



NASM PREFERRED PROVIDER PROGRAM

Provider	Title	Course Type	CEUs	Expires On	Registration URL
[solidcore]	[solidcore] Coach Training	Workshop/Seminar	1.9	12/31/2018	solidcore.co
Aaron L Mattes	Active Isolated Stretching	Workshop/Seminar	1.9	12/31/2018	www.stretchingusa.com
Academy of Holistic Fitness	Practical Yoga for Personal Trainers	Home Study	1.9	12/31/2018	www.academyofholisticfitness.com
Academy of Holistic Fitness	Yoga Teacher Training	Home Study	1.9	12/31/2018	www.academyofholisticfitness.com
Academy of Holistic Fitness	Holistic Fitness	Home Study	1.9	12/31/2018	www.academyofholisticfitness.com
Academy of Holistic Fitness	Pro-active Postural Restructuring	Home Study	1.9	12/31/2018	www.academyofholisticfitness.com
Academy of Holistic Fitness	Enlighten Your Body	Home Study	1.9	12/31/2018	http://academyofholisticfitness.com/yoga-fitness-certification-courses/enlighten+your+body+
Academy of Holistic Fitness	Mind-Body Fitness for Personal Trainers	Home Study	1.9	12/31/2018	www.academyofholisticfitness.com
Achieve Wellness - Master Trainer's Academy	Foundations of Corrective Exercise	Workshop/Seminar	0.7	12/31/2018	www.mastertrainersacademy.com
ACM 360 PRO	Certified Exercise Therapy Specialist I	Home Study	1.2	12/31/2018	www.ACM360PRO.com
ActivMotion Bar	ActivMotion Training	Workshop/Seminar	0.8	12/31/2018	www.activmotionbar.com
American Specialty Health (ASH)/Silver & Fit	Silver&Fit Signature Series Classes® Distance Learning Instructor Training Course	Home Study	1.3	12/31/2018	www.SilverandFit.com
Annette Lang Education Systems	Integrated Stretching	Workshop/Seminar	0.8	12/31/2018	www.annettelang.com
Annette Lang Education Systems	Training the Pregnant and Postpartum Client	Workshop/Seminar	0.8	12/31/2018	www.annettelang.com
Annette Lang Education Systems	The Fitness Professional as a Behavior Change Experience Designer	Workshop/Seminar	0.4	12/31/2018	www.annettelang.com
AntiGravity® Fitness	AntiGravity® Fundamentals 1&2	Workshop/Seminar	1.9	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Just Kids 1&2	Workshop/Seminar	1.9	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Pilates 1	Workshop/Seminar	1.6	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Suspension Fitness 2	Workshop/Seminar	1.6	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Aerial Yoga 2	Workshop/Seminar	1.6	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Aerial Yoga 1	Workshop/Seminar	1.6	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Suspension Fitness 1	Workshop/Seminar	1.6	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® AIRbarre 1	Workshop/Seminar	1.6	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® Restorative Yoga	Workshop/Seminar	1.6	12/31/2018	www.antigravityfitness.com
AntiGravity® Fitness	AntiGravity® 1on1: D-kink	Workshop/Seminar	0.6	12/31/2018	www.antigravityfitness.com
Anytime Fitness	Bodyweight Training	Workshop/Seminar	0.8	12/31/2018	
Anytime Fitness	Selling Personal Training	Workshop/Seminar	0.8	12/31/2018	
Applied Yoga Integration	Applied Yoga Integration	Workshop/Seminar	1.5	12/31/2018	www.appliedyogaintegration.com
AquaBodyStrong	AquaBodyStrong Level 1 Yoga Fusion	Workshop/Seminar	0.8	12/31/2018	https://www.aquastrong.com
AquaPhysical	FloatFit	Home Study	0.8	12/31/2018	www.aquaphysical.com
Asana Charlestown	Asana Barre Teacher Training	Workshop/Seminar	1.9	12/31/2018	www.asanacharlestown.com
Association of Fitness Studios	Building an Organizational Culture, Leadership Skills and Putting Together a Great Team	Home Study	0.3	12/31/2018	
Athletes Acceleration	Coaches Guide to Jump Training	Home Study	0.2	12/31/2018	www.completejumpstraining.com
Athletes Acceleration	Complete Sports Nutrition	Home Study	0.2	12/31/2018	www.athletesacceleration.com
Athletes Acceleration	Complete Sports Conditioning with Mike Boyle	Home Study	0.5	12/31/2018	www.completeconditioning.com
Athletes Acceleration	Complete Speed Training	Workshop/Seminar	0.4	12/31/2018	www.athletesacceleration.com
Athletes Acceleration	Complete Guide to Training the Female Athlete	Home Study	0.8	12/31/2018	
Athletes Acceleration	Complete Program Design	Home Study	0.5	12/31/2018	www.completeprogramdesign.com
Athletes Acceleration	Complete Speed Games	Workshop/Seminar	0.3	12/31/2018	www.completespeedgames.com
Athletes Acceleration	Complete Olympic Lifting	Workshop/Seminar	0.3	12/31/2018	www.completeolympiclifting.com
Athletes Acceleration	Complete Core	Home Study	0.4	12/31/2018	www.completecorea.com
Australian Strength Performance	Fat Loss Specialization	Workshop/Seminar	1.9	12/31/2018	
Australian Strength Performance	Hypertrophy Level 1	Workshop/Seminar	1.4	12/31/2018	
Australian Strength Performance	Physique Transformation Level 1	Workshop/Seminar	0.7	12/31/2018	
Barre by Jessica Diaz	Barre Teacher Training Program	Home Study	1.9	12/31/2018	
Barrenone Institute	Barrenone Movement and Mobility Specialist-2	Home Study	1.0	12/31/2018	chicagoathleticclubs.com
Barrenone Institute	Barrenone Movement and Mobility Specialist-1	Workshop/Seminar	1.0	12/31/2018	chicagoathleticclubs.com
Beachbody, LLC	INSANITY LIVE Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	CORE DE FORCE LIVE Instructor Training	Workshop/Seminar	0.7	12/31/2018	www.beachbodylive.com
Beachbody, LLC	CIZE LIVE Instructor Training	Workshop/Seminar	0.7	12/31/2018	
Beachbody, LLC	TURBO KICK LIVE Instructor Training	Workshop/Seminar	0.7	12/31/2018	www.beachbodylive.com
Beachbody, LLC	P90X LIVE Instructor Training	Workshop/Seminar	0.7	12/31/2018	www.beachbodylive.com
Beachbody, LLC	COUNTRY HEAT LIVE Instructor Training	Workshop/Seminar	0.7	12/31/2018	www.beachbodylive.com
Beachbody, LLC	CIZE Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	COUNTRY HEAT Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	CORE DE FORCE Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	INSANITY Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	P90X Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	PIYO Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	TURBO KICK Instructor Training	Home Study	0.7	12/31/2018	www.beachbody.com
Beachbody, LLC	PIYO LIVE Instructor Training	Workshop/Seminar	0.7	12/31/2018	www.beachbodylive.com
BIOMechanics	Release Series - December 2017	Workshop/Seminar	0.2	12/31/2018	www.biomechaniks.com
BIOMechanics	Release Series - January 2018	Workshop/Seminar	0.2	12/31/2018	www.biomechaniks.com
BIOMechanics	Release Series - February 2018	Workshop/Seminar	0.2	12/31/2018	www.biomechaniks.com
BIOMechanics	Release Series - March 2018	Workshop/Seminar	0.2	12/31/2018	www.biomechaniks.com
BloomFit Training	BloomFit Training Body Positive Fitness Workshop 2	Workshop/Seminar	0.3	12/31/2018	bloomfittraining.com
BODY FX	Figure 8 Basic Instructor	Home Study	0.6	12/31/2018	
BOSU	BOSU® COMPLETE WORKOUT SYSTEM CERTIFICATION	Workshop/Seminar	0.8	12/31/2018	http://www.bosu.com
BOSU	BOSU® DOUBLE UP DOUBLE DOWN	Workshop/Seminar	0.2	12/31/2018	http://www.bosu.com
BOSU	BOSU® STRONG + STRETCHED	Workshop/Seminar	0.2	12/31/2018	http://www.bosu.com
BOSU	BOSU® HIIT EXTREME	Workshop/Seminar	0.2	12/31/2018	http://www.bosu.com
BOSU	BOSU® COMPLETE WORKOUT SYSTEM INTRO	Workshop/Seminar	0.2	12/31/2018	http://www.bosu.com
BOSU	BOSU® Up, Down, All Around	Workshop/Seminar	0.2	12/31/2018	www.bosu.com
BOSU	3D XTREME™ powered by BOSU®	Workshop/Seminar	0.6	12/31/2018	http://www.bosu.com

BOSU	BOSU*: Stability Ball Overhaul	Workshop/Seminar	0.2	12/31/2018	http://bosu.com
BOSU	BOSU* Skills and Drills for Group Personal Training Certification	Workshop/Seminar	0.6	12/31/2018	http://www.bosu.com
BOSU	101 WAYS TO BOSU*!	Workshop/Seminar	0.2	12/31/2018	www.bosu.com
BOSU	BOSU 3D XTREME: Creative Circuit Solutions	Workshop/Seminar	0.2	12/31/2018	http://www.bosu.com
BOSU	BOSU Mobility & Stability For Active Aging	Workshop/Seminar	0.8	12/31/2018	www.bosu.com
Box N' Burn Academy	Box N' Burn Academy Level 1 Certification	Workshop/Seminar	0.7	12/31/2018	www.boxnburnacademy.com
Brain & Body Academy	THUMP Boxing L1+2 Instructor Course	Workshop/Seminar	1.6	12/31/2018	http://letstudio.blogspot.tw
Brain & Body Academy	HIRT L1 Course	Workshop/Seminar	0.8	12/31/2018	http://www.brainbodyacademy.com
Brain & Body Academy	HIRT L2 Course	Workshop/Seminar	0.8	12/31/2018	http://www.brainbodyacademy.com
Brain & Body Academy	HIRT L3 Course	Workshop/Seminar	0.8	12/31/2018	
Brain & Body Academy	S.R.E. (Safe Return to Exercise)	Workshop/Seminar	1.6	12/31/2018	
Brain Body 360 (BB360)	The Ball Skills Playbook	Home Study	0.2	12/31/2018	www.bb360training.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Erector Spinae	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Extensor Hallucis Longus (EHL) & Extensor Digitorum Longus (EDL) (and Fibularis Tertius (FT)	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Lower Extremity	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Self-administered Joint Mobilizations: Upper Extremity	Home Study	0.2	12/31/2018	www.BrookbushInstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Subscapularis	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Teres Major	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Adductors	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Coracobrachialis	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Core Subsystems	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Neck Flexors	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deltoids	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Joint	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Knee Joint	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Leg Dysfunction (LLD) Exercise Selection	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lumbo Pelvic Hip Complex Dysfunction (LPHCD) Exercise Selection	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lower Leg Dysfunction (LLD)	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Lumbo Pelvic Hip Complex Dysfunction (LPHCD)	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Predictive Model of Upper Body Dysfunction (UBD)	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Dysfunction (UBD) Exercise Selection	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Plantar Flexor: Release and Lengthening	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rectus Abdominis & Pyramidalis	Home Study	0.2	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Ankle Joint	Home Study	0.3	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Scapular Muscles: Release and Lengthening	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Medius Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Anterior Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Transverse Abdominis Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder External Rotator Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Sternoclavicular, Acromioclavicular and Scapulothoracic Joints	Home Study	0.3	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 1 & 2	Workshop/Seminar	1.6	12/31/2018	brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Biceps Femoris	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Flexor Hallucis Longus and Flexor Digitorum Longus	Workshop/Seminar	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 1: Introduction	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 2: Muscular Function and Upper Body Muscles	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Functional Anatomy 3: Lower Body and Core Muscles	Home Study	0.3	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Goniometric Assessment	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Levator Scapulae	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Minor	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Popliteus	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Serratus Anterior	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Soleus	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Supraspinatus	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tensor Fascia Latae	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibialis Posterior	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Trapezius Muscle	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Program Design	Workshop/Seminar	1.6	12/31/2018	www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Exercise Selection	Workshop/Seminar	1.6	12/31/2018	brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Infraspinatus and Teres Minor	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Latissimus Dorsi	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Length Tests	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Pectoralis Major	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Rhomboids	Home Study	0.2	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip External Rotator: Release and Lengthening	Home Study	0.1	12/31/2018	https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Flexor: Release and Lengthening	Home Study	0.1	12/31/2018	https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Hip Internal Rotator: Release and Lengthening	Home Study	0.1	12/31/2018	https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Tibia External Rotator: Release and Lengthening	Home Study	0.1	12/31/2018	https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Vastus Medialis Obliquus (VMO) and Tibial Internal Rotator Activation	Home Study	0.1	12/31/2018	https://brentbrookbush.com/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Gluteus Maximus Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lumbar Extensor: Release and Lengthening	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Internal Rotator and Posterior Deltoid: Release and Lengthening	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Shoulder Joint	Home Study	0.3	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Manual Muscle Testing (MMT)	Home Study	0.1	12/31/2018	brentbrookbush.com/online-courses/
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Deep Cervical Flexor Activation	Home Study	0.1	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 2): Sign Clusters and Compensation Patterns	Home Study	0.2	12/31/2018	http://www.brookbushinstitute.com

Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Overhead Squat Assessment (Part 1): Signs of Dysfunction	Home Study	0.2	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Lower Extremity Dysfunction	Home Study	0.4	12/31/2018	http://www.brookbushinstitute.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Does Movement Impairment Precede Knee Pain and Injury?	Home Study	0.1	12/31/2018	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Muscle Cell Structure and Function	Home Study	0.1	12/31/2018	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Advancements in Exercise Selection 2: A Case Study Approach to Corrective Exercise	Workshop/Seminar	1.6	12/31/2018	http://brentbrookbush.com
Brookbush Institute of Human Movement Science (B2C Fitness, LLC)	Upper Body Goniometric Assessment	Home Study	0.2	12/31/2018	http://brentbrookbush.com
Brown Dog Yoga	BDY Barre Certification	Workshop/Seminar	1.4	12/31/2018	
Bruce and Mindy Inc.	One Day to Wellness	Workshop/Seminar	0.9	12/31/2018	bruceandmindy.com
Bruce and Mindy Inc.	Cooking and Coaching	Workshop/Seminar	0.9	12/31/2018	bruceandmindy.com
Bruce and Mindy Inc.	Fluid Strength	Workshop/Seminar	0.4	12/31/2018	bruceandmindy.com
Bruce and Mindy Inc.	Gliding Total Body	Workshop/Seminar	0.4	12/31/2018	bruceandmindy.com
Chakaboom Fitness	The Chakaboom Fitness Experience, Professional Instructor Training	Workshop/Seminar	0.6	12/31/2018	http://www.chakaboomfitness.com
Chakaboom Fitness	CHAKABOONCE Instructor Training	Workshop/Seminar	0.8	12/31/2018	www.chakaboomfitness.com
Core Health & Fitness	Schwinn Indoor Cycling: Classic Instructor Certification	Workshop/Seminar	0.8	12/31/2018	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: All the Right Cues	Workshop/Seminar	0.2	12/31/2018	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling: Power Instructor Certification	Workshop/Seminar	0.8	12/31/2018	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: Class Design Crunch Time	Workshop/Seminar	0.2	12/31/2018	www.schwinneducation.com
Core Health & Fitness	Schwinn Indoor Cycling Workshop: Leave Em Breathless	Workshop/Seminar	0.2	12/31/2018	www.schwinneducation.com
Core Health & Fitness	Nautilus Human Sport Specialist Workshop	Workshop/Seminar	0.8	12/31/2018	www.corehandf.com/certification
Core Health & Fitness	BoxMaster Instructor Workshop	Workshop/Seminar	0.5	12/31/2018	www.corehandf.com/certification
Core Health & Fitness	StairMaster HIIT Instructor Training Program	Workshop/Seminar	0.4	12/31/2018	www.corehandf.com/certification
CorePower Yoga	Yoga Sculpt Teacher Training	Home Study	1.9	12/31/2018	www.corepoweryoga.com
CRUNCH FITNESS	TREAD BOOTCAMP	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	CARDIO SCULPT	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BARRE BOOTCAMP	Workshop/Seminar	0.2	12/31/2018	http://www.crunch.com
CRUNCH FITNESS	RETRO ROBICS	Workshop/Seminar	0.2	12/31/2018	http://www.crunch.com
CRUNCH FITNESS	CARDIO TAI BOX	Workshop/Seminar	0.2	12/31/2018	http://www.crunch.com
CRUNCH FITNESS	XPRT POLE FITNESS LEVEL .5	Workshop/Seminar	0.4	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	OVERDRIVE	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	CHISEL	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	STILETTO STRENGTH	Workshop/Seminar	0.2	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	VIDEOGRAPHY	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BARRE ASSETS	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	IRON MAT	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	ABSOLUTION	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	TREAD-N-SHRED	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	ENGINE	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BELLY BUTT & THIGHS BOOTCAMP	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	RIPPED DRIVE	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BOSU BOOTCAMP	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	STRENGTH & HEELS	Workshop/Seminar	0.2	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	YOGA BODY SCULPT	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BALLAST BALL PILATES	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	FAT BURNING PILATES	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BALLAST BALL WORKOUT	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BODYWEB WITH TRX	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	SPIDERWEB WITH TRX	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BOING WITH KANGOO	Workshop/Seminar	0.5	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	RIPPED YOGA	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	XPRT POLE FITNESS LEVEL 3/4	Workshop/Seminar	0.7	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	POLE DANCING	Workshop/Seminar	0.6	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	CRUNCH RIDE OF YOUR LIFE	Workshop/Seminar	0.6	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	STILETTO STRENGTH 3	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	POWER BALL	Workshop/Seminar	0.2	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	STRIP BAR	Workshop/Seminar	0.2	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	INDOBOARDING	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	CRUNCH CLASSIC TRAINING	Workshop/Seminar	0.6	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	BOSU BODY	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	SHREDDED	Workshop/Seminar	0.3	12/31/2018	WWW.CRUNCH.COM
CRUNCH FITNESS	360-3X	Workshop/Seminar	0.2	12/31/2018	http://www.crunch.com
CRUNCH FITNESS	LOOPED IN	Workshop/Seminar	0.2	12/31/2018	www.crunch.com
CRUNCH UNIVERSITY	BOSU BOOTCAMP	Home Study	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	CARDIO SCULPT	Workshop/Seminar	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	CARDIO TAI BOX	Home Study	0.2	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	Tread Bootcamp	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	Videography	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	Fat Burning Pilates	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	360-3X	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	ABSOLUTION	Home Study	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	BARRE ASSETS	Home Study	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	BARRE BOOTCAMP	Home Study	0.2	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	BELLY BUTT & THIGHS BOOTCAMP	Home Study	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	BODYWEB WITH TRX	Home Study	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	BOSU BODY	Home Study	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	CHISEL	Home Study	0.3	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	RETRO ROBICS	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	TREAD-N-SHRED	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	Yoga Body Sculpt	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	IRON MAT	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	OVERDRIVE	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CRUNCH UNIVERSITY	STILETTO STRENGTH	Home Study	0.1	12/31/2018	http://www.crunch-u.com

CRUNCH UNIVERSITY	TRX-X2	Home Study	0.1	12/31/2018	http://www.crunch-u.com
CTMAXX	CTMAXX Level 1	Home Study	0.2	12/31/2018	
Dan-Z Fitness Pte Ltd	Official KpopX* Fitness Instructor	Workshop/Seminar	0.8	12/31/2018	www.kpopxfitness.com
Dorm Dads of America	FreeStyle Cycle Certification	Workshop/Seminar	0.8	12/31/2018	
Dr. Sears Wellness Institute	Health Coach Certification-Pregnancy	Home Study	1.9	12/31/2018	drsearswellnessinstitute.org
Dr. Sears Wellness Institute	Health Coach Certification-Adults & Seniors	Home Study	1.9	12/31/2018	drsearswellnessinstitute.org
Dr. Sears Wellness Institute	Health Coach Certification-Families	Home Study	1.9	12/31/2018	drsearswellnessinstitute.org
Dragon Door Publications	RKC Kettlebell Certification Workshop	Workshop/Seminar	1.9	12/31/2018	dragondoor.com
Dragon Door Publications	HKC Kettlebell Certification Workshop	Workshop/Seminar	0.8	12/31/2018	http://dragondoor.com
Dragon Door Publications	PCC Progressive Calisthenics Certification Workshop	Workshop/Seminar	1.9	12/31/2018	dragondoor.com
Efen Buzzo	Salsa-Reggaeton Mix	Workshop/Seminar	0.4	12/31/2018	
Evolution Power Yoga	Anatomy of Yoga Series	Workshop/Seminar	1.9	12/31/2018	http://evolutionpoweryoga.com
Excel Wellness Studio	Bridging the Gap between Medicine and Fitness. How to Navigate Cancer and Osteoporosis	Workshop/Seminar	0.8	12/31/2018	
Exercise and Nutrition Works, Inc.	Certified Fitness Nutrition Specialist	Home Study	1.9	12/31/2018	www.NutritionCertification.com
Exercise Etc.	Nancy Clark's Sports Nutrition Guidebook	Home Study	1.9	12/31/2018	www.exercisetc.com
Exercise Etc.	Sports Injuries Guidebook	Home Study	1.9	12/31/2018	http://exercisetc.com
Exercise Etc.	Exercise & the Older Adult	Workshop/Seminar	0.2	12/31/2018	http://www.exercisetc.com/
Exercise Etc.	Athletic Body in Balance	Home Study	1.9	12/31/2018	www.exercisetc.com
Exercise Etc.	Core Training Anatomy	Home Study	1.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Fitness Illustrated	Home Study	1.0	12/31/2018	www.exercisetc.com
Exercise Etc.	Nutrient Timing for Peak Performance	Home Study	1.9	12/31/2018	www.exercisetc.com
Exercise Etc.	Strength Training Past 50	Home Study	0.9	12/31/2018	http://exercisetc.com
Exercise Etc.	Women's Home Workout Bible	Home Study	1.6	12/31/2018	http://exercisetc.com
Exercise Etc.	Comprehensive Recovery Strategies	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Integrated Postural Training	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Strength & Conditioning for Seniors	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	The Knee: Top Trends in Training	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	The Shoulder: New School Training Techniques	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Understanding Shoulder Dysfunction	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	When Good Knees Go Bad	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Age Appropriate Strength Training	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Cheap Tricks for Trainers	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Core Training: Working Hard or Hardly Working?	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Functional Forever: Exercise for Independent Living	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Functional Training: Myths & Mystique	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Living Fearless: Exercise, Balance & Core Strength	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	High Intensity Training: When Less is More	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Standing Tall: Exercise and the Aging Spine	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Strong Minds: Exercise & Cognitive Function	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	The Bionic Elder: Training with New Knees or Hips	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	The Defiant Senior: Exercise to Manage Chronic Illness	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	The Vibrant Senior: Putting the FUN in Functional Training	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Walking Tall: Mobility Drills for Seniors	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Weight Management: Secrets & Lies	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Balance, Mobility & Function	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com
Exercise Etc.	Balance, Stability & Fall Prevention	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com
Exercise Etc.	Forever Young: Secrets of the Older Mind	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com
Exercise Etc.	Making Connections: Challenging the Older Brain	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com
Exercise Etc.	Avoiding Common Fitness Injuries	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/power.html
Exercise Etc.	High Intensity Interval Training	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/
Exercise Etc.	Exercise to Improve Neck & Back Function	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/
Exercise Etc.	Nutrient Timing	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/
Exercise Etc.	Myofascial Release	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/
Exercise Etc.	Life After Hip or Knee Replacement	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/
Exercise Etc.	Balance & Fall Prevention	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/seniorfit.html
Exercise Etc.	Good Knee/Bad Knee	Workshop/Seminar	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Functional Mobility Drills	Workshop/Seminar	0.2	12/31/2018	http://exercisetc.com/
Exercise Etc.	A Dozen Practical Exercises for Seniors	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Core Training for Seniors	Workshop/Seminar	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Dynamic Balance & Mobility	Home Study	0.2	12/31/2018	www.exercisetc.com
Exercise Etc.	Able Bodies Balance Training	Home Study	1.0	12/31/2018	http://exercisetc.com
Exercise Etc.	Conditioning to the Core	Home Study	1.0	12/31/2018	http://exercisetc.com
Exercise Etc.	Facilitated Stretching	Home Study	1.6	12/31/2018	http://exercisetc.com
Exercise Etc.	Fitness Professionals Guide to Strength Training Older Adults, 2017	Home Study	1.2	12/31/2018	http://exercisetc.com
Exercise Etc.	Functional Training	Home Study	1.0	12/31/2018	http://exercisetc.com
Exercise Etc.	High Intensity 300	Home Study	1.0	12/31/2018	http://exercisetc.com
Exercise Etc.	Kettlebell Training	Home Study	1.0	12/31/2018	http://exercisetc.com
Exercise Etc.	Maximum Interval Training	Home Study	1.0	12/31/2018	http://exercisetc.com
Exercise Etc.	Optimal Muscle Training	Home Study	1.5	12/31/2018	http://exercisetc.com
Exercise Etc.	Strength Training Anatomy	Home Study	1.0	12/31/2018	http://exercisetc.com
Exercise Etc.	The HIIT Advantage	Home Study	0.7	12/31/2018	http://exercisetc.com
exhale	exhale Barre Teacher Training Module 1	Workshop/Seminar	1.9	12/31/2018	http://exhalespa.com/
exhale	exhale Barre Teacher Training Module 2	Workshop/Seminar	1.9	12/31/2018	http://www.exhalespa.com
exhale	exhale Upper Body Series	Workshop/Seminar	0.4	12/31/2018	exhalespa.com
exhale	exhale Thigh Strengthening Series	Workshop/Seminar	0.4	12/31/2018	exhalespa.com
exhale	exhale Glutes Strengthening Series	Workshop/Seminar	0.4	12/31/2018	exhalespa.com
exhale	exhale Core Strengthening Series	Workshop/Seminar	0.4	12/31/2018	exhalespa.com
exhale	exhale Stretch Series	Workshop/Seminar	0.4	12/31/2018	exhalespa.com
FIT EDU	Movement Coaching: Deadlift, Squat, and Press	Workshop/Seminar	0.8	12/31/2018	www.fit-edu.com
Fit For Birth, Inc	Pre & Post Natal Corrective Exercise Specialist (Home Study + Mini Internship)	Home Study	1.9	12/31/2018	www.getfitforbirth.com
Fit4Health, LLC	Coaching to Maximize Client Results: For Personal Trainers	Home Study	0.4	12/31/2018	https://getfitforhealth.thinkific.com/courses/coaching-for-personal-trainers/

FitFixNow	5 Ways You're Losing Your Clients	Home Study	0.2	12/31/2018	www.fitfixnow.com
FitFixNow	Increase Your Income with Online Video Group Training	Home Study	0.2	12/31/2018	www.fitfixnow.com
FitFixNow	Reinventing The Wheel: Fitness and Adapted PE for the Autism Population	Workshop/Seminar	0.2	12/31/2018	www.fitfixnow.com
FitFixNow	Stop the Fall BEFORE it happens: Balance & Stretch for Aging Populations	Home Study	0.2	12/31/2018	www.fitfixnow.com
FitFixNow	The Midas Touch: Golden Clients in their Golden Years	Home Study	0.2	12/31/2018	www.fitfixnow.com
FitFixNow	Training the Aging Heart with Safety and Confidence	Home Study	0.4	12/31/2018	www.fitfixnow.com
FitFixNow	Boost Your Business with a Better Business Plan	Home Study	0.2	12/31/2018	www.fitfixnow.com
FitFixNow	Technology is Your Friend - Using Heart Rate Training to Get More out of Your Clients	Home Study	0.2	12/31/2018	www.fitfixnow.com
FitFixNow	Training Aging Bones and Muscles	Home Study	0.2	12/31/2018	http://www.fitfixnow.com
FitFixNow	Helping Your Clients Become Their Best!	Home Study	0.5	12/31/2018	http://www.fitfixnow.com
FitFixNow	Expand your Reach with Online Face to Face Training	Home Study	0.2	12/31/2018	https://www.fitfixnow.com/
FitFixNow	Training Towards and Away From Knee and Hip Replacement	Home Study	0.3	12/31/2018	
FitFixNow	Making EVERY Client a Success: A Toolkit for Behavior Change	Home Study	0.2	12/31/2018	
FitFixNow	Fit Kids for Life: Reversing Childhood Obesity	Home Study	0.2	12/31/2018	
Fitness Learning Systems	The Science of Nutrition	Home Study	0.5	12/31/2018	
Fitness Professionals (FitPro)	VIPIR Kids	Workshop/Seminar	0.4	12/31/2018	www.viprfit.com
Fitness Professionals (FitPro)	VIPIR Loaded Movement Training Level 2	Workshop/Seminar	0.8	12/31/2018	www.viprfit.com
Fitness Professionals (FitPro)	VIPIR Loaded Movement Training Level 1	Workshop/Seminar	0.4	12/31/2018	www.viprfit.com
Fitness Professionals (FitPro)	VIPIR Active Aging	Workshop/Seminar	0.4	12/31/2018	http://www.viprfit.com
Fitness Solutions	Everlast F.I.T. Fundamentals: Striking Specialist Level 1	Workshop/Seminar	0.8	12/31/2018	www.everlast.com/fitcerts
Fitness Solutions	Core Flyte™ Coach Specialization Course	Workshop/Seminar	0.4	12/31/2018	www.flytefitness.com/pages/education
FitnessFest Conference and Expo	Medical Fitness Tour: Phoenix, AZ	Conference	1.4	12/31/2018	
FITOUR	Primary Pilates Self Study	Workshop/Seminar	0.8	12/31/2018	http://www.fitour.com
FITOUR	Primary Yoga Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Primary Aqua Self Study	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Advanced Aqua Self Study	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Group Exercise Primary Certification	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Advanced Group Exercise Self Study	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Primary Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Advanced Indoor Cycling Self Study	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Primary Personal Trainer Self Study	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Advanced Personal Training Self Study	Workshop/Seminar	0.8	12/31/2018	www.fitour.com
FITOUR	Myofascial Release Self Study	Workshop/Seminar	0.8	12/31/2018	http://www.fitour.com
FITOUR	Advanced Yoga Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Core and Functional Fitness Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Kickboxing Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Group Barbell Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Stability Ball Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	BootCamp Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Step Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Pilates Reformer Level 1 Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Advanced Pilates Self Study	Home Study	0.8	12/31/2018	www.fitour.com
FITOUR	Primary Aqua Live Workshop	Workshop/Seminar	0.8	12/31/2018	www/fitour.com
FITOUR	Primary Group Exercise Live Workshop	Workshop/Seminar	0.8	12/31/2018	
FITOUR	Primary Indoor Cycling Live Workshop	Workshop/Seminar	0.8	12/31/2018	
FITOUR	Primary Pilates Live Workshop	Workshop/Seminar	0.8	12/31/2018	
FITOUR	Primary Personal Training Live Workshop	Workshop/Seminar	0.8	12/31/2018	
Follow your Hart LLC	F-IT: The Business of Fitness	Home Study	1.5	12/31/2018	kkhart.com
Freedom Group Exercise LLC	BANG Power Dance™	Workshop/Seminar	1.4	12/31/2018	www.Bangworkout.com
Freedom Group Exercise LLC	Freedom Barre™	Workshop/Seminar	1.4	12/31/2018	www.Bangworkout.com
Functional Aging Institute FAI	Functional Aging Certificate	Home Study	0.5	12/31/2018	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Specialist Certification	Home Study	1.0	12/31/2018	www.functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Specialist Workshop	Workshop/Seminar	0.7	12/31/2018	www.functionalaginginstitute.com
Functional Aging Institute FAI	Open the Door to Tai Chi	Workshop/Seminar	0.8	12/31/2018	www.taichisystem.com
Functional Aging Institute FAI	Functional Aging Group Exercise Specialist Certification	Workshop/Seminar	0.8	12/31/2018	functionalaginginstitute.com
Functional Aging Institute FAI	Functional Aging Group Exercise Specialist Workshop	Workshop/Seminar	0.8	12/31/2018	www.functionalaginginstitute.com
Functional Aging Institute FAI	Anchor Point Training Certification Workshop	Workshop/Seminar	0.8	12/31/2018	www.anchorpointtraining.com
Functional Aging Institute FAI	Functional Core and Balance Certification	Home Study	0.3	12/31/2018	https://functionalaginginstitute.com/
Functional Medicine Coaching Academy (FMCA)	Functional Medicine Coaching Academy Health Coaching Program	Home Study	1.8	12/31/2018	http://www.functionalmedicinedcoaching.org
FUSION Tactical & Athletic Development	Integrated Exercise Guidelines for Fibromyalgia	Home Study	0.2	12/31/2018	https://innovativeceus.com/CourseCategory.php?id=10
Girls Gone Strong	Pre- & Postnatal Coaching Certification	Workshop/Seminar	2.5	12/31/2018	
Global Bodyweight Training, LLC	Animal Flow Level 2 Workshop	Workshop/Seminar	0.9	12/31/2018	www.animalflow.com
Global Bodyweight Training, LLC	Animal Flow Level 1 Workshop	Workshop/Seminar	1.1	12/31/2018	www.animalflow.com
Hot Yoga Aptos	Hot Pilates Teacher Training	Workshop/Seminar	1.5	12/31/2018	www.hotyogaptos.com
IDEA Health & Fitness	Are You Hungry or Stressed?	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Creating Boot Camps for Zoomers	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Innovative Drills for Small-Group Training	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	TRX® Essentials for Personal Training	Home Study	0.3	12/31/2018	www.idealift.com/node/1329491
IDEA Health & Fitness	Baby Boomers-The Truth About Stretching!	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Balancing Hormones for Optimal Weight Loss	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Carbohydrates-Their Role in Body Composition, Weight Management and Performance	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Corrective Exercise for Shoulder Impairments	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Gluteals and Their Link to Low-Back Pain	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Next Wave in Corrective Exercise: Rhythm and Timing	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Todd Durkin's Boot Camp	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Training the Pregnant Athlete	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	TRX® Rip™ Training: Sports Performance	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Turbo Tabata	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Ultimate Back Exercises for Injury Prevention and Performance	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Winning at Losing- Weight Management Made Simple	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Women, Metabolism and the Hormonal Highway!	Home Study	0.2	12/31/2018	www.idealift.com

IDEA Health & Fitness	Women, Weights and Results	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	XIT Extreme Interval Training: 2nd Edition	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	EXTREME Equipment-LESS Boot Camp	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Business of Group Exercise – Beyond the Numbers	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Scapular Stability: Shouldering the Load	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Posture Improvement Workshop	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Intermittent Fasting – Science or Fiction?	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Ultimate Light Dumbbell Workout	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Active Resistance Training* Total Body Mat Practice	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	How to Safely Introduce Plyometrics Into Your Clients' Routines	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Hidden Messages in Food	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Power Core for Sports and Fitness Performance	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Anatomy of a Fitness Business	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Strength and Conditioning Games for Improved Fitness and Performance	Home Study	0.3	12/31/2018	www.idealift.com
IDEA Health & Fitness	Isolation to Integration: Corrective Exercise	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Eight Essentials of Program Design	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The New ACE Integrated Fitness Training Model	Home Study	0.6	12/31/2018	www.idealift.com
IDEA Health & Fitness	Heart-Core Circuit Training: The New Edition	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Six Steps to Better Program Design	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Core 3x3	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Quick Fix Workouts	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Push, Pull, Bend, Twist, Squat And Lunge!	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Creating Emotionally Charged Exercise Experiences	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Putting Heart into Mind-Body Training	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Core Conditioning Combs	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Back to Basics With Anatomy	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Pilates 50/50	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Complete Idiot's Guide to Plant-Based Nutrition	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	I Q U Do: The Art of Intelligent Coaching	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	An Introduction to Holistic Nutrition	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Understanding and Interpreting the Functional Movement Screen	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Winning Group Strength Program Design	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Restoring Fundamental Movement Patterns with Corrective Strategies	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Balancing Hormones through Nutrition	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	HIIT Kickboxing and Drills by UrbanKick	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Techniques to Rehabilitate and Protect the Knees	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Understanding the Female Pelvic Core Neuromuscular System	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Improve Stability and Posture with a Stability Ball by CHEK Institute	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Functional Circuits for Aging Clients	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Key Terminology and Study...	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 3: Nutrition News, and Navigating Health Claims on Food Labels	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 4: Powerful Health Benefits of Physical Activity	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 5: Understanding Pain	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	February 2016 IDEA Fitness Journal Quiz 2: Boosting the Daily Activity of Office Workers...	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	March 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Active Workstation Alternatives	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	March 2016 IDEA Fitness Journal Quiz 2: Brain Neuroplasticity and Aging, and Using Visualization...	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	March 2016 IDEA Fitness Journal Quiz 3: Mindless Eating Solutions	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Peripheral Heart Action Training	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 2: Fall Prevention Strategies for Older Adults, and Tips for Eating	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 3: Factors in Low Testosterone	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	May 2016 IDEA Fitness Journal Quiz 4: Get Clients Walking More	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 2: End the Cycle of Weight Bias	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 3: Abandon Stereotypes When Marketing to Older Adults	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	July-August 2016 IDEA Fitness Journal Quiz 4: Recognizing Mindsets to Become a More Effective Trainer	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Dieting and Weight Regain	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 2: Help Golfers Improve Their Game and Avoid Injury, and Over	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Veggie-Focused Nutrition and	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 4: Make the Gym an Inclusive Environment for Special Populations	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	September 2016 IDEA Fitness Journal Quiz 5: HIIT for Endurance Athletes	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	October 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Dieting and the Latest Science	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	October 2016 IDEA Fitness Journal Quiz 2: Anticipate the Needs of Older Clients, and Understand the	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	How to Run Your Own "Drop Two Sizes Challenge"	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	November-December 2016 IDEA Fitness Journal Quiz 2: Nutrition News, and Ankle Sprain Recovery and Prevention	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	November-December 2016 IDEA Fitness Journal Quiz 3: Coach the Family as a Whole	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	November-December 2016 IDEA Fitness Journal Quiz 4: Physical Activity for Cancer Recovery and Prevention	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Preserving Youth with Physical	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 2: Increase Strength With Rowing Machine Exercises, and Recharge	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Changing Attitudes Toward Food	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 4: Help Clients Find Joy in Movement	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	February 2017 IDEA Fitness Journal Quiz 5: Common Running Injury Recovery and Prevention	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	ACE IFT® - Integrated Fitness Training®	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 2: Common Athletic Supplements, and Stay Active by Filtering...	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	March 2017 IDEA Fitness Journal Quiz 3: Effect of Evidence on Experts' Eating Habits	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and The Physiology of Fatigue	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 2: The Benefits of Good Posture, and Pilates for Recreational Athletes	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 3: Survival of the Fittest	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2017 IDEA Fitness Journal Quiz 4: Practical Applications for Sprint Interval Training	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Yoga: Adjust Me Puhleeeeee!	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 2: Benefits of Exercise for Children, and Helping Stroke Survivors	Home Study	0.1	12/31/2018	www.idealift.com

IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 3: Coach Clients Through Behavior Change	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	June 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News and Nutrition News	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Nutrition News	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 2: Separating Fact From Fiction in Health News	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	July/August 2017 IDEA Fitness Journal Quiz 3: Ergonomics for Fitness Professionals	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 1: Functional Aging	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 2: Sports Nutrition	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	September 2017 IDEA Fitness Journal Quiz 3: Brain Health	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	10 New BIG Things in Small-Group Training	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Abdominal and Core for the Aging Spine	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	ACE IFT*-Training Strategies for Clients with Chronic Conditions	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Advanced Corrective Exercise	Home Study	0.3	12/31/2018	www.idealift.com
IDEA Health & Fitness	Aging Strong	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Designing a Self-Myofascial Release Program	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Eat to Win-Enhance Performance and Promote Recovery	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Fit for Two—Pre- and Postnatal Training	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	HIIT Step	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	How Hormones and Metabolism Change the Training Game for Females	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Metabolic Meltdown	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	New Insights into Chronic Pain	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Nutrition Basics and Nutrient Timing: What All Fitness Professionals Should Know	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Aging Club Member Crisis	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Training the Female Client	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	New Research on Protein, Metabolism, and Recovery	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	March 2015 IDEA Fitness Journal Quiz 2: Choosing the Right Diet	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2015 IDEA Fitness Journal Quiz 4: Reducing Risk Factors for Heart Disease	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	A Different Look at Core Training: The Backside	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Precision Nutrition: How to Fix a Broken Diet—Three Ways to Get Your Eating on Track	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Female Physique-The Link Between Nutrition, Hormones and Strength Training	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Blast Your Abs, Glutes and Core—A Big HIIT With Your Clients	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	From Neck to Knees...More Than Just Core!	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Matrix—Innovative Group Strength Design	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Forgotten Five: Essential Muscles for Functional Movement	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	November-December 2015 IDEA Food and Nutrition Tips Quiz 1: Snacking Trends, Nutrients and Recommend	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	November-December 2015 IDEA Food and Nutrition Tips Quiz 2: Fiber and Gut Health	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and NEAT Effects on Sustained Wei	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Protein Distribution	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 3: Effects of Food on Genetic Expression	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2016 IDEA Fitness Journal Quiz 4: Fitness Technology for Kids	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Vital Anatomy-Functional Applications	Home Study	0.3	12/31/2018	www.idealift.com
IDEA Health & Fitness	Integrated Back Rehabilitation—Regression to Progression Course	Home Study	0.5	12/31/2018	www.idealift.com
IDEA Health & Fitness	American Council on Exercise (ACE): Small-Group Training Workshop	Home Study	0.5	12/31/2018	www.idealift.com
IDEA Health & Fitness	Kettlebell Rehab: Hardstyle Methods in Corrective Exercise	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	TRX*-Training for Active Seniors	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Smart Programming for the Peri- and Postmenopausal Woman	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Spinal Stabilization Versus Pelvic Stabilization	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and the Effects of Weight Training	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2016 IDEA Fitness Journal Quiz 2: Prepare for Summer Water Sports, and Use Hand Portioning	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	April 2016 IDEA Fitness Journal Quiz 3: How the Exercise Gene Affects Workout Programs	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Proven Strategies to Build Your Brand Using YouTube	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	HIITs Blitz	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	June 2016 IDEA Fitness Journal Quiz 2: Food and Nutrition News, and Capsaicin to Promote Satiety	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	June 2016 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Hot and Cold Treatments for Musc	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	June 2016 IDEA Fitness Journal Quiz 3: Fully Engage With Clients	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	October 2016 IDEA Fitness Journal Quiz 3: Exploring Reasons for Low Thyroid Function	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Functional Power Training for Older Clients, by FAI	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Food for Thought: Brain, Gut, Microbes, Diet	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Beyond Randomness: Exercise Selection Based on Movement Screening	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Science of Functional Aging	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Three Technologies to Engage and Empower Clients Inside and Outside the Session	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	How to Create High Performance Outcomes	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The BYOB Workout	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	TriggerPoint™ for Movement: Hip and Shoulder Mobility	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Solutions for Training Postpregnancy Clients	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Core Connections: Progression Strategies to Enhance Core Function	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Olympic Lifting - The Mechanics and Progressions, by RedCon™	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Assessment and Corrective Exercise Strategies for Improved Shoulder Function	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Training Fascia - Research Developments in Fibrous Connective Tissue Training	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Anatomy: Reconnect With Your Spine Muscles, by NFPT	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Heart Rate Variability - The Science of Recovery Based Training	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Become a World Class Coach--Top Seven Must Do's to Create Success and Significance	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Protein Overload: Are You Eating More Than You Need?	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Using Function to Avoid Dysfunction in Aging	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 2: Fitness Professionals and Ageism, and Yoga and Menopause	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Skeletal Muscular Hypertrophy	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 3: Nutrition News, and Do People Need Vitamin and Mineral Sup	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	January 2017 IDEA Fitness Journal Quiz 4: Help Children Build a Strong Fitness Foundation	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	May 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Periodized Weight -Training for W	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	May 2017 IDEA Fitness Journal Quiz 2: Water Fitness Trends	Home Study	0.1	12/31/2018	http://www.idealift.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Understanding Protein Supplem	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 2: Exercises for Shoulder Injury Prevention, and A Practical	Home Study	0.1	12/31/2018	www.idealift.com

IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 3: Food and Nutrition News, and Understanding Overeating	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	October 2017 IDEA Fitness Journal Quiz 4: Support Clients With Disordered Eating	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Functional Balance for the Active Aging Adult, by ActiMotion Bar™	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	The Better, Not Perfect, Nutrition Plan	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Group Exercise Applications for Training the Posterior Chain	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Balanced Body™: Pilates Smart Core Challenge	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Today's Food Conversation	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Can Technology Be Harnessed to Inspire Lasting Behavior Change?	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Insights Into Functional Training and Corrective Movement	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Three-Dimensional Kettlebell Training, by Functional Training Institute	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Complete Program Design for the Obese/Overweight Client	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Fundamental Principles of Upper Body Training--Pushing, Pulling and Pressing, by FMS	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Goodbye Infobesity, Hello Action Plan!	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Motivational Interviewing Skills Produce Targeted Results	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Run, Injury Free! Understanding Impact Forces, by EBFA	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Communicating With Your Female Clients for Breakthrough Results	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Cardio-Strength Circuits for Fun and Function!	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Little Tweaks for Big Results!	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Nutrition Myth Busters: Science Fact or Fiction?	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Total Massage, Relaxation and Beyond	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Pilates on the Ball	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Optimize Function and Mobility With Strong and Stable Shoulders and Glutes	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	TriggerPoint™: Myofascial Compression™ Techniques for Injury Prevention and Better Movement	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Anatomy in Three Dimensions™: The Shoulder	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Caving to the Craving: The New Science of Food Addiction and Recovery...With a Twist	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Weighing The Evidence Behind Nutrition Research	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Fat-Loss Programming for Your Female Clients	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Your Guide to Stronger Legs and Great Glutes!	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Anatomy in Three Dimensions™: Common Knee Problems and Solutions	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Rock Solid!	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Yoga Progressions and Regressions	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Guiding Others to Create Their Healthiest, Most Delicious Life	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Cue Movement and Exercise With Hip Anatomy, by NFPT	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	ACSM: Exercise Is Medicine (EIM)--From Doctor to Trainer to Client Success!	Home Study	0.2	12/31/2018	www.idealift.com
IDEA Health & Fitness	Creative Circuits--Five Steps to Better Program Design	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Cue Movement and Exercise With Abdominal Anatomy, by NFPT	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	Promote Behavior Change With Better Coaching	Home Study	0.1	12/31/2018	www.idealift.com
IDEA Health & Fitness	November-December 2017 IDEA Food and Nutrition Tips Quiz 1	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 1: Health and Fitness News, and Food and Nutrition News	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 2: Benefits of Short Activity Breaks, and Senior Fitness Pre.	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 3: Tailor Workouts to Meet Clients' Precise Needs	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	January 2018 IDEA Fitness Journal Quiz 4: Small Diet Changes for Big Results	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	November-December 2016 IDEA Food and Nutrition Tips Quiz 1: Plant-Based Options for Protein	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 1	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 2	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 3	Home Study	0.1	12/31/2018	
IDEA Health & Fitness	November-December 2017 IDEA Fitness Journal Quiz 4	Home Study	0.1	12/31/2018	
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level I	Workshop/Seminar	0.8	12/31/2018	www.UltimateSandbagTraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Level II	Workshop/Seminar	0.8	12/31/2018	www.DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration	Home Study	1.6	12/31/2018	ultimatesandbagtraining.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT One Day Workshop (updated)	Workshop/Seminar	0.4	12/31/2018	DVRTFitness.com
Innovative Fitness Solutions dba Ultimate Sandbag Training	DVRT Restoration (Workshop)	Workshop/Seminar		12/31/2018	
Institute of Motion (IoM)	Effective and Complete Program Design for the Fitness Professional: The 4Q Model of	Workshop/Seminar	0.7	12/31/2018	http://www.instituteofmotion.com
Institute of Motion (IoM)	4Q Programming Specialist	Home Study	0.3	12/31/2018	www.instituteofmotion.com
Institute of Motion (IoM)	Anatomy Live Expanded	Workshop/Seminar	1.9	12/31/2018	www.instituteofmotion.com
Interactive Fitness Trainers of America (IFTA)	LEARN TO TEACH	Workshop/Seminar	0.8	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	POWERTRAIN	Workshop/Seminar	0.4	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	ATHLETIC INTERVALS	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	BARRE CONDITIONING	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	BUILD YOUR BODY	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	ESSENTIALS OF TEACHING	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	FLOWING FLEXIBILITY	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	HARD CORE CONDITIONING	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	MUSCLE AND MORE	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	TOTAL BODY CONDITIONING AND CORE	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	EQUIPMENTLESS WORKOUT	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
Interactive Fitness Trainers of America (IFTA)	PT AND GROUP LECTURE	Workshop/Seminar	0.2	12/31/2018	www.ifta-fitness.com
International Fitness Group Institute	The Mohey Method Workshop	Workshop/Seminar	1.3	12/31/2018	http://www.impulsebodyfitness.com
Julio A. Salado	BREAK OUT or Breaking Even: 3 Step Method for Proven Long-Term Weight Loss	Workshop/Seminar	0.3	12/31/2018	https://www.fitnessfoundry.net
JYKinesiology, LLC	Concepts in Medical Fitness – Program Design and Application	Workshop/Seminar	0.3	12/31/2018	www.JYKinesiology.com
JYKinesiology, LLC	Integrating Exercise Science and Corrective Exercise Guidelines	Workshop/Seminar	0.3	12/31/2018	
JYKinesiology, LLC	Exercise Technique - Lower Body Biomechanics	Workshop/Seminar	0.3	12/31/2018	
JYKinesiology, LLC	Exercise Technique - Upper Body Biomechanics	Workshop/Seminar	0.3	12/31/2018	
Ketogenic Living 101	Ketogenic Living Certified Coach	Home Study	0.3	12/31/2018	
Kinesio University	Certified Kinesio Taping Technician Level II: Advanced Training	Workshop/Seminar	0.4	12/31/2018	www.kinesioape.com
Kinesis, Inc	Anatomy Trains in Structure and Function (3 day)	Workshop/Seminar	1.9	12/31/2018	www.anatomytrains.com
Kinesis, Inc	Fascia in Movement	Home Study	0.5	12/31/2018	www.anatomytrains.com
Kinesis, Inc	Thomas Myers Immersion – Movement Mentorship	Workshop/Seminar	1.9	12/31/2018	www.anatomytrains.com
Kinesis, Inc	Anatomy Trains for Movement Professionals	Workshop/Seminar	1.4	12/31/2018	www.anatomytrains.com
Kinesis, Inc	Feeling Your Way Through the Lines	Home Study	0.3	12/31/2018	https://www.anatomytrains.com/product/feeling-way-lines/
Kinesis, Inc	BodyReading 101	Workshop/Seminar	0.7	12/31/2018	www.anatomytrains.com

Kinesis, Inc	BodyReading 102	Workshop/Seminar	0.7	12/31/2018	www.anatomytrains.com
Kinesis, Inc	Resilience: Taking the Strain and Coming Back Stronger	Workshop/Seminar	1.4	12/31/2018	
Kinesis, Inc	Walking the Lines: Anatomy Trains, Gait, and Fascial Efficiency	Workshop/Seminar	1.9	12/31/2018	www.anatomytrains.com
Kinesis, Inc	The Myofascial Web with Tom Myers	Workshop/Seminar	1.4	12/31/2018	
Learn2Tape, LLC	K-Cuts Taping Systems eCourse Certification	Home Study	1.6	12/31/2018	www.learn2tape.com
Les Mills	Advanced Instructor Module 2	Workshop/Seminar	1.7	12/31/2018	www.lesmills.com/us
Les Mills	BODYATTACK Initial Module	Workshop/Seminar	1.6	12/31/2018	www.lesmills.com/us
Les Mills	The TRIP Initial Module	Workshop/Seminar	1.5	12/31/2018	www.lesmills.com/us
Les Mills	LES MILLS GRIT Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYATTACK Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYCOMBAT Initial Module	Workshop/Seminar	1.5	12/31/2018	www.lesmills.com/us
Les Mills	BODYCOMBAT Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYFLOW Initial Module	Workshop/Seminar	1.5	12/31/2018	www.lesmills.com/us
Les Mills	BODYFLOW Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYJAM Initial Module	Workshop/Seminar	1.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYJAM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYPUMP Initial Module	Workshop/Seminar	1.5	12/31/2018	www.lesmills.com/us
Les Mills	BODYPUMP Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYSTEP Initial Module	Workshop/Seminar	1.6	12/31/2018	www.lesmills.com/us
Les Mills	BODYSTEP Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	BODYVIVE Initial Module	Workshop/Seminar	1.6	12/31/2018	www.lesmills.com/us
Les Mills	BODYVIVE Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	CXWORX Initial Module	Workshop/Seminar	1.5	12/31/2018	www.lesmills.com/us
Les Mills	CXWORX Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	RPM Initial Module	Workshop/Seminar	1.7	12/31/2018	www.lesmills.com
Les Mills	RPM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com
Les Mills	SH'BAM Initial Module	Workshop/Seminar	1.5	12/31/2018	www.lesmills.com/us
Les Mills	SH'BAM Advanced Instructor Module 1	Workshop/Seminar	0.8	12/31/2018	www.lesmills.com/us
Les Mills	LES MILLS GRIT Initial Module	Workshop/Seminar	1.5	12/31/2018	www.lesmills.com/us
Les Mills	LES MILLS SPRINT Initial Module	Workshop/Seminar	1.4	12/31/2018	www.lesmills.com/us
Les Mills	BORN TO MOVE Initial Module All Age Groups	Workshop/Seminar	1.9	12/31/2018	www.lesmills.com/us
Les Mills	BORN TO MOVE Initial Module Preschool Only	Workshop/Seminar	1.2	12/31/2018	www.lesmills.com/us
Les Mills	BORN TO MOVE Initial Module School Age Only	Workshop/Seminar	1.6	12/31/2018	www.lesmills.com/us
Les Mills	BODYATTACK* 99 COACHING THE BASICS: LAYER 1	Home Study	0.1	12/31/2018	
Les Mills	BODYBALANCE 79 TRANSITIONS AND THE UNIQUENESS OF BODYBALANCE 79	Home Study	0.1	12/31/2018	
Les Mills	BODYCOMBAT 74 REMOVING THE FILLERS AND MASTERING THE KICK KATA	Home Study	0.1	12/31/2018	
Les Mills	BODYJAM 83 CREATING AN ATMOSPHERE OF EUPHORIA!	Home Study	0.1	12/31/2018	
Les Mills	BODYPUMP 104 TRIPLE EXTENSION	Home Study	0.1	12/31/2018	
Les Mills	BODYSTEP 110 NOW OR LATER	Home Study	0.1	12/31/2018	
Les Mills	CXWORX 29 GREAT TEACHNIQUE AND CLEAR COACHING	Home Study	0.1	12/31/2018	
Les Mills	Sprint 10 - Power Training	Home Study	0.1	12/31/2018	
Les Mills	Trip 11 - State, Show, Say Recap - TRIP Summary, Being Athletic & Animated	Home Study	0.1	12/31/2018	
Les Mills	BODYVIVE 3.1 / 45 - Innovations	Home Study	0.1	12/31/2018	
Les Mills	RPM 77 - Layer Coaching	Home Study	0.1	12/31/2018	
Les Mills	SH'BAM 30 - Floor Friends	Home Study	0.1	12/31/2018	
Life Time Fitness	Life Time Personal Training Method	Home Study	1.9	12/31/2018	myit.life
Lisafirefly LLC	YOGASPORT FX	Workshop/Seminar	0.7	12/31/2018	lisafirefly.com
Matrix Fitness	MX4: Functional Frame Small Group Training Course	Workshop/Seminar	0.5	12/31/2018	www.matrixfitness.com
Matrix Fitness	Resistance Band Training	Workshop/Seminar	0.4	12/31/2018	http://www.matrixfitness.com/en/group-training/
Matrix Fitness	Sprint 8	Workshop/Seminar	0.3	12/31/2018	www.matrixfitness.com
MIST Jackie Henderson	MIST - Muscle Integrated Soul Training	Workshop/Seminar	0.8	12/31/2018	http://www.ablemindbody.com
Movement Edge	Movement Edge Practitioner Training - Online Course	Home Study	0.8	12/31/2018	
Movement Edge	Movement Edge Practitioner Training - Workshop	Workshop/Seminar	1.5	12/31/2018	
National Academy of Strength and Power	Certified Powerlifting Coach for Sports Competition	Home Study	1.0	12/31/2018	http://naspower.org/
National Dairy Council	Understanding Dairy - From Farm to Recovery Fuel	Workshop/Seminar	0.6	12/31/2018	
National Exercise Trainers Association (NETA)	Pilates Reformer Specialty Certification	Workshop/Seminar	1.4	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Pilates Mat: the Fundamentals workshop	Workshop/Seminar	1.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Indoor Cycling	Workshop/Seminar	0.7	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Kettlebells Basic	Workshop/Seminar	0.7	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Personal Training Workshop	Workshop/Seminar	1.4	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Barre Connect Specialty Certification	Workshop/Seminar	0.8	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Senior Fitness Specialty Certification	Workshop/Seminar	0.7	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Fun Group Training: Tread-N-Shred	Workshop/Seminar	0.5	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Medicine Ball Power	Workshop/Seminar	0.5	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	HIIT it with YOGA	Workshop/Seminar	0.5	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Physical Activity for Special Medical Conditions	Workshop/Seminar	0.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Foundations of Resistance Training Program Design	Workshop/Seminar	0.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	101 Ways to Bootcamp (3hr)	Workshop/Seminar	0.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	101 Ways to Bootcamp (5hr)	Workshop/Seminar	0.5	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Fitness Yoga Specialty Certification	Workshop/Seminar	1.9	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Medicine Ball Pilates	Workshop/Seminar	0.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Rope Burn: The Ultimate Circuit Training Workout (3hr)	Workshop/Seminar	0.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Senior POWER (5hr)	Workshop/Seminar	0.5	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Senior POWER (3hr)	Workshop/Seminar	0.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Yoga Foundations Specialty Certification	Workshop/Seminar	1.9	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Rope Burn: The Ultimate Circuit Training Workout (5hr)	Workshop/Seminar	0.5	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Wellness Coach Specialty Certification	Workshop/Seminar	1.4	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Cycle 360: Cardio, Strength, and Core	Workshop/Seminar	0.5	12/31/2018	http://www.netafit.org/index.htm
National Exercise Trainers Association (NETA)	Catching Some Zzz's: Sleep your Way to Better Health & Performance	Workshop/Seminar	0.3	12/31/2018	www.netafit.org
National Exercise Trainers Association (NETA)	Barre Meets Bike Fit Fest	Home Study	0.3	12/31/2018	
National Exercise Trainers Association (NETA)	Becoming a Yoga Professional Certification	Home Study	1.0	12/31/2018	

National Exercise Trainers Association (NETA)	Exercise for Parkinson's and MS	Home Study	0.3	12/31/2018
National Exercise Trainers Association (NETA)	Foam Roller Pilates Fit Fest	Home Study	0.3	12/31/2018
National Exercise Trainers Association (NETA)	Glutes, Core, and More Fit Fest	Home Study	0.3	12/31/2018
National Exercise Trainers Association (NETA)	Intermediate Yoga Specialty Certification	Home Study	1.9	12/31/2018
National Exercise Trainers Association (NETA)	Kids Yoga Specialty Certification	Home Study	1.0	12/31/2018
National Exercise Trainers Association (NETA)	Prenatal Yoga Specialty Certification	Home Study	1.0	12/31/2018
National Exercise Trainers Association (NETA)	Restorative Yoga Specialty Certification	Home Study	1.0	12/31/2018
National Exercise Trainers Association (NETA)	Rock Solid Fit Fest	Home Study	0.3	12/31/2018
National Exercise Trainers Association (NETA)	Senior Yoga Specialty Certification	Home Study	2.0	12/31/2018
National Exercise Trainers Association (NETA)	Yoga for Special Populations	Home Study	1.0	12/31/2018
National Exercise Trainers Association (NETA)	Yoga Strong Specialty Certification	Home Study	2.0	12/31/2018
National Exercise Trainers Association (NETA)	HIIT it with YOGA	Workshop/Seminar	0.3	12/31/2018 www.netafit.org
National Exercise Trainers Association (NETA)	Medicine Ball Power	Workshop/Seminar	0.3	12/31/2018 www.netafit.org
National Exercise Trainers Association (NETA)	Body Weight Training	Workshop/Seminar	0.5	12/31/2018 http://www.netafit.org
National Personal Training Institute (NPTI)	Kettlebell Training Specialist	Workshop/Seminar	0.8	12/31/2018
National Personal Training Institute of Ohio	Kettlebell Training for the Fitness Professional	Workshop/Seminar	0.7	12/31/2018 www.nptiohio.edu
National Sports Performance Association	Certified Program Design Specialist	Home Study	0.4	12/31/2018 www.nspa.org
National Sports Performance Association	Certified Weightlifting Performance Coach	Home Study	0.5	12/31/2018 http://athletesacceleration.com/
National Sports Performance Association	Certified Speed & Agility Coach	Home Study	0.5	12/31/2018 www.AthletesAcceleration.com
National Sports Performance Association	NSPA National Conference 2018	Conference	1.2	12/31/2018 http://nspa.org/national-conference/
Neuro Target Systems w/ Dr. John Pietila	The NeuroTarget System – Class III	Workshop/Seminar	0.8	12/31/2018 www.neurotargetsystem.com
Niel Asher Healthcare Ltd.	NAT Anatomy of Pain Trigger Point Course	Home Study	0.9	12/31/2018 www.nielasher.com
Niel Asher Healthcare Ltd.	Anatomy of Sports Injuries-NAT Master Course	Home Study	0.3	12/31/2018 www.nielasher.com
Niel Asher Healthcare Ltd.	Anatomy of Stretching-NAT Master Course	Home Study	0.3	12/31/2018 www.nielasher.com
Niel Asher Healthcare Ltd.	Muscle Energy Techniques-NAT Master Course	Home Study	0.3	12/31/2018 www.nielasher.com
Niel Asher Healthcare Ltd.	Functional Anatomy of the Pelvis and Sacroiliac Joint - NAT Master Course	Home Study	0.6	12/31/2018 www.nielasher.com
Niel Asher Healthcare Ltd.	Understanding and Treating the Vital Glutes NAT Master Course	Home Study	0.3	12/31/2018 www.nielasher.com
Orange Theory (OT) Fitness	OTFit Certification	Workshop/Seminar	1.9	12/31/2018 https://www.orangetheoryfitness.com/
Orange Theory (OT) Fitness	Global Reset - Fitness	Workshop/Seminar	0.7	12/31/2018 www.orangetheoryfitness.com
Parker Parks and Recreation Department	The Foundations and Application of Upper and Lower Body Lifts	Workshop/Seminar	4.0	12/31/2018
Parker Parks and Recreation Department	The Foundations and Application of Upper and Lower Body Lifts	Workshop/Seminar	0.4	12/31/2018
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness Specialist (PFS) Level 1	Workshop/Seminar	1.6	12/31/2018 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness Specialist (PFS) Level 2	Workshop/Seminar	1.9	12/31/2018 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	Parkour Fitness – Intro to Fitness	Workshop/Seminar	0.8	12/31/2018 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	ADAPT Level 2	Workshop/Seminar	1.9	12/31/2018 www.parkourgenerations.com
Parkour Generations Americas / Parkour Generations Ltd.	ADAPT Level 1	Workshop/Seminar	1.9	12/31/2018 www.parkourgenerations.com
Perform Better	Perform Better 1 Day Learn by Doing Seminar	Workshop/Seminar	0.6	12/31/2018 www.performbetter.com
PESI Healthcare	Advances in Orthopedic Care: It's Not Just Broken Bones	Workshop/Seminar	0.6	12/31/2018 www.pesihealthcare.com
Peyow Aqua Pilates	Peyow Aqua Pilates Level 1 Beginner-Intermediate	Workshop/Seminar	0.6	12/31/2018 www.aquapilates.net
Peyow Aqua Pilates	Peyow Aqua Pilates Funktional Barre 1	Workshop/Seminar	0.3	12/31/2018 www.aquapilates.net
Peyow Aqua Pilates	Peyow Aqua Pilates Level 2 Advanced Level	Workshop/Seminar	0.6	12/31/2018 www.aquapilates.net
Precision Nutrition	Precision Nutrition Level 1, Certificate in Exercise Nutrition	Home Study	1.9	12/31/2018 www.precisionnutrition.com
Precision Nutrition	Precision Nutrition Level 2 Master Class	Home Study	1.9	12/31/2018 www.precisionnutrition.com
Precor	Queenax Fundamentals	Workshop/Seminar	0.2	12/31/2018
Primal Fit Miami	S.M.A.R.T. 360 Program Design	Workshop/Seminar	1.6	12/31/2018 www.primalfit360miami.com
PRO Sports Club	Hypertension	Workshop/Seminar	0.3	12/31/2018
PRO Sports Club	Joint Degenerative Disease	Workshop/Seminar	0.2	12/31/2018
PRO Sports Club	Shoulder Biomechanics & Rehab Principals	Workshop/Seminar	0.3	12/31/2018
PT On The Net	Certificate In Health & Fitness Management	Home Study	1.0	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Client Assessment, Biomechanics, & Metabolism	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Functional Integrated Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Special Populations	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Periodization	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Flexibility Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Youth Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Functional Program Design	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Functional Flexibility	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Strength Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Female Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Program Design: Recovery	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Client Relations & Business Management	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	The Muscular System	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Flexibility	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Practical Applications of Explosive Lifting and Advanced Strength Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Functional Anatomy	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Movement Based Flexibility	Home Study	0.8	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Movement Preparation	Home Study	0.1	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Performance Circuits	Home Study	0.1	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Steps to Success	Home Study	0.8	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Lower Extremity Injury Prevention	Workshop/Seminar	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Non-Traditional Strength Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Systems and Strategies Essential for Success	Home Study	1.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Building the Skills and Confidence to Expand and Diversify Your Business	Home Study	1.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Developing Leadership Skills	Home Study	1.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Mastery of the Science and Practices of Training	Home Study	1.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Achieving Success through Specialization	Home Study	1.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Principles of Movement-Based Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Fit for Daily Life	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Fundamentals of Balance	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Cardiovascular Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams
PT On The Net	Core Training	Home Study	0.2	12/31/2018 www.ptonthenet.com/cec-exams

PT On The Net	Macronutrients and Exercise	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Nutrition and Metabolic Syndrome/Insulin Resistance and Inflammation	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Understanding and Performing Valuable Fitness Assessments	Home Study	0.3	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Small Group Personal Training	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Holistic Health & Stress Management	Home Study	0.2	12/31/2018	www.ptonthenet.com
PT On The Net	Loaded Exercises & Movement Based	Home Study	0.3	12/31/2018	www.ptonthenet.com
PT On The Net	Professionalism	Home Study	0.2	12/31/2018	www.ptonthenet.com
PT On The Net	Prospecting	Home Study	0.2	12/31/2018	http://www.ptonthenet.com/cec-exams
PT On The Net	Indoor Rowing Technique and Programming	Home Study	0.1	12/31/2018	www.ptonthenet.com
PT On The Net	Insurance Coverage and Claims for Fitness Professionals	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Advanced Fitness Sales	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	BOSU Balance Trainer Power Programming	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Social Media Marketing for Fitness Professionals	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Introduction to Functional Equipment	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	8 Disciplines of Front Line Excellence	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Breath AS Medicine: Improving Health and the Training Experience	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Corrective Exercise Solutions: Foot and Ankle Pain	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Marketing Personal Training	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Fitness Professional Education: Introduction to Functional Equipment	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Fitness Professional Education: Corrective Exercise	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Understanding Fascia's Role in Movement and Training	Home Study	0.1	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Strategies for Assessing and Improving Balance	Home Study	0.1	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Programming for Injury: ACL Injuries, Rotator Cuff Tears, and Piriformis Syndrome	Home Study	0.1	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Closing the Sale	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Re-assessments	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Bodyweight Training	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Motivating Clients	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Corrective Exercise Solutions to Postural and Movement Dysfunction	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Improving Foot and Gait Mechanics	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Movement Based Appraisal (MOVE)	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Training Prenatal and Postnatal Clients	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Coaching	Home Study	0.2	12/31/2018	www.ptonthenet.com
PT On The Net	Renewals & Referrals	Home Study	0.2	12/31/2018	http://www.ptonthenet.com/cec-exams
PT On The Net	Stress Response to Exercise	Home Study	0.2	12/31/2018	http://www.ptonthenet.com/cec-exams
PT On The Net	Time Management	Home Study	0.2	12/31/2018	http://www.ptonthenet.com/cec-exams
PT On The Net	What Makes a Successful Personal	Home Study	0.1	12/31/2018	http://www.ptonthenet.com/cec-exams
PT On The Net	Personal Training Sales	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Personal Training Sales	Home Study	0.4	12/31/2018	www.ptonthenet.com
PT On The Net	Strength Training Program Design	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Take Charge of Your Personal Training Services and Grow Your Business	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Addressing and Preventing Low Back Pain	Home Study	0.2	12/31/2018	www.ptonthenet.com/cec-exams
PT On The Net	Effects of Hormones on Exercise and Well-Being	Home Study	0.1	12/31/2018	www.ptonthenet.com/cec-exams
PTA Global	PTA Global Behavior Change in Exercise (BCE) Credential	Home Study	1.9	12/31/2018	www.PTAGlobal.com
PTA Global	Exercise & Stress Management (ESM) Credential	Home Study	1.0	12/31/2018	www.PTAGlobal.com
PTA Global	PTA Global Foundations	Home Study	1.9	12/31/2018	www.PTAGlobal.com
PTA Global	Behavior Change in Exercise Workshop	Workshop/Seminar	0.7	12/31/2018	www.ptaglobal.com
PTA Global	PTA Global Mentorship 1	Home Study	1.5	12/31/2018	www.PTAGlobal.com
Punk Rope, Inc.	Punk Rope Instructor Course	Home Study	0.4	12/31/2018	
RAD Mobility	RAD Mobility Level 1	Workshop/Seminar	0.4	12/31/2018	http://www.radroller.com/pages/education
RAD Mobility	RAD Mobility Level 2	Workshop/Seminar	1.4	12/31/2018	https://www.radroller.com/pages/education
RaqiSa®, The Belly Barre Workout	RaqiSa®, The Belly Barre Workout	Workshop/Seminar	0.6	12/31/2018	www.raqisa.com
Recess Endurance Training	Recess Endurance Strength and Conditioning Specialist	Workshop/Seminar	1.3	12/31/2018	
RecoverME Body Restoration	Certified Movement & Restoration Specialist	Workshop/Seminar	1.6	12/31/2018	https://www.primalfitmiami.com
RED Project Management Corp.	Building the Ultimate Back: From Rehabilitation to Performance	Conference	1.4	12/31/2018	
RED Project Management Corp.	The Detailed Back Assessment: Reducing pain and enhancing performance	Conference	0.7	12/31/2018	
RED Project Management Corp.	High Performance Training: Progressing backs from pain to performance	Conference	0.7	12/31/2018	
REFIT®	REFIT® Instructor Training	Workshop/Seminar	0.6	12/31/2018	http://shop.refitrev.com/collections/trainings
Rhythm Revolution, LLC	The Beat Clinic	Workshop/Seminar	0.6	12/31/2018	www.rtribe.com
Rick McAvoy Aquatics	Medically Based Aquatic Fitness	Workshop/Seminar	0.8	12/31/2018	www.rickmcavoyaquatics.com
Rick McAvoy Aquatics	Hydro-Power	Workshop/Seminar	0.6	12/31/2018	www.rickmcavoyaquatics.com
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades	Workshop/Seminar	0.8	12/31/2018	www.rocktape.com/education-research/
Rock Tape, Inc	Functional Movement Techniques (FMT) Blades Advanced	Workshop/Seminar	0.4	12/31/2018	www.rocktape.com
Rock Tape, Inc	FMT Basic	Workshop/Seminar	0.8	12/31/2018	http://www.rocktape.com/education-research/functional-movement-techniques/
Rock Tape, Inc	FMT Performance	Workshop/Seminar	0.8	12/31/2018	http://www.rocktape.com/education-research/functional-movement-techniques/
RumbleRoller	RumbleRoller Foundations Course	Workshop/Seminar	0.4	12/31/2018	www.rumbleroller.com
RumbleRoller	RumbleRoller Foundations Course (Home Study Version)	Home Study	0.3	12/31/2018	
Run-Fit	Marathon Running	Home Study	0.5	12/31/2018	http://run-fit.com
Run-Fit	REVO ₂ LUTION RUNNING	Home Study	1.9	12/31/2018	http://run-fit.com
Run-Fit	Womens Running	Home Study	0.5	12/31/2018	http://run-fit.com
Run-Fit	Fitness Myths, Misconceptions, and Misinformation	Home Study	0.3	12/31/2018	run-fit.com
Run-Fit	Recovery Nutrition	Home Study	0.4	12/31/2018	run-fit.com
Run-Fit	Running for Weight Loss	Home Study	0.5	12/31/2018	run-fit.com
Run-Fit	The Inner Runner	Home Study	0.5	12/31/2018	run-fit.com
Run-Fit	14-Minute Metabolic Workouts	Home Study	1.0	12/31/2018	
SCW Fitness Education	SCW Ballet Barre Certification	Workshop/Seminar	0.7	12/31/2018	http://www.scwfitness.com/newsite.html
SCW Fitness Education	SCW Active Aging Certification	Workshop/Seminar	0.7	12/31/2018	http://scwfit.com
SCW Fitness Education	SCW Aquatic Exercise Certification	Workshop/Seminar	0.8	12/31/2018	http://scwfit.com
SCW Fitness Education	SCW Functional Flexibility Certification	Workshop/Seminar	0.4	12/31/2018	http://scwfit.com
SCW Fitness Education	SCW Group Exercise Certification	Workshop/Seminar	0.8	12/31/2018	http://scwfit.com
SCW Fitness Education	SCW Lifestyle and Behavioral Coaching Workshop	Workshop/Seminar	0.4	12/31/2018	http://scwfit.com
SCW Fitness Education	SCW Pilates Matwork Certification	Workshop/Seminar	0.8	12/31/2018	http://scwfit.com

SCW Fitness Education	WATERinMOTION® Certification	Workshop/Seminar	0.7	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Sports Nutrition Certification	Workshop/Seminar	0.6	12/31/2018	http://www.scwfitness.com/newsite.html
SCW Fitness Education	SCW Kettlebell Practical Certification	Workshop/Seminar	0.6	12/31/2018	http://scwfit.com
SCW Fitness Education	SCW Yoga I Certification	Workshop/Seminar	0.7	12/31/2018	http://scwfit.com
SCW Fitness Education	SCW Yoga II Certification	Workshop/Seminar	0.4	12/31/2018	http://scwfit.com
SCW Fitness Education	Ventura Family Conference	Conference	0.9	12/31/2018	
SCW Fitness Education	2018 New York MANIA® Conference	Conference	1.9	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Fitness YOU – The Fitness Star! Certification	Workshop/Seminar	0.7	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Fitness Nutrition for the Active Ager Certification	Workshop/Seminar	0.4	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Fitness Introduction to Meditation Certification	Workshop/Seminar	0.4	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Practical Guide to Hormones, Nutrition and Metabolism Certification	Workshop/Seminar	0.6	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Advanced Functional Pilates Certification	Workshop/Seminar	0.7	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Aqua Barre Certification	Workshop/Seminar	0.6	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Boxing Certification	Workshop/Seminar	0.7	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Core Training Specialist Certification	Workshop/Seminar	0.4	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Foam Rolling Certification	Workshop/Seminar	0.4	12/31/2018	www.scwfit.com
SCW Fitness Education	SCW Fierce Interval Resistance Exercise Certification	Workshop/Seminar		12/31/2018	www.scwfit.com
SH1FT	SH1FT 101	Home Study	8.0	12/31/2018	WWW.SH1FTFITNESS.COM
SharQui - The Bellydance Workout	Online Sharqui Instructor Training	Home Study	1.0	12/31/2018	
SHAY-MCENTEE WELLNESS WORKS INC.	BREATHING TECHNIQUES / STRESS MANAGEMENT	Workshop/Seminar	0.3	12/31/2018	
SHAY-MCENTEE WELLNESS WORKS INC.	ENERGY BREAK	Workshop/Seminar	0.3	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers YOGA	Home Study	0.2	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers Stability	Home Study	0.2	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers Splash	Home Study	0.2	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers Foundations	Home Study	0.5	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers Classic	Home Study	0.2	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers Circuit	Home Study	0.2	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers BOOM MUSCLE	Home Study	0.2	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers BOOM MOVE	Home Study	0.2	12/31/2018	
SilverSneakers by Tivty Health	SilverSneakers BOOM MIND	Home Study	0.2	12/31/2018	
SloBody	The No BS Yoga Guide & Videos for Personal Trainers	Home Study	1.9	12/31/2018	http://slobody.com/yoga-for-personal-trainers/
START Fitness/Fit to Fight	Operation Craving Competition - Circuit Training Master Class	Workshop/Seminar	0.2	12/31/2018	
Steve Nash Fitness World & Sports Club	nashFIT1	Workshop/Seminar	1.9	12/31/2018	www.snclubs.com
StrongBoard Balance	StrongBoard Balance Personal Trainer / Instructor Training	Workshop/Seminar	0.8	12/31/2018	www.strongboardbalance.com
Sunshine Fitness Resources	Book Yourself Solid	Workshop/Seminar	0.8	12/31/2018	http://www.sfresources.com
Sunshine Fitness Resources	GroupEx P.R.O. Management Systems	Workshop/Seminar	0.8	12/31/2018	http://www.sfresources.com
SweatShed by Crunch	Crunch's Signature Small Group Training	Workshop/Seminar	0.8	12/31/2018	
Synergence Teacher Training	YogaBarre Teacher Training	Workshop/Seminar	1.6	12/31/2018	
Team Alloy	Alloy: Personal Training Programming Certification	Workshop/Seminar	0.8	12/31/2018	www.teamalloy.com
Technogym USA	Group Cycle Foundation	Workshop/Seminar	0.4	12/31/2018	
Technogym USA	Arke Foundation Workshop	Home Study	0.4	12/31/2018	http://www.technogymusa.com
Technogym USA	Kinesis One	Workshop/Seminar	0.4	12/31/2018	http://www.technogymusa.com
Technogym USA	Dual Adjustable Pulley	Workshop/Seminar	0.4	12/31/2018	http://www.technogymusa.com
Technogym USA	Kinesis Station	Workshop/Seminar	0.4	12/31/2018	http://www.technogymusa.com
Technogym USA	SkillMill Introduction Workshop	Workshop/Seminar	0.4	12/31/2018	
Technogym USA	SkillRow Foundation Workshop	Workshop/Seminar	0.4	12/31/2018	http://www.technogymusa.com
Technogym USA	OMNIA	Workshop/Seminar	0.4	12/31/2018	http://www.technogymusa.com
Technogym USA	TEAMBEATS Introduction Workshop	Workshop/Seminar	0.4	12/31/2018	http://www.technogymusa.com
The Abs Company	Introduction to Battle Rope ST: Level One	Workshop/Seminar	0.5	12/31/2018	
The World GROOVE Movement	The GROOVE Method Facilitator Training	Workshop/Seminar	15.0	12/31/2018	https://www.theworldgroovemovement.com
The ZEN Barre	Zen Barre Certification Workshop	Workshop/Seminar	0.8	12/31/2018	www.thezenbarre.com
The ZEN Barre	Zen Barre Certification Home Study	Home Study	0.8	12/31/2018	the-zen-barre.teachable.com
TRIBE Team Training USA	TRIBE Team Training	Workshop/Seminar	0.5	12/31/2018	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeFIT	Workshop/Seminar	0.4	12/31/2018	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeLIFE	Workshop/Seminar	0.4	12/31/2018	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeKIDS	Workshop/Seminar	0.4	12/31/2018	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribeCORE	Workshop/Seminar	0.4	12/31/2018	www.tribeteamtraining.com
TRIBE Team Training USA	TRIBE Team Training TribePUNCH	Workshop/Seminar	0.4	12/31/2018	www.tribeteamtraining.com
True Power Barre	True Power Barre Instructor Certification	Workshop/Seminar	0.9	12/31/2018	www.truepowerbarre.com
TRX	TRX Group Suspension Training Course (GSTC)	Workshop/Seminar	0.7	12/31/2018	www.trxtraining.com
TRX	TRX Suspension Training Course (STC)	Workshop/Seminar	0.7	12/31/2018	www.trxtraining.com
TRX	TRX RIP Training Course (RTC)	Workshop/Seminar	0.8	12/31/2018	www.trxtraining.com
TRX	TRX Group Training Course (GTC)	Workshop/Seminar	0.8	12/31/2018	www.trxtraining.com
TRX	TRX Trainer Basics Course	Home Study	0.3	12/31/2018	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 1)	Workshop/Seminar	0.4	12/31/2018	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 2)	Workshop/Seminar	0.8	12/31/2018	www.trxtraining.com
TRX	TRX FORCE Operator's Training Course (Level 3)	Workshop/Seminar	1.6	12/31/2018	www.trxtraining.com
TRX	TRX Group Rip Training Course (GRTC)	Workshop/Seminar	0.7	12/31/2018	www.trxtraining.com
TRX	TRX Functional Training Course (FTC)	Workshop/Seminar	0.7	12/31/2018	www.trxtraining.com
TRX	TRX For Yoga	Home Study	0.5	12/31/2018	TRXtraining.com
TRX	TRX Advanced Group Training Course (AGTC)	Workshop/Seminar	1.8	12/31/2018	TRXtraining.com
TRX	TRX Sports Medicine Suspension Training Course Level 2 (SMSTC Lvl 2)	Workshop/Seminar	0.7	12/31/2018	www.trxtraining.com
Tsunami Fitness, LLC	Tsunami Fitness Instructor Training Online	Home Study	0.3	12/31/2018	Tsunami Fitness.com
Tsunami Fitness, LLC	Tsunami Fitness Instructor Course	Workshop/Seminar	0.8	12/31/2018	Tsunami-Fitness.com
Tuck Barre and Yoga	Barre Teacher Training Program	Workshop/Seminar	1.9	12/31/2018	www.tuckbarreyoga.com
United Endurance Sports Coaching Academy	Running Coach Certification	Home Study	1.9	12/31/2018	www.coachendurancesports.com
United Endurance Sports Coaching Academy	Triathlon Coaching Certification	Home Study	1.9	12/31/2018	www.coachendurancesports.com
US Fitness Holdings LLC	Personal Training - Member Integration, Business Planning and Program Design	Workshop/Seminar	0.1	12/31/2018	www.onelifefitness.com
Vault Fitness	Indoor Cycling Training	Workshop/Seminar	0.7	12/31/2018	www.vault.fit
Watkins Aquatic Fitness Solutions	Aquatic Kick and Burn Boot Camp	Workshop/Seminar	0.3	12/31/2018	www.watkinsaquaticfitness.com
Watkins Aquatic Fitness Solutions	Dynamic Deep Water Combos	Home Study	3.0	12/31/2018	

Watkins Aquatic Fitness Solutions	Aquatic Personal Training	Workshop/Seminar	0.3	12/31/2018	
Wellcoaches School of Coaching	Wellcoaches Core Coach Training	Home Study	1.9	12/31/2018	www.wellcoaches.com
WorkoutAbility	Training a Disabled Population Workshop	Workshop/Seminar	0.3	12/31/2018	www.WorkoutAbility.com
WorkoutAbility	Training a Disabled Population	Home Study	0.3	12/31/2018	www.WorkoutAbility.com
XCD Latin Workout by Jackie	XCD Latin Workout by Jackie	Workshop/Seminar	1.4	12/31/2018	www.xcolatinworkout.com
Youfit Health Clubs	Youfit Master Youcoach Certification	Home Study	0.2	12/31/2018	www.youfit.com
Z-Health Performance Solutions	Essentials for Elite Performance	Workshop/Seminar	1.9	12/31/2018	http://zhealtheducation.com/