Unrestricted Movement for Athletic Performance

https://www.brainmdhealth.com/courses/brainhealthcoaching

AQUABATA SHALLOW
12/31/19

Exercise for overweight and obesity: Bridging theory and practice

www.academyofholisticfitness.com

Posture & Movement Assessment Course

https://www.fitnessceus.com

Empowered Fitness: A Model for Mind-Body Connection

www.alignmentessentials.com

Advanced Training Concepts

305 Fitness
12/31/19

Workshop/Seminar

www.4AHPS.com

AEA Aquatic Fitness Professional Online Prep Course

12/31/19

Home Study

www.aktivsolutions.com

Agatsu Kettlebell Certification Level 1

12/31/19

Workshop/Seminar

9Round Franchising LLC
9Round Kikbookeology
Workshop/Seminar 0.5 12/31/19 9Round.com

9Round Franchising LLC
Kikbookeology - Online Course

Workshop/Seminar 0.5 12/31/19

Amenity Matters
Active Isolated Timing Workshop/Seminar 1.9 12/31/19 www.straightstundas.com

Academy of Holistic Fitness
Holistic Fitness
Home Study 1.9 12/31/19 www.academyofholisticfitness.com

Academy of Holistic Fitness
Mind-Body - Fitness for Personal Trainers
Home Study 1.9 12/31/19 www.academyofholisticfitness.com

Academy of Holistic Fitness
Practical Yoga for Personal Trainers
Home Study 1.9 12/31/19 www.academyofholisticfitness.com

Academy of Holistic Fitness
Yoga Teacher Training
Home Study 1.9 12/31/19 www.academyofholisticfitness.com

Academy of Sports and Fitness Training
Advanced Training Concepts
Workshop/Seminar 1.9 12/31/19 www.aliexpress.com

ACL Speed
Unrestricted Movement for Athletic Performance

Workshop/Seminar 0.6 12/31/19 https://octopiseduconsultantscompany.com

ACM 360 PRO
Certified Exercise Therapy Specialist I

Conference 1.2 12/31/19 www.ACM360PRO.com

Active Life
Active Life Coach Training Workshop
Workshop/Seminar 1.1 12/31/19

Active Life
Active Life Re-Charge Immersion Conference 1.9 12/31/19 www.activelifeis.com

Active Sports Club
Empowered Fitness: A Model for Mind-Body Connection Conference 1.9 12/31/19

ActiveMotion Bar
ActiveMotion Training Workshop/Seminar 0.8 12/31/19 www.activeactionbar.com

ACUMOBILITY
Acumobility Level 1 Course Workshop/Seminar 0.8 12/31/19 acumobility.com

Advanced Containing Education Institute
Champion Performance Therapy and Training System Workshop/Seminar 0.1 12/31/19 RB

AEA Aquatic Exercise Association
AEA Aquatic Fitness Professional Online Prep Course Home Study 0.7 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
AEA Aquatic Ethics - Lesson Planning Tips & Tools Workshop/Seminar 0.2 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
AEA Aquatic Ethics: Motivating Your Participants Workshop/Seminar 0.2 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
AEA Aquatic Ethics: Teaching Platforms Workshop/Seminar 0.2 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
AEA Aquatic Specialty Event - Charlotte 2019 Conference 1.8 12/31/19 www.aeaewaaan.org or aeaewaaan.org

AEA Aquatic Exercise Association
AfP PRACTICAL & SKILL APPLICATIONS Workshop Workshop/Seminar 0.7 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
Ageing Activity in the Waters Workshop/Seminar 0.1 12/31/19 www.aeaewaaan.org

AEA Aquatic Exercise Association
AQUARAKA SHALLOW Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
AQUATIC CARDIO PROGRAMS Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

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AQUATIC CIRCUIT A Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

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AQUATIC INTERVAL APPS Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
AQUATIC KICK BOXING Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

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ARTHERITIS PROGRAM LEADER TRAINING Workshop/Seminar 1.5 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
ARTHERITIS PROGRAM LEADER DEVELOPMENT & PRACTICE(Workshop) Workshop/Seminar 0.6 12/31/19 aeaewaaan.org

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BeActive Workshop/Seminar 0.1 12/31/19 www.aeaewaaan.org

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BOOT CAMP DEEP Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
BOOT CAMP SHALLOW Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
CORE TRAINING + STRETCH TECHNIQUES Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

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Deep Hit & Sculpt Workshop/Seminar 0.2 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
DEEPER APPLICATIONS Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

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H2O BODY SCULPTING & RESISTANCE TRAINING Workshop/Seminar 0.5 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
H2O Circuits Workshop/Seminar 0.2 12/31/19 aeaewaaan.com

AEA Aquatic Exercise Association
HydroRevolutions Online Training Program Home Study 0.5 12/31/19 aeaewaaan.com

AEA Aquatic Exercise Association
IAPF 2019 International Aquatic Fitness Conference Conference 1.9 12/31/19

AEA Aquatic Exercise Association
NEXT LEVEL MOODLE Workshop/Seminar 0.3 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
RATED 5 FOR MATURE Home Study 0.3 12/31/19 aeaewaaan.org

AEA Aquatic Exercise Association
UPPER BODY CORE & MORE Home Study 0.3 12/31/19 aeaewaaan.org

Aerial Physique
Aerial Physical Teacher Training Workshop/Seminar 1.9 12/31/19

AIS (Asian Exhibition Services)
Asia Fitness Congress 2019 Conference 1.9 12/31/19 www.asiafitnessconference.com

AKA
All AKA courses are approved with NASM

AKA TAIWAN / Taiwan Wellness Innovation
AKA TAIWAN Conference 1.4 12/31/19

Agatsu Inc.
Agatsu Kettlebell Certification Level 1 Workshop/Seminar 1.4 12/31/19 www.agatsu.com

ART, Anna Kaiser Technique
ART Certification Program Workshop/Seminar 1.9 12/31/19 www.theadl.com

A私 Solutions
Functional Training Specialist Workshop/Seminar 0.6 12/31/19 www.aitsolutions.com

AUX SU
ALEX SU Sports Performance Monitoring and Periodic Planning Workshop/Seminar 0.8 12/31/19 certifiedaau

Alexis Betzouacis
Exercise for overweight and obesity - Bridging theory and practice Workshop/Seminar 1.2 12/31/19 www.hprorwhorshops.com

Alignment Essentials
Warrior® Online Workshop Home Study 0.8 12/31/19 www.adмещенestentials.com

Alignment Essentials
Warrior® Training Workshop Home Study 1.2 12/31/19 www.adмещенestentials.com

Allen Academy
Natural Product Advisor Workshop/Seminar 1.9 12/31/19 www.allenacademy.com

Alpha Warrior
Alpha Warrior Level 1 Accelerated Workshop/Seminar 0.7 12/31/19 https://alphaWarrior.com

Alpha Warrior
Alpha Warrior Level 2 Workshop/Seminar 1.9 12/31/19

Alpha Warrior
Alpha Warrior Level 1 Certification Workshop/Seminar 1.2 12/31/19

Am Cinco
Brain Health Coaching Certification Course Home Study 1.9 12/31/19 https://www.brainhealth.com/courses/brainhealthcoaching
Grounded Athlete
12/31/19
HIIT for Clients: Getting More with Less

5 Ways You're Losing Your Clients
www.fitchicksacademy.com

ViPR Kids
Workshop/Seminar

ViPR Loaded Movement Training Level 1
www.fitchicksacademy.com

Training Towards and Away From Knee and Hip Replacement
FIT4MOM Foundations

Body Ignite Certification

Principles of Functional Exercise

The Core

Fit Body Boot Camp World Conference

FIT CHICKS® Academy
Fitness & Nutrition Expert Program

FIT EDU

Metabolic Conditioning: Movements and Program Designs That Deliver

Fit For Birth, Inc.

Fit In 30 Minutes Academy

FITMAM

Body Back

FITMAM

FitMob

FITMAM

FITMAM Experience

FITMAM

FITMAM Foundations

FITMAM

FITMAM Regional Summit

FITMAM

Run Club+

FITMAM

Strokes 30 Certification

FITMAM

Stroller Strides

FITCAMP

FITCAMP ULA Training

FitCon

Fitness Revolution

Fitness Professionals (RtPro)

Fitness Professionals (RtPro)

Fitness Revolution

2019 FitCon Summit

Fit Body Boot Camp

Ace the Army Combat Fitness Test (ACFT)

Boost Your Business with a Better Business Plan

Fit Kids for Life: Reversing Childhood Obesity

Growth, Discovery & Programming for the 6 to 9 Year Old Essentials of Youth Fitness

Helping Your Clients Become Their Best!

HIIT for Clients: Getting More with Less

Increase Your Income with Online Video Group Training

Making EVERY Client a Success: A Toolkit for Behavior Change

Maximize Your Profits Starting NOW

Nutrition for Fitness Professionals

Current Fitness, Fitness and Adapted PE for the Autism Population

Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations

Strong Minds-Strong Bodies

Teaching Weight Loss Strategies for Personal Trainers

Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients

The Middle Touch: Golden Clients in their Golden Years

Training Aging Seniors and Muscles

Training Injured Clients

Training the Aging Athlete with Safety and Confidence

Training Towards and Away from Knee and Hip Replacement

Youth Fitness: Herding Ferrets, Building Champions and Coaching in a Maelstrom

Zero, Science and Wisdom

Medball Essentials for Personal Trainers

Online Training Essentials

Social Media Essentials Level 2

Social Media for PTs

Fitness Education Online

Supplement Training Essentials for PTs

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
An Introduction to Corrective Exercise and Training Strategy for Scoliosis, Spinal Stenosis, and Osteoporosis

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
Complete Shoulder: Conditioning 2.0

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
Corrective Exercise and Training Strategy for Scoliosis, Spinal Stenosis, and Osteoporosis

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
Female Fitness: Restore the Core while discovering its effects on the whole body

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
ICES Approach to Training Baby Boomers and Seniors

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
ICES Approach to Training Baby Boomers and Seniors - Designing Programs

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
Integrative Core Tones

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
The Integrative Movement System Approach to Training Older Clients with Hip and Knee Osteoarthritis

Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education
What Lies Beneath: How Fitness Professionals Can Address the Under-realized (Postural & Movement...
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<th>YMCA of Greater Charlotte</th>
<th>Leading a Holistic Life: How to Coach Healthy Eating</th>
<th>Workshop/Seminar</th>
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<th>12/31/19</th>
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<td>HIIT for Sports Performance Intensive</td>
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<td>Qigong Yin Yoga Teacher Training</td>
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<td>The Fascination Method of Self-Myofascial Release</td>
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<td><a href="http://www.thefascianator.com">www.thefascianator.com</a></td>
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<td>Your Corner Man Boxing Academy</td>
<td>Your Corner Man Boxing Academy - Boxing for Fitness Fundamentals (level -1)</td>
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<td><a href="http://www.zefinfitness.com">www.zefinfitness.com</a></td>
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<td>Z-Health Performance Solutions</td>
<td>Essentials for Elite Performance</td>
<td>Workshop/Seminar</td>
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