



NASM PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
[solidcore]	[solidcore] Coach Training	Workshop/Seminar	1.9	12/31/19	solidcore.co
1st Choice Personal Training Online CEUs	Core Connection	Home Study	0.1	12/31/19	https://www.fitnessceus.com
1st Choice Personal Training Online CEUs	Flexibility Training Concepts Course	Home Study	0.1	12/31/19	https://www.fitnessceus.com
1st Choice Personal Training Online CEUs	Posture & Movement Assessment Course	Home Study	0.1	12/31/19	https://www.fitnessceus.com
305 Fitness	305 Fitness Instructor Training	Workshop/Seminar	1.9	12/31/19	
9Round Franchising LLC	9Round Kickboxing	Workshop/Seminar	0.5	12/31/19	9round.com
Aaron L Mattes	Active Isolated Stretching	Workshop/Seminar	1.9	12/31/19	www.stretchingusa.com
Academy of Holistic Fitness	Holistic Fitness	Home Study	1.9	12/31/19	www.academyofholisticfitness.com
Academy of Holistic Fitness	Mind-Body Fitness for Personal Trainers	Home Study	1.9	12/31/19	www.academyofholisticfitness.com
Academy of Holistic Fitness	Practical Yoga for Personal Trainers	Home Study	1.9	12/31/19	www.academyofholisticfitness.com
Academy of Holistic Fitness	Yoga Teacher Training	Home Study	1.9	12/31/19	www.academyofholisticfitness.com
Accl. Speed LLC	Unrestricted Movement for Athletic Performance	Workshop/Seminar	0.6	12/31/19	https://acclspeedconsultants.company
ACM 360 PRO	Certified Exercise Therapy Specialist I	Home Study	1.2	12/31/19	www.ACM360PRO.com
Active Life	Active Life Coach Training Workshop	Workshop/Seminar	1.1	12/31/19	
Active Life	Active Life Rx Coach Immersion	Conference	1.2	12/31/19	www.activelifex.com
ACUMOBILITY	Acumobility Level 1 Course	Workshop/Seminar	0.8	12/31/19	acumobility.com
Adaptive Project	Introduction to Adaptive Fitness Concepts	Workshop/Seminar	0.2	12/31/19	NA
Aerial Physique	Aerial Physique Teacher Training	Workshop/Seminar	1.9	12/31/19	
AFAA	All AFAA courses are approved with NASM	Home Study		12/31/19	
Aktiv Solutions	Functional Training Experience Specialist	Workshop/Seminar	0.6	12/31/19	www.aktivsolutions.com
Alexis Batrakoulis	Exercise for overweight and obesity: Bridging theory and practice	Workshop/Seminar	1.2	12/31/19	www.fitproworkshops.com
Alignment Essentials	Warrior® Online Training Workshop	Home Study	0.8	12/31/19	www.alignmentessentials.com
Alignment Essentials	Warrior® Training	Home Study	1.2	12/31/19	www.alignmentessentials.com
Alignment Essentials	Warrior® Training Workshop	Workshop/Seminar	0.9	12/31/19	www.alignmentessentials.com
alive Academy	Natural Product Advisor	Workshop/Seminar	1.9	12/31/19	www.aliveacademy.com
Alpha Warrior	Alpha Warrior Level 1 Accelerated	Workshop/Seminar	0.7	12/31/19	https://alphawarrior.com
Alpha Warrior	Alpha Warrior Level 2	Workshop/Seminar	1.9	12/31/19	
Alpha Warrior	Level 1 Certification	Workshop/Seminar	1.2	12/31/19	
American Barre Technique, LLC	Barre Instructor Certification	Home Study	1.6	12/31/19	www.abtbarre.com
American Council on Exercise (ACE)	ACE Behavior Change in Practice: Hands-on Skills for Health Coaches and Exercise Professionals	Workshop/Seminar	0.5	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Behavior Change Specialist	Home Study	1.9	12/31/19	http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx
American Council on Exercise (ACE)	ACE Certified Health Coach	Home Study	1.9	12/31/19	
American Council on Exercise (ACE)	ACE Fitness Nutrition Specialist	Home Study	1.9	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Functional Training Specialist	Home Study	1.9	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Senior Fitness Specialist	Home Study	1.9	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Sports Conditioning Specialist	Home Study	1.9	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Sports Performance Specialty Program	Workshop/Seminar	1.9	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Sports Performance Workshop	Workshop/Seminar	0.8	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Weight Management Specialist	Home Study	1.9	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	ACE Youth Fitness Specialist	Home Study	1.9	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	Fitness Programming for Overweight Clients & Clients Affected by Obesity	Workshop/Seminar	0.8	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	Metabolic Training Workshop	Workshop/Seminar	0.8	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	Movement Based Exercise Workshop	Workshop/Seminar	0.8	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	Personal Training Workshop: Client Communication, Assessment and Program Design	Workshop/Seminar	0.8	12/31/19	www.acefitness.org
American Council on Exercise (ACE)	Small Group Training Workshop	Workshop/Seminar	0.5	12/31/19	www.acefitness.org
American Fitness Professionals & Associates (AFPA)	Holistic Nutritionist Certification	Home Study	1.9	12/31/19	www.afpafitness.com
American Specialty Health (ASH)/Silver & Fit	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	1.3	12/31/19	Pre-qualification required. Contact SFInstructors@ashn.com for info.
AMPD Golf Performance	AMPD Golf Performance Specialist	Home Study	0.8	12/31/19	www.ampdgolfperformance.com
Anatomy4Fitness, LLC	Musculoskeletal Anatomy Course	Workshop/Seminar	0.3	12/31/19	
Annette Lang Education Systems	Integrated Stretching	Workshop/Seminar	0.8	12/31/19	www.annettelang.com
Annette Lang Education Systems	Training the Pregnant and Postpartum Client	Workshop/Seminar	0.8	12/31/19	www.annettelang.com
AntiGravity® Fitness	AntiGravity® 1on1: D-kink	Workshop/Seminar	0.6	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Aerial Yoga 1	Workshop/Seminar	1.6	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Aerial Yoga 2	Workshop/Seminar	1.6	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® AIRbarre 1	Workshop/Seminar	1.6	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Fundamentals 1&2	Workshop/Seminar	1.9	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Just Kids 1&2	Workshop/Seminar	1.9	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Pilates 1	Workshop/Seminar	1.6	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Restorative Yoga	Workshop/Seminar	1.6	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Suspension Fitness 1	Workshop/Seminar	1.6	12/31/19	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Suspension Fitness 2	Workshop/Seminar	1.6	12/31/19	www.antigravityfitness.com
Anytime Fitness (H2A2)	Mindshift	Workshop/Seminar	0.8	12/31/19	
Anytime Fitness Corporate Office	AF Live Implementation Training	Workshop/Seminar	0.7	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office	AF Live Technical Training	Workshop/Seminar	0.7	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office	Anytime Fitness NFT Consumer Week	Workshop/Seminar	1.9	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office	Anytime Fitness NFT Operations Week	Workshop/Seminar	1.9	12/31/19	www.anytimefitness.com
Anytime Fitness Corporate Office	Vitals	Conference	1.5	12/31/19	www.anytimefitness.com
Associação FITSalvador	HIRT® L-1: Scientific Basis and Practical Application	Workshop/Seminar	0.8	12/31/19	www.HIRT.pt
Assured Fitness	GROUP EXERCISE: 101	Workshop/Seminar	0.8	12/31/19	
Assured Fitness	Pressure Point: Muscle Rejuvenation	Workshop/Seminar	0.8	12/31/19	
Assured Fitness	Senior Fitness - Senior Fit & Fun	Workshop/Seminar	0.8	12/31/19	

Assured Fitness	Specialized Military Fitness Programming	Workshop/Seminar	1.5	12/31/19
Assured Fitness	Yoga 24/7	Workshop/Seminar	0.4	12/31/19
Assured Fitness	Yoga Burn & Firm	Workshop/Seminar	0.4	12/31/19
Assured Fitness	Youth Fitness - Fit-4-Kids	Workshop/Seminar	0.8	12/31/19
Aumakua Productions LLC	PolyFit	Workshop/Seminar	0.7	12/31/19
Australian Strength Performance	Advanced Hypertrophy Level 2	Workshop/Seminar	1.9	12/31/19 www.trainasp.com.au/education/
Australian Strength Performance	ASP Coach Level 1 Certification	Workshop/Seminar	1.9	12/31/19 www.trainasp.com.au/education/
Australian Strength Performance	Fat Loss Specialization	Workshop/Seminar	1.9	12/31/19
Australian Strength Performance	Hypertrophy Level 1	Workshop/Seminar	1.4	12/31/19
Australian Strength Performance	Physique Transformation Level 1	Workshop/Seminar	0.7	12/31/19
Autism Fitness (Theraplay-NY, LLC)	Autism Fitness Level I Certification	Workshop/Seminar	1.4	12/31/19 www.autismfitness.com
Balanced Body	Anatomy in Three Dimensions Instructor Training	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Body	Balanced Body Barre Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Body	Balanced Body Barre Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/19 pilates.com
Balanced Body	Balanced Body Movement Principles	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Body	Bodhi Suspension System® Instructor Training Comprehensive	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Body	Bodhi Suspension System® Instructor Training, Fundamentals	Workshop/Seminar	0.8	12/31/19 pilates.com
Balanced Body	Mat 1 Instructor Training	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Body	Mat 3: Enhanced Pilates Mat + Props	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Body	MOTR™ Instructor Training Fundamentals	Workshop/Seminar	0.8	12/31/19 pilates.com
Balanced Body	MOTR™ Instructor Training, Comprehensive	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Body	Pilates on Tour - London 2019	Conference	1.9	12/31/19 pilates.com
Balanced Body	Pilates on Tour - Phoenix 2019	Conference	1.9	12/31/19 pilates.com
Balanced Body	Pilates on Tour - Studio Tour Pittsburgh 2019	Conference	1.9	12/31/19 pilates.com
Balanced Body	Reformer 1 Instructor Training	Workshop/Seminar	1.6	12/31/19 pilates.com
Balanced Habits	Balanced Habits Food Coach (Self Study)	Home Study	1.4	12/31/19 balancedhabits.com
Barre Certification (IBBFA)	Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor	Home Study	0.8	12/31/19 www.barrecertification.com
Barre Certification (IBBFA)	Barre Level 1- Fundamentals of Barre Technique	Workshop/Seminar	1.9	12/31/19 https://barrecertification.com/
Barre Shape	Barre Shape Certification	Workshop/Seminar	1.9	12/31/19
Barre Variations	Barre Variation Teacher Training	Workshop/Seminar	0.8	12/31/19
Barre Vida	Barre Vida Certified Instructor Trainer	Workshop/Seminar	1.2	12/31/19 www.barrevidausa.com
BarreFlow	BarreFlow FIRE and Fe	Workshop/Seminar	0.4	12/31/19 barreflow.net
BarreFlow	BarreFlow Instructor Training	Workshop/Seminar	1.2	12/31/19 barreflow.net
BarreFlow	What the Tuck	Workshop/Seminar	0.2	12/31/19 www.barreflow.net
Be Well Personal Training	Integrating the Thoracic Spine and Pelvis	Workshop/Seminar	0.4	12/31/19 www.jennpilotti.com
Beachbody, LLC	2B Mindset	Home Study	1.2	12/31/19 beachbodylive.com
Beachbody, LLC	All-Star Presenter Workshop	Workshop/Seminar	1.2	12/31/19 beachbodylive.com
Beachbody, LLC	CORE DE FORCE Instructor Workshop	Home Study	0.7	12/31/19 www.beachbody.com
Beachbody, LLC	INSANITY LIVE Express Instructor Workshop	Home Study	0.2	12/31/19 www.beachbody.com
Beachbody, LLC	INSANITY LIVE Instructor Workshop	Workshop/Seminar	0.7	12/31/19 www.beachbody.com
Beachbody, LLC	P90X LIVE Express Instructor Workshop	Home Study	0.2	12/31/19 www.beachbody.com
Beachbody, LLC	P90X LIVE Instructor Workshop	Workshop/Seminar	0.7	12/31/19 www.beachbodylive.com
Beachbody, LLC	PIYo LIVE Express Instructor Workshop	Home Study	0.2	12/31/19 www.beachbody.com
Beachbody, LLC	PIYo LIVE Instructor Workshop	Workshop/Seminar	0.7	12/31/19 www.beachbodylive.com
Beachbody, LLC	TURBO KICK LIVE Express Instructor Workshop	Home Study	0.2	12/31/19 www.beachbody.com
Beachbody, LLC	TURBO KICK LIVE Instructor Workshop	Workshop/Seminar	0.7	12/31/19 www.beachbodylive.com
BeatBoss, LLC	BeatBoss Indoor Biking	Workshop/Seminar	1.4	12/31/19 www.beatboss.rocks
BODY FX	Figure 8 Basic Instructor	Home Study	0.6	12/31/19
BollyX	BollyX Instructor	Workshop/Seminar	0.7	12/31/19 www.bollyx.com
BollyX	BollyX® LIT 4-hour	Workshop/Seminar	0.4	12/31/19 www.bollyx.com
Boogie Bounce	One Day Training Workshop	Workshop/Seminar	0.7	12/31/19
Booty Barre	barreless	Workshop/Seminar	0.8	12/31/19 www.barreless.com
Booty Barre	BootyBarre PLUS	Workshop/Seminar	0.9	12/31/19 www.bootybarre.com
Booty Barre	BootyBarre plus Flex & Flow	Workshop/Seminar	1.8	12/31/19 http://www.bootybarre.com
Box 'N Burn Academy	Box 'N' Burn Academy Level 1 Course	Workshop/Seminar	0.7	12/31/19 www.boxnburnacademy.com
Box 'N Burn Academy	Box 'N' Burn Academy Level 2 Course	Workshop/Seminar	0.7	12/31/19 http://www.boxnburnacademy.com
Box 'N Burn Academy	Box N Burn Academy Online Course	Home Study	0.9	12/31/19 www.boxnburnacademy.com
Boxing & Barbells	Boxing & Barbells Level 1	Workshop/Seminar	0.8	12/31/19 www.boxingandbarbells.com
Boxing & Barbells	Boxing & Barbells Level 1 (Self Study)	Home Study	1.0	12/31/19 www.boxingandbarbells.com
Brian Grant Foundation	Exercise for Parkinson's (Home Study)	Home Study	0.6	12/31/19 www.briangrant.org
Brian Grant Foundation	Exercise for Parkinson's (Workshop)	Workshop/Seminar	0.6	12/31/19 www.briangrant.org
Brian Gryn	Certified Intermittent Fasting Coach	Workshop/Seminar	0.3	12/31/19 briangryn.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Adductors	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	1.6	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Ankle Joint	Home Study	0.3	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Anterior Oblique Subsystem Integration	Workshop/Seminar	0.1	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Biceps Femoris	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Cervical Spine	Home Study	0.3	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Coracobrachialis	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Corrective Exercise Lab	Workshop/Seminar	1.6	12/31/19 brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Cervical Flexor Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Longitudinal Subsystem	Home Study	0.1	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Longitudinal Subsystem	Home Study	0.1	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Neck Flexors	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deltoids	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	0.1	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Erector Spinae	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT))	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/

Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Flexor Hallucis Longus and Flexor Digitorum Longus	Workshop/Seminar	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 1: Introduction	Home Study	0.3	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	0.3	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	0.3	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Medius Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip External Rotator: Release and Lengthening	Home Study	0.1	12/31/19 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Flexor: Release and Lengthening	Home Study	0.1	12/31/19 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Internal Rotator: Release and Lengthening	Home Study	0.1	12/31/19 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Joint	Home Study	0.3	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Infraspinatus and Teres Minor	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Integrated Functional Anatomy of the Cervical Spine	Home Study	0.3	12/31/19 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Intrinsic Stabilization Subsystem	Workshop/Seminar	0.1	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Knee Joint	Home Study	0.3	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Latissimus Dorsi	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Levator Scapulae	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Extremity Dysfunction	Home Study	0.4	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lumbar Extensor: Release and Lengthening	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Cell Structure and Function	Home Study	0.1	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Fiber Types	Workshop/Seminar	0.1	12/31/19 brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Length Tests	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	0.2	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	0.2	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Major	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Minor	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Performance Program Design	Workshop/Seminar	1.6	12/31/19 brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Plantar Flexor: Release and Lengthening	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Popliteus	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Posterior Oblique Subsystem Integration	Workshop/Seminar	0.1	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction	Workshop/Seminar	0.4	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	0.3	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rectus Abdominis & Pyramidalis	Home Study	0.2	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Regional Interdependence: Hip and Ankle	Home Study	1.0	12/31/19 www.brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rhomboids	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Scapular Muscles: Release and Lengthening	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	0.2	12/31/19 www.BrookbushInstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder External Rotator Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Joint	Home Study	0.3	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Soleus	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	0.3	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Subscapularis	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Supraspinatus	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tensor Fascia Latae	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Teres Major	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibia External Rotator: Release and Lengthening	Home Study	0.1	12/31/19 https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Transverse Abdominis Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Activation	Home Study	0.1	12/31/19 http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Muscle	Home Study	0.2	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Goniometric Assessment	Home Study	0.2	12/31/19 http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/19 brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	0.1	12/31/19 https://brentbrookbush.com/
Brown Dog Yoga	BDY Barre Certification	Workshop/Seminar	1.4	12/31/19
Brown Dog Yoga	BDY Cycle Training Program	Workshop/Seminar	0.9	12/31/19 www.browndogyoga.com
Bruce and Mindy Inc.	Cooking and Coaching	Workshop/Seminar	0.9	12/31/19 bruceandmindy.com
Bruce and Mindy Inc.	Fluid Strength	Workshop/Seminar	0.4	12/31/19 bruceandmindy.com
Bruce and Mindy Inc.	Gliding Total Body	Workshop/Seminar	0.4	12/31/19 bruceandmindy.com
Bruce and Mindy Inc.	One Day to Wellness	Workshop/Seminar	0.9	12/31/19 bruceandmindy.com
Burrell Education	Advanced Pregnancy Wellness Practitioner - Level 2	Home Study	1.0	12/31/19 https://www.burrelleducation.com
Burrell Education	Breathe Better	Home Study	1.0	12/31/19 https://www.burrelleducation.com
Burrell Education	Meno Strength®	Home Study	1.0	12/31/19 https://www.burrelleducation.com
Burrell Education	Pelvic Flow and Freedom	Home Study	1.0	12/31/19 https://www.burrelleducation.com
Cancer Exercise Training Institute	Breast Cancer Recovery BOSU® Specialist Advanced Qualification Certification	Home Study	1.9	12/31/19 www.thecancerspecialist.com
Cancer Exercise Training Institute	Cancer Exercise Specialist Advanced Qualification (Home Study)	Home Study	1.9	12/31/19 www.thecancerspecialist.com
Carrick Institute for Graduate Studies	502: Cardiovascular Enhancement and Neuro-Integration	Workshop/Seminar	1.9	12/31/19 https://carrickinstitute.com
Carrick Institute for Graduate Studies	503: Metabolism and Neuro-Nutritional Strategies	Workshop/Seminar	1.9	12/31/19 https://carrickinstitute.com
Carrick Institute for Graduate Studies	504: Neuro-Modulation of Human Performance	Workshop/Seminar	1.9	12/31/19 https://carrickinstitute.com
Catalyst Athletics, Inc.	Online Weightlifting Coach Certification - Level 1	Home Study	1.4	12/31/19 www.catalystathletics.com
Chakaboom Fitness	CHAKABOONCE Instructor Training	Workshop/Seminar	0.8	12/31/19 www.chakaboomfitness.com

Chakaboom Fitness	The Chakaboom Fitness Experience, Instructor Training	Workshop/Seminar	0.6	12/31/19	http://www.chakaboomfitness.com
CoachAbility	CoachAbility	Workshop/Seminar	1.1	12/31/19	www.coachability.fit
Compact Health Pty Ltd	The Power of Calm	Home Study	0.5	12/31/19	www.courses-powerofcalm.com/the-power-of-calm
Core Athletica Inc.	Knocked-Up Fitness® Prenatal and Postnatal Exercise Specialist Course	Home Study	1.9	12/31/19	Knocked-UpFitness.com
Core Exercise Solutions	Postpartum Corrective Exercise Specialist	Workshop/Seminar	1.9	12/31/19	www.coreexercisesolutions.com
Core Health & Fitness	BoxMaster Instructor Workshop	Workshop/Seminar	0.5	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	0.8	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn Cycling Online Classic Instructor	Home Study	0.7	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling Workshop: All the Right Cues	Workshop/Seminar	0.2	12/31/19	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: Class Design Crunch Time	Workshop/Seminar	0.2	12/31/19	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: Leave Em Breathless	Workshop/Seminar	0.2	12/31/19	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: Classic Instructor Certification	Workshop/Seminar	0.8	12/31/19	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: How to WOW	Workshop/Seminar	0.2	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling: Power Instructor Certification	Workshop/Seminar	0.8	12/31/19	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: The Magic of Music	Workshop/Seminar	0.2	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling: The Power Behind Power	Workshop/Seminar	0.2	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn Indoor Cycling: To Breathless and Back Again	Workshop/Seminar	0.2	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling - Pedal & Pulse	Workshop/Seminar	0.2	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling - Train Right 2 Ride Right	Workshop/Seminar	0.2	12/31/19	www.corehandf.com/certification
Core Health & Fitness	Schwinn® Cycling: Super Star Substitute	Workshop/Seminar	0.2	12/31/19	www.corehandf.com/certification
Core Health & Fitness	StairMaster HIIT Instructor Training Program	Workshop/Seminar	0.4	12/31/19	www.corehandf.com/certification
CorePower Yoga	Yoga Sculpt Teacher Training	Home Study	1.9	12/31/19	www.corepoweryoga.com
Country Fusion™	Country Fusion	Workshop/Seminar	0.7	12/31/19	www.countryfusion.net
CTMAXX	CTMAXX Level 1	Home Study	0.2	12/31/19	CTmaxx.com
CTY Fitness	Commit Dance Fitness	Workshop/Seminar	0.7	12/31/19	
Cycling Fusion, LLC	Essentials Indoor Cycling Instructor Workshop	Workshop/Seminar	0.7	12/31/19	www.cyclingfusion.com
Dan-Z Fitness Pte Ltd	Official KpopX® Fitness Instructor	Workshop/Seminar	0.8	12/31/19	www.kpopxfitness.com
Davide Zanichelli	GET! Gymball Evo Training®	Workshop/Seminar	1.5	12/31/19	www.fit-up-solution.com
Debbie Roberts Seminars	Flexibility Coach	Workshop/Seminar	1.8	12/31/19	www.debbierobertsseminars.com
DIAKADI	Experts Insights on Exercise Prescription & Progressions	Workshop/Seminar	0.2	12/31/19	www.diakadibody.com
DIAKADI	Experts Insights on Online & Remote Training	Workshop/Seminar	0.2	12/31/19	www.diakadibody.com
Discover Strength	Resistance Exercise Conference 2019	Conference	0.7	12/31/19	www.resistanceexerciseconference.com
Dr. Julian Cano LLC	Holistic Fitness and Nutrition Seminar	Workshop/Seminar	0.8	12/31/19	www.drcano.net
Dr. Sears Wellness Institute	Health Coach Certification-Adults & Seniors	Home Study	1.9	12/31/19	drsearswellnessinstitute.org
Dr. Sears Wellness Institute	Health Coach Certification-Families	Home Study	1.9	12/31/19	drsearswellnessinstitute.org
Dr. Sears Wellness Institute	Health Coach Certification-Pregnancy	Home Study	1.9	12/31/19	drsearswellnessinstitute.org
Drums Alive	Drums Alive® Basic On-line Instructor Specialty Certificate	Home Study	0.8	12/31/19	
Empower Training Systems, Inc.	Empower (Martial Fitness) Kickboxing Fitness Instructor Training	Home Study	1.9	12/31/19	www.empower-usa.com
Empower Training Systems, Inc.	Empower Self Defense Instructor Training – Phase 1 & 2	Home Study	1.9	12/31/19	www.empower-usa.com
EMPOWER!	Barbell Strength	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Define Your WHY behind Every Class from a Scientific Standpoint	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	DJ SCHOOL: Music Mixology	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	EDG Cycle	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	EDG Sculpt	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	FEEDBACK: It's a 2-Way Street	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	FIGHT IQ	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Gluteus MAXout	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Intense vs. Impressive	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Kettlebell Kombine	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Music Mastery	Workshop/Seminar	0.2	12/31/19	
EMPOWER!	No Bench Warmers	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	OWN IT: MARKETING AND BUILDING YOUR PERSONAL BRAND	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Play the Cards	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	PWR Cycle	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Regeneration is the Missing Link to Complete Training	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Tapping Into Your Authentic Performer	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Tell Me More	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	The Art of Kettlebell Training	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	The Art of Transitions	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	The Ultimate Connection	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	Warrior Sculpt	Workshop/Seminar	0.4	12/31/19	
EMPOWER!	XTREME	Workshop/Seminar	0.4	12/31/19	
Evolution Athletics	Corrective Exercise and Technology	Workshop/Seminar	0.5	12/31/19	
Evolution Power Yoga	Anatomy of Yoga Series	Workshop/Seminar	1.9	12/31/19	http://evolutionpoweryoga.com
Exercise and Nutrition Works, Inc.	Certified Fitness Nutrition Specialist	Home Study	1.9	12/31/19	www.NutritionCertification.com
Exercise Etc Inc	Age Appropriate Strength Training	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Athletic Body in Balance	Home Study	1.9	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Avoiding Common Fitness Injuries	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com/power.html
Exercise Etc Inc	Balance, Mobility & Function	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Balance, Stability & Fall Prevention	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Cheap Tricks for Trainers	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Complete Guide to Foam Rolling	Home Study	1.0	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Complete Guide to TRX® Suspension Training	Workshop/Seminar	1.0	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Comprehensive Recovery Strategies	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Conditioning to the Core	Home Study	1.0	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Core Training Anatomy	Home Study	1.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Core Training for Seniors	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Core Training: Working Hard or Hardly Working?	Home Study	0.2	12/31/19	www.exerciseetc.com

Exercise Etc Inc	Defying Gravity: Balance Drills for Seniors	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Dynamic Balance & Mobility	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Exercise & the Older Adult	Workshop/Seminar	0.2	12/31/19	http://www.exerciseetc.com/
Exercise Etc Inc	Exercise & the Older Shoulder	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com/
Exercise Etc Inc	Exercise to Improve Neck & Back Function	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com/
Exercise Etc Inc	Facilitated Stretching	Home Study	1.6	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Fitness Illustrated	Home Study	1.0	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Fitness Professionals Guide to Strength Training Older Adults, 2017	Home Study	1.2	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Forever Fit: Protecting the Middle Aged Spine	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Forever Young: Secrets of the Older Mind	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Full Body Flexibility	Home Study	0.7	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Functional Forever: Exercise for Independent Living	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Functional Training	Home Study	1.0	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Functional Training: Myths & Mystique	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Good Knee/Bad Knee	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	High Intensity 300	Home Study	1.0	12/31/19	http://exerciseetc.com
Exercise Etc Inc	High Intensity Interval Training	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com/
Exercise Etc Inc	High Intensity Training: When Less is More	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Integrated Postural Training	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Kettlebell Training	Home Study	1.0	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Life After Hip or Knee Replacement	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com/
Exercise Etc Inc	Lift Weight to Lose Weight	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Living Fearless: Exercise, Balance & Core Strength	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Making Connections: Challenging the Older Brain	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Myofascial Release	Workshop/Seminar	1.0	12/31/19	http://exerciseetc.com/
Exercise Etc Inc	Nancy Clark's Sports Nutrition Guidebook	Home Study	1.9	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Never too Late: Functional Core Training for Seniors	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Nutrient Timing	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com/
Exercise Etc Inc	Nutrient Timing for Peak Performance	Home Study	1.9	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Optimal Muscle Training	Home Study	1.5	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Polishing the Golden Years: Age-appropriate Conditioning Exercises	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Proud & Powerful: Conditioning Drills for Older Adults	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Remedial Exercise: Restoring Function to the Deconditioned	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Retired, not Expired: Integrated Strength Training Drills	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Secrets of Strength & Conditioning	Workshop/Seminar	0.2	12/31/19	http://exerciseetc.com/
Exercise Etc Inc	Sports Injuries Guidebook	Home Study	1.9	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Standing Tall: Exercise and the Aging Spine	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Strength & Conditioning for Seniors	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Strength Training Anatomy	Home Study	1.0	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Strength Training Past 50	Home Study	0.9	12/31/19	http://exerciseetc.com
Exercise Etc Inc	Strong Minds: Exercise & Cognitive Function	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	The Ankle: The Biomechanical Marvel	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	The Bionic Elder: Training with New Knees or Hips	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	The Defiant Senior: Exercise to Manage Chronic Illness	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	The HIIT Advantage	Home Study	1.0	12/31/19	http://exerciseetc.com
Exercise Etc Inc	The Integrated Core: Coordinating the Inner & Outer Units	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	The Knee: Top Trends in Training	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	The Shoulder: New School Training Techniques	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	The Vibrant Senior: Putting the FUN in Functional Training	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Tricks Every Trainer Should Know	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Understanding Shoulder Dysfunction	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Walk the Walk: Functional Ambulation Drills	Workshop/Seminar	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Walking Tall: Mobility Drills for Seniors	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Weight Management: Secrets & Lies	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	When Good Knees Go Bad	Home Study	0.2	12/31/19	www.exerciseetc.com
Exercise Etc Inc	Women's Home Workout Bible	Home Study	1.6	12/31/19	http://exerciseetc.com
exhale	exhale Barre Teacher Training Module 1	Workshop/Seminar	1.9	12/31/19	http://exhalespa.com/
exhale	exhale Barre Teacher Training Module 2	Workshop/Seminar	1.9	12/31/19	http://www.exhalespa.com
exhale	exhale Core Strengthening Series	Workshop/Seminar	0.4	12/31/19	exhalespa.com
exhale	exhale Glutes Strengthening Series	Workshop/Seminar	0.4	12/31/19	exhalespa.com
exhale	exhale Stretch Series	Workshop/Seminar	0.4	12/31/19	exhalespa.com
exhale	exhale Thigh Strengthening Series	Workshop/Seminar	0.4	12/31/19	exhalespa.com
exhale	exhale Upper Body Series	Workshop/Seminar	0.4	12/31/19	exhalespa.com
Explosive Fitness Performance	Speed & Agility/Strength Workshop	Conference	0.5	12/31/19	
Fit For Birth, Inc	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	1.9	12/31/19	www.getfitforbirth.com
FIT4MOM	Body Back	Home Study	0.4	12/31/19	
FIT4MOM	Body Ignite Certification	Workshop/Seminar	0.3	12/31/19	https://fit4mom.com/
FIT4MOM	Fit4Baby	Home Study	0.3	12/31/19	
FIT4MOM	FIT4MOM Experience	Workshop/Seminar	0.7	12/31/19	
FIT4MOM	FIT4MOM Foundations	Home Study	0.8	12/31/19	
FIT4MOM	Run Club+	Workshop/Seminar	0.3	12/31/19	https://fit4mom.com/
FIT4MOM	Strides 360 Certification	Workshop/Seminar	0.3	12/31/19	https://fit4mom.com/
FIT4MOM	Stroller Barre	Home Study	0.3	12/31/19	
FIT4MOM	StrollerStrides	Home Study	0.4	12/31/19	
FitFixNow	5 Ways You're Losing Your Clients	Home Study	0.2	12/31/19	www.fitfixnow.com
FitFixNow	Boost Your Business with a Better Business Plan	Home Study	0.2	12/31/19	www.fitfixnow.com
FitFixNow	Expand your Reach with Online Face to Face Training	Home Study	0.2	12/31/19	https://www.fitfixnow.com/
FitFixNow	Fit Kids for Life: Reversing Childhood Obesity	Home Study	0.2	12/31/19	

FitFixNow	Growth, Discovery & Programming for the 6 to 9 Year Old: Essentials of Youth Fitness	Home Study	0.3	12/31/19	www.fitfixnow.com
FitFixNow	Helping Your Clients Become Their Best!	Home Study	0.5	12/31/19	http://www.fitfixnow.com
FitFixNow	HIIT for Clients: Getting More with Less	Home Study	0.2	12/31/19	https://www.fitfixnow.com
FitFixNow	Increase Your Income with Online Video Group Training	Home Study	0.2	12/31/19	www.fitfixnow.com
FitFixNow	Making EVERY Client a Success: A Toolkit for Behavior Change	Home Study	0.2	12/31/19	
FitFixNow	Nutrition for Fitness Professionals	Home Study	0.4	12/31/19	https://www.fitfixnow.com
FitFixNow	Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar	0.2	12/31/19	www.fitfixnow.com
FitFixNow	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	0.2	12/31/19	www.fitfixnow.com
FitFixNow	Strong Minds Strong Bodies	Home Study	0.2	12/31/19	www.fitfixnow.com
FitFixNow	Teaching Weight Loss Strategies for Personal Trainers	Home Study	0.3	12/31/19	www.fitfixnow.com
FitFixNow	Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients	Home Study	0.2	12/31/19	www.fitfixnow.com
FitFixNow	The Midas Touch: Golden Clients in their Golden Years	Home Study	0.2	12/31/19	www.fitfixnow.com
FitFixNow	Training Aging Bones and Muscles	Home Study	0.2	12/31/19	http://www.fitfixnow.com
FitFixNow	Training Injured Clients	Home Study	0.3	12/31/19	https://www.fitfixnow.com
FitFixNow	Training the Aging Heart with Safety and Confidence	Home Study	0.4	12/31/19	www.fitfixnow.com
FitFixNow	Training Towards and Away From Knee and Hip Replacement	Home Study	0.3	12/31/19	
FitFixNow	Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom	Home Study	0.5	12/31/19	https://www.fitfixnow.com
FitFixNow	Zen, Science and Better Client Results	Home Study	0.4	12/31/19	www.fitfixnow.com
Fitness Education Online	Medball Essentials for Personal Trainers	Home Study	0.9	12/31/19	
Fitness Education Online	Social Media Essentials Level 2	Home Study	1.0	12/31/19	www.fitnesseducationonline.com.au
Fitness Education Online	Suspension Training Essentials for PTs	Home Study	0.8	12/31/19	
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Female Fitness: Restore the Core while discovering its effects on the whole body	Workshop/Seminar	0.7	12/31/19	
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	ICES Approach to Training Baby Boomers and Seniors	Workshop/Seminar	0.7	12/31/19	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	ICES Approach to Training Baby Boomers and Seniors-Designing Programs	Workshop/Seminar	0.7	12/31/19	www.iihfe.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	Integrative Core Training For the Baby Boomers and Seniors	Workshop/Seminar	0.7	12/31/19	http://www.fitnesseducationseminars.com
Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education	What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement...	Workshop/Seminar	0.4	12/31/19	
Fitness Mentors LLC	Business & Sales: The Guide to Success as a Personal Trainer	Home Study	1.9	12/31/19	www.fitnessmentors.com
Fitness Mentors LLC	Pain Management Specialist	Home Study	1.9	12/31/19	www.fitnessmentors.com
Fitness Mentors LLC	Program Design Specialist	Home Study	1.9	12/31/19	www.fitnessmentors.com
Fitness Mentors LLC	Special Populations Exercise Specialist	Home Study	1.9	12/31/19	www.fitnessmentors.com
Fitness Professionals (FitPro)	ViPR Loaded Movement Training Level 1	Workshop/Seminar	0.4	12/31/19	www.viprfit.com
Fitness Professionals (FitPro)	ViPR Loaded Movement Training Level 2	Workshop/Seminar	0.8	12/31/19	www.viprfit.com
FitnessFest Conference and Expo	FitnessFest Los Angeles 2019	Conference	1.6	12/31/19	www.fitnessfest.org
FitnessGenes	FitnessGenes Pro Trainer Education Workshop	Workshop/Seminar	0.6	12/31/19	www.fitnessgenes.com
FITOUR	Advanced Aqua Self Study	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Advanced Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Advanced Pilates Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Advanced Yoga Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	BootCamp Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Core and Functional Fitness Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	FITOUR Advanced Barre Instructor Certification	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	FITOUR Primary Barre Instructor Certification	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Group Barbell Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Kickboxing Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Myofascial Release Self Study	Workshop/Seminar	0.8	12/31/19	http://www.fitour.com
FITOUR	Pilates Reformer Level 1 Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Primary Aqua Live Workshop	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Primary Aqua Self Study	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Primary Indoor Cycling Live Workshop	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Primary Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Primary Pilates Live Workshop	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Primary Pilates Self Study	Workshop/Seminar	0.8	12/31/19	www.fitour.com
FITOUR	Primary Yoga Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Stability Ball Self Study	Home Study	0.8	12/31/19	www.fitour.com
FITOUR	Step Self Study	Home Study	0.8	12/31/19	www.fitour.com
FitSteps	FitSteps Instructor Training Program	Home Study	0.4	12/31/19	fitstepsdance.com
Flexibility First Academy	Certified Flexibility Specialist: Level One	Workshop/Seminar	1.9	12/31/19	www.flexibilityfirstacademy.com
Focusmaster	Focusmaster Strike Training Workshop	Workshop/Seminar	0.5	12/31/19	http://www.focusmaster.com
Functional Medicine Coaching Academy (FMCA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	1.8	12/31/19	http://www.functionalmedicinecoaching.org
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Functional Movement Screen - Level 1	Home Study	1.2	12/31/19	www.functionalmovement.com
FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC)	Functional Movement Screen - Level 2	Home Study	1.5	12/31/19	www.functionalmovement.com
Functional Training Institute (Singapore)	Dual Zone Myofascial Release	Workshop/Seminar	0.8	12/31/19	http://www.fti-lwz.com/dual-zone-myofascial-release
Functional Training Institute (Singapore)	Swiss Ball Metabolic Training	Workshop/Seminar	0.8	12/31/19	www.fti-lwz.com
Girls Gone Strong	Girls Gone Strong L1 Certification	Home Study	1.9	12/31/19	academy.girlsgonestrong.com
Girls Gone Strong	Moms Gone Strong Module 1: Trying to Conceive	Home Study	0.2	12/31/19	http://www.girlsgonestrong.com
Girls Gone Strong	Moms Gone Strong Module 2: Pregnancy	Home Study	0.2	12/31/19	http://www.girlsgonestrong.com
Girls Gone Strong	Moms Gone Strong Module 3: Post-Pregnancy	Home Study	0.2	12/31/19	http://www.girlsgonestrong.com
Girls Gone Strong	Pre- & Postnatal Coaching Certification	Workshop/Seminar	1.9	12/31/19	academy.girlsgonestrong.com
GloBarre	GloBarre Essential Class	Workshop/Seminar	0.5	12/31/19	globarre.com
Go Fitness Academy	Flexfit Pilates	Workshop/Seminar	0.8	12/31/19	
GRIT Fitness	BODY SCULPT INSTRUCTOR	Workshop/Seminar	1.5	12/31/19	
GRIT Fitness	CIRCUIT & INTERVAL INSTRUCTOR	Workshop/Seminar	1.5	12/31/19	DALLASGRITFITNESS.COM
GRIT Fitness	powerbelle™ INSTRUCTOR	Workshop/Seminar	1.5	12/31/19	
GRIT Fitness	Revolution Cycling Instructor	Workshop/Seminar	1.5	12/31/19	
Halem Cycle	From Good to Great	Workshop/Seminar	0.4	12/31/19	www.harlem-cycle.com
Healthworks Group	Postural Analysis	Workshop/Seminar	0.5	12/31/19	www.healthworksfitness.com
Healthworks Group	Small Group Training 101	Workshop/Seminar	0.5	12/31/19	www.healthworksfitness.com
Healthworks Group	Training the Pre/Post Natal Client	Workshop/Seminar	0.3	12/31/19	www.healthworksfitness.com

HeartZones USA	Heart Zones Training and Indoor Cycling	Workshop/Seminar	0.8	12/31/19	www.heartzones.com
Hedstrom Fitness	3D XTREME™ powered by BOSU®	Workshop/Seminar	0.6	12/31/19	http://www.bosu.com
Hedstrom Fitness	BOSU® Advanced Programming Strategies	Workshop/Seminar	0.4	12/31/19	www.bosu.com
Hedstrom Fitness	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	0.2	12/31/19	http://www.bosu.com
Hedstrom Fitness	BOSU® HIIT XTREME	Workshop/Seminar	0.2	12/31/19	http://www.bosu.com
Hedstrom Fitness	BOSU® Mindful Movement & Mobility	Workshop/Seminar	0.4	12/31/19	www.bosu.com
Hedstrom Fitness	BOSU® Next Generation Balance Training	Workshop/Seminar	0.4	12/31/19	www.bosu.com
Hedstrom Fitness	BOSU® STRONG + STRETCHED	Workshop/Seminar	0.2	12/31/19	http://www.bosu.com
Hedstrom Fitness	Surge® Hydro Performance Training	Workshop/Seminar	0.4	12/31/19	www.surgestrong.com
Hedstrom Fitness	Surge® Hydro Program Design	Workshop/Seminar	0.4	12/31/19	www.surgestrong.com
Hedstrom Fitness	Surge® Hydro Training System	Workshop/Seminar	0.4	12/31/19	www.surgestrong.com
Hyperwear	SandBell® Level 1 Workshop	Workshop/Seminar	0.4	12/31/19	www.hyperwear.com
IDEA Health & Fitness	21st Century Body Sculpt	Home Study	0.1	12/31/19	
IDEA Health & Fitness	A Different Look at Core Training: The Backside	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success!	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Active Resistance Training® Total Body Mat Practice	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Advanced and Progressive Mechanics of Lifting and Strength Training	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Anatomy of a Fitness Business	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/19	http://www.idealife.com
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 2: Resistance Training for Young Adults, and Spot Scapular Dysk	Home Study	0.1	12/31/19	
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 3: Help Clients Avert ACL Tears	Home Study	0.1	12/31/19	
IDEA Health & Fitness	April 2018 IDEA Fitness Journal Quiz 4: Misconceptions About Fats	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Back to Basics With Anatomy	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Balanced Body™: Pilates Smart Core Challenge	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Balancing Hormones for Optimal Weight Loss	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Balancing Hormones through Nutrition	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Battle Rope Mastery	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Become a World Class Coach- Top Seven Must Do's to Create Success and Significance	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Beyond the Macros: Placing the Focus Back on Nutrient-Dense Foods	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Body-Weight Training-Amped Up	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Cardio-Strength Circuits for Fun and Function!	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Communicating With Your Female Clients for Breakthrough Results	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Complete Program Design for the Obese/Overweight Client	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Core Connections: Progression Strategies to Enhance Core Function	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Creative Circuits - Five Steps to Better Program Design	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Designing a Self-Myofascial Release Program	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	East Meets West: A Mindful Approach to Health Coaching	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Eating a Lower Inflammatory Diet	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Extreme Equipment-LESS Boot Camp	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Fascia Release for Yoga	Home Study	1.0	12/31/19	www.idealife.com
IDEA Health & Fitness	Fascial Line Mobility	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Fat-Loss Programming for Your Female Clients	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2019 IDEA Fitness Journal Quiz 2: Resistance Training for Muscle Size, and Weight Training	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/19	
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra	Home Study	0.1	12/31/19	
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training	Home Study	0.1	12/31/19	http://www.idealife.com
IDEA Health & Fitness	February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	From Neck to Knees...More Than Just Core!	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	From the Hip	Home Study	0.2	12/31/19	
IDEA Health & Fitness	Functional Assessment for Special Populations	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Functional Balance Circuits for the Active Adult (ACE Mover Academy)	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Functional Balance for the Active Aging Adult, by ActivMotion Bar™	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Functional Circuits for Aging Clients	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Functional Power Training for Older Clients, by FAI	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	GENERATE Buzz With Simple Marketing	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Goodbye Infobesity, Hello Action Plan!	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Group Exercise Applications for Training the Posterior Chain	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Hidden Secrets to Core Performance	Home Study	0.2	12/31/19	

IDEA Health & Fitness	High-Intensity Kettlebell Training	Home Study	0.1	12/31/19
IDEA Health & Fitness	HIITs Blitz	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	How Hormones and Metabolism Change the Training Game for Females	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	How to Run Your Own "Drop Two Sizes" Challenge	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	I Q U Do: The Art of Intelligent Coaching	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	IDEA Personal Trainer Institute East (2019)	Conference	1.9	12/31/19
IDEA Health & Fitness	IDEA Personal Trainer Institute South (2019)	Conference	1.9	12/31/19
IDEA Health & Fitness	Insights Into Functional Training and Corrective Movement	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	Insights Into Lower-Back Pain and Functional Solutions	Home Study	0.2	12/31/19
IDEA Health & Fitness	Intermittent Fasting: Science or Fiction?	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	Is It Time to Eat Yet? Nobel Prize-Winning Body Clock Science Has the Answer	Home Study	0.1	12/31/19
IDEA Health & Fitness	It Takes Guts! Connecting the Brain, Diet and Microbiome	Home Study	0.1	12/31/19
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Sup	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Essential Elements of Teachin	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 2: Exercise and Mental Health, and Benefits of Effortful Lear	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 3: Enhancing Mobility, Stability and Balance With Yoga	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2019 IDEA Fitness Journal Quiz 4: Food and Nutrition News, and Helping Clients Improve Nutri	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/19
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Pre.	Home Study	0.1	12/31/19
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	0.1	12/31/19
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	0.1	12/31/19
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/19
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 2: Using Circadian Rhythms to Guide Eating Schedules	Home Study	0.1	12/31/19
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 3: How the Human Microbiome Affects Overall Health	Home Study	0.1	12/31/19
IDEA Health & Fitness	July/August 2018 IDEA Fitness Journal Quiz 4: Women and Physical Activity	Home Study	0.1	12/31/19
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	0.1	12/31/19 http://www.idealife.com
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News	Home Study	0.1	12/31/19 http://www.idealife.com
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals	Home Study	0.1	12/31/19 http://www.idealife.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 2: Benefits of Exercise for Children, and Helping Stroke Survivo	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/19
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 2: The Efficiency of HIIT, and Ground-to-Standing Exercises for	Home Study	0.1	12/31/19
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 3: Methods That Encourage Behavior Change	Home Study	0.1	12/31/19
IDEA Health & Fitness	June 2018 IDEA Fitness Journal Quiz 4: The Risks of Bone Loss	Home Study	0.1	12/31/19
IDEA Health & Fitness	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	Little Tweaks for Big Results!	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	Make Your Barre Classes a HIIT	Home Study	0.2	12/31/19
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering...	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/19
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O	Home Study	0.1	12/31/19
IDEA Health & Fitness	March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back	Home Study	0.1	12/31/19
IDEA Health & Fitness	May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W	Home Study	0.1	12/31/19 http://www.idealife.com
IDEA Health & Fitness	May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends	Home Study	0.1	12/31/19 http://www.idealife.com
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Improving Performance Through Int	Home Study	0.1	12/31/19
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 2: Walking for Functional Health: Gait Speed and Biomechanics	Home Study	0.1	12/31/19
IDEA Health & Fitness	May 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and A New Solution to Obesity and Chr	Home Study	0.1	12/31/19
IDEA Health & Fitness	Metabolic Disruption	Home Study	0.1	12/31/19
IDEA Health & Fitness	Motivational Interviewing Skills Produce Targeted Results	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	Motivational Interviewing: Help Clients Own the Talk That Drives the Walk	Home Study	0.1	12/31/19
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition	Home Study	0.1	12/31/19
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 2: The Role of the Exercise and the Endocrine Syste	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 3: Snowboarder Training, & Cardio and Strength Trai	Home Study	0.1	12/31/19
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 4: Motivating Clients to Make Lasting Changes in Nu	Home Study	0.1	12/31/19
IDEA Health & Fitness	November/December 2018 IDEA Fitness Journal Quiz 5: Healthy Diets & Cognitive Functions, & Counterac	Home Study	0.1	12/31/19
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 2	Home Study	0.1	12/31/19
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 3	Home Study	0.1	12/31/19
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 4	Home Study	0.1	12/31/19
IDEA Health & Fitness	November-December 2017 IDEA Food and Nutrition Tips Quiz 1	Home Study	0.1	12/31/19
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 1	Home Study	0.1	12/31/19
IDEA Health & Fitness	October 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Assessing Clients Risk of Car	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	October 2018 IDEA Fitness Journal Quiz 2: Limiting Biological Damage With Exercise, and Aquatic Mind	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	October 2018 IDEA Fitness Journal Quiz 3: Coaching Teens for Better Health, and Food and Nutrition N	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating	Home Study	0.1	12/31/19 www.idealife.com
IDEA Health & Fitness	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	Pain-Free Movement-The Science and Application (ACE Mover Academy)	Home Study	0.2	12/31/19
IDEA Health & Fitness	Pilates 50/50	Home Study	0.2	12/31/19 www.idealife.com
IDEA Health & Fitness	Pilates on the Ball	Home Study	0.1	12/31/19 www.idealife.com

IDEA Health & Fitness	Posture Improvement Workshop	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Power Core for Sports and Fitness Performance	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Promote Behavior Change With Better Coaching	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Protein Obsessed: Sorting the Truth From the Hype	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Protein Overload: Are You Eating More Than You Need?	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Proven Strategies to Build Your Brand Using YouTube	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Putting Heart into Mind-Body Training	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	REACH More Clients: Be Loud and Proud	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Rescue Your Knees - Look at Your Feet	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Restoring Fundamental Movement Patterns with Corrective Strategies	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Rock Solid!	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	September 2018 IDEA Fitness Journal Quiz 1: Fitness Technology Research and Sports Biomechanics	Home Study	0.1	12/31/19	
IDEA Health & Fitness	September 2018 IDEA Fitness Journal Quiz 2: Encouraging a New Generation of Healthy Young People	Home Study	0.1	12/31/19	
IDEA Health & Fitness	September 2018 IDEA Fitness Journal Quiz 3: Food and Nutrition News	Home Study	0.1	12/31/19	
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 1: Functional Aging	Home Study	0.1	12/31/19	http://www.idealife.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 2: Sports Nutrition	Home Study	0.1	12/31/19	http://www.idealife.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 3: Brain Health	Home Study	0.1	12/31/19	http://www.idealife.com
IDEA Health & Fitness	SGT Ken® and Stephanie's Fitness Business Basics™	Home Study	0.8	12/31/19	www.idealife.com
IDEA Health & Fitness	SGT Ken's Boot Camp™ Instructor Certification (Level One)	Home Study	0.8	12/31/19	www.idealife.com
IDEA Health & Fitness	Sleep Science for Fitness Professionals	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Solutions for Training Post-pregnancy Clients	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Spinal Stabilization Versus Pelvic Stabilization	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Strength Training for Optimal Results	Home Study	0.1	12/31/19	
IDEA Health & Fitness	Techniques to Rehabilitate and Protect the Knees	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Better, Not Perfect, Nutrition Plan	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Business of Group Exercise – Beyond the Numbers	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The BYOB Workout	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Death of Crunches: 20 True Core Exercises	Home Study	0.2	12/31/19	
IDEA Health & Fitness	The Female Glute Relocation Program	Home Study	0.2	12/31/19	
IDEA Health & Fitness	The Female Lumbo-Pelvic Complex (ACE Mover Academy)	Home Study	0.2	12/31/19	
IDEA Health & Fitness	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Matrix - Innovative Group Strength Design	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Online Fitness Frontier	Home Study	0.2	12/31/19	
IDEA Health & Fitness	The Roll Model® Fascial Makeover: Prioritize Your Periphery	Home Study	0.2	12/31/19	
IDEA Health & Fitness	The Science of Functional Aging	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Ultimate Light Dumbbell Workout	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	The Warm-Up Makeover: Start With a Bang!	Home Study	0.2	12/31/19	
IDEA Health & Fitness	ThinkFit™ Flexibility: Dynamic Stretching Tricks and Tools	Home Study	0.2	12/31/19	
IDEA Health & Fitness	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Today's Food Conversation	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Total Massage, Relaxation and Beyond	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Translating Today's Nutrition Science for Your Clients	Home Study	0.1	12/31/19	
IDEA Health & Fitness	TriggerPoint™ Corrective Strategies for Hip Dysfunction	Home Study	0.2	12/31/19	
IDEA Health & Fitness	TriggerPoint™ Corrective Strategies for the Foot and Ankle	Home Study	0.2	12/31/19	
IDEA Health & Fitness	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Understanding and Interpreting the Functional Movement Screen	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Understanding the Female Pelvic Core Neuromuscular System	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Upper Extremity Mechanics and Techniques	Home Study	0.2	12/31/19	
IDEA Health & Fitness	Using Function to Avoid Dysfunction in Aging	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Weighing The Evidence Behind Nutrition Research	Home Study	0.1	12/31/19	www.idealife.com
IDEA Health & Fitness	Winning Group Strength Program Design	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Yoga Anatomy 101 Certificate	Home Study	1.0	12/31/19	
IDEA Health & Fitness	Yoga for Optimal Client Performance	Home Study	0.2	12/31/19	
IDEA Health & Fitness	Yoga: Adjust Me Puhleeeeeee!	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Yoga: Progressions and Regressions	Home Study	0.2	12/31/19	www.idealife.com
IDEA Health & Fitness	Your Guide to Stronger Legs and Great Glutes!	Home Study	0.1	12/31/19	www.idealife.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level I	Workshop/Seminar	0.8	12/31/19	www.UltimateSandbagTraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level II	Workshop/Seminar	0.8	12/31/19	www.DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT One Day Workshop (updated)	Workshop/Seminar	0.4	12/31/19	DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration	Home Study	1.6	12/31/19	ultimatesandbagtraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration (Workshop)	Workshop/Seminar	0.4	12/31/19	
Innovative Fitness Solutions dba Ultimate Sandbag Training	PKM	Workshop/Seminar	0.7	12/31/19	ultimatesandbagtraining.com
Interactive Fitness Trainers of America (IFTA)	ATHLETIC INTERVALS	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	BARRE CONDITIONING	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	BUILD YOUR BODY	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	EQUIPMENTLESS WORKOUT	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	ESSENTIALS OF TEACHING	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	FLOWING FLEXIBILITY	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	HARD CORE CONDITIONING	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	LEARN TO TEACH	Workshop/Seminar	0.8	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	MUSCLE AND MORE	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	POWERTRAIN	Workshop/Seminar	0.4	12/31/19	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	PT AND GROUP LECTURE	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com

Interactive Fitness Trainers of America (IFTA)	TOTAL BODY CONDITIONING AND CORE	Workshop/Seminar	0.2	12/31/19	www.ifta-fitness.com
International Group Fitness Institute	Impulse Body Fitness	Workshop/Seminar	0.8	12/31/19	www.emsimpulse.com
ISSN Asia	ISSN-SNS	Home Study	1.9	12/31/19	www.issnasia.com
Jacksonville University	Jacksonville University Human Performance Conference	Conference	0.7	12/31/19	https://www.ju.edu/kinesiology/humanperformance/conference-2019.php
Jessi Haggerty RDN, CPT	The Nutrition & Body Image Coaching Course	Workshop/Seminar	1.9	12/31/19	http://www.jessihaggerty.com/fitnesspro
Jolly Bodies	QUICKSHOTS Instructor Workshop	Workshop/Seminar	0.8	12/31/19	jollybodiesfitness.com
Josh Crosby	Rowing Education: Technique, Motivation and the Sport of Rowing	Home Study	0.4	12/31/19	
Keiser Corporation	Keiser PowerEd: Accelerate	Workshop/Seminar	0.3	12/31/19	www.keiser.com
Keiser Corporation	Keiser PowerEd: Climb	Workshop/Seminar	0.2	12/31/19	www.keiser.com
Keiser Corporation	Keiser PowerEd: Create	Workshop/Seminar	0.2	12/31/19	
Keiser Corporation	Keiser PowerEd: Empowered	Workshop/Seminar	0.3	12/31/19	www.keiser.com
Keiser Corporation	Keiser PowerEd: Foundations	Workshop/Seminar	0.8	12/31/19	www.keiser.com
Keiser Corporation	Keiser PowerEd: Foundations XP	Workshop/Seminar	0.5	12/31/19	
Keiser Corporation	Keiser PowerEd: Power	Workshop/Seminar	0.2	12/31/19	www.keiser.com
Keiser Corporation	Keiser PowerEd: Technology	Workshop/Seminar	0.2	12/31/19	www.keiser.com
Ketogenic Living 101	Ketogenic Living Certified Coach	Home Study	0.3	12/31/19	
Kettlebell Athletics	Kettlebell Athletics Level 1	Workshop/Seminar	1.2	12/31/19	www.KettlebellAthletics.com
Kettlebell Athletics	Kettlebell Athletics Level 2 - Beyond the Basics	Workshop/Seminar	1.2	12/31/19	www.KettlebellAthletics.com
KIME Human Performance Institute	KIME Bulletproof Summit	Workshop/Seminar	1.6	12/31/19	www.kimeperformance.com
Kinesics Human Movement Systems	Kinesics Practical Evaluation Course	Home Study	0.5	12/31/19	www.kinesicsshms.com
Kinesics Human Movement Systems	KTC 1: Kinesics Training Course 1	Workshop/Seminar	0.6	12/31/19	kinesicsshms.com
Kinesics Human Movement Systems	KTC 2: Integrated Exercise	Home Study	0.4	12/31/19	www.kinesicsshms.com
Kinesics Human Movement Systems	Theory	Workshop/Seminar	0.3	12/31/19	http://www.kinesicsshms.com
Kinesio University	Certified Kinesio Taping Technician Level II: Advanced Training	Workshop/Seminar	0.4	12/31/19	www.kinesiotape.com
Kinesio University	KINESIO® CKTT® LEVEL 1 BASIC TRAINING	Workshop/Seminar	0.2	12/31/19	www.kinesiotaping.com
Kinesis, Inc	Anatomy Trains 2-Day Dissection Immersion	Home Study	1.5	12/31/19	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains for Movement Professionals	Workshop/Seminar	1.4	12/31/19	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Motion	Workshop/Seminar	1.9	12/31/19	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Structure and Function (14 Hour)	Workshop/Seminar	1.4	12/31/19	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Structure and Function (3 day)	Workshop/Seminar	1.9	12/31/19	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains in Training I	Workshop/Seminar	1.4	12/31/19	www.anatomytrains.com
Kinesis, Inc	BodyReading 101	Workshop/Seminar	0.7	12/31/19	www.anatomytrains.com
Kinesis, Inc	BodyReading 102	Workshop/Seminar	0.7	12/31/19	www.anatomytrains.com
Kinesis, Inc	Fascia in Movement	Home Study	0.5	12/31/19	www.anatomytrains.com
Kinesis, Inc	Fascial Dissection 2019	Workshop/Seminar	1.9	12/31/19	www.anatomytrains.com
Kinesis, Inc	Feeling Your Way Through the Lines	Home Study	0.3	12/31/19	https://www.anatomytrains.com/product/feeling-way-lines/
Kinesis, Inc	Resilience: Taking the Strain and Coming Back Stronger	Workshop/Seminar	1.4	12/31/19	
Kinesis, Inc	The Myofascial Web with Tom Myers	Workshop/Seminar	1.4	12/31/19	
Kinesis, Inc	Thomas Myers Immersion – Movement Mentorship	Workshop/Seminar	1.9	12/31/19	www.anatomytrains.com
Lawrence Biscontini	Cardio	Workshop/Seminar	0.8	12/31/19	www.findlawrence.com
Lawrence Biscontini	Flexibility	Workshop/Seminar	0.8	12/31/19	www.findlawrence.com
Lawrence Biscontini	GFit Teaching Innovations	Workshop/Seminar	0.8	12/31/19	www.findlawrence.com
Lawrence Biscontini	Strength	Workshop/Seminar	0.8	12/31/19	www.findlawrence.com
Les Mills	Advanced Instructor Module 2	Workshop/Seminar	1.7	12/31/19	www.lesmills.com/us
Les Mills	Advanced Training - Live	Workshop/Seminar	1.8	12/31/19	www.lesmills.com/us
Les Mills	BODYATTACK Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	BODYATTACK Initial Module	Workshop/Seminar	1.6	12/31/19	www.lesmills.com/us
Les Mills	BODYCOMBAT Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	BODYCOMBAT Initial Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Les Mills	BODYFLOW Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	BODYFLOW Initial Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Les Mills	BODYJAM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	BODYJAM Initial Module	Workshop/Seminar	1.8	12/31/19	www.lesmills.com/us
Les Mills	BODYPUMP Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	BODYPUMP Initial Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Les Mills	BODYSTEP Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	BODYSTEP Initial Module	Workshop/Seminar	1.6	12/31/19	www.lesmills.com/us
Les Mills	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	1.9	12/31/19	www.lesmills.com/us
Les Mills	CXWORX Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	CXWORX Initial Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Les Mills	LES MILLS BARRE Initial Training Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Les Mills	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	LES MILLS GRIT Initial Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Les Mills	LES MILLS SPRINT Initial Module	Workshop/Seminar	1.4	12/31/19	www.lesmills.com/us
Les Mills	LES MILLS TONE Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	http://www.lesmills.com/us
Les Mills	LES MILLS TONE Initial Module	Workshop/Seminar	1.5	12/31/19	http://www.lesmills.com/us
Les Mills	Online Advanced Training	Home Study	1.9	12/31/19	www.lesmills.com/us
Les Mills	Q1 Feedback Workshop 2019	Workshop/Seminar	0.5	12/31/19	www.lesmills.com/us
Les Mills	RPM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com
Les Mills	RPM Initial Module	Workshop/Seminar	1.7	12/31/19	www.lesmills.com
Les Mills	SH'BAM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/19	www.lesmills.com/us
Les Mills	SH'BAM Initial Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Les Mills	The TRIP Initial Module	Workshop/Seminar	1.5	12/31/19	www.lesmills.com/us
Life Fitness	Creating Small Group Training Experiences	Workshop/Seminar	0.7	12/31/19	www.lifefitness.com
Life Fitness	Exploring Hammer Strength HD Elite/Athletic Day 1	Workshop/Seminar	0.7	12/31/19	lifefitness.com
Life Fitness	Exploring Hammer Strength HD Elite/Athletic Day 2	Workshop/Seminar	0.7	12/31/19	lifefitness.com
Life Fitness	General Product Training	Workshop/Seminar	0.8	12/31/19	www.lifefitness.com

Life Fitness	Introduction to Synrgy BlueSky	Workshop/Seminar	0.6	12/31/19	www.lifefitness.com
Lift Jo	Primal Iron Strength and Conditioning	Workshop/Seminar	1.6	12/31/19	
Louis Kong	Increase Profitability for Personal Trainers through Professionalism and Leadership	Workshop/Seminar	0.8	12/31/19	
Louis Kong	Personal Training Essentials	Workshop/Seminar	0.8	12/31/19	
Lowcountry Roling, LLC	Hands-On Stretching Live Workshop	Workshop/Seminar	1.2	12/31/19	www.lowcountryRoling.com
Maple Tree Cancer Alliance	Exercise Oncology Specialist	Home Study	0.3	12/31/19	www.mapletreecanceralliance.org
Maria Mind Body Health LLC	Certified Keto Coach	Home Study	1.9	12/31/19	
Matrix Fitness	MX4: Functional Frame Small Group Training Course	Workshop/Seminar	0.5	12/31/19	www.matrixfitness.com
Matrix Fitness	Sprint 8	Workshop/Seminar	0.3	12/31/19	www.matrixfitness.com
Medical Exercise Academy	Clinical Exercise Specialist	Home Study	1.9	12/31/19	http://mdxacademy.wizixt.com/
Medical Fitness Education Foundation	Medical Fitness Tour (Irvine)	Conference	1.9	12/31/19	medfited.org
Michele C. Blake	Fundamentals of Fitness	Workshop/Seminar	0.4	12/31/19	www.mbmHealthFitness.com
Mobility Project 24/7	Soft-Stretch Release Techniques (Table Based)	Workshop/Seminar	1.2	12/31/19	SRTtherapy.com
Mobility Project 24/7	Soft-Stretch Release Techniques Lv.1	Workshop/Seminar	1.0	12/31/19	SRTtherapy.com
Molon Labe Fitness Education	Advanced Fundamentals	Workshop/Seminar	1.8	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Advanced Price Presentations	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Basic Sales	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Building Long Term Commitment	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Building Your Business	Workshop/Seminar	0.1	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Business Management: Clients	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Business Management: Self	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Certified Power Lifting Coach	Workshop/Seminar	1.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Client Engagement	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Client Retention	Workshop/Seminar	0.1	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Creating Compliance	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Handling Concerns	Workshop/Seminar	0.2	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	Personal Training Fundamentals	Workshop/Seminar	1.0	12/31/19	www.mlfittededucation.com
Molon Labe Fitness Education	PNF Stretch	Workshop/Seminar	0.3	12/31/19	www.mlfittededucation.com
Moms Into Fitness, Inc.	Prenatal & Postnatal Fitness Specialist	Workshop/Seminar	1.9	12/31/19	www.momsintofitness.com
Monthly Applications in Strength Sport (MASS)	MASS Course #1	Home Study	0.9	12/31/19	www.strongerbyscience.com/mass
Mountainside Fitness	The Mountainside Way Group Fitness Training Workshop	Workshop/Seminar	0.8	12/31/19	www.mountainsidefitness.com
MOVE BETTER BE STRONGER	Killer Kettlebell Complexes	Workshop/Seminar	0.5	12/31/19	www.movebetterbestronger.life/workshops
MOVE BETTER BE STRONGER	Mobility Training 101	Workshop/Seminar	0.4	12/31/19	https://www.movebetterbestronger.life/workshops
Movement Fix	The Movement Fix Workshop Online	Home Study	0.6	12/31/19	TheMovementFix.com
Muscle Activation Techniques®	MAT® Lower Body Certified	Home Study	1.9	12/31/19	www.muscleactivation.com
Muscle Activation Techniques®	MAT® Upper Body Certified	Home Study	1.9	12/31/19	www.muscleactivation.com
National Exercise Trainers Association (NETA)	#FitTech	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	101 Ways to Bootcamp (3hr)	Workshop/Seminar	0.3	12/31/19	www.netafit.org
National Exercise Trainers Association (NETA)	Adaptive Fitness	Workshop/Seminar	0.3	12/31/19	http://www.netafit.org
National Exercise Trainers Association (NETA)	Aqua Strong	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	Barre Meets Bike Fit Fest	Home Study	0.3	12/31/19	
National Exercise Trainers Association (NETA)	Catching Some Zzzz's: Sleep your Way to Better Health & Performance	Workshop/Seminar	0.3	12/31/19	www.netafit.org
National Exercise Trainers Association (NETA)	Cycle 360: Cardio, Strength, and Core	Workshop/Seminar	0.3	12/31/19	http://www.netafit.org/index.htm
National Exercise Trainers Association (NETA)	Exercise Adherence and Fitness Technology	Workshop/Seminar	0.3	12/31/19	http://www.netafit.org
National Exercise Trainers Association (NETA)	Exercise and Physical Activity for Arthritis	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	Exercise for Parkinson's and MS	Home Study	0.3	12/31/19	
National Exercise Trainers Association (NETA)	Foam Roller Pilates	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	Foundations of Resistance Training Program Design	Workshop/Seminar	0.3	12/31/19	www.netafit.org
National Exercise Trainers Association (NETA)	Get Rock Solid	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	Glutes, Core, and More Fit Fest	Home Study	0.3	12/31/19	
National Exercise Trainers Association (NETA)	Kick It! 3-hour	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	Let's Get Functional!	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	Motivational Interviewing for the Exercise Professional	Workshop/Seminar	0.3	12/31/19	www.netafit.org
National Exercise Trainers Association (NETA)	Today's Food Conversation: The Plant Based Diet	Workshop/Seminar	0.3	12/31/19	netafit.org
National Exercise Trainers Association (NETA)	Yoga Practices for Trauma 3-hour	Workshop/Seminar	0.3	12/31/19	netafit.org
National Personal Training Institute (NPTI)	Kettlebell Course	Home Study	0.5	12/31/19	
Niche Pilates Studio	Sculpt and Core Pilates	Workshop/Seminar	1.9	12/31/19	www.nichefitstudio.com
Niel Asher Healthcare Ltd.	Anatomy of Sports Injuries-NAT Master Course	Home Study	0.3	12/31/19	www.nielasher.com
Niel Asher Healthcare Ltd.	Anatomy of Stretching-NAT Master Course	Home Study	0.3	12/31/19	www.nielasher.com
Niel Asher Healthcare Ltd.	Functional Anatomy of the Pelvis and Sacroiliac Joint - NAT Master Course	Home Study	0.6	12/31/19	www.nielasher.com
Niel Asher Healthcare Ltd.	Muscle Energy Techniques-NAT Master Course	Home Study	0.3	12/31/19	www.nielasher.com
Niel Asher Healthcare Ltd.	NAT Anatomy of Pain Trigger Point Course	Home Study	0.9	12/31/19	www.nielasher.com
Niel Asher Healthcare Ltd.	Power Lifting for Strength and Speed	Home Study	0.2	12/31/19	
Niel Asher Healthcare Ltd.	Understanding and Treating the Vital Glutes NAT Master Course	Home Study	0.3	12/31/19	www.nielasher.com
NIRSA Leaders In Collegiate Recreation	NIRSA 2019 Conference	Conference	1.9	12/31/19	https://nirsa.net/nirsa2019/
NONSOLOFITNESS SNC	Elite Coach Trainer	Home Study	1.0	12/31/19	https://www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Fitness Instructor	Home Study	1.0	12/31/19	www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Functional Trainer	Home Study	1.0	12/31/19	www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Pilates Instructor	Home Study	1.0	12/31/19	www.nonsolofitness.it
NONSOLOFITNESS SNC	Elite Postural Trainer	Home Study	1.0	12/31/19	www.nonsolofitness.it
NOUFLEX	BALANCE & CORE SPECIALTY by NOUFLEX	Workshop/Seminar	0.9	12/31/19	http://www.nouflex.com/nouflex-certification/
O'Gorgeous, Inc.	POP Pilates Advanced Instructor Workshop	Workshop/Seminar	0.8	12/31/19	
O'Gorgeous, Inc.	POP Pilates Workshop	Workshop/Seminar	0.8	12/31/19	http://www.poppilateslife.com
Original Strength Systems	OS Performance	Workshop/Seminar	0.9	12/31/19	www.OriginalStrength.net
Original Strength Systems	OS Pressing RESET	Workshop/Seminar	0.6	12/31/19	originalstrength.net
Original Strength Systems	OS Pro RESET	Workshop/Seminar	1.5	12/31/19	www.OriginalStrength.net
Own Your Eating	Own Your Eating Nutrition Certification	Home Study	0.8	12/31/19	www.ownyoureating.com
Paddle into Fitness	Float into Fitness Pool Yoga & Fitness Teacher Training	Workshop/Seminar	1.3	12/31/19	www.paddleintofitness.com

Pain Posture Performance	Pain Posture Performance Stretching and Flexibility	Workshop/Seminar	1.4	12/31/19	www.painpostureperformance.com
Pelacore	Pelacore Instructor Program	Home Study	0.3	12/31/19	https://www.pelacore.com
Penalty Box Fit	Penalty Box Fit	Home Study	0.3	12/31/19	www.penaltyboxfit.com
Perfect Fit Partners	Selling Personal Training	Workshop/Seminar	0.8	12/31/19	
Perform Better	Perform Better 1 Day Learn by Doing Seminar	Workshop/Seminar	0.7	12/31/19	www.performbetter.com
Perform For Life	Mastering the Assessment Process	Workshop/Seminar	0.4	12/31/19	performforlifef.com
Perform For Life	Proprioceptive Neuromuscular Facilitation Workshop	Workshop/Seminar	0.2	12/31/19	performforlifef.com
PESI, Inc.	2-Day: Tai Chi for Rehabilitation: Instructor Certification Course	Workshop/Seminar	1.3	12/31/19	https://rehab.pesi.com/events/detail/67427/myofascial-cupping-practitioner-certification
PESI, Inc.	IASTM Practitioner Certification	Workshop/Seminar	0.8	12/31/19	
PESI, Inc.	Myofascial Cupping Practitioner Certification	Home Study	0.7	12/31/19	https://rehab.pesi.com/events/detail/67427/myofascial-cupping-practitioner-certification
PESI, Inc.	Therapeutic Strategies for Degenerative Joint Disease: Overcoming Pain and Improving Function	Workshop/Seminar	0.6	12/31/19	
PhysioChains Education	Parkinson's Regeneration Training®	Workshop/Seminar	1.4	12/31/19	https://www.parkinsonsregenerationtraining.com
PLYOGA Fitness	PLYOGA Fitness	Workshop/Seminar	0.7	12/31/19	www.PLYOGAFitness.com
Power Monkey Fitness	The Ring Thing Certification	Workshop/Seminar	1.3	12/31/19	https://shop.powermonkeyfitness.com/pages/ring-thing-learn-more
Precision Human Performance	Biomechanics of Training: Older Adults and Fall Prevention	Workshop/Seminar	0.8	12/31/19	precisionhumanperformance.com
Precision Human Performance	Exercise Mechanics	Workshop/Seminar	0.8	12/31/19	precisionhumanperformance.com
Precision Nutrition	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	1.9	12/31/19	www.precisionnutrition.com
Precision Nutrition	Precision Nutrition Level 2 Master Class	Home Study	1.9	12/31/19	www.precisionnutrition.com
Precor	Coaching Intensity: Building Intelligent Intervals with Assault Fitness Equipment	Workshop/Seminar	0.2	12/31/19	precor.com
Precor	Queenax Elite Obstacle Course Race Training Program	Workshop/Seminar	0.7	12/31/19	precor.com
Prehab 101	Prehab 101	Workshop/Seminar	1.4	12/31/19	linktr.ee/prehab101
Prevail Conditioning	A Systematic Approach to Performance Enhancement	Workshop/Seminar	0.8	12/31/19	https://prevailconditioning.com
Primal Health Coach Institute	Primal Health Coach Program	Workshop/Seminar	1.9	12/31/19	www.primblueprint.com
PRO Club	Personal Training and Pre and Post Natal Clients	Workshop/Seminar	0.2	12/31/19	In house members only
PRO Club	Principals of Training and Program Design	Workshop/Seminar	0.2	12/31/19	N/A In house events
PRO Club	Running Development	Workshop/Seminar	0.2	12/31/19	N/A In house events
PRO Club	Shoulder Biomechanics & Rehab Principals	Workshop/Seminar	0.3	12/31/19	
ProBar Mobility	ProBar Extended Foundations Course	Workshop/Seminar	0.7	12/31/19	probarmobility.com
ProBar Mobility	ProBar Foundations Course	Workshop/Seminar	0.3	12/31/19	
PRONatal Fitness	PRONatal Fitness Pre/Postnatal Performance Training Specialist	Home Study	1.9	12/31/19	pronatalfitness.com
PRONatal Fitness	PRONatal Fitness: Pre/Postnatal Education for Group Fitness Instructors	Workshop/Seminar	0.3	12/31/19	http://www.pronatalfitness.com
PRONatal Fitness	PRONatal Fitness: Pre/Postnatal Performance Training Workshop	Workshop/Seminar	0.8	12/31/19	pronatalfitness.com
PTA Global	Behavior Change in Exercise Workshop	Workshop/Seminar	0.7	12/31/19	www.ptaglobal.com
PTA Global	Exercise & Stress Management (ESM) Credential	Home Study	1.0	12/31/19	www.PTAGlobal.com
PTA Global	PTA Global Behavior Change in Exercise (BCE) Credential	Home Study	1.9	12/31/19	www.PTAGlobal.com
PTA Global	PTA Global Foundations	Home Study	1.9	12/31/19	www.PTAGlobal.com
PTA Global	PTA Global Mentorship 1	Home Study	1.5	12/31/19	www.PTAGlobal.com
Punk Rope, Inc.	Jump Rope Instructor Course	Home Study	0.4	12/31/19	www.punkrope.com
Punk Rope, Inc.	Jump Rope Instructor Workshop	Workshop/Seminar	0.8	12/31/19	
RAD Roller	RAD Golf: Foundations in Myofascial Release and Golf Mobility	Workshop/Seminar	0.8	12/31/19	
RAD Roller	RAD Mobility Level 1	Workshop/Seminar	0.4	12/31/19	http://www.radroller.com/pages/education
RAD Roller	RAD Mobility Level 2	Workshop/Seminar	1.4	12/31/19	https://www.radroller.com/pages/education
RAD Roller	RAD Yoga: Foundations of Myofascial Release and Asana	Workshop/Seminar	1.0	12/31/19	www.radroller.com
RaqiSa® Barre	RAQISA® BARRE	Workshop/Seminar	0.8	12/31/19	www.raqisa.com
Recess & Results	Youth Movement Instructor	Workshop/Seminar	0.4	12/31/19	recessandresults.com
Rock Tape, Inc	FMT Basic	Workshop/Seminar	0.8	12/31/19	http://www.rocktape.com/education-research/functional-movement-techniques/
Rock Tape, Inc	FMT Performance	Workshop/Seminar	0.8	12/31/19	http://www.rocktape.com/education-research/functional-movement-techniques/
Rock Tape, Inc	FMT Rockfloss Compression Band Flossing	Workshop/Seminar	0.6	12/31/19	www.rocktape.com
Rock Tape, Inc	FMT Rockpods Myofascial Cupping	Workshop/Seminar	0.6	12/31/19	www.rocktape.com
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades	Workshop/Seminar	0.8	12/31/19	www.rocktape.com/education-research/
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades Advanced	Workshop/Seminar	0.4	12/31/19	www.rocktape.com
Run-Fit	REVO ₂ LUTION RUNNING	Home Study	1.9	12/31/19	http://run-fit.com
Savvier Fitness	Barre Above Pilates Focused	Workshop/Seminar	1.2	12/31/19	www.barreabove.com
Savvier Fitness	Barre Above Prime Instructor Training	Workshop/Seminar	1.2	12/31/19	www.barreabove.com
Savvier Fitness	Cardio Yoga	Home Study	1.9	12/31/19	www.savvierfitness.com
Savvier Fitness	Elite HIIT Training	Workshop/Seminar	0.3	12/31/19	www.barreabove.com
Savvier Fitness	Let The Beat Drop	Workshop/Seminar	0.2	12/31/19	www.barreabove.com
Savvier Fitness	Muscular Endurance: Myths, Realities and Applications	Home Study	0.2	12/31/19	www.barreabove.com
Savvier Fitness	Pilates 101 Education Course	Home Study	0.4	12/31/19	www.barreabove.com
Savvier Fitness	Tabata GX	Workshop/Seminar	0.7	12/31/19	www.barreabove.com
Savvier Fitness	The Musicality Method	Home Study	0.4	12/31/19	www.barreabove.com
SCW Fitness Education	2019 DC MANIA® Conference	Conference	1.5	12/31/19	http://www.scwfit.com
SCW Fitness Education	2019 New York MANIA® Conference	Conference	1.5	12/31/19	http://www.scwfit.com
SCW Fitness Education	SCW Active Aging Certification	Workshop/Seminar	0.7	12/31/19	http://scwfit.com
SCW Fitness Education	SCW Aqua Barre Certification	Workshop/Seminar	0.6	12/31/19	www.scwfit.com
SCW Fitness Education	SCW Aquatic Exercise Certification	Workshop/Seminar	0.8	12/31/19	http://scwfit.com
SCW Fitness Education	SCW Ballet Barre Certification	Workshop/Seminar	0.7	12/31/19	http://www.scwfitness.com/newsite.html
SCW Fitness Education	SCW Boxing Certification	Workshop/Seminar	0.7	12/31/19	www.scwfit.com
SCW Fitness Education	SCW Core Training Specialist Certification	Workshop/Seminar	0.4	12/31/19	www.scwfit.com
SCW Fitness Education	SCW Fitness Introduction to Meditation Certification	Workshop/Seminar	0.4	12/31/19	www.scwfit.com
SCW Fitness Education	SCW Fitness Nutrition for the Active Ager Certification	Workshop/Seminar	0.4	12/31/19	www.scwfit.com
SCW Fitness Education	SCW Foam Rolling Certification	Workshop/Seminar	0.4	12/31/19	www.scwfit.com
SCW Fitness Education	SCW Group Exercise Certification	Workshop/Seminar	0.8	12/31/19	http://scwfit.com
SCW Fitness Education	SCW Kettlebell Practical Certification	Workshop/Seminar	0.6	12/31/19	http://scwfit.com
SCW Fitness Education	SCW Pilates Matwork Certification	Workshop/Seminar	0.8	12/31/19	http://scwfit.com
SCW Fitness Education	SCW Practical Guide to Hormones, Nutrition and Metabolism Certification	Workshop/Seminar	0.6	12/31/19	www.scwfit.com
SCW Fitness Education	SCW Yoga I Certification	Workshop/Seminar	0.7	12/31/19	http://scwfit.com
SCW Fitness Education	SCW Yoga II Certification	Workshop/Seminar	0.4	12/31/19	http://scwfit.com

SCW Fitness Education	WATERinMOTION® Certification	Workshop/Seminar	0.7	12/31/19	www.scwfit.com
SharQui - The Bellydance Workout	Online Sharqui Instructor Training	Home Study	1.0	12/31/19	www.teachsharqui.com
SHAY-MCENTEE WELLNESS WORKS INC.	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	0.3	12/31/19	
SHAY-MCENTEE WELLNESS WORKS INC.	ENERGY BREAK	Workshop/Seminar	0.3	12/31/19	
SickLiving LLC	Elite Personal Sales Training	Workshop/Seminar	0.6	12/31/19	www.sickhealthandwellness.com
SilverSneakers by Tivity Health	Group Exercise for Hip Limitations	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers BOOM MIND	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers BOOM MOVE	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers BOOM MUSCLE	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers Circuit	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers Classic	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers Foundations	Home Study	0.5	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers Splash	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers Stability	Home Study	0.2	12/31/19	
SilverSneakers by Tivity Health	SilverSneakers Strength Progressions for Group Exercise	Home Study	0.2	12/31/19	www.silversneakers.com
SilverSneakers by Tivity Health	SilverSneakers YOGA	Home Study	0.2	12/31/19	
SOMA	SOMA Imersion 1	Workshop/Seminar	1.9	12/31/19	
Soul Clap Fitness	Soul Clap Fitness Level 1: Lettuce	Workshop/Seminar	0.8	12/31/19	www.soulclapfitness.com
Spin City Aerial Fitness	Spin City Advanced Aerial Hoop Instructor (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Advanced Pole Fitness Instructor (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Anatomy and Physiology Foundations (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Beginners Aerial Hoop Instructor (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Beginners Aerial Sling Instructor (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Beginners Pole Fitness Instructor (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Intermediate Aerial Hoop Instructor (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Intermediate Pole Fitness Instructor (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
Spin City Aerial Fitness	Spin City Stretching and Flexibility for Pole and Aerial (online)	Home Study	1.9	12/31/19	www.spincityinstructortraining.com
START Fitness/Fit to Fight	WaterRower Crew Coach Certification Course	Workshop/Seminar	0.8	12/31/19	www.startfitness.com
StickMobility	Stick Mobility Level 1 Certification	Workshop/Seminar	1.3	12/31/19	https://stickmobility.com/certification/
Stretch to Win Institute	Level 1 (FST) Fascial Stretch Therapy Certification	Workshop/Seminar	1.9	12/31/19	www.stretchtowin.com
Stroops	Stroops Foundations Course	Workshop/Seminar	0.8	12/31/19	https://stroops.com/the-academy/
Suples	Dynamic Movement Training with the Bulgarian Bag	Workshop/Seminar	0.9	12/31/19	www.suples.com
Synergence Teacher Training	YogaBarre Teacher Training	Workshop/Seminar	1.6	12/31/19	
Synergence Teacher Training	YogaBurn Teacher Training	Workshop/Seminar	1.6	12/31/19	www.synergenceteachertraining.com
Team Alloy	Alloy: Personal Training Programming Certification	Workshop/Seminar	0.8	12/31/19	www.teamalloy.com
Technogym USA	Arke Foundation Workshop	Home Study	0.4	12/31/19	http://www.technogymusa.com
Technogym USA	Dual Adjustable Pulley	Workshop/Seminar	0.4	12/31/19	http://www.technogymusa.com
Technogym USA	Group Cycle Foundation	Workshop/Seminar	0.4	12/31/19	
Technogym USA	Kinesis One	Workshop/Seminar	0.4	12/31/19	http://www.technogymusa.com
Technogym USA	Kinesis Station	Workshop/Seminar	0.4	12/31/19	http://www.technogymusa.com
Technogym USA	OMNIA	Workshop/Seminar	0.4	12/31/19	http://www.technogymusa.com
Technogym USA	OUTRACE	Workshop/Seminar	0.4	12/31/19	www.technogym.com
Technogym USA	SkillMill Introduction Workshop	Workshop/Seminar	0.4	12/31/19	
Technogym USA	SkillRow Foundation Workshop	Workshop/Seminar	0.4	12/31/19	http://www.technogymusa.com
Technogym USA	TEAMBEATS Introduction Workshop	Workshop/Seminar	0.4	12/31/19	http://www.technogymusa.com
Tennis Industry Association	Cardio Tennis L1 Training Course	Workshop/Seminar	0.6	12/31/19	www.tennisindustry.org
Tennis Industry Association	Cardio Tennis L2 Training Course	Workshop/Seminar	0.5	12/31/19	http://www.tennisindustry.org
The Dailey Method	Basics of Barre	Workshop/Seminar	1.5	12/31/19	www.thedaileymethod.com
The Evidence Based Approach	Shoulder & Rotator Cuff Rehab Specialist	Workshop/Seminar	0.8	12/31/19	
The HT Powerlifting	HTpower Strength Training Workshop	Workshop/Seminar	1.9	12/31/19	
TheraGun	TheraGun Foundations Training Course	Workshop/Seminar	0.4	12/31/19	
Trainology	Trainology 101	Workshop/Seminar	0.8	12/31/19	www.trainology.net
TRATAC	Fundamentals of Active Rolling™	Workshop/Seminar	0.4	12/31/19	www.tratac.com
TRATAC	TRATAC Master Trainer Summit	Workshop/Seminar	1.8	12/31/19	www.tratac.com
Tress Marketing Solutions, LLC	FASTER Way to Fat Loss Certified Coach	Home Study	0.5	12/31/19	https://www.fasterwaytofatloss.com/certification/
TRIBE Team Training USA	TRIBE Team Training	Workshop/Seminar	0.5	12/31/19	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeCORE	Workshop/Seminar	0.4	12/31/19	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeFIT	Workshop/Seminar	0.4	12/31/19	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeKIDS	Workshop/Seminar	0.4	12/31/19	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeLIFE	Workshop/Seminar	0.4	12/31/19	www.tribeamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribePUNCH	Workshop/Seminar	0.4	12/31/19	www.tribeamtraining.com
TRX	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	1.8	12/31/19	TRXtraining.com
TRX	TRX For Yoga	Home Study	0.5	12/31/19	TRXtraining.com
TRX	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	0.4	12/31/19	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	0.8	12/31/19	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	1.6	12/31/19	www.trxtraining.com
TRX	TRX Functional Training Course (FTC)	Workshop/Seminar	0.7	12/31/19	www.trxtraining.com
TRX	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	0.7	12/31/19	www.trxtraining.com
TRX	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	0.7	12/31/19	www.trxtraining.com
TRX	TRX Group Training Course (GTC)	Workshop/Seminar	0.8	12/31/19	www.trxtraining.com
TRX	TRX RIP Training Course (RTC)	Workshop/Seminar	0.8	12/31/19	www.trxtraining.com
TRX	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	0.7	12/31/19	www.trxtraining.com
TRX	TRX Suspension Training Course (STC)	Workshop/Seminar	0.7	12/31/19	www.trxtraining.com
TRX	TRX Trainer Basics Course	Home Study	0.3	12/31/19	www.trxtraining.com
Tune Up Fitness World Wide, Inc.	The Roll Model® Method - Ball Sequencing & Innovation	Workshop/Seminar	0.7	12/31/19	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	The Roll Model® Method - Correspondence Course	Workshop/Seminar	1.4	12/31/19	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	The Roll Model® Method -The Science of Rolling	Workshop/Seminar	0.8	12/31/19	www.tuneupfitness.com
Tune Up Fitness World Wide, Inc.	Treat While You Train- Correspondence Course	Workshop/Seminar	1.1	12/31/19	www.tuneupfitness.com

United Endurance Sports Coaching Academy	Running Coach Certification	Home Study	1.9	12/31/19	www.coachendurancesports.com
United Endurance Sports Coaching Academy	Triathlon Coaching Certification	Home Study	1.9	12/31/19	www.coachendurancesports.com
United Pilates Corporation	Heirloom Breathing Workshop Certification	Workshop/Seminar	1.2	12/31/19	
Urbankick	UrbanKick Instructor Training (LIVE)	Workshop/Seminar	0.8	12/31/19	www.urbankick.com
Urbankick	UrbanKick Instructor Training (SELF STUDY)	Home Study	0.8	12/31/19	www.urbankick.com
Vibe Fitness®	Club Vibe Instructor Training	Workshop/Seminar	0.7	12/31/19	www.experiencevibefitness.com
ViPR PRO	ViPR PRO Fundamentals Mobile	Home Study	0.8	12/31/19	www.vipr.com
ViPR PRO	ViPR PRO Fundamentals Workshop	Workshop/Seminar	0.7	12/31/19	www.vipr.com
Warrior Cross Fitness	Warrior Cross Fitness	Workshop/Seminar	1.6	12/31/19	
WERQ Fitness	WERQ Dance Fitness Professional Certification	Workshop/Seminar	0.8	12/31/19	www.WERQfitness.com
World Gym International	HIIT Certification	Workshop/Seminar	1.5	12/31/19	worldgymathletics.com
Wukkout!	Wukkout! Instructor Training	Workshop/Seminar	0.7	12/31/19	http://wukkout.com/instructor-training
XPert Pole & Aerial Fitness	XPert Aerial Hoop	Workshop/Seminar	1.6	12/31/19	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Aerial Silks	Workshop/Seminar	1.6	12/31/19	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Children's Pole & Aerial Teacher Training	Workshop/Seminar	1.6	12/31/19	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Flexibility Flow	Workshop/Seminar	1.6	12/31/19	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Pole Fitness Level 1 & 2	Workshop/Seminar	1.6	12/31/19	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Pole Fitness Level 3 & 4	Workshop/Seminar	1.6	12/31/19	www.xpertpolefitness.com
XPert Pole & Aerial Fitness	XPert Spinning Pole Teacher Training	Workshop/Seminar	1.6	12/31/19	www.xpertpolefitness.com
Yoga Athletex	Yoga for Athletes Intensive	Workshop/Seminar	0.7	12/31/19	www.yogaathletex.com
Yoga International	Yoga Anatomy Training	Workshop/Seminar	1.9	12/31/19	yogainternational.com/ecourse/yoga-anatomy
Youfit Health Clubs	Youfit Master Youcoach Certification	Home Study	0.2	12/31/19	www.youfit.com
Your Body is Waiting, LLC	The Fascianation Method of Self-Myofascial Release	Workshop/Seminar	0.4	12/31/19	www.thefascianator.com
Z-Health Performance Solutions	Essentials for Elite Performance	Workshop/Seminar	1.9	12/31/19	http://zhealtheducation.com/