



## NASM PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
16 Capital Investments	Bike and Strider Workshop	Workshop/Seminar	0.4	12/31/20	<a href="http://www.orangetheoryfitness.com/careers-studio-positions">www.orangetheoryfitness.com/careers-studio-positions</a>
16 Capital Investments	Connecting to Create: A Member Experience	Workshop/Seminar	0.5	12/31/20	<a href="http://www.orangetheoryfitness.com.careers-studio-positions">www.orangetheoryfitness.com.careers-studio-positions</a>
16 Capital Investments	FLEX'ing - Personalizing the Group Fitness Experience	Workshop/Seminar	0.3	12/31/20	<a href="http://www.orangetheoryfitness.com/careers-studio-positions">www.orangetheoryfitness.com/careers-studio-positions</a>
9Round Franchising LLC	9Round Kickboxing	Workshop/Seminar	0.5	12/31/20	9round.com
9Round Franchising LLC	Kickboxing - Online Course	Home Study	0.5	12/31/20	
AAA/ISMA	Primary Aerobic Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://www.aaai-smafitness.com">www.aaai-smafitness.com</a>
Aaron L Mattes	Active Isolated Stretching	Workshop/Seminar	1.9	12/31/20	<a href="http://www.stretchingusa.com">www.stretchingusa.com</a>
Academy of Holistic Fitness	Holistic Fitness	Home Study	1.9	12/31/20	<a href="http://www.academyofholisticfitness.com">www.academyofholisticfitness.com</a>
Academy of Holistic Fitness	Mind-Body Fitness for Personal Trainers	Home Study	1.9	12/31/20	<a href="http://www.academyofholisticfitness.com">www.academyofholisticfitness.com</a>
Academy of Holistic Fitness	Practical Yoga for Personal Trainers	Home Study	1.9	12/31/20	<a href="http://www.academyofholisticfitness.com">www.academyofholisticfitness.com</a>
Academy of Holistic Fitness	Yoga Teacher Training	Home Study	1.9	12/31/20	<a href="http://www.academyofholisticfitness.com">www.academyofholisticfitness.com</a>
ACM 360 PRO	Certified Exercise Therapy Specialist I	Home Study	1.2	12/31/20	<a href="http://www.ACM360PRO.com">www.ACM360PRO.com</a>
Active Life	Active Life Coach Training Workshop	Workshop/Seminar	1.1	12/31/20	
Active Life	Active Life Rx Coach Immersion	Conference	1.9	12/31/20	<a href="http://www.activelifex.com">www.activelifex.com</a>
Advanced Continuing Education Institute	Champion Performance Therapy and Training System	Home Study	1.9	12/31/20	AdvancedCEU.com
Aerial Physique	Aerial Physique Teacher Training	Workshop/Seminar	1.9	12/31/20	
<b>AFAA</b>	<b>All AFAA courses are approved with NASM</b>	<b>Home Study</b>		<b>12/31/20</b>	
Agatsu Inc.	Agatsu Kettlebell Certification Level 1	Workshop/Seminar	1.4	12/31/20	<a href="http://www.agatsu.com">www.agatsu.com</a>
AKT, Anna Kaiser Technique	AKT Certification Program	Workshop/Seminar	1.9	12/31/20	<a href="http://www.theakt.com">www.theakt.com</a>
Aktiv Solutions	Aktiv Straps Official Course: Body Weight Suspension Exercise	Workshop/Seminar	0.5	12/31/20	Aktivsolutions.com
Aktiv Solutions	Functional Training Experience Specialist	Workshop/Seminar	0.6	12/31/20	<a href="http://www.aktivsolutions.com">www.aktivsolutions.com</a>
ALEX SU	ALEX SU's Sports Performance Monitoring and Periodic Planning	Workshop/Seminar	1.9	12/31/20	<a href="https://cerfglobal.com">https://cerfglobal.com</a>
Alexis Batrakoulis	Exercise for Overweight and Obesity	Workshop/Seminar	1.2	12/31/20	<a href="http://www.fitproworkshops.com">www.fitproworkshops.com</a>
American Academy of Health and Fitness (AAHF)	Back Stability: Integrating Science and Therapy	Home Study	1.9	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Cancer and the Older Adult	Home Study	0.4	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Developing Agility and Quickness for Sports Performance	Home Study	0.6	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Exercise and Cancer Survivorship	Home Study	1.3	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Exercise Management of Chronic Diseases and Disabilities for All Ages	Home Study	1.9	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Fitness Assessment and Exercise Prescription for all Ages	Home Study	1.9	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	JrFit Youth Fitness	Home Study	1.9	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Nutrition for Special Dietary Needs	Home Study	1.0	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Prenatal and Postnatal Exercise Prescription	Home Study	1.0	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	SrFit Mature Fitness	Home Study	1.9	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	Strength Training Older Adults	Home Study	1.2	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	The Fitness Professional's Guide to Coaching Lifestyle Wellness	Home Study	1.9	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Health and Fitness (AAHF)	The Janda System of Evaluation and Treatment of Muscle Imbalance	Home Study	1.9	12/31/20	<a href="http://www.aahf.info">www.aahf.info</a>
American Academy of Personal Training Boston	Nutrition and Exercise	Workshop/Seminar	0.4	12/31/20	<a href="http://www.aaptboston.com">www.aaptboston.com</a>
American Academy of Personal Training Boston	Prenatal & Postnatal Exercise Specialist Course	Workshop/Seminar	0.5	12/31/20	<a href="http://www.aaptboston.com">www.aaptboston.com</a>
American Academy of Personal Training Boston	Training for Fitness Competitions	Workshop/Seminar	0.3	12/31/20	<a href="http://www.aaptboston.com">www.aaptboston.com</a>
American Barre Technique, LLC	Barre Instructor Certification	Home Study	1.6	12/31/20	<a href="http://www.abtbarre.com">www.abtbarre.com</a>
American Council on Exercise (ACE)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	0.5	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Behavior Change Specialist	Home Study	1.9	12/31/20	<a href="http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx">http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx</a>
American Council on Exercise (ACE)	ACE Certified Health Coach	Home Study	1.9	12/31/20	
American Council on Exercise (ACE)	ACE Fitness Nutrition Specialist	Home Study	1.9	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Functional Training Specialist	Home Study	1.9	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Senior Fitness Specialist	Home Study	1.9	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Sports Performance Specialty Program	Workshop/Seminar	1.9	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Sports Performance Workshop	Workshop/Seminar	0.8	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Weight Management Specialist	Home Study	1.9	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	ACE Youth Fitness Specialist	Home Study	1.9	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Diabetes Prevention Coaching	Home Study	1.0	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	0.8	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Metabolic Training Workshop	Workshop/Seminar	0.8	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Movement Based Exercise Workshop	Workshop/Seminar	0.8	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Orthopedic Exercise Specialist Program	Home Study	1.9	12/31/20	<a href="https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx">https://www.acefitness.org/fitness-certifications/specialty-certifications/orthopedic-exercise.aspx</a>
American Council on Exercise (ACE)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	0.8	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Council on Exercise (ACE)	Small Group Training Workshop	Workshop/Seminar	0.5	12/31/20	<a href="http://www.acefitness.org">www.acefitness.org</a>
American Fitness Professionals & Associates (AFPA)	Holistic Nutritionist Certification	Home Study	1.9	12/31/20	<a href="http://www.afpafitness.com">www.afpafitness.com</a>
American Fitness Professionals & Associates (AFPA)	Prenatal and Postnatal Fitness Specialist	Home Study	1.9	12/31/20	<a href="http://www.afpafitness.com">http://www.afpafitness.com</a>
American Specialty Health (ASH)/Silver & Fit	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	1.3	12/31/20	Pre-qualification required. Contact SFInstructors@ashn.com for info.
Anatomy4Fitness, LLC	Anatomy4Fitness: Complete Musculoskeletal Anatomy	Home Study	1.0	12/31/20	<a href="http://anatomy4fitness.com">anatomy4fitness.com</a>
Annette Lang Education Systems	Integrated Stretching	Workshop/Seminar	0.8	12/31/20	<a href="http://www.annettelang.com">www.annettelang.com</a>
Annette Lang Education Systems	Training the Pregnant and Postpartum Client	Workshop/Seminar	0.8	12/31/20	<a href="http://www.annettelang.com">www.annettelang.com</a>
AntiGravity® Fitness	AntiGravity® 1on1: D-kink	Workshop/Seminar	0.6	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Aerial Yoga 1	Workshop/Seminar	1.6	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Aerial Yoga 2	Workshop/Seminar	1.6	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® AIRbarre 1	Workshop/Seminar	1.6	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Fundamentals 1&2	Workshop/Seminar	1.9	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Just Kids 1&2	Workshop/Seminar	1.9	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Pilates 1	Workshop/Seminar	1.6	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Restorative Yoga	Workshop/Seminar	1.6	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>
AntiGravity® Fitness	AntiGravity® Suspension Fitness 1	Workshop/Seminar	1.6	12/31/20	<a href="http://www.antigravityfitness.com">www.antigravityfitness.com</a>

AntiGravity® Fitness	AntiGravity® Suspension Fitness 2	Workshop/Seminar	1.6	12/31/20	www.antigravityfitness.com
Aquabirth	Prenatal and Postnatal Fitness Training Course	Workshop/Seminar	1.9	12/31/20	www.aquabirth.gr
Asana Charlestown	ASANA Barre Teacher Training Program	Workshop/Seminar	1.9	12/31/20	www.asanacharlestown.com
Asian Academy For Sports & Fitness Professionals	Rehab Pilates Spinal Conditions	Workshop/Seminar	1.4	12/31/20	
Assured Fitness	GROUP EXERCISE: 101	Workshop/Seminar	0.8	12/31/20	
Assured Fitness	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	0.8	12/31/20	
Assured Fitness	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	0.8	12/31/20	
Assured Fitness	Specialized Military Fitness Programming	Workshop/Seminar	1.5	12/31/20	
Assured Fitness	The Power of Yoga - Energy & Healing	Workshop/Seminar	0.4	12/31/20	www.assured-fitness.com
Assured Fitness	Yoga Burn & Firm	Workshop/Seminar	0.4	12/31/20	
Assured Fitness	Youth Fitness - Fit-4-Kids	Workshop/Seminar	0.8	12/31/20	
Athlete Enhancement	Training the Lumbar Spine	Workshop/Seminar	1.2	12/31/20	www.athlete-enhancement.com
Aumakua Productions LLC	PolyFit	Workshop/Seminar	0.7	12/31/20	
Australian Strength Performance	Advanced Hypertrophy Level 2	Workshop/Seminar	1.9	12/31/20	www.trainasp.com.au/education/
Australian Strength Performance	ASP Coach Level 1 Certification	Workshop/Seminar	1.9	12/31/20	www.trainasp.com.au/education/
Australian Strength Performance	Fat Loss Specialization	Workshop/Seminar	1.9	12/31/20	
Australian Strength Performance	Hypertrophy Level 1	Workshop/Seminar	1.4	12/31/20	
Australian Strength Performance	Physique Transformation Level 1	Workshop/Seminar	0.7	12/31/20	
AVFitness Academy	MindFit Warrior ® Functional Fitness Coach	Workshop/Seminar	1.5	12/31/20	www.avfitnessacademy.com
Balanced Body	Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	1.6	12/31/20	pilates.com
Balanced Body	Balanced Body Barre Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/20	pilates.com
Balanced Body	Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/20	pilates.com
Balanced Body	Balanced Body Movement Principles	Workshop/Seminar	1.6	12/31/20	pilates.com
Balanced Body	Bodhi Suspension System® Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/20	pilates.com
Balanced Body	Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/20	pilates.com
Balanced Body	Mat 1 Instructor Training	Workshop/Seminar	1.6	12/31/20	pilates.com
Balanced Body	Mat 3: Enhanced Pilates Mat + Props	Workshop/Seminar	1.6	12/31/20	pilates.com
Balanced Body	MOTR™ Instructor Training Fundamentals	Workshop/Seminar	0.8	12/31/20	pilates.com
Balanced Body	MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	1.6	12/31/20	pilates.com
Ballistic Management Inc	Expert Training Methodology	Workshop/Seminar	1.5	12/31/20	thibarmy.com
BAMmotion, Inc	BAMmotion Functional Training Mat	Workshop/Seminar	0.4	12/31/20	bammotion.com
Barbell Rehab, LLC	The Barbell Rehab Workshop	Workshop/Seminar	0.6	12/31/20	https://barbellrehab.com/workshops
Barre Certification (IBBFA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	0.8	12/31/20	www.barrecertification.com
Barre Certification (IBBFA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar	1.9	12/31/20	https://barrecertification.com/
Barre Vida	Barre Vida Certified Instructor Trainer	Workshop/Seminar	1.2	12/31/20	www.barrevidausa.com
Barre Where You Are LLC	Barre Where You Are Primary Barre Instructor	Workshop/Seminar	0.8	12/31/20	
BeatBoss, LLC	BeatBoss Indoor Biking	Workshop/Seminar	1.4	12/31/20	www.beatboss.rocks
BioForce	BioForce Certified Conditioning Coach	Home Study	1.7	12/31/20	https://www.8weeksout.com/conditioning-certification/
BODY FX	Figure 8 Basic Instructor	Home Study	0.6	12/31/20	
BollyX	BollyX Instructor	Workshop/Seminar	0.7	12/31/20	www.bollyx.com
BollyX	BollyX® LIT 4-hour	Workshop/Seminar	0.4	12/31/20	www.bollyx.com
Booty Barre	barreless	Workshop/Seminar	0.8	12/31/20	www.barreless.com
Booty Barre	BootyBarre PLUS	Workshop/Seminar	0.9	12/31/20	www.bootybarre.com
Booty Barre	BootyBarre plus Flex & Flow	Workshop/Seminar	1.8	12/31/20	http://www.bootybarre.com
Booty Barre	bootybarre Suspension	Workshop/Seminar	0.8	12/31/20	www.bootybarre.com
Box 'N Burn Academy	Box N' Burn Academy Level 1 Course	Workshop/Seminar	0.7	12/31/20	www.boxburnacademy.com
Box 'N Burn Academy	Box N' Burn Academy Level 2 Course	Workshop/Seminar	0.7	12/31/20	http://www.boxburnacademy.com
Box 'N Burn Academy	Box N Burn Academy Online Course	Home Study	0.9	12/31/20	www.boxburnacademy.com
Boxing & Barbells	Boxing & Barbells Level 1	Workshop/Seminar	0.8	12/31/20	www.boxingandbarbells.com
Boxing & Barbells	Boxing & Barbells Level 1 (Self Study)	Home Study	1.0	12/31/20	www.boxingandbarbells.com
Boxing Express	Boxing Express Round 1	Workshop/Seminar	1.0	12/31/20	
Brian Grant Foundation	Exercise for Parkinson's (Home Study)	Home Study	0.6	12/31/20	www.briangrant.org
Brian Grant Foundation	Exercise for Parkinson's (Workshop)	Workshop/Seminar	0.6	12/31/20	www.briangrant.org
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Adductors	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	1.6	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Ankle Joint	Home Study	0.3	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Anterior Oblique Subsystem Integration	Workshop/Seminar	0.1	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Back/Pulling Progressions	Workshop/Seminar	0.1	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Biceps Femoris	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Cervical Spine	Home Study	0.3	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Chest/Pushing Progressions	Workshop/Seminar	0.1	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Comparing Shoulder External Rotator Exercises	Workshop/Seminar	0.1	12/31/20	www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Coracobrachialis	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Corrective Exercise Lab	Workshop/Seminar	1.6	12/31/20	brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deadlift Progressions	Workshop/Seminar	0.1	12/31/20	http://brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Cervical Flexor Activation	Home Study	0.1	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Longitudinal Subsystem	Home Study	0.1	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Neck Flexors	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deltoids	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	0.1	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Does Movement Impairment Precede Low Back Injury?	Workshop/Seminar	0.1	12/31/20	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Erector Spinae	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT))	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Flexor Hallucis Longus and Flexor Digitorum Longus	Workshop/Seminar	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 1: Introduction	Home Study	0.3	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	0.3	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	0.3	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus	Home Study	0.2	12/31/20	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus Activation	Home Study	0.1	12/31/20	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Medius Activation	Home Study	0.1	12/31/20	http://www.brookbushinstitute.com

Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip External Rotator: Release and Lengthening	Home Study	0.1	12/31/20	<a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Flexor: Release and Lengthening	Home Study	0.1	12/31/20	<a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Internal Rotator: Release and Lengthening	Home Study	0.1	12/31/20	<a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Joint	Home Study	0.3	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Infraspinatus and Teres Minor	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Integrated Exercise Progressions	Workshop/Seminar	0.1	12/31/20	<a href="https://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Intrinsic Stabilization Subsystem	Workshop/Seminar	0.1	12/31/20	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Knee Joint	Home Study	0.3	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lattissimus Dorsi	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Legs/Triple Extension Progressions	Workshop/Seminar	0.1	12/31/20	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Levator Scapulae	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Body Goniometric Assessment	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Extremity Dysfunction	Home Study	0.4	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lumbar Extensor: Release and Lengthening	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Cell Structure and Function	Home Study	0.1	12/31/20	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Fiber Dysfunction and Trigger Points	Workshop/Seminar	0.2	12/31/20	<a href="https://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Fiber Types	Workshop/Seminar	0.1	12/31/20	<a href="https://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Length Tests	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	0.2	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	0.2	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Major	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Minor	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Performance Program Design	Workshop/Seminar	1.6	12/31/20	<a href="https://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Plantar Flexor: Release and Lengthening	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Popliteus	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Posterior Oblique Subsystem Integration	Workshop/Seminar	0.1	12/31/20	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction	Workshop/Seminar	0.4	12/31/20	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	0.3	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rectus Abdominis & Pyramidalis	Home Study	0.2	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Regional Interdependence: Hip and Ankle	Home Study	1.0	12/31/20	<a href="http://www.brentbrookbush.com">www.brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Regional Interdependence: Trunk and Lower Extremity	Workshop/Seminar	0.1	12/31/20	<a href="https://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rhomboids	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Scapular Muscles: Release and Lengthening	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	0.2	12/31/20	<a href="http://www.Brookbushinstitute.com">www.Brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior Activation	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder External Rotator Activation	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Joint	Home Study	0.3	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder/Overhead Progressions	Workshop/Seminar	0.1	12/31/20	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Soleus	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Stability Training	Workshop/Seminar	0.1	12/31/20	<a href="http://brookbushinstitute.com">http://brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	0.3	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Subscapularis	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Supraspinatus	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tensor Fascia Latae	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Teres Major	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	The Effects of Local Vibration	Workshop/Seminar	0.1	12/31/20	<a href="https://brookbushinstitute.com">brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibia External Rotator: Release and Lengthening	Home Study	0.1	12/31/20	<a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior Activation	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior Activation	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Transverse Abdominis Activation	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Activation	Home Study	0.1	12/31/20	<a href="http://www.brookbushinstitute.com">http://www.brookbushinstitute.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Muscle	Home Study	0.2	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Goniometric Assessment	Home Study	0.2	12/31/20	<a href="http://brentbrookbush.com">http://brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/20	<a href="https://brentbrookbush.com/online-courses/">brentbrookbush.com/online-courses/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	0.1	12/31/20	<a href="https://brentbrookbush.com/">https://brentbrookbush.com/</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vibration Release Techniques: Lower Body	Workshop/Seminar	0.2	12/31/20	<a href="https://brentbrookbush.com">brentbrookbush.com</a>
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vibration Release Techniques: Upper Body	Workshop/Seminar	0.2	12/31/20	<a href="https://brentbrookbush.com">brentbrookbush.com</a>
Bruce and Mindy Inc.	Cooking and Coaching	Workshop/Seminar	0.9	12/31/20	<a href="https://bruceandmindy.com">bruceandmindy.com</a>
Bruce and Mindy Inc.	Fluid Strength	Workshop/Seminar	0.4	12/31/20	<a href="https://bruceandmindy.com">bruceandmindy.com</a>
Bruce and Mindy Inc.	Gliding Total Body	Workshop/Seminar	0.4	12/31/20	<a href="https://bruceandmindy.com">bruceandmindy.com</a>
Bruce and Mindy Inc.	One Day to Wellness	Workshop/Seminar	0.9	12/31/20	<a href="https://bruceandmindy.com">bruceandmindy.com</a>
Burn Boot Camp	Burn Boot Camp University	Workshop/Seminar	1.9	12/31/20	<a href="http://www.burnbootcamp.com">www.burnbootcamp.com</a>
Burn Boot Camp	Burn Trainer – Exercise Technique, Cueing, Injury Prevention, and Spotting	Home Study	0.1	12/31/20	<a href="http://www.burnbootcamp.com">www.burnbootcamp.com</a>
BUTI Yoga with Elisabeth Gold	Buti Yoga Training	Workshop/Seminar	1.9	12/31/20	<a href="https://butiyoga.com/collections/certify">https://butiyoga.com/collections/certify</a>
C.H.E.K Institute	Advanced Program Design	Workshop/Seminar	1.6	12/31/20	<a href="http://www.chekinstitute.com">http://www.chekinstitute.com</a>
C.H.E.K Institute	CHEK Holistic Lifestyle Coach Level 1	Workshop/Seminar	1.9	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
C.H.E.K Institute	CHEK Holistic Lifestyle Coach Level 2	Workshop/Seminar	1.9	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
C.H.E.K Institute	Healing Fungal and Parasite Infections – The Absolute Essentials	Home Study	0.7	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
C.H.E.K Institute	Primal Pattern Movement: A Neurodevelopmental Approach to Conditioning	Home Study	0.5	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
C.H.E.K Institute	Program Design	Home Study	0.7	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
C.H.E.K Institute	Scientific Back Training 2nd Edition Correspondence Course	Home Study	1.9	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
C.H.E.K Institute	Scientific Core Conditioning	Home Study	1.9	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
C.H.E.K Institute	Scientific Shoulder Training (Home Study)	Home Study	1.6	12/31/20	<a href="http://www.chekinstitute.com">www.chekinstitute.com</a>
Camp Gladiator	Academy 2020	Conference	1.6	12/31/20	<a href="http://campgladiator.com">campgladiator.com</a>

Cancer Exercise Training Institute	Cancer Exercise Specialist Advanced Qualification (Home Study)	Home Study	1.9	12/31/20	www.thecancerspecialist.com
Catskill Mountain Yoga Festival	Catskill Mountain Yoga Festival	Conference	1.9	12/31/20	https://catskillmountainyogafestival.com
Chair One Fitness	Chair One Fitness	Workshop/Seminar	0.8	12/31/20	www.chaironefitness.com
Christopher V Jones	Advanced Therapeutic Stretching and Body Mobilization	Workshop/Seminar	0.8	12/31/20	
Cirque-It Fitness	Cirque-It Fitness	Workshop/Seminar	0.9	12/31/20	
Clean Health Fitness Institute	Performance Nutrition Coach Level 1	Home Study	1.8	12/31/20	
Coach Nelly Toriano	Fundamentals of Financial Literacy	Home Study	0.4	12/31/20	https://coachnellytoriano.com/course%3A-self-study-1
Compact Health Pty Ltd	The Power of Calm	Home Study	0.5	12/31/20	www.courses-powerofcalm.com/the-power-of-calm
Compass Fitness	Compass Fitness Instructor Training	Workshop/Seminar	1.2	12/31/20	
Cooper Aerobic Center	Move Laugh Connect - MLC Instructor	Home Study	0.8	12/31/20	www.cooperaerobics.inspire360.com
Core Athletica Inc.	Knocked-Up Fitness® Prenatal and Postnatal Exercise Specialist Course	Home Study	1.9	12/31/20	Knocked-UpFitness.com
Core Exercise Solutions	Postpartum Corrective Exercise Specialist	Home Study	1.9	12/31/20	www.coreexercisesolutions.com
Core Exercise Solutions	The Shoulder Solution	Home Study	0.7	12/31/20	www.CoreExerciseSolutions.com
Core Health & Fitness	BoxMaster Instructor Workshop	Workshop/Seminar	0.5	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	0.8	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Cycling Online Classic Instructor	Home Study	0.7	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling - Rhythm Done Right	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling - SchwiNTENSITY	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling Workshop: All the Right Cues	Workshop/Seminar	0.2	12/31/20	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: Class Design Crunch Time	Workshop/Seminar	0.2	12/31/20	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: Classic Instructor Certification	Workshop/Seminar	0.8	12/31/20	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: How to WOW	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling: Power Instructor Certification	Workshop/Seminar	0.8	12/31/20	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: The Magic of Music	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling: The Power Behind Power	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling: To Breathless and Back Again	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn Performance and Periodization Workshop	Home Study	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling - Pedal & Pulse	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling - Train Right 2 Ride Right	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling: Balancing Act - The Art of True Cycling Fusion	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling: Super Star Substitute	Workshop/Seminar	0.2	12/31/20	www.corehandf.com/certification
Core Health & Fitness	StairMaster HIIT Instructor Online Training Course	Home Study	0.4	12/31/20	www.corehandf.com/certification
Core Health & Fitness	StairMaster HIIT Instructor Training Program	Workshop/Seminar	0.4	12/31/20	www.corehandf.com/certification
CORE YOGA ACADEMY	CORE YOGA BARRE TEACHER TRAINING	Workshop/Seminar	1.9	12/31/20	http://www.coreyogahk.com
CorePower Yoga	Yoga Sculpt Teacher Training	Home Study	1.9	12/31/20	www.corepoweryoga.com
CRUNCH FITNESS	360-3X	Workshop/Seminar	0.2	12/31/20	http://www.crunch.com
CRUNCH FITNESS	ABSOLUTION	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	Accelerate HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH FITNESS	BADASS BOOTCAMP	Workshop/Seminar	0.4	12/31/20	www.crunch.com
CRUNCH FITNESS	BARRE ASSETS	Workshop/Seminar	0.4	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	BARRE BOOTCAMP	Workshop/Seminar	0.2	12/31/20	http://www.crunch.com
CRUNCH FITNESS	BELLY BUTT & THIGHS BOOTCAMP	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	BODYWEB WITH TRX	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	BOSU BOOTCAMP	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	CARDIO SCULPT	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	CARDIO TAI BOX	Workshop/Seminar	0.2	12/31/20	http://www.crunch.com
CRUNCH FITNESS	CHISEL	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	CRUNCH CLASSIC TRAINING	Workshop/Seminar	0.6	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	CRUNCH RIDE OF YOUR LIFE	Workshop/Seminar	0.6	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	Extreme HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH FITNESS	FAT BURNING PILATES	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	FIT TO FIGHT	Workshop/Seminar	0.4	12/31/20	www.crunch.com
CRUNCH FITNESS	HIIT WORKOUT	Workshop/Seminar	0.4	12/31/20	www.crunch.com
CRUNCH FITNESS	IRON MAT	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	JUMP START	Workshop/Seminar	0.4	12/31/20	www.crunch.com
CRUNCH FITNESS	OVERDRIVE	Workshop/Seminar	0.4	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	Punch HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH FITNESS	RETRO ROBICS	Workshop/Seminar	0.2	12/31/20	http://www.crunch.com
CRUNCH FITNESS	RIPPED DRIVE	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	RIPPED YOGA	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	STILETTO STRENGTH	Workshop/Seminar	0.2	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	STILETTO STRENGTH 3	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	Strong HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH FITNESS	TREAD BOOTCAMP	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	TREAD-N-SHRED	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	VIDEOGRAPHY	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH FITNESS	YOGA BODY SCULPT	Workshop/Seminar	0.3	12/31/20	WWW.CRUNCH.COM
CRUNCH UNIVERSITY	360-3X	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	ABSOLUTION	Home Study	0.3	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	Accelerate HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY	BADASS BOOTCAMP	Workshop/Seminar	0.4	12/31/20	crunch.com
CRUNCH UNIVERSITY	BARRE ASSETS	Home Study	0.3	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	BARRE BOOTCAMP	Home Study	0.2	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	BELLY BUTT & THIGHS BOOTCAMP	Home Study	0.3	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	BODYWEB WITH TRX	Home Study	0.3	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	BOSU BODY	Home Study	0.3	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	BOSU BOOTCAMP	Home Study	0.3	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	CARDIO SCULPT	Workshop/Seminar	0.3	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	CARDIO TAI BOX	Home Study	0.2	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	CHISEL	Home Study	0.3	12/31/20	http://www.crunch-u.com

CRUNCH UNIVERSITY	Extreme HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY	Fat Burning Pilates	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	FIT TO FIGHT	Workshop/Seminar	0.4	12/31/20	crunch.com
CRUNCH UNIVERSITY	HIIT WORKOUT	Workshop/Seminar	0.4	12/31/20	crunch.com
CRUNCH UNIVERSITY	IRON MAT	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	JUMP START	Workshop/Seminar	0.4	12/31/20	crunch.com
CRUNCH UNIVERSITY	OVERDRIVE	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	Punch HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY	RETRO ROBICS	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	STILETTO STRENGTH	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	Strong HIIT	Workshop/Seminar	0.3	12/31/20	www.CRUNCH.com
CRUNCH UNIVERSITY	Tread Bootcamp	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	TREAD-N-SHRED	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	TRX-X2	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	Videography	Home Study	0.1	12/31/20	http://www.crunch-u.com
CRUNCH UNIVERSITY	Yoga Body Sculpt	Home Study	0.1	12/31/20	http://www.crunch-u.com
CTY Fitness	Commit Dance Fitness	Workshop/Seminar	0.7	12/31/20	
CULTFIT Healthcare PVT LTD	CULT Fitness Boxing Level 0	Workshop/Seminar	1.9	12/31/20	www.cultfit.in
CULTFIT Healthcare PVT LTD	Cult Strength and Conditioning Level 0	Workshop/Seminar	1.9	12/31/20	
D.A.T.-Fitness	D.A.T.-Fitness Instructor	Home Study	1.4	12/31/20	www.datfitness.com
Dan-Z Fitness Pte Ltd	Official KpopX* Fitness Instructor	Workshop/Seminar	0.8	12/31/20	www.kpopxfitness.com
DCAC Fitness Conventions Inc.	DCAC Fitness Education Conference 2020	Conference	1.9	12/31/20	www.dcacfitness.com
Defying Gravity Bungee Training	Defying Gravity Bungee Instructor Training	Workshop/Seminar	1.0	12/31/20	www.DefyingGravityBungee.com
DESIREE FITNESS	ENTRENADOR PERSONAL	Workshop/Seminar	0.6	12/31/20	desireefitness.com
DIAKADI	2020 Fitness Business Vision Planner	Workshop/Seminar	0.2	12/31/20	diakadi.life
DIAKADI	Understanding the Painful Knee	Workshop/Seminar	0.2	12/31/20	www.diakadi.life
Discover Strength	Resistance Exercise Conference 2020	Conference	0.7	12/31/20	www.resistanceexerciseconference.com
dotFIT, LLC	dotFIT Certification	Home Study	1.6	12/31/20	www.dotfit.com
Dr. Lewis Consulting and Psychotherapy, LLC	Psych Skills for Fitness Pros	Home Study	1.3	12/31/20	https://www.psychskillsforfitpros.com
Dr. Sears Wellness Institute	Health Coach Certification-Adults & Seniors	Home Study	1.9	12/31/20	drsearswellnessinstitute.org
Dr. Sears Wellness Institute	Health Coach Certification-Families	Home Study	1.9	12/31/20	drsearswellnessinstitute.org
Drishti Beats	Drishti Beats 200 Hour Online Teacher Training	Home Study	1.9	12/31/20	www.drishtibeats.com/teacher-training
Drums Alive	Drums Alive* Basic On-line Instructor Specialty Certificate	Home Study	0.8	12/31/20	
ELDOA	ELDOA 1 & 2	Workshop/Seminar	1.9	12/31/20	
Eleiko Sport Inc.	NOFFS Performance Coach	Workshop/Seminar	1.9	12/31/20	www.eleiko.com
Embarazo Activo	Physical Activity in Pregnancy and Postpartum	Workshop/Seminar	1.9	12/31/20	www.embarazoactivo.com
Empower Training Systems, Inc.	Empower (Martial Fitness) Kickboxing Fitness Instructor Training	Home Study	1.9	12/31/20	www.empower-usa.com
Empower Training Systems, Inc.	Empower Self Defense Instructor Training – Phase 1 & 2	Home Study	1.9	12/31/20	www.empower-usa.com
Equinox	Become a Battle Rope Expert Workshop	Workshop/Seminar	0.4	12/31/20	
Equinox	EFTI T2 Curriculum for PT Managers	Home Study	1.9	12/31/20	
Equinox	EFTI T2 Curriculum for Returning Trainers	Home Study	1.9	12/31/20	
Equinox	Energy System Development	Workshop/Seminar	0.4	12/31/20	
Equinox	Equinox EFTI Tier 2 Curriculum (Fast Track Live)	Workshop/Seminar	1.9	12/31/20	
Equinox	Equinox EFTI Tier 2 Curriculum (Live)	Workshop/Seminar	1.9	12/31/20	
Equinox	Metabolic Resistance Training Workshop	Workshop/Seminar	0.4	12/31/20	
Equinox	Prehab Rehab	Workshop/Seminar	0.4	12/31/20	
Equinox	Progressive Bodyweight Training	Workshop/Seminar	0.6	12/31/20	
Equinox	Sleep and Optimal Performance Workshop	Workshop/Seminar	0.4	12/31/20	http://www.Equinox.com
Equinox	Sustainable Training Workshop	Workshop/Seminar	0.4	12/31/20	http://www.Equinox.com
Equinox	Systematic Approach to Program Design	Workshop/Seminar	0.4	12/31/20	
Equinox	The Big Movement ROCS: Foot/Ankle Function, Assessment, Reaction	Workshop/Seminar	0.4	12/31/20	
Equinox	ViPR Training Workshop	Workshop/Seminar	0.4	12/31/20	
Evidence for Exercise	Exercises for the spine, hip and knee	Home Study	1.0	12/31/20	www.evidenceforexercise.org
Evolution Trainers	Training for Lumbar Spine Health and Performance	Workshop/Seminar	0.5	12/31/20	www.evolutiontrainers.com
Excel Wellness Studio	Coaching for Movement Mastery: Primal Pattern Analysis for Fitness Professionals	Workshop/Seminar	0.8	12/31/20	http://www.excelwellnessstudio.com/subs/continuing_ed.html
Exercise and Nutrition Works, Inc.	Fitness Nutrition Specialist	Home Study	1.9	12/31/20	www.NutritionCertification.com
Exercise Etc Inc	Age Appropriate Strength Training	Home Study	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Athletic Body in Balance	Home Study	1.9	12/31/20	www.exercisetc.com
Exercise Etc Inc	Avoiding Common Fitness Injuries	Workshop/Seminar	0.2	12/31/20	http://exercisetc.com/power.html
Exercise Etc Inc	Baby Boomer Balance	Workshop/Seminar	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Back to Balance: Core Strengthening to Reduce Fall Risk	Workshop/Seminar	0.2	12/31/20	exercisetc.com
Exercise Etc Inc	Balance & Fall Prevention	Workshop/Seminar	0.2	12/31/20	http://exercisetc.com/seniorfit.html
Exercise Etc Inc	Balance, Mobility & Function	Workshop/Seminar	0.2	12/31/20	http://exercisetc.com
Exercise Etc Inc	Beyond Cardio: Sweat Equity & Weight Mgmt	Workshop/Seminar	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Chair Today, Gone Tomorrow: Designing Vertical Balance Programs	Workshop/Seminar	0.2	12/31/20	exercisetc.com
Exercise Etc Inc	Cheap Tricks for Trainers	Home Study	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Complete Guide to Foam Rolling	Home Study	1.0	12/31/20	www.exercisetc.com
Exercise Etc Inc	Complete Guide to TRX* Suspension Training	Workshop/Seminar	1.0	12/31/20	www.exercisetc.com
Exercise Etc Inc	Comprehensive Recovery Strategies	Home Study	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Conditioning to the Core	Home Study	1.0	12/31/20	http://exercisetc.com
Exercise Etc Inc	Core Training Anatomy	Home Study	1.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Core Training: From Outdated to Outstanding	Workshop/Seminar	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Core Training: Working Hard or Hardly Working?	Home Study	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Empowering the Frail Elder: Fighting the Fear of Falling	Workshop/Seminar	0.2	12/31/20	exercisetc.com
Exercise Etc Inc	Exercise to Improve Neck & Back Function	Workshop/Seminar	0.2	12/31/20	http://exercisetc.com/
Exercise Etc Inc	Fit to Move: Training to Prevent Re-injury	Workshop/Seminar	0.2	12/31/20	exercisetc.com
Exercise Etc Inc	Forever Young: Secrets of the Older Mind	Workshop/Seminar	0.2	12/31/20	http://exercisetc.com
Exercise Etc Inc	Form & Function: Assessing Movement Patterns	Workshop/Seminar	0.2	12/31/20	exercisetc.com
Exercise Etc Inc	Functional Forever: Exercise for Independent Living	Home Study	0.2	12/31/20	www.exercisetc.com
Exercise Etc Inc	Functional Forever: Remedial Shoulder Exercises	Workshop/Seminar	0.2	12/31/20	www.exercisetc.com

Exercise Etc Inc	Functional Training	Home Study	1.0	12/31/20	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc	Functional Training: Myths & Mystique	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Good Knee/Bad Knee	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	High Intensity Interval Training	Workshop/Seminar	0.2	12/31/20	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc	High Intensity Training: When Less is More	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Improving Cerebral Blood Flow: The Key to Cognition	Workshop/Seminar	0.2	12/31/20	<a href="http://exercisetc.com">exercisetc.com</a>
Exercise Etc Inc	Kettlebell Training	Home Study	1.0	12/31/20	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc	Lift Weight to Lose Weight	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Living Fearless: Exercise, Balance & Core Strength	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Lower Body Conditioning: Transformative Training	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Myofascial Release	Workshop/Seminar	1.0	12/31/20	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc	Nancy Clark's Sports Nutrition Guidebook	Home Study	1.9	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Never too Late: Functional Core Training for Seniors	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Nutrient Timing for Peak Performance	Home Study	1.9	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Plant Based Sports Nutrition	Home Study	1.4	12/31/20	<a href="http://exercisetc.com">exercisetc.com</a>
Exercise Etc Inc	Polishing the Golden Years: Age-appropriate Conditioning Exercises	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Pure Power: Integrated Rotational Training	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Ready, Set, Stop! Functional Deceleration Training	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Rebuilding the Base: Overcoming Movement Compensations	Workshop/Seminar	0.2	12/31/20	<a href="http://exercisetc.com">exercisetc.com</a>
Exercise Etc Inc	Remedial Exercise: Restoring Function to the Deconditioned	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Retired, not Expired: Integrated Strength Training Drills	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Secrets of Strength & Conditioning	Workshop/Seminar	0.2	12/31/20	<a href="http://exercisetc.com/">http://exercisetc.com/</a>
Exercise Etc Inc	Smarter Workouts	Home Study	1.5	12/31/20	<a href="http://exercisetc.com">exercisetc.com</a>
Exercise Etc Inc	Sports Injuries Guidebook	Home Study	1.9	12/31/20	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc	Standing Tall: Exercise and the Aging Spine	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Step by Step: Gait, Posture and Deceleration	Workshop/Seminar	0.2	12/31/20	<a href="http://exercisetc.com">exercisetc.com</a>
Exercise Etc Inc	Strength & Conditioning for Seniors	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Strength Training Anatomy	Home Study	1.0	12/31/20	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc	Strength Training Past 50	Home Study	0.9	12/31/20	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc	Stretching Anatomy	Home Study	0.5	12/31/20	<a href="http://exercisetc.com">exercisetc.com</a>
Exercise Etc Inc	Strong Minds: Exercise & Cognitive Function	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	The Ankle: The Biomechanical Marvel	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	The Bionic Elder: Training with New Knees or Hips	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	The Defiant Senior: Exercise to Manage Chronic Illness	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	The Essential Hip: Reversing Gluteal Amnesia	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	The HIIT Advantage	Home Study	1.0	12/31/20	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Etc Inc	The Knee: Top Trends in Training	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	The Vibrant Senior: Putting the FUN in Functional Training	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Understanding Shoulder Dysfunction	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Upper Body Conditioning: Innovations in Excellence	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Walk the Walk: Functional Ambulation Drills	Workshop/Seminar	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Walking Tall: Mobility Drills for Seniors	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Weight Management: Secrets & Lies	Home Study	0.2	12/31/20	<a href="http://www.exercisetc.com">www.exercisetc.com</a>
Exercise Etc Inc	Women, Exercise & Metabolism	Home Study	0.1	12/31/20	<a href="http://exercisetc.com">exercisetc.com</a>
Exercise Etc Inc	Women's Home Workout Bible	Home Study	1.6	12/31/20	<a href="http://exercisetc.com">http://exercisetc.com</a>
Exercise Professional Education	Exercise and Pain: A New Perspective	Workshop/Seminar	0.8	12/31/20	<a href="https://www.exerciseproed.com">https://www.exerciseproed.com</a>
exhale	exhale Barre Teacher Training Module 1	Workshop/Seminar	1.9	12/31/20	<a href="http://exhalespa.com/">http://exhalespa.com/</a>
exhale	exhale Barre Teacher Training Module 2	Workshop/Seminar	1.9	12/31/20	<a href="http://www.exhalespa.com">http://www.exhalespa.com</a>
exhale	exhale Core Strengthening Series	Workshop/Seminar	0.4	12/31/20	<a href="http://exhalespa.com">exhalespa.com</a>
exhale	exhale Glutes Strengthening Series	Workshop/Seminar	0.4	12/31/20	<a href="http://exhalespa.com">exhalespa.com</a>
exhale	exhale Stretch Series	Workshop/Seminar	0.4	12/31/20	<a href="http://exhalespa.com">exhalespa.com</a>
exhale	exhale Thigh Strengthening Series	Workshop/Seminar	0.4	12/31/20	<a href="http://exhalespa.com">exhalespa.com</a>
exhale	exhale Upper Body Series	Workshop/Seminar	0.4	12/31/20	<a href="http://exhalespa.com">exhalespa.com</a>
FACTS Academy	Fitness Marketing and Sales Skills	Workshop/Seminar	1.3	12/31/20	<a href="https://www.factsacademy.com">https://www.factsacademy.com</a>
FIGHTFIT FITNESS	FightFit Fitness Trainer Course	Home Study	0.6	12/31/20	<a href="http://www.fightfit.com">www.fightfit.com</a>
Fischer Institute & PMR Performance	Grounded Athlete I Level II	Workshop/Seminar	1.2	12/31/20	<a href="http://www.pmr-performance.com">PMR-Performance.com</a>
Fit and Functional/NFPT	Flexibility Specialist	Workshop/Seminar	0.5	12/31/20	<a href="http://www.trainereducator.com">www.trainereducator.com</a>
Fit and Functional/NFPT	Functional Anatomy and Testing Online	Home Study	0.5	12/31/20	<a href="http://www.trainereducator.com">www.trainereducator.com</a>
Fit and Functional/NFPT	Introduction to Marketing and Sales	Home Study	0.5	12/31/20	<a href="http://www.nfpt.com/cec-providers/fit-and-functional">www.nfpt.com/cec-providers/fit-and-functional</a>
Fit and Functional/NFPT	Introduction to Plyometrics	Home Study	0.6	12/31/20	<a href="http://www.trainereducator.com">www.trainereducator.com</a>
Fit and Functional/NFPT	Introduction to Running Mechanics	Home Study	0.4	12/31/20	<a href="http://www.nfpt.com/running-mechanics">www.nfpt.com/running-mechanics</a>
Fit and Functional/NFPT	Principles of Functional Exercise	Home Study	1.9	12/31/20	<a href="http://www.trainereducator.com">www.trainereducator.com</a>
Fit and Functional/NFPT	Principles of Stretching	Home Study	0.3	12/31/20	<a href="http://www.trainereducator.com">www.trainereducator.com</a>
Fit and Functional/NFPT	The Core	Home Study	0.6	12/31/20	<a href="http://www.trainereducator.com">www.trainereducator.com</a>
FIT EDU	CKC-1 Kettlebell Coach	Workshop/Seminar	0.8	12/31/20	<a href="http://www.fit-edu.com">www.fit-edu.com</a>
Fit For Birth, Inc	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	1.9	12/31/20	<a href="http://www.getfitforbirth.com">www.getfitforbirth.com</a>
FIT4MOM	Body Back	Home Study	0.4	12/31/20	
FIT4MOM	Body Ignite Certification	Workshop/Seminar	0.3	12/31/20	<a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM	Fit4Baby	Home Study	0.3	12/31/20	
FIT4MOM	FIT4MOM Experience	Workshop/Seminar	0.7	12/31/20	
FIT4MOM	FIT4MOM Foundations	Home Study	0.8	12/31/20	
FIT4MOM	Run Club+	Workshop/Seminar	0.3	12/31/20	<a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM	Strides 360 Certification	Workshop/Seminar	0.3	12/31/20	<a href="https://fit4mom.com/">https://fit4mom.com/</a>
FIT4MOM	Stroller Barre	Home Study	0.3	12/31/20	
FIT4MOM	StrollerStrides	Home Study	0.4	12/31/20	
FitFixNow	5 Ways You're Losing Your Clients	Home Study	0.2	12/31/20	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow	Ace the Army Combat Fitness Test (ACFT)	Workshop/Seminar	0.2	12/31/20	<a href="https://www.fitfixnow.com">https://www.fitfixnow.com</a>
FitFixNow	Boost Your Business with a Better Business Plan	Home Study	0.2	12/31/20	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow	Boxing for Parkinson's and Senior Fitness	Home Study	0.3	12/31/20	<a href="http://www.fitfixnow.com">www.fitfixnow.com</a>
FitFixNow	Expand your Reach with Online Face to Face Training	Home Study	0.2	12/31/20	<a href="https://www.fitfixnow.com/">https://www.fitfixnow.com/</a>



FitFixNow	Fit Kids for Life: Reversing Childhood Obesity	Home Study	0.2	12/31/20
FitFixNow	Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness	Home Study	0.3	12/31/20 www.fitfixnow.com
FitFixNow	Helping Your Clients Become Their Best!	Home Study	0.5	12/31/20 http://www.fitfixnow.com
FitFixNow	Helping Your Clients with Pain Management	Home Study	0.2	12/31/20 www.fitfixnow.com
FitFixNow	HIIT for Clients: Getting More with Less	Home Study	0.2	12/31/20 https://www.fitfixnow.com
FitFixNow	Increase Your Income with Online Video Group Training	Home Study	0.2	12/31/20 www.fitfixnow.com
FitFixNow	Making EVERY Client a Success: A Toolkit for Behavior Change	Home Study	0.2	12/31/20
FitFixNow	Maximize Your Profit Starting NOW	Workshop/Seminar	0.2	12/31/20 https://www.fitfixnow.com
FitFixNow	Nutrition as Medicine	Home Study	0.2	12/31/20 www.fitfixnow.com
FitFixNow	Nutrition for Fitness Professionals	Home Study	0.4	12/31/20 https://www.fitfixnow.com
FitFixNow	Optimal Nutrition for Teen Athletes	Workshop/Seminar	0.2	12/31/20 www.fitfixnow.com
FitFixNow	Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar	0.2	12/31/20 www.fitfixnow.com
FitFixNow	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	0.2	12/31/20 www.fitfixnow.com
FitFixNow	Strong Minds Strong Bodies	Home Study	0.2	12/31/20 www.fitfixnow.com
FitFixNow	Teaching Weight Loss Strategies for Personal Trainers	Home Study	0.3	12/31/20 www.fitfixnow.com
FitFixNow	Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients	Home Study	0.2	12/31/20 www.fitfixnow.com
FitFixNow	The Midas Touch: Golden Clients in their Golden Years	Home Study	0.2	12/31/20 www.fitfixnow.com
FitFixNow	Training Aging Bones and Muscles	Home Study	0.2	12/31/20 http://www.fitfixnow.com
FitFixNow	Training Injured Clients	Home Study	0.3	12/31/20 https://www.fitfixnow.com
FitFixNow	Training the Aging Heart with Safety and Confidence	Home Study	0.4	12/31/20 www.fitfixnow.com
FitFixNow	Training Towards and Away From Knee and Hip Replacement	Home Study	0.3	12/31/20
FitFixNow	Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom	Home Study	0.5	12/31/20 https://www.fitfixnow.com
FitFixNow	Zen, Science and Better Client Results	Home Study	0.4	12/31/20 www.fitfixnow.com
Fitness Academy	Cross Training	Workshop/Seminar	1.9	12/31/20 https://fitnessacademy.pt/
Fitness Academy	Integrative Training	Workshop/Seminar	1.9	12/31/20 https://fitnessacademy.pt/
Fitness Academy	Therapeutic Training	Workshop/Seminar	1.9	12/31/20 https://fitnessacademy.pt/
Fitness Business 101	Fitness Business 101	Home Study	0.6	12/31/20 https://fitness-business-101.teachable.com/
Fitness Conventions Inc. (PNW Fit Con)	PNW Fit Con presented by Core Health & Fitness	Conference	1.4	12/31/20 www.pnwfitcon.com
Fitness Education Online	LinkedIn Essentials for Fitness Professionals	Home Study	1.3	12/31/20 www.fitnesseducationonline.com.au
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Complete Knee, Ankle & Foot Conditioning	Home Study	0.8	12/31/20 www.iihf.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Complete Shoulder Conditioning 2.0	Home Study	0.8	12/31/20 www.iihf.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Female Fitness: Restore the Core while discovering its effects on the whole body	Workshop/Seminar	0.7	12/31/20
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	ICES Approach to Training Baby Boomers and Seniors	Workshop/Seminar	0.7	12/31/20 www.iihf.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	ICES Approach to Training Baby Boomers and Seniors-Designing Programs	Workshop/Seminar	0.7	12/31/20 www.iihf.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Integrative Core Training For the Baby Boomers and Seniors	Workshop/Seminar	0.7	12/31/20 http://www.fitnesseducationseminars.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement...	Workshop/Seminar	0.4	12/31/20
Fitness Edutraining Asia	Body Transformation Specialist Level 1 & 2	Workshop/Seminar	1.8	12/31/20 fea.group
Fitness Edutraining Asia	Bump & Beyond: Training Pregnant and Postpartum Clients	Workshop/Seminar	1.2	12/31/20 fea.group
Fitness Edutraining Asia	Health & Fitness Nutrition	Workshop/Seminar	1.2	12/31/20 fea.group
Fitness Edutraining Asia	HIIT Instructor Training	Workshop/Seminar	0.6	12/31/20 fea.group
Fitness Edutraining Asia	Managing Clients with Fat Loss Goal - Health Coaching Level 1	Workshop/Seminar	1.8	12/31/20 fea.group
Fitness Edutraining Asia	MUAYTHAI Kickboxing for Trainers Level 1 & 2	Workshop/Seminar	1.6	12/31/20 fea.group
Fitness Mentors LLC	Business & Sales: The Guide to Success as a Personal Trainer	Home Study	1.9	12/31/20 www.fitnessmentors.com
Fitness Mentors LLC	Pain Management Specialist	Home Study	1.9	12/31/20 www.fitnessmentors.com
Fitness Mentors LLC	Program Design Specialist	Home Study	1.9	12/31/20 www.fitnessmentors.com
Fitness Mentors LLC	Special Populations Exercise Specialist	Home Study	1.9	12/31/20 www.fitnessmentors.com
FitnessFest Conference and Expo	FitnessFest Arizona 2020	Conference	1.9	12/31/20 www.fitnessfest.org
FITOUR	Advanced Aqua Self Study	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Advanced Barre Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Advanced Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Advanced Pilates Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Advanced Yoga Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Core and Functional Fitness Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	FITOUR Advanced Myofascial Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	FITOUR Advanced Suspension Training Instructor Self-Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	FITOUR Primary Suspension Training Instructor Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Group Barbell Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Kickboxing Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Pilates Reformer Level 1 Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Primary Aqua Live Workshop	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Primary Aqua Self Study	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Primary Barre Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Primary Boot Camp Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Primary Indoor Cycling Live Workshop	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Primary Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Primary Myofascial Release Self Study	Workshop/Seminar	0.8	12/31/20 http://www.fitour.com
FITOUR	Primary Pilates Live Workshop	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Primary Pilates Self Study	Workshop/Seminar	0.8	12/31/20 www.fitour.com
FITOUR	Primary Yoga Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Stability Ball Self Study	Home Study	0.8	12/31/20 www.fitour.com
FITOUR	Step Self Study	Home Study	0.8	12/31/20 www.fitour.com
FitSteps	FitSteps Instructor Training Program	Home Study	0.4	12/31/20 fitstepsdance.com
Focusmaster	Focusmaster Strike Training Workshop	Workshop/Seminar	0.5	12/31/20 http://www.focusmaster.com
FreeMotion Fitness	FreeFit 360	Workshop/Seminar	0.8	12/31/20
FreeMotion Fitness	FreeMotion Fitness Functional Cable Training	Workshop/Seminar	0.8	12/31/20 www.freemotionacademy.com
FreeMotion Fitness	FreeMotion Fitness InclineFit	Workshop/Seminar	0.8	12/31/20 www.freemotionfit.com
FreeMotion Fitness	FreeMotion Fitness Rapid Fit	Workshop/Seminar	0.8	12/31/20 www.freemotionfitness.com
FreeMotion Fitness	FreeMotion Fitness Rip: 60	Workshop/Seminar	0.8	12/31/20 www.freemotionfitness.com
FreeMotion Fitness	FreeMotion Indoor Cycling	Workshop/Seminar	0.8	12/31/20 www.freemotionfitness.com
FreeMotion Fitness	Fusion CST Coach Training Course	Workshop/Seminar	0.6	12/31/20 www.freemotionfitness.com

FreeMotion Fitness	Genesis (home study)	Home Study	0.2	12/31/20	www.freemotionacademy.com
FreeMotion Fitness	Genesis DS (Dual Station) (home study)	Home Study	0.2	12/31/20	www.freemotionacademy.com
FreeMotion Fitness	Incline Trainer (home study)	Home Study	0.2	12/31/20	www.freemotionacademy.com
FreeMotion Fitness	Live Axis (home study)	Home Study	0.2	12/31/20	www.freemotionacademy.com
FreeMotion Fitness	RapidFit (home study)	Home Study	0.2	12/31/20	www.freemotionacademy.com
FreeMotion Fitness	Rip: 60 (home study)	Home Study	0.2	12/31/20	www.freemotionacademy.com
FreeMotion Fitness	Tour de France Indoor Cycle (home study)	Home Study	0.2	12/31/20	www.freemotionacademy.com
Functional Aging Institute FAI	Functional Aging Group Exercise Specialist Certification	Workshop/Seminar	0.8	12/31/20	functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Group Exercise Specialist Workshop	Workshop/Seminar	0.8	12/31/20	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Specialist Certification	Home Study	1.0	12/31/20	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Specialist Workshop	Workshop/Seminar	0.7	12/31/20	www.functionalaginginstitute.com
Functional Aging Institute FAI	Open the Door to Tai Chi	Home Study	0.8	12/31/20	www.taichisystem.com
Functional Aging Institute FAI	Open the Door to Tai Chi (Workshop)	Workshop/Seminar	0.8	12/31/20	www.taichisystem.com
Functional Medicine Coaching Academy (FMCA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	1.8	12/31/20	http://www.functionalmedicinedoing.org
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Clinical Integration - Low Back Pain	Workshop/Seminar	1.5	12/31/20	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	FMS Level 1 Online Course	Home Study	0.2	12/31/20	http://WWW.FUNCTIONALMOVEMENT.COM
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	FMS Level 2 - Corrective Strategies (Online)	Home Study	0.2	12/31/20	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Functional Movement Screen - Level 1	Home Study	1.2	12/31/20	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Functional Movement Screen - Level 2	Home Study	1.5	12/31/20	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Functional Movement Screen Level 1 - Private Course	Workshop/Seminar	0.7	12/31/20	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Fundamental Capacity Screen (FCS)	Workshop/Seminar	0.8	12/31/20	
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Fundamental Capacity Screen (Online)	Home Study	0.2	12/31/20	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Screening & Assessing Breathing: A Multidimensional Approach	Home Study	0.2	12/31/20	
Fusionetics Academy	Fusionetics Body MAP: Motion Capture and Movement Testing	Home Study	1.5	12/31/20	www.fusionetics.com
Girls Gone Strong	Girls Gone Strong L1 Certification	Home Study	1.9	12/31/20	academy.girlsgonestrong.com
Girls Gone Strong	Moms Gone Strong Module 1: Trying to Conceive	Home Study	0.2	12/31/20	http://www.girlsgonestrong.com
Girls Gone Strong	Moms Gone Strong Module 2: Pregnancy	Home Study	0.2	12/31/20	http://www.girlsgonestrong.com
Girls Gone Strong	Moms Gone Strong Module 3: Post-Pregnancy	Home Study	0.2	12/31/20	http://www.girlsgonestrong.com
Girls Gone Strong	Pre- & Postnatal Coaching Certification	Workshop/Seminar	1.9	12/31/20	academy.girlsgonestrong.com
GluckerKolleg GbR	EMS Trainer License	Workshop/Seminar	1.9	12/31/20	www.ems-certified.com
Go Fitness Academy	Fitness Nutrition Course	Workshop/Seminar	1.9	12/31/20	www.gofitnessacademy.com
Good to Great	Good to Great Workshop	Workshop/Seminar	0.5	12/31/20	
Gray Institute	3D Movement Analysis & Performance System (3DMAPS) Home Study	Home Study	1.0	12/31/20	www.grayinstitute.com
Gray Institute	Certification in Applied Functional Science	Home Study	1.9	12/31/20	www.grayinstitute.com
Gray Institute	Chain Reaction	Workshop/Seminar	1.8	12/31/20	www.grayinstitute.com
Gray Institute	Female Chain Reaction	Workshop/Seminar	1.4	12/31/20	www.grayinstitute.com
Gray Institute	Functional Soft Tissue Transformation (FSTT)	Home Study	1.9	12/31/20	www.grayinstitute.com
Gray Institute	Gray Institute Functional Golf System	Workshop/Seminar	1.6	12/31/20	www.grayinstitute.com
G-Transformation Academy	Macro Nutrition Coaching	Home Study	1.9	12/31/20	https://gtransformationacademy.com
Healthworks Group	Assisted Stretching	Workshop/Seminar	0.4	12/31/20	www.healthworksfitness.com
Healthworks Group	Elevating Your Small Group Training Game	Workshop/Seminar	0.5	12/31/20	www.healthworksfitness.com
Healthworks Group	Postural Analysis	Workshop/Seminar	0.5	12/31/20	www.healthworksfitness.com
Healthworks Group	Program Prescription	Workshop/Seminar	0.6	12/31/20	www.healthworksfitness.com
Healthworks Group	Programming - Principles and Practice	Workshop/Seminar	1.6	12/31/20	www.healthworksfitness.com
Healthworks Group	Small Group Training 101	Workshop/Seminar	0.5	12/31/20	www.healthworksfitness.com
Healthworks Group	Training the Pre/Post Natal Client	Workshop/Seminar	0.3	12/31/20	www.healthworksfitness.com
Hedstrom Fitness	3D XTREME™ powered by BOSU®	Workshop/Seminar	0.6	12/31/20	http://www.bosu.com
Hedstrom Fitness	BOSU® Advanced Programming Strategies	Workshop/Seminar	0.4	12/31/20	www.bosu.com
Hedstrom Fitness	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	0.2	12/31/20	http://www.bosu.com
Hedstrom Fitness	BOSU® HIIT XTREME	Workshop/Seminar	0.2	12/31/20	http://www.bosu.com
Hedstrom Fitness	BOSU® Mindful Movement & Mobility	Workshop/Seminar	0.4	12/31/20	www.bosu.com
Hedstrom Fitness	BOSU® Next Generation Balance Training	Workshop/Seminar	0.4	12/31/20	www.bosu.com
Hedstrom Fitness	BOSU® STRONG + STRETCHED	Workshop/Seminar	0.2	12/31/20	http://www.bosu.com
Hedstrom Fitness	Surge® Hydro Performance Training	Workshop/Seminar	0.4	12/31/20	www.surgestrong.com
Hedstrom Fitness	Surge® Hydro Program Design	Workshop/Seminar	0.4	12/31/20	www.surgestrong.com
Hedstrom Fitness	Surge® Hydro Training System	Workshop/Seminar	0.4	12/31/20	www.surgestrong.com
Hellenic Network of Fitness Certification	In Season Training for Sports Performance	Workshop/Seminar	1.0	12/31/20	https://hnfc.academy
High Fitness LP	HIGH Fitness Instructor Training	Workshop/Seminar	0.8	12/31/20	www.highfitness.com
High Performance Coaching	ALL Phases	Workshop/Seminar	1.9	12/31/20	
High Performance Coaching	Phase 1 – Owner	Home Study	1.0	12/31/20	
High Performance Coaching	Phase 1- Trainer	Home Study	0.8	12/31/20	
High Performance Coaching	Phase 2	Workshop/Seminar	1.6	12/31/20	
High Performance Coaching	Phase 3	Workshop/Seminar	1.6	12/31/20	
High Performance Coaching	Phase 4	Workshop/Seminar	1.6	12/31/20	
HOT HIIT	HOT HIIT Teacher Training	Workshop/Seminar	1.9	12/31/20	www.hothiit.com
HRV Course	Foundations of Heart Rate Variability	Home Study	0.3	12/31/20	www.hrvcourse.com
human mama (Pre and Postnatal Fitness Training)	human mama   Pre and Postnatal Fitness Training	Workshop/Seminar	1.9	12/31/20	https://www.human-mama.com
IDEA Health & Fitness	21st Century Body Sculpt	Home Study	0.1	12/31/20	
IDEA Health & Fitness	50 Ways to Leave Your Core Lovers Wanting You More, Powered by Savvier Fitness	Home Study	0.1	12/31/20	www.idealift.com
IDEA Health & Fitness	A Different Look at Core Training: The Backside	Home Study	0.2	12/31/20	www.idealift.com
IDEA Health & Fitness	ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success!	Home Study	0.2	12/31/20	www.idealift.com
IDEA Health & Fitness	Active Resistance Training™ Total Body Mat Practice	Home Study	0.2	12/31/20	www.idealift.com
IDEA Health & Fitness	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	0.2	12/31/20	www.idealift.com
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	http://www.idealift.com
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dusk	Home Study	0.1	12/31/20	
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	0.1	12/31/20	
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	0.1	12/31/20	
IDEA Health & Fitness	April 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Using Telehealth to Inspire...	Home Study	0.1	12/31/20	www.idealift.com
IDEA Health & Fitness	April 2019 IDEA Fitness Journal Quiz 2: The Right Carbs for Energy, and Diabetes Management and...	Home Study	0.1	12/31/20	www.idealift.com



IDEA Health & Fitness	April 2019 IDEA Fitness Journal Quiz 3: Alternative Recovery Methods to Avoid Overtraining Injuries	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	April 2019 IDEA Fitness Journal Quiz 4: The Effects of Sleep Deprivation	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Back to Basics With Anatomy	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Balanced Body™: Pilates Smart Core Challenge	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Balancing Hormones for Optimal Weight Loss	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Balancing Hormones through Nutrition	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Battle Rope Mastery	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Become a World Class Coach- Top Seven Must Do's to Create Success and Significance	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Biohack Your Body--Anti-Aging Secrets to Ensure Movement Longevity	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Body-Weight Training-Amped Up	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Bridging the Gap Between Good Intentions and Meaningful Nutrition Change	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Carb IQ: Comparing Keto, Paleo and Low Carb	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Cardio-Strength Circuits for Fun and Function!	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Communicating With Your Female Clients for Breakthrough Results	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Complete Program Design for the Obese/Overweight Client	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Core Connections: Progression Strategies to Enhance Core Function	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	CORE Yoga for Healthy Backs	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Correct the Psoas Gluteus Imbalance	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Creative Circuits - Five Steps to Better Program Design	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Designing a Self-Myofascial Release Program	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Dynamic Nutrition Science: Parsing Today's Most Relevant Research for Real Life	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	East Meets West: A Mindful Approach to Health Coaching	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Eating a Lower Inflammatory Diet	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Exercise Science Update: New Research and Ideas	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Extreme Equipment-LESS Boot Camp	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Fascia Release for Yoga	Home Study	1.0	12/31/20	www.ideafit.com
IDEA Health & Fitness	Fascial Line Mobility	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Fat-Loss Programming for Your Female Clients	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	February 2020 IDEA Fitness Journal SPRINT Quiz: Health and Nutrition News	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	0.1	12/31/20	
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	0.1	12/31/20	http://www.ideafit.com
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Flexibility for the Inflexible	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	From Neck to Knees...More Than Just Core!	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	From the Hip	Home Study	0.2	12/31/20	
IDEA Health & Fitness	Functional Anatomy: The Secret to Efficient Movement	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Functional Assessment for Special Populations	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Functional Circuits for Aging Clients	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Functional Flexibility for the Active Aging	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Functional Movement Triad	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Functional Power Training for Older Clients, by FAI	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Gait-Based Movement Screening	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	GENERATE Buzz With Simple Marketing	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Getting Maximum Results With Minimal Equipment	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Glute Reboot	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Goodbye Infobesity, Hello Action Plan!	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Group Exercise Applications for Training the Posterior Chain	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Handstands	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Hidden Secrets to Core Performance	Home Study	0.2	12/31/20	
IDEA Health & Fitness	High-Intensity Kettlebell Training	Home Study	0.1	12/31/20	
IDEA Health & Fitness	HIITs Blitz	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	How Hormones and Metabolism Change the Training Game for Females	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	I Q U Do: The Art of Intelligent Coaching	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	IDEA Personal Trainer Institute 2020	Conference	1.9	12/31/20	
IDEA Health & Fitness	IDEA World Convention 2020	Conference	1.9	12/31/20	www.ideafit.com
IDEA Health & Fitness	Insights Into Functional Training and Corrective Movement	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Insights Into Lower-Back Pain and Functional Solutions	Home Study	0.2	12/31/20	
IDEA Health & Fitness	Intermittent Fasting: Science or Fiction?	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	0.1	12/31/20	
IDEA Health & Fitness	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	0.1	12/31/20	
IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear	Home Study	0.1	12/31/20	www.ideafit.com

IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	January 2020 IDEA Fitness Journal Quiz 1: Program Design for Older Adults, and Shoulder Mechanics...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	January 2020 IDEA Fitness Journal Quiz 2: Using Happiness for Training and Behavior Change	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	January 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and the Low-FODMAP Diet...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Pre.	Home Study	0.1	12/31/20	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	0.1	12/31/20	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	0.1	12/31/20	
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules	Home Study	0.1	12/31/20	
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health	Home Study	0.1	12/31/20	
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 4: Women and Physical Activity	Home Study	0.1	12/31/20	
IDEA Health & Fitness	July-August 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	July-August 2019 IDEA Fitness Journal Quiz 2: Using a Plant-Centered Diet to Control Inflammatory...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	July-August 2019 IDEA Fitness Journal Quiz 3: The Facts on Popular Nutrition Topics	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for	Home Study	0.1	12/31/20	
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change	Home Study	0.1	12/31/20	
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss	Home Study	0.1	12/31/20	
IDEA Health & Fitness	June 2019 IDEA Fitness Journal Quiz 1: The Importance of Volume in Resistance Training, and Fitness	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	June 2019 IDEA Fitness Journal Quiz 2: Using Motivational Interviewing to Drive Behavior Change	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	June 2019 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Dietary Changes for Lung Health	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Let's Get Dynamic!	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Little Tweaks for Big Results!	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Loaded Mobility Training	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Lower-Extremity Mechanics and Techniques	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Make Your Barre Classes a HIT	Home Study	0.2	12/31/20	
IDEA Health & Fitness	March 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	March 2019 IDEA Fitness Journal Quiz 2: Training Tips for Sports Enthusiasts, and Preparing Older Ad	Home Study	0.1	12/31/20	
IDEA Health & Fitness	March 2019 IDEA Fitness Journal Quiz 3: Coaching Clients to Embrace New Food Experiences	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	March 2020 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Weight-Training Protocols...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	March 2020 IDEA Fitness Journal Quiz 2: The Link Between Sleep and Gut Health	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	March 2020 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Helping Clients Recover...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20	
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	0.1	12/31/20	
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Mastering Fat Metabolism and Weight Management	Home Study	0.8	12/31/20	www.ideafit.com
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through Int	Home Study	0.1	12/31/20	
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Home Study	0.1	12/31/20	
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Home Study	0.1	12/31/20	
IDEA Health & Fitness	May 2019 IDEA Fitness Journal Quiz 1: The Multifaceted Benefits of Exercise, and Simple Lifestyle...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	May 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Game-Changing Work of a...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	May 2019 IDEA Fitness Journal Quiz 3: Pushing Past the Limits of a Barbell with Variable Lifting	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	May 2019 IDEA Fitness Journal Quiz 4: How Weightlifting Changes Metabolism	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Metabolic Disruption	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Motivational Interviewing Skills Produce Targeted Results	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	0.1	12/31/20	
IDEA Health & Fitness	Movement Prep- The New Warm Up	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Neuroscience for the Fitness Professional: How Exercise Affects Our Most Important Organ-The Brain!	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition	Home Study	0.1	12/31/20	
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai	Home Study	0.1	12/31/20	
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu	Home Study	0.1	12/31/20	
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac	Home Study	0.1	12/31/20	
IDEA Health & Fitness	November-December 2019 IDEA Fitness Journal 2: Food and Nutrition News, and Breakfast Carbs	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	November-December 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Complex Training	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	November-December 2019 IDEA Fitness Journal Quiz 3: Athletic Training for Senior Clients	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Obstacle Courses for Boot Camps and Beyond	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	October 2019 IDEA Fitness Journal Quiz 1: The Physiology of Muscle Cramps, and Discussing Bone...	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	October 2019 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and the Adverse Effects...	Home Study	0.1	12/31/20	ideafit.com
IDEA Health & Fitness	October 2019 IDEA Fitness Journal Quiz 3: The Truth About Small Meals and Fasting	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	0.2	12/31/20	
IDEA Health & Fitness	Pilates 50/50	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Pilates on a Ball	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Pilates on the Ball	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Posture Improvement Workshop	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Power Core for Sports and Fitness Performance	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Power Medicine Ball Drills for Groups	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	0.2	12/31/20	www.ideafit.com
IDEA Health & Fitness	PRODUCE More Revenue	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Progressing Clients From Function to Performance	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Promote Behavior Change With Better Coaching	Home Study	0.1	12/31/20	www.ideafit.com
IDEA Health & Fitness	Protein Master Class: Health, Performance and Weight Loss	Home Study	0.2	12/31/20	www.ideafit.com

IDEA Health & Fitness	Protein Obsessed: Sorting the Truth From the Hype	Home Study	0.1	12/31/20
IDEA Health & Fitness	Protein Overload: Are You Eating More Than You Need?	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Putting Heart into Mind-Body Training	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	REACH More Clients: Be Loud and Proud	Home Study	0.1	12/31/20
IDEA Health & Fitness	Rescue Your Knees - Look at Your Feet	Home Study	0.1	12/31/20
IDEA Health & Fitness	Restoring Fundamental Movement Patterns with Corrective Strategies	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Reversing the Invisible Epidemic: Coaching People Who Have Prediabetes	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Rock Solid!	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Sculpting the Ultimate Coach Within: How to Deliver Remarkable Client Results While Blazing an Epic	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics	Home Study	0.1	12/31/20
IDEA Health & Fitness	September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People	Home Study	0.1	12/31/20
IDEA Health & Fitness	September 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News	Home Study	0.1	12/31/20
IDEA Health & Fitness	September 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	September 2019 IDEA Fitness Journal Quiz 2: Evaluating the Health Risks of Obesity, and Transverse..	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	September 2019 IDEA Fitness Journal Quiz 3: Pilates for Core Conditioning and Coping with Chronic...	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	SGT Ken® and Stephanie's Fitness Business Basics™	Home Study	0.8	12/31/20 www.ideafit.com
IDEA Health & Fitness	SGT Ken's Boot Camp™ Instructor Certification (Level One)	Home Study	0.8	12/31/20 www.ideafit.com
IDEA Health & Fitness	Shoulder Function, Assessment and Reaction	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Skills Not Pills: Calming the Inflammation Superhighway With Focused Nutrition and Behavior Change	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Sleep Science for Fitness Professionals	Home Study	0.1	12/31/20
IDEA Health & Fitness	Solutions for Training Post-pregnancy Clients	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	SparkPro Diabetes Prevention Program Lifestyle Coach Training	Home Study	1.4	12/31/20 www.ideafit.com
IDEA Health & Fitness	Spinal Stabilization Versus Pelvic Stabilization	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Spine-Focused Self-Myofascial Release	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Strength Training for Optimal Results	Home Study	0.1	12/31/20
IDEA Health & Fitness	Techniques to Rehabilitate and Protect the Knees	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The 3D Fascial Core	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Better, Not Perfect, Nutrition Plan	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Business of Group Exercise – Beyond the Numbers	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The BYOB Workout	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Current and Future State of Health Coaching	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Death of Crunches: 20 True Core Exercises	Home Study	0.2	12/31/20
IDEA Health & Fitness	The Female Glute Relocation Program	Home Study	0.2	12/31/20
IDEA Health & Fitness	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	0.2	12/31/20
IDEA Health & Fitness	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Hip Bone Is Connected to the First Metatarsal: Corrective Exercise for the Kinetic Chain	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The HOPE Solution: How Our Purpose Empowers	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Matrix - Innovative Group Strength Design	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Mobile Health Map: Inspiring Your Clients and Your Business	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Neuroscience of Behavior Change: How to Train the Brain to Create Healthier Habits	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Nuts and Bolts of Diabetes Prevention Program Coaching: From Getting Trained to Getting Paid	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Online Fitness Frontier	Home Study	0.2	12/31/20
IDEA Health & Fitness	The Roll Model® Fascial Makeover: Prioritize Your Periphery	Home Study	0.2	12/31/20
IDEA Health & Fitness	The Science of Functional Aging	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Ultimate Light Dumbbell Workout	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	The Warm-Up Makeover: Start With a Bang!	Home Study	0.2	12/31/20
IDEA Health & Fitness	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	0.2	12/31/20
IDEA Health & Fitness	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	To Dairy or Not to Dairy? Translating the Science for Your Clients	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Today's Food Conversation	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Total Massage, Relaxation and Beyond	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Train Stations	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Training Two at Once: The Power of Collaborative, Competitive Partner Training	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Translating Today's Nutrition Science for Your Clients	Home Study	0.1	12/31/20
IDEA Health & Fitness	TriggerPoint™ Corrective Strategies for Hip Dysfunction	Home Study	0.2	12/31/20
IDEA Health & Fitness	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	0.2	12/31/20
IDEA Health & Fitness	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Understanding and Interpreting the Functional Movement Screen	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Understanding the Female Pelvic Core Neuromuscular System	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Upper Extremity Mechanics and Techniques	Home Study	0.2	12/31/20
IDEA Health & Fitness	Using Function to Avoid Dysfunction in Aging	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Weighing The Evidence Behind Nutrition Research	Home Study	0.1	12/31/20 www.ideafit.com
IDEA Health & Fitness	Winning Group Strength Program Design	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Yoga Anatomy 101 Certificate	Home Study	1.0	12/31/20
IDEA Health & Fitness	Yoga for Optimal Client Performance	Home Study	0.2	12/31/20
IDEA Health & Fitness	Yoga: Progressions and Regressions	Home Study	0.2	12/31/20 www.ideafit.com
IDEA Health & Fitness	Your Guide to Stronger Legs and Great Glutes!	Home Study	0.1	12/31/20 www.ideafit.com
IHRSA International Health, Racquet & Sportsclub Association	IHRSA 2020 International Convention & Trade Show	Conference	1.9	12/31/20 http://hub.ihrsa.org/ihrsa-2020-agenda
Indoor Cycling	ICG Aging and Adaptation	Home Study	0.4	12/31/20 www.ic-pro.org
Indoor Cycling	ICG COMPETITIVE CYCLING	Home Study	0.4	12/31/20 www.ic-pro.org
Indoor Cycling	ICG OVERTRAINING	Home Study	0.4	12/31/20 www.ic-pro.org
Indoor Cycling	ICG PERIODIZATION IN TRAINING	Home Study	0.4	12/31/20 www.ic-pro.org
Indoor Cycling	ICG Stretching	Home Study	0.4	12/31/20 www.ic-pro.org
Indoor Cycling	ICG Wattrate Power Certification – Stage 1	Home Study	0.8	12/31/20 www.ic-pro.org
Indoor Cycling	ICG® Basic & Pro Level LIVE	Workshop/Seminar	0.8	12/31/20 teamicg.com
Indoor Cycling	ICG® Basic & Pro Level ONLINE	Home Study	0.8	12/31/20 teamicg.com

Indoor Cycling	ICG® Colors & Energy Zones	Workshop/Seminar	0.8	12/31/20	teamicg.com
Indoor Cycling	ICG® Colors & Energy Zones ONLINE	Home Study	0.8	12/31/20	teamicg.com
Indoor Cycling	ICG® MyRide & Ergogenic Effect	Workshop/Seminar	0.6	12/31/20	teamicg.com
Indoor Cycling	ICG® MyRide & Ergogenic Effect ONLINE	Home Study	0.4	12/31/20	teamicg.com
Induro Cycling Studios, Inc	Induro Instructor Training Distance Learning	Home Study	0.7	12/31/20	
Inner Sprout-Kinected	FAMI - Level 2	Workshop/Seminar	1.0	12/31/20	
Inner Sprout-Kinected	FAMI (Functional Anatomy for Movement and Injuries)	Workshop/Seminar	1.9	12/31/20	http://famiworkshop.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level I	Workshop/Seminar	0.8	12/31/20	www.UltimateSandbagTraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level II	Workshop/Seminar	0.8	12/31/20	www.DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT One Day Workshop (updated)	Workshop/Seminar	0.4	12/31/20	DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration	Home Study	1.6	12/31/20	ultimatesandbagtraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration (Workshop)	Workshop/Seminar	0.4	12/31/20	
Innovative Fitness Solutions dba Ultimate Sandbag Training	PKM	Workshop/Seminar	0.7	12/31/20	ultimatesandbagtraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	PKM (Home Study)	Home Study	1.7	12/31/20	ultimatesandbagtraining.com
Interactive Fitness Trainers of America (IFTA)	LEARN TO TEACH	Workshop/Seminar	0.8	12/31/20	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	POWERTRAIN	Workshop/Seminar	0.4	12/31/20	www.ifta-fitness.com
International Group Fitness Institute	Impulse Body Fitness (EMS Electro Fitness)	Workshop/Seminar	1.2	12/31/20	www.impulsebodyfitness.com
International Kettlebell & Fitness Federation (IKFF)	Kettlebell Teacher Level 1 (CKT Level 1)	Workshop/Seminar	1.4	12/31/20	www.ikff.net/certified-kettlebellteacher-level-1/
International Wellness Institute	Sport Rehabilitation Trainer	Workshop/Seminar	1.9	12/31/20	
Intrinsic Solutions, International (a dba of Totally Coached, Inc.)	Intrinsic Coach® Series	Workshop/Seminar	1.9	12/31/20	http://sintl.com
iRestore Fitness	Rollassage Specialist	Workshop/Seminar	0.7	12/31/20	www.irestorefitness.com
ISSN Asia	ISSN-SNS	Home Study	1.9	12/31/20	www.issnasia.com
Jacksonville University	Jacksonville University Human Performance Conference 2020	Conference	0.8	12/31/20	https://www.ju.edu/kinesiology/humanperformance/index.php
Jessi Haggerty RDN, CPT	The Nutrition & Body Image Coaching Course	Workshop/Seminar	1.9	12/31/20	http://www.jessihaggerty.com/fitnesspro
Jolly Bodies	QUICKSHOTS Instructor Workshop	Workshop/Seminar	0.8	12/31/20	jollybodiesfitness.com
Joya	JFIT	Workshop/Seminar	0.8	12/31/20	joyayoga.com
Joya	Joya Cycle	Workshop/Seminar	0.8	12/31/20	joyayoga.com
Joya	JoyaStrong 45	Workshop/Seminar	1.9	12/31/20	https://joyayoga.com
Julio A. Salado	BREAK OUT or Breaking Even: 3 Step Method for Proven Long-Term Weight Loss	Workshop/Seminar	0.4	12/31/20	https://www.fitnessfoundry.net
Julio A. Salado	How to Become An A-List Personal Trainer	Workshop/Seminar	0.2	12/31/20	www.fitnessfoundry.net
Jump Rope For Good (JRFG)	JRFG Level 1 Technical	Workshop/Seminar	1.6	12/31/20	https://jrfg.org
Jump Rope For Good (JRFG)	JRFG Level 2 Technical	Workshop/Seminar	1.6	12/31/20	https://jrfg.org
Jump Rope For Good (JRFG)	JRFG Level 3 Technical	Workshop/Seminar	1.6	12/31/20	https://jrfg.org
Jump Rope For Good (JRFG)	L1 Single Rope Self-study Training Course	Home Study	0.3	12/31/20	https://jrfg.org
JYKinesiology, LLC	Concepts in General and Medical Fitness	Home Study	0.5	12/31/20	www.JYKinesiology.com
K3 Combat Movement Systems	K3 Foundations: Level 1	Workshop/Seminar	1.4	12/31/20	https://k3combat.com
KayeZen	KayeZen VECTOR Foundations Training Course	Workshop/Seminar	0.7	12/31/20	www.kayezen.com
Keiser Corporation	Keiser PowerEd: Accelerate	Workshop/Seminar	0.3	12/31/20	www.keiser.com
Keiser Corporation	Keiser PowerEd: Climb	Workshop/Seminar	0.2	12/31/20	www.keiser.com
Keiser Corporation	Keiser PowerEd: Create	Workshop/Seminar	0.2	12/31/20	
Keiser Corporation	Keiser PowerEd: Empowered	Workshop/Seminar	0.3	12/31/20	www.keiser.com
Keiser Corporation	Keiser PowerEd: Foundations	Workshop/Seminar	0.8	12/31/20	www.keiser.com
Keiser Corporation	Keiser PowerEd: Foundations XP	Workshop/Seminar	0.5	12/31/20	
Keiser Corporation	Keiser PowerEd: Power	Workshop/Seminar	0.2	12/31/20	www.keiser.com
Keiser Corporation	Keiser PowerEd: Technology	Workshop/Seminar	0.2	12/31/20	www.keiser.com
Ketogenic.com	Keto Mastery Specialist	Home Study	1.9	12/31/20	ketogenic.com/mastery
Kettlebell Athletics	Kettlebell Athletics Level 1	Workshop/Seminar	1.2	12/31/20	www.KettlebellAthletics.com
Kettlebell Athletics	Kettlebell Athletics Level 2 - Beyond the Basics	Workshop/Seminar	1.2	12/31/20	www.KettlebellAthletics.com
Kettlebell Kickboxing	KBIA - Kettlebell Kickboxing Anatomy of Kettlebells	Workshop/Seminar	0.8	12/31/20	www.kettlebellkickboxing.com
Kinesis, Inc	Anatomy Trains 2-Day Dissection Immersion	Home Study	1.5	12/31/20	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains for Movement Professionals - Half day	Workshop/Seminar	0.4	12/31/20	
Kinesis, Inc	Anatomy Trains for Movement Professionals (14hr)	Workshop/Seminar	1.4	12/31/20	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Motion	Workshop/Seminar	1.9	12/31/20	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Structure and Function (3 day)	Workshop/Seminar	1.9	12/31/20	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Training I	Workshop/Seminar	1.4	12/31/20	www.anatomytrains.com
Kinesis, Inc	BodyReading 101 + 102 and Resilience	Workshop/Seminar	1.9	12/31/20	www.anatomytrains.com
Kinesis, Inc	Fascia in Movement	Home Study	0.5	12/31/20	www.anatomytrains.com
Kinesis, Inc	Feeling Your Way Through the Lines	Home Study	0.3	12/31/20	https://www.anatomytrains.com/product/feeling-way-lines/
Kinesis, Inc	Rolling Along the Anatomy Trains	Workshop/Seminar	1.9	12/31/20	
Kinesis, Inc	The Myofascial Web with Tom Myers	Workshop/Seminar	1.4	12/31/20	
Kinesis, Inc	Thomas Myers Immersion – Movement Mentorship	Workshop/Seminar	1.9	12/31/20	www.anatomytrains.com
Kristen Townsend	Flex™ - Yoga Inspired Fitness	Workshop/Seminar	1.4	12/31/20	www.flexyogafitness.com
LA Fitness	Aqua Circuit PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/20	
LA Fitness	Aqua Training	Workshop/Seminar	0.5	12/31/20	
LA Fitness	Aqua with equipment	Workshop/Seminar	0.3	12/31/20	
LA Fitness	Body Works	Workshop/Seminar	0.5	12/31/20	
LA Fitness	Body Works Choreography	Workshop/Seminar	0.2	12/31/20	
LA Fitness	Bootcamp Circuit	Workshop/Seminar	0.2	12/31/20	
LA Fitness	Bootcamp Circuit PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/20	
LA Fitness	Club Boxing Circuit	Workshop/Seminar	0.3	12/31/20	
LA Fitness	F.I.T.A™	Workshop/Seminar	0.7	12/31/20	
LA Fitness	F.I.T.A™ Advance Teaching Skills	Workshop/Seminar	0.7	12/31/20	
LA Fitness	Hip Hop	Workshop/Seminar	0.4	12/31/20	
LA Fitness	Indoor Cycling	Workshop/Seminar	0.5	12/31/20	
LA Fitness	Indoor Cycling for PT Intro to Group Fitness	Workshop/Seminar	0.3	12/31/20	
LA Fitness	Kickbox Cardio	Workshop/Seminar	0.4	12/31/20	
LA Fitness	Kickbox Cardio Choreography	Workshop/Seminar	0.2	12/31/20	
LA Fitness	Latin Heat	Workshop/Seminar	0.4	12/31/20	
LA Fitness	Mat Pilates	Workshop/Seminar	0.5	12/31/20	
LA Fitness	Power Circuit	Workshop/Seminar	0.3	12/31/20	

LA Fitness	Reformer Pilates for Fitness	Workshop/Seminar	1.2	12/31/20
LA Fitness	Step Tech 1	Workshop/Seminar	0.3	12/31/20
LA Fitness	Step Tech 2	Workshop/Seminar	0.3	12/31/20
LA Fitness	Step Tech Choreography	Workshop/Seminar	0.2	12/31/20
LA Fitness	Yoga Basics	Workshop/Seminar	0.8	12/31/20
LA Fitness	Yogabeat™	Workshop/Seminar	0.6	12/31/20
Lawrence Biscontini	Cardio	Workshop/Seminar	0.8	12/31/20 <a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lawrence Biscontini	Flexibility	Workshop/Seminar	0.8	12/31/20 <a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lawrence Biscontini	GFit Teaching Innovations	Workshop/Seminar	0.8	12/31/20 <a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lawrence Biscontini	Strength	Workshop/Seminar	0.8	12/31/20 <a href="http://www.findlawrence.com">www.findlawrence.com</a>
Lebert Fitness	The Ultimate Guide to Equalizer Training	Home Study	0.4	12/31/20 <a href="http://www.lebertfitness.com">www.lebertfitness.com</a>
Les Mills	Advanced Training - Live	Workshop/Seminar	1.8	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYATTACK Initial Module	Workshop/Seminar	1.6	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYCOMBAT Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYFLOW Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYJAM Initial Module	Workshop/Seminar	1.8	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYPUMP Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BODYSTEP Initial Module	Workshop/Seminar	1.6	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	1.9	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	CKWORX Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	Driving Attendance: The Power of Mastery	Workshop/Seminar	0.3	12/31/20 <a href="http://www.lesmills.com/us">http://www.lesmills.com/us</a>
Les Mills	Group Fitness Management: 2 Day Leadership Workshop	Workshop/Seminar	1.3	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	Instructor Workshop: Power of Launch	Workshop/Seminar	0.5	12/31/20 <a href="http://www.lesmills.com/us">http://www.lesmills.com/us</a>
Les Mills	LES MILLS BARRE Initial Training Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	LES MILLS GRIT Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	LES MILLS SPRINT Initial Module	Workshop/Seminar	1.4	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	LES MILLS TONE Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">http://www.lesmills.com/us</a>
Les Mills	Maximizing The Group Effect	Workshop/Seminar	0.3	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	Online Advanced Training	Home Study	1.9	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	Q4 2019 Instructor Workshop: Injury Prevention	Workshop/Seminar	0.2	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	RPM Initial Module	Workshop/Seminar	1.7	12/31/20 <a href="http://www.lesmills.com">www.lesmills.com</a>
Les Mills	Science of Motivation	Workshop/Seminar	0.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	SH'BAM Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	The TRIP Initial Module	Workshop/Seminar	1.5	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Les Mills	Workshop: Creating Ripples	Workshop/Seminar	0.3	12/31/20 <a href="http://www.lesmills.com/us">www.lesmills.com/us</a>
Long Island Fitness Network Group (LIFNG)	LIFNG Fitness Summit 2020	Conference	0.8	12/31/20 <a href="https://lifngfitssummit.com/">https://lifngfitssummit.com/</a>
Louis Kong	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar	0.8	12/31/20
Louis Kong	Personal Training Essentials	Workshop/Seminar	0.8	12/31/20
M.O.V.E. Conventions, LLC	M.O.V.E. Education Conference	Conference	1.9	12/31/20 <a href="http://www.movestayfit.com">www.movestayfit.com</a>
Ma Strength	Chinese Weightlifting Technique Online Course	Home Study	0.2	12/31/20 <a href="http://www.mastrengthtv.com">www.mastrengthtv.com</a>
Mad Dogg Athletics	Becoming a Rockstar Instructor	Workshop/Seminar	0.8	12/31/20 <a href="http://www.spinning.com">www.spinning.com</a>
Mad Dogg Athletics	Rockstar Spinning® Instructor Online	Home Study	0.7	12/31/20 <a href="https://spinning.com/instructors/instructor-certifications/spin-power-training/">https://spinning.com/instructors/instructor-certifications/spin-power-training/</a>
Mad Dogg Athletics	Spinning Instructor Online Training	Workshop/Seminar	0.8	12/31/20 <a href="http://www.maddogg.com">www.maddogg.com</a>
Mad Dogg Athletics	Spinning Instructor Training	Workshop/Seminar	0.8	12/31/20 <a href="http://www.spinning.com/spinning-instructors/become-an-instructor.asp">http://www.spinning.com/spinning-instructors/become-an-instructor.asp</a>
Mad Dogg Athletics	SPINPower® Instructor Online	Home Study	0.8	12/31/20 <a href="https://spinning.com/instructors/instructor-certifications/spin-power-training/">https://spinning.com/instructors/instructor-certifications/spin-power-training/</a>
Mad Dogg Athletics	SPINPower® Instructor Training	Workshop/Seminar	0.8	12/31/20 <a href="http://www.spinning.com">www.spinning.com</a>
Marcel-Fit Education & Training	Coaching with C.A.R.E	Workshop/Seminar	1.6	12/31/20 <a href="http://www.metmethod.com">http://www.metmethod.com</a>
Marcel-Fit Education & Training	MET Level 1 – Movement Efficiency	Workshop/Seminar	0.8	12/31/20 <a href="http://www.metmethod.com">http://www.metmethod.com</a>
Marcel-Fit Education & Training	MET Level 2 – Fitness Leadership	Workshop/Seminar	1.6	12/31/20 <a href="http://www.metmethod.com">http://www.metmethod.com</a>
Maria Mind Body Health LLC	Certified Keto Coach	Home Study	1.9	12/31/20
Matrix Fitness	Matrix Ride: Programming Rides on Training Cycles for Classic and Performance Based Workouts with CX	Workshop/Seminar	0.7	12/31/20 <a href="http://www.matrixfitness.com">matrixlearningcentre.com</a>
Matrix Fitness	Matrix Ride: Programming Rides on Training Cycles with CXM Bikes	Workshop/Seminar	0.5	12/31/20 <a href="http://www.matrixfitness.com/en/">http://www.matrixfitness.com/en/</a>
Matrix Fitness	MX4 Active: Evidence-based Training Course for an Aging and Deconditioned Population	Home Study	0.3	12/31/20 <a href="http://www.matrixfitness.com/en/group-training/mx4">http://www.matrixfitness.com/en/group-training/mx4</a>
Matrix Fitness	MX4 Active: Functional Frame Small Group Training Course	Workshop/Seminar	0.3	12/31/20 <a href="https://www.matrixfitness.com/en/education/mx4-active">https://www.matrixfitness.com/en/education/mx4-active</a>
Matrix Fitness	MX4: Functional Frame Small Group Training Course	Workshop/Seminar	0.5	12/31/20 <a href="http://www.matrixfitness.com">www.matrixfitness.com</a>
Matrix Fitness	Sprint 8	Workshop/Seminar	0.3	12/31/20 <a href="http://www.matrixfitness.com">www.matrixfitness.com</a>
Medical Exercise Academy	Clinical Exercise Specialist	Home Study	1.9	12/31/20 <a href="http://mdxacademy.wiziqxt.com/">http://mdxacademy.wiziqxt.com/</a>
Medical Fitness Education Foundation	Medical Fitness Tour (Irvine)	Conference	1.9	12/31/20 <a href="http://medicalfitnesstour.org/social">medicalfitnesstour.org/social</a>
MixedFit	MixedFit Instructor Training	Workshop/Seminar	0.7	12/31/20
Mohey Core Method	Mohey Core Method	Workshop/Seminar	1.2	12/31/20
Molon Labe Fitness Education	Advanced Fundamentals	Workshop/Seminar	1.8	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Advanced Price Presentations	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Basic Sales	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Building Long Term Commitment	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Building Your Business	Workshop/Seminar	0.1	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Business Management: Clients	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Business Management: Self	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Certified Power Lifting Coach	Workshop/Seminar	1.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Client Engagement	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Client Retention	Workshop/Seminar	0.1	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Creating Compliance	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Handling Concerns	Workshop/Seminar	0.2	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	Personal Training Fundamentals	Workshop/Seminar	1.0	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Molon Labe Fitness Education	PNF Stretch	Workshop/Seminar	0.3	12/31/20 <a href="http://www.mfitnesseducation.com">www.mfitnesseducation.com</a>
Moms Into Fitness, Inc.	Prenatal & Postnatal Fitness Specialist	Workshop/Seminar	1.9	12/31/20 <a href="http://www.momsintofitness.com">www.momsintofitness.com</a>
Monthly Applications in Strength Sport (MASS)	MASS Course #1	Home Study	0.9	12/31/20 <a href="http://www.strongerbyscience.com/mass">www.strongerbyscience.com/mass</a>
MOVE BETTER BE STRONGER	Club And Mace Essentials	Workshop/Seminar	0.7	12/31/20 <a href="http://movebetterbestronger.life">movebetterbestronger.life</a>
Muay Thai School USA	Muay Thai Personal Trainer	Home Study	1.9	12/31/20 <a href="https://www.muaythaischoolusa.com">https://www.muaythaischoolusa.com</a>
Myzone	MyZone University: Heart Rate Monitor Workshop	Workshop/Seminar	0.6	12/31/20
National Exercise and Sports Trainers Association (NESTA)	Biomechanics Specialist (updated)	Home Study	1.9	12/31/20 <a href="http://www.nestacertified.com">www.nestacertified.com</a>

National Exercise and Sports Trainers Association (NESTA)	Heart Rate Performance Specialist	Home Study	1.9	12/31/20	www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	ITCA Certified Triathlon Coach	Home Study	1.9	12/31/20	www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	Kettlebell Coach	Home Study	1.9	12/31/20	
National Exercise and Sports Trainers Association (NESTA)	MMA Conditioning Coach	Home Study	1.9	12/31/20	www.mmaca.net
National Exercise and Sports Trainers Association (NESTA)	Muay Thai Fitness	Home Study	1.9	12/31/20	www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	NESTA Live 2-day Personal Trainer Certification Workshop	Workshop/Seminar	1.6	12/31/20	www.nestacertified.com
National Exercise and Sports Trainers Association (NESTA)	Sports Nutrition Specialist	Home Study	1.0	12/31/20	www.nestacertified.com
National Exercise Trainers Association (NETA)	NETA Fit Fest 2020	Conference	1.9	12/31/20	http://www.netafit.org
National Personal Training Institute (NPTI)	Kettlebell Training for Individuals and Small Groups	Workshop/Seminar	1.9	12/31/20	
National Personal Training Institute (NPTI)	Pro Coach Academy	Home Study	1.9	12/31/20	
National Personal Training Institute (NPTI)	Strap Training Certification Course	Workshop/Seminar	0.8	12/31/20	http://nptifitness.com
Net Profit Explosion (NPE)	NPE Fast-Track	Home Study	1.9	12/31/20	npefitness.com/us
New Hope Network	A Deep Dive Into the Plant-Based Burger Landscape. Are They Truly Better Alternatives?	Workshop/Seminar	0.1	12/31/20	
Niche Pilates Studio	Sculpt and Core Pilates	Workshop/Seminar	1.9	12/31/20	www.nichefitstudio.com
Nick Tumminello, Strength Zone Training	Movement Prescription Assessment Course	Workshop/Seminar	0.8	12/31/20	nicktumminello.com
Nick Tumminello, Strength Zone Training	Strength Symmetry Evaluation Course	Workshop/Seminar	0.8	12/31/20	nicktumminello.com
NONSOLOFITNESS SNC	Elite Coach Trainer	Home Study	1.0	12/31/20	https://www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Fitness Instructor	Home Study	1.0	12/31/20	www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Functional Trainer	Home Study	1.0	12/31/20	www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Pilates Instructor	Home Study	1.0	12/31/20	www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Postural Trainer	Home Study	1.0	12/31/20	www.nonsolofitness.it
Nordic Body Academy	Nordic Body Instructor Certificate of Completion	Home Study	1.9	12/31/20	https://nordic-body-academy.teachable.com/p/nordic-body-certificate-program
Northwest Fitness Education	2020 Spring Fitness & Training Forum	Conference	0.8	12/31/20	
O'Gorgeous, Inc.	PIIT28 Instructor Training Workshop	Workshop/Seminar	0.6	12/31/20	www.poppilateslife.com
O'Gorgeous, Inc.	POP Pilates Workshop	Workshop/Seminar	0.8	12/31/20	http://www.poppilateslife.com
Oh Baby! Fitness*	OH BABY! FITNESS PRENATAL & POSTPARTUM INSTRUCTOR TRAINING	Home Study	0.8	12/31/20	https://www.ohbabyfitness.com/pre-postnatal-fitness-training
On Target Training PDX	Boxing Mitt Holding Level One Course	Workshop/Seminar	0.6	12/31/20	
On Target Training PDX	Boxing Mitt Holding Level One Course (Online)	Home Study	0.1	12/31/20	https://on-target-training-pdx-boxing-mitt-work.teachable.com/p/on-target-training-level-one-boxing
Online Trainers Federation	Online Fitness Coach Certification	Home Study	1.0	12/31/20	https://onlinetrainersfederation.com/
OPEX Fitness	Coaching Certificate Program	Home Study	1.3	12/31/20	membership.opexfit.com/courses/coaching-certificate-program-v3/modules
OPEX Fitness	Live Movement Course	Workshop/Seminar	1.4	12/31/20	https://opexfit.com
OPEX Fitness	Mixed Modal	Home Study	1.9	12/31/20	https://opexfit.com/mixed-modal/
OPEX Fitness	OPEX Coaching Program	Home Study	1.9	12/31/20	
OPEX Fitness	Programming: Airbike	Home Study	0.3	12/31/20	https://opexfit.com/mixed-modal/
OPEX Fitness	PROGRAMMING: MOVEMENT	Home Study	1.2	12/31/20	https://opexfit.com
OPEX Fitness	Programming: Principles	Workshop/Seminar	0.4	12/31/20	https://membership.opexfit.com
OPEX Fitness	PROGRAMMING: STRENGTH	Home Study	0.5	12/31/20	https://opexfit.com/programming-strength/
Orange Theory (OT) Fitness	Fit To Deliver	Workshop/Seminar	0.4	12/31/20	www.orangetheoryfitness.com
Orange Theory (OT) Fitness	Fitness Pitfalls	Workshop/Seminar	0.4	12/31/20	www.orangetheoryfitness.com
Orange Theory (OT) Fitness	OTFit Certification	Workshop/Seminar	1.9	12/31/20	www.orangetheoryfitness.com
Orange Theory (OT) Fitness	Running Technique	Workshop/Seminar	0.1	12/31/20	www.orangetheoryfitness.com
Original Strength Systems	OS Performance	Workshop/Seminar	0.9	12/31/20	www.OriginalStrength.net
Original Strength Systems	OS Pressing RESET	Workshop/Seminar	0.6	12/31/20	originalstrength.net
Original Strength Systems	OS Pro RESET	Workshop/Seminar	1.5	12/31/20	www.OriginalStrength.net
Own Your Eating	Own Your Eating Nutrition Certification	Home Study	0.8	12/31/20	www.ownyoureating.com
Paddle into Fitness	Float into Fitness Pool Yoga & Fitness Teacher Training	Workshop/Seminar	1.3	12/31/20	www.paddleintofitness.com
Pain Posture Performance	Pain Posture Performance Stretching and Flexibility	Workshop/Seminar	1.4	12/31/20	www.painpostureperformance.com
Pain-Free Performance (PPSC)	Pain-Free Performance Specialist	Workshop/Seminar	1.6	12/31/20	www.drjohnrusin.com
Parkinson Wellness Recovery	PWR!Moves® Instructor Training and Certification	Workshop/Seminar	1.5	12/31/20	https://www.pwr4life.org/pwr-workshops/pwr-instructor/upcoming-pwr-instructor-workshops/
Parkour Generations Americas / Parkour Generations Ltd.	ADAPT Level 1	Workshop/Seminar	1.9	12/31/20	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	ADAPT Level 2	Workshop/Seminar	1.9	12/31/20	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness Specialist (PFS) Level 1	Workshop/Seminar	1.6	12/31/20	www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness Specialist (PFS) Level 2	Workshop/Seminar	1.9	12/31/20	www.parkourgenerations.com
Pelacore	Pelacore Instructor Program	Home Study	0.3	12/31/20	https://www.pelacore.com
Perform Better	Learn By Doing One Day Seminar Austin 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Perform Better	Learn By Doing One Day Seminar Boston 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Perform Better	Learn By Doing One Day Seminar Fair Lawn 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Perform Better	Learn By Doing One Day Seminar Los Angeles 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Perform Better	Learn By Doing One Day Seminar Orlando 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Perform Better	Learn By Doing One Day Seminar Rosemont 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Perform Better	Learn By Doing One Day Seminar San Francisco 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Perform Better	Learn By Doing One Day Seminar Wilmington 2020	Workshop/Seminar	0.7	12/31/20	www.performbetter.com/one-day-seminars
Performance Cycling	Performance Cycling Essentials Plus (Level 1)	Home Study	0.9	12/31/20	www.performance-cycling.net
Personal Trainer Development Center	Online Trainer Academy	Home Study	1.9	12/31/20	http://onlinetraineracademy.theptdc.com
PESI, Inc.	2-Day Movement Specialist Certification: Conscious and Subconscious Movement Assessment	Workshop/Seminar	1.2	12/31/20	www.pesirehab.com
PESI, Inc.	2-Day: Movement Specialist Certification	Workshop/Seminar	1.2	12/31/20	
PESI, Inc.	2-Day: Myofascial Release Intensive Training	Workshop/Seminar	1.2	12/31/20	www.pesirehab.com
PESI, Inc.	2-Day: Sacroiliac Joint Specialist Certification: Innovative Treatment Methods	Workshop/Seminar	1.2	12/31/20	www.pesirehab.com
PESI, Inc.	2-Day: Tai Chi for Rehabilitation: Instructor Certification Course	Workshop/Seminar	1.3	12/31/20	www.pesirehab.com
PESI, Inc.	Blood Flow Restriction Training Certification	Workshop/Seminar	0.6	12/31/20	www.pesirehab.com
PESI, Inc.	Hormone Imbalance: Identification and Lifestyle Treatment to Rebalance and Reset	Workshop/Seminar	0.6	12/31/20	www.pesi.com
PESI, Inc.	IASTM Practitioner Certification	Workshop/Seminar	0.6	12/31/20	
PESI, Inc.	Kinesiology Taping Practitioner: Combining Taping & Movement to Improve Functional Outcome	Workshop/Seminar	0.6	12/31/20	
PESI, Inc.	Myofascial Cupping Practitioner Certification	Home Study	0.6	12/31/20	https://rehab.pesi.com/events/detail/67427/myofascial-cupping-practitioner-certification
PESI, Inc.	Stabilizing the Core & the SI Joint with Muscle Energy Techniques	Workshop/Seminar	0.6	12/31/20	www.pesirehab.com
PESI, Inc.	Yoga and Mindfulness for Therapeutic Rehabilitation	Workshop/Seminar	0.6	12/31/20	www.pesirehab.com
ph360	ph360 Mastery Series	Workshop/Seminar	1.9	12/31/20	https://education.ph360.me/edu-bookmastery
Physical Coaching Academy	Advanced Program Design	Workshop/Seminar	1.2	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Assess & Correct	Workshop/Seminar	1.8	12/31/20	www.physicalcoaching.be
Physical Coaching Academy	Bootcamp	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.com



Physical Coaching Academy	Combat Level 1	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Contest Preparation	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Kettlebell Workshop	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.be
Physical Coaching Academy	Loaded Movement Training Workshop	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.be
Physical Coaching Academy	Lower Back Training	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Mental Coaching	Workshop/Seminar	1.8	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Modified Strongman Training	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.be
Physical Coaching Academy	Nutrition Body Composition	Workshop/Seminar	0.6	12/31/20	http://www.physicalcoaching.com
Physical Coaching Academy	Nutrition Post Rehabilitation	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Nutrition Small Group	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Nutrition Sports Performance	Workshop/Seminar	0.6	12/31/20	http://www.physicalcoaching.com
Physical Coaching Academy	Olympic Lifting	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Post Rehabilitation	Workshop/Seminar	1.2	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Pre & Postnatal Training	Workshop/Seminar	1.2	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Program Design	Workshop/Seminar	1.9	12/31/20	www.physicalcoaching.be
Physical Coaching Academy	Program in Hypertrophy	Workshop/Seminar	1.3	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	PROGRESS 2020	Conference	0.9	12/31/20	www.neverstopprogress.com
Physical Coaching Academy	SAQ & Plyometric Training	Workshop/Seminar	0.6	12/31/20	http://www.physicalcoaching.com
Physical Coaching Academy	Senior Populations	Workshop/Seminar	1.3	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Small Group Training Design	Workshop/Seminar	1.3	12/31/20	www.physicalcoaching.com
Physical Coaching Academy	Suspension Training Workshop	Workshop/Seminar	0.6	12/31/20	www.physicalcoaching.be
Pilates Thread, Inc	Pilates Thread Mat Level 1	Workshop/Seminar	1.5	12/31/20	www.pilatesthread.com
Pilates Thread, Inc	Pilates Thread Mat Level 2	Workshop/Seminar	1.5	12/31/20	www.pilatesthread.com
PILOXING Academy, LLC	PILOXING® Barre Instructor Training	Workshop/Seminar	0.8	12/31/20	www.piloxing.com
PILOXING Academy, LLC	PILOXING® Knockout Instructor Training	Workshop/Seminar	0.8	12/31/20	www.piloxing.com
PILOXING Academy, LLC	PILOXING® SSP	Workshop/Seminar	0.8	12/31/20	www.piloxing.com
PILOXING Academy, LLC	THE MIX by PILOXING®	Workshop/Seminar	0.8	12/31/20	www.piloxing.com
Pivotal	Pivotal Group Coaching Certification Live Workshop	Workshop/Seminar	1.4	12/31/20	www.pivotal-coaching.com
Pivotal	Pivotal Group Coaching Certification Online	Home Study	1.4	12/31/20	www.pivotal-coaching.com
Pivotal	Pivotal Mentorship	Workshop/Seminar	1.9	12/31/20	
PlyoJam	Plyometric-Infused Dance: Intro to PlyoJam (online)	Home Study	0.5	12/31/20	http://www.plyojam.com
Pole Fitness Studio	Chair Dance Instructor Certification	Workshop/Seminar	0.5	12/31/20	www.polefitnessstudio.com
Pole Fitness Studio	Pole Dance Instructor Certification	Workshop/Seminar	0.5	12/31/20	www.polefitnessstudio.com
PoleMoves	Level 1 Pole Instructor Course	Home Study	1.5	12/31/20	www.polemoves.com
PomSquad Fitness	POMSQUAD Fitness Captain Training	Workshop/Seminar	0.5	12/31/20	www.pomsquadfitness.com
POPUp	POPUp Pro	Home Study	1.9	12/31/20	https://pop-s-school.thinkific.com/courses/popuppro
Power Monkey Camp	Power Monkey Camp	Workshop/Seminar	1.9	12/31/20	www.powermonkeycamp.com
Power Monkey Fitness	The Ring Thing Certification	Workshop/Seminar	1.3	12/31/20	https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more
Precision Nutrition	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	1.9	12/31/20	www.precisionnutrition.com
Precision Nutrition	Precision Nutrition Level 2 Master Class	Home Study	1.9	12/31/20	www.precisionnutrition.com
Precor	4D PRO Bungee Fitness Trainer: Specialty Course for Queenax	Workshop/Seminar	0.4	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor	Coaching Intensity: Building Intelligent Intervals with Assault Fitness Equipment	Workshop/Seminar	0.2	12/31/20	www.precor.com
Precor	Queenax Elite Obstacle Course Race Training Program	Workshop/Seminar	0.7	12/31/20	www.precor.com
Precor	Queenax Functional Training Movement Design	Workshop/Seminar	0.4	12/31/20	www.precor.com
Precor	Queenax Fundamentals	Workshop/Seminar	0.2	12/31/20	
Precor	Queenax Small Group Program Design	Workshop/Seminar	0.3	12/31/20	www.precor.com
Precor	Studio 7 Coaching Workshop - Day 2	Workshop/Seminar	0.5	12/31/20	www.precor.com
Precor	Studio 7 Coaching Workshop - Day 3	Workshop/Seminar	0.6	12/31/20	www.precor.com
Precor	Studio 7 Group Training Skills Workshop	Workshop/Seminar	1.0	12/31/20	www.precor.com
Precor	SUPERFUNCTIONAL™ MOVE	Workshop/Seminar	0.2	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor	UFO Specialization Course	Workshop/Seminar	0.2	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Precor	Ultimate Superfunctional: STACKS	Workshop/Seminar	0.4	12/31/20	http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses
Pretzel Kids	Pretzel Kids Yoga Teacher	Home Study	1.2	12/31/20	www.pretzelkids.com
Primal Health Coach Institute	Primal Health Coach Program	Workshop/Seminar	1.9	12/31/20	www.primalblueprint.com
PRO Club	Endurance Planning and Periodization	Workshop/Seminar	0.2	12/31/20	
PRO Club	Foot Biomechanics & Post Rehab Principals	Workshop/Seminar	0.3	12/31/20	www.proclub.com/
PRO Club	Hip Anatomy and Common Disorders	Workshop/Seminar	0.3	12/31/20	
PRO Club	How to use Exercise Physiology and Genetics in your Programming	Workshop/Seminar	0.2	12/31/20	
PRO Club	Hypertrophy	Workshop/Seminar	0.2	12/31/20	
PRO Club	Joint Degenerative Disease	Workshop/Seminar	0.2	12/31/20	
PRO Club	Knee Biomechanics and Rehabilitation Principals	Workshop/Seminar	0.3	12/31/20	www.proclub.com/
PRO Club	Neck Anatomy, Physiology and Rehabilitation Principals	Workshop/Seminar	0.3	12/31/20	
PRO Club	Respiration, Biomechanics, and Exercise Selection For General Population	Workshop/Seminar	0.2	12/31/20	
PRO Club	Shoulder Biomechanics & Rehab Principals	Workshop/Seminar	0.3	12/31/20	
PRO Club	Spine Anatomy and Biomechanics	Workshop/Seminar	0.2	12/31/20	
ProCcare	Water Immersion	Home Study	0.5	12/31/20	www.proccare.com
ProCcare	Whole-Boyd Cryo	Home Study	0.4	12/31/20	www.proccare.com
Procedos powered by Gray Institute	Certified Procedos P9 Trainer	Workshop/Seminar	0.7	12/31/20	
PRONatal Fitness	How to "Train" Women for Pregnancy	Home Study	0.4	12/31/20	www.pronatalfitness.com
PRONatal Fitness	PRONatal Fitness Pre/Postnatal Performance Training Level 2	Home Study	1.2	12/31/20	www.pronatalfitness.com
PRONatal Fitness	PRONatal Fitness Pre/Postnatal Performance Training Specialist (Level 1 and 2)	Home Study	1.9	12/31/20	www.pronatalfitness.com
PRONatal Fitness	PRONatal Fitness: Pre/Postnatal Performance Training Workshop (Level 1)	Workshop/Seminar	0.8	12/31/20	www.pronatalfitness.com
PTA Global	Exercise & Stress Management (ESM) Credential	Home Study	1.0	12/31/20	www.PTAGlobal.com
PTA Global	FasTrack in Personal Training	Home Study	0.8	12/31/20	www.ptaglobal.com
PTA Global	PTA Global Behavior Change in Exercise (BCE) Credential	Home Study	1.9	12/31/20	www.PTAGlobal.com
PTA Global	PTA Global Foundations	Home Study	1.9	12/31/20	www.PTAGlobal.com
PTA Global	PTA Global Mentorship 1	Home Study	1.5	12/31/20	www.PTAGlobal.com
PTA Global	Rapid Results Workshop	Workshop/Seminar	0.8	12/31/20	www.PTAGlobal.com
PTA Global	Solutions in Selling	Workshop/Seminar	0.4	12/31/20	https://www.ptaglobal.com/cecs.aspx
PTA Global	Train to Retain Workshop	Workshop/Seminar	0.7	12/31/20	www.ptaglobal.com

PTontheNet	8 Disciplines of Front Line Excellence	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Addressing and Preventing Low Back Pain	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Advanced Fitness Sales	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Bodyweight Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	BOSU Balance Trainer Power Programming	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Breath AS Medicine: Improving Health and the Training Experience	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Cardiovascular Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Certificate In Health & Fitness Management	Home Study	1.0	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Client Assessment, Biomechanics, & Metabolism	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Client Relations & Business Management	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Closing the Sale	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Coaching	Home Study	0.2	12/31/20	www.ptonthenet.com
PTontheNet	Core Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	CoreStrength1 Exercise Variability Specialist	Home Study	0.2	12/31/20	
PTontheNet	CoreStrength1 Program Design Specialist	Home Study	0.4	12/31/20	http://www.ptonthenet.com/home
PTontheNet	Corrective Exercise Solutions to Postural and Movement Dysfunction	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Corrective Exercise Solutions: Foot and Ankle Pain	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Effects of Hormones on Exercise and Well-Being	Home Study	0.1	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Essentials of Older Adult Exercise Assessment and Program Design for Preventing Falls	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Exercise Essentials for the Client with Cardiovascular Disease	Home Study	0.4	12/31/20	
PTontheNet	Exercise Programming for Active Older Adults	Home Study	0.4	12/31/20	
PTontheNet	Female Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Fibromyalgia and Exercise	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Fit for Daily Life	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Flexibility	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Flexibility Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Functional Anatomy	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Functional Flexibility	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Functional Integrated Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Functional Program Design	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Fundamentals of Balance	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Holistic Health & Stress Management	Home Study	0.2	12/31/20	www.ptonthenet.com
PTontheNet	Improving Foot and Gait	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Improving Foot and Gait Mechanics	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Indoor Rowing Technique and Programming	Home Study	0.1	12/31/20	www.ptonthenet.com
PTontheNet	Insurance Coverage and Claims for Fitness Professionals	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Introduction to Cancer Exercise	Home Study	0.4	12/31/20	
PTontheNet	Introduction to Functional Equipment	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Loaded Exercises & Movement Based	Home Study	0.3	12/31/20	www.ptonthenet.com
PTontheNet	Lower Extremity Injury Prevention	Workshop/Seminar	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Macronutrients and Exercise	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Marketing Personal Training	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Motivating Clients	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Movement Based Appraisal (MOVE)	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Movement Based Flexibility	Home Study	0.8	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Movement Preparation	Home Study	0.1	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Non-Traditional Strength Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Performance Circuits	Home Study	0.1	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Periodization	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Personal Training Sales	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Practical Applications of Explosive Lifting and Advanced Strength Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Pregnancy Fitness: Training for the Sport of Motherhood	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Principles of Movement-Based Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Professionalism	Home Study	0.2	12/31/20	www.ptonthenet.com
PTontheNet	Program Design: Recovery	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome	Home Study	0.1	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Prospecting	Home Study	0.2	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet	Re-assessments	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Renewals & Referrals	Home Study	0.2	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet	Respiratory Disease and Exercise	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Small Group Personal Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Social Media Marketing for Fitness Professionals	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Special Populations	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Steps to Success	Home Study	0.8	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Strategies for Assessing and Improving Balance	Home Study	0.1	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Strength Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Strength Training Program Design	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Stress Response to Exercise	Home Study	0.2	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet	Stroke Recovery and Exercise	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Take Charge of Your Personal Training Services and Grow Your Business	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	The Fundamentals for Training the Older Client with Osteoarthritis	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	The Muscular System	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Time Management	Home Study	0.2	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet	Training Clients with Knee or Hip Replacements	Home Study	0.4	12/31/20	www.ptonthenet.com
PTontheNet	Training Prenatal and Postnatal Clients	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Understanding and Performing Valuable Fitness Assessments	Home Study	0.3	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	Understanding Fascia's Role in Movement and Training	Home Study	0.1	12/31/20	www.ptonthenet.com/cec-exams
PTontheNet	What Makes a Successful Personal	Home Study	0.1	12/31/20	http://www.ptonthenet.com/cec-exams
PTontheNet	Working with Clients with Diabetes or Prediabetes	Home Study	0.4	12/31/20	www.ptonthenet.com

PTontheNet	Youth Training	Home Study	0.2	12/31/20	www.ptonthenet.com/cec-exams
Punk Rope, Inc.	Jump Rope Instructor Course	Home Study	0.9	12/31/20	www.punkrope.com
PURE International	Pure Reformer Pilates Course	Workshop/Seminar	1.9	12/31/20	https://www.pure-fitness.com
Quafit	QUAFIT Certified Aquatic Fitness Instructor	Workshop/Seminar	1.9	12/31/20	
R2P Academy	The Blueprints	Workshop/Seminar	0.9	12/31/20	www.Rehab2Perform.com/Academy
R3BAR TRAINING	R3BAR Intermediate Certification	Home Study	0.4	12/31/20	www.r3bartraining.com
RAD Roller	RAD Golf: Foundations of Golf Mobility and Assessment	Home Study	0.5	12/31/20	www.radroller.com
RAD Roller	RAD Mobility 1: Foundations of Myofascial Release and Recovery	Home Study	0.5	12/31/20	www.radroller.com
RAD Roller	RAD Mobility Level 2	Workshop/Seminar	1.4	12/31/20	https://www.radroller.com/pages/education
RAD Roller	RAD Yoga Level 1	Workshop/Seminar	1.0	12/31/20	www.radroller.com
Redcord USA	Active Intro	Workshop/Seminar	0.7	12/31/20	www.redcord.us
Redcord USA	Active Pro	Workshop/Seminar	1.4	12/31/20	redcord.myshopify.com/collections/redcord-active-medical-fitness-education-series
Redcord USA	Redcord Active Advanced: Corrective	Workshop/Seminar	1.4	12/31/20	www.redcord.us
Redcord USA	Redcord Active Multi-Suspension	Workshop/Seminar	0.7	12/31/20	WWW.redcord.US
Redefining Strength	The Dynamic Workout Design Training Black Book	Home Study	0.9	12/31/20	https://academy.redefiningstrength.com/p/the-dynamic-workout-design-training-black-book
REFIT*	REFIT* Instructor Training	Workshop/Seminar	0.6	12/31/20	http://shop.refitrev.com/collections/trainings
REFIT*	REV+FLOW Instructor Training	Workshop/Seminar	0.4	12/31/20	refitrev.com
Renaissance Periodization	Renaissance Periodization Summit 2020	Conference	0.6	12/31/20	https://renaissanceperiodization.com/
River Valley Club	Balance Training	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	Breathing for the Win	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	Celiac Disease	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	Functional Blood Chemistry	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	Hip Stiffness	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	Hypothyroidism	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	Low Back Pain	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	M2 Performance How Stress and Sleep Impacts Nutrition	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	M2 Performance How to Levitate Long Term Weight Loss	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	M2 Performance Nutrition Myths vs Reality	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
River Valley Club	Shoulder Pain	Workshop/Seminar	0.1	12/31/20	www.rivervalleyclub.com
Rock Tape, Inc	FMT Advanced	Workshop/Seminar	0.6	12/31/20	http://www.rocktape.com/education-research/functional-movement-techniques/
Rock Tape, Inc	FMT Basic	Workshop/Seminar	0.6	12/31/20	http://www.rocktape.com/education-research/functional-movement-techniques/
Rock Tape, Inc	FMT Movement Specialist Part 1- FMT Movement Assessment course	Workshop/Seminar	0.6	12/31/20	www.rocktape.com
Rock Tape, Inc	FMT Movement Specialist Part 2- Advanced Movement Assessment	Workshop/Seminar	0.6	12/31/20	www.rocktape.com
Rock Tape, Inc	FMT Rockfloss Compression Band Flossing	Workshop/Seminar	0.6	12/31/20	www.rocktape.com
Rock Tape, Inc	FMT Rockpods Myofascial Cupping	Workshop/Seminar	0.6	12/31/20	www.rocktape.com
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades	Workshop/Seminar	0.6	12/31/20	www.rocktape.com/education-research/
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades Advanced	Workshop/Seminar	0.6	12/31/20	www.rocktape.com
Row House	Row House University	Workshop/Seminar	1.9	12/31/20	www.therowhouse.com
Run-Fit	REVO <sub>2</sub> LUTION RUNNING	Home Study	1.9	12/31/20	http://run-fit.com
SALT Fitness Chicago	Essentials of Barre	Workshop/Seminar	1.1	12/31/20	www.Saltfit.com
SALT Fitness Chicago	SALT Fitness Essential Elements of Cycle	Workshop/Seminar	0.8	12/31/20	www.Saltfit.com
SALT Fitness Chicago	SALT Fitness Fundamentals of Anatomy + Movement	Workshop/Seminar	1.1	12/31/20	www.Saltfit.com
Savvier Fitness	Barre Above Pilates Focused	Workshop/Seminar	1.2	12/31/20	www.barreabove.com
Savvier Fitness	Barre Above Prime Instructor Training	Workshop/Seminar	1.2	12/31/20	www.barreabove.com
Savvier Fitness	Cardio Yoga	Home Study	1.9	12/31/20	www.savvierfitness.com
Savvier Fitness	Elite HIIT Training	Workshop/Seminar	0.3	12/31/20	www.barreabove.com
Savvier Fitness	Let The Beat Drop	Workshop/Seminar	0.2	12/31/20	www.barreabove.com
Savvier Fitness	Muscular Endurance: Myths, Realities and Applications	Home Study	0.2	12/31/20	www.barreabove.com
Savvier Fitness	Pilates 101 Education Course	Home Study	0.4	12/31/20	www.barreabove.com
Savvier Fitness	Tabata GX	Workshop/Seminar	0.7	12/31/20	www.barreabove.com
Savvier Fitness	The Intentional Yoke	Workshop/Seminar	0.4	12/31/20	www.cardioyoga.com
Savvier Fitness	The Musicality Method	Home Study	0.4	12/31/20	www.barreabove.com
SCW Fitness Education	2020 DC MANIA® Conference	Conference	1.8	12/31/20	http://www.scwfit.com
SCW Fitness Education	A Leadership Toolbox	Home Study	0.1	12/31/20	http://www.scwfit.com
SCW Fitness Education	AAA - Abs at All Angles	Home Study	0.1	12/31/20	http://www.scwfit.com
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SCW Fitness Education	Active Aging: Between the Chairs	Home Study	0.2	12/31/20	http://www.scwfit.com
SCW Fitness Education	Active Aging: No Place Like Foam	Home Study	0.2	12/31/20	http://www.scwfit.com
SCW Fitness Education	Advanced Functional Pilates	Home Study	0.2	12/31/20	http://www.scwfit.com
SCW Fitness Education	Animals & Asanas	Home Study	0.2	12/31/20	http://www.scwfit.com
SCW Fitness Education	Aqua Athletes	Home Study	0.2	12/31/20	http://www.scwfit.com
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SCW Fitness Education	Aqua Soft Fitness Fusion	Home Study	0.1	12/31/20	http://www.scwfit.com
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SCW Fitness Education	Assume the Position	Home Study	0.2	12/31/20	http://www.scwfit.com
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SCW Fitness Education	Barre Breakthrough	Home Study	0.2	12/31/20	http://www.scwfit.com
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SCW Fitness Education	Big Balance Theory	Home Study	0.2	12/31/20	http://www.scwfit.com

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SCW Fitness Education	Bodyweight Barre	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Core Essentials in Exercise Science	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Core Injury Epidemic	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Corrective Exercise Female Core	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Creative Programming 55+	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Deep Stretch & the Aging	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Dietary Diversity	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	DITTO - Do It Together Today	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	DNA of Successful Fitness Managers	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Dynamic Anatomy Glutes & Lower Body	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Dynamic Flexibility for a 3D Life	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	ESP Performance Circuit Training	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Kettlebell HIIT Supreme	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Kettlebell Total Body	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Lift Off!	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Lower Body Blaster	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Metabolism, Fat, Abs, Butt & Thighs	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Neuroplasticity 101	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Nutrition & Sleep: Fascinating Connections	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Nutrition for Fitness Professionals	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Nutritional Needs During Menopause	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Obesity From A Different Perspective	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
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SCW Fitness Education	Rotator Cuff - Corrective Exercises	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Run an 8-Week Challenge	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	RunHabX ChiRunning	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Running the Show: Customer Service	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	SCW Active Aging Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Active Aging Nutrition Certification	Workshop/Seminar	0.4	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Aqua Barre Certification	Workshop/Seminar	0.6	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Aquatic Exercise Certification	Workshop/Seminar	0.8	12/31/20	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Ballet Barre Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://www.scwfitness.com/newsite.html">http://www.scwfitness.com/newsite.html</a>
SCW Fitness Education	SCW Boxing Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Fitness Corrective Exercise Certificate	Workshop/Seminar	0.6	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Fitness Flowing Yoga Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Fitness for Nutrition Professionals Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Fitness Meditation Certification	Workshop/Seminar	0.4	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	SCW Group Exercise Certification	Workshop/Seminar	0.8	12/31/20	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Pilates Matwork Certification	Workshop/Seminar	0.8	12/31/20	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	SCW Yoga I Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://scwfit.com">http://scwfit.com</a>
SCW Fitness Education	Short Circuit: Group Training Edition	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Social Media Storytelling	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Soft Skills for Hard Bodies	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Stages: Power of Progression	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Strength Training For Longevity & Vitality	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Stress & Chronic Disease	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Stress and Inflammation	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Successful Business Strategies for Owners and Managers	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Sugar Shockers & Shakedown	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Tab-aqua Bootcamp	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Tab-Aqua Quickies	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Tabata Yoga	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Take IT Lying Down	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Targeting Hypertrophy	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	The 7 Principles of Extraordinary	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	The One Weight Workout: Kettlebell	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	The Science of Myofascial Release	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Timing is Everything	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Tipping the Scales	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Top 10 for Weight Loss	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Total Body Core Training	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Toxic Dump: What's in Food	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Training Mom	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Training Older Clients With Osteoarthritis	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Trending Now: HIIT With Active Recovery	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Tukong Cardio Combat Kickboxing	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	VIIT It	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Vinyasa Flow - Feel the Resistance	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	WATERinMOTION® Certification	Workshop/Seminar	0.7	12/31/20	<a href="http://www.scwfit.com">www.scwfit.com</a>
SCW Fitness Education	Weight at the Barre	Home Study	0.1	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Weight Loss Aquatic Style	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	What's Really Making You Crazy?	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Y3: Yin Yang Yoga	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Yin Yoga: Less is More	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Yoga for Seniors	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SCW Fitness Education	Yoga for the Young at Heart	Home Study	0.2	12/31/20	<a href="http://www.scwfit.com">http://www.scwfit.com</a>
SHAY-MCENTEE WELLNESS WORKS INC.	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	0.3	12/31/20	
SHAY-MCENTEE WELLNESS WORKS INC.	ENERGY BREAK	Workshop/Seminar	0.3	12/31/20	
SHRED415	Shred415 High Intensity Interval Training	Workshop/Seminar	1.9	12/31/20	<a href="http://www.shred415.com">www.shred415.com</a>
SilverSneakers by Tivity Health	Group Exercise for Hip Limitations	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers BOOM MIND	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers BOOM MOVE	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers BOOM MUSCLE	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers Circuit	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers Classic	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers EnerChi	Home Study	0.4	12/31/20	<a href="http://www.silversneakers.com">www.silversneakers.com</a>
SilverSneakers by Tivity Health	SilverSneakers Fall Prevention Education Series	Home Study	0.2	12/31/20	<a href="http://www.silversneakers.com">www.silversneakers.com</a>
SilverSneakers by Tivity Health	SilverSneakers Foundations	Home Study	0.5	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers Fundamentals of Teaching Group Fitness	Home Study	0.5	12/31/20	<a href="http://www.silversneakers.com">www.silversneakers.com</a>
SilverSneakers by Tivity Health	SilverSneakers Nutrition for Optimal Aging	Workshop/Seminar	0.2	12/31/20	<a href="http://www.silversneakers.com">www.silversneakers.com</a>
SilverSneakers by Tivity Health	SilverSneakers Splash	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers Stability	Home Study	0.2	12/31/20	
SilverSneakers by Tivity Health	SilverSneakers Strength Progressions for Group Exercise	Home Study	0.2	12/31/20	<a href="http://www.silversneakers.com">www.silversneakers.com</a>
SilverSneakers by Tivity Health	SilverSneakers Stress Management Education Series	Home Study	0.4	12/31/20	<a href="http://www.silversneakers.com">www.silversneakers.com</a>
SilverSneakers by Tivity Health	SilverSneakers YOGA	Home Study	0.2	12/31/20	
Slobody	The No BS Yoga Guide & Videos for Personal Trainers	Home Study	1.9	12/31/20	<a href="http://slobody.com/">http://slobody.com/</a>
Smart Tools	Level 1 Blood Flow Restriction Training	Workshop/Seminar	0.9	12/31/20	<a href="http://www.smarttoolsplus.com">www.smarttoolsplus.com</a>
SmartTraining 365	The Physics of Fitness	Home Study	1.9	12/31/20	<a href="http://SmartTraining365.com">SmartTraining365.com</a>
Soft Stretch Release Techniques	Soft Stretch Release Techniques (Lower Body)	Workshop/Seminar	1.4	12/31/20	<a href="http://SRTtherapy.com">SRTtherapy.com</a>
Soft Stretch Release Techniques	Soft Stretch Release Techniques (Upper Body)	Workshop/Seminar	1.4	12/31/20	<a href="http://SRTtherapy.com">SRTtherapy.com</a>
SOMA	SOMA Imersion 1	Workshop/Seminar	1.9	12/31/20	
Soul to Sole Wellness	Anatomy 101	Workshop/Seminar	0.3	12/31/20	<a href="http://www.soultosolewellness.com">www.soultosolewellness.com</a>

SPIDERfit Kids	Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy	Workshop/Seminar	0.7	12/31/20	www.powerfulplaycourse.com
Spin City Instructor Training	Foundation Aerial Silks Instructor Training	Home Study	1.5	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Grounded Hoop Instructor Course	Home Study	0.8	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Social Media for Pole and Aerial Instructors	Home Study	0.8	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Advanced Pole Fitness Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Anatomy and Physiology Foundations (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Aerial Sling Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Beginners Pole Fitness Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Intermediate Aerial Hoop Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Intermediate Aerial Sling Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Pole Fabric Instructor (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	1.9	12/31/20	www.spincityinstructortraining.com
Spin City Instructor Training	Strength And Conditioning For Pole And Aerial Instructors	Home Study	1.0	12/31/20	www.spincityinstructortraining.com
START Fitness/Fit to Fight	JumpSport® Boot Camp Course™	Workshop/Seminar	0.8	12/31/20	https://www.sgtken.com
START Fitness/Fit to Fight	WaterRower Crew Coach Certification Course	Workshop/Seminar	0.8	12/31/20	www.startfitness.com
StickMobility	Stick Mobility Level 1	Workshop/Seminar	1.3	12/31/20	https://stickmobility.com/certification/
Strength and Conditioning Education Center	Strength and Conditioning Clinics	Conference	1.9	12/31/20	www.scec.pl
Stretch to Win Institute	Level 1 (FST) Fascial Stretch Therapy	Workshop/Seminar	1.9	12/31/20	www.stretchtowin.com
STRETCH*D (LIMBER INC)	STRETCH*D LEVEL 1	Workshop/Seminar	1.5	12/31/20	stretchspace.com
StretchSource	StretchSource Trainer - Level 1	Workshop/Seminar	1.9	12/31/20	www.stretchsourcetraining.com/services
Strong Education	Special Strong Group Trainer Certification	Home Study	1.4	12/31/20	www.certifystrong.com
Strong Education	Special Strong Trainer Certification Level 1	Home Study	1.4	12/31/20	www.certifystrong.com
Strong Education	Special Strong Trainer Certification Level 2	Home Study	1.4	12/31/20	www.certifystrong.com
StrongFirst, Inc.	StrongFirst Barbell Course	Workshop/Seminar	0.8	12/31/20	
StrongFirst, Inc.	StrongFirst Bodyweight Course	Workshop/Seminar	0.8	12/31/20	
StrongFirst, Inc.	StrongFirst Kettlebell Course	Workshop/Seminar	0.8	12/31/20	
Sugarfoot Therapy	Sugarfoot Therapy Teacher Training Workshop	Workshop/Seminar	0.6	12/31/20	www.sugarfoottherapy.com
Swales Performance Systems	Advanced Movement Therapist Level 1	Workshop/Seminar	1.5	12/31/20	
SweatBox	SweatBoss Training	Workshop/Seminar	1.6	12/31/20	https://sweatboxdc.com
Swedish Academy of Sport Training (SAST)	Sport Nutrition Coach	Home Study	1.9	12/31/20	www.swedish-academy.com
Team Alloy	Alloy: Personal Training Programming Certification	Workshop/Seminar	0.8	12/31/20	www.teamalloy.com
Temple Human Performance	Movement Science & Neuromuscular Re-Education (Level 1-Mobility)	Workshop/Seminar	0.8	12/31/20	www.templehp.com
Temple Human Performance	Movement Science & Neuromuscular Re-Education (Level 2-Stability)	Workshop/Seminar	0.8	12/31/20	www.templehp.com
Terra-Core Fitness	Terra Core Training	Workshop/Seminar	0.6	12/31/20	www.terrarefitfitness.com
The Academy Of Sport Speed and Agility	Maximising Running Performance 2 Day Course	Workshop/Seminar	1.4	12/31/20	academyofsportspeed.com
The Bannister Method	Enhance Your Teaching Skills	Workshop/Seminar	0.9	12/31/20	https://www.thebannistermethod.com
The Bannister Method	Hands on Stretching	Workshop/Seminar	0.9	12/31/20	https://www.thebannistermethod.com
The Bannister Method	On The Ball	Workshop/Seminar	0.9	12/31/20	https://www.thebannistermethod.com
The BFR Pros	Blood Flow Restriction: Accelerate Performance & Recovery	Workshop/Seminar	0.8	12/31/20	www.bfrpros.com
The Brand X Method	Brand X Professional Youth Coach	Home Study	1.0	12/31/20	https://thebrandxmethod.com
The Dailey Method	Foundations of Barre	Workshop/Seminar	1.5	12/31/20	www.thedaileymethod.com
The Dailey Method	Foundations of Cycle	Workshop/Seminar	0.8	12/31/20	www.thedaileymethod.com
The FIT EXPO	TheFitExpo Fit Pro Day - Saturday	Conference	0.8	12/31/20	www.thefitexpo.com
The FIT EXPO	TheFitExpo Fit Pro Day - Sunday	Conference	0.7	12/31/20	www.thefitexpo.com
The FIT Institute	Fascial Abrasion Technique for Personal Trainers	Workshop/Seminar	0.7	12/31/20	https://www.thefitstitute.com/training/
The HT Powerlifting	HTpower Strength Training Workshop	Workshop/Seminar	1.9	12/31/20	
The MELT Method (Longevity Fitness, Inc.)	MELT Instructor Training Level 1	Workshop/Seminar	1.9	12/31/20	www.meltmethod.com
The Ready State	Movement & Mobility 101	Home Study	1.3	12/31/20	https://thereadystate.com/
The Ready State	The Ready State & Mobility 102	Workshop/Seminar	1.6	12/31/20	www.thereadystate.com
The Stretch Therapists by Sarah Mariano	The Performance Stretch Therapy	Workshop/Seminar	1.7	12/31/20	https://www.sarahmariano.com
The Village Fit	Fitness Instructor-in-Training	Workshop/Seminar	1.9	12/31/20	www.thevillagedallas.com
The Village Fit	Kettlebell	Workshop/Seminar	0.9	12/31/20	www.thevillagedallas.com
The Village Fit	V Strong	Workshop/Seminar	0.6	12/31/20	www.thevillagedallas.com
The Village Fit	V TC	Workshop/Seminar	0.6	12/31/20	www.thevillagedallas.com
theLONDONmethod	theLONDONmethod	Workshop/Seminar	1.9	12/31/20	https://www.thelondonmethod.net
TheraGun	Theragun Personal Trainers Course	Workshop/Seminar	0.4	12/31/20	
Total Mommy Fitness	Total Mommy Fitness	Home Study	0.7	12/31/20	www.totalmommyfitness.com
Totten Training Systems, LLC	Basic Olympic Lifting Course (BOLC)	Workshop/Seminar	0.8	12/31/20	www.tottentraining.com
Totten Training Systems, LLC	Coaches Education and Lifting Course (CELC)	Workshop/Seminar	0.8	12/31/20	www.tottentraining.com
Training Peaks University	Strength Training for Cycling Success	Home Study	0.9	12/31/20	
Trainology	Trainology 101	Workshop/Seminar	0.8	12/31/20	www.trainology.net
Tress Marketing Solutions, LLC	FAStEr Way to Fat Loss Certified Coach	Home Study	0.5	12/31/20	https://www.fasterwaytofatloss.com/certification/
TRX	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	1.8	12/31/20	TRXtraining.com
TRX	TRX Education Course	Workshop/Seminar	1.0	12/31/20	www.trxtraining.com/trx-academy
TRX	TRX For Yoga	Home Study	0.5	12/31/20	TRXtraining.com
TRX	TRX for Yoga - LIVE Course	Workshop/Seminar	0.7	12/31/20	www.trxtraining.com/trx-education-faqs
TRX	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	0.4	12/31/20	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	0.8	12/31/20	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	1.6	12/31/20	www.trxtraining.com
TRX	TRX Functional Training Course (FTC)	Workshop/Seminar	0.7	12/31/20	www.trxtraining.com
TRX	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	0.7	12/31/20	www.trxtraining.com
TRX	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	0.7	12/31/20	www.trxtraining.com
TRX	TRX Group Training Course (GTC)	Workshop/Seminar	0.8	12/31/20	www.trxtraining.com
TRX	TRX MAPS - Digital Course	Home Study	0.1	12/31/20	www.trxtraining.com/trx-academy
TRX	TRX MAPS - Live Course	Workshop/Seminar	0.4	12/31/20	www.trxtraining.com/trx-academy
TRX	TRX MBody	Workshop/Seminar	0.3	12/31/20	www.trxtraining.com/trx-academy
TRX	TRX RIP Training Course (RTC)	Workshop/Seminar	0.8	12/31/20	www.trxtraining.com



TRX	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	0.7	12/31/20	www.trxtraining.com
TRX	TRX Suspension Training Course (STC)	Workshop/Seminar	0.7	12/31/20	www.trxtraining.com
TRX	TRX Trainer Basics Course	Home Study	0.3	12/31/20	www.trxtraining.com
TRX	TRX Trainer Summit 2020	Conference	1.9	12/31/20	
Tune Up Fitness World Wide, Inc.	The Roll Model® Method - Ball Sequencing & Innovation	Workshop/Seminar	0.7	12/31/20	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	The Roll Model® Method - Correspondence Course	Workshop/Seminar	1.4	12/31/20	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	The Roll Model® Method -The Science of Rolling	Workshop/Seminar	0.8	12/31/20	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	Treat While You Train- Correspondence Course	Workshop/Seminar	1.1	12/31/20	www.tuneupfitness.com
Turn Up With Tanci LLC	Turn Up Dance Fitness	Workshop/Seminar	0.7	12/31/20	www.turnupwithtanci.com
UFIT2 System Fitness Professional	UFIT2 System Fitness Professional	Workshop/Seminar	1.0	12/31/20	https://ufit2dublin.com
UFIT2 System Fitness Professional	UFIT2 System Training Part 1	Workshop/Seminar	0.7	12/31/20	UFIT2dublin.com
Ultimate Movement, LLC (raisedbarre)	raisedbarre Instructor Training	Workshop/Seminar	1.2	12/31/20	
United Endurance Sports Coaching Academy	Running Coach Certification	Home Study	1.9	12/31/20	www.coachendurancesports.com
United Endurance Sports Coaching Academy	Triathlon Coaching Certification	Home Study	1.9	12/31/20	www.coachendurancesports.com
University of North Carolina-Chapel Hill	UNC Group Training Workshop	Workshop/Seminar	0.5	12/31/20	www.campusrec.unc.edu
US Fitness Holdings LLC	Smart Start Certification	Home Study	0.9	12/31/20	N/A
USA Weightlifting	USA Weightlifting Level 1 Coach Certification	Workshop/Seminar	1.3	12/31/20	https://www.teamusa.org/USA-Weightlifting
VeraFlow	VeraFlow Instructor	Workshop/Seminar	1.6	12/31/20	www.veraflow.com
VertiMax	VertiMax Training Course	Workshop/Seminar	0.7	12/31/20	www.vertimax.com
VictelB	Boot Camp Challenge	Workshop/Seminar	1.9	12/31/20	www.victelib.com
VIDA Fitness	*All Star* Instructor Training	Workshop/Seminar	1.6	12/31/20	https://vidafitness.com
VIDA Fitness	*TKO* Instructor Training	Workshop/Seminar	0.8	12/31/20	https://vidafitness.com
VIDA Fitness	Barre Instructor	Workshop/Seminar	0.8	12/31/20	www.vidafitness.com
VIDA Fitness	Coach-by-Color Cycling Instructor Training	Workshop/Seminar	0.8	12/31/20	vidafitness.com
VIPIR PRO	VIPIR PRO Fundamentals Mobile	Home Study	0.8	12/31/20	www.vipr.com
VIPIR PRO	VIPIR PRO Fundamentals Workshop	Workshop/Seminar	0.7	12/31/20	www.vipr.com
Western Society for Kinesiology & Wellness	Western Society for Kinesiology and Wellness	Conference	1.3	12/31/20	http://www.wskw.org
Willow Physical Therapy	Foundations of the "CORE" - How to Incorporate the Pelvic Floor	Workshop/Seminar	0.7	12/31/20	
Working Against Gravity	Working Against Gravity	Home Study	0.9	12/31/20	www.workingagainstgravity.com
XBODY USA LLC	XBody EMS USA Trainer	Workshop/Seminar	1.9	12/31/20	
XCO Latin Workout by Jackie	XCO Latin Workout by Jackie	Workshop/Seminar	1.4	12/31/20	www.xcolatinworkout.com
XPert Pole & Aerial Fitness	XPert Aerial Hoop	Workshop/Seminar	1.6	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Aerial Silks	Workshop/Seminar	1.6	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Children's Pole & Aerial Teacher Training	Workshop/Seminar	1.6	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Flexibility Flow	Workshop/Seminar	1.6	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Pole Fitness Level 1 & 2	Workshop/Seminar	1.6	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Pole Fitness Level 3 & 4	Workshop/Seminar	1.6	12/31/20	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Spinning Pole Teacher Training	Workshop/Seminar	1.6	12/31/20	www.xpertpolefitness.com
XTEND	XTEND 2 Day ERT	Workshop/Seminar	1.4	12/31/20	www.xtendbarre.com
XTEND	XTEND 5 Day ERT	Workshop/Seminar	1.9	12/31/20	www.xtendbarre.com
Xuan Randy Zhou	Xuan Randy Zhou's Exercise Anatomy and Free Weight Training	Workshop/Seminar	1.9	12/31/20	www.cerfglobal.com
Xuan Randy Zhou	Xuan Randy Zhou's Strength Hypertrophy Training System	Workshop/Seminar	1.2	12/31/20	cerfglobal.com
YMCA of Greater Charlotte	2020 YMCA of Greater Charlotte Conference	Conference	1.9	12/31/20	ymcacharlotte.org
Yoga Athletex	HIIT for Sports Performance Intensive	Workshop/Seminar	1.1	12/31/20	www.yogaathletex.com
Yoga International	Yoga Anatomy Training	Workshop/Seminar	1.9	12/31/20	yogainternational.com/course/yoga-anatomy
Youfit Health Clubs	YouCoach New Hire Training	Home Study	0.8	12/31/20	youfit.com
Youfit Health Clubs	Youfit Master Youcoach Certification	Home Study	0.2	12/31/20	www.youfit.com
Your Body is Waiting, LLC	The Fascination Method of Self-Myofascial Release	Workshop/Seminar	0.4	12/31/20	www.thefascinator.com
Zetlin Fitness	Push-Up Progression Specialist	Home Study	0.7	12/31/20	www.zetlinfitness.com
Z-Health Performance Solutions	Essentials for Elite Performance	Workshop/Seminar	1.9	12/31/20	http://zhealtheducation.com/
Zibrio	Balance Specialist Training	Home Study	0.3	12/31/20	https://onlinecourse.zibrio.com
ZPLUS	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 1	Workshop/Seminar	1.6	12/31/20	
ZPLUS	ZPLUS EMS CORRECTIVE EXERCISE AND ASSESSMENT LEVEL 2	Workshop/Seminar	1.6	12/31/20	
ZUMBA FITNESS	Fighting Elements ELearning	Home Study	0.3	12/31/20	www.zumba.com
ZUMBA FITNESS	STRONG by Zumba	Workshop/Seminar	0.8	12/31/20	www.zumba.com
ZUMBA FITNESS	STRONG by Zumba E-Learning	Home Study	0.4	12/31/20	www.zumba.com
ZUMBA FITNESS	SYNC LAB SESSION - APRIL 2020	Workshop/Seminar	0.3	12/31/20	www.strongbyzumba.com
ZUMBA FITNESS	SYNC LAB SESSION - FEBRUARY 2020	Workshop/Seminar	0.3	12/31/20	www.zumba.com
ZUMBA FITNESS	SYNC LAB SESSION - JANUARY 2020	Workshop/Seminar	0.3	12/31/20	www.zumba.com
ZUMBA FITNESS	SYNC LAB SESSION - MARCH 2020	Workshop/Seminar	0.3	12/31/20	www.zumba.com
ZUMBA FITNESS	ZIN ACADEMY NEW YORK 2020	Conference	0.5	12/31/20	https://newyork.zumba.academy/
ZUMBA FITNESS	ZIN ACADEMY UK 2020	Conference	0.5	12/31/20	zumba.com
ZUMBA FITNESS	ZUMBA INSTRUCTOR LICENSING PROGRAM/BASIC STEPS 1	Home Study	1.0	12/31/20	www.zumba.com