



NASM PREFERRED PROVIDER PROGRAM

| Provider | Title | Course Type | CEUs | Expires On | Registration URL |
|-----------------------------------------------|-----------------------------------------------------------------------------------|-------------------|------|-----------------|------------------------------------------------------------------------------------------------|
| [solidcore] | [solidcore] Coach Training | Workshop/Seminar | 1.9 | 12/31/18 | solidcore.co |
| 4A Health & Performance Sciences | Real Recovery Workshop | Workshop/Seminar | 0.7 | 12/31/18 | www.4AHPS.com/events |
| 9Round Franchising LLC | 9Round Kickboxing | Workshop/Seminar | 0.5 | 12/31/18 | |
| AAHF - American Academy of Health and Fitness | Cancer and the Older Adult | Home Study | 0.4 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Developing Agility and Quickness for Sports Performance | Home Study | 0.6 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Nutrition for Special Dietary Needs | Home Study | 1.0 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Prenatal and Postnatal Exercise Prescription | Home Study | 1.0 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Strength Training Older Adults | Home Study | 1.2 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Exercise and Cancer Survivorship | Home Study | 1.3 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Back Stability: Integrating Science and Therapy | Home Study | 1.9 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Exercise Management of Chronic Diseases and Disabilities for All Ages | Home Study | 1.9 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | Fitness Assessment and Exercise Prescription for all Ages | Home Study | 1.9 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | JrFit Youth Fitness | Home Study | 1.9 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | SrFit Mature Fitness | Home Study | 1.9 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | The Fitness Professional's Guide to Coaching Lifestyle Wellness | Home Study | 1.9 | 12/31/18 | www.aahf.info |
| AAHF - American Academy of Health and Fitness | The Janda System of Evaluation and Treatment of Muscle Imbalance | Home Study | 1.9 | 12/31/18 | www.aahf.info |
| Aaron L Mattes | Active Isolated Stretching | Workshop/Seminar | 1.9 | 12/31/18 | www.stretchingusa.com |
| Academy of Holistic Fitness | Enlighten Your Body | Home Study | 1.9 | 12/31/18 | http://academyofholisticfitness.com/yoga-fitness-certification-courses/enlighten+your+body+ |
| Academy of Holistic Fitness | Holistic Fitness | Home Study | 1.9 | 12/31/18 | www.academyofholisticfitness.com |
| Academy of Holistic Fitness | Mind-Body Fitness for Personal Trainers | Home Study | 1.9 | 12/31/18 | www.academyofholisticfitness.com |
| Academy of Holistic Fitness | Practical Yoga for Personal Trainers | Home Study | 1.9 | 12/31/18 | www.academyofholisticfitness.com |
| Academy of Holistic Fitness | Pro-active Postural Restructuring | Home Study | 1.9 | 12/31/18 | www.academyofholisticfitness.com |
| Academy of Holistic Fitness | Yoga Teacher Training | Home Study | 1.9 | 12/31/18 | www.academyofholisticfitness.com |
| Achieve Wellness - Master Trainer's Academy | Foundations of Corrective Exercise | Workshop/Seminar | 0.8 | 12/31/18 | www.mastertrainersacademy.com |
| ACM 360 PRO | Certified Exercise Therapy Specialist I | Home Study | 1.2 | 12/31/18 | www.ACM360PRO.com |
| ActivMotion Bar | ActivMotion Training | Workshop/Seminar | 0.8 | 12/31/18 | www.activmotionbar.com |
| AEA - Aquatic Exercise Association | AEA Arthritis: Lesson Planning Tips & Tools | Workshop/Seminar | 0.2 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AEA Arthritis: Motivating Your Participants | Workshop/Seminar | 0.2 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AEA Arthritis: Teaching Platforms | Workshop/Seminar | 0.2 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AQUABATA SHALLOW | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AQUATIC CARDIO PROGRAMS | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AQUATIC CIRCUIT APPS 2 | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AQUATIC INTERVAL APPS | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AQUATIC KICK BOXING | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AQUATIC RESISTANCE FORMATS | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | BOOT CAMP DEEP | Home Study | 0.3 | 12/31/18 | |
| AEA - Aquatic Exercise Association | BOOT CAMP SHALLOW | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | CORE TRAINING + STRETCH TECHNIQUES | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | DEEPER APPLICATIONS 2 | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | H2O BODY SCULPTING & RESISTANCE TRAINING | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | NEXT LEVEL NOODLE | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | RATED M FOR MATURE | Home Study | 0.3 | 12/31/18 | |
| AEA - Aquatic Exercise Association | UPPER BODY CORE & MORE | Home Study | 0.3 | 12/31/18 | |
| AEA - Aquatic Exercise Association | What's New in Arthritis? | Workshop/Seminar | 0.3 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | ARTHRITIS PROGRAM LEADER DEVELOPMENT & PRACTICE(Workshop) | Workshop/Seminar | 0.6 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AFP PRACTICAL & SKILL APPLICATIONS COURSE(Online) | Home Study | 0.7 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | AFP PRACTICAL & SKILL APPLICATIONS Workshop | Workshop/Seminar | 0.7 | 12/31/18 | http://www.aeawave.com/ |
| AEA - Aquatic Exercise Association | ARTHRITIS FOUNDATION PROGRAM LEADER TRAINING (ONLINE) | Workshop/Seminar | 1.5 | 12/31/18 | |
| AeroRopes™ Training Systems, LLC | AeroRopes™ Instructor Training | Workshop/Seminar | 0.6 | 12/31/18 | aeroropes.com |
| AFAA | All AFAA courses are approved with NASM | Home Study | | 12/31/18 | |
| AIReal Yoga | 50 Hour AIReal Yoga Certificate | Workshop/Seminar | 1.9 | 12/31/18 | |
| AKT In Motion | AKT HAPPY HOUR CERTIFICATION | Workshop/Seminar | 1.9 | 12/31/18 | www.aktinmotion.com |
| Alexis Batrakoulis | Exercise for overweight and obesity: Bridging theory and practice | Workshop/Seminar | 1.2 | 12/31/18 | www.fitproworkshops.com |
| Amen Clinics | Brain Health Coaching Certification Course | Home Study | 1.9 | 12/31/18 | https://www.brainmdhealth.com/courses/brainhealthcoaching |
| American Council on Exercise (ACE) | ACE Applying Behavior Change Techniques Workshop | Workshop/Seminar | 0.5 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | Small Group Training Workshop | Workshop/Seminar | 0.5 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | Fitness Programming for Overweight Clients & Clients Affected by Obesity | Workshop/Seminar | 0.8 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | Metabolic Training Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | Movement Based Exercise Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | Personal Training Workshop: Client Communication, Assessment and Program Design | Workshop/Seminar | 0.8 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | Sports Conditioning Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Behavior Change Specialist | Home Study | 1.9 | 12/31/18 | http://www.acefitness.org/fitness-certifications/specialty-certifications/behavior-change.aspx |
| American Council on Exercise (ACE) | ACE Fitness Nutrition Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Functional Training Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Mind Body Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Senior Fitness Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Sports Conditioning Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Therapeutic Exercise Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Weight Management Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Council on Exercise (ACE) | ACE Youth Fitness Specialist | Home Study | 1.9 | 12/31/18 | www.acefitness.org |
| American Specialty Health (ASH)/Silver & Fit | Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course | Home Study | 1.3 | 12/31/18 | Pre-qualification required. Contact SFINstructors@ashn.com for info. |

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| Anatomy4Fitness, LLC | Musculoskeletal Anatomy Course | Workshop/Seminar | 0.3 | 12/31/18 |
| Annette Lang Education Systems | The Fitness Professional as a Behavior Change Experience Designer | Workshop/Seminar | 0.4 | 12/31/18 www.annettelang.com |
| Annette Lang Education Systems | Integrated Stretching | Workshop/Seminar | 0.8 | 12/31/18 www.annettelang.com |
| Annette Lang Education Systems | Training the Pregnant and Postpartum Client | Workshop/Seminar | 0.8 | 12/31/18 www.annettelang.com |
| AntiGravity® Fitness | AntiGravity® 1on1: D-kink | Workshop/Seminar | 0.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Aerial Yoga 1 | Workshop/Seminar | 1.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Aerial Yoga 2 | Workshop/Seminar | 1.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® AIRbarre 1 | Workshop/Seminar | 1.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Pilates 1 | Workshop/Seminar | 1.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Restorative Yoga | Workshop/Seminar | 1.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Suspension Fitness 1 | Workshop/Seminar | 1.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Suspension Fitness 2 | Workshop/Seminar | 1.6 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Fundamentals 1&2 | Workshop/Seminar | 1.9 | 12/31/18 www.antigravityfitness.com |
| AntiGravity® Fitness | AntiGravity® Just Kids 1&2 | Workshop/Seminar | 1.9 | 12/31/18 www.antigravityfitness.com |
| Anytime Fitness | Bodyweight Training | Workshop/Seminar | 0.8 | 12/31/18 |
| Anytime Fitness | Selling Personal Training | Workshop/Seminar | 0.8 | 12/31/18 |
| Anytime Fitness Corporate Office | PLEASE with the FC | Workshop/Seminar | 0.2 | 12/31/18 www.anytimefitness.com |
| Anytime Fitness Corporate Office | Anytime Fitness Trainer Basics | Home Study | 0.3 | 12/31/18 www.anytimefitness.com |
| Anytime Fitness Corporate Office | AF Live Implementation | Workshop/Seminar | 0.7 | 12/31/18 www.anytimefitness.com |
| Anytime Fitness Corporate Office | Anytime Fitness Live Programming, powered by Alloy | Workshop/Seminar | 0.7 | 12/31/18 www.anytimefitness.com |
| Anytime Fitness Corporate Office | Vitals 2018 | Conference | 1.5 | 12/31/18 |
| Anytime Fitness Corporate Office | Anytime Fitness Consumer Week Training | Workshop/Seminar | 1.9 | 12/31/18 www.anytimefitness.com |
| Anytime Fitness Corporate Office | Anytime Fitness NFT Operations Week | Workshop/Seminar | 1.9 | 12/31/18 www.anytimefitness.com |
| Applied Yoga Integration | Applied Yoga Integration | Workshop/Seminar | 1.5 | 12/31/18 www.appliedyogaintegration.com |
| AquaBodyStrong | AquaBodyStrong Level 1 Yoga Fusion | Workshop/Seminar | 0.8 | 12/31/18 https://www.aquastrong.com |
| AquaPhysical | FloatFit | Home Study | 0.8 | 12/31/18 www.aquaphysical.com |
| Asana Charlestown | Asana Barre Teacher Training | Workshop/Seminar | 1.9 | 12/31/18 www.asanacharlestown.com |
| Associação FITSalvador | HIRT® L-1: Scientifical Basis and Practical Application | Workshop/Seminar | 0.8 | 12/31/18 www.HIRT.pt |
| Association of Fitness Studios | Business Planning, Accounting and Finance for Fitness Entrepreneurs | Home Study | 0.2 | 12/31/18 www.afsfitness.com |
| Association of Fitness Studios | Fostering a Safe & Ethical Business Environment | Home Study | 0.2 | 12/31/18 www.afsfitness.com |
| Association of Fitness Studios | Building an Organizational Culture, Leadership Skills and Putting Together a Great Team | Home Study | 0.3 | 12/31/18 |
| Association of Fitness Studios | Creating Operational Standards, Systems, and Success Plans for Your Fitness Business | Home Study | 0.3 | 12/31/18 www.afsfitness.com |
| Association of Fitness Studios | Delivering the Client Experience | Home Study | 0.3 | 12/31/18 www.afsfitness.com |
| Association of Fitness Studios | Starting Your Own Business - What it Takes to Launch a Successful Studio/Gym | Home Study | 0.4 | 12/31/18 www.afsfitness.com |
| Association of Fitness Studios | The Essentials of Sales, Marketing and Branding | Home Study | 0.4 | 12/31/18 www.afsfitness.com |
| Athletes Acceleration | Coaches Guide to Jump Training | Home Study | 0.2 | 12/31/18 www.completejumpstraining.com |
| Athletes Acceleration | Complete Sports Nutrition | Home Study | 0.2 | 12/31/18 www.athletesacceleration.com |
| Athletes Acceleration | Complete Olympic Lifting | Workshop/Seminar | 0.3 | 12/31/18 www.completeolympiclifting.com |
| Athletes Acceleration | Complete Speed Games | Workshop/Seminar | 0.3 | 12/31/18 www.completespeedgames.com |
| Athletes Acceleration | Complete Core | Home Study | 0.4 | 12/31/18 www.completecoreaa.com |
| Athletes Acceleration | Complete Speed Training | Workshop/Seminar | 0.4 | 12/31/18 www.athletesacceleration.com |
| Athletes Acceleration | Complete Program Design | Home Study | 0.5 | 12/31/18 www.completeprogramdesign.com |
| Athletes Acceleration | Complete Sports Conditioning with Mike Boyle | Home Study | 0.5 | 12/31/18 www.completeconditioning.com |
| Athletes Acceleration | Complete Guide to Training the Female Athlete | Home Study | 0.8 | 12/31/18 |
| Athletes Acceleration | Complete Speed and Power Summit | Conference | 1.3 | 12/31/18 www.speedandpowersummit.com |
| Athletic Performance Education Company (APEC) | National Accreditation in Strength and Conditioning (NASC) | Workshop/Seminar | 1.9 | 12/31/18 www.APECOURSES.com |
| Australian Strength Performance | Physique Transformation Level 1 | Workshop/Seminar | 0.7 | 12/31/18 |
| Australian Strength Performance | Hypertrophy Level 1 | Workshop/Seminar | 1.4 | 12/31/18 |
| Australian Strength Performance | Fat Loss Specialization | Workshop/Seminar | 1.9 | 12/31/18 |
| Autism Fitness (Theraplay-NY, LLC) | Autism Fitness Level I Certification | Workshop/Seminar | 1.4 | 12/31/18 www.autismfitness.com |
| Axle Workout INC | The Axle Workout: Core Certification | Workshop/Seminar | 0.8 | 12/31/18 theaxleworkout.com |
| Axle Workout INC | The Axle Workout: Full Body Certification | Workshop/Seminar | 0.8 | 12/31/18 theaxleworkout.com |
| Axle Workout INC | The Axle Workout: Loaded Certification | Workshop/Seminar | 0.8 | 12/31/18 theaxleworkout.com |
| Balanced Body | Ring Around the World | Workshop/Seminar | 0.3 | 12/31/18 pilates.com |
| Balanced Body | Small Ball Magic | Workshop/Seminar | 0.3 | 12/31/18 pilates.com |
| Balanced Body | Pilates Arc | Workshop/Seminar | 0.4 | 12/31/18 pilates.com |
| Balanced Body | Orbit Training | Workshop/Seminar | 0.6 | 12/31/18 pilates.com |
| Balanced Body | Pilates Arc with Reformer | Workshop/Seminar | 0.6 | 12/31/18 pilates.com |
| Balanced Body | Pilates Barrels Instructor Training | Workshop/Seminar | 0.6 | 12/31/18 pilates.com |
| Balanced Body | Balanced Body Barre Instructor Training, Fundamentals | Workshop/Seminar | 0.8 | 12/31/18 pilates.com |
| Balanced Body | Bodhi Suspension System® Instructor Training, Fundamentals | Workshop/Seminar | 0.8 | 12/31/18 pilates.com |
| Balanced Body | MOTR™ Instructor Training Fundamentals | Workshop/Seminar | 0.8 | 12/31/18 pilates.com |
| Balanced Body | The Body 2 | Workshop/Seminar | 0.9 | 12/31/18 pilates.com |
| Balanced Body | EXO Chair Training | Workshop/Seminar | 1.2 | 12/31/18 pilates.com |
| Balanced Body | Trapeze Table, Chair and Barrels Instructor Training: Module 2 | Workshop/Seminar | 1.2 | 12/31/18 pilates.com |
| Balanced Body | Trapeze Table, Chair and Barrels Instructor Training: Module 3 | Workshop/Seminar | 1.2 | 12/31/18 pilates.com |
| Balanced Body | Pilates Chair Instructor Training | Workshop/Seminar | 1.4 | 12/31/18 pilates.com |
| Balanced Body | Reformer 3 Instructor Training | Workshop/Seminar | 1.4 | 12/31/18 pilates.com |
| Balanced Body | Trapeze Table, Chair and Barrels Instructor Training: Module 1 | Workshop/Seminar | 1.4 | 12/31/18 pilates.com |
| Balanced Body | Anatomy in Three Dimensions Instructor Training | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Balanced Body Barre Instructor Training Comprehensive | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Balanced Body Movement Principles | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Bodhi Suspension System® Instructor Training Comprehensive | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | CoreAlign® Instructor Training 1: Foundations | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | CoreAlign® Instructor Training 2: Progressions | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Enhanced Pilates Mat + Props | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Mat 1 and Movement Principles Instructor Training | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Mat 2 Instructor Training | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |

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| Balanced Body | Mat 3: Enhanced Pilates Mat & Props | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | MOTR™ Instructor Training, Comprehensive | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Reformer 2 Instructor Training | Workshop/Seminar | 1.6 | 12/31/18 pilates.com |
| Balanced Body | Reformer 1 and Movement Principles Instructor Training | Workshop/Seminar | 1.8 | 12/31/18 pilates.com |
| Balanced Body | Trapeze Table/Cadillac/Tower Instructor Training | Workshop/Seminar | 1.8 | 12/31/18 pilates.com |
| Balanced Body | Chair and Barrels Module | Workshop/Seminar | 1.9 | 12/31/18 pilates.com |
| Balanced Body | Mat 1 and 2 Instructor Training | Workshop/Seminar | 1.9 | 12/31/18 pilates.com |
| Balanced Body | Pilates on Tour London - London 2018 | Conference | 1.9 | 12/31/18 pilates.com |
| Balanced Body | Pilates on Tour Phoenix - Phoenix 2018 | Conference | 1.9 | 12/31/18 pilates.com |
| Balanced Habits | Balanced Habits Food Coach (Self Study) | Home Study | 1.4 | 12/31/18 balancedhabitspartners.com |
| Barre by Jessica Diaz | Barre Teacher Training Program | Home Study | 1.9 | 12/31/18 |
| Barre Certification (IBBFA) | Barre Essentials - A Training Guide On How To Be An Effective Barre Instructor | Home Study | 0.8 | 12/31/18 www.barrecertification.com |
| Barre Certification (IBBFA) | Barre Level 1- Fundamentals of Barre Technique | Workshop/Seminar | 1.9 | 12/31/18 https://barrecertification.com/ |
| Barre Intensity LLC | Barre Choreography Workshop 1 | Workshop/Seminar | 0.3 | 12/31/18 www.barreintensity.com |
| Barre Intensity LLC | Barre Intensity Instructor Training 1 day | Workshop/Seminar | 0.9 | 12/31/18 www.barreintensity.com |
| Barre Intensity LLC | Barre Anatomy Workshop | Workshop/Seminar | 1.0 | 12/31/18 www.barreintensity.com |
| Barre Intensity LLC | Barre Intensity Instructor Training 2 day | Workshop/Seminar | 1.3 | 12/31/18 www.barreintensity.com |
| Barrenone Institute | Barrenone Movement and Mobility Specialist-1 | Workshop/Seminar | 1.0 | 12/31/18 chicgoathleticclubs.com |
| Barrenone Institute | Barrenone Movement and Mobility Specialist-2 | Home Study | 1.0 | 12/31/18 chicgoathleticclubs.com |
| Beachbody, LLC | CIZE Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | CIZE LIVE Instructor Training | Workshop/Seminar | 0.7 | 12/31/18 |
| Beachbody, LLC | CORE DE FORCE Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | CORE DE FORCE LIVE Instructor Training | Workshop/Seminar | 0.7 | 12/31/18 www.beachbodylive.com |
| Beachbody, LLC | COUNTRY HEAT Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | COUNTRY HEAT LIVE Instructor Training | Workshop/Seminar | 0.7 | 12/31/18 www.beachbodylive.com |
| Beachbody, LLC | INSANITY Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | INSANITY LIVE Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | P90X Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | P90X LIVE Instructor Training | Workshop/Seminar | 0.7 | 12/31/18 www.beachbodylive.com |
| Beachbody, LLC | PiYo Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | PiYo LIVE Instructor Training | Workshop/Seminar | 0.7 | 12/31/18 www.beachbodylive.com |
| Beachbody, LLC | TURBO KICK Instructor Training | Home Study | 0.7 | 12/31/18 www.beachbody.com |
| Beachbody, LLC | TURBO KICK LIVE Instructor Training | Workshop/Seminar | 0.7 | 12/31/18 www.beachbodylive.com |
| BeatBoss, LLC | BeatBoss Indoor Biking | Workshop/Seminar | 1.4 | 12/31/18 www.beatboss.rocks |
| Bender Training Academy | Functional Flexibility and Fascia Fitness | Workshop/Seminar | 0.6 | 12/31/18 www.bendertraining.com |
| Bender Training Academy | TueBar® Fitness | Workshop/Seminar | 0.8 | 12/31/18 |
| Bender Training Academy | Functional Reformer level 1 | Workshop/Seminar | 1.9 | 12/31/18 www.bendertraining.com |
| BIOMechaniks | Release Series - December 2017 | Workshop/Seminar | 0.2 | 12/31/18 www.biomechaniks.com |
| BIOMechaniks | Release Series - February 2018 | Workshop/Seminar | 0.2 | 12/31/18 www.biomechaniks.com |
| BIOMechaniks | Release Series - January 2018 | Workshop/Seminar | 0.2 | 12/31/18 www.biomechaniks.com |
| BIOMechaniks | Release Series - March 2018 | Workshop/Seminar | 0.2 | 12/31/18 www.biomechaniks.com |
| BloomFit Training, LLC | BloomFit Body Positivity Training | Workshop/Seminar | 0.3 | 12/31/18 bloomfittraining.com |
| BloomFit Training, LLC | BloomFit Training Body Positive Fitness Workshop 2 | Workshop/Seminar | 0.3 | 12/31/18 bloomfittraining.com |
| BODY FX | Figure 8 Basic Instructor | Home Study | 0.6 | 12/31/18 |
| Body Kinetics, LLC | Enhancing Motivation to Exercise | Workshop/Seminar | 0.2 | 12/31/18 |
| Body Kinetics, LLC | Nutrition Coaching for Personal Trainers | Workshop/Seminar | 0.4 | 12/31/18 |
| Bolly Active | Bolly Active Licensed Instructor | Workshop/Seminar | 0.9 | 12/31/18 www.bollyactive.com |
| BollyX | BollyX® LIT 4-hour | Workshop/Seminar | 0.4 | 12/31/18 www.bollyx.com |
| BollyX | BollyX Instructor | Workshop/Seminar | 0.7 | 12/31/18 www.bollyx.com |
| Boogie Bounce | One Day Training Workshop | Workshop/Seminar | 0.7 | 12/31/18 |
| Booty Barre | barreless | Workshop/Seminar | 0.8 | 12/31/18 www.barreless.com |
| Booty Barre | BootyBarre PLUS | Workshop/Seminar | 0.9 | 12/31/18 www.bootybarre.com |
| Booty Barre | BootyBarre plus Flex & Flow | Workshop/Seminar | 1.8 | 12/31/18 http://www.bootybarre.com |
| BOSU | 101 WAYS TO BOSU®! | Workshop/Seminar | 0.2 | 12/31/18 www.bosu.com |
| BOSU | BOSU 3D XTREME: Creative Circuit Solutions | Workshop/Seminar | 0.2 | 12/31/18 http://www.bosu.com |
| BOSU | BOSU® COMPLETE WORKOUT SYSTEM INTRO | Workshop/Seminar | 0.2 | 12/31/18 http://www.bosu.com |
| BOSU | BOSU® DOUBLE UP DOUBLE DOWN | Workshop/Seminar | 0.2 | 12/31/18 http://www.bosu.com |
| BOSU | BOSU® HIIT EXTREME | Workshop/Seminar | 0.2 | 12/31/18 http://www.bosu.com |
| BOSU | BOSU® STRONG + STRETCHED | Workshop/Seminar | 0.2 | 12/31/18 http://www.bosu.com |
| BOSU | BOSU® Up, Down, All Around | Workshop/Seminar | 0.2 | 12/31/18 www.bosu.com |
| BOSU | BOSU®: Stability Ball Overhaul | Workshop/Seminar | 0.2 | 12/31/18 http://Bosu.com |
| BOSU | Fluid Fusion | Workshop/Seminar | 0.2 | 12/31/18 |
| BOSU | Surge Pyramid Power | Workshop/Seminar | 0.2 | 12/31/18 |
| BOSU | 3D XTREME™ powered by BOSU® | Workshop/Seminar | 0.6 | 12/31/18 http://www.bosu.com |
| BOSU | BOSU® Skills and Drills for Group Personal Training Certification | Workshop/Seminar | 0.6 | 12/31/18 http://www.bosu.com |
| BOSU | BOSU Mobility & Stability For Active Aging | Workshop/Seminar | 0.8 | 12/31/18 www.bosu.com |
| BOSU | BOSU® COMPLETE WORKOUT SYSTEM CERTIFICATION | Workshop/Seminar | 0.8 | 12/31/18 http://www.bosu.com |
| Box N' Burn Academy | Box N' Burn Academy Level 1 Certification | Workshop/Seminar | 0.7 | 12/31/18 www.boxnburnacademy.com |
| Brain & Body Academy | HIRT L1 Course | Workshop/Seminar | 0.8 | 12/31/18 http://www.brainbodyacademy.com |
| Brain & Body Academy | HIRT L2 Course | Workshop/Seminar | 0.8 | 12/31/18 http://www.brainbodyacademy.com |
| Brain & Body Academy | HIRT L3 Course | Workshop/Seminar | 0.8 | 12/31/18 |
| Brain & Body Academy | S.R.E. (Safe Return to Exercise) | Workshop/Seminar | 1.6 | 12/31/18 |
| Brain & Body Academy | THUMP Boxing L1+2 Instructor Course | Workshop/Seminar | 1.6 | 12/31/18 http://letstudio.blogspot.tw |
| Brain Body 360 (BB360) | The Ball Skills Playbook | Home Study | 0.2 | 12/31/18 www.bb360training.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deep Cervical Flexor Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Does Movement Impairment Precede Knee Pain and Injury? | Home Study | 0.1 | 12/31/18 http://brentbrookbush.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Gluteus Maximus Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Gluteus Medius Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |

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| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip External Rotator: Release and Lengthening | Home Study | 0.1 | 12/31/18 https://brentbrookbush.com/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip Flexor: Release and Lengthening | Home Study | 0.1 | 12/31/18 https://brentbrookbush.com/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip Internal Rotator: Release and Lengthening | Home Study | 0.1 | 12/31/18 https://brentbrookbush.com/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lower Body Manual Muscle Testing (MMT) | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lumbar Extensor: Release and Lengthening | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Muscle Cell Structure and Function | Home Study | 0.1 | 12/31/18 http://brentbrookbush.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Plantar Flexor: Release and Lengthening | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Scapular Muscles: Release and Lengthening | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Serratus Anterior Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Shoulder External Rotator Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibia External Rotator: Release and Lengthening | Home Study | 0.1 | 12/31/18 https://brentbrookbush.com/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Anterior Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Posterior Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Transverse Abdominis Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Trapezius Activation | Home Study | 0.1 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Upper Body Manual Muscle Testing (MMT) | Home Study | 0.1 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation | Home Study | 0.1 | 12/31/18 https://brentbrookbush.com/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Adductors | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Biceps Femoris | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Coracobrachialis | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deep Neck Flexors | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Deltoids | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Erector Spinae | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT)) | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Flexor Hallucis Longus and Flexor Digitorum Longus | Workshop/Seminar | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Gluteus Maximus | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Infraspinatus and Teres Minor | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Latissimus Dorsi | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Levator Scapulae | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Muscle Length Tests | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Overhead Squat Assessment (Part 1): Signs of Dysfunction | Home Study | 0.2 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns | Home Study | 0.2 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Pectoralis Major | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Pectoralis Minor | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Popliteus | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD) | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Rectus Abdominis & Pyramidalis | Home Study | 0.2 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Rhomboids | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Self-administered Joint Mobilizations: Lower Extremity | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Self-administered Joint Mobilizations: Upper Extremity | Home Study | 0.2 | 12/31/18 www.BrookbushInstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Serratus Anterior | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Soleus | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Subscapularis | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Supraspinatus | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tensor Fascia Latae | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Teres Major | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Anterior | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Tibialis Posterior | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Trapezius Muscle | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Upper Body Goniometric Assessment | Home Study | 0.2 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Upper Body Goniometric Assessment | Home Study | 0.2 | 12/31/18 http://brentbrookbush.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Ankle Joint | Home Study | 0.3 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Core Subsystems | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Functional Anatomy 1: Introduction | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Functional Anatomy 2: Muscular Function and Upper Body Muscles | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Functional Anatomy 3: Lower Body and Core Muscles | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Hip Joint | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Knee Joint | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lower Leg Dysfunction (LLD) Exercise Selection | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lumbo Pelvic Hip Complex Dysfunction (LPHCD) Exercise Selection | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Predictive Model of Lower Leg Dysfunction (LLD) | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Predictive Model of Upper Body Dysfunction (UBD) | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Shoulder Joint | Home Study | 0.3 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Sternoclavicular, Acromioclavicular and Scapulothoracic Joints | Home Study | 0.3 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Upper Body Dysfunction (UBD) Exercise Selection | Home Study | 0.3 | 12/31/18 brentbrookbush.com/online-courses/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Lower Extremity Dysfunction | Home Study | 0.4 | 12/31/18 http://www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Advancements in Exercise Selection | Workshop/Seminar | 1.6 | 12/31/18 brentbrookbush.com/ |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise | Workshop/Seminar | 1.6 | 12/31/18 http://brentbrookbush.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Advancements in Program Design | Workshop/Seminar | 1.6 | 12/31/18 www.brookbushinstitute.com |
| Brookbush Institute of Human Movement Science (B2C Fitness, LLC) | Functional Anatomy 1 & 2 | Workshop/Seminar | 1.6 | 12/31/18 brentbrookbush.com/ |
| Brown Dog Yoga | BDY Cycle Training Program | Workshop/Seminar | 0.9 | 12/31/18 www.browndogyoga.com |
| Brown Dog Yoga | BDY Barre Certification | Workshop/Seminar | 1.4 | 12/31/18 |
| Bruce and Mindy Inc. | Fluid Strength | Workshop/Seminar | 0.4 | 12/31/18 bruceandmindy.com |
| Bruce and Mindy Inc. | Gliding Total Body | Workshop/Seminar | 0.4 | 12/31/18 bruceandmindy.com |
| Bruce and Mindy Inc. | Cooking and Coaching | Workshop/Seminar | 0.9 | 12/31/18 bruceandmindy.com |
| Bruce and Mindy Inc. | One Day to Wellness | Workshop/Seminar | 0.9 | 12/31/18 bruceandmindy.com |
| Bryan Guidry Training Systems, LLC | Boxing and MMA for Personal Training (workshop) | Workshop/Seminar | 0.7 | 12/31/18 |

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| BUTI Yoga with Elisabeth Gold | BUTI Yoga Certification Program | Workshop/Seminar | 1.9 | 12/31/18 butiyoga.com |
| C.H.E.K Institute | Primal Pattern Movement: A Neurodevelopmental Approach to Conditioning | Home Study | 0.5 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | Advanced Swiss Ball Training for Rehabilitation | Home Study | 0.7 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | Healing Fungal and Parasite Infections – The Absolute Essentials | Home Study | 0.7 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | Program Design | Home Study | 0.7 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | Scientific Shoulder Training (Workshop) | Workshop/Seminar | 0.8 | 12/31/18 |
| C.H.E.K Institute | Swiss Ball Training | Home Study | 0.8 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | Advanced Program Design | Workshop/Seminar | 1.6 | 12/31/18 http://www.chekinstitute.com |
| C.H.E.K Institute | Scientific Shoulder Training (Home Study) | Home Study | 1.6 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | CHEK Holistic Lifestyle Coach Level 1 | Workshop/Seminar | 1.9 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | CHEK Holistic Lifestyle Coach Level 2 | Workshop/Seminar | 1.9 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | Scientific Back Training 2nd Edition Correspondence Course | Home Study | 1.9 | 12/31/18 www.chekinstitute.com |
| C.H.E.K Institute | Scientific Core Conditioning | Home Study | 1.9 | 12/31/18 www.chekinstitute.com |
| Cancer Exercise Training Institute | Cancer Exercise Specialist Advanced Qualification (Workshop) | Workshop/Seminar | 1.6 | 12/31/18 www.thecancerspecialist.com |
| Cancer Exercise Training Institute | Breast Cancer Recovery BOSU® Specialist Advanced Qualification Certification | Home Study | 1.9 | 12/31/18 www.thecancerspecialist.com |
| Cancer Exercise Training Institute | Cancer Exercise Specialist Advanced Qualification (Home Study) | Home Study | 1.9 | 12/31/18 www.thecancerspecialist.com |
| Cardiopump Fitness, LLC | Cardiopump Kettlebell | Workshop/Seminar | 0.9 | 12/31/18 |
| Catalyst Athletics, Inc. | Online Weightlifting Coach Certification - Level 1 | Home Study | 1.4 | 12/31/18 www.catalystathletics.com |
| Chakaboom Fitness | The Chakaboom Fitness Experience, Professional Instructor Training | Workshop/Seminar | 0.6 | 12/31/18 http://www.chakaboomfitness.com |
| Chakaboom Fitness | CHAKABOONCE Instructor Training | Workshop/Seminar | 0.8 | 12/31/18 www.chakaboomfitness.com |
| Chameleon Sports Training | Training for Speed and Agility | Workshop/Seminar | 0.6 | 12/31/18 C360sports.com |
| Chicago Kettlebell Club | Certified Kettlebell Coach, Level 1 | Workshop/Seminar | 0.8 | 12/31/18 |
| Chicago Kettlebell Club | Certified Kettlebell Coach, Level 2 | Workshop/Seminar | 0.8 | 12/31/18 |
| Cirque-It Fitness | Cirque-It Fitness: The Fundamentals | Workshop/Seminar | 0.8 | 12/31/18 http://www.aerialates.com |
| Core Health & Fitness | Schwinn Indoor Cycling Workshop: All the Right Cues | Workshop/Seminar | 0.2 | 12/31/18 www.schwinneducation.com |
| Core Health & Fitness | Schwinn Indoor Cycling Workshop: Class Design Crunch Time | Workshop/Seminar | 0.2 | 12/31/18 www.schwinneducation.com |
| Core Health & Fitness | Schwinn Indoor Cycling Workshop: Leave Em Breathless | Workshop/Seminar | 0.2 | 12/31/18 www.schwinneducation.com |
| Core Health & Fitness | Schwinn® Cycling - Pedal & Pulse | Workshop/Seminar | 0.2 | 12/31/18 www.corehandf.com/certification |
| Core Health & Fitness | Schwinn® Cycling - Train Right 2 Ride Right | Workshop/Seminar | 0.2 | 12/31/18 www.corehandf.com/certification |
| Core Health & Fitness | Schwinn® Cycling: Super Star Substitute | Workshop/Seminar | 0.2 | 12/31/18 www.corehandf.com/certification |
| Core Health & Fitness | StairMaster HIIT Instructor Training Program | Workshop/Seminar | 0.4 | 12/31/18 www.corehandf.com/certification |
| Core Health & Fitness | BoxMaster Instructor Workshop | Workshop/Seminar | 0.5 | 12/31/18 www.corehandf.com/certification |
| Core Health & Fitness | Nautilus Human Sport Specialist Workshop | Workshop/Seminar | 0.8 | 12/31/18 www.corehandf.com/certification |
| Core Health & Fitness | Schwinn Indoor Cycling: Classic Instructor Certification | Workshop/Seminar | 0.8 | 12/31/18 www.schwinneducation.com |
| Core Health & Fitness | Schwinn Indoor Cycling: Power Instructor Certification | Workshop/Seminar | 0.8 | 12/31/18 www.schwinneducation.com |
| Core Pilates NYC | The Intermediate Mat Training Course | Workshop/Seminar | 1.3 | 12/31/18 http://www.corepilatesnyc.com |
| Core Pilates NYC | Core Pilates NYC 's® Equipment Training Series: Tower/Cadillac | Workshop/Seminar | 1.6 | 12/31/18 http://www.corepilatesnyc.com |
| Core Pilates NYC | Core Pilates NYC 's® Equipment Training Series: Reformer | Workshop/Seminar | 1.9 | 12/31/18 http://www.corepilatesnyc.com |
| Core Pilates NYC | The Beginner Mat Training Course | Workshop/Seminar | 1.9 | 12/31/18 http://www.corepilatesnyc.com |
| CorePower Yoga | Yoga Sculpt Teacher Training | Home Study | 1.9 | 12/31/18 www.corepoweryoga.com |
| CRUNCH FITNESS | 360-3X | Workshop/Seminar | 0.2 | 12/31/18 http://www.crunch.com |
| CRUNCH FITNESS | BARRE BOOTCAMP | Workshop/Seminar | 0.2 | 12/31/18 http://www.crunch.com |
| CRUNCH FITNESS | CARDIO TAI BOX | Workshop/Seminar | 0.2 | 12/31/18 http://www.crunch.com |
| CRUNCH FITNESS | LOOPED IN | Workshop/Seminar | 0.2 | 12/31/18 www.crunch.com |
| CRUNCH FITNESS | POWER BALL | Workshop/Seminar | 0.2 | 12/31/18 WWW.CRUNCH.COM |
| CRUNCH FITNESS | RETRO ROBICS | Workshop/Seminar | 0.2 | 12/31/18 http://www.crunch.com |
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| CRUNCH FITNESS | FAT BURNING PILATES | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
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| CRUNCH FITNESS | IRON MAT | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
| CRUNCH FITNESS | OVERDRIVE | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
| CRUNCH FITNESS | RIPPED DRIVE | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
| CRUNCH FITNESS | RIPPED YOGA | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
| CRUNCH FITNESS | SHREDDED | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
| CRUNCH FITNESS | SPIDERWEB WITH TRX | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
| CRUNCH FITNESS | STILETTO STRENGTH 3 | Workshop/Seminar | 0.3 | 12/31/18 WWW.CRUNCH.COM |
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| FIT EDU | Assessment and Corrective Strategies for the Barbell Athlete | Workshop/Seminar | 0.8 | 12/31/18 | http://www.fit-edu.com/service/assessment-rehabilitation-techniques-barbell-athlete/ |
| FIT EDU | Metabolic Conditioning: Movements and Program Designs That Deliver | Workshop/Seminar | 0.8 | 12/31/18 | www.fit-edu.com |
| FIT EDU | Movement Coaching: Deadlift, Squat, and Press | Workshop/Seminar | 0.8 | 12/31/18 | www.fit-edu.com |
| Fit For Birth, Inc | Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship) | Home Study | 1.9 | 12/31/18 | www.getfitforbirth.com |
| Fit4Health, LLC | Coaching to Maximize Client Results: For Personal Trainers | Home Study | 0.4 | 12/31/18 | https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/ |
| FitCon | FitCon Summit 2018 | Conference | 1.2 | 12/31/18 | |
| FitFixNow | 5 Ways You're Losing Your Clients | Home Study | 0.2 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | Boost Your Business with a Better Business Plan | Home Study | 0.2 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | Expand your Reach with Online Face to Face Training | Home Study | 0.2 | 12/31/18 | https://www.fitfixnow.com/ |
| FitFixNow | Fit Kids for Life: Reversing Childhood Obesity | Home Study | 0.2 | 12/31/18 | |
| FitFixNow | Increase Your Income with Online Video Group Training | Home Study | 0.2 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | Making EVERY Client a Success: A Toolkit for Behavior Change | Home Study | 0.2 | 12/31/18 | |
| FitFixNow | Reinventing The Wheel: Fitness and Adapted PE for the Autism Population | Workshop/Seminar | 0.2 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations | Home Study | 0.2 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients | Home Study | 0.2 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | The Midas Touch: Golden Clients in their Golden Years | Home Study | 0.2 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | Training Aging Bones and Muscles | Home Study | 0.2 | 12/31/18 | http://www.fitfixnow.com |
| FitFixNow | Training Towards and Away From Knee and Hip Replacement | Home Study | 0.3 | 12/31/18 | |
| FitFixNow | Training the Aging Heart with Safety and Confidence | Home Study | 0.4 | 12/31/18 | www.fitfixnow.com |
| FitFixNow | Helping Your Clients Become Their Best! | Home Study | 0.5 | 12/31/18 | http://www.fitfixnow.com |
| Fitness Education Online | 4 Steps to a Successful Bootcamp (Level 1) | Workshop/Seminar | 1.0 | 12/31/18 | www.fitnesseducationonline.com.au |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | Advanced Balance and Corrective Exercise for Actively Aging Adults | Workshop/Seminar | 0.7 | 12/31/18 | www.iihfe.com |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | ICES Approach to Training Baby Boomers and Seniors | Workshop/Seminar | 0.7 | 12/31/18 | www.iihfe.com |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | ICES Approach to Training Baby Boomers and Seniors-Designing Programs | Workshop/Seminar | 0.7 | 12/31/18 | www.iihfe.com |
| Fitness Education Seminars DBA: Institute for Integrative Health and Fitness Education | Integrative Core Training For the Baby Boomers | Workshop/Seminar | 0.7 | 12/31/18 | http://www.fitnesseducationseminars.com |
| Fitness Learning Systems | The Science of Nutrition | Home Study | 0.5 | 12/31/18 | |
| Fitness Mentors LLC | Build Your Marketing Muscle: The Free Guide to Marketing for Personal Trainers | Home Study | 0.5 | 12/31/18 | www.fitnessmentors.com |
| Fitness Mentors LLC | Business & Sales: The Guide to Success as a Personal Trainer | Home Study | 1.9 | 12/31/18 | www.fitnessmentors.com |
| Fitness Mentors LLC | Speed Performance for Athletes | Workshop/Seminar | 1.9 | 12/31/18 | www.fitnessmentors.com |
| Fitness People Advancing Change (FPAC) | Grow Your Exercise Library | Workshop/Seminar | 0.2 | 12/31/18 | |
| Fitness Professionals (FitPro) | VI PR Active Aging | Workshop/Seminar | 0.4 | 12/31/18 | http://www.viprfit.com |
| Fitness Professionals (FitPro) | VI PR Kids | Workshop/Seminar | 0.4 | 12/31/18 | www.viprfit.com |
| Fitness Professionals (FitPro) | VI PR Loaded Movement Training Level 1 | Workshop/Seminar | 0.4 | 12/31/18 | www.viprfit.com |
| Fitness Professionals (FitPro) | VI PR Loaded Movement Training Level 2 | Workshop/Seminar | 0.8 | 12/31/18 | www.viprfit.com |
| Fitness Revolution | The S3 Training Method | Home Study | 0.4 | 12/31/18 | www.frnation.com |
| Fitness Revolution | Integrative Corrective Exercise Approach | Home Study | 0.9 | 12/31/18 | http://frnation.com |
| Fitness Solutions | Core Flyte™ Coach Specialization Course | Workshop/Seminar | 0.4 | 12/31/18 | www.flytefitness.com/pages/education |
| Fitness Solutions | Everlast F.I.T. Fundamentals: Striking Specialist Level 1 | Workshop/Seminar | 0.8 | 12/31/18 | www.everlast.com/fitcerts |
| FitnessFest Conference and Expo | Medical Fitness Tour: Phoenix, AZ | Conference | 1.4 | 12/31/18 | |
| FitnessFest Conference and Expo | FitnessFest at TheFitExpo: Los Angeles, CA | Conference | 1.6 | 12/31/18 | |
| FitnessFest Conference and Expo | FitnessFest Conference & Expo 2018: Phoenix/Mesa, AZ | Conference | 1.9 | 12/31/18 | |
| FITOUR | Advanced Aqua Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Advanced Group Exercise Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |

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| FITOUR | Advanced Indoor Cycling Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Advanced Personal Training Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Advanced Pilates Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Advanced Yoga Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | BootCamp Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Core and Functional Fitness Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Group Barbell Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Group Exercise Primary Certification | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Kickboxing Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Myofascial Release Self Study | Workshop/Seminar | 0.8 | 12/31/18 | http://www.fitour.com |
| FITOUR | Pilates Reformer Level 1 Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Aqua Live Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www/fitour.com |
| FITOUR | Primary Aqua Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Group Exercise Live Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Indoor Cycling Live Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Indoor Cycling Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Personal Trainer Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Personal Training Live Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Pilates Live Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Pilates Self Study | Workshop/Seminar | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Primary Yoga Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Stability Ball Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| FITOUR | Step Self Study | Home Study | 0.8 | 12/31/18 | www.fitour.com |
| Focusmaster | Focusmaster Strike Training Workshop | Workshop/Seminar | 0.5 | 12/31/18 | http://www.focusmaster.com |
| Folk Fitness | FFYT (Folk Fitness Yuva Trainer) Shiksha | Workshop/Seminar | 1.6 | 12/31/18 | http://www.myfolkfitness.com/trainings/index?latlong=34.262621,-118.751214 |
| Follow your Hart LLC | F-IT: The Business of Fitness | Home Study | 1.5 | 12/31/18 | kkhart.com |
| Foundation Training, LLC | Foundation Training Certification Course | Workshop/Seminar | 1.9 | 12/31/18 | www.foundationtraining.com |
| Fox Physio LLC | Mastering The Initial Assessment | Workshop/Seminar | 0.4 | 12/31/18 | foxphysio.org |
| Freedom Group Exercise LLC. | BANG Power Dance™ | Workshop/Seminar | 1.4 | 12/31/18 | www.Bangworkout.com |
| Freedom Group Exercise LLC. | Freedom Barre™ | Workshop/Seminar | 1.4 | 12/31/18 | www.Bangworkout.com |
| Full Out Barre | Full Out Barre | Workshop/Seminar | 0.8 | 12/31/18 | www.fulloutbarre.com |
| Functional Aging Institute FAI | Functional Core and Balance Certification | Home Study | 0.3 | 12/31/18 | https://functionalaginginstitute.com/ |
| Functional Aging Institute FAI | Functional Aging Certificate | Home Study | 0.5 | 12/31/18 | www.functionalaginginstitute.com |
| Functional Aging Institute FAI | Functional Aging Specialist Workshop | Workshop/Seminar | 0.7 | 12/31/18 | www.functionalaginginstitute.com |
| Functional Aging Institute FAI | Anchor Point Training Certification | Home Study | 0.8 | 12/31/18 | www.anchorpointtraining.com |
| Functional Aging Institute FAI | Anchor Point Training Certification Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.anchorpointtraining.com |
| Functional Aging Institute FAI | Functional Aging Group Exercise Specialist Certification | Workshop/Seminar | 0.8 | 12/31/18 | functionalaginginstitute.com |
| Functional Aging Institute FAI | Functional Aging Group Exercise Specialist Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.functionalaginginstitute.com |
| Functional Aging Institute FAI | Open the Door to Tai Chi | Home Study | 0.8 | 12/31/18 | www.taichisystem.com |
| Functional Aging Institute FAI | Open the Door to Tai Chi (Workshop) | Workshop/Seminar | 0.8 | 12/31/18 | www.taichisystem.com |
| Functional Aging Institute FAI | Functional Aging Specialist Certification | Home Study | 1.0 | 12/31/18 | www.functionalaginginstitute.com |
| Functional Aging Institute FAI | Functional Aging Summit 2018 | Conference | 1.9 | 12/31/18 | |
| Functional Medicine Coaching Academy (FMCA) | Functional Medicine Coaching Academy Health Coaching Program | Home Study | 1.8 | 12/31/18 | http://www.functionalmedicinecoaching.org |
| FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC) | FMS Level 1 Online Course | Home Study | 0.2 | 12/31/18 | http://WWW.FUNCTIONALMOVEMENT.COM |
| FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC) | FMS LEVEL 1 | Workshop/Seminar | 1.2 | 12/31/18 | WWW.FUNCTIONALMOVEMENT.COM |
| FUNCTIONAL MOVEMENT SYSTEMS (FMS, INC) | FMS Level 2 | Workshop/Seminar | 1.5 | 12/31/18 | www.functionalmovement.com |
| FUSION Tactical & Athletic Development | Integrated Exercise Guidelines for Fibromyalgia | Home Study | 0.2 | 12/31/18 | https://innovativeceus.com/CourseCategory.php?id=10 |
| GET PULSED | Get Pulsed | Workshop/Seminar | 0.7 | 12/31/18 | www.getpulsed.com |
| Girls Gone Strong | Pre- & Postnatal Coaching Certification | Workshop/Seminar | 1.9 | 12/31/18 | |
| GlideFit | Cardio Wave | Workshop/Seminar | 0.8 | 12/31/18 | glidefit.com |
| Global Bodyweight Training, LLC | Animal Flow Level 2 Workshop | Workshop/Seminar | 0.9 | 12/31/18 | www.animalflow.com |
| Global Bodyweight Training, LLC | Animal Flow Level 1 Workshop | Workshop/Seminar | 1.1 | 12/31/18 | www.animalflow.com |
| GMP Fitness | Eating Plans – Healthy Diet Tips | Home Study | 0.3 | 12/31/18 | |
| GMP Fitness | Sugar – What’s In Your Food | Home Study | 0.3 | 12/31/18 | |
| GMP Fitness | Vitamin D – Immune System Booster | Home Study | 0.3 | 12/31/18 | |
| GMP Fitness | Weight Loss – Healthy Calorie Intake | Home Study | 0.3 | 12/31/18 | |
| GMP Fitness | Additives - Hidden Food Ingredients | Home Study | 0.4 | 12/31/18 | |
| GMP Fitness | Coconut Oil - Amazing Ways To Use | Home Study | 0.4 | 12/31/18 | |
| GMP Fitness | Healing Teas - Ginger, Green and Matcha | Home Study | 0.4 | 12/31/18 | |
| GMP Fitness | Flexibility Training Specialist | Home Study | 0.5 | 12/31/18 | |
| GMP Fitness | Golf Wellness Specialist | Home Study | 0.5 | 12/31/18 | |
| GMP Fitness | ABC Fitness Training Specialist | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Avocado - Naturally Good Fat | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Avocados - Weight Loss Benefits | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Balance Progressions Specialist | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Core Training Specialist | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Golf Injury Prevention Specialist | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Healthy Herbs – Powerful Benefits | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Healthy Teas – Powerful Benefits | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Lower Body Ball Specialist | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Nutrients – Powerful Health Benefits | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Posture Analysis Specialist | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Spinal Health Specialist | Home Study | 0.6 | 12/31/18 | |
| GMP Fitness | Avocados - All You Need To Know | Home Study | 0.7 | 12/31/18 | |
| GMP Fitness | Cycling Injury Prevention Specialist | Home Study | 0.8 | 12/31/18 | |
| GMP Fitness | Diet 101 – Mediterranean and Carbs | Home Study | 0.8 | 12/31/18 | |
| GMP Fitness | Running Injury Prevention Specialist | Home Study | 0.8 | 12/31/18 | |
| GMP Fitness | Tart Cherries – Antioxidant Super Fruit | Home Study | 0.8 | 12/31/18 | |

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| GMP Fitness | Thrive Biz - Team Inspiration | Home Study | 0.8 | 12/31/18 |
| GMP Fitness | Vital Signs – Blood Pressure and Pulse | Home Study | 0.8 | 12/31/18 |
| GMP Fitness | Cholesterol - Atherosclerosis and Heart Disease | Home Study | 0.9 | 12/31/18 |
| GMP Fitness | Inflammation – Protect Your Body | Home Study | 0.9 | 12/31/18 |
| GMP Fitness | Turmeric – Super Healing Spice | Home Study | 0.9 | 12/31/18 |
| GMP Fitness | Back Injury Prevention Specialist | Home Study | 1.1 | 12/31/18 |
| GMP Fitness | Knee Injury Prevention Specialist | Home Study | 1.1 | 12/31/18 |
| GMP Fitness | Triathlon Injury Prevention Specialist | Home Study | 1.2 | 12/31/18 |
| GMP Fitness | Exercise Development Specialist | Home Study | 1.5 | 12/31/18 |
| GMP Fitness | Golf Conditioning Specialist | Home Study | 1.7 | 12/31/18 |
| GMP Fitness | Longevity Wellness Specialist | Home Study | 1.7 | 12/31/18 |
| GMP Fitness | Athletic Performance Specialist Part 1 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Athletic Performance Specialist Part 2 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Athletic Performance Specialist Part 3 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Balance Performance Specialist Part 1 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Balance Performance Specialist Part 2 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Balance Performance Specialist Part 3 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Core Performance Specialist Part 1 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Core Performance Specialist Part 2 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Core Performance Specialist Part 3 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Enzyme Nutrition & Wellness Specialist | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Fibromyalgia Health Specialist Part 1 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Fibromyalgia Health Specialist Part 2 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Flexibility Performance Specialist Part 1 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Flexibility Performance Specialist Part 2 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Flexibility Performance Specialist Part 3 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Holistic Success Specialist | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Homeopathy & Sports Wellness Special | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Posture Performance Specialist Part 1 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Posture Performance Specialist Part 2 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Posture Performance Specialist Part 3 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Posture Performance Specialist Part 3 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Triathlon Performance Specialist Part 1 | Home Study | 1.9 | 12/31/18 |
| GMP Fitness | Triathlon Performance Specialist Part 2 | Home Study | 1.9 | 12/31/18 |
| Gray Institute | Anterior Chain Reaction | Workshop/Seminar | 0.2 | 12/31/18 |
| Gray Institute | 3D Movement Analysis & Performance System (3DMAPS) Home Study | Home Study | 1.0 | 12/31/18 www.grayinstitute.com |
| Gray Institute | Certification in Applied Functional Science | Home Study | 1.9 | 12/31/18 www.grayinstitute.com |
| Gray Institute | Female Chain Reaction | Workshop/Seminar | 1.4 | 12/31/18 |
| Health Adventure Courses International | Kinetic Level Training - Level 1 | Workshop/Seminar | 1.6 | 12/31/18 |
| Healthworks Group | Assessment For the Sale | Workshop/Seminar | 0.3 | 12/31/18 www.healthworksfitness.com |
| Healthworks Group | Assisted Stretching | Workshop/Seminar | 0.3 | 12/31/18 http://healthworksgr.com/ |
| Healthworks Group | PT Sales 101: The What, When and How to Selling Personal Training! | Workshop/Seminar | 0.3 | 12/31/18 www.healthworksfitness.com |
| Healthworks Group | Training the Pre/Post Natal Client | Workshop/Seminar | 0.3 | 12/31/18 www.healthworksfitness.com |
| Healthworks Group | Group Training 101 | Workshop/Seminar | 0.4 | 12/31/18 www.healthworksfitness.com |
| Healthworks Group | Programming – Principles & Practices Workshop | Workshop/Seminar | 1.9 | 12/31/18 www.healthworksfitness.com |
| HIIT Fitness | Create a Marketing Plan For Your Business | Home Study | 0.1 | 12/31/18 |
| HIIT Fitness | Muscular Adaptations and Goal Specific Programming | Home Study | 0.2 | 12/31/18 |
| HOT HIIT | HOT HIIT Teacher Training | Workshop/Seminar | 1.9 | 12/31/18 www.hothiit.com |
| Hot Yoga Aptos | Hot Pilates Teacher Training | Workshop/Seminar | 1.5 | 12/31/18 www.hotyogaptos.com |
| House of Payne Personal Training | Launching Your Personal Training Business | Workshop/Seminar | 1.9 | 12/31/18 www.trainwithpayne.com |
| HRV Course | Foundations of Heart Rate Variability | Home Study | 0.3 | 12/31/18 www.hrvcourse.com |
| Hyperice | Hyperice Vibration Technology + SMR Course: Level 1 | Home Study | 0.2 | 12/31/18 hyperice.com |
| Hyperwear | SandBell® Level 1 Training | Workshop/Seminar | 0.4 | 12/31/18 www.hyperwear.com |
| IDEA Health & Fitness | Anatomy in Three Dimensions™: Common Knee Problems and Solutions | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2015 IDEA Fitness Journal Quiz 4: Reducing Risk Factors for Heart Disease | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and the Effects of Weight Training | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2016 IDEA Fitness Journal Quiz 2: Prepare for Summer Water Sports, and Use Hand Portioning | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2016 IDEA Fitness Journal Quiz 3: How the Exercise Gene Affects Workout Programs | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational A | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | Back to Basics With Anatomy | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | Can Technology Be Harnessed to Inspire Lasting Behavior Change? | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | Cardio-Strength Circuits for Fun and Function! | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | Creative Circuits--Five Steps to Better Program Design | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | Cue Movement and Exercise With Abdominal Anatomy, by NFPT | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | Fat-Loss Programming for Your Female Clients | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | February 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Key Terminology and Study... | Home Study | 0.1 | 12/31/18 http://www.ideafit.com |
| IDEA Health & Fitness | February 2016 IDEA Fitness Journal Quiz 2: Boosting the Daily Activity of Office Workers... | Home Study | 0.1 | 12/31/18 http://www.ideafit.com |
| IDEA Health & Fitness | February 2016 IDEA Fitness Journal Quiz 3: Nutrition News, and Navigating Health Claims on Food Labe | Home Study | 0.1 | 12/31/18 http://www.ideafit.com |
| IDEA Health & Fitness | February 2016 IDEA Fitness Journal Quiz 4: Powerful Health Benefits of Physical Activity | Home Study | 0.1 | 12/31/18 http://www.ideafit.com |
| IDEA Health & Fitness | February 2016 IDEA Fitness Journal Quiz 5: Understanding Pain | Home Study | 0.1 | 12/31/18 http://www.ideafit.com |
| IDEA Health & Fitness | February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physic | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Rech | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food | Home Study | 0.1 | 12/31/18 www.ideafit.com |
| IDEA Health & Fitness | February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement | Home Study | 0.1 | 12/31/18 www.ideafit.com |

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| IDEA Health & Fitness | February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | February 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | February 2018 IDEA Fitness Journal Quiz 2: Tips for Resistance Training with Youth, and Combined Tra | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | February 2018 IDEA Fitness Journal Quiz 3: Risks of Functional Training | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | February 2018 IDEA Fitness Journal Quiz 4: Body Image in the Fitness Industry | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | Goodbye Infobesity, Hello Action Plan! | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Guiding Others to Create Their Healthiest, Most Delicious Life | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | HIITs Blitz | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | I Q U Do: The Art of Intelligent Coaching | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2015 IDEA Fitness Journal Quiz 4: Understanding the Relationship Between Heart Rate... | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and NEAT Effects on Sustained Wei | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2016 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Protein Distribution | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2016 IDEA Fitness Journal Quiz 3: Effects of Food on Genetic Expression | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2016 IDEA Fitness Journal Quiz 4: Fitness Technology for Kids | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Sup | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Pre. | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | July-August 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | July-August 2016 IDEA Fitness Journal Quiz 2: End the Cycle of Weight Bias | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | July-August 2016 IDEA Fitness Journal Quiz 3: Abandon Stereotypes When Marketing to Older Adults | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | July-August 2016 IDEA Fitness Journal Quiz 4: Recognizing Mindsets to Become a More Effective Trainee | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | June 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Hot and Cold Treatments for Musc | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | June 2016 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Capsaicin to Promote Satiety | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | June 2016 IDEA Fitness Journal Quiz 3: Fully Engage With Clients | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | June 2017 IDEA Fitness Journal Quiz 2: Benefits of Exercise for Children, and Helping Stroke Survivo | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Little Tweaks for Big Results! | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | March 2015 IDEA Fitness Journal Quiz 2: Choosing the Right Diet | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | March 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Active Workstation Alternatives | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | March 2016 IDEA Fitness Journal Quiz 2: Brain Neuroplasticity and Aging, and Using Visualization... | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | March 2016 IDEA Fitness Journal Quiz 3: Mindless Eating Solutions | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering... | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | March 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | March 2018 IDEA Fitness Journal Quiz 2: New Blood Pressure Guidelines, and Functional Training for O | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | March 2018 IDEA Fitness Journal Quiz 3: Why Lost Weight Comes Back | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | May 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Peripheral Heart Action Training | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | May 2016 IDEA Fitness Journal Quiz 2: Fall Prevention Strategies for Older Adults, and Tips for Eati | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | May 2016 IDEA Fitness Journal Quiz 3: Factors in Low Testosterone | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | May 2016 IDEA Fitness Journal Quiz 4: Get Clients Walking More | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | Motivational Interviewing Skills Produce Targeted Results | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | November-December 2015 IDEA Food and Nutrition Tips Quiz 1: Snacking Trends, Nutrients and Recommend | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | November-December 2015 IDEA Food and Nutrition Tips Quiz 2: Fiber and Gut Health | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | November-December 2016 IDEA Fitness Journal Quiz 2: Nutrition News, and Ankle Sprain Recovery and Pr | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | November-December 2016 IDEA Fitness Journal Quiz 3: Coach the Family as a Whole | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | November-December 2016 IDEA Fitness Journal Quiz 4: Physical Activity for Cancer Recovery and Preven | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | November-December 2016 IDEA Food and Nutrition Tips Quiz 1: Plant-Based Options for Protein | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 2 | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 3 | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 4 | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | November-December 2017 IDEA Food and Nutrition Tips Quiz 1 | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | November-December 2017 IDEA Fitness Journal Quiz 1 | Home Study | 0.1 | 12/31/18 | |
| IDEA Health & Fitness | Nutrition Myth Busters: Science Fact or Fiction? | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | October 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Dieting and the Latest Scienc | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | October 2016 IDEA Fitness Journal Quiz 2: Anticipate the Needs of Older Clients, and Understand the | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | October 2016 IDEA Fitness Journal Quiz 3: Exploring Reasons for Low Thyroid Function | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Pilates on the Ball | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Promote Behavior Change With Better Coaching | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Rock Solid! | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | September 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Dieting and Weight Regain | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | September 2016 IDEA Fitness Journal Quiz 2: Help Golfers Improve Their Game and Avoid Injury, and Ov | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | September 2016 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Veggie-Focused Nutrition an | Home Study | 0.1 | 12/31/18 | www.ideafit.com |

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| IDEA Health & Fitness | September 2016 IDEA Fitness Journal Quiz 4: Make the Gym an Inclusive Environment for Special Popula | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | September 2016 IDEA Fitness Journal Quiz 5: HIIT for Endurance Athletes | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | September 2017 IDEA Fitness Journal Quiz 1: Functional Aging | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | September 2017 IDEA Fitness Journal Quiz 2: Sports Nutrition | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | September 2017 IDEA Fitness Journal Quiz 3: Brain Health | Home Study | 0.1 | 12/31/18 | http://www.ideafit.com |
| IDEA Health & Fitness | Six Steps to Better Program Design | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Today's Food Conversation | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Total Massage, Relaxation and Beyond | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Weighing The Evidence Behind Nutrition Research | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Your Guide to Stronger Legs and Great Glutes! | Home Study | 0.1 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | 10 New BIG Things in Small-Group Training | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | A Different Look at Core Training: The Backside | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Abdominal and Core for the Aging Spine | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | ACE IFT® - Integrated Fitness Training® | Home Study | 0.2 | 12/31/18 | www.ideafitness.com |
| IDEA Health & Fitness | ACE IFT®-Training Strategies for Clients with Chronic Conditions | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success! | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Active Resistance Training® Total Body Mat Practice | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Aging Strong | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | An Introduction to Holistic Nutrition | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Anatomy in Three Dimensions™: The Shoulder | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Anatomy of a Fitness Business | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Anatomy: Reconnect With Your Spine Muscles, by NFPT | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Are You Hungry or Stressed? | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Assessment and Corrective Exercise Strategies for Improved Shoulder Function | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Baby Boomers-The Truth About Stretching! | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Balanced Body™: Pilates Smart Core Challenge | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Balancing Hormones for Optimal Weight Loss | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Balancing Hormones through Nutrition | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Become a World Class Coach--Top Seven Must Do's to Create Success and Significance | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Beyond Randomness: Exercise Selection Based on Movement Screening | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Blast Your Abs, Glutes and Core – A Big HIIT With Your Clients | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Carbohydrates-Their Role in Body Composition, Weight Management and Performance | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Communicating With Your Female Clients for Breakthrough Results | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Complete Program Design for the Obese/Overweight Client | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Core 3x3 | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Core Conditioning Combos | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Core Connections: Progression Strategies to Enhance Core Function | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Corrective Exercise for Shoulder Impairments | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Creating Boot Camps for Zoomers | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Creating Emotionally Charged Exercise Experiences | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Cue Movement and Exercise With Hip Anatomy, by NFPT | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Designing a Self-Myofascial Release Program | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Eat to Win-Enhance Performance and Promote Recovery | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | EXTREME Equipment-LESS Boot Camp | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Fit for Two—Pre- and Postnatal Training | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Food for Thought: Brain, Gut, Microbes, Diet | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | From Neck to Knees...More Than Just Core! | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Functional Balance for the Active Aging Adult, by ActivMotion Bar™ | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Functional Circuits for Aging Clients | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Functional Power Training for Older Clients, by FAI | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Group Exercise Applications for Training the Posterior Chain | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Heart Rate Variability - The Science of Recovery Based Training | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Heart-Core Circuit Training: The New Edition | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | HIIT Kickboxing and Drills by UrbanKick | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | HIIT Step | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | How Hormones and Metabolism Change the Training Game for Females | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | How to Create High Performance Outcomes | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | How to Run Your Own "Drop Two Sizes Challenge" | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | How to Safely Introduce Plyometrics Into Your Clients' Routines | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Improve Stability and Posture with a Stability Ball by CHEK Institute | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Innovative Drills for Small-Group Training | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Insights Into Functional Training and Corrective Movement | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Intermittent Fasting – Science or Fiction? | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Isolation to Integration: Corrective Exercise | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Kettlebell Rehab: Hardstyle Methods in Corrective Exercise | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Metabolic Meltdown | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | New Insights into Chronic Pain | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | New Research on Protein, Metabolism, and Recovery | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Nutrition Basics and Nutrient Timing: What All Fitness Professionals Should Know | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Olympic Lifting - The Mechanics and Progressions, by RedCon™ | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Optimize Function and Mobility With Strong and Stable Shoulders and Glutes | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Pilates 50/50 | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Posture Improvement Workshop | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Power Core for Sports and Fitness Performance | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Protein Overload: Are You Eating More Than You Need? | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Proven Strategies to Build Your Brand Using YouTube | Home Study | 0.2 | 12/31/18 | www.ideafit.com |

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| IDEA Health & Fitness | Push, Pull, Bend, Twist, Squat And Lunge! | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Putting Heart into Mind-Body Training | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Quick Fix Workouts | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Restoring Fundamental Movement Patterns with Corrective Strategies | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Run, Injury Free! Understanding Impact Forces, by EBFA | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Scapular Stability: Shouldering the Load | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Smart Programming for the Peri- and Postmenopausal Woman | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Solutions for Training Postpregnancy Clients | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Spinal Stabilization Versus Pelvic Stabilization | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Techniques to Rehabilitate and Protect the Knees | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Aging Club Member Crisis | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Better, Not Perfect, Nutrition Plan | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Business of Group Exercise – Beyond the Numbers | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The BYOB Workout | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Complete Idiot's Guide to Plant-Based Nutrition | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Eight Essentials of Program Design | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Female Physique-The Link Between Nutrition, Hormones and Strength Training | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Forgotten Five: Essential Muscles for Functional Movement | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Gluteals and Their Link to Low-Back Pain | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Hidden Messages in Food | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Matrix – Innovative Group Strength Design | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Next Wave in Corrective Exercise: Rhythm and Timing | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Science of Functional Aging | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The Ultimate Light Dumbbell Workout | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Three Technologies to Engage and Empower Clients Inside and Outside the Session | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Three-Dimensional Kettlebell Training, by Functional Training Institute | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Todd Durkin's Boot Camp | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Training Fascia - Research Developments in Fibrous Connective Tissue Training | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Training the Female Client | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Training the Pregnant Athlete | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | TriggerPoint™ for Movement: Hip and Shoulder Mobility | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | TRX® Rip™ Training: Sports Performance | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | TRX®-Training for Active Seniors | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Turbo Tabata | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Ultimate Back Exercises for Injury Prevention and Performance | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Understanding and Interpreting the Functional Movement Screen | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Understanding the Female Pelvic Core Neuromuscular System | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Using Function to Avoid Dysfunction in Aging | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Winning at Losing- Weight Management Made Simple | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Winning Group Strength Program Design | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Women, Metabolism and the Hormonal Highway! | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Women, Weights and Results | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | XiT Extreme Interval Training: 2nd Edition | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Yoga Progressions and Regressions | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Yoga: Adjust Me Puhleeeeeeeze! | Home Study | 0.2 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Advanced Corrective Exercise | Home Study | 0.3 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Strength and Conditioning Games for Improved Fitness and Performance | Home Study | 0.3 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | TRX® Essentials for Personal Training | Home Study | 0.3 | 12/31/18 | www.ideafit.com/node/1329491 |
| IDEA Health & Fitness | Vital Anatomy-Functional Applications | Home Study | 0.3 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | American Council on Exercise (ACE): Small-Group Training Workshop | Home Study | 0.5 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | Integrated Back Rehabilitation—Regression to Progression Course | Home Study | 0.5 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | The New ACE Integrated Fitness Training Model | Home Study | 0.6 | 12/31/18 | www.ideafit.com |
| IDEA Health & Fitness | 2018 IDEA® Personal Trainer Institute - East | Conference | 1.9 | 12/31/18 | |
| IDEA Health & Fitness | 2018 IDEA® Personal Trainer Institute - South | Conference | 1.9 | 12/31/18 | |
| IDEA Health & Fitness | 2018 World Convention | Conference | 1.9 | 12/31/18 | |
| IHRSA International Health, Racquet & Sportsclub Association | IHRSA 2018 International Convention & Trade Show | Conference | 1.9 | 12/31/18 | |
| IKSFA-International Kettlebell Sport & Fitness Academy | IKSFA Kettlebell Sport Coach Level 2 | Workshop/Seminar | 1.4 | 12/31/18 | www.iksfa.com |
| IKSFA-International Kettlebell Sport & Fitness Academy | IKSFA Kettlebell Sport Coach Level 1 | Workshop/Seminar | 1.6 | 12/31/18 | www.iksfa.com |
| In Health and Happiness | Postpartum Health and Happiness Through Exercise and Nutrition | Home Study | 1.0 | 12/31/18 | www.inhealthandhappiness.com |
| In Health and Happiness | Prenatal Health and Happiness Through Exercise and Nutrition | Home Study | 1.0 | 12/31/18 | www.inhealthandhappiness.com |
| Indoor Cycling | ICG MUSIC AND MOTION | Home Study | 0.3 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | Myride+ Online The Ergogenic Effect of Combining Music with Video | Home Study | 0.3 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Aging and Adaptation | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG COMPETITIVE CYCLING | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG DRI TRI | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG NUTRITION | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG OVERTRAINING | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG PERIODIZATION IN TRAINING | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Stretching | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Survivor (Working with Cancer Survivors) | Home Study | 0.4 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | Myride+ Live; The Ergogenic Effect of Combining Music with Video | Workshop/Seminar | 0.6 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Coach by Color LIVE Power: Play Program | Workshop/Seminar | 0.8 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Coach by Color Power Program | Home Study | 0.8 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Stages | Home Study | 0.8 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Stages-Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.ic-pro.org |
| Indoor Cycling | ICG Wattrate Power Certification – Stage 1 | Home Study | 0.8 | 12/31/18 | www.ic-pro.org |
| Induro Cycling Studios, Inc | Induro Cycling Facilitator Training Distance Learning | Home Study | 0.4 | 12/31/18 | http://www.indurocycling.com/certifications/facilitators/ |

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| Induro Cycling Studios, Inc | Induro Instructor Training Distance Learning | Home Study | 0.7 | 12/31/18 |
| Induro Cycling Studios, Inc | Induro Instructor Workshop | Workshop/Seminar | 0.7 | 12/31/18 www.indurocycling.com |
| Innovative Fitness Solutions dba Ultimate Sandbag Training | DVRT One Day Workshop (updated) | Workshop/Seminar | 0.4 | 12/31/18 DVRTFitness.com |
| Innovative Fitness Solutions dba Ultimate Sandbag Training | DVRT Restoration (Workshop) | Workshop/Seminar | 0.4 | 12/31/18 |
| Innovative Fitness Solutions dba Ultimate Sandbag Training | DVRT Level I | Workshop/Seminar | 0.8 | 12/31/18 www.UltimateSandbagTraining.com |
| Innovative Fitness Solutions dba Ultimate Sandbag Training | DVRT Level II | Workshop/Seminar | 0.8 | 12/31/18 www.DVRTFitness.com |
| Innovative Fitness Solutions dba Ultimate Sandbag Training | DVRT Restoration | Home Study | 1.6 | 12/31/18 ultimatesandbagtraining.com |
| Inspired Athlethx Performance Academy | Inspired Athlethx Performance Academy(IAPA): Speed, Plyometric, and Agility(S.P.A) Level 1 Course | Workshop/Seminar | 1.4 | 12/31/18 |
| Inspired Athlethx Performance Academy | Inspired Athlethx Performance Academy(IAPA): Comprehensive Performance Mentorship: Level 1 | Workshop/Seminar | 1.9 | 12/31/18 |
| Institute of Motion (IoM) | 4Q Programming Specialist | Home Study | 0.3 | 12/31/18 www.instituteofmotion.com |
| Institute of Motion (IoM) | Effective and Complete Program Design for the Fitness Professional: The 4Q Model of | Workshop/Seminar | 0.7 | 12/31/18 http://www.instituteofmotion.com |
| Institute of Motion (IoM) | Anatomy Live Expanded | Workshop/Seminar | 1.9 | 12/31/18 www.instituteofmotion.com |
| Institute of Motion (IoM) | Health Coaching Fundamentals Mentorship: Part 1 | Workshop/Seminar | 1.9 | 12/31/18 www.instituteofmotion.com |
| Institute of Motion (IoM) | Health Coaching Fundamentals Mentorship: Part 2 | Workshop/Seminar | 1.9 | 12/31/18 www.instituteofmotion.com |
| Institute of Motion (IoM) | Health Coaching Fundamentals on Platform | Workshop/Seminar | 1.9 | 12/31/18 www.instituteofmotion.com |
| Interactive Fitness Trainers of America (IFTA) | ATHLETIC INTERVALS | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | BARRE CONDITIONING | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | BUILD YOUR BODY | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | EQUIPMENTLESS WORKOUT | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | ESSENTIALS OF TEACHING | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | FLOWING FLEXIBILITY | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | HARD CORE CONDITIONING | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | MUSCLE AND MORE | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | PT AND GROUP LECTURE | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | TOTAL BODY CONDITIONING AND CORE | Workshop/Seminar | 0.2 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | POWERTRAIN | Workshop/Seminar | 0.4 | 12/31/18 www.ifta-fitness.com |
| Interactive Fitness Trainers of America (IFTA) | LEARN TO TEACH | Workshop/Seminar | 0.8 | 12/31/18 www.ifta-fitness.com |
| International Group Fitness Institute | Impulse Body Fitness (EMS Electro Fitness) | Workshop/Seminar | 1.2 | 12/31/18 www.impulsebodyfitness.com |
| International Group Fitness Institute | Back Synergy | Workshop/Seminar | 1.3 | 12/31/18 http://www.impulsebodyfitness.com |
| IRON ANKLES | Iron Ankles Trainer Course | Workshop/Seminar | 0.6 | 12/31/18 www.ironankles.com |
| James Menz | Advanced Examination: The Cardiovascular System | Workshop/Seminar | 0.4 | 12/31/18 www.professormenz.com |
| James Menz | Advanced Examination: The Digestive System | Workshop/Seminar | 0.4 | 12/31/18 www.professormenz.com |
| James Menz | Advanced Examination: The Muscular System | Workshop/Seminar | 0.4 | 12/31/18 www.professormenz.com |
| James Menz | Advanced Examination: The Nervous System | Workshop/Seminar | 0.4 | 12/31/18 www.professormenz.com |
| James Menz | Advanced Examination: The Skeletal System | Workshop/Seminar | 0.4 | 12/31/18 www.professormenz.com |
| James Menz | Nutrition Foundations | Workshop/Seminar | 0.4 | 12/31/18 www.professormenz.com |
| Julio A. Salado | BREAK OUT or Breaking Even: 3 Step Method for Proven Long-Term Weight Loss | Workshop/Seminar | 0.3 | 12/31/18 https://www.fitnessfoundry.net |
| Juvo Board | Juvo Board Foundation Course | Workshop/Seminar | 1.5 | 12/31/18 http://www.juvoboard.com |
| JYKinesiology, LLC | Concepts in Medical Fitness – Program Design and Application | Workshop/Seminar | 0.3 | 12/31/18 www.JYKinesiology.com |
| JYKinesiology, LLC | Exercise Technique - Lower Body Biomechanics | Workshop/Seminar | 0.3 | 12/31/18 |
| JYKinesiology, LLC | Exercise Technique - Upper Body Biomechanics | Workshop/Seminar | 0.3 | 12/31/18 |
| JYKinesiology, LLC | Integrating Exercise Science and Corrective Exercise Guidelines | Workshop/Seminar | 0.3 | 12/31/18 |
| Kangoo Jumps Fitness | Kangoo Boot Camp | Workshop/Seminar | 0.8 | 12/31/18 www.kjfit.com |
| Kangoo Jumps Fitness | Kangoo Dance | Workshop/Seminar | 0.8 | 12/31/18 www.kjfit.com |
| Kangoo Jumps Fitness | Kangoo Discovery | Workshop/Seminar | 0.8 | 12/31/18 www.kjfit.com |
| Kangoo Jumps Fitness | Kangoo Kick & Punch | Workshop/Seminar | 0.8 | 12/31/18 www.kjfit.com |
| Kangoo Jumps Fitness | Kangoo Power | Workshop/Seminar | 1.6 | 12/31/18 www.kjfit.com |
| Ketogenic Living 101 | Ketogenic Living Certified Coach | Home Study | 0.3 | 12/31/18 |
| Kettlebell Athletics | Kettlebell Athletics Level 1 | Workshop/Seminar | 1.2 | 12/31/18 www.KettlebellAthletics.com |
| Kettlebell Athletics | Kettlebell Athletics Level 2 - Beyond the Basics | Workshop/Seminar | 1.2 | 12/31/18 www.KettlebellAthletics.com |
| Keullian Inc. / Fitness Business Summit | Fitness Business Summit 2018 | Conference | 1.6 | 12/31/18 fitnessbusinesssummit.com |
| KIME Human Performance Institute | Blueprint for a Bulletproof Shoulder | Workshop/Seminar | 0.8 | 12/31/18 |
| Kinesics Human Movement Systems | Theory | Workshop/Seminar | 0.3 | 12/31/18 http://www.kinesicshms.com |
| Kinesics Human Movement Systems | KTC 2: Integrated Exercise | Home Study | 0.4 | 12/31/18 www.kinesicshms.com |
| Kinesics Human Movement Systems | Kinesics Evaluation Course (KEC) | Home Study | 0.5 | 12/31/18 http://www.kinesicshms.com |
| Kinesics Human Movement Systems | KTC 1: Kinesics Training Course 1 | Workshop/Seminar | 0.6 | 12/31/18 kinesicshms.com |
| Kinesio University | KINESIO® CKTT® LEVEL 1 BASIC TRAINING | Workshop/Seminar | 0.2 | 12/31/18 www.kinesiotaping.com |
| Kinesio University | Certified Kinesio Taping Technician Level II: Advanced Training | Workshop/Seminar | 0.4 | 12/31/18 www.kineseotape.com |
| Kinesiology Institute for Performance Specialists (KIPS) | Business and Sales: The Guide to Success as a Personal Trainer | Workshop/Seminar | 1.9 | 12/31/18 www.kipsonline.org |
| Kinesiology Institute for Performance Specialists (KIPS) | Core Performance Specialist | Home Study | 1.9 | 12/31/18 www.kipsonline.org |
| Kinesiology Institute for Performance Specialists (KIPS) | Speed, Agility & Strength Training | Home Study | 1.9 | 12/31/18 www.kipsonline.org |
| Kinesiology Institute for Performance Specialists (KIPS) | True Mace Training | Workshop/Seminar | 1.9 | 12/31/18 |
| Kinesis, Inc | Feeling Your Way Through the Lines | Home Study | 0.3 | 12/31/18 https://www.anatomytrains.com/product/feeling-way-lines/ |
| Kinesis, Inc | Fascia in Movement | Home Study | 0.5 | 12/31/18 www.anatomytrains.com |
| Kinesis, Inc | BodyReading 101 | Workshop/Seminar | 0.7 | 12/31/18 www.anatomytrains.com |
| Kinesis, Inc | BodyReading 102 | Workshop/Seminar | 0.7 | 12/31/18 www.anatomytrains.com |
| Kinesis, Inc | Anatomy Trains for Movement Professionals | Workshop/Seminar | 1.4 | 12/31/18 www.anatomytrains.com |
| Kinesis, Inc | Better Training, Faster Healing: Fascial Responses in Loaded Movement and Injury | Workshop/Seminar | 1.4 | 12/31/18 www.anatomytrains.com |
| Kinesis, Inc | Resilience: Taking the Strain and Coming Back Stronger | Workshop/Seminar | 1.4 | 12/31/18 |
| Kinesis, Inc | The Myofascial Web with Tom Myers | Workshop/Seminar | 1.4 | 12/31/18 |
| Kinesis, Inc | Anatomy Trains in Structure and Function (3 day) | Workshop/Seminar | 1.9 | 12/31/18 www.anatomytrains.com |
| Kinesis, Inc | Thomas Myers Immersion – Movement Mentorship | Workshop/Seminar | 1.9 | 12/31/18 www.anatomytrains.com |
| Kinesis, Inc | Walking the Lines: Anatomy Trains, Gait, and Fascial Efficiency | Workshop/Seminar | 1.9 | 12/31/18 www.anatomytrains.com |
| LA Fitness | Body Works Choreography | Workshop/Seminar | 0.2 | 12/31/18 |
| LA Fitness | Bootcamp Circuit | Workshop/Seminar | 0.2 | 12/31/18 |
| LA Fitness | Kickbox Cardio Choreography | Workshop/Seminar | 0.2 | 12/31/18 |
| LA Fitness | Step Tech Choreography | Workshop/Seminar | 0.2 | 12/31/18 |
| LA Fitness | Aqua Circuit PT Intro to Group Fitness | Workshop/Seminar | 0.3 | 12/31/18 |

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| LA Fitness | Aqua with equipment | Workshop/Seminar | 0.3 | 12/31/18 |
| LA Fitness | Bootcamp Circuit PT Intro to Group Fitness | Workshop/Seminar | 0.3 | 12/31/18 |
| LA Fitness | Club Boxing Circuit | Workshop/Seminar | 0.3 | 12/31/18 |
| LA Fitness | Indoor Cycling for PT Intro to Group Fitness | Workshop/Seminar | 0.3 | 12/31/18 |
| LA Fitness | Power Circuit | Workshop/Seminar | 0.3 | 12/31/18 |
| LA Fitness | Step Tech 1 | Workshop/Seminar | 0.3 | 12/31/18 |
| LA Fitness | Step Tech 2 | Workshop/Seminar | 0.3 | 12/31/18 |
| LA Fitness | Hip Hop | Workshop/Seminar | 0.4 | 12/31/18 |
| LA Fitness | Kickbox Cardio | Workshop/Seminar | 0.4 | 12/31/18 |
| LA Fitness | Latin Heat | Workshop/Seminar | 0.4 | 12/31/18 |
| LA Fitness | Aqua Training | Workshop/Seminar | 0.5 | 12/31/18 |
| LA Fitness | Body Works | Workshop/Seminar | 0.5 | 12/31/18 |
| LA Fitness | Indoor Cycling | Workshop/Seminar | 0.5 | 12/31/18 |
| LA Fitness | Mat Pilates | Workshop/Seminar | 0.5 | 12/31/18 |
| LA Fitness | Yogabeat™ | Workshop/Seminar | 0.6 | 12/31/18 |
| LA Fitness | F.I.T.A™ | Workshop/Seminar | 0.7 | 12/31/18 |
| LA Fitness | F.I.T.A™ Advance Teaching Skills | Workshop/Seminar | 0.7 | 12/31/18 |
| LA Fitness | Yoga Basics | Workshop/Seminar | 0.8 | 12/31/18 |
| LA Fitness | Reformer Pilates for Fitness | Workshop/Seminar | 1.2 | 12/31/18 |
| Lauren George Fitness | Have A Ball At The barre | Workshop/Seminar | 0.2 | 12/31/18 |
| Lauren George Fitness | Pulse and Flow | Workshop/Seminar | 0.2 | 12/31/18 |
| Lauren George Fitness | HIIT The Party At The barre | Workshop/Seminar | 0.3 | 12/31/18 |
| Lauren George Fitness | Pilates Fundamentals For Group Fitness Instructors | Workshop/Seminar | 0.5 | 12/31/18 |
| Lawrence Biscontini | Cardio | Workshop/Seminar | 0.8 | 12/31/18 www.findlawrence.com |
| Lawrence Biscontini | Flexibility | Workshop/Seminar | 0.8 | 12/31/18 www.findlawrence.com |
| Lawrence Biscontini | GFit Teaching Innovations | Workshop/Seminar | 0.8 | 12/31/18 www.findlawrence.com |
| Lawrence Biscontini | Strength | Workshop/Seminar | 0.8 | 12/31/18 www.findlawrence.com |
| Learn2Tape, LLC | K-Cuts Taping Systems eCourse Certification | Home Study | 1.6 | 12/31/18 www.learn2tape.com |
| Les Mills | BODYATTACK® 99@OACHING THE BASICS: LAYER 1 | Home Study | 0.1 | 12/31/18 |
| Les Mills | BODYBALANCE 79 TRANSITIONS AND THE UNIQUENESS OF BODYBALANCE 79 | Home Study | 0.1 | 12/31/18 |
| Les Mills | BODYCOMBAT 74 REMOVING THE FILLERS AND MASTERING THE KICK KATA | Home Study | 0.1 | 12/31/18 |
| Les Mills | BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA! | Home Study | 0.1 | 12/31/18 |
| Les Mills | BODYPUMP 104 TRIPLE EXTENSION | Home Study | 0.1 | 12/31/18 |
| Les Mills | BODYSTEP 110 NOW OR LATER | Home Study | 0.1 | 12/31/18 |
| Les Mills | BODYVIVE 3.1 / 45 - Innovations | Home Study | 0.1 | 12/31/18 |
| Les Mills | CXWORX 29 GREAT TECHNIQUE AND CLEAR COACHING | Home Study | 0.1 | 12/31/18 |
| Les Mills | General Education Q1 2018 Release Kit Education | Home Study | 0.1 | 12/31/18 |
| Les Mills | LES MILLS GRIT Cardio 24 Release Kit Education | Home Study | 0.1 | 12/31/18 |
| Les Mills | LES MILLS GRIT Plyo 24 Release Kit Education | Home Study | 0.1 | 12/31/18 |
| Les Mills | LES MILLS GRIT Strength 24 Release Kit Education | Home Study | 0.1 | 12/31/18 |
| Les Mills | LES MILLS SPRINT 11 Release Kit Education | Home Study | 0.1 | 12/31/18 |
| Les Mills | LES MILLS TONE 1 Release Kit Education | Home Study | 0.1 | 12/31/18 |
| Les Mills | RPM 77 - Layer Coaching | Home Study | 0.1 | 12/31/18 |
| Les Mills | RPM 78 Release Kit Education | Home Study | 0.1 | 12/31/18 |
| Les Mills | SH'BAM 30 - Floor Friends | Home Study | 0.1 | 12/31/18 |
| Les Mills | Sprint 10 - Power Training | Home Study | 0.1 | 12/31/18 |
| Les Mills | Trip 11 - State, Show, Say Recap - TRIP Summary, Being Athletic & Animated | Home Study | 0.1 | 12/31/18 |
| Les Mills | BODYATTACK 100 Release Kit Education | Home Study | 0.2 | 12/31/18 |
| Les Mills | BODYCOMBAT 75 Release Kit Education | Home Study | 0.2 | 12/31/18 |
| Les Mills | BODYFLOW 80 Release Kit Education | Home Study | 0.2 | 12/31/18 |
| Les Mills | BODYJAM 84 Release Kit Education | Home Study | 0.2 | 12/31/18 |
| Les Mills | BODYPUMP 105 Release Kit Education | Home Study | 0.2 | 12/31/18 |
| Les Mills | CXWORX 30 Release Kit Education | Home Study | 0.2 | 12/31/18 |
| Les Mills | General Education Q1 2018 Instructor Workshop Education | Workshop/Seminar | 0.2 | 12/31/18 |
| Les Mills | LES MILLS GRIT Cardio 24 Instructor Workshop Education | Workshop/Seminar | 0.2 | 12/31/18 |
| Les Mills | LES MILLS GRIT Plyo 24 Instructor Workshop Education | Workshop/Seminar | 0.2 | 12/31/18 |
| Les Mills | LES MILLS GRIT Strength 24 Instructor Workshop Education | Workshop/Seminar | 0.2 | 12/31/18 |
| Les Mills | LES MILLS SPRINT 11 Instructor Workshop Education | Workshop/Seminar | 0.2 | 12/31/18 |
| Les Mills | LES MILLS TONE 1 Instructor Workshop Education | Workshop/Seminar | 0.2 | 12/31/18 |
| Les Mills | RPM 78 Instructor Workshop Education | Workshop/Seminar | 0.2 | 12/31/18 |
| Les Mills | SH'BAM 31 Release Kit Education | Home Study | 0.2 | 12/31/18 |
| Les Mills | BODYATTACK 100 Instructor Workshop Education | Workshop/Seminar | 0.3 | 12/31/18 |
| Les Mills | BODYCOMBAT 75 Instructor Workshop Education | Workshop/Seminar | 0.3 | 12/31/18 |
| Les Mills | BODYFLOW 80 Instructor Workshop Education | Workshop/Seminar | 0.3 | 12/31/18 |
| Les Mills | BODYJAM 84 Instructor Workshop Education | Workshop/Seminar | 0.3 | 12/31/18 |
| Les Mills | BODYPUMP 105 Instructor Workshop Education | Workshop/Seminar | 0.3 | 12/31/18 |
| Les Mills | BODYSTEP 111 Release Kit Education | Home Study | 0.3 | 12/31/18 |
| Les Mills | CXWORX 30 Instructor Workshop Education | Home Study | 0.3 | 12/31/18 |
| Les Mills | SH'BAM 31 Instructor Workshop Education | Workshop/Seminar | 0.3 | 12/31/18 |
| Les Mills | BODYSTEP 111 Instructor Workshop Education | Workshop/Seminar | 0.4 | 12/31/18 |
| Les Mills | BODYATTACK Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |
| Les Mills | BODYCOMBAT Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |
| Les Mills | BODYFLOW Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |
| Les Mills | BODYJAM Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |
| Les Mills | BODYPUMP Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |
| Les Mills | BODYSTEP Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |
| Les Mills | BODYVIVE Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |
| Les Mills | CXWORX Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 www.lesmills.com/us |

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| Les Mills | LES MILLS GRIT Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 | www.lesmills.com/us |
| Les Mills | RPM Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 | www.lesmills.com |
| Les Mills | SH'BAM Advanced Instructor Module 1 | Workshop/Seminar | 0.8 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BORN TO MOVE Initial Module Preschool Only | Workshop/Seminar | 1.2 | 12/31/18 | www.lesmills.com/us |
| Les Mills | LES MILLS SPRINT Initial Module | Workshop/Seminar | 1.4 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BODYCOMBAT Initial Module | Workshop/Seminar | 1.5 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BODYFLOW Initial Module | Workshop/Seminar | 1.5 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BODYPUMP Initial Module | Workshop/Seminar | 1.5 | 12/31/18 | www.lesmills.com/us |
| Les Mills | CXWORX Initial Module | Workshop/Seminar | 1.5 | 12/31/18 | www.lesmills.com/us |
| Les Mills | LES MILLS GRIT Initial Module | Workshop/Seminar | 1.5 | 12/31/18 | www.lesmills.com/us |
| Les Mills | SH'BAM Initial Module | Workshop/Seminar | 1.5 | 12/31/18 | www.lesmills.com/us |
| Les Mills | The TRIP Initial Module | Workshop/Seminar | 1.5 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BODYATTACK Initial Module | Workshop/Seminar | 1.6 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BODYSTEP Initial Module | Workshop/Seminar | 1.6 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BODYVIVE Initial Module | Workshop/Seminar | 1.6 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BORN TO MOVE Initial Module School Age Only | Workshop/Seminar | 1.6 | 12/31/18 | www.lesmills.com/us |
| Les Mills | Advanced Instructor Module 2 | Workshop/Seminar | 1.7 | 12/31/18 | www.lesmills.com/us |
| Les Mills | RPM Initial Module | Workshop/Seminar | 1.7 | 12/31/18 | www.lesmills.com |
| Les Mills | BODYJAM Initial Module | Workshop/Seminar | 1.8 | 12/31/18 | www.lesmills.com/us |
| Les Mills | BORN TO MOVE Initial Module All Age Groups | Workshop/Seminar | 1.9 | 12/31/18 | www.lesmills.com/us |
| Life Fitness | Discovering Cardio and the Digital Experience | Workshop/Seminar | 0.6 | 12/31/18 | www.lifefitness.com |
| Life Fitness | Introduction to Synrgy BlueSky | Workshop/Seminar | 0.6 | 12/31/18 | www.lifefitness.com |
| Life Fitness | Creating Small Group Training Experiences | Workshop/Seminar | 0.7 | 12/31/18 | www.lifefitness.com |
| Life Fitness | Exploring Hammer Strength HD Elite/Athletic Day 1 | Workshop/Seminar | 0.7 | 12/31/18 | lifefitness.com |
| Life Fitness | Exploring Hammer Strength HD Elite/Athletic Day 2 | Workshop/Seminar | 0.7 | 12/31/18 | lifefitness.com |
| Life Fitness | Introduction to Synrgy360 | Workshop/Seminar | 0.7 | 12/31/18 | www.lifefitness.com |
| Life Fitness | General Product Training | Workshop/Seminar | 0.8 | 12/31/18 | www.lifefitness.com |
| Life Time Fitness | Life Time Personal Training Method | Home Study | 1.9 | 12/31/18 | mylt.life |
| Linda N. Magee | Outside the Box | Workshop/Seminar | 0.3 | 12/31/18 | |
| Linda N. Magee | Pilates TRIx | Home Study | 0.3 | 12/31/18 | |
| Linda N. Magee | TriPlanar TRIx | Home Study | 0.3 | 12/31/18 | |
| Lisafirefly LLC | YOGASPORT FX | Workshop/Seminar | 0.7 | 12/31/18 | lisafirefly.com |
| Living Wellness, LLC | Living Wellness Certification | Workshop/Seminar | 1.2 | 12/31/18 | www.LWGG.org |
| Los Angeles Galaxy | LA Galaxy Sports Science Synposium | Conference | 1.5 | 12/31/18 | www.lagalaxy.com |
| Low Pressure Fitness | Level 1 instructor training | Workshop/Seminar | 1.5 | 12/31/18 | |
| Low Pressure Fitness | Level 2 Instructor Training | Workshop/Seminar | 1.5 | 12/31/18 | |
| Lowcountry Rolfig, LLC | Hands on Stretching: Sports Massage Applications for the Training Environment | Workshop/Seminar | 0.6 | 12/31/18 | |
| Mad Dogg Athletics | Let's Jump! | Workshop/Seminar | 0.2 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | Cadence, Heart Rate & Class Design | Workshop/Seminar | 0.4 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | CrossCore Bridge | Workshop/Seminar | 0.4 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | CrossCore Bridge (Online) | Workshop/Seminar | 0.4 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | Resist-A-Ball® Essentials Home Study | Home Study | 0.4 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | SPINPower® STONGER | Workshop/Seminar | 0.4 | 12/31/18 | www.spinning.com |
| Mad Dogg Athletics | CrossCore® Foundations | Workshop/Seminar | 0.6 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | Ugi Essentials Instructor Training | Workshop/Seminar | 0.6 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | Becoming a Rockstar Instructor | Workshop/Seminar | 0.8 | 12/31/18 | www.spinning.com |
| Mad Dogg Athletics | Resist-A-Ball® Foundation Instructor Training | Workshop/Seminar | 0.8 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | Spinning Instructor Certification | Workshop/Seminar | 0.8 | 12/31/18 | http://www.spinning.com/spinning-instructors/become-an-instructor.asp |
| Mad Dogg Athletics | Spinning Instructor Online Training | Workshop/Seminar | 0.8 | 12/31/18 | www.maddogg.com |
| Mad Dogg Athletics | SPINPower® Instructor Training | Workshop/Seminar | 0.8 | 12/31/18 | www.spinning.com |
| Mad Dogg Athletics | 2018 Pilates Empowerment Summit | Conference | 1.5 | 12/31/18 | www.pilatesempowermentsummit.com/ |
| Mad Dogg Athletics | 2018 World Spinning® and Sports Conditioning Conference | Conference | 1.9 | 12/31/18 | www.wsscconference.com |
| Masala Dance & Fitness, Inc. | Masala Bhangra Level 2 Training: Expert | Workshop/Seminar | 0.4 | 12/31/18 | www.masalabhangraworkout.com |
| Masala Dance & Fitness, Inc. | Masala Bhangra Level 3 Training: Pro | Workshop/Seminar | 0.5 | 12/31/18 | www.masalabhangraworkout.com |
| Masala Dance & Fitness, Inc. | Bar Bhangra | Workshop/Seminar | 0.7 | 12/31/18 | www.masalabhangraworkout.com |
| Masala Dance & Fitness, Inc. | Masala Bhangra Level 1 Training: Foundations | Workshop/Seminar | 0.8 | 12/31/18 | www.masalabhangraworkout.com |
| MASHUP® | MASHUP® | Workshop/Seminar | 1.1 | 12/31/18 | http://www.mashupconditioning.com |
| Matrix Fitness | Sprint 8 | Workshop/Seminar | 0.3 | 12/31/18 | www.matrixfitness.com |
| Matrix Fitness | Resistance Band Training | Workshop/Seminar | 0.4 | 12/31/18 | http://www.matrixfitness.com/en/group-training/ |
| Matrix Fitness | MX4: Functional Frame Small Group Training Course | Workshop/Seminar | 0.5 | 12/31/18 | www.matrixfitness.com |
| Matthew Ibrahim and Dr. Zak Gabor | Hip Hinge 101 Workshop | Workshop/Seminar | 0.7 | 12/31/18 | www.matthew-ibrahim.com/workshops |
| Metafit Training USA | Metafit Coach Course | Workshop/Seminar | 0.6 | 12/31/18 | www.metafit-trainingusa.com |
| Mike Dolce MMA INC. | Dolce Diet Certified: Nutrition Counselor (Level-1) | Workshop/Seminar | 1.4 | 12/31/18 | www.TheDolceDiet.com |
| MindBodyBarre | MindBodyBarre Advanced Training | Workshop/Seminar | 1.9 | 12/31/18 | http://mindbodybarre.com |
| MIST Jackie Henderson | MIST - Muscle Integrated Soul Training | Workshop/Seminar | 0.8 | 12/31/18 | http://www.ablemindbody.com |
| Moba Fitness | Moba Program Design Course | Workshop/Seminar | 0.2 | 12/31/18 | |
| Moba Fitness | Moba Program Design Online Course | Home Study | 0.2 | 12/31/18 | |
| modelFIT | modelFIT method | Workshop/Seminar | 1.9 | 12/31/18 | www.modelFIT.com |
| Molon Labe Fitness Education | Building Your Business | Workshop/Seminar | 0.1 | 12/31/18 | |
| Molon Labe Fitness Education | Client Retention | Workshop/Seminar | 0.1 | 12/31/18 | |
| Molon Labe Fitness Education | Advanced Price Presentations | Workshop/Seminar | 0.2 | 12/31/18 | www.mlfitnesseducation.com |
| Molon Labe Fitness Education | Basic Sales | Workshop/Seminar | 0.2 | 12/31/18 | |
| Molon Labe Fitness Education | Building Long Term Commitment | Workshop/Seminar | 0.2 | 12/31/18 | www.dfmfit.com |
| Molon Labe Fitness Education | Business Management: Clients | Workshop/Seminar | 0.2 | 12/31/18 | www.mlfitnesseducation.com |
| Molon Labe Fitness Education | Business Management: Self | Workshop/Seminar | 0.2 | 12/31/18 | www.mlfitnesseducation.com |
| Molon Labe Fitness Education | Client Engagement | Workshop/Seminar | 0.2 | 12/31/18 | www.mlfitnesseducation.com |
| Molon Labe Fitness Education | Creating Compliance | Workshop/Seminar | 0.2 | 12/31/18 | www.mlfitnesseducation.com |
| Molon Labe Fitness Education | Handling Concerns | Workshop/Seminar | 0.2 | 12/31/18 | |

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| Molon Labe Fitness Education | PNF Stretch | Workshop/Seminar | 0.3 | 12/31/18 | www.dfmfit.com |
| Molon Labe Fitness Education | Personal Training Fundamentals | Workshop/Seminar | 1.0 | 12/31/18 | www.dfmfit.com |
| Molon Labe Fitness Education | Advanced Fundamentals | Workshop/Seminar | 1.8 | 12/31/18 | www.dfmfit.com |
| Moms Into Fitness, Inc. | Prenatal & Postnatal Fitness Specialist | Workshop/Seminar | 1.9 | 12/31/18 | www.momsintofitness.com |
| Monthly Applications in Strength Sport (MASS) | MASS Course #1 | Home Study | 0.9 | 12/31/18 | www.strongerbyscience.com/mass |
| Move it Nation, Inc. | Certified Roots-n-Riddims Instructor | Workshop/Seminar | 0.5 | 12/31/18 | |
| Movement Edge | Movement Edge Practitioner Training - Online Course | Home Study | 0.8 | 12/31/18 | |
| Movement Edge | Movement Edge Practitioner Training - Workshop | Workshop/Seminar | 1.5 | 12/31/18 | |
| Muscle Activation Techniques® | Jumpstart Program - Lower Extremity | Workshop/Seminar | 1.6 | 12/31/18 | www.muscleactivation.com |
| Muscle Activation Techniques® | Jumpstart Program - Trunk & Spine | Workshop/Seminar | 1.6 | 12/31/18 | www.muscleactivation.com |
| Muscle Activation Techniques® | Jumpstart Program - Upper Extremity | Workshop/Seminar | 1.6 | 12/31/18 | www.muscleactivation.com |
| Muscle Activation Techniques® | MAT® Lower Body Certified | Home Study | 1.9 | 12/31/18 | www.muscleactivation.com |
| Muscle System Consortia | Motor Control: Pathology, Assessment and Improvement- Philosophical Basis, Research, and Methodology | Workshop/Seminar | 1.2 | 12/31/18 | www.musclesystemconsortia.com |
| Muscle Therapy San Diego | The Muscle Re-Calibration System (MRS) | Workshop/Seminar | 1.6 | 12/31/18 | www.muscletherapysandiego.com |
| MUVZ Fitness | MUVZ Fitness | Workshop/Seminar | 0.9 | 12/31/18 | http://www.muvsfitness.com |
| MYbarre Fitness | MYbarre Instructor | Workshop/Seminar | 1.9 | 12/31/18 | |
| Namirsa Inc. | Electronic Stimulation for Pain & Muscle Performance | Workshop/Seminar | 0.2 | 12/31/18 | namirsa.com |
| National Academy of Strength and Power | Certified Powerlifting Coach for Sports Competition | Home Study | 1.0 | 12/31/18 | http://naspower.org/ |
| National Dairy Council | Understanding Dairy - From Farm to Recovery Fuel | Workshop/Seminar | 0.6 | 12/31/18 | |
| National Exercise and Sports Trainers Association (NESTA) | Sports Nutrition Specialist | Home Study | 1.0 | 12/31/18 | www.nestacertified.com |
| National Exercise and Sports Trainers Association (NESTA) | NESTA Live 2-day Personal Trainer Certification Workshop | Workshop/Seminar | 1.6 | 12/31/18 | www.nestacertified.com |
| National Exercise and Sports Trainers Association (NESTA) | Biomechanics Specialist (updated) | Home Study | 1.9 | 12/31/18 | www.nestacertified.com |
| National Exercise and Sports Trainers Association (NESTA) | Heart Rate Performance Specialist | Home Study | 1.9 | 12/31/18 | www.nestacertified.com |
| National Exercise and Sports Trainers Association (NESTA) | ITCA Certified Triathlon Coach | Home Study | 1.9 | 12/31/18 | www.nestacertified.com |
| National Exercise and Sports Trainers Association (NESTA) | MMA Conditioning Coach | Home Study | 1.9 | 12/31/18 | www.mmaca.net |
| National Exercise and Sports Trainers Association (NESTA) | Muay Thai Fitness | Home Study | 1.9 | 12/31/18 | www.nestacertified.com |
| National Exercise Trainers Association (NETA) | 101 Ways to Bootcamp (3hr) | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | 9 Rounds of TKO Fit Fest | Home Study | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Barre Meets Bike Fit Fest | Home Study | 0.3 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Catching Some Zzzz's: Sleep your Way to Better Health & Performance | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Exercise for Parkinson's and MS | Home Study | 0.3 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Foam Roller Pilates Fit Fest | Home Study | 0.3 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Foundations of Resistance Training Program Design | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Fun Group Training: Tread-N-Shred | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Glutes, Core, and More Fit Fest | Home Study | 0.3 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | HIIT it with YOGA | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Medicine Ball Pilates | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Medicine Ball Power | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Physical Activity for Special Medical Conditions | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Rock Solid Fit Fest | Home Study | 0.3 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Rope Burn: The Ultimate Circuit Training Workout (3hr) | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Senior POWER (3hr) | Workshop/Seminar | 0.3 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | 101 Ways to Bootcamp (5hr) | Workshop/Seminar | 0.5 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Body Weight Training | Workshop/Seminar | 0.5 | 12/31/18 | http://www.netafit.org |
| National Exercise Trainers Association (NETA) | Cycle 360: Cardio, Strength, and Core | Workshop/Seminar | 0.5 | 12/31/18 | http://www.netafit.org/index.htm |
| National Exercise Trainers Association (NETA) | HIIT it with YOGA | Workshop/Seminar | 0.5 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Medicine Ball Power | Workshop/Seminar | 0.5 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Rope Burn: The Ultimate Circuit Training Workout (5hr) | Workshop/Seminar | 0.5 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Senior POWER (5hr) | Workshop/Seminar | 0.5 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Indoor Cycling | Workshop/Seminar | 0.7 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Kettlebells Basic | Workshop/Seminar | 0.7 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Senior Fitness Specialty Certification | Workshop/Seminar | 0.7 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Barre Connect Specialty Certification | Workshop/Seminar | 0.8 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Becoming a Yoga Professional Certification | Home Study | 1.0 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Kids Yoga Specialty Certification | Home Study | 1.0 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Prenatal Yoga Specialty Certification | Home Study | 1.0 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Restorative Yoga Specialty Certification | Home Study | 1.0 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Yoga for Special Populations | Home Study | 1.0 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Personal Training Workshop | Workshop/Seminar | 1.4 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Pilates Mat Specialty Certification | Workshop/Seminar | 1.4 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Pilates Reformer Specialty Certification | Workshop/Seminar | 1.4 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Wellness Coach Specialty Certification | Workshop/Seminar | 1.4 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Fitness Yoga Specialty Certification | Workshop/Seminar | 1.9 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Intermediate Yoga Specialty Certification | Home Study | 1.9 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Yoga Foundations Specialty Certification | Workshop/Seminar | 1.9 | 12/31/18 | www.netafit.org |
| National Exercise Trainers Association (NETA) | Senior Yoga Specialty Certification | Home Study | 2.0 | 12/31/18 | |
| National Exercise Trainers Association (NETA) | Yoga Strong Specialty Certification | Home Study | 2.0 | 12/31/18 | |
| National Personal Training Institute (NPTI) | Kettlebell Training Specialist | Workshop/Seminar | 0.8 | 12/31/18 | |
| National Personal Training Institute of Ohio | Kettlebell Training for the Fitness Professional | Workshop/Seminar | 0.7 | 12/31/18 | www.nptiohio.edu |
| National Sports Performance Association | Certified Program Design Specialist | Home Study | 0.4 | 12/31/18 | www.nspa.org |
| National Sports Performance Association | Certified Speed & Agility Coach | Home Study | 0.5 | 12/31/18 | www.AthletesAcceleration.com |
| National Sports Performance Association | Certified Weightlifting Performance Coach | Home Study | 0.5 | 12/31/18 | http://athletesacceleration.com/ |
| National Sports Performance Association | NSPA National Conference 2018 | Conference | 1.2 | 12/31/18 | http://nspa.org/national-conference/ |
| National Sports Performance Association | Certified Sports Nutrition Coach | Home Study | 1.7 | 12/31/18 | |
| National University of Health Sciences | 2018 Nutrition Conference | Conference | 1.4 | 12/31/18 | www.nuhs.edu/academics/college-of-continuing-education |
| Neuro Target Systems w/ Dr. John Pietila | The NeuroTarget System – Class III | Workshop/Seminar | 0.8 | 12/31/18 | www.neurotargetsystem.com |
| Niel Asher Healthcare Ltd. | Power Lifting for Strength and Speed | Home Study | 0.2 | 12/31/18 | |
| Niel Asher Healthcare Ltd. | Anatomy of Sports Injuries-NAT Master Course | Home Study | 0.3 | 12/31/18 | www.nielasher.com |

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| Niel Asher Healthcare Ltd. | Anatomy of Stretching-NAT Master Course | Home Study | 0.3 | 12/31/18 | www.nielasher.com |
| Niel Asher Healthcare Ltd. | Muscle Energy Techniques-NAT Master Course | Home Study | 0.3 | 12/31/18 | www.nielasher.com |
| Niel Asher Healthcare Ltd. | Understanding and Treating the Vital Glutes NAT Master Course | Home Study | 0.3 | 12/31/18 | www.nielasher.com |
| Niel Asher Healthcare Ltd. | Functional Anatomy of the Pelvis and Sacroiliac Joint - NAT Master Course | Home Study | 0.6 | 12/31/18 | www.nielasher.com |
| Niel Asher Healthcare Ltd. | NAT Anatomy of Pain Trigger Point Course | Home Study | 0.9 | 12/31/18 | www.nielasher.com |
| Nikki Kendall | Healthy Healing: Understanding the Thyroid and Metabolism | Workshop/Seminar | 0.2 | 12/31/18 | |
| NIRSA Leaders In Collegiate Recreation | NIRSA 2018 Annual Conference & Campus Rec and Wellness Expo | Conference | 0.9 | 12/31/18 | nirsa.net/nirsa2018/ |
| Northwest Fitness Education | 2018 Spring Fitness & Training Forum | Conference | 0.8 | 12/31/18 | |
| Obstacles2Success/Jan Berdar Training | Obstacle Course Certification (OCC) L1 "Let's Get Dirty" | Workshop/Seminar | 0.8 | 12/31/18 | www.janberdartraining.com |
| OGorgeous, Inc. | POP Pilates Workshop | Workshop/Seminar | 0.8 | 12/31/18 | http://www.poppilateslife.com |
| Orange Theory (OT) Fitness | Global Reset - Fitness | Workshop/Seminar | 0.7 | 12/31/18 | www.orangetheoryfitness.com |
| Orange Theory (OT) Fitness | OTFit Certification | Workshop/Seminar | 1.9 | 12/31/18 | https://www.orangetheoryfitness.com/ |
| Original Strength Systems | OS Performance | Workshop/Seminar | 0.9 | 12/31/18 | www.OriginalStrength.net |
| Original Strength Systems | OS Pro RESET | Workshop/Seminar | 1.5 | 12/31/18 | www.OriginalStrength.net |
| Parker Parks and Recreation Department | The Foundations and Application of Upper and Lower Body Lifts | Workshop/Seminar | 0.4 | 12/31/18 | |
| Parkinson Wellness Recovery | PWR! Moves Instructor Training and Certification Workshop | Workshop/Seminar | 1.5 | 12/31/18 | |
| Parkour Generations Americas / Parkour Generations Ltd. | Parkour Fitness – Intro to Fitness | Workshop/Seminar | 0.8 | 12/31/18 | www.parkourgenerations.com |
| Parkour Generations Americas / Parkour Generations Ltd. | Parkour Fitness Specialist (PFS) Level 1 | Workshop/Seminar | 1.6 | 12/31/18 | www.parkourgenerations.com |
| Parkour Generations Americas / Parkour Generations Ltd. | ADAPT Level 1 | Workshop/Seminar | 1.9 | 12/31/18 | www.parkourgenerations.com |
| Parkour Generations Americas / Parkour Generations Ltd. | ADAPT Level 2 | Workshop/Seminar | 1.9 | 12/31/18 | www.parkourgenerations.com |
| Parkour Generations Americas / Parkour Generations Ltd. | Parkour Fitness Specialist (PFS) Level 2 | Workshop/Seminar | 1.9 | 12/31/18 | www.parkourgenerations.com |
| Pelvic Health Systems | Digestion And Nutrition as it Relates to Pelvic Health | Workshop/Seminar | 1.2 | 12/31/18 | |
| Pelvic Health Systems | Why Care about Pelvic Health? | Workshop/Seminar | 1.2 | 12/31/18 | |
| Pelvic Health Systems | Alignment Screening and Posture as it Relates to Pelvic Health | Workshop/Seminar | 1.6 | 12/31/18 | |
| Perform Better | Perform Better 1 Day Learn by Doing Seminar | Workshop/Seminar | 0.6 | 12/31/18 | www.performbetter.com |
| Performance Cycling | Performance Cycling Essentials Plus (Level 1) | Home Study | 0.9 | 12/31/18 | www.performance-cycling.net |
| Personal Trainer Development Center | Online Trainer Academy | Home Study | 1.9 | 12/31/18 | http://onlinetraineracademy.theptdc.com |
| PESI Healthcare | Advances in Orthopedic Care: It's Not Just Broken Bones | Workshop/Seminar | 0.6 | 12/31/18 | www.pesihealthcare.com |
| Peyow Aqua Pilates | Peyow Aqua Pilates Funktional Barre 1 | Workshop/Seminar | 0.3 | 12/31/18 | www.aquapilates.net |
| Peyow Aqua Pilates | Peyow Aqua Pilates Level 1 Beginner-Intermediate | Workshop/Seminar | 0.6 | 12/31/18 | www.aquapilates.net |
| Peyow Aqua Pilates | Peyow Aqua Pilates Level 2 Advanced Level | Workshop/Seminar | 0.6 | 12/31/18 | www.aquapilates.net |
| Physical Coaching Academy | Kettlebell Workshop | Workshop/Seminar | 0.6 | 12/31/18 | www.physicalcoaching.be |
| Physical Coaching Academy | Loaded Movement Training Workshop | Workshop/Seminar | 0.6 | 12/31/18 | www.physicalcoaching.be |
| Physical Coaching Academy | Suspension Training Workshop | Workshop/Seminar | 0.6 | 12/31/18 | www.physicalcoaching.be |
| Physical Coaching Academy | Olympic Lifting Workshop | Workshop/Seminar | 1.2 | 12/31/18 | www.physicalcoaching.be |
| Physical Coaching Academy | Access & Correct | Workshop/Seminar | 1.8 | 12/31/18 | www.physicalcoaching.be |
| Physical Coaching Academy | Essentials of Healthy Nutrition Workshop | Workshop/Seminar | 1.8 | 12/31/18 | http://www.physicalcoaching.be |
| Physical Coaching Academy | Program Design | Workshop/Seminar | 1.9 | 12/31/18 | www.physicalcoaching.be |
| PlyoJam | Plyometric-Infused Dance: Intro to PlyoJam | Workshop/Seminar | 0.5 | 12/31/18 | http://www.plyojam.com |
| PlyoJam | Plyometric-Infused Dance: Intro to PlyoJam (online) | Home Study | 0.5 | 12/31/18 | http://www.plyojam.com |
| PMc Fitness Solutions LLC | Core Training Exercise Specialist | Workshop/Seminar | 0.6 | 12/31/18 | http://petemccallfitness.com |
| PMc Fitness Solutions LLC | Kettlebell Training for Results | Workshop/Seminar | 0.6 | 12/31/18 | http://petemccallfitness.com |
| Pono Ola | Pono Board Trainer Basics Specialty Certificate | Home Study | 0.4 | 12/31/18 | https://ponoola.com |
| POUND® Rockout. Workout. | Generation POUND Pro Training | Workshop/Seminar | 0.7 | 12/31/18 | http://poundfit.com |
| POUND® Rockout. Workout. | POUND® Amplify | Workshop/Seminar | 0.7 | 12/31/18 | http://www.poundfit.com/certification-schedule/ |
| POUND® Rockout. Workout. | POUND® Pro Training | Workshop/Seminar | 0.7 | 12/31/18 | www.poundfit.com/certification-schedule/ |
| PRECISION HUMAN PERFORMANCE | Exercise and Inflammation | Workshop/Seminar | 0.8 | 12/31/18 | precisionhumanperformance.com |
| Precision Nutrition | Precision Nutrition Level 1, Certificate in Exercise Nutrition | Home Study | 1.9 | 12/31/18 | www.precisionnutrition.com |
| Precision Nutrition | Precision Nutrition Level 2 Master Class | Home Study | 1.9 | 12/31/18 | www.precisionnutrition.com |
| Precor | Queenax Fundamentals | Workshop/Seminar | 0.2 | 12/31/18 | |
| Precor | SUPERFUNCTIONAL™ MOVE | Workshop/Seminar | 0.2 | 12/31/18 | http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses |
| Precor | UFO Specialization Course | Workshop/Seminar | 0.2 | 12/31/18 | http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses |
| Precor | Queenax Small Group Program Design | Workshop/Seminar | 0.3 | 12/31/18 | www.precor.com |
| Precor | 4D PRO Bungee Fitness Trainer: Specialty Course for Queenax | Workshop/Seminar | 0.4 | 12/31/18 | http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses |
| Precor | Queenax Functional Training Movement Design | Workshop/Seminar | 0.4 | 12/31/18 | www.precor.com |
| Precor | Ultimate Superfunctional: STACKS | Workshop/Seminar | 0.4 | 12/31/18 | http://www.precor.com/en-us/resources/coaching-center/expand-your-program-with-queenax-courses |
| Primal Fit Miami | S.M.A.R.T. 360 Program Design | Workshop/Seminar | 1.6 | 12/31/18 | www.primalfit360miami.com |
| PRO Sports Club | Diabetes | Workshop/Seminar | 0.2 | 12/31/18 | |
| PRO Sports Club | Endurance Planning and Periodization | Workshop/Seminar | 0.2 | 12/31/18 | |
| PRO Sports Club | Joint Degenerative Disease | Workshop/Seminar | 0.2 | 12/31/18 | |
| PRO Sports Club | Principals of Training and Program Design | Workshop/Seminar | 0.2 | 12/31/18 | www.proclub.com/ |
| PRO Sports Club | Foot Biomechanics & Post Rehab Principals | Workshop/Seminar | 0.3 | 12/31/18 | www.proclub.com/ |
| PRO Sports Club | Hypertension | Workshop/Seminar | 0.3 | 12/31/18 | |
| PRO Sports Club | Shoulder Biomechanics & Rehab Principals | Workshop/Seminar | 0.3 | 12/31/18 | |
| PRONatal Fitness | PRONatal Fitness Pre/Postnatal Exercise Education | Home Study | 1.9 | 12/31/18 | www.pronatafitness.com |
| PT On The Net | Effects of Hormones on Exercise and Well-Being | Home Study | 0.1 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Indoor Rowing Technique and Programming | Home Study | 0.1 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Movement Preparation | Home Study | 0.1 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Performance Circuits | Home Study | 0.1 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome | Home Study | 0.1 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Strategies for Assessing and Improving Balance | Home Study | 0.1 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Understanding Fascia's Role in Movement and Training | Home Study | 0.1 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | What Makes a Successful Personal | Home Study | 0.1 | 12/31/18 | http://www.ptonthenet.com/cec-exams |
| PT On The Net | Addressing and Preventing Low Back Pain | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Bodyweight Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Cardiovascular Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Client Assessment, Biomechanics, & Metabolism | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Client Relations & Business Management | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |

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| PT On The Net | Closing the Sale | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Coaching | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Core Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Corrective Exercise Solutions to Postural and Movement Dysfunction | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Female Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Fit for Daily Life | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Flexibility | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Flexibility Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Functional Anatomy | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Functional Flexibility | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Functional Integrated Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Functional Program Design | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Fundamentals of Balance | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Holistic Health & Stress Management | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Improving Foot and Gait Mechanics | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Lower Extremity Injury Prevention | Workshop/Seminar | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Macronutrients and Exercise | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Motivating Clients | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Movement Based Appraisal (MOVE) | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Non-Traditional Strength Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Periodization | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Practical Applications of Explosive Lifting and Advanced Strength Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Principles of Movement-Based Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Professionalism | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Program Design: Recovery | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Prospecting | Home Study | 0.2 | 12/31/18 | http://www.ptonthenet.com/cec-exams |
| PT On The Net | Re-assessments | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Renewals & Referrals | Home Study | 0.2 | 12/31/18 | http://www.ptonthenet.com/cec-exams |
| PT On The Net | Small Group Personal Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Special Populations | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Strength Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Strength Training Program Design | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Stress Response to Exercise | Home Study | 0.2 | 12/31/18 | http://www.ptonthenet.com/cec-exams |
| PT On The Net | Take Charge of Your Personal Training Services and Grow Your Business | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | The Muscular System | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Time Management | Home Study | 0.2 | 12/31/18 | http://www.ptonthenet.com/cec-exams |
| PT On The Net | Training Prenatal and Postnatal Clients | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Youth Training | Home Study | 0.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Loaded Exercises & Movement Based | Home Study | 0.3 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Understanding and Performing Valuable Fitness Assessments | Home Study | 0.3 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | 8 Disciplines of Front Line Excellence | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Advanced Fitness Sales | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | BOSU Balance Trainer Power Programming | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Breath AS Medicine: Improving Health and the Training Experience | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Corrective Exercise Solutions: Foot and Ankle Pain | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Fitness Professional Education: Corrective Exercise | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Fitness Professional Education: Introduction to Functional Equipment | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Insurance Coverage and Claims for Fitness Professionals | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Introduction to Functional Equipment | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Marketing Personal Training | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Personal Training Sales | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Personal Training Sales | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Social Media Marketing for Fitness Professionals | Home Study | 0.4 | 12/31/18 | www.ptonthenet.com |
| PT On The Net | Movement Based Flexibility | Home Study | 0.8 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Steps to Success | Home Study | 0.8 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Certificate in Health & Fitness Management | Home Study | 1.0 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Achieving Success through Specialization | Home Study | 1.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Building the Skills and Confidence to Expand and Diversify Your Business | Home Study | 1.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Developing Leadership Skills | Home Study | 1.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Mastery of the Science and Practices of Training | Home Study | 1.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PT On The Net | Systems and Strategies Essential for Success | Home Study | 1.2 | 12/31/18 | www.ptonthenet.com/cec-exams |
| PTA Global | Behavior Change in Exercise Workshop | Workshop/Seminar | 0.7 | 12/31/18 | www.ptaglobal.com |
| PTA Global | Exercise & Stress Management (ESM) Credential | Home Study | 1.0 | 12/31/18 | www.PTAGlobal.com |
| PTA Global | PTA Global Mentorship 1 | Home Study | 1.5 | 12/31/18 | www.PTAGlobal.com |
| PTA Global | PTA Global Behavior Change in Exercise (BCE) Credential | Home Study | 1.9 | 12/31/18 | www.PTAGlobal.com |
| PTA Global | PTA Global Foundations | Home Study | 1.9 | 12/31/18 | www.PTAGlobal.com |
| Punk Rope, Inc. | Jump Rope Specialist Home Study | Home Study | 0.4 | 12/31/18 | www.punkrope.com |
| Punk Rope, Inc. | Jump Rope Specialist Workshop | Workshop/Seminar | 0.4 | 12/31/18 | www.punkrope.com |
| Punk Rope, Inc. | Punk Rope Instructor Course | Home Study | 0.4 | 12/31/18 | |
| Punk Rope, Inc. | Punk Rope Instructor Workshop | Workshop/Seminar | 0.8 | 12/31/18 | |
| RAD Mobility | RAD Mobility Level 1 | Workshop/Seminar | 0.4 | 12/31/18 | http://www.radroller.com/pages/education |
| RAD Mobility | RAD Mobility Level 2 | Workshop/Seminar | 1.4 | 12/31/18 | https://www.radroller.com/pages/education |
| RaqiSa®, The Belly Barre Workout | RaqiSa®, The Belly Barre Workout | Workshop/Seminar | 0.6 | 12/31/18 | www.raqisa.com |
| RealRyder® International LLC | RealRyder® Indoor Cycling Certified Instructor Training | Home Study | 0.4 | 12/31/18 | http://realryder.idealit.com/realryder/realryder-indoor-cycle-certified-instructor-training |
| RealRyder® International LLC | RealRyder® Indoor Cycling Certified Instructor Training | Workshop/Seminar | 0.8 | 12/31/18 | http://www.RealRyder.com |
| Recess Endurance Training | Recess Endurance Strength and Conditioning Specialist | Workshop/Seminar | 1.3 | 12/31/18 | |
| RecoverME Body Restoration | Certified Movement & Restoration Specialist | Workshop/Seminar | 1.6 | 12/31/18 | https://www.primalfitmiami.com |

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| RED Project Management Corp. | High Performance Training: Progressing backs from pain to performance | Conference | 0.7 | 12/31/18 |
| RED Project Management Corp. | The Detailed Back Assessment: Reducing pain and enhancing performance | Conference | 0.7 | 12/31/18 |
| RED Project Management Corp. | Building the Ultimate Back: From Rehabilitation to Performance | Conference | 1.4 | 12/31/18 |
| Red Warrior Nation | R.E.D. Warrior® Online Training Workshop | Workshop/Seminar | 0.8 | 12/31/18 www.redwarrornation.com |
| Red Warrior Nation | R.E.D. Warrior® Training Workshop | Workshop/Seminar | 0.9 | 12/31/18 www.redwarrornation.com |
| Red Warrior Nation | R.E.D. Warrior® Instructor Certification | Workshop/Seminar | 1.2 | 12/31/18 www.redwarrornation.com |
| Redcord USA | Active Intro | Workshop/Seminar | 0.7 | 12/31/18 www.redcord.us |
| Redcord USA | Redcord Active Multi-Suspension | Workshop/Seminar | 0.7 | 12/31/18 WWW.redcord.US |
| Redcord USA | Active Pro | Workshop/Seminar | 1.4 | 12/31/18 redcord.myshopify.com/collections/redcord-active-medical-fitness-education-series |
| Redcord USA | Redcord Active Advanced: Corrective | Workshop/Seminar | 1.4 | 12/31/18 www.redcord.us |
| REFIT® | REFIT® Instructor Training | Workshop/Seminar | 0.6 | 12/31/18 http://shop.refitrev.com/collections/trainings |
| Rhythm Revolution, LLC | The Beat Clinic | Workshop/Seminar | 0.6 | 12/31/18 www.rtribe.com |
| Rick McAvoy Aquatics | Hydro-Power | Workshop/Seminar | 0.6 | 12/31/18 www.rickmavoyaquatics.com |
| Rick McAvoy Aquatics | Medically Based Aquatic Fitness | Workshop/Seminar | 0.8 | 12/31/18 www.rickmavoyaquatics.com |
| Rock Tape, Inc | Functional Movement Techniques (FMT) Blades Advanced | Workshop/Seminar | 0.4 | 12/31/18 www.rocktape.com |
| Rock Tape, Inc | FMT Basic | Workshop/Seminar | 0.8 | 12/31/18 http://www.rocktape.com/education-research/functional-movement-techniques/ |
| Rock Tape, Inc | FMT Performance | Workshop/Seminar | 0.8 | 12/31/18 http://www.rocktape.com/education-research/functional-movement-techniques/ |
| Rock Tape, Inc | Functional Movement Techniques (FMT) Blades | Workshop/Seminar | 0.8 | 12/31/18 www.rocktape.com/education-research/ |
| Rollology Fitness | Rollology Fitness | Workshop/Seminar | 1.9 | 12/31/18 |
| Rossiter LLC | Rossiter System Continuing Education Program Level 1 | Workshop/Seminar | 1.6 | 12/31/18 Rossiter.com |
| RumbleRoller | RumbleRoller Foundations Course (Home Study Version) | Home Study | 0.3 | 12/31/18 |
| RumbleRoller | RumbleRoller Foundations Course | Workshop/Seminar | 0.4 | 12/31/18 www.rumbleroller.com |
| Run-Fit | Fitness Myths, Misconceptions, and Misinformation | Home Study | 0.3 | 12/31/18 run-fit.com |
| Run-Fit | Recovery Nutrition | Home Study | 0.4 | 12/31/18 run-fit.com |
| Run-Fit | Marathon Running | Home Study | 0.5 | 12/31/18 http://run-fit.com |
| Run-Fit | Running for Weight Loss | Home Study | 0.5 | 12/31/18 run-fit.com |
| Run-Fit | The Inner Runner | Home Study | 0.5 | 12/31/18 run-fit.com |
| Run-Fit | Womens Running | Home Study | 0.5 | 12/31/18 http://run-fit.com |
| Run-Fit | 14-Minute Metabolic Workouts | Home Study | 1.0 | 12/31/18 |
| Run-Fit | REVO ₂ LUTION RUNNING | Home Study | 1.9 | 12/31/18 http://run-fit.com |
| Savvier Fitness | Let The Beat Drop | Workshop/Seminar | 0.2 | 12/31/18 www.barreabove.com |
| Savvier Fitness | Elite HIIT Training | Workshop/Seminar | 0.3 | 12/31/18 www.barreabove.com |
| Savvier Fitness | The Musicality Method | Home Study | 0.4 | 12/31/18 www.barreabove.com |
| Savvier Fitness | Balletone | Workshop/Seminar | 0.7 | 12/31/18 www.barreabove.com |
| Savvier Fitness | Tabata GX | Workshop/Seminar | 0.7 | 12/31/18 www.barreabove.com |
| Savvier Fitness | Barre Above Pilates Focused | Workshop/Seminar | 1.2 | 12/31/18 www.barreabove.com |
| Savvier Fitness | Barre Above Prime Instructor Training | Workshop/Seminar | 1.2 | 12/31/18 www.barreabove.com |
| SCW Fitness Education | SCW Core Training Specialist Certification | Workshop/Seminar | 0.4 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Fitness Introduction to Meditation Certification | Workshop/Seminar | 0.4 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Fitness Nutrition for the Active Ager Certification | Workshop/Seminar | 0.4 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Foam Rolling Certification | Workshop/Seminar | 0.4 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Functional Flexibility Certification | Workshop/Seminar | 0.4 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | SCW Lifestyle and Behavioral Coaching Workshop | Workshop/Seminar | 0.4 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | SCW Yoga II Certification | Workshop/Seminar | 0.4 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | SCW Aqua Barre Certification | Workshop/Seminar | 0.6 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Fierce Interval Resistance Exercise Certification | Workshop/Seminar | 0.6 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Kettlebell Practical Certification | Workshop/Seminar | 0.6 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | SCW Practical Guide to Hormones, Nutrition and Metabolism Certification | Workshop/Seminar | 0.6 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Sports Nutrition Certification | Workshop/Seminar | 0.6 | 12/31/18 http://www.scwfitness.com/newsite.html |
| SCW Fitness Education | SCW Active Aging Certification | Workshop/Seminar | 0.7 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | SCW Advanced Functional Pilates Certification | Workshop/Seminar | 0.7 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Ballet Barre Certification | Workshop/Seminar | 0.7 | 12/31/18 http://www.scwfitness.com/newsite.html |
| SCW Fitness Education | SCW Boxing Certification | Workshop/Seminar | 0.7 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Fitness YOU – The Fitness Star! Certification | Workshop/Seminar | 0.7 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Yoga I Certification | Workshop/Seminar | 0.7 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | WATERinMOTION® Certification | Workshop/Seminar | 0.7 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | SCW Aquatic Exercise Certification | Workshop/Seminar | 0.8 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | SCW Group Exercise Certification | Workshop/Seminar | 0.8 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | SCW Pilates Matwork Certification | Workshop/Seminar | 0.8 | 12/31/18 http://scwfit.com |
| SCW Fitness Education | Ventura Family Conference | Conference | 0.9 | 12/31/18 |
| SCW Fitness Education | 2018 California MANIA® Conference | Conference | 1.9 | 12/31/18 www.scwfit.com |
| SCW Fitness Education | 2018 New York MANIA® Conference | Conference | 1.9 | 12/31/18 www.scwfit.com |
| SH1FT | SH1FT 101 | Home Study | 0.8 | 12/31/18 WWW.SH1FTFITNESS.COM |
| SharQui - The Bellydance Workout | Online Sharqui Instructor Training | Home Study | 1.0 | 12/31/18 |
| SHAY-MCENTEE WELLNESS WORKS INC. | BREATHING TECHNIQUES / STRESS MANAGEMENT | Workshop/Seminar | 0.3 | 12/31/18 |
| SHAY-MCENTEE WELLNESS WORKS INC. | ENERGY BREAK | Workshop/Seminar | 0.3 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers BOOM MIND | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers BOOM MOVE | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers BOOM MUSCLE | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers Circuit | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers Classic | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers Splash | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers Stability | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers YOGA | Home Study | 0.2 | 12/31/18 |
| SilverSneakers by Tivity Health | SilverSneakers Foundations | Home Study | 0.5 | 12/31/18 |
| SloBody | The No BS Yoga Guide & Videos for Personal Trainers | Home Study | 1.9 | 12/31/18 http://slobody.com/yoga-for-personal-trainers/ |
| Smart Tools | Level 1 Blood Flow Restriction Training | Workshop/Seminar | 0.9 | 12/31/18 www.smarttoolsplus.com |
| SoulBody LLC | SoulBody Advanced Instructor Training | Home Study | 0.7 | 12/31/18 |

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| SPIDERfit Kids | Powerful Play- The Ultimate Guide to the Foundations of Youth Fitness and Physical Literacy | Workshop/Seminar | 0.7 | 12/31/18 | www.powerfulplaycourse.com |
| Spin City Aerial Fitness | Spin City Advanced Aerial Hoop Instructor (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Advanced Pole Fitness Instructor (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Anatomy and Physiology Foundations (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Beginners Aerial Hoop Instructor (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Beginners Aerial Sling Instructor (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Beginners Pole Fitness Instructor (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Intermediate Aerial Hoop Instructor (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Intermediate Pole Fitness Instructor (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| Spin City Aerial Fitness | Spin City Stretching and Flexibility for Pole and Aerial (online) | Home Study | 1.9 | 12/31/18 | www.spincityinstructortraining.com |
| START Fitness/Fit to Fight | Operation Craving Competition - Circuit Training Master Class | Workshop/Seminar | 0.2 | 12/31/18 | |
| Steve Nash Fitness World & Sports Club | nashFIT1 | Workshop/Seminar | 1.9 | 12/31/18 | www.snclubs.com |
| StickMobility | Stick Mobility Level 1 Certification | Workshop/Seminar | 1.3 | 12/31/18 | https://stickmobility.com/certification/ |
| StrongBoard Balance | StrongBoard Balance Personal Trainer / Instructor Training | Workshop/Seminar | 0.8 | 12/31/18 | www.strongboardbalance.com |
| Sunshine Fitness Resources | Book Yourself Solid | Workshop/Seminar | 0.8 | 12/31/18 | http://www.sfresources.com |
| Sunshine Fitness Resources | GroupEx P.R.O. Management Systems | Workshop/Seminar | 0.8 | 12/31/18 | http://www.sfresources.com |
| Suples | Dynamic Movement Training with the Bulgarian Bag | Workshop/Seminar | 0.9 | 12/31/18 | www.suples.com |
| SweatShed by Crunch | Crunch's Signature Small Group Training | Workshop/Seminar | 0.8 | 12/31/18 | |
| Synergence Teacher Training | YogaBarre Teacher Training | Workshop/Seminar | 1.6 | 12/31/18 | |
| Tampa Bay Bodies | Line Dance Young and Old | Workshop/Seminar | 0.8 | 12/31/18 | linedanceyoungandold.com |
| Teachers College, Columbia University | Introduction to Electrocardiography | Workshop/Seminar | 1.6 | 12/31/18 | http://www.tc.columbia.edu/continuing-professional-studies |
| Team Alloy | Alloy: Personal Training Programming Certification | Workshop/Seminar | 0.8 | 12/31/18 | www.teamalloy.com |
| Technogym USA | Arke Foundation Workshop | Home Study | 0.4 | 12/31/18 | http://www.technogymusa.com |
| Technogym USA | Dual Adjustable Pulley | Workshop/Seminar | 0.4 | 12/31/18 | http://www.technogymusa.com |
| Technogym USA | Group Cycle Foundation | Workshop/Seminar | 0.4 | 12/31/18 | |
| Technogym USA | Kinesis One | Workshop/Seminar | 0.4 | 12/31/18 | http://www.technogymusa.com |
| Technogym USA | Kinesis Station | Workshop/Seminar | 0.4 | 12/31/18 | http://www.technogymusa.com |
| Technogym USA | OMNIA | Workshop/Seminar | 0.4 | 12/31/18 | http://www.technogymusa.com |
| Technogym USA | SkillMill Introduction Workshop | Workshop/Seminar | 0.4 | 12/31/18 | |
| Technogym USA | SkillRow Foundation Workshop | Workshop/Seminar | 0.4 | 12/31/18 | http://www.technogymusa.com |
| Technogym USA | TEAMBEATS Introduction Workshop | Workshop/Seminar | 0.4 | 12/31/18 | http://www.technogymusa.com |
| Tennis Industry Association | Cardio Tennis L2 Training Course | Workshop/Seminar | 0.5 | 12/31/18 | http://www.tennisindustry.org |
| Tennis Industry Association | Cardio Tennis L1 Training Course | Workshop/Seminar | 0.6 | 12/31/18 | www.tennisindustry.org |
| The Abs Company | Introduction to Battle Rope ST: Level One | Workshop/Seminar | 0.5 | 12/31/18 | |
| The Abs Company | Introduction to Battle Rope ST: Level Two | Workshop/Seminar | 0.5 | 12/31/18 | |
| The Dailey Method | Basics of Barre | Workshop/Seminar | 1.5 | 12/31/18 | www.thedaileymethod.com |
| The Kinesis Centre | Training the Bariatric Client | Workshop/Seminar | 0.2 | 12/31/18 | http://www.thekinesiscentre.com |
| The MELT Method (Longevity Fitness, Inc.) | MELT Hand and Foot Training: New Science of the Human Body | Workshop/Seminar | 1.9 | 12/31/18 | www.meltmethod.com |
| The MELT Method (Longevity Fitness, Inc.) | MELT Instructor Level 2 Training | Workshop/Seminar | 1.9 | 12/31/18 | www.meltmethod.com |
| The MELT Method (Longevity Fitness, Inc.) | MELT Instructor Training Level 1 | Workshop/Seminar | 1.9 | 12/31/18 | www.meltmethod.com |
| The MELT Method (Longevity Fitness, Inc.) | MELT NeuroStrength Level 1 Training | Workshop/Seminar | 1.9 | 12/31/18 | www.meltmethod.com |
| The Stretch Clinic | Intro to Active Isolated Stretching | Workshop/Seminar | 0.8 | 12/31/18 | www.thestretchclinic.com |
| The Stretch Clinic | AIS for Fitness Professionals | Workshop/Seminar | 1.9 | 12/31/18 | www.thestretchclinic.com |
| The ZEN Barre | Zen Barre Certification Home Study | Home Study | 0.8 | 12/31/18 | the-zen-barre.teachable.com |
| The ZEN Barre | Zen Barre Certification Workshop | Workshop/Seminar | 0.8 | 12/31/18 | www.thezenbarre.com |
| TheraGun | TheraGun Advanced Training Course | Workshop/Seminar | 0.4 | 12/31/18 | |
| TheraGun | TheraGun Foundations Training Course | Workshop/Seminar | 0.4 | 12/31/18 | |
| Throwback Fitness | Throwback Fitness Fundamentals | Workshop/Seminar | 0.8 | 12/31/18 | www.throwbackfit.com |
| Total Body Tabata (tm) LLC | Tabata Basic Instructor Training Certification Self Study Course | Home Study | 0.8 | 12/31/18 | http://www.totalbodytabata.com |
| Tress Marketing Solutions, LLC | FASTer Way to Fat Loss Certified Coach | Home Study | 0.5 | 12/31/18 | https://www.fasterwaytofatloss.com/certification/ |
| TRIBE Team Training USA | TRIBE Team Training TribeCORE | Workshop/Seminar | 0.4 | 12/31/18 | www.tribeamtraining.com |
| TRIBE Team Training USA | TRIBE Team Training TribeFIT | Workshop/Seminar | 0.4 | 12/31/18 | www.tribeamtraining.com |
| TRIBE Team Training USA | TRIBE Team Training TribeKIDS | Workshop/Seminar | 0.4 | 12/31/18 | www.tribeamtraining.com |
| TRIBE Team Training USA | TRIBE Team Training TribeLIFE | Workshop/Seminar | 0.4 | 12/31/18 | www.tribeamtraining.com |
| TRIBE Team Training USA | TRIBE Team Training TribePUNCH | Workshop/Seminar | 0.4 | 12/31/18 | www.tribeamtraining.com |
| TRIBE Team Training USA | TRIBE Team Training | Workshop/Seminar | 0.5 | 12/31/18 | www.tribeamtraining.com |
| TriggerPoint Performance | Foot & Lower Leg Mobility | Home Study | 0.1 | 12/31/18 | http://tptherapy.idealift.com/courses |
| TriggerPoint Performance | GRID® Rolling: Foundations – Online Course | Home Study | 0.1 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | Myofascial Compression™ Techniques Foundations – Online Course | Home Study | 0.2 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | Assessments to Performance: Using Mobility as the Foundation for Function | Workshop/Seminar | 0.4 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | Foam Rolling: Principles and Practices | Workshop/Seminar | 0.4 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques | Workshop/Seminar | 0.4 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | TriggerPoint Movement for UFC Gym | Workshop/Seminar | 0.4 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | Myofascial Compression™ Techniques: The Evolution of Foam Rolling | Workshop/Seminar | 0.7 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | SMRT-CORE® Training (7hr) | Workshop/Seminar | 0.7 | 12/31/18 | www.tptherapy.com |
| TriggerPoint Performance | Multi-Tool Mobility: Advanced Self-Myofascial Release Techniques (8 hour) | Workshop/Seminar | 0.8 | 12/31/18 | www.tptherapy.com |
| True Power Barre | True Power Barre Instructor Certification | Workshop/Seminar | 0.9 | 12/31/18 | www.truepowerbarre.com |
| TRX | TRX Trainer Basics Course | Home Study | 0.3 | 12/31/18 | www.trxtraining.com |
| TRX | TRX FORCE Operator's Training Course (Level 1) | Workshop/Seminar | 0.4 | 12/31/18 | www.trxtraining.com |
| TRX | TRX For Yoga | Home Study | 0.5 | 12/31/18 | TRXtraining.com |
| TRX | TRX Functional Training Course (FTC) | Workshop/Seminar | 0.7 | 12/31/18 | www.trxtraining.com |
| TRX | TRX Group Rip Training Course (GRTC) | Workshop/Seminar | 0.7 | 12/31/18 | www.trxtraining.com |
| TRX | TRX Group Suspension Training Course (GSTC) | Workshop/Seminar | 0.7 | 12/31/18 | www.trxtraining.com |
| TRX | TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2) | Workshop/Seminar | 0.7 | 12/31/18 | www.trxtraining.com |
| TRX | TRX Suspension Training Course (STC) | Workshop/Seminar | 0.7 | 12/31/18 | www.trxtraining.com |
| TRX | TRX FORCE Operator's Training Course (Level 2) | Workshop/Seminar | 0.8 | 12/31/18 | www.trxtraining.com |
| TRX | TRX Group Training Course (GTC) | Workshop/Seminar | 0.8 | 12/31/18 | www.trxtraining.com |
| TRX | TRX RIP Training Course (RTC) | Workshop/Seminar | 0.8 | 12/31/18 | www.trxtraining.com |

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| TRX | TRX FORCE Operator's Training Course (Level 3) | Workshop/Seminar | 1.6 | 12/31/18 | www.trxtraining.com |
| TRX | TRX Advanced Group Training Course (AGTC) | Workshop/Seminar | 1.8 | 12/31/18 | TRXtraining.com |
| Tsunami Fitness, LLC | Tsunami Fitness Instructor Training Online | Home Study | 0.3 | 12/31/18 | Tsunami-Fitness.com |
| Tsunami Fitness, LLC | Tsunami Fitness Instructor Course | Workshop/Seminar | 0.8 | 12/31/18 | Tsunami-Fitness.com |
| Tuck Barre and Yoga | Barre Teacher Training Program | Workshop/Seminar | 1.9 | 12/31/18 | www.tuckbarreyoga.com |
| Tune Up Fitness World Wide, Inc. | The Roll Model® Method - Ball Sequencing & Innovation | Workshop/Seminar | 0.7 | 12/31/18 | www.tuneupfitness.com |
| Tune Up Fitness World Wide, Inc. | The Roll Model® Method –The Science of Rolling | Workshop/Seminar | 0.8 | 12/31/18 | www.tuneupfitness.com |
| Tune Up Fitness World Wide, Inc. | Treat While You Train- Correspondence Course | Workshop/Seminar | 1.1 | 12/31/18 | www.tuneupfitness.com |
| Tune Up Fitness World Wide, Inc. | The Roll Model® Method - Correspondence Course | Workshop/Seminar | 1.4 | 12/31/18 | www.tuneupfitness.com |
| Ultimate Movement, LLC (raisedbarre) | raisedbarre Instructor Training | Workshop/Seminar | 1.2 | 12/31/18 | |
| United Endurance Sports Coaching Academy | Running Coach Certification | Home Study | 1.9 | 12/31/18 | www.coachendurancesports.com |
| United Endurance Sports Coaching Academy | Triathlon Coaching Certification | Home Study | 1.9 | 12/31/18 | www.coachendurancesports.com |
| University of North Carolina Greensboro | FITEXPO2018 | Conference | 1.3 | 12/31/18 | |
| Urbankick w/Shane Barnard & Miwa Natsuki | UrbanKick Instructor Training (LIVE) | Workshop/Seminar | 0.8 | 12/31/18 | www.urbankick.com |
| Urbankick w/Shane Barnard & Miwa Natsuki | UrbanKick Instructor Training (SELF STUDY) | Home Study | 0.8 | 12/31/18 | www.urbankick.com |
| UrbanPlay | UrbanPlay Coach Training | Workshop/Seminar | 1.0 | 12/31/18 | www.urbanplayfitness.org |
| US Fitness Holdings LLC | Personal Training - Member Integration, Business Planning and Program Design | Workshop/Seminar | 0.1 | 12/31/18 | www.onelifefitness.com |
| Vault Fitness | Indoor Cycling Training | Workshop/Seminar | 0.7 | 12/31/18 | www.vault.fit |
| VeraFlow | VeraFlow Instructor | Workshop/Seminar | 1.6 | 12/31/18 | www.veraflow.com |
| Vibe Ride | Vibe Ride Indoor Cycling | Workshop/Seminar | 0.6 | 12/31/18 | www.theviberide.com |
| VicteliB | Eat, Train, Repeat Q1 | Workshop/Seminar | 0.5 | 12/31/18 | www.bootcamp-challenge.com |
| VicteliB | Eat, Train, Repeat Q2 | Workshop/Seminar | 0.5 | 12/31/18 | www.bootcamp-challenge.com |
| VicteliB | Eat, Train, Repeat Q3 | Workshop/Seminar | 0.5 | 12/31/18 | www.bootcamp-challenge.com |
| VicteliB | Eat, Train, Repeat Q4 | Workshop/Seminar | 0.5 | 12/31/18 | www.bootcamp-challenge.com |
| VicteliB | Boot Camp Challenge | Workshop/Seminar | 1.9 | 12/31/18 | www.victelib.com |
| VIVE BARRE | Barre Instructor | Workshop/Seminar | 1.9 | 12/31/18 | www.vivebarre.com |
| Watkins Aquatic Fitness Solutions | Aquatic Kick and Burn Boot Camp | Workshop/Seminar | 0.3 | 12/31/18 | www.watkinsaquaticfitness.com |
| Watkins Aquatic Fitness Solutions | Aquatic Personal Training | Workshop/Seminar | 0.3 | 12/31/18 | |
| Watkins Aquatic Fitness Solutions | Dynamic Deep Water Combos | Home Study | 0.3 | 12/31/18 | |
| Wellcoaches School of Coaching | Wellcoaches Core Coach Training | Home Study | 1.9 | 12/31/18 | www.wellcoaches.com |
| WERQ Fitness | WERQ Dance Fitness Professional Certification | Workshop/Seminar | 0.8 | 12/31/18 | www.WERQfitness.com |
| Wharton Health | Wharton's Active Isolated Flexibility Training | Workshop/Seminar | 1.4 | 12/31/18 | https://www.whartonhealth.com/whartonsevents/2018/3/3/whartons-flexibility-technician-workshop |
| willPower productions, llc | Climbing the Fitness Ladder | Workshop/Seminar | 0.6 | 12/31/18 | www.willPowerMethod.com |
| willPower productions, llc | The willPower Method - Phase I | Workshop/Seminar | 0.8 | 12/31/18 | www.willPowerMethod.com |
| willPower productions, llc | The willPower Method - Phase II | Workshop/Seminar | 0.8 | 12/31/18 | www.willPowerMethod.com |
| Workout Bar | Workout Bar Leader Course | Workshop/Seminar | 1.0 | 12/31/18 | |
| WorkoutAbility | Training a Disabled Population | Home Study | 0.3 | 12/31/18 | www.WorkoutAbility.com |
| WorkoutAbility | Training a Disabled Population Workshop | Workshop/Seminar | 0.3 | 12/31/18 | www.WorkoutAbility.com |
| Wukkout! | Wukkout! Instructor Training | Workshop/Seminar | 0.7 | 12/31/18 | http://wukkout.com/instructor-training |
| XCO Latin Workout by Jackie | XCO Latin Workout by Jackie | Workshop/Seminar | 1.4 | 12/31/18 | www.xcolatinworkout.com |
| YMCA of Greater Charlotte | How to Coach Healthy Eating | Workshop/Seminar | 0.2 | 12/31/18 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte | Leading Others to Greatness | Workshop/Seminar | 0.2 | 12/31/18 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte | Exercise Considerations and Prescription for Common Orthopedic Injuries Lower Quarter Pt 1 | Workshop/Seminar | 0.4 | 12/31/18 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte | Exercise Considerations and Prescription for Common Orthopedic Injuries Lower Quarter Pt 2 | Workshop/Seminar | 0.4 | 12/31/18 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte | LINK Evaluation | Workshop/Seminar | 0.4 | 12/31/18 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| YMCA of Greater Charlotte | RollEasana: Myofascial Release through Yoga Postures, Foam Rollers and Therapy Balls | Workshop/Seminar | 0.4 | 12/31/18 | https://fs28.formsite.com/YOGC/YUniversity/index.html |
| Youfit Health Clubs | Youfit Master Youcoach Certification | Home Study | 0.2 | 12/31/18 | www.youfit.com |
| Your Body is Waiting, LLC | The Fascination Method of Self-Myofascial Release | Workshop/Seminar | 0.4 | 12/31/18 | www.thefascinator.com |
| Zetlin Fitness | Push-Up Progression Specialist | Home Study | 0.7 | 12/31/18 | www.zetlinfitness.com |
| Z-Health Performance Solutions | Essentials for Elite Performance | Workshop/Seminar | 1.9 | 12/31/18 | http://zhealtheducation.com/ |