar | 0.5 | 12/31/19 |   |
| Keiser Corporation                             | Keiser PowerEd: Power  | Workshop/Seminar | 0.2 | 12/31/19 | www.keiser.com  |
| Keiser Corporation                             | Keiser PowerEd: Technology   | Workshop/Seminar | 0.2 | 12/31/19 | www.keiser.com  |
| Keli's Real Fitness Inc.                       | Corrective Strength and Conditioning                                       | Workshop/Seminar | 0.4 | 12/31/19 | www.keliroberts.com   |
| Keli's Real Fitness Inc.                       | Successful Strength and Conditioning: Nuts and Bolts                       | Workshop/Seminar | 0.6 | 12/31/19 | www.keliroberts.com   |
| Ketogenic Living 101                           | Ketogenic Living Certified Coach   | Home Study       | 0.3 | 12/31/19 |   |
| Kettlebell Athletics                           | Kettlebell Athletics Level 1   | Workshop/Seminar | 1.2 | 12/31/19 | www.KettlebellAthletics.com   |
| Kettlebell Athletics                           | Kettlebell Athletics Level 2 - Beyond the Basics                           | Workshop/Seminar | 1.2 | 12/31/19 | www.KettlebellAthletics.com   |
| KIME Human Performance Institute               | KIME Bulletproof Summit  | Workshop/Seminar | 1.6 | 12/31/19 | www.kimeperformance.com   |
| Kinesics Human Movement Systems                | Kinesics Practical Evaluation Course                                       | Home Study       | 0.5 | 12/31/19 | www.kinesicsshms.com  |
| Kinesics Human Movement Systems                | KTC 1: Kinesics Training Course 1  | Workshop/Seminar | 0.6 | 12/31/19 | kinesicsshms.com  |
| Kinesics Human Movement Systems                | KTC 2: Integrated Exercise   | Home Study       | 0.4 | 12/31/19 | www.kinesicsshms.com  |
| Kinesics Human Movement Systems                | Theory   | Workshop/Seminar | 0.3 | 12/31/19 | http://www.kinesicsshms.com   |
| Kinesio University                             | Certified Kinesio Taping Technician Level II: Advanced Training            | Workshop/Seminar | 0.4 | 12/31/19 | www.kinesiotape.com   |
| Kinesio University                             | KINESIO® CKTT® LEVEL 1 BASIC TRAINING                                      | Workshop/Seminar | 0.2 | 12/31/19 | www.kinesiotaping.com   |
| Kinesis, Inc                                   | Anatomy Trains 2-Day Dissection Immersion                                  | Home Study       | 1.5 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Anatomy Trains for Movement Professionals                                  | Workshop/Seminar | 1.4 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Anatomy Trains in Motion   | Workshop/Seminar | 1.9 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Anatomy Trains in Structure and Function (14 Hour)                         | Workshop/Seminar | 1.4 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Anatomy Trains in Structure and Function (3 day)                           | Workshop/Seminar | 1.9 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Anatomy Trains in Training I   | Workshop/Seminar | 1.4 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | BodyReading 101  | Workshop/Seminar | 0.7 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | BodyReading 102  | Workshop/Seminar | 0.7 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Fascia in Movement   | Home Study       | 0.5 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Fascial Dissection 2019  | Workshop/Seminar | 1.9 | 12/31/19 | www.anatomytrains.com   |
| Kinesis, Inc                                   | Feeling Your Way Through the Lines   | Home Study       | 0.3 | 12/31/19 | https://www.anatomytrains.com/product/feeling-way-lines/            |
| Kinesis, Inc                                   | Resilience: Taking the Strain and Coming Back Stronger                     | Workshop/Seminar | 1.4 | 12/31/19 |   |
| Kinesis, Inc                                   | The Myofascial Web with Tom Myers  | Workshop/Seminar | 1.4 | 12/31/19 |   |
| Kinesis, Inc                                   | Thomas Myers Immersion – Movement Mentorship                               | Workshop/Seminar | 1.9 | 12/31/19 | www.anatomytrains.com   |
| KrushTraining                                  | KrushTraining Workshop   | Workshop/Seminar | 1.2 | 12/31/19 |   |
| LA Fitness                                     | Aqua Circuit PT Intro to Group Fitness                                     | Workshop/Seminar | 0.3 | 12/31/19 |   |
| LA Fitness                                     | Aqua Training  | Workshop/Seminar | 0.5 | 12/31/19 |   |
| LA Fitness                                     | Aqua with equipment  | Workshop/Seminar | 0.3 | 12/31/19 |   |
| LA Fitness                                     | Body Works   | Workshop/Seminar | 0.5 | 12/31/19 |   |
| LA Fitness                                     | Body Works Choreography  | Workshop/Seminar | 0.2 | 12/31/19 |   |
| LA Fitness                                     | Bootcamp Circuit   | Workshop/Seminar | 0.2 | 12/31/19 |   |
| LA Fitness                                     | Bootcamp Circuit PT Intro to Group Fitness                                 | Workshop/Seminar | 0.3 | 12/31/19 |   |
| LA Fitness                                     | Club Boxing Circuit  | Workshop/Seminar | 0.3 | 12/31/19 |   |
| LA Fitness                                     | F.I.T.A™   | Workshop/Seminar | 0.7 | 12/31/19 |   |
| LA Fitness                                     | F.I.T.A™ Advance Teaching Skills   | Workshop/Seminar | 0.7 | 12/31/19 |   |
| LA Fitness                                     | Hip Hop  | Workshop/Seminar | 0.4 | 12/31/19 |   |
| LA Fitness                                     | Indoor Cycling   | Workshop/Seminar | 0.5 | 12/31/19 |   |
| LA Fitness                                     | Indoor Cycling for PT Intro to Group Fitness                               | Workshop/Seminar | 0.3 | 12/31/19 |   |
| LA Fitness                                     | Kickbox Cardio   | Workshop/Seminar | 0.4 | 12/31/19 |   |
| LA Fitness                                     | Kickbox Cardio Choreography  | Workshop/Seminar | 0.2 | 12/31/19 |   |

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| LA Fitness  | Latin Heat   | Workshop/Seminar | 0.4 | 12/31/19   |
| LA Fitness  | Mat Pilates  | Workshop/Seminar | 0.5 | 12/31/19   |
| LA Fitness  | Power Circuit  | Workshop/Seminar | 0.3 | 12/31/19   |
| LA Fitness  | Reformer Pilates for Fitness   | Workshop/Seminar | 1.2 | 12/31/19   |
| LA Fitness  | Step Tech 1  | Workshop/Seminar | 0.3 | 12/31/19   |
| LA Fitness  | Step Tech 2  | Workshop/Seminar | 0.3 | 12/31/19   |
| LA Fitness  | Step Tech Choreography   | Workshop/Seminar | 0.2 | 12/31/19   |
| LA Fitness  | Yoga Basics  | Workshop/Seminar | 0.8 | 12/31/19   |
| LA Fitness  | Yogabeat™  | Workshop/Seminar | 0.6 | 12/31/19   |
| Lawrence Biscontini                                   | Cardio   | Workshop/Seminar | 0.8 | 12/31/19 www.findlawrence.com  |
| Lawrence Biscontini                                   | Flexibility  | Workshop/Seminar | 0.8 | 12/31/19 www.findlawrence.com  |
| Lawrence Biscontini                                   | GFit Teaching Innovations  | Workshop/Seminar | 0.8 | 12/31/19 www.findlawrence.com  |
| Lawrence Biscontini                                   | Strength   | Workshop/Seminar | 0.8 | 12/31/19 www.findlawrence.com  |
| Legacy Performance and Integrated Wellness Center LLC | Myo Fascial Stretching   | Workshop/Seminar | 1.9 | 12/31/19   |
| Les Mills   | Advanced Instructor Module 2   | Workshop/Seminar | 1.7 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | Advanced Training - Live   | Workshop/Seminar | 1.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYATTACK Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYATTACK Initial Module  | Workshop/Seminar | 1.6 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYCOMBAT Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYCOMBAT Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYFLOW Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYFLOW Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYJAM Advanced Instructor Module 1   | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYJAM Initial Module   | Workshop/Seminar | 1.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYPUMP Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYPUMP Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYSTEP Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BODYSTEP Initial Module  | Workshop/Seminar | 1.6 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | BORN TO MOVE Initial Module All Age Groups   | Workshop/Seminar | 1.9 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | CXWORX Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | CXWORX Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | LES MILLS BARRE Initial Training Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | LES MILLS GRIT Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | LES MILLS GRIT Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | LES MILLS GRIT Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | LES MILLS SPRINT Initial Module  | Workshop/Seminar | 1.4 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | LES MILLS TONE Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 http://www.lesmills.com/us  |
| Les Mills   | LES MILLS TONE Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 http://www.lesmills.com/us  |
| Les Mills   | Online Advanced Training   | Home Study       | 1.9 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | Q1 Feedback Workshop 2019  | Workshop/Seminar | 0.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | RPM Advanced Instructor Module 1   | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com  |
| Les Mills   | RPM Initial Module   | Workshop/Seminar | 1.7 | 12/31/19 www.lesmills.com  |
| Les Mills   | SH'BAM Advanced Instructor Module 1  | Workshop/Seminar | 0.8 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | SH'BAM Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Les Mills   | The TRIP Initial Module  | Workshop/Seminar | 1.5 | 12/31/19 www.lesmills.com/us   |
| Life Fitness  | Creating Small Group Training Experiences  | Workshop/Seminar | 0.7 | 12/31/19 www.lifefitness.com   |
| Life Fitness  | Exploring Hammer Strength HD Elite/Athletic Day 1  | Workshop/Seminar | 0.7 | 12/31/19 lifefitness.com   |
| Life Fitness  | Exploring Hammer Strength HD Elite/Athletic Day 2  | Workshop/Seminar | 0.7 | 12/31/19 lifefitness.com   |
| Life Fitness  | General Product Training   | Workshop/Seminar | 0.8 | 12/31/19 www.lifefitness.com   |
| Life Fitness  | Introduction to Synrgy360  | Workshop/Seminar | 0.7 | 12/31/19 www.lifefitness.com   |
| Lift Jo   | Primal Iron Strength and Conditioning  | Workshop/Seminar | 1.6 | 12/31/19   |
| Louis Kong  | Increase Profitability for Personal Trainers through Professionalism and Leadership                  | Workshop/Seminar | 0.8 | 12/31/19   |
| Louis Kong  | Personal Training Essentials   | Workshop/Seminar | 0.8 | 12/31/19   |
| Lowcountry Rolfling, LLC                              | Hands-On Stretching Live Workshop  | Workshop/Seminar | 1.2 | 12/31/19 www.lowcountryRolfling.com  |
| M.O.V.E. Conventions, LLC                             | M.O.V.E. Education Conference  | Conference       | 1.9 | 12/31/19 www.movestayfit.com   |
| MacroMissionary                                       | MacroMissionary Nutrition Certificate of Completion  | Workshop/Seminar | 1.3 | 12/31/19 www.macromissionary.com   |
| Mad Dogg Athletics                                    | 2019 Pilates Empowerment Summit  | Conference       | 1.9 | 12/31/19 www.pilatesempowermentsummit.com  |
| Mad Dogg Athletics                                    | 2019 World Spinning® and Sports Conditioning Conference  | Conference       | 1.9 | 12/31/19 wssconference.com   |
| Mad Dogg Athletics                                    | Becoming a Rockstar Instructor   | Workshop/Seminar | 0.8 | 12/31/19 www.spinning.com  |
| Mad Dogg Athletics                                    | Cadence, Heart Rate & Class Design   | Workshop/Seminar | 0.4 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | CrossCore Bridge   | Workshop/Seminar | 0.4 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | CrossCore Bridge (Online)  | Workshop/Seminar | 0.4 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | CrossCore® Foundations   | Workshop/Seminar | 0.6 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | Let's Jump!  | Workshop/Seminar | 0.2 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | Resist-A-Ball® Essentials Home Study   | Home Study       | 0.4 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | Resist-A-Ball® Foundation Instructor Training  | Workshop/Seminar | 0.8 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | Rockstar Spinning® Instructor Online   | Home Study       | 0.7 | 12/31/19 https://spinning.com/instructors/instructor-certifications/spin-power-training/ |
| Mad Dogg Athletics                                    | Spinning Instructor Certification  | Workshop/Seminar | 0.8 | 12/31/19 http://www.spinning.com/spinning-instructors/become-an-instructor.asp           |
| Mad Dogg Athletics                                    | Spinning Instructor Online Training  | Workshop/Seminar | 0.8 | 12/31/19 www.maddogg.com   |
| Mad Dogg Athletics                                    | SPINPower® Instructor Online   | Home Study       | 0.8 | 12/31/19 https://spinning.com/instructors/instructor-certifications/spin-power-training/ |
| Mad Dogg Athletics                                    | SPINPower® Instructor Training   | Workshop/Seminar | 0.8 | 12/31/19 www.spinning.com  |
| Mad Dogg Athletics                                    | SPINPower® STONGER   | Workshop/Seminar | 0.4 | 12/31/19 www.spinning.com  |
| Mad Dogg Athletics                                    | Ugi Essentials Instructor Training   | Workshop/Seminar | 0.6 | 12/31/19 www.maddogg.com   |
| Maple Tree Cancer Alliance                            | Exercise Oncology Specialist   | Home Study       | 0.3 | 12/31/19 www.mapletreecanceralliance.org   |
| Maria Mind Body Health LLC                            | Certified Keto Coach   | Home Study       | 1.9 | 12/31/19   |
| Matrix Fitness  | Matrix Ride: Programming Rides on Training Cycles for Classic and Performance Based Workouts with CX | Workshop/Seminar | 0.7 | 12/31/19 matrixlearningcentre.com  |
| Matrix Fitness  | Matrix Ride: Programming Rides on Training Cycles with CXM Bikes                                     | Workshop/Seminar | 0.5 | 12/31/19 http://www.matrixfitness.com/en/  |
| Matrix Fitness  | MX4: Functional Frame Small Group Training Course  | Workshop/Seminar | 0.5 | 12/31/19 www.matrixfitness.com   |



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| Matrix Fitness  | Sprint 8  | Workshop/Seminar | 0.3 | 12/31/19 | www.matrixfitness.com                           |
| Medical Exercise Academy                                  | Clinical Exercise Specialist  | Home Study       | 1.9 | 12/31/19 | http://mdxacademy.wiziqx.com/                   |
| Medical Fitness Education Foundation                      | Medical Fitness Tour (Irvine)   | Conference       | 1.9 | 12/31/19 | medfited.org                                    |
| Michele C. Blake  | Fundamentals of Fitness   | Workshop/Seminar | 0.4 | 12/31/19 | www.mbmHealthFitness.com                        |
| MixedFit  | MixedFit  | Workshop/Seminar | 0.7 | 12/31/19 |   |
| Mobility Project 24/7                                     | Soft-Stretch Release Techniques (Table Based)                             | Workshop/Seminar | 1.2 | 12/31/19 | SRTtherapy.com                                  |
| Mobility Project 24/7                                     | Soft-Stretch Release Techniques Lv.1                                      | Workshop/Seminar | 1.0 | 12/31/19 | SRTtherapy.com                                  |
| MobilityWod   | MobilityWOD Movement & Mobility 101                                       | Home Study       | 1.3 | 12/31/19 | http://www.mobilitywod.com                      |
| MobilityWod   | MobilityWOD Movement & Mobility 102                                       | Workshop/Seminar | 1.6 | 12/31/19 | http://www.mobilitywod.com                      |
| Molon Labe Fitness Education                              | Advanced Fundamentals   | Workshop/Seminar | 1.8 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Advanced Price Presentations  | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Basic Sales   | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Building Long Term Commitment   | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Building Your Business  | Workshop/Seminar | 0.1 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Business Management: Clients  | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Business Management: Self   | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Certified Power Lifting Coach   | Workshop/Seminar | 1.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Client Engagement   | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Client Retention  | Workshop/Seminar | 0.1 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Creating Compliance   | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Handling Concerns   | Workshop/Seminar | 0.2 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | Personal Training Fundamentals  | Workshop/Seminar | 1.0 | 12/31/19 | www.mlfitnesseducation.com                      |
| Molon Labe Fitness Education                              | PNF Stretch   | Workshop/Seminar | 0.3 | 12/31/19 | www.mlfitnesseducation.com                      |
| Moms Into Fitness, Inc.                                   | Prenatal & Postnatal Fitness Specialist                                   | Workshop/Seminar | 1.9 | 12/31/19 | www.momsintofitness.com                         |
| Monthly Applications in Strength Sport (MASS)             | MASS Course #1  | Home Study       | 0.9 | 12/31/19 | www.strongerbyscience.com/mass                  |
| Mountainside Fitness                                      | The Mountainside Way Group Fitness Training Workshop                      | Workshop/Seminar | 0.8 | 12/31/19 | www.mountainsidefitness.com                     |
| MOVE BETTER BE STRONGER                                   | Killer Kettlebell Complexes   | Workshop/Seminar | 0.5 | 12/31/19 | www.movebetterbestronger.life/workshops         |
| MOVE BETTER BE STRONGER                                   | Mobility Training 101   | Workshop/Seminar | 0.4 | 12/31/19 | https://www.movebetterbestronger.life/workshops |
| Move it Nation, Inc.                                      | Certified Curls on the Move Instructor                                    | Home Study       | 0.3 | 12/31/19 | www.moveitnation.org                            |
| Movement Fix  | The Movement Fix Workshop Online  | Home Study       | 0.6 | 12/31/19 | TheMovementFix.com                              |
| Muscle Activation Techniques®                             | MAT® Lower Body Certified   | Home Study       | 1.9 | 12/31/19 | www.muscleactivation.com                        |
| Muscle Activation Techniques®                             | MAT® Upper Body Certified   | Home Study       | 1.9 | 12/31/19 | www.muscleactivation.com                        |
| National Exercise and Sports Trainers Association (NESTA) | Biomechanics Specialist (updated)   | Home Study       | 1.9 | 12/31/19 | www.nestacertified.com                          |
| National Exercise and Sports Trainers Association (NESTA) | Heart Rate Performance Specialist   | Home Study       | 1.9 | 12/31/19 | www.nestacertified.com                          |
| National Exercise and Sports Trainers Association (NESTA) | ITCA Certified Triathlon Coach  | Home Study       | 1.9 | 12/31/19 | www.nestacertified.com                          |
| National Exercise and Sports Trainers Association (NESTA) | Kettlebell Coach  | Home Study       | 1.9 | 12/31/19 |   |
| National Exercise and Sports Trainers Association (NESTA) | MMA Conditioning Coach  | Home Study       | 1.9 | 12/31/19 | www.mmaca.net                                   |
| National Exercise and Sports Trainers Association (NESTA) | Muay Thai Fitness   | Home Study       | 1.9 | 12/31/19 | www.nestacertified.com                          |
| National Exercise and Sports Trainers Association (NESTA) | NESTA Live 2-day Personal Trainer Certification Workshop                  | Workshop/Seminar | 1.6 | 12/31/19 | www.nestacertified.com                          |
| National Exercise and Sports Trainers Association (NESTA) | Sports Nutrition Specialist   | Home Study       | 1.0 | 12/31/19 | www.nestacertified.com                          |
| National Exercise Trainers Association (NETA)             | #FitTech  | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | 101 Ways to Bootcamp (3hr)  | Workshop/Seminar | 0.3 | 12/31/19 | www.netafit.org                                 |
| National Exercise Trainers Association (NETA)             | Adaptive Fitness  | Workshop/Seminar | 0.3 | 12/31/19 | http://www.netafit.org                          |
| National Exercise Trainers Association (NETA)             | Aqua Strong   | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | Barre Meets Bike Fit Fest   | Home Study       | 0.3 | 12/31/19 |   |
| National Exercise Trainers Association (NETA)             | Catching Some Zzzz's: Sleep your Way to Better Health & Performance       | Workshop/Seminar | 0.3 | 12/31/19 | www.netafit.org                                 |
| National Exercise Trainers Association (NETA)             | Cycle 360: Cardio, Strength, and Core                                     | Workshop/Seminar | 0.3 | 12/31/19 | http://www.netafit.org/index.htm                |
| National Exercise Trainers Association (NETA)             | Exercise Adherence and Fitness Technology                                 | Workshop/Seminar | 0.3 | 12/31/19 | http://www.netafit.org                          |
| National Exercise Trainers Association (NETA)             | Exercise and Physical Activity for Arthritis                              | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | Exercise for Parkinson's and MS   | Home Study       | 0.3 | 12/31/19 |   |
| National Exercise Trainers Association (NETA)             | Foam Roller Pilates   | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | Foundations of Resistance Training Program Design                         | Workshop/Seminar | 0.3 | 12/31/19 | www.netafit.org                                 |
| National Exercise Trainers Association (NETA)             | Get Rock Solid  | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | Glutes, Core, and More Fit Fest   | Home Study       | 0.3 | 12/31/19 |   |
| National Exercise Trainers Association (NETA)             | Kick It! 3-hour   | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | Let's Get Functional!   | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | Motivational Interviewing for the Exercise Professional                   | Workshop/Seminar | 0.3 | 12/31/19 | www.netafit.org                                 |
| National Exercise Trainers Association (NETA)             | Today's Food Conversation: The Plant Based Diet                           | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Exercise Trainers Association (NETA)             | Yoga Practices for Trauma 3-hour  | Workshop/Seminar | 0.3 | 12/31/19 | netafit.org                                     |
| National Personal Training Institute (NPTI)               | Kettlebell Course   | Home Study       | 0.5 | 12/31/19 |   |
| National Personal Training Institute of Dublin            | Mastering Fitness Assessments   | Workshop/Seminar | 0.7 | 12/31/19 |   |
| National Sports Performance Association                   | Certified Program Design Specialist                                       | Home Study       | 0.9 | 12/31/19 | https://nspa.org/certification/programdesign    |
| National Sports Performance Association                   | Certified Speed & Agility Coach   | Home Study       | 1.1 | 12/31/19 | https://nspa.org/certification/speedagility/    |
| National Sports Performance Association                   | Certified Sports Nutrition Coach  | Home Study       | 1.7 | 12/31/19 | https://nspa.org/certification/sportsnutrition/ |
| National Sports Performance Association                   | Certified Weightlifting Performance Coach                                 | Home Study       | 1.1 | 12/31/19 | https://nspa.org/certification/weightlifting/   |
| National Sports Performance Association                   | NSPA Educational Webinar Series - 5 Keys to Weightlifting for Athletes    | Home Study       | 0.1 | 12/31/19 | www.nspa.org/acceleration-webinar               |
| National Sports Performance Association                   | NSPA Educational Webinar Series - Keys to Coaching Acceleration           | Home Study       | 0.1 | 12/31/19 | www.nspa.org/acceleration-webinar               |
| National Sports Performance Association                   | NSPA Educational Webinar Series - Metabolic Resistance Training (MRT)     | Home Study       | 0.1 | 12/31/19 | www.nspa.org/mrt-webinar                        |
| Net Profit Explosion (NPE)                                | NPE Fast-Track  | Home Study       | 1.9 | 12/31/19 | npefitness.com/us                               |
| Niche Pilates Studio                                      | Sculpt and Core Pilates   | Workshop/Seminar | 1.9 | 12/31/19 | www.nichefitstudio.com                          |
| Niel Asher Healthcare Ltd.                                | Anatomy of Sports Injuries-NAT Master Course                              | Home Study       | 0.3 | 12/31/19 | www.nielasher.com                               |
| Niel Asher Healthcare Ltd.                                | Anatomy of Stretching-NAT Master Course                                   | Home Study       | 0.3 | 12/31/19 | www.nielasher.com                               |
| Niel Asher Healthcare Ltd.                                | Functional Anatomy of the Pelvis and Sacroiliac Joint - NAT Master Course | Home Study       | 0.6 | 12/31/19 | www.nielasher.com                               |
| Niel Asher Healthcare Ltd.                                | Muscle Energy Techniques-NAT Master Course                                | Home Study       | 0.3 | 12/31/19 | www.nielasher.com                               |
| Niel Asher Healthcare Ltd.                                | NAT Anatomy of Pain Trigger Point Course                                  | Home Study       | 0.9 | 12/31/19 | www.nielasher.com                               |
| Niel Asher Healthcare Ltd.                                | Power Lifting for Strength and Speed                                      | Home Study       | 0.2 | 12/31/19 |   |
| Niel Asher Healthcare Ltd.                                | Understanding and Treating the Vital Glutes NAT Master Course             | Home Study       | 0.3 | 12/31/19 | www.nielasher.com                               |
| NIRSA Leaders in Collegiate Recreation                    | NIRSA 2019 Conference   | Conference       | 0.9 | 12/31/19 | https://nirsa.net/nirsa2019/                    |

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| NONSOLOFITNESS SNC                                      | Elite Coach Trainer   | Home Study       | 1.0 | 12/31/19 | <a href="https://www.nonsolofitness.it">https://www.nonsolofitness.it</a>   |
| NONSOLOFITNESS SNC                                      | Elite Fitness Instructor  | Home Study       | 1.0 | 12/31/19 | <a href="http://www.nonsolofitness.it">www.nonsolofitness.it</a>  |
| NONSOLOFITNESS SNC                                      | Elite Functional Trainer  | Home Study       | 1.0 | 12/31/19 | <a href="http://www.nonsolofitness.it">www.nonsolofitness.it</a>  |
| NONSOLOFITNESS SNC                                      | Elite Pilates Instructor  | Home Study       | 1.0 | 12/31/19 | <a href="http://www.nonsolofitness.it">www.nonsolofitness.it</a>  |
| NONSOLOFITNESS SNC                                      | Elite Postural Trainer  | Home Study       | 1.0 | 12/31/19 | <a href="http://www.nonsolofitness.it">www.nonsolofitness.it</a>  |
| Northwest Community Wellness Center                     | Mobility & Movement for Arms  | Workshop/Seminar | 0.8 | 12/31/19 |   |
| Northwest Community Wellness Center                     | Mobility & Movement for Legs  | Workshop/Seminar | 0.8 | 12/31/19 |   |
| Northwest Community Wellness Center                     | Movement Fundamentals for Optimal Wellness  | Workshop/Seminar | 0.7 | 12/31/19 |   |
| Northwest Fitness Education                             | 2018 Spring Fitness & Training Forum  | Conference       | 0.9 | 12/31/19 |   |
| NOUFLEX   | BALANCE & CORE SPECIALTY by NOUFLEX   | Workshop/Seminar | 0.9 | 12/31/19 | <a href="http://www.nouflex.com/nouflex-certification/">http://www.nouflex.com/nouflex-certification/</a>   |
| Nutritional Coaching Institute                          | NCI Level 1 Hormone Specialist  | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://ncicertifications.com">http://ncicertifications.com</a>   |
| Nutritional Coaching Institute                          | NCI Level 1 Nutrition Coaching  | Workshop/Seminar | 1.5 | 12/31/19 | <a href="http://ncicertifications.com">http://ncicertifications.com</a>   |
| O'Gorgeous, Inc.  | POP Pilates Advanced Instructor Workshop  | Workshop/Seminar | 0.8 | 12/31/19 |   |
| O'Gorgeous, Inc.  | POP Pilates Workshop  | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.poppilateslife.com">http://www.poppilateslife.com</a>   |
| OPEX Fitness  | Mixed Modal   | Home Study       | 1.9 | 12/31/19 | <a href="https://opexfit.com/mixed-modal/">https://opexfit.com/mixed-modal/</a>   |
| Orange Theory (OT) Fitness                              | Global Reset - Fitness  | Workshop/Seminar | 0.7 | 12/31/19 | <a href="http://www.orangetheoryfitness.com">www.orangetheoryfitness.com</a>  |
| Orange Theory (OT) Fitness                              | Mini-Band Continuing Education  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.orangetheoryfitness.com">www.orangetheoryfitness.com</a>  |
| Orange Theory (OT) Fitness                              | OTFit Certification   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://www.orangetheoryfitness.com">www.orangetheoryfitness.com</a>  |
| Orange Theory (OT) Fitness                              | Working with Watts: An Interactive Workshop to Coaching a World-Class Experience              | Workshop/Seminar | 0.1 | 12/31/19 | <a href="http://www.orangetheoryfitness.com">www.orangetheoryfitness.com</a>  |
| Original Strength Systems                               | OS Performance  | Workshop/Seminar | 0.9 | 12/31/19 | <a href="http://www.OriginalStrength.net">www.OriginalStrength.net</a>  |
| Original Strength Systems                               | OS Pressing RESET   | Workshop/Seminar | 0.6 | 12/31/19 | <a href="http://originalstrength.net">originalstrength.net</a>  |
| Original Strength Systems                               | OS Pro RESET  | Workshop/Seminar | 1.5 | 12/31/19 | <a href="http://www.OriginalStrength.net">www.OriginalStrength.net</a>  |
| Osteoblast Training LLC                                 | Osteoblast Training   | Workshop/Seminar | 0.8 | 12/31/19 | Facebook: Osteoblast Training LLC   |
| Own Your Eating   | Own Your Eating Nutrition Certification   | Home Study       | 0.8 | 12/31/19 | <a href="http://www.ownyoureating.com">www.ownyoureating.com</a>  |
| Paddle into Fitness                                     | Float into Fitness Pool Yoga & Fitness Teacher Training                                       | Workshop/Seminar | 1.3 | 12/31/19 | <a href="http://www.paddleintofitness.com">www.paddleintofitness.com</a>  |
| Pain Posture Performance                                | Pain Posture Performance Stretching and Flexibility   | Workshop/Seminar | 1.4 | 12/31/19 | <a href="http://www.painpostureperformance.com">www.painpostureperformance.com</a>  |
| Pain-Free Performance (PPSC)                            | Pain-Free Performance Specialist  | Workshop/Seminar | 1.2 | 12/31/19 | <a href="http://www.drjohnrusin.com">www.drjohnrusin.com</a>  |
| Parkinson Wellness Recovery                             | PWRIMoves® Instructor Training and Certification  | Workshop/Seminar | 1.5 | 12/31/19 | <a href="https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwr-instructor-workshops/">https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwr-instructor-workshops/</a>             |
| Parkour Generations Americas / Parkour Generations Ltd. | ADAPT Level 1   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://www.parkourgenerations.com">www.parkourgenerations.com</a>  |
| Parkour Generations Americas / Parkour Generations Ltd. | ADAPT Level 2   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://www.parkourgenerations.com">www.parkourgenerations.com</a>  |
| Parkour Generations Americas / Parkour Generations Ltd. | Parkour Fitness Specialist (PFS) Level 1  | Workshop/Seminar | 1.6 | 12/31/19 | <a href="http://www.parkourgenerations.com">www.parkourgenerations.com</a>  |
| Parkour Generations Americas / Parkour Generations Ltd. | Parkour Fitness Specialist (PFS) Level 2  | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://www.parkourgenerations.com">www.parkourgenerations.com</a>  |
| Pelacore  | Pelacore Instructor Program   | Home Study       | 0.3 | 12/31/19 | <a href="https://www.pelacore.com">https://www.pelacore.com</a>   |
| Penalty Box Fit   | Penalty Box Fit   | Home Study       | 0.3 | 12/31/19 | <a href="http://www.penaltyboxfit.com">www.penaltyboxfit.com</a>  |
| Perfect Fit Partners                                    | Selling Personal Training   | Workshop/Seminar | 0.8 | 12/31/19 |   |
| Perform Better  | 3-Day Functional Training Summit Chicago 2019   | Conference       | 1.8 | 12/31/19 | <a href="https://www.performbetter.com/3-day-functional-training-summit">https://www.performbetter.com/3-day-functional-training-summit</a>   |
| Perform Better  | 3-Day Functional Training Summit Long Beach 2019  | Conference       | 1.8 | 12/31/19 | <a href="https://www.performbetter.com/3-day-functional-training-summit">https://www.performbetter.com/3-day-functional-training-summit</a>   |
| Perform Better  | 3-Day Functional Training Summit Orlando 2019   | Conference       | 1.8 | 12/31/19 | <a href="https://www.performbetter.com/3-day-functional-training-summit">https://www.performbetter.com/3-day-functional-training-summit</a>   |
| Perform Better  | 3-Day Functional Training Summit Providence 2019  | Conference       | 1.8 | 12/31/19 | <a href="https://www.performbetter.com/3-day-functional-training-summit">https://www.performbetter.com/3-day-functional-training-summit</a>   |
| Perform Better  | Perform Better 1 Day Learn by Doing Seminar 2019  | Workshop/Seminar | 0.7 | 12/31/19 | <a href="http://www.performbetter.com">www.performbetter.com</a>  |
| Perform For Life  | Mastering the Assessment Process  | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://performforlifef.com">performforlifef.com</a>  |
| Perform For Life  | Proprioceptive Neuromuscular Facilitation Workshop  | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://performforlifef.com">performforlifef.com</a>  |
| Performance Cycling                                     | Performance Cycling Essentials Plus (Level 1)   | Home Study       | 0.9 | 12/31/19 | <a href="http://www.performance-cycling.net">www.performance-cycling.net</a>  |
| Performance Therapy Academy                             | Level 1 Performance Therapist Certification   | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.performancetherapist.com">www.performancetherapist.com</a>  |
| Performance Therapy Academy                             | Level 2 Performance Therapist Certification   | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.performancetherapist.com">www.performancetherapist.com</a>  |
| PESI, Inc.  | 2-Day: Functional Aging: Tools & Techniques to Improve Outcomes in Older Patients             | Workshop/Seminar | 1.2 | 12/31/19 | <a href="http://www.pesirehab.com">www.pesirehab.com</a>  |
| PESI, Inc.  | 2-Day: Movement Specialist Certification  | Workshop/Seminar | 1.2 | 12/31/19 |   |
| PESI, Inc.  | 2-Day: Myofascial Release Clinician Certification   | Workshop/Seminar | 1.2 | 12/31/19 | <a href="http://www.pesirehab.com">www.pesirehab.com</a>  |
| PESI, Inc.  | 2-Day: Tai Chi for Rehabilitation: Instructor Certification Course                            | Workshop/Seminar | 1.3 | 12/31/19 | <a href="https://rehab.pesi.com/events/detail/67427/myofascial-cupping-practitioner-certification">https://rehab.pesi.com/events/detail/67427/myofascial-cupping-practitioner-certification</a>             |
| PESI, Inc.  | Advanced Treatment for Total Hip & Knee Replacement: Faster Recovery and Improved Outcomes    | Workshop/Seminar | 0.6 | 12/31/19 | <a href="http://www.pesirehab.com">www.pesirehab.com</a>  |
| PESI, Inc.  | IASTM Practitioner Certification  | Workshop/Seminar | 0.8 | 12/31/19 |   |
| PESI, Inc.  | Kinesiology Taping Practitioner: Combining Taping & Movement to Improve Functional Outcome    | Workshop/Seminar | 0.8 | 12/31/19 |   |
| PESI, Inc.  | Myofascial Cupping Practitioner Certification   | Home Study       | 0.7 | 12/31/19 | <a href="https://rehab.pesi.com/events/detail/67427/myofascial-cupping-practitioner-certification">https://rehab.pesi.com/events/detail/67427/myofascial-cupping-practitioner-certification</a>             |
| PESI, Inc.  | Sacroiliac Joint Dysfunction: Treatments to Stop the Pain in as Little as 4-6 Sessions        | Workshop/Seminar | 0.6 | 12/31/19 | <a href="http://www.pesirehab.com">www.pesirehab.com</a>  |
| PESI, Inc.  | Stabilizing the Core & the SI Joint with Muscle Energy Techniques                             | Workshop/Seminar | 0.6 | 12/31/19 | <a href="http://www.pesirehab.com">www.pesirehab.com</a>  |
| PESI, Inc.  | Therapeutic Strategies for Degenerative Joint Disease: Overcoming Pain and Improving Function | Workshop/Seminar | 0.6 | 12/31/19 |   |
| PhysioChains Education                                  | Parkinson's Regeneration Training®  | Workshop/Seminar | 1.4 | 12/31/19 | <a href="https://www.parkinsonsregenerationtraining.com">https://www.parkinsonsregenerationtraining.com</a>   |
| PILOXING Academy, LLC                                   | PILOXING® Barre Instructor Training   | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.piloxing.com">www.piloxing.com</a>  |
| PILOXING Academy, LLC                                   | PILOXING® Knockout Instructor Training  | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.piloxing.com">www.piloxing.com</a>  |
| PILOXING Academy, LLC                                   | PILOXING® SSP   | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.piloxing.com">www.piloxing.com</a>  |
| PILOXING Academy, LLC                                   | THE MIX by PILOXING®  | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.piloxing.com">www.piloxing.com</a>  |
| Pivotal   | Pivotal Mentorship  | Workshop/Seminar | 1.9 | 12/31/19 |   |
| PLYOGA Fitness  | PLYOGA Fitness  | Workshop/Seminar | 0.7 | 12/31/19 | <a href="http://www.PLYOGAFitness.com">www.PLYOGAFitness.com</a>  |
| PoleMoves   | Level 1 Pole Instructor Course  | Home Study       | 1.5 | 12/31/19 | <a href="http://www.polemoves.com">www.polemoves.com</a>  |
| POUND® Rockout. Workout.                                | Level Up  | Workshop/Seminar | 0.7 | 12/31/19 | <a href="http://poundfit.com">poundfit.com</a>  |
| POUND® Rockout. Workout.                                | POUND® Pro Training   | Workshop/Seminar | 0.7 | 12/31/19 | <a href="http://www.poundfit.com/certification-schedule/">www.poundfit.com/certification-schedule/</a>  |
| Power Monkey Camp                                       | Power Monkey Camp   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://powermonkeycamp.com">powermonkeycamp.com</a>  |
| Power Monkey Fitness                                    | The Ring Thing Certification  | Workshop/Seminar | 1.3 | 12/31/19 | <a href="https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more">https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more</a>   |
| Power Plate   | Power Plate Discover Workshop   | Workshop/Seminar | 0.3 | 12/31/19 |   |
| Power Plate   | Power Plate Small Group Training  | Workshop/Seminar | 0.5 | 12/31/19 | <a href="http://www.powerplate.com">http://www.powerplate.com</a>   |
| Precision Human Performance                             | Biomechanics of Training: Older Adults and Fall Prevention                                    | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://precisionhumanperformance.com">precisionhumanperformance.com</a>  |
| Precision Human Performance                             | Exercise Intervention   | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://precisionhumanperformance.com">precisionhumanperformance.com</a>  |
| Precision Human Performance                             | Exercise Mechanics  | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://precisionhumanperformance.com">precisionhumanperformance.com</a>  |
| Precision Human Performance                             | Exercise Neurophysiology with Aaron Westbrook   | Workshop/Seminar | 0.8 | 12/31/19 | <a href="https://www.bioacademics.com/">https://www.bioacademics.com/</a>   |
| Precision Nutrition                                     | Precision Nutrition Level 1, Certificate in Exercise Nutrition                                | Home Study       | 1.9 | 12/31/19 | <a href="http://www.precisionnutrition.com">www.precisionnutrition.com</a>  |
| Precision Nutrition                                     | Precision Nutrition Level 2 Master Class  | Home Study       | 1.9 | 12/31/19 | <a href="http://www.precisionnutrition.com">www.precisionnutrition.com</a>  |
| Precor  | 4D PRO Bungee Fitness Trainer: Specialty Course for Queenax                                   | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses">http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses</a> |
| Precor  | Coaching Intensity: Building Intelligent Intervals with Assault Fitness Equipment             | Workshop/Seminar | 0.2 | 12/31/19 | <a href="http://www.precor.com">www.precor.com</a>  |



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| Precor                            | Queenax Elite Obstacle Course Race Training Program                     | Workshop/Seminar | 0.7 | 12/31/19 precor.com   |
| Precor                            | Queenax Functional Training Movement Design                             | Workshop/Seminar | 0.4 | 12/31/19 www.precor.com   |
| Precor                            | Queenax Fundamentals  | Workshop/Seminar | 0.2 | 12/31/19  |
| Precor                            | Queenax Small Group Program Design                                      | Workshop/Seminar | 0.3 | 12/31/19 www.precor.com   |
| Precor                            | SUPERFUNCTIONAL™ MOVE   | Workshop/Seminar | 0.2 | 12/31/19 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses |
| Precor                            | UFO Specialization Course   | Workshop/Seminar | 0.2 | 12/31/19 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses |
| Precor                            | Ultimate Superfunctional: STACKS  | Workshop/Seminar | 0.4 | 12/31/19 http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses |
| Prehab 101                        | Prehab 101  | Workshop/Seminar | 1.4 | 12/31/19 linktr.ee/prehab101  |
| Prevail Conditioning              | A Systematic Approach to Performance Enhancement                        | Workshop/Seminar | 0.8 | 12/31/19 https://prevailconditioning.com  |
| Primal Health Coach Institute     | Primal Health Coach Masterclass   | Workshop/Seminar | 1.5 | 12/31/19 https://www.primalthcoach.com/austin-masterclass   |
| Primal Health Coach Institute     | Primal Health Coach Program   | Workshop/Seminar | 1.9 | 12/31/19 www.primalthblueprint.com  |
| PRO Club                          | Knee Biomechanics and Rehabilitation Principals                         | Workshop/Seminar | 0.3 | 12/31/19 www.proclub.com/   |
| PRO Club                          | Personal Training and Pre and Post Natal Clients                        | Workshop/Seminar | 0.2 | 12/31/19 In house members only  |
| PRO Club                          | Principals of Training and Program Design                               | Workshop/Seminar | 0.2 | 12/31/19 N/A In house events  |
| PRO Club                          | Running Development   | Workshop/Seminar | 0.2 | 12/31/19 N/A In house events  |
| PRO Club                          | Shoulder Biomechanics & Rehab Principals                                | Workshop/Seminar | 0.3 | 12/31/19  |
| ProBar Mobility                   | ProBar Extended Foundations Course                                      | Workshop/Seminar | 0.7 | 12/31/19 probarmobility.com   |
| ProBar Mobility                   | ProBar Foundations Course   | Workshop/Seminar | 0.3 | 12/31/19  |
| PRONatal Fitness                  | PRONatal Fitness Pre/Postnatal Performance Training Specialist          | Home Study       | 1.9 | 12/31/19 pronatafitness.com   |
| PRONatal Fitness                  | PRONatal Fitness: Pre/Postnatal Education for Group Fitness Instructors | Workshop/Seminar | 0.3 | 12/31/19 http://www.pronatafitness.com  |
| PRONatal Fitness                  | PRONatal Fitness: Pre/Postnatal Performance Training Workshop           | Workshop/Seminar | 0.8 | 12/31/19 pronatafitness.com   |
| PTA Global                        | Behavior Change in Exercise Workshop                                    | Workshop/Seminar | 0.7 | 12/31/19 www.ptaglobal.com  |
| PTA Global                        | Exercise & Stress Management (ESM) Credential                           | Home Study       | 1.0 | 12/31/19 www.PTAGlobal.com  |
| PTA Global                        | PTA Global Behavior Change in Exercise (BCE) Credential                 | Home Study       | 1.9 | 12/31/19 www.PTAGlobal.com  |
| PTA Global                        | PTA Global Foundations  | Home Study       | 1.9 | 12/31/19 www.PTAGlobal.com  |
| PTA Global                        | PTA Global Mentorship 1   | Home Study       | 1.5 | 12/31/19 www.PTAGlobal.com  |
| Punk Rope, Inc.                   | Jump Rope Instructor Course   | Home Study       | 0.4 | 12/31/19 www.punkrope.com   |
| Punk Rope, Inc.                   | Jump Rope Instructor Workshop   | Workshop/Seminar | 0.8 | 12/31/19  |
| PureRyde Cycling + Pilates        | PureRyde +Pilates Instructor Training                                   | Workshop/Seminar | 1.2 | 12/31/19  |
| RAD Roller                        | RAD Golf: Foundations in Myofascial Release and Golf Mobility           | Workshop/Seminar | 0.8 | 12/31/19  |
| RAD Roller                        | RAD Mobility Level 1  | Workshop/Seminar | 0.4 | 12/31/19 http://www.radroller.com/pages/education   |
| RAD Roller                        | RAD Mobility Level 2  | Workshop/Seminar | 1.4 | 12/31/19 https://www.radroller.com/pages/education  |
| RAD Roller                        | RAD Yoga: Foundations of Myofascial Release and Asana                   | Workshop/Seminar | 1.0 | 12/31/19 www.radroller.com  |
| RaqiSa® Barre                     | RAQISA® BARRE   | Workshop/Seminar | 0.8 | 12/31/19 www.raqisa.com   |
| Recess & Results                  | Youth Movement Instructor   | Workshop/Seminar | 0.4 | 12/31/19 recessandresults.com   |
| RecSports - University of Florida | EVOLVE Fitness Symposium  | Conference       | 1.0 | 12/31/19 RecSports.ufl.edu  |
| Redefining Strength               | The Dynamic Workout Design Training Black Book                          | Home Study       | 0.9 | 12/31/19 https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book        |
| REFIT®                            | REFIT® Instructor Training  | Workshop/Seminar | 0.6 | 12/31/19 http://shop.refitrev.com/collections/trainings   |
| REFIT®                            | REV+FLOW Instructor Training  | Workshop/Seminar | 0.4 | 12/31/19 refitrev.com   |
| Rock Tape, Inc                    | FMT Basic   | Workshop/Seminar | 0.8 | 12/31/19 http://www.rocktape.com/education-research/functional-movement-techniques/                     |
| Rock Tape, Inc                    | FMT Performance   | Workshop/Seminar | 0.8 | 12/31/19 http://www.rocktape.com/education-research/functional-movement-techniques/                     |
| Rock Tape, Inc                    | FMT Rockfloss Compression Band Flossing                                 | Workshop/Seminar | 0.6 | 12/31/19 www.rocktape.com   |
| Rock Tape, Inc                    | FMT Rockpods Myofascial Cupping   | Workshop/Seminar | 0.6 | 12/31/19 www.rocktape.com   |
| Rock Tape, Inc                    | Functional Movement Techniques (FMT) Blades                             | Workshop/Seminar | 0.8 | 12/31/19 www.rocktape.com/education-research/   |
| Rock Tape, Inc                    | Functional Movement Techniques (FMT) Blades Advanced                    | Workshop/Seminar | 0.4 | 12/31/19 www.rocktape.com   |
| Row House                         | Row House University  | Workshop/Seminar | 1.9 | 12/31/19 www.therowhouse.com  |
| Run-Fit                           | REVO <sub>2</sub> LUTION RUNNING  | Home Study       | 1.9 | 12/31/19 http://run-fit.com   |
| Savvier Fitness                   | Barre Above Pilates Focused   | Workshop/Seminar | 1.2 | 12/31/19 www.barreabove.com   |
| Savvier Fitness                   | Barre Above Prime Instructor Training                                   | Workshop/Seminar | 1.2 | 12/31/19 www.barreabove.com   |
| Savvier Fitness                   | Cardio Yoga   | Home Study       | 1.9 | 12/31/19 www.savvierfitness.com   |
| Savvier Fitness                   | Elite HIIT Training   | Workshop/Seminar | 0.3 | 12/31/19 www.barreabove.com   |
| Savvier Fitness                   | Let The Beat Drop   | Workshop/Seminar | 0.2 | 12/31/19 www.barreabove.com   |
| Savvier Fitness                   | Muscular Endurance: Myths, Realities and Applications                   | Home Study       | 0.2 | 12/31/19 www.barreabove.com   |
| Savvier Fitness                   | Pilates 101 Education Course  | Home Study       | 0.4 | 12/31/19 www.barreabove.com   |
| Savvier Fitness                   | Tabata GX   | Workshop/Seminar | 0.7 | 12/31/19 www.barreabove.com   |
| Savvier Fitness                   | The Musicality Method   | Home Study       | 0.4 | 12/31/19 www.barreabove.com   |
| SCW Fitness Education             | 2019 California MANIA® Conference                                       | Conference       | 1.7 | 12/31/19 www.scwfit.com/ca  |
| SCW Fitness Education             | 2019 DC MANIA® Conference   | Conference       | 1.5 | 12/31/19 http://www.scwfit.com  |
| SCW Fitness Education             | 2019 Florida MANIA® Conference  | Conference       | 1.7 | 12/31/19 www.scwfit.com/fl  |
| SCW Fitness Education             | 2019 New York MANIA® Conference   | Conference       | 1.5 | 12/31/19 http://www.scwfit.com  |
| SCW Fitness Education             | SCW Active Aging Certification  | Workshop/Seminar | 0.7 | 12/31/19 http://scwfit.com  |
| SCW Fitness Education             | SCW Aqua Barre Certification  | Workshop/Seminar | 0.6 | 12/31/19 www.scwfit.com   |
| SCW Fitness Education             | SCW Aquatic Exercise Certification                                      | Workshop/Seminar | 0.8 | 12/31/19 http://scwfit.com  |
| SCW Fitness Education             | SCW Ballet Barre Certification  | Workshop/Seminar | 0.7 | 12/31/19 http://www.scwfitness.com/newsite.html   |
| SCW Fitness Education             | SCW Boxing Certification  | Workshop/Seminar | 0.7 | 12/31/19 www.scwfit.com   |
| SCW Fitness Education             | SCW Core Training Specialist Certification                              | Workshop/Seminar | 0.4 | 12/31/19 www.scwfit.com   |
| SCW Fitness Education             | SCW Fitness Introduction to Meditation Certification                    | Workshop/Seminar | 0.4 | 12/31/19 www.scwfit.com   |
| SCW Fitness Education             | SCW Fitness Nutrition for the Active Ager Certification                 | Workshop/Seminar | 0.4 | 12/31/19 www.scwfit.com   |
| SCW Fitness Education             | SCW Foam Rolling Certification  | Workshop/Seminar | 0.4 | 12/31/19 www.scwfit.com   |
| SCW Fitness Education             | SCW Group Exercise Certification  | Workshop/Seminar | 0.8 | 12/31/19 http://scwfit.com  |
| SCW Fitness Education             | SCW Kettlebell Practical Certification                                  | Workshop/Seminar | 0.6 | 12/31/19 http://scwfit.com  |
| SCW Fitness Education             | SCW Pilates Matwork Certification                                       | Workshop/Seminar | 0.8 | 12/31/19 http://scwfit.com  |
| SCW Fitness Education             | SCW Practical Guide to Hormones, Nutrition and Metabolism Certification | Workshop/Seminar | 0.6 | 12/31/19 www.scwfit.com   |
| SCW Fitness Education             | SCW Yoga I Certification  | Workshop/Seminar | 0.7 | 12/31/19 http://scwfit.com  |
| SCW Fitness Education             | SCW Yoga II Certification   | Workshop/Seminar | 0.4 | 12/31/19 http://scwfit.com  |
| SCW Fitness Education             | WATERinMOTION® Certification  | Workshop/Seminar | 0.7 | 12/31/19 www.scwfit.com   |
| SharQui - The Bellydance Workout  | Online Sharqui Instructor Training                                      | Home Study       | 1.0 | 12/31/19 www.teachsharqui.com   |
| SHAY-MCENTEE WELLNESS WORKS INC.  | BREATHING TECHNIQUES / STRESS MANAGEMENT                                | Workshop/Seminar | 0.3 | 12/31/19  |

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| SHAY-MCENTEE WELLNESS WORKS INC.          | ENERGY BREAK  | Workshop/Seminar | 0.3 | 12/31/19   |
| SickLiving LLC                            | Elite Personal Sales Training                                     | Workshop/Seminar | 0.6 | 12/31/19 <a href="http://www.sickhealthandwellness.com">www.sickhealthandwellness.com</a>                                  |
| SilverSneakers by Tivity Health           | Group Exercise for Hip Limitations                                | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers BOOM MIND  | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers BOOM MOVE  | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers BOOM MUSCLE  | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers Circuit  | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers Classic  | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers Foundations  | Home Study       | 0.5 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers Nutrition for Optimal Aging                        | Workshop/Seminar | 0.2 | 12/31/19 <a href="http://www.silversneakers.com">www.silversneakers.com</a>  |
| SilverSneakers by Tivity Health           | SilverSneakers Splash   | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers Stability  | Home Study       | 0.2 | 12/31/19   |
| SilverSneakers by Tivity Health           | SilverSneakers Strength Progressions for Group Exercise           | Home Study       | 0.2 | 12/31/19 <a href="http://www.silversneakers.com">www.silversneakers.com</a>  |
| SilverSneakers by Tivity Health           | SilverSneakers YOGA   | Home Study       | 0.2 | 12/31/19   |
| SOMA                                      | SOMA Imersion 1   | Workshop/Seminar | 1.9 | 12/31/19   |
| Soul Clap Fitness                         | Soul Clap Fitness Level 1: Lettuce                                | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.soulclapfitness.com">www.soulclapfitness.com</a>  |
| SoulBody LLC                              | SoulBody Teacher Training   | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.soulbody.fitness">www.soulbody.fitness</a>  |
| Spin City Instructor Training             | Spin City Advanced Aerial Hoop Instructor (online)                | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Advanced Pole Fitness Instructor (online)               | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Anatomy and Physiology Foundations (online)             | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Beginners Aerial Hoop Instructor (online)               | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Beginners Aerial Sling Instructor (online)              | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Beginners Pole Fitness Instructor (online)              | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Intermediate Aerial Hoop Instructor (online)            | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Intermediate Aerial Sling Instructor (online)           | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Intermediate Pole Fitness Instructor (online)           | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Pole Fabric Instructor (online)                         | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| Spin City Instructor Training             | Spin City Stretching and Flexibility for Pole and Aerial (online) | Home Study       | 1.9 | 12/31/19 <a href="http://www.spincityinstructortraining.com">www.spincityinstructortraining.com</a>                        |
| START Fitness/Fit to Fight                | WaterRower Crew Coach Certification Course                        | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.startfitness.com">www.startfitness.com</a>  |
| StickMobility                             | Stick Mobility Level 1 Certification                              | Workshop/Seminar | 1.3 | 12/31/19 <a href="https://stickmobility.com/certification/">https://stickmobility.com/certification/</a>                   |
| Stretch to Win Institute                  | Level 1 (FST) Fascial Stretch Therapy Certification               | Workshop/Seminar | 1.9 | 12/31/19 <a href="http://www.stretchtowin.com">www.stretchtowin.com</a>  |
| Stroops                                   | Stroops Foundations Course  | Workshop/Seminar | 0.8 | 12/31/19 <a href="https://stroops.com/the-academy/">https://stroops.com/the-academy/</a>                                   |
| Suples                                    | Dynamic Movement Training with the Bulgarian Bag                  | Workshop/Seminar | 0.9 | 12/31/19 <a href="http://www.suples.com">www.suples.com</a>  |
| Synergence Teacher Training               | YogaBarre Teacher Training  | Workshop/Seminar | 1.6 | 12/31/19   |
| Synergence Teacher Training               | YogaBurn Teacher Training   | Workshop/Seminar | 1.6 | 12/31/19 <a href="http://www.synergenceteachertraining.com">www.synergenceteachertraining.com</a>                          |
| Tampa Bay Bodies                          | Line Dance Young and Old  | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://linedanceyoungandold.com">linedanceyoungandold.com</a>  |
| Target Your Muscles, LLC                  | NGS-nongripSYSTEM® Sport Instructor                               | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.TargetYourMuscles.com">www.TargetYourMuscles.com</a>  |
| Team Alloy                                | Alloy: Personal Training Programming Certification                | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.teamalloy.com">www.teamalloy.com</a>  |
| Technogym USA                             | Arke Foundation Workshop  | Home Study       | 0.4 | 12/31/19 <a href="http://www.technogymusa.com">http://www.technogymusa.com</a>   |
| Technogym USA                             | Dual Adjustable Pulley  | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.technogymusa.com">http://www.technogymusa.com</a>   |
| Technogym USA                             | Group Cycle Foundation  | Workshop/Seminar | 0.4 | 12/31/19   |
| Technogym USA                             | Kinesis One   | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.technogymusa.com">http://www.technogymusa.com</a>   |
| Technogym USA                             | Kinesis Station   | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.technogymusa.com">http://www.technogymusa.com</a>   |
| Technogym USA                             | OMNIA   | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.technogymusa.com">http://www.technogymusa.com</a>   |
| Technogym USA                             | OUTRACE   | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.technogym.com">www.technogym.com</a>  |
| Technogym USA                             | SkillMill Introduction Workshop                                   | Workshop/Seminar | 0.4 | 12/31/19   |
| Technogym USA                             | SkillRow Foundation Workshop                                      | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.technogymusa.com">http://www.technogymusa.com</a>   |
| Technogym USA                             | TEAMBEATS Introduction Workshop                                   | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.technogymusa.com">http://www.technogymusa.com</a>   |
| Tennis Industry Association               | Cardio Tennis L1 Training Course                                  | Workshop/Seminar | 0.6 | 12/31/19 <a href="http://www.tennisindustry.org">www.tennisindustry.org</a>  |
| Tennis Industry Association               | Cardio Tennis L2 Training Course                                  | Workshop/Seminar | 0.5 | 12/31/19 <a href="http://www.tennisindustry.org">http://www.tennisindustry.org</a>   |
| The Dailey Method                         | Basics of Barre   | Workshop/Seminar | 1.5 | 12/31/19 <a href="http://www.thedaileymethod.com">www.thedaileymethod.com</a>  |
| The Dailey Method                         | Basics of Cycle   | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.thedaileymethod.com">www.thedaileymethod.com</a>  |
| The Evidence Based Approach               | Shoulder & Rotator Cuff Rehab Specialist                          | Workshop/Seminar | 0.8 | 12/31/19   |
| The HT Powerlifting                       | HTpower Strength Training Workshop                                | Workshop/Seminar | 1.9 | 12/31/19   |
| The MELT Method (Longevity Fitness, Inc.) | MELT Hand and Foot Training: New Science of the Human Body        | Workshop/Seminar | 1.9 | 12/31/19 <a href="http://www.meltmethod.com">www.meltmethod.com</a>  |
| The MELT Method (Longevity Fitness, Inc.) | MELT Instructor Level 2 Training                                  | Workshop/Seminar | 1.9 | 12/31/19 <a href="http://www.meltmethod.com">www.meltmethod.com</a>  |
| The MELT Method (Longevity Fitness, Inc.) | MELT Instructor Training Level 1                                  | Workshop/Seminar | 1.9 | 12/31/19 <a href="http://www.meltmethod.com">www.meltmethod.com</a>  |
| The MELT Method (Longevity Fitness, Inc.) | MELT NeuroStrength Level 1 Training                               | Workshop/Seminar | 1.9 | 12/31/19 <a href="http://www.meltmethod.com">www.meltmethod.com</a>  |
| The Stretch Clinic                        | AIS for Fitness Professionals                                     | Workshop/Seminar | 1.9 | 12/31/19 <a href="http://www.thestretchclinic.com">www.thestretchclinic.com</a>  |
| The Stretch Clinic                        | Intro to Active Isolated Stretching                               | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.thestretchclinic.com">www.thestretchclinic.com</a>  |
| TheraGun                                  | TheraGun Foundations Training Course                              | Workshop/Seminar | 0.4 | 12/31/19   |
| Throwback Fitness                         | Throwback Fitness Fundamentals                                    | Workshop/Seminar | 0.8 | 12/31/19 <a href="https://throwbackfit.com/become-a-coach">https://throwbackfit.com/become-a-coach</a>                     |
| Total Body Tabata LLC                     | Tabata Basic Instructor Training Certification Self Study Course  | Home Study       | 0.8 | 12/31/19 <a href="http://www.totalbodytabata.com">http://www.totalbodytabata.com</a>                                       |
| Training Peaks University                 | Strength Training for Cycling Success                             | Home Study       | 0.9 | 12/31/19   |
| Trainology                                | Trainology 101  | Workshop/Seminar | 0.8 | 12/31/19 <a href="http://www.trainology.net">www.trainology.net</a>  |
| TRATAC                                    | Fundamentals of Active Rolling™                                   | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.tratac.com">www.tratac.com</a>  |
| TRATAC                                    | TRATAC Master Trainer Summit                                      | Workshop/Seminar | 1.8 | 12/31/19 <a href="http://www.tratac.com">www.tratac.com</a>  |
| Tress Marketing Solutions, LLC            | FASTer Way to Fat Loss Certified Coach                            | Home Study       | 0.5 | 12/31/19 <a href="https://www.fasterwaytofatloss.com/certification/">https://www.fasterwaytofatloss.com/certification/</a> |
| TRIBE Team Training USA                   | TRIBE Team Training   | Workshop/Seminar | 0.5 | 12/31/19 <a href="http://www.tribeamtraining.com">www.tribeamtraining.com</a>  |
| TRIBE Team Training USA                   | TRIBE Team Training TribeCORE                                     | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.tribeamtraining.com">www.tribeamtraining.com</a>  |
| TRIBE Team Training USA                   | TRIBE Team Training TribeFIT                                      | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.tribeamtraining.com">www.tribeamtraining.com</a>  |
| TRIBE Team Training USA                   | TRIBE Team Training TribeKIDS                                     | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.tribeamtraining.com">www.tribeamtraining.com</a>  |
| TRIBE Team Training USA                   | TRIBE Team Training TribeLIFE                                     | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.tribeamtraining.com">www.tribeamtraining.com</a>  |
| TRIBE Team Training USA                   | TRIBE Team Training TribePUNCH                                    | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.tribeamtraining.com">www.tribeamtraining.com</a>  |
| TRX                                       | TRX Advanced Group Training Course (AGTC)                         | Workshop/Seminar | 1.8 | 12/31/19 <a href="http://TRXtraining.com">TRXtraining.com</a>  |
| TRX                                       | TRX For Yoga  | Home Study       | 0.5 | 12/31/19 <a href="http://TRXtraining.com">TRXtraining.com</a>  |
| TRX                                       | TRX for Yoga - LIVE Course  | Workshop/Seminar | 0.7 | 12/31/19 <a href="http://www.trxtraining.com/trx-education-faqs">www.trxtraining.com/trx-education-faqs</a>                |
| TRX                                       | TRX FORCE Operator's Training Course (Level 1)                    | Workshop/Seminar | 0.4 | 12/31/19 <a href="http://www.trxtraining.com">www.trxtraining.com</a>  |



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| TRX                                      | TRX FORCE Operator's Training Course (Level 2)   | Workshop/Seminar | 0.8 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX FORCE Operator's Training Course (Level 3)   | Workshop/Seminar | 1.6 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX Functional Training Course (FTC)   | Workshop/Seminar | 0.7 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX Group Rip Training Course (GRTC)   | Workshop/Seminar | 0.7 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX Group Suspension Training Course (GSTC)  | Workshop/Seminar | 0.7 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX Group Training Course (GTC)  | Workshop/Seminar | 0.8 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX RIP Training Course (RTC)  | Workshop/Seminar | 0.8 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)                       | Workshop/Seminar | 0.7 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX Suspension Training Course (STC)   | Workshop/Seminar | 0.7 | 12/31/19 | www.trxtraining.com                                   |
| TRX                                      | TRX Trainer Basics Course  | Home Study       | 0.3 | 12/31/19 | www.trxtraining.com                                   |
| Tsunami Fitness, LLC                     | Tsunami Fitness Instructor Course  | Workshop/Seminar | 0.8 | 12/31/19 | Tsunami-Fitness.com                                   |
| Tsunami Fitness, LLC                     | Tsunami Fitness Instructor Training Online   | Home Study       | 0.3 | 12/31/19 | Tsunami Fitness.com                                   |
| Tune Up Fitness World Wide, Inc.         | The Roll Model® Method - Ball Sequencing & Innovation                                      | Workshop/Seminar | 0.7 | 12/31/19 | www.tuneupfitness.com                                 |
| Tune Up Fitness World Wide, Inc.         | The Roll Model® Method - Correspondence Course   | Workshop/Seminar | 1.4 | 12/31/19 | www.tuneupfitness.com                                 |
| Tune Up Fitness World Wide, Inc.         | The Roll Model® Method –The Science of Rolling   | Workshop/Seminar | 0.8 | 12/31/19 | www.tuneupfitness.com                                 |
| Tune Up Fitness World Wide, Inc.         | Treat While You Train- Correspondence Course   | Workshop/Seminar | 1.1 | 12/31/19 | www.tuneupfitness.com                                 |
| Ultimate Movement, LLC (raisedbarre)     | raisedbarre Instructor Training  | Workshop/Seminar | 1.2 | 12/31/19 |   |
| United Endurance Sports Coaching Academy | Running Coach Certification  | Home Study       | 1.9 | 12/31/19 | www.coachendurancesports.com                          |
| United Endurance Sports Coaching Academy | Triathlon Coaching Certification   | Home Study       | 1.9 | 12/31/19 | www.coachendurancesports.com                          |
| United Pilates Corporation               | Heirloom Breathing Workshop Certification  | Workshop/Seminar | 1.2 | 12/31/19 |   |
| Urbankick                                | UrbanKick Instructor Training (LIVE)   | Workshop/Seminar | 0.8 | 12/31/19 | www.urbankick.com                                     |
| Urbankick                                | UrbanKick Instructor Training (SELF STUDY)   | Home Study       | 0.8 | 12/31/19 | www.urbankick.com                                     |
| US Fitness Holdings LLC                  | Apex Signature Class Instructor Training   | Workshop/Seminar | 0.5 | 12/31/19 | n/a   |
| US Fitness Holdings LLC                  | Spark Signature Class Instructor Training  | Workshop/Seminar | 0.5 | 12/31/19 | n/a   |
| VeraFlow                                 | VeraFlow Instructor  | Workshop/Seminar | 1.6 | 12/31/19 | www.veraflow.com                                      |
| Vibe Fitness®                            | Club Vibe Instructor Training  | Workshop/Seminar | 0.7 | 12/31/19 | www.experiencevibefitness.com                         |
| VicteliB                                 | Boot Camp Challenge  | Workshop/Seminar | 1.9 | 12/31/19 | www.victelib.com                                      |
| VicteliB                                 | Eat, Train, Repeat Q1  | Workshop/Seminar | 0.5 | 12/31/19 | www.bootcamp-challenge.com                            |
| VicteliB                                 | Eat, Train, Repeat Q2  | Workshop/Seminar | 0.5 | 12/31/19 | www.bootcamp-challenge.com                            |
| VicteliB                                 | Eat, Train, Repeat Q3  | Workshop/Seminar | 0.5 | 12/31/19 | www.bootcamp-challenge.com                            |
| VicteliB                                 | Eat, Train, Repeat Q4  | Workshop/Seminar | 0.5 | 12/31/19 | www.bootcamp-challenge.com                            |
| VIDA Fitness                             | Barre Instructor   | Workshop/Seminar | 0.8 | 12/31/19 | www.vidafitness.com                                   |
| VIDA Fitness                             | Small Group Training Instructor  | Workshop/Seminar | 1.6 | 12/31/19 | www.vidafitness.com                                   |
| VI PR PRO                                | VI PR PRO Fundamentals Mobile  | Home Study       | 0.8 | 12/31/19 | www.vipr.com  |
| VI PR PRO                                | VI PR PRO Fundamentals Workshop  | Workshop/Seminar | 0.7 | 12/31/19 | www.vipr.com  |
| Warrior Cross Fitness                    | Warrior Cross Fitness  | Workshop/Seminar | 1.6 | 12/31/19 |   |
| Wellcoaches School of Coaching           | Wellcoaches Core Coach Training  | Home Study       | 1.9 | 12/31/19 | www.wellcoaches.com                                   |
| WERQ Fitness                             | WERQ Dance Fitness Professional Certification  | Workshop/Seminar | 0.8 | 12/31/19 | www.WERQfitness.com                                   |
| Workout Bar                              | Workout Bar Leader Course  | Workshop/Seminar | 1.0 | 12/31/19 | workoutbarfitness.com                                 |
| World Gym International                  | HIIT Certification   | Workshop/Seminar | 1.5 | 12/31/19 | worldgymathletics.com                                 |
| Wukkout!                                 | Wukkout! Instructor Training   | Workshop/Seminar | 0.7 | 12/31/19 | http://wukkout.com/instructor-training                |
| XPERT Pole & Aerial Fitness              | XPERT Aerial Hoop  | Workshop/Seminar | 1.6 | 12/31/19 | www.xpertpolefitness.com                              |
| XPERT Pole & Aerial Fitness              | XPERT Aerial Silks   | Workshop/Seminar | 1.6 | 12/31/19 | www.xpertpolefitness.com                              |
| XPERT Pole & Aerial Fitness              | XPERT Children's Pole & Aerial Teacher Training  | Workshop/Seminar | 1.6 | 12/31/19 | www.xpertpolefitness.com                              |
| XPERT Pole & Aerial Fitness              | XPERT Flexibility Flow   | Workshop/Seminar | 1.6 | 12/31/19 | www.xpertpolefitness.com                              |
| XPERT Pole & Aerial Fitness              | XPERT Pole Fitness Level 1 & 2   | Workshop/Seminar | 1.6 | 12/31/19 | www.xpertpolefitness.com                              |
| XPERT Pole & Aerial Fitness              | XPERT Pole Fitness Level 3 & 4   | Workshop/Seminar | 1.6 | 12/31/19 | www.xpertpolefitness.com                              |
| XPERT Pole & Aerial Fitness              | XPERT Spinning Pole Teacher Training   | Workshop/Seminar | 1.6 | 12/31/19 | www.xpertpolefitness.com                              |
| XPT                                      | XPT Coaching   | Home Study       | 1.5 | 12/31/19 |   |
| YMCA of Greater Charlotte                | Back to Basics - Squat Science   | Workshop/Seminar | 0.3 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Back to Basics - True Core vs Superficial Core   | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Cycling Essentials: Cycling 101  | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Cycling Essentials: Leaderboard Challenge  | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Cycling Essentials: Understanding FTP and Watts vs Weight                                  | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Exercise Considerations and Prescription for Common Orthopedic Injuries Lower Quarter Pt 1 | Workshop/Seminar | 0.4 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Exercise Considerations and Prescription for Common Orthopedic Injuries Spine              | Workshop/Seminar | 0.4 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Exercise Considerations and Prescription for Common Orthopedic Injuries Upper Quarter      | Workshop/Seminar | 0.4 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Fit For Life: Hosting Accessible & Inclusive Classes                                       | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Fit For Life: INJURY IDENTIFICATION AND CORRECTION   | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | FIT FOR LIFE: Working with Cancer Survivors  | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Group Exercise Instructor Toolkit: Average to Awesome!                                     | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Group Exercise Instructor Toolkit: Captivate and Engage!                                   | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Group Exercise Instructor Toolkit: Class Design 101  | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Group Exercise Instructor Toolkit: Foundations of Form                                     | Workshop/Seminar | 0.5 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Group Exercise Instructor Toolkit: You're Certified!... So Now What?                       | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | GX101: BARRE ESSENTIALS  | Workshop/Seminar | 0.4 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | GX101: CARDIOFUNK ESSENTIALS   | Workshop/Seminar | 0.3 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | GX101: KICKBOX ESSENTIALS  | Workshop/Seminar | 0.3 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Influencing Commitment   | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Influencing Commitment 2.0   | Workshop/Seminar | 0.3 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Leading a Holistic Life: Connecting the Mind, Body and Spirit                              | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Leading a Holistic Life: Find Your Why?  | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Leading a Holistic Life: How to Coach Healthy Eating                                       | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | LINK Evaluation  | Workshop/Seminar | 0.4 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | PT Resources: How to Facilitate Small Group Training                                       | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Secrets of Success: Express Success  | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Secrets of Success: Feedback - Give & Take   | Workshop/Seminar | 0.1 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte                | Small Group Training Intro Series - Introduction to Olympic Lifting                        | Workshop/Seminar | 0.2 | 12/31/19 | https://fs28.formsite.com/YOGC/YUniversity/index.html |

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| YMCA of Greater Charlotte      | Small Group Training Intro Series - Introduction to Suspension Training                          | Workshop/Seminar | 0.2 | 12/31/19 | <a href="https://fs28.formsite.com/YOGC/YUniversity/index.html">https://fs28.formsite.com/YOGC/YUniversity/index.html</a> |
| YMCA of Greater Charlotte      | What were you thinking? Part 1 - A Mindful Approach to Understanding Stress and Anxiety in Youth | Workshop/Seminar | 0.2 | 12/31/19 | <a href="https://fs28.formsite.com/YOGC/YUniversity/index.html">https://fs28.formsite.com/YOGC/YUniversity/index.html</a> |
| YMCA of Greater Charlotte      | What were you thinking? Part 2 - A Mindful Approach to Understanding Stress and Anxiety in Teens | Workshop/Seminar | 0.2 | 12/31/19 | <a href="https://fs28.formsite.com/YOGC/YUniversity/index.html">https://fs28.formsite.com/YOGC/YUniversity/index.html</a> |
| Yoga Athletex                  | Yoga for Athletes Intensive  | Workshop/Seminar | 0.7 | 12/31/19 | <a href="http://www.yogaathletex.com">www.yogaathletex.com</a>  |
| Yoga International             | Yoga Anatomy Training  | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://yogainternational.com/ecourse/yoga-anatomy">yogainternational.com/ecourse/yoga-anatomy</a>                |
| Youfit Health Clubs            | Youfit Master Youcoach Certification   | Home Study       | 0.2 | 12/31/19 | <a href="http://www.youfit.com">www.youfit.com</a>  |
| Your Body is Waiting, LLC      | The Fascination Method of Self-Myofascial Release  | Workshop/Seminar | 0.4 | 12/31/19 | <a href="http://www.thefascinator.com">www.thefascinator.com</a>  |
| Your Corner Man Boxing Academy | Your Corner Man Boxing Academy -Boxing-For-Fitness Fundamentals (Level -1)                       | Workshop/Seminar | 0.6 | 12/31/19 |   |
| Zetlin Fitness                 | Push-Up Progression Specialist   | Home Study       | 0.7 | 12/31/19 | <a href="http://www.zetlinfitness.com">www.zetlinfitness.com</a>  |
| Z-Health Performance Solutions | Essentials for Elite Performance   | Workshop/Seminar | 1.9 | 12/31/19 | <a href="http://zhealtheducation.com/">http://zhealtheducation.com/</a>   |
| ZUMBA FITNESS                  | Fighting Elements ELearning  | Home Study       | 0.3 | 12/31/19 | <a href="http://www.zumba.com">www.zumba.com</a>  |
| ZUMBA FITNESS                  | STRONG by Zumba  | Workshop/Seminar | 0.8 | 12/31/19 | <a href="http://www.zumba.com">www.zumba.com</a>  |
| ZUMBA FITNESS                  | STRONG by Zumba E-Learning   | Home Study       | 0.4 | 12/31/19 | <a href="http://www.zumba.com">www.zumba.com</a>  |